Restraint Incidents reported 01/01/2024 to 31/12/2024
Listing report with actions taken and lessons learned

Ref	Date incident reported	Date of incident	LD Team	Location - ward/building/	Category	Sub category	RI- Reason for Restrictive intervention	RI- Planned or unplanned intervention	RI- Type of restrictive intervention used	RI- Type of position used if chest restriction	RI- Describe non-standard hold	Description of incident	Action taken at time of incident	Action taken as a result of review	Lessons learned	Overall severity	Approval status
GHC83554	01/01/2024	01/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Restrictive practice was used for the patient for facilitating NG feeds.	Patient was placed in restraint holds on arm chairs and was assisted to seated pad position for facilitating Feeds. Patient was not resistive at the time of the feeds.	care plan followed debrief and 1:1 given	N/A	None (no harm caused by the incident)	Closed
GHC83570	01/01/2024	01/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Restrictive practice was used for patient for facilitating Ng	Patient was placed in restraint holds on arm chairs and was assisted to seated pad position for facilitating Ng feeds. Patient was used forearm holds in both arms and was assisted to seated Pad position for facilitating NG feeds. Patient was resistive hence weighted blanket was used on the legs. Patient was resistive and was crying through out the feeding.	care plan followed debrief and 1:1 given	N/A	None (no harm caused by the incident)	Closed
GHC83577	02/01/2024	02/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		pmca required for administration of NG feed.	POD and leg cushion used due to resistance.	care plan followed debrief and 1:1 given	N/A	None (no harm caused by the incident)	Closed
GHC83586	02/01/2024	02/01/2024	LD - Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical hold on a patient, in their best interest, as a last resort, in proportion to the risk of harm should clinical review not be provided in respect of having a blood test.	It was discussed with NOK and nursing staff how the procedure would take place and what safeguards would be used in order to monitor the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC83600	02/01/2024	02/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		The patient was due for their nasogastric feed.	The patient was put on PHVA holds to facilitate their Nasgastric feed.	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83625	03/01/2024	03/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Patient assisted in holds to both arms to sit on bed. Patient supported in holds to both arms, weighted blanket over legs in situ.	Ng feed administration: Patient assisted in holds to both arms to sit on pad. Patient supported in holds to bath arms, weighted blanket in situ over legs.	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83642	03/01/2024	03/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		pmca required for administration of NG feed.	POD and leg cushion used due to resistance.	Care plan 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83678	04/01/2024	04/01/2024	LD - Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical hold on a patient, in their best interest, in proportion to the risk of harm should they not receive a blood test to identify potential causation of deteriorating physical health.	None required	None required	None required	None (no harm caused by the incident)	Closed
GHC83686	04/01/2024	04/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Patient assisted in holds to both arms to sit on the pad. Patient supported in holds to both arms and cushion placed over legs.	No feed administration. Patient assisted in holds to bath arms to sit on the pad. Patient supported in holds to both arms and cushion placed over legs.	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83704	05/01/2024	05/01/2024	LD - Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient absconding from lawful custody	Planned	PHVA (physical intervention)	Seated (FOD used)		Patient was due for their Ng feed. On return to the ward, staff went to speak to her and she was brought back to the ward. On return patient extremely unsettled, kicking doors, threatening staff and disturbing other patients. This continued for several hours and patient seem by Duty Dr and	Staff went to de-escalate patient but they continued with behaviour and refused oral meds. PHVA team and staff RT NH administered. Obs and debrief completed.	Patient known to engage in risk behaviours as method of self-harm. Nursing staff placed restrictions to safeguard patients wellbeing.	Risks acknowledged and risk assessments followed to the utmost patient. Patient came to minimal physical harm.	None (no harm caused by the incident)	Closed
GHC83706	05/01/2024	04/01/2024	LD - Wotton Lawn - Greytrees PICU	Wotton Lawn - Greytrees PICU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PHVA (physical intervention)	Standing		The patient was refusing to be administered with his regular depot injection. Prompting was tried several times but he was adement.	PHVA team was called and depot was administered whilst the patient was on holds.		Incidents like this are difficult to avoid when a patient is lacking insight into their current mental state and therefore will not accept that they require medication.	None identified.	
GHC83707	05/01/2024	05/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PBM (physical intervention)	Seated (FOD used)		Patient was placed in restraint in pod and cushion to facilitate NG feed.		Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83715	05/01/2024	05/01/2024	LD - Charlton Lane - Chestnut Ward	Charlton Lane - Chestnut Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		The patient was non compliant for taking Bloods at as discussed with the MDT team nurse in charge and doctor on call. Patient was due for PBM clinical hold for taking of the bloods . PBM team utilised PBM implemented seated restraint clinical hold for bloods. The bloods were successfully taken.	PBM implemented seated restraint clinical hold for bloods . ward doctor was present nurse in charge informed ward manager informed .	The correct actions were taken at the time of incident. It had been fully discussed with the Consultant and the correct PBM team was put together prior to the action taking place. No other actions could have been used.	None required.	None (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC83721	05/01/2024	04/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Service users nasogastric feed was administered, but members of staff utilised PHVA holds as service user was resistive.	Staff offered verbal reassurance and support which service user was receptive to. PHVA holds were utilised with staff following the administration of the nasogastric feed as per care plan.	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83727	05/01/2024	05/01/2024	LD - HOT	Patient's own home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical hold on the sofa in order to safely administer Depot injection in patients bed. Interest		Service user lacks capacity and understanding, all efforts are made to provide person centred communication and reasonable adjustments, in order that the individual understands what is expected of them and what invasive technique may be used. Service user may physically struggle or refuse and would therefore put self at risk if the physical examination, procedure or blood test is not implemented. Procedure is implemented under bed.	Service user lacks capacity and understanding, all efforts are made to provide person centred communication and reasonable adjustments, in order that the individual understands what is expected of them and what invasive technique may be used. Service user may physically struggle or refuse and would therefore put self at risk if the physical examination, procedure or blood test is not implemented. Procedure is implemented under bed.	None (no harm caused by the incident)	Closed
GHC83737	05/01/2024	05/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Dean Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		patient was resistive to NG feed.	Patient was resistive to their feed. Seated restraint with the weighted blanket.	Care plan followed 1:1 and debrief during walk	N/A	None (no harm caused by the incident)	Closed
GHC83752	06/01/2024	05/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Other outside	AWOL, absconding and missing patients	Patient attempted to abscond	16 - Prevent the patient absconding from lawful custody	Unplanned	PHVA (physical intervention)	Clinical hold (seated)		Patient left the ward, and walked towards the courtyard. Patient climbed the courtyard fence and was between a wooden fence and a metal fence. Patient climbed a wooden fence and sat on it for just	Patient encouraged to come down from the fence and sit on. Escorted onto the ward	none	none	None (no harm caused by the incident)	Closed
GHC83755	06/01/2024	06/01/2024	LD - Wotton Lawn - Greytrees PICU	Wotton Lawn - Greytrees PICU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PHVA (physical intervention)	Standing		Refused to respond to his room, bottle and cards. When he was facilitated this he took almost 4 to 5 minutes to select the vape. He then moved away from the nursing office to the area with more light to inspect the vape. Followed by that he went to the garden where he was observed to inspect the vape only three. When staff asked him to have it back, he started verbally abusing and threatening staff. He pushed the staff who was with him in the garden and was held in PHVA holds. He handed back the vape	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings. Patient was gradually released from holds and left to calm down in his bedroom. Following this incident, what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC83761	06/01/2024	06/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Patient assisted in holds to both arms to sit on pad. Patient supported in holds to bath arms, weighted blanket over legs in situ.	Provided feeds on holds ,used pods and weighted blanket in situ. Staff were supportive and engaged in communication with the patient and after the procedure provided 1:1 and given regular medication. Followed actions as per care plans given debrief.Offered PRN which she refused.	care plan followed debrief during 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83767	06/01/2024	06/01/2024	LD - HOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical hold on patient in hospital bed, in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.	None required	None required	None required	None (no harm caused by the incident)	Closed
GHC83775	06/01/2024	06/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		pmca required for administration of NG feed.	pad and weighted blanket used.	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83785	07/01/2024	06/01/2024	LD - Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-	Unplanned	PHVA (physical intervention)	Supine (face up)		Patient was agitated, distressed, and had been kicking property. Patient was offered PRN but declined it was assessed, so threw it across the room.	Patient was PHVA to their room, and IM RT was administered.	none	none	None (no harm caused by the incident)	Closed
