

1a. The current average and 90th percentile waiting time for ADHD post diagnostic therapies (including psychotherapies) for the Trust.
The Trust does not provide post diagnostic therapies within the adult ADHD service, other than medication.

1b. The current average and 90th percentile waiting time for ADHD post diagnostic therapies (including psychotherapies) for outsourced private providers.
The adult ADHD service is not using other providers outside the Trust for post diagnostic therapies.

2a. The current average and 90th percentile waiting time in weeks for those patients on the adult autism post diagnostic group wait list with a referral to the Trust's adult autism service as at 5 August 2025.

Average waiting in weeks	120.5
90th percentile waiting in weeks	209.4

2b. The current average and 90th percentile waiting time for autism post diagnostic therapies (including psychotherapies) for outsourced private providers.
The adult autism service is not using other providers outside the Trust for post diagnostic therapies.

3a. The number of referrals that were discharged from the adult ADHD service between 1 August 2024 and 31 July 2025 and the discharge reason recorded as inappropriate referral.

211

3b. The number of referrals to the adult ADHD service between 1 August 2024 and 31 July 2025 and the referral urgency was recorded as routine.

1323

4a. The number of referrals that were discharged from the adult autism service between 1 August 2024 and 31 July 2025 and the discharge reason recorded as either 'assessed, further input not appropriate' or 'assessed, not appropriate for team'.

68

4b. The number of referrals to the adult autism service between 1 August 2024 and 31 July 2025 and the referral urgency was recorded as routine.

563

5a. Of the patients who received a confirmed diagnosis of ICD 10 code F900 between 1 August 2024 and 31 July 2025 by the adult ADHD service and have an attended medication intervention appointment, the percentage of patients who had the medication intervention appointment within 3 months of the confirmed diagnosis.

74.1%

Note - As diagnosis has been requested we have only included those people where a diagnosis has been recorded as confirmed. There may be other people who have been referred where the condition is apparent or suspected but has not been recorded as confirmed.

5b. What percentage of patients diagnosed with ADHD receive follow-up care within 3 months
We have no provision for ADHD post diagnosis care, other than medication.