

Q1. Do you collect data on the readmission rates of patients who have been admitted to an inpatient facility for a mental health condition at your Trust?

Response : Yes

Q2. If you do, how many patients were readmitted for inpatient mental health care, including out-of-area admissions:

Response: (excludes out of area patients)

|   | 2023/24 | 2024/25 | 2025/26 to 22nd July 2025 |
|---|---------|---------|---------------------------|
| Readmissions < 90 days after discharge  | 70      | 70      | 29                        |
| Readmissions < 183 days after discharge | 29      | 28      | 9                         |
| Readmissions < 365 days after discharge | 43      | 37      | 0                         |

Q3. At what intervals do you follow up with patients after they are discharged from secondary mental health care? Tick all that apply:

- 1 week
- Within 1 month
- Between 1 and 3 months
- 3 to 6 months
- 12 months

Response : We are measured nationally on follow ups from hospital within 72 hours, and our internal policy is to follow up within 48 hours, but we could continue to follow up beyond this timescale depending on the needs of the individual and could follow up multiple times, on multiple occasions, for multiple years.

Q4. In the last 12 months (May 2024 to May 2025), how many patients who required secondary mental health services were discharged from your Trust to Primary Care?

Response : We do not discharge to 'Primary Care'. However we do discharge to a patient's usual place of residence, temporary place of residence or care home. Figures for these can be provided on request.

Q5. How many people detained under the Mental Health Act (MHA) were discharged to primary care?

Response : We do not discharge to 'Primary Care'. However we do discharge to a patient's usual place of residence, temporary place of residence or care home. Figures for these can be provided on request.

Q6. How many patients were admitted to hospital following care by the Crisis Resolution Home Treatment Team/Home-based Treatment Team after:

- 3 months
- 6 months
- 12 months

Response : Where patients were admitted in the two financial years 2023/24 and 2024/25:

|   |     |
|---|-----|
| Difference between Contact with Crisis and Admission Date > 3 months  | 641 |
| Difference between Contact with Crisis and Admission Date > 5 months  | 616 |
| Difference between Contact with Crisis and Admission Date > 12 months | 566 |

Q7. What has been the average length of stay over the last five years in adult acute mental health care at your Trust, including those patients sent out of area?

Response: (excludes out of area patients, and also excludes patients on-leave)

|                                       | 2021/22 | 2022/23 | 2023/24 | 2024/25 | 2025/26 to 22nd July 2025 |
|---------------------------------------|---------|---------|---------|---------|---------------------------|
| AvLos Days (Excluding On-Leave)(Mean) | 52      | 52.2    | 82.9    | 77      | 57.6                      |