GHC83786	07/01/2024	06/01/2024	LD - Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PHVA (physical intervention)	Precautionary hold		Patient was agitated and kept running around the first floor doors at either end of the main and female corridors in an attempt to kick the glass panels to break them. The patient required PHVA precautionary holds to remove them from the corridors and brought back to the communal area. Staff used precautionary holds approximately six	Precautionary holds used six times over the course of 45 minutes. Each hold did not last longer than two minutes.	none	none	None (no harm caused by the incident)	Closed
GHC83791	07/01/2024	07/01/2024	LD - Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PHVA (physical intervention)	Seated (FOD used)		Patient returned from police escort after having gone AWOL in the acute hospital. Patient began to escalate in mental state. Patient began to kick the fire doors stating they wanted to leave the hospital.	Patient was put into PHVA holds and IM RT was administered.	Patient has known risk of property damage, done this as a method of leaving the hospital to self harm. Both risks acknowledged.	Care plans and risk assessment in place to support patient. Patient came to no physical harm.	None (no harm caused by the incident)	Closed
GHC83799	07/01/2024	07/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		pmca required for administration of NG feed.	POD and weighted blanket used.	Care plan followed 1:1 after incident	N/A	None (no harm caused by the incident)	Closed
GHC83810	07/01/2024	07/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Restrictive Practice was used for providing Ng feeds.	Restrictive Practice was used for facilitating Ng feeds for the patient Patient was not resistive at the time of the feeds.	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83826	07/01/2024	06/01/2024	LD - Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient absconding from lawful custody	Planned	PHVA (physical intervention)	Clinical hold (seated)		Patient A locked themselves in the kitchen with patient B. Patient B was shouting asking to be let out. Staff unlocked the door from the outside and let patient B out. Patient A remained in the kitchen appeared distressed. Staff asked Patient A if they have anything they'd like to hand over. Patient A ran out of the kitchen into communal areas, demanding to be let into their bedroom. Patient A was let into their bedroom and he let out. Once Patient A was bought back onto the ward, Patient was later observed with a blade. Refused to hand it over to staff. Went into the garden and began self harming with the blade. Patient A reported to staff to have swallowed some, refused to report how many.	Staff spent time with Patient attempting to verbally de-escalate and negotiate. Removed one screw from the Patient. PHVA team called when patient attempted to disposal of the ward. PHVA holds on the ward in holds Staff attempted to remove blade from patient but stopped as become dangerous. PHVA team called. Patient in seated holds, still consoling blade. Police and LPT crisis line called for support as advised by on call manager. Police arrived and removed 2x razor blades from Patient. Patient attempted again to abscond of the ward but was stopped by police in holds and taken to their bedroom. Staff offered 1:1 and PRN Patient declined Duty doctor called and informed about Patient report	none	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC83828	07/01/2024	07/01/2024	LD - Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PHVA (physical intervention)	Escort		Time approximate. Patient was using a butter knife from the kitchen to engage in self-injurious behaviours. They attempted to do this multiple times	Verbal de-escalation was tried with no effect, patient appeared to not hear us. PHVA holds was used to remove the knife from the patient and to move patient from the kitchen and to their bed space.	NIL further actions at this time.	NIL lessons learnt at this time.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC83831	08/01/2024	08/01/2024	LD - Wotton Lawn - Greytrees PICU	Wotton Lawn - Greytrees PICU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Undertake a search of the patient's clothing or property to ensure the safety of others	Unplanned	PHVA (physical intervention)	Precautionary hold		Patient was seen using his vape in male corridor, staff went to his room and asked to hand in his vape and items which they refused. Staff member asked for the vape and items and patient refused. As a result back, patient refused staff their vape and precautionary holds to search patient and take hold of the vape plus items			Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC83838	08/01/2024	01/01/2024	LD - Wotton Lawn - Dean Ward	Wotton Lawn - Dean Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Staff requested patient to have a shower at 10:30 am patient accepted to have shower later, however there was no initiation from patient side until 11:00am. At 11:30, two members of staff went into patient room and requested to have shower. patient was not happy about it and tried to hit staff. patient slammed the door and barricaded the door. patient was racially abusive towards the staff and asked staff to go away. PHVA team was called and again requested patient to have shower as it was the management plan for the patient. patient rejected that patient has no clean clothes and staff agreed to offer her clothes. patient got off from her bed and tried to attack staff members. Staff tried to put patient on hold and she was resistive. patient put herself on the floor. patient punched HCA on the face and kicked staff on the leg. staff members were then re-directed to her bedroom. Patient then came out to the communal area and tried to attack HCA . staff put patient on hold and RT was administered. patient was put in her bedroom. keeps on fighting and informed that patient prefers men. Psychiatric emergency called and team assigned	Verbal de-escalation PHVA techniques Patient was given clothes Swapped the female staff with male staff as it was a triggering factor	Patient became agitated during necessary nursing intervention Staff used the active used proportionate to maintain safety of staff Patients mental state, risks and treatment plan reviewed	n/a	None (no harm caused by the incident)	Closed
GHC83842	08/01/2024	08/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		pmca required for administration of NG feed.	POD and weighted blanket used.	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83843	08/01/2024	08/01/2024	LD - Charlton Lane - Mulberry Ward	Charlton Lane - Mulberry Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	Other form of physical intervention	Escort		Patient due to be discharged this morning. EMS transport booked and attended. Patient verbally hostile and refusing to go. EMS ambulance crew supported patient to stand and walk using restrictive	Patient asked to walk with staff to the ambulance. When patient refused, EMS staff put hands on to assist patient off the premises.	Incident managed appropriately to enable discharge from hospital.	No lessons identified	None (no harm caused by the incident)	Closed
GHC83865	08/01/2024	08/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (other)		Patient had NG feed and weighted blanket placed on the patient lap.	Verbal de-escalation	Care plan followed 1:1	N/A	None (no harm caused by the incident)	Closed
GHC83866	08/01/2024	08/01/2024	LD - Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PHVA (physical intervention)	Seated (FOD used)		Patient was due for IM depot and patient was uncooperative. Verbally and physically abusive towards staff members.	Verbally de-escalated but futile and still uncooperative . PHVA holds done to protect staff members and patient.	none	none	None (no harm caused by the incident)	Closed
GHC83872	08/01/2024	08/01/2024	LD - Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient absconding from lawful custody	Unplanned	PBM (physical intervention)	Escort		Patient becoming increasingly agitated, grabbing bag of staff and patients (appeared to be hallucinating)	Staff utilised PBM to escort to Ladies Lounge. They were not her exit waited for some IM RT. His appears to be working well.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC83874	08/01/2024	07/01/2024	LD - Wotton Lawn - Greytrees PICU	Wotton Lawn - Greytrees PICU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Seated (other)		Patient was guided to the ECA by staff and police following an incident of violence on the ward as patient was observed to be throwing chairs and objects threats towards staff. Whilst in the ECA Patient remained hostile and abusive towards staff. Patient refused oral medication as was placed in seated holds on the sofa to administer medication via IM. Whilst in holds Patient was also searched due to the presence of weapons in the incident prior. Holds maintained for 1 hour 30 minutes and was initially resistive to the holds. Patient was given RT and by which he accepted. Patient was then released from holds and asked	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings. Patient was gradually released from holds and left to calm down in his bedroom. Following this incident, what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC83876	08/01/2024	08/01/2024	LD - Wotton Lawn - Dean Ward	Wotton Lawn - Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PHVA (physical intervention)	Seated (other)		PBM seated clinical hold on the patient's best interest, in proportion to the risk of harm should they not receive a blood test to identify potential causation of deteriorating physical health.	It was explained to the NOK how the procedure would take place and what safeguards would be used to monitor the patient. NOK discussion prior to intervention.	Management plan followed by staff		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC83880	09/01/2024	08/01/2024	LD - Wotton Lawn - Abbey Ward	Gloucestershire Royal Hospital	AWOL, absconding and missing patients	Patient ran from an escort whilst on leave	16 - Prevent the patient absconding from lawful custody	Planned	PHVA (physical intervention)	Precautionary hold		Walk from the ice rink ship rang the ward to inform a AWOL night shift that they had seen a patient walking down the main road next to the acute hospital. The patient was in the acute hospital needing an x-ray, after swallowing four screws and two batteries. Walked from the night shift rang the HCA who was sitting in escort who was with the patient and they confirmed that the patient had absconded.	The HCA and the security staff from the acute hospital did a local search and was unable to find the patient. The ward rang the police, who did a wider local search. Patient was escorted back by the police at 20:30 on the same day. staff from the ward used	NIL further actions at this time	NIL lessons learnt at this time	None (no harm caused by the incident)	Closed
GHC83888	09/01/2024	09/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		pmca required for administration of NG feed.	pad and weighted blanket used.	Care plan followed debrief during 1:1 on escorted walk	N/A	None (no harm caused by the incident)	Closed
GHC83891	09/01/2024	09/01/2024	LD - HOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Personal care (standing)		PCH contacted by on-call doctor now in order to support surgical team and patient to administer general anaesthetic. Patient Right -Retired using a planned clinical hold HOT had the secondary test of performing a second planned Clinical hold in order to allow for Cannulation after left hand. HOT carried out both procedures smoothly using the elements of speed, surprise and their trained technique. Which allowed for both procedures to be carried out by Gloucester royal hospital surgical teams. The HCOT team only performed the holds using the	Staff reminded at the entrance and signed Patient did not respond to staff when asked where they were going. Patient placed on holds in the car park and was taught back to the hospital Holds were removed once fire door closed After a couple of minutes, patient attempted to leave the ward by the doors. Patient placed on arms holds Holds removed after a few minutes Patient sat herself on the floor and refused to return Staff continued de-escalation and went to the bedroom with patient After 5 minutes in the courtyard, patient willingly	None required	None required	None (no harm caused by the incident)	Closed
GHC83904	09/01/2024	09/01/2024	LD - HOT	Other LD Unin-non-GHC	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (bed)		HOT visited to support District nurse at district nurse address, District Nurse and care staff felt appropriate to use clinical hold in order to use a Bladder scan to confirm the reason why the patient was retaining and if a Catheter needed inserting. HOT staff implemented assisted support to bed from chair so scan could be carried out. Clinical hold on bed carried out for the least amount of time possible and only using proportionate force. District nurse found that Patient was not retaining much urine and that any adjustments to Catheter was not necessary at this time.		None required	None required	None (no harm caused by the incident)	Closed
GHC83907	09/01/2024	09/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		patient resistive to NG feed	patient in a seated restraint on the pad to be NG fed	Care plan followed debrief during 1:1 on escorted walk	n/a	None (no harm caused by the incident)	Closed
GHC83908	09/01/2024	09/01/2024	LD - HOT	Patient's own home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		A PBM clinical hold was carried out on a patient in their best interest to obtain a blood sample. This is proportionate to the risk of ill health should an underlying medical condition remain undetected or untreated.	As the time it was explained to the family how the procedure would take place and what would be put in place to ensure the clinical field was as best distressing as possible Patient consented	None required	None required	None (no harm caused by the incident)	Closed
GHC83928	10/01/2024	09/01/2024	LD - Wotton Lawn - Dean Ward	Wotton Lawn - Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PHVA (physical intervention)	Seated (other)		Patient heard headbanging Staff attempted de-escalation, patient continued Team called	Staff continued to de-escalate Holds removed RT NH administered Obs completed Staff gave continued support Physical observations completed Debrief completed	Mental state and associated risks reviewed Risk of self injury long term, management plan in place Restrictive practise to be utilised to reduce risk of harm to patient	Staff followed management plan	None (no harm caused by the incident)	Closed
GHC83930	10/01/2024	10/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		Patient was due for NG feed cpted planned PHVA	Provided light holds seated on pad,weighted blanket was used on legs, care plan followed, given regular medication after the procedure, 1:1 after the incident, debrief while walking, used active communication	care plan followed 1:1 during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC83940	10/01/2024	09/01/2024	LD - Wotton Lawn - Kingsholm Ward	Wotton Lawn - Kingsholm Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PHVA (physical intervention)	Precautionary hold		Service user was due for his depot. However, during HOT meeting the service user threatened staff members with acts of violence and aggression towards staff. Service user was made aware of the attempts to administer the depot. As a precautionary measure, planned PHVA team was activated. At the start of the procedure, staff engaged with service user and explained the reasons and requested for his consent. Service user refused and was informed that unwilling to comply, and staff team had to put service user in precautionary holds and guide them to their bedroom. On arrival to their room, they were no longer resisting and in precautionary holds as they eventually and willingly agreed to have the depot administered. Depot was administered in the thigh muscle of the right hips	Hypertrial dexpovoxy 20mg depot was administered in the muscle of the right thigh, whilst sitting on his bed and not in holds PRN 1 mg Lorazepam was offered and accepted soon after the depot was given	Patient acutely unwell, required depot medication but had made threats towards staff should this go ahead. Precautionary PHVA team arranged, patient was held in precautionary safe holds whilst standing in order to allow depot to be administered safely.	Staff followed care plan and risk assessment, sought to reassure and de-escalate patient. Patient remained unwilling therefore cautionary safe holds implemented to maintain safety whilst administration proceeded.	None (no harm caused by the incident)	Closed
GHC83941	10/01/2024	10/01/2024	LD - HOT	Patient's own home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM seated clinical hold on a patient in their best interest, in proportion to the risk of harm should the patient have an undiagnosed condition that is not treated ,should they not receive a blood test.	It was explained to the carers how the procedure would take place and what safeguards would be used to monitor the patient. NOK discussions prior to procedure.	None required	None required	None (no harm caused by the incident)	Closed
GHC83949	10/01/2024	10/01/2024	LD - Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (FOD used)		pmca required for NG feed.	pad and weighted blanket used.	Care plan followed debrief during 1:1 on escorted walk	N/A	None (no harm caused by the incident)	Closed

GW34899	14/01/2024	13/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		19:15 staff nurse informed shift coordinator that patient had spent and extended period of time in toilet cubicle. Patient did not want to check as per where they discovered patient re opening wound with their finger nails	PICA and staff nurse attempted to stop bleeding by putting pressure on the wound - Patient was very combative throughout this persistently trying to prise staff's hands off of them. Due to the persistent bleeding, PAVA was applied to assist with control. Patient continued to request for staff to let go and they want to re open their wound so shift coordinator decided to put patient on a section 5/4 and then when the doctor came down for 19:45 and extended it to 72 hours. Physical observations were also administered to contribute to helping the patient settle - IM 10mg Promethazine and 2mg Lorazepam administered by nurse and patient slowly began to settle. Risk and all physical observations were	none	none	low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GW34896	14/01/2024	14/01/2024	Watton Lawn Greyfriars PICU	Watton Lawn Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (other)		Patient took his vape in his his bedroom although he is not allowed to. According to his care plan staff went to his bedroom and asked him to give the vape back. Patient refused to give the vape back and started verbally escalating. Patient then stand in between the doorway and refused for nursing staff to go in to bedroom to retrieve his vape. Patient was then put on precautionary holds and was moved in to a seated position in his bedroom. Patient was given RT medication orally which he accepted.	Precautionary holds were applied and was given RT medication orally.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GW34899	14/01/2024	14/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient placed in holds to allow physical health team to provide NG feed	Patient placed in holds, NJ feed given, holds removed and 1:1 given post feed	Care plan followed debrief	n.a	None (no harm caused by the incident)	Closed
GW34914	14/01/2024	14/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was due her prescribed feeds	One was put in holds to facilitate this. Minimal resistance during the feeds, Doughnut blanket used Engaged in conversation throughout.	Care plan followed debrief during 1:1 on escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34918	14/01/2024	14/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (POD used)		Patient observed on SCCIC visual obs to be re-opening a wound (cut) which is relatively deep and requires stitches as it inner elbow with force in her bathroom, whilst sat on the floor, digging fingers into the wound, during washing to get to the artery. Blood visible on bathroom floor.	Staff spent time with the patient trying to de-escalate the situation, but she was highly frustrated her emotions and distress. PAVA holds used to maintain safety(see separate form) PBS reallocation offered and declined PRN medication offered and medication refused declined - IM RT medication administered in agreement with SMO (see separate form) 1m pack used, 5m in situ NEWT assessor present Following the incident, debrief offered to patient and staff SMO has reviewed the patient and wound Wound has been skin stripped and dressed twice by nurses, but removed by patient - staff continuing to dress and monitor Advice is for patient to attend ED in liaison with SMO however patient currently stating she will continue to open the wound including at home - sanction to	none	none	low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GW34122	15/01/2024	14/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Clinical hold (seated)		Patient was absconded off of the ward and made it to the Courtyard where they proceeded to climbed the fence and perched there between the Courtyard and the Car park/Ambulance bay. Patient sat there for at least 1 hour, refusing to get down. After some amount of time of staff trying to reason with them, it was decided to call the police, half way through the police arriving patient decided to come down and was brought back in holds (PAVA) to the ward - separate PAVA Datix will be completed for this). Once patient was in their room they continued to have a management issues and further PAVA was applied. An RT was give an and IP was declined 1mg of zuroxpam was given. So far this has been to good effect as patient is currently settled on the ward, not in her bedroom	Actions taken were: PAVA used - pt was not restrained for 40mins in one hold. Pt was held in a seated position with use of restrictive escort and release due to personnel. Attempts to abscond De-escalation used verbally. Reasoning used. Pt was then handed an stated patient come down of her own volition or the police were told to stand down. (Incident Number 389).	none	none	None (no harm caused by the incident)	Closed
GW34129	15/01/2024	15/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	PBM was used over an period of 1 hour 2 minutes in order to receive medical examination by healthcare professionals in IDH - in proportion to the risk of serious harm if any unbalanced medical condition is not treated.	Care plan followed debrief during 1:1 on escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34131	15/01/2024	15/01/2024	Gloucestershire Royal Hospital	GI HOT	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	12 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)				None required	None required		None (no harm caused by the incident)	Closed
GW34148	15/01/2024	15/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Patient found in ensuite during checks, patient engaging in re-opening wound to right inner elbow using Blade.	Staff attempted to support patient and distract to little effect. Staff used precautionary holds on hands to prevent further harm to self. Patient resistive initially, PAVA team called and then 1 to 1 initiated. Patient given time on own for 5mins and then 1 staff returned and assisted her.	none	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GW34149	15/01/2024	15/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service user's nasogastric feed was administered this afternoon. PAVA holds were utilised as service user was resistive to the administration of the nasogastric feed.	Staff utilised PAVA holds whilst offering verbal reassurance as the nasogastric feed was administered. Staff supported service user with a 1:1 following the administration of the nasogastric feed and continued with a 1:1 observation three hours post feed.	Care plan followed debrief during 1:1 on escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34151	15/01/2024	15/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (POD used)		Patient was extremely hostile and aggressive, prolonged their visitor, pulled the table up and threw it towards staff and invaded personal space then attempted to leave the ward without staff knowing. Police were called due to escalation in presentation. Refused oral medication, placed in holds by staff and IM was administered.	Police called. Holds Reviewed. IM Administered. On call manager and consultant contacted. Increases staffing numbers.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GW34156	16/01/2024	15/01/2024	Watton Lawn Greyfriars PICU	Watton Lawn Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Standing		Patient refused to return Vape in concordance with his Vaping Care Plan. Patient was verbally abusive, refusing to return vape and then left the ward. He subsequently towards a member of staff (HCA) and attempted to assault a member the staff (HCA) with clenched fists. Patient was grabbing and pulling on staff (HCA) clothing.	Staff Members, 1 x PAVA and HCA placed patient in precautionary holds in order to retrieve the vape, in line with current care plan. The vape was retrieved, and patient was taken to his room in precautionary holds.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GW34157	16/01/2024	16/01/2024	Watton Lawn Greyfriars PICU	Watton Lawn Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PAVA (physical intervention)	Standing		Patient was observed by the nursing staff to be loitering in the reception area by the main doors. Patient was observed to leave the ward via the garden where he continued to attempt assaults and charged to towards staff. At this point he got a staff member in a headlock scratching their neck, at this point staff put patient in holds in supine position. Patient was observed to continue to make numerous threats towards staff as well as personal threats towards particular staff members. Following this police intervened and applied a spit hood due to spitting and put them in handcuffs and leg restraints. Following this the police carried them to the ECA where they stayed with him for some time.	Two HCA's placed patient in precautionary holds in order to retrieve item. Patient was released from precautionary holds when item had been retrieved.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GW34153	16/01/2024	16/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		patient restrained to administer NG feed	10 mins	Care plan followed debrief during 1:1 on escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34177	16/01/2024	16/01/2024	Gloucestershire Royal Hospital	GI HOT	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated).		Intensive Health Outreach Team contacted in order to support the doctor to sees the patients left thumb. Using a planned clinical hold doctor felt it was in patients best interest to perform a clinical hold in order to allow the treatment to take place. Intensive Health Outreach Team staff performed a seated clinical hold. They completed the hold for the least amount of time necessary and only used		none required	none required	None (no harm caused by the incident)	Closed
GW34182	16/01/2024	16/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service user on holds for planned NG feeding.	Service user on PAVA holds. Weighted blanket used for legs. Administered NG feeding with some resistance.	Care plan followed debrief during 1:1 on escorted walk	n/a	None (no harm caused by the incident)	Closed
GW34190	16/01/2024	15/01/2024	Watton Lawn Deer Ward	Watton Lawn Deer Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Patient was seen to be in the bathroom area and a member of staff heard a weird bibber and placed in the office. Patient stood up and shouted the HCA down the corridor with his stick thinking she had taken his phone from him.	Patient was re-sited to his bedroom using PBM techniques to reduce risk of harm to others.	Managed well Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	n/a	None (no harm caused by the incident)	Closed
GW34411	21/01/2024	21/01/2024	Watton Lawn Greyfriars PICU	Watton Lawn Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Standing		Patient put into holds due to disruptive and assaultive behaviour. Regular medication given.	Regular medication given.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GW34413	21/01/2024	21/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service user's nasogastric feed was administered this afternoon. PAVA holds were utilised as service user was resistant to the administration of the nasogastric feed.	Staff utilised PAVA holds whilst offering verbal reassurance as the nasogastric feed was administered. Staff supported service user with a 1:1 following the administration of the nasogastric feed and continued with a 1:1 observation three hours post feed.	Care plan followed debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34416	21/01/2024	21/01/2024	Gloucestershire Royal Hospital	GI Inpatients - Berkeley House	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	Other form of physical intervention	Non-standard hold	Staff member put his arms around the patients torso from behind and directed him back to the sofa. Them.	Patient had kicked staff and had attempted to bite	Staff member put his arms around the patients torso from behind and directed him back to the safe.	Checked in with staff members to review situation and ensure they are okay.	Whilst this was an unconventional hold it was appropriate at the time and minimised the risk of harm to the patient or to others.	None (no harm caused by the incident)	Closed
GW34418	21/01/2024	21/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was due for NG feeding. NG tube need to be inserted prior to feeding. Called planned PAVA	Care plan followed 1:1 during escorted walk as per care plan, debrief while walking Used active communication	Care plan followed 1:1 debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34423	21/01/2024	20/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PAVA (physical intervention)	Seated (other)		The patient was in communal areas being very vocal and disruptive. She was overstimulated with another patient and being demonstrative. They tried to breach several things on the ward and set off the fire alarms many times and made their bedroom inhabitable.	Staff tried to deescalate offering fruity oral PRN which was thrown across the room and then the team made the decision to prepare for PAVA. RT oral offered and refused twice and then team assembled and RT IM administered.	none	none	None (no harm caused by the incident)	Closed
GW34437	22/01/2024	22/01/2024	Watton Lawn Greyfriars PICU	Watton Lawn Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Escort		Patient attacked a member of staff pouring milk over them. They were subsequently restrained and removed to their bedroom to de-escalate		Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GW34445	22/01/2024	22/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Planned PAVA for NG feeding. NG tube to be inserted prior to feeding. Called planned PAVA	PAVA 1: 0835:0840: GRH nurses attempted to place NG tube, but were unsuccessful. Holds reduced to arm holds only. PAVA 2 : 0855:0935: GRH nurses ready to	POD and weighted blanket used.	Care plan followed 1:1 with debrief on escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34477	22/01/2024	21/01/2024	NHS Liaison Assist Hospitals	GP Surgery	Medication Incidents	Medication incident not involving controlled drugs	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	Other form of physical intervention	Non-standard hold	Unsure. not witnessed by me.	suspected sertraline induce manic symptoms.		Appropriate review and potential issue identified, follow-ported and reported. Hypperiate f/u arranged	It is important to remain mindful of the impact of new medication on a presentation and for this to be assessed routinely, as in this case as part of the presentation	None (no harm caused by the incident)	Closed
GW34481	22/01/2024	22/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		patient was resistive to NG tube being fitted and fed given	patient was in a seated restraint in the pod.	Care plan followed 1:1/debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GW34499	23/01/2024	23/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient resistive to NG tube being inserted and being fed through it.	Current placed in seated restraint in the pod	Care plan followed 1:1 during escorted walk with debrief	N/A	None (no harm caused by the incident)	Closed
GW34507	23/01/2024	23/01/2024	GI HOT	Patient's own home	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Planned RT administration of Influenza and covid vaccines, blood sample collection and fingernail and toenail management.	Patient escorted standing and then he took himself to the floor and was help in a supine position using PBM techniques.	Service user lacks capacity and understanding, all efforts are made to provide person centred communication and reasonable adjustments, in order that the individual understands what is expected of them and what invasive technique may be used. Risk and benefit discussion was undertaken and it would therefore put self at risk if the physical examination, procedure or blood test is not implemented. Procedure is implemented under best		None (no harm caused by the incident)	Closed
GW34510	23/01/2024	23/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PAVA (physical intervention)	Seated (POD used)		Patient in communal areas, shouted and swore towards staff, making statements about staff raping them, given boundaries regarding presentation and how they have been distressing peers on the ward. Patient struggled to maintain an appropriate presentation and continued to make statements as	Tried to deescalate verbally and offered PRN, which declined. Decision made to redirect to bedroom, holds required. Called for PAVA 5 to assist her to the room and Given RT on holds	none	none	None (no harm caused by the incident)	Closed
GW34516	23/01/2024	23/01/2024	Charlton Lane Willow Ward	Charlton Lane Willow Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		A female patient was agitated and attempted to assault staff as well as patients.	Patient was put in holds and escorted to a quiet communal environment. Patient was attempted to give lacozapam both overtly or covertly however she declined and spit it out. She remains agitated and anxious. She was given 0.5 lorazepam IM on left	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GW34519	23/01/2024	23/01/2024	GI HOT	Other GI Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any unbalanced medical condition is not treated.		none required	none required	None (no harm caused by the incident)	Closed
GW34536	23/01/2024	23/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service users nasogastric feed was administered this afternoon, as the service user was resistive to the administration of the nasogastric feed to members of staff used PAVA holds as the nasogastric feed was administered.	Care plan followed 1:1/debrief during walk	N/A	None (no harm caused by the incident)	Closed
GW34540	23/01/2024	20/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		RESTRICTIVE PRACTICE WAS USED FOR FACILITATING NG FEEDS	Patient pulled the tube at the time of the feeds.	Care plan followed 1:1/debrief given during 1:1	N/A	None (no harm caused by the incident)	Closed
GW34549	24/01/2024	24/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Pt agitated, throwing furniture towards staff, declined oral medication, deliberately, spilling drink in the communal area to make staff fall, verbally aggressive towards staff, pacing up and down. Pt was initially attempted to be verbally de-escalated when to refuse medication, starting to abscond. Blocking staff who wanted to care and an intervention to someone.	Verbal de-escalation utilised, PAVA team called, rt was administered,	none	none	None (no harm caused by the incident)	Closed
GW34551	24/01/2024	23/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Escort			Redirection was given Patient removed to her room	none	none	None (no harm caused by the incident)	Closed
GW34557	24/01/2024	24/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was due for NG feeding. NG tube need to be inserted prior to feeding. Called planned PAVA	Provided light holds seated on the pod Care plan followed, 1:1 debrief during escorted walk, Used active communication	Care plan followed 1:1 debrief during walk	N/A	None (no harm caused by the incident)	Closed
GW34563	24/01/2024	23/01/2024	Watton Lawn Abbey Ward	Watton Lawn Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PAVA (physical intervention)	Seated (other)		Patient presenting as agitated and hostile - patient left the ward and was brought back in holds (PAVA) to the ward - separate PAVA Datix will be completed for this). Patient was in their room they continued to have a management issues and further PAVA was applied. An RT was given and IP was declined 1mg of zuroxpam was given. So far this has been to good effect as patient is currently settled on the ward, not in her bedroom	Patient offered opportunity to engage in debrief, patient hostile and abusive throughout, offered PRN prior to incident declined. Decision made to give RT	none	none	None (no harm caused by the incident)	Closed
GW34594	24/01/2024	24/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was due for NG feeding. NG tube need to be inserted prior to feeding. Called planned PAVA	Care plan followed 1:1 debrief during walk	Care plan followed 1:1/debrief during escorted walk	n.a	None (no harm caused by the incident)	Closed
GW34602	25/01/2024	25/01/2024	Watton Lawn Greyfriars PICU	Watton Lawn Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Escort		Patient was requesting to smoke a cigarette however was refused due to risk assessment. Patient was then due to PICU rules patient became verbally aggressive towards staff and when redirection attempts were made patient attempted to assault staff, patient placed in precautionary holds and threw himself to the ground	staff placed in holds and as patient threw himself to the ground staff disengaged	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GW34607	25/01/2024	25/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient resistive to their NG tube being inserted and feed being administered	Patient held in seated holds in the pod	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34622	25/01/2024	25/01/2024	GI HOT	Patient's own home	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Seated clinical hold on the pod in order to safely take bloods in patients best interest		none required	none required	None (no harm caused by the incident)	Closed
GW34623	25/01/2024	25/01/2024	GI HOT	Other GI Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any unbalanced medical condition is not treated.		none required	none required	None (no harm caused by the incident)	Closed
GW34624	25/01/2024	25/01/2024	GI HOT	Callers Court GI	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)			IV was explained to the PICU RN, how the procedure is to be take place and what monitoring would be used to safe guard the patient. NHS paper work was reviewed and copies given to carers	None required	None required	None (no harm caused by the incident)	Closed
GW34625	25/01/2024	25/01/2024	Watton Lawn Deer Ward	Watton Lawn other outGHN	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Patient was observed by nursing staff to be loitering in the reception area by the main doors. Patient was observed to leave the hospital and would not engage in communication with ward staff regarding where she was going. She was walking in a determined manner towards the main road and she appeared visibly upset. Patient was observed to be walking on the road, observed to be on a wall on Horton Road. Who nursing staff approached to ask what was going on, she stated that she was going to put herself in front of a car and immediately attempted to do this. Putting both herself and nursing staff in danger. Therefore, ward staff placed patient in seated PAVA holds and then escorted patient to Watton Lawn hospital staff assisted and patient was	Patient brought back to the ward. Patient placed on Section 5(4) IM RT administered.	Patient was discharged following professionals meeting and MDT review Patient referred to the FEINI team and CEN team, also the CJC and community team to support	Felt by all professionals that admission would resolute risk further	None (no harm caused by the incident)	Closed
GW34628	25/01/2024	25/01/2024	Watton Lawn Priory Ward	Watton Lawn Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was placed in holds by members of staff to facilitate insertion of NG tube and NG feed		care plan followed 1:1 during debrief on escorted walk	N/A	None (no harm caused by the incident)	Closed
GW34630	25/01/2024	19/01/2024	GI HOT	Patient's own home	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	Other form of physical intervention	Non-standard hold	Support of right arm	Support to right arm during phlebotomy appointment	Clinical hold to right arm	None required	None required	None (no harm caused by the incident)	Closed
GW34646	25/01/2024	25/01/2024	GDSS	Public Place / Office / Staff working from home (WFH)	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PBM (physical intervention)	Escort		Patient became highly anxious receiving being startled by a dog in the community. Patient attempted to abscond 'fleeing' immediate environment, appearing highly anxious. Patient ran near road with flow of traffic, lacks road safety awareness. Attempted verbal reassurance and	Alice Millward (Trainee Clinical Associate Psych) took hold of left arm and (Joanne Kanjau (PALS) took hold of patients right arm, using a two person removal. This was to support patient away from road due to no road safety awareness and risk to self.	review of risk assessment and care plan	change of approach in assessing the community	None (no harm caused by the incident)	Closed
GW34649	26/01/2024	26/01/2024	Watton Lawn Greyfriars PICU	Watton Lawn Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Clinical hold (seated).		Patient assaulted staff before and during holds. Place in further holds and escorted back to room	Patient taken to room	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed

DAY34459	26/01/2026	26/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		pmoa required for administration of NG feed.	pad and leg cushion used.	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34470	26/01/2026	26/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PAVA (physical intervention)	Escort		patient some into communal areas around 13:50. patient was speaking with staff before they then proceeded to walk off the ward. Staff were at the top of the stairwell between Priory Ward and Abbey Ward. patient was insistent on getting through staff which required the use of PAVA holds. patient began screaming and repetitively shouting "let me out". patient then started to scratch at face, causing injury. De-escalation attempted, although unsuccessful. Due to patient being in the main corridor by the sliding door and blocking access, decision made to use PAVA holds back to the ward. patient continued to present in the same manner, went into bathroom and hid in the corner of the	De-escalation attempted and appeared to have a desired effect. patient was offered some medication to which they declined stating that "it does not work". Staff offered to clean patient face due to the injury caused by scratching. patient replied that they would do it by themselves. Staff continued to offer support, and disengaged once patient presented at baseline.	Staff followed process	N/A	None (no harm caused by the incident)	Closed
DAY34477	26/01/2026	26/01/2026	ID IHOT	Dklar LD Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical hold on patient in hospital style bed, in best interest, in proportion to the risk of serious harm if undiagnosed any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DAY34478	26/01/2026	26/01/2026	Montpellier Lee Secure Unit	Montpellier Lee Secure Unit	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Patient wanted to go out on zone 1 leave but supposed to be unsettled and agitated and staff told him to be calm for at least 30 minute. Patient started to punch himself with a flat on the head	Staff held his hand to stop him from punching himself. patient then pushed the staff and was subsequently placed in seated holds.	No further action required.	None.	None (no harm caused by the incident)	Closed
DAY34701	26/01/2026	26/01/2026	Montpellier Lee Secure Unit	Montpellier Lee Secure Unit	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Patient began forcefully punching himself repeatedly in the head with a closed fist. EUP staff asked him to stop then when patient didn't he took hold of his hands to prevent him continuing to punch himself. He supposed as if patient was attempting to assault staff. EAP staff took hold of patient as patient came into personal space and patient and staff fell into the armchair behind them and second staff member took hold of patient's legs and arms to make the situation safe. Several Holds applied	Patient was offered PRN medication but again he declined. Discussion between staff and patient. He asked to calm in his bedroom holds released and he walked to his bedroom. Staff were present in case he tryng to push him away rather than assault him.	No further action required.	Good practice observed. Staff using principles of least restriction.	None (no harm caused by the incident)	Closed
DAY34710	27/01/2026	26/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (other)		NG Tube inserted and feed given through NG as per care plan.	n/a	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34711	27/01/2026	27/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		pmoa required for administration of NG tube.	POD and leg cushion used.	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34712	27/01/2026	23/01/2026	10 inpatients - Berkeley House	Berkeley House	Clinical care, treatments and procedures	Unsafe / inappropriate clinical environment	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	Other form of physical intervention	Non-standard hold	Use of seclusion, no physical intervention	Patient causing environmental damage, repeatedly, kicking radiator and attempting to pull cover from wall and attempting to attack staff when they tried to redirect him. patient eventually accepted redirection to bedroom and decision made to place PBM and in his doorway to restrict his access to rest of flat whilst emergency repairs were undertaken	Exclusion policy followed Patients family informed Environment made safe	This is a historical behaviour. all staff are trained in Physical interventions and breakaways and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are mantioned and reviewed on a weekly basis.	This is a historical behaviour. all staff are trained in Physical interventions and breakaways and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are mantioned and reviewed on a weekly basis.	None (no harm caused by the incident)	Closed
DAY34730	27/01/2026	27/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		patient restive to NG tube being fitted and their feed being administered.	Patient had to be placed in a seated restraint on the pod with the pillow over their legs.	Care Plan followed 1:1/debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
DAY34732	27/01/2026	26/01/2026	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Escort		patient was trying to pull white rock off the wall, Staff escorted patient to his bedroom using PBM escort	Staff tried to verbally redirect him but to no avail staff escorted patient to bedroom utilising PBM escort	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are mantioned and reviewed on a weekly basis.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are mantioned and reviewed on a weekly basis.	None (no harm caused by the incident)	Closed
DAY34740	28/01/2026	27/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-	Planned	PAVA (physical intervention)	Standing		The patient sat in the communal area and kept on kicking about the recreational table in the area. It was causing distress to other patients in the ward	Staff made several attempts to verbally guide the patient back to its bedroom, which was futile. Finally a team was called and escorted the patient back to his bedroom on two people PAVA holds.	Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DAY34744	28/01/2026	28/01/2026	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	18 - Undertake a search of the patient or property to ensure the safety of others	Planned	PAVA (physical intervention)	Clinical hold (seated)		Patient vaping in room bedroom, verbally asked to stop this but continued to do so. In the past this has set off the fire alarm and caused the ward to be unsafe. After 5ths of verbal de-escalation patient still refused to give staff his vape.	Session made to implement lanyard hook into window the rope. Staff to use approach patient he picked up a chair and attempted to vert staff with this. Two staff held onto chair and the patient let go and then forearm holds were implemented. Patient then became calm and was escorted to his pocket. Holds moved to seated on the bed. Patient would still not hand over vape so staff removed this from his possession. During this patient became verbally abusive towards staff and used foul lags. Patient has since made threats to assault staff via 'stabbing them with an implement' or 'sneak	Patient's care plan around vaping was reviewed and discussed amongst the team to weigh up the benefit vs the risk. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. MDT review. Medication review.	None identified.	None (no harm caused by the incident)	Closed
DAY34747	28/01/2026	28/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		RESTRICTIVE PRACTICE WAS USED FOR FACILITATION OF NG FEEDS	Patient assisted to sit on the pod in holds to both arms. Patient supported in holds to both arms and cushion situated over legs. Patient head supported to enable NG tube insertion	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34752	28/01/2026	28/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	20 - Prevent a patient being violent to others	Planned	PAVA (physical intervention)	Seated (other)		in relation to racial and verbal abuse ++ Patient declined PRN medication on several occasions during the morning. Patient declined RT and medication X2 Patient administered RM medication Patient supported in holds to both arms while sat on the sofa. pillow placed over legs.	Patient supported in holds to both arms while sat on the sofa. Cushion placed over legs. RT IM/ medication administered.	Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DAY34767	28/01/2026	28/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	20 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (other)		patient vocalising while in communal area, shouting and being abusive towards staff and fellow patients. patient was observed to having delusional speech content, about being a member of the SAS and killing of mess people in Gazza. Staff tried intervened and asked Dean to go to his room, due to the content of the conversation was upsetting fellow patients	patient attempted to stamp on staffs leg, staff the put Patient in forearm holds, to walk back to their room. Staff attempted to disengage and the patient attempted to assault staff by punching at them. Staff then put the patient back in forearm holds in a seated restraint, the patient the started to get staff off the bed, so staff held on to patients legs. patient then managed to get himself to the floor and bit staff on the leg through the clothing on his arms until he had settled. Staff then disengaged	washed area advised to seek medical attention no broken skin	patient acutely unwell	None (no harm caused by the incident)	Closed
DAY34768	28/01/2026	28/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		patient was receptive to NG tube being Administered and NG feed been given.	Patient was set in seated holds in the pod NG Feed given under restraint	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34769	28/01/2026	28/01/2026	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Supine (face up)		Patient was restrained and administered 4x RT.	Female staff members restrained the patient in a standing hold, patient dropped to the floor and was supine on the floor. Patient screaming and crying. Patient was then moved to the seated area where he was restrained in seated holds. Patient then became calm and was released from holds. Patient then started to scream and shout at staff. Patient then attempted to assault staff by punching at them. Patient then managed to get himself to the floor and bit staff on the leg through the clothing on his arms until he had settled. Staff then disengaged	Debrief with patients and staff.	Review of risk and observation level. Review of medication.	None (no harm caused by the incident)	Closed
DAY34815	29/01/2026	29/01/2026	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Supine (face up)		Patient was restrained and administered 4x RT.	Female staff members restrained the patient in a standing hold, patient dropped to the floor and was supine on the floor. Patient screaming and crying. Patient was then moved to the seated area where he was restrained in seated holds. Patient then became calm and was released from holds. Patient then started to scream and shout at staff. Patient then attempted to assault staff by punching at them. Patient then managed to get himself to the floor and bit staff on the leg through the clothing on his arms until he had settled. Staff then disengaged	Debrief with patients and staff.	Review of risk and observation level. Review of medication.	None (no harm caused by the incident)	Closed
DAY34826	29/01/2026	29/01/2026	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		patient was heard to be headbanging in their room staff went to support	staff instructed to support. staff did visualisation techniques 2 members of staff put hands on to lightly guide patient back from wall and to a seated position on the bed PRN lorazepam given PRN olanzapine given when patient was emotionally regulated they were encourage to participate in colouring in activities and a fair drink. Observations and neuro observations taken	Mental state risks and treatment plan reviewed Long term risk of self harm identified Care plans in place to minimise harm to patient Patient CBD	Least restrictive practice utilised to manage self injury as per care plan	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DAY34829	30/01/2026	28/01/2026	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PAVA (physical intervention)	Clinical hold (seated)		RESTRICTIVE INTERVENTION WAS USED WHEN PATIENT ASSAULTED STAFF.	Patient assisted into bedroom and was verbally abusive towards staff. PRN offered and accepted. Patient then became calm and was released from holds. Patient then started to scream and shout at staff. Patient then attempted to assault staff by punching at them. Patient then managed to get himself to the floor and bit staff on the leg through the clothing on his arms until he had settled. Staff then disengaged 04:05 - forearm holds was used again at that time Dean tried to get off from the bed and staff had to hold his legs. 04:07- Patient got himself on the floor and bitten staff on his legs . 04:08- holds was reinstated on both arms. 04:10- since Patient was seen to be much more settled holds was disengaged.	Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DAY34834	30/01/2026	30/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		patient was receptive to NG tube being inserted and NG feed being administered	patient restrained in the pod in a seated position	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34852	30/01/2026	30/01/2026	Watton Lawn-Priory Ward	Watton Lawn-other outside	Absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PAVA (physical intervention)	Escort		16:08- patient left the hospital doors with a fellow patient. patient sat outside the front of the hospital with peer for a couple of minutes, when staff noticed they was out there approx. 16:15. they went downstairs by the time they got to the front patient had already walked off. Staff tasked patient on Horton Road. Walking towards the graveyard and crossing the road. patient was being hostile towards staff, threatening them and refusing to come back to the ward. Staff attempted to de-escalate patient, and was unsuccessful. PAVA team called. When the team arrived patient presentation continued and was not settling. patient then threw a drink over a staff member and began spitting in staff faces.	Once back on the ward holds were released, patient continued to behave chaotically and threatening towards staff. PRN offered and accepted. patient then was left to de-escalate and self-soothe as staff input appeared unhelpful.	Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DAY34867	30/01/2026	30/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		pmoa required for administration of NG feed.	pad and leg cushion used 1:1 after	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34874	31/01/2026	31/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient assisted to sit on the pod in holds to both arms. Patient supported in holds to both arms and cushion situated over legs. Patient head supported to enable NG tube insertion	No feed administered Patient assisted to sit on the pod in holds to both arms. Patient supported in holds to both arms and cushion situated over legs. Patient head supported to enable NG tube insertion	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34893	31/01/2026	31/01/2026	ID IHOT	Dklar LD Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		NG feed administered. Phlebotomy PBM clinical assisted hold on patient in bed interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DAY34894	31/01/2026	31/01/2026	ID IHOT	Dklar LD Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was anxious about having her bloods taken initially however sat on the sofa with EUP staff whilst watching IPAD bloods successfully taken from right elbow crease. IHOT staff held patient for the least amount of time		None required	None required	None (no harm caused by the incident)	Closed
DAY34899	31/01/2026	31/01/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		pmoa required for administration of NG feed	pad and leg cushion used. 1:1 following.	Care plan followed 1:1 during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34901	31/01/2026	31/01/2026	ID IHOT	Dklar LD Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		a PBM clinical hold was performed on a patient in bed interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to care staff how the procedure would take place and what monitoring would be used to safguard the patient.	None required	None required	None (no harm caused by the incident)	Closed
DAY34902	31/01/2026	31/01/2026	Patient's own home	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold in order to take Patients bloods. The patient was nervous at the start of the phlebotomy procedure. IHOT staff implemented passive clinical hold which had previously been agreed with Family and CIP. IHOT staff explained the hold for the least amount of time possible and only used proportionate force.		None required	None required	None (no harm caused by the incident)	Closed
DAY34903	31/01/2026	31/01/2026	ID IHOT	Dklar LD Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical assed hold on patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated (PHLEBOTOMY PROCEDURE)	MCA and best interest paper work was reviewed	None required	None required	None (no harm caused by the incident)	Closed
DAY34918	31/01/2026	31/01/2026	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PAVA (physical intervention)	Seated (other)		Patient was in being invasive of other patients personal space and would not accept verbal redirection from staff, staff put holds and took patient to her bedroom.		Review of medication. Review of risk and observation level.	Discussion during handover.	None (no harm caused by the incident)	Closed
DAY34932	01/02/2026	01/02/2026	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		attempted to de-escalate and utilise ice pack and other distraction techniques Patient was receptive and continued to headbang. Team was called Staff attempted to sit patient on the bed, patient then became aggressive towards staff. Patient sat herself on the floor and leant against the bed. Holds were released. Patient stopped resisting. She then walked towards the door, shouting to be let out. Staff intervened and directed patient to sit on the bed. Staff continued verbal de-escalation which appeared to have good effect. Patient was talking to staff and accepted RT shot medication As staff left to obtain dressings for head wound, patient started headbanging again. Staff attempted to verbally de-escalate however patient was unresponsive and continued. Team was called. Arms holds were placed. Patient was receptive and attempting to bite staff. She was sat on the bed but kept lifting her body off the bed and she sat herself on the floor, continuing to attempt to bite staff's hands. Patient screamed for staff to get out. Staff retreated and stayed outside her room. Patient appeared to settle and she sat on the bed, de-escalating herself.	Staff went in after a couple of minutes and had 1:1 with patient. Patient appeared calmer, talking to staff during general conversation. Physical observations completed, wound and room cleaned, duty dr informed. Duty dr said to call back if patient becomes disarmatorial or deescalates and to continue monitoring	Mental state and risks reviewed Long term risk of self injury identified Trigger for incident identified Care plans in place to minimise harm to patient	Management plan followed by staff to minimise harm to patient	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DAY34934	01/02/2026	01/02/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PAVA (physical intervention)	Seated (POD used)		20:00 patient walked off ward and went to bedroom. Staff went to see patient, he came back talking about calling the police. De-escalation unsuccessful, PAVA 1 is back to the ward. 20:15- Whilst in PAVA holds patient then dropped to the floor and proceeded to lay on the floor. Patient was on the floor and continued to talk about being a God. Re-attempted de-escalation although unsuccessful. Due to patient being in the main corridor by the sliding door and blocking access, decision made to use PAVA holds back to the ward. 20:30- PAVA 2 patient was escorted up the stairs, before dropping to the floor again outside of Dean Ward. patient stayed lying on the floor, in front of the stairwell doors. patient remained pressured in speech, spitting at staff during interactions. Decision made to use PAVA holds to escort patient back to the ward. WPAS 5K was talking with patient, patient raised fist and punched 5K in the face. Decision made for PAVA holds to be used to take patient back to the ward due to the continued presentation, de-escalation being ineffective and risk of harm to others. 20:45 - patient was restrictive to holds and was not moving/standing up in the corridor. Eventually a wheelchair was needed to take back to ward as a last resort.	Handed over to Night Shift re review and post RT observations. ALAN: Refer to PICU Continue with Hourly Nursing Observations Increased levels may increase agitation and violence Leave to be considered on patient's presentation and nursing judgement Discuss with MDT tomorrow re plan going forward Added to risk history	Non-touch obs completed Added to risk history consideration of observations debrief	N/A patient acutely unwell. ** THIS DATA/INCIDENT TOOK PLACE 31.01.26 AT 20:50 **	None (no harm caused by the incident)	Closed
DAY34941	01/02/2026	01/02/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		pmoa needed for administration of NG feed.	pad and leg cushion used. 1:1 following.	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
DAY34950	01/02/2026	01/02/2026	ID IHOT	Patient's own home	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical assed hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the pod carers how the procedure would take place and what monitoring would be used to safe guard the patient. The MCA paper work was reviewed and plans given to the carers.	none required	none required	None (no harm caused by the incident)	Closed
DAY34952	01/02/2026	01/02/2026	ID IHOT	Dklar LD Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM CLINICAL SEATED HOLD ON PATIENT IN HIS BEST INTEREST	MCA and best interest paper work was left with carers	none required	none required	None (no harm caused by the incident)	Closed
DAY34953	01/02/2026	01/02/2026	ID IHOT	Dklar LD Unit-non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		A PBM clinical hold was used on a patient to obtain a blood sample in their best interest. This is proportionate to the risk of ill harm should an undertecting medical condition remain undetected	It was explained to the staff how the procedure would take place and what safeguarding measures would be in place to protect the patient. Copies of the MCA and BI were reviewed and given to carers.	none required	none required	None (no harm caused by the incident)	Closed
DAY34959	01/02/2026	01/02/2026	ID IHOT	Patient's own home	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the paid carers how the procedure would take place and what monitoring would be used to safguard the patient. The MCA paperwork was reviewed and copies given to the carers.	None required	None required	None (no harm caused by the incident)	Closed
DAY34977	01/02/2026	01/02/2026	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Standing		Patient burst into hardover to eightshift threatening to kill member of eightstaff. Patient removed when team leader arrived. patient arrived at ward at 20:30 however patient did not enter the ward with the member as they left. PAVA standing holds utilised to escort patient to bedspace where they entered voluntarily and holds released. Patient offered and accepted PRN medication. Boundaries put in place regarding actions and patient encouraged to utilise	Patient offered and accepted PRN medication. Boundaries put in place regarding actions and patient encouraged to utilise low stimulus environment whilst in agitated state. Debrief taken place with peers effected by patients outburst.	No further actions at this time	No further considerations at this time	None (no harm caused by the incident)	Closed
DAY34984	02/02/2026	02/02/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		pmoa needed for administration of NG feed.	pad and leg cushion used. 1:1 following as per care plan	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
DAY34985	02/02/2026	01/02/2026	10 inpatients - Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlicen. administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM PERSONAL CARE IN HER BEST INTEREST IN PROPORTION TO THE RISK OF SERIOUS HARM IF MEDICAL CONDITION IS NOT TREATED (ETHETER AND BLOOD)	MCA paper work has been reviewed	None required	None required	None (no harm caused by the incident)	Closed
DAY34991	02/02/2026	02/02/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		NEW NG tube fitted and Bridled. NG Feed given as per care / treatment plan	PAVA team-planned and Safe holds implemented to administer feed.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
DAY34992	02/02/2026	01/02/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Supine (face up)		service user was not to see or hear each other however in the service user attempted to self harm via head banging. initially the service user was sat on her bed after feed and began to bang her self in the head. The service user then put her self to the floor and head butted	PAVA team-called, safe holds implemented in supine position as service user was already on the floor already headbanging.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DAY35006	02/02/2026	02/02/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was restrictive to NG feed	patient had to be restrained in a seated position on the pod	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
DAY35023	03/02/2026	03/02/2026	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Standing		Patient X was asked to grow his phone to keep in the safe keeping of the hospital as the ward was full. Patient X was reluctant to hand over his phone as has been making threats and has been sending explicit images through social media. A team was called in to support because of the history of the patient. Patient was asked to hand in the phone but he did not take this well and he began to escalate in his level of resistance which was not successful. He made threats that he would assault the staff and made statements like call the police I don't care, I want to go to prison. Patient then jumped on to one of the staffs punching bags and began to punch and kick the punching bag. The patient was extremely combative and resistive it was hard for the team to have him in holds. With a lot of resistance, he was held in PAVA holds on the floor. Whilst in holds he spat on different staff and attempted to assault staff members and made verbal threats that he will assault the staff members and he will be finding and going to assault them.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. MDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult residents.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DAY35029	03/02/2026	03/02/2026	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitat. nonagonistic (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient was placed

GHO35101	05/02/2024	05/02/2024	0	HOT	Selwyn Care (Edward House), Horton Lane, Gloucester GL4 0ED	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold clinical RT clinical hold in bed in order to reduce risk of patient coming to accidental harm by struggling or practice nurse attempted to take bloods. HOT staff took rapid control of patient while implementing the clinical hold as advised by supporting team and Historic Physical interventions documented in clinical notes. HOT staff implemented seated clinical hold on patients bed. Held implemented for the shortest amount of time using least restrictive holds possible. Patient did become anxious however relaxed once butterfly needle was in arm. Patient calmed and	12 - Prevent a patient causing serious physical injury to themselves by accident		None required	None required	None (no harm caused by the incident)	Closed
GHO35103	05/02/2024	05/02/2024	0	HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.			None required	None required	None (no harm caused by the incident)	Closed
GHO35104	05/02/2024	05/02/2024	0	HOT	Selwyn Care (Edward House), Horton Lane, Gloucester GL4 0ED	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold seat with patient in order to prevent him form coming to accidental harm by jerking his arm whilst nurse was performing a phlebotomy Procedure. Clinical hold implemented by HOT staff after conversation with nurse and staff around proportionality of holding. Held implemented for the shortest amount of time and proportionate force was			None required	None required	None (no harm caused by the incident)	Closed
GHO35105	05/02/2024	05/02/2024	0	HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical hold in order for bloods to be taken safely in patients best interest			None required	None required	None (no harm caused by the incident)	Closed
GHO35106	05/02/2024	05/02/2024	0	HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.			None required	None required	None (no harm caused by the incident)	Closed
GHO35107	05/02/2024	05/02/2024	0	HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical hold in order for bloods to be taken safely in patients best interest			None required	None required	None (no harm caused by the incident)	Closed
GHO35108	05/02/2024	05/02/2024	0	HOT	Selwyn Care (Edward House), Horton Lane, Gloucester GL4 0ED	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold carried out in Patients best interest decided prior to hold by Practice nurse and Staff in order to reduce risk of Patient accidently injuring himself during Phlebotomy treatment. HOT staff implemented seated clinical hold for the least amount of time using only proportionate force.			None required	None required	None (no harm caused by the incident)	Closed
GHO35111	05/02/2024	05/02/2024	0	HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical hold in order to safely take bloods in patients best			None required	None required	None (no harm caused by the incident)	Closed
GHO35119	05/02/2024	29/01/2024		Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Non-standard hold	Standing	Patient was assessed standing in the communal area trying to support her with mobility (she was previously in a needed Act to reduce very high falls risk). Patient approached one female staff member and grabbed on to her shoulder and pushed her, required PBM on this arm to reduce harm to staff. She then did a similar thing to another female staff member.	2x PRN holds used		Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHO35122	05/02/2024	05/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.	pod and leg cushion used. 1:1 following as per care plan.		Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO35124	05/02/2024	05/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		patient was due for his depot medication today. When staff approached patient about this they became very confrontational, getting close to staff and repeatedly saying "no". PMVA assistance called. Staff attempted to reason with patient and explain the importance to convey the message for nearing the medications, patient continued to say "no", and would not allow staff to administer the depot. patient was then placed in seated holds, they kept trying to stand up and were guided back down. Patient was then taken to the clinic room for depot administration under restraint. PMVA held seated approximately 2 minutes or less. patient then came out into communal areas, requested for a cigarette and then used bongs to the courtyard to smoke. Patient then requested to go to the shop to get	No concerns at present. Mary Dr aware of PMVA.		Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHO35131	05/02/2024	05/02/2024		Watton Lawn- Priory Ward	Watton Lawn- other outside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		patient was taken out to the garden and some fresh air. This was agreed. At 17:26 patient tried to leave the hospital, when stopped by staff patient became aggressive. Patient was then taken back to the ward, used to bring them back into the ward at 17:28. Once back on the ward patient was taken to bedroom, in which they threw his tobacco packet and lighter at MHP . patient was left to de-escalate in bedroom. patient later came into communal areas and requested for cucumber which was given at 17:37.	1:1 requested and given		brought back to ward and accepted PRN at his request	N/A	None (no harm caused by the incident)	Closed
GHO35140	06/02/2024	06/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva needed for administration of NG feed.	pod and leg cushion used. 1:1 following as per care plan.		Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO35170	06/02/2024	06/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Peristeen was due for NG feed Provided feeds on holds and pod cushion. During the entire procedure staff engaged with the patient and after the procedure provided 1:1 .given regular medication. Followed actions as per care plans .given debrief.		Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO35178	06/02/2024	06/02/2024		Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		the patient was uncooperative and resistive with taking bloods. as discussed with the MDT team ward consultant nurse in charge and the ward manager the use of PBM for the safe taking of the bloods.	PBM implemented for the safety of the patient and staff the use of PBM clinical seated hold for bloods. bloods taken data completed ward manager in charge informed ward consultant informed. a doctor was present at the time and they		No actions the correct actions were taken as per policy.	None	None (no harm caused by the incident)	Closed
GHO35187	06/02/2024	06/02/2024		10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Prevent the patient exhibiting extreme and prolonged overarousal	Unplanned	PBM (physical intervention)	Seated (other)		Patient was out in the community and was using a public restroom when he became aggrieved. the patient was supported out of the restroom using PBM and was escorted to the vehicle in a seated hold. The patient attempted to kick staff. Once at the vehicle, the patient was released to get into the vehicle, the patient started kicking staff, spitting and damaging the vehicle. Staff had to continue with the restraint holding both his arms and allowed the middle seat to be put back on to re-apply another to manage his	As part of the care for the patient it was important to get back to the unit as soon as possible, therefore two members of staff continued to hold his arms and released them after he was asked whether he had calmed down and was compliant with staff. On the arrival at the unit the patient banged the door s in so unit a few times and then settled down.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis.	None (no harm caused by the incident)	Closed
GHO35192	06/02/2024	06/02/2024		Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient attacked staff and assaulted 3 x members of staff was placed in holds and escorted to bedroom	Patient placed in holds escorted to bedroom RT medication given	RM Statement reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBI plan reviewed. MDT review. Medication review.	The importance of PBI plans to identify early warning signs and avoid an escalation. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHO35193	06/02/2024	06/02/2024		Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was escorting verbally aggressive picked up a chair and started to bang chair against window	patient placed in holds and was escorted to bedroom	PBI plan reviewed. Medication review.	The importance of PBI plans to identify early warning signs and avoid an escalation. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHO35207	07/02/2024	07/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service users nasogastric feed was administered, as members of staff utilised PMVA holds and provided verbal reassurance as the nasogastric feed was administered.	PMVA holds were utilised by the members of staff as the nasogastric feed was administered, verbal reassurance was provided and service user has been supported on a 1:1 observation and escorted for a walk on case plan.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35213	07/02/2024	05/02/2024		Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient exhibiting extreme and prolonged overarousal	Planned	Other form of physical intervention	Assisted support		Patient was very distressed and declined her medication. She then continually talked about not having her medication but continued to decline. She became distressed and her speech was repetitive.			The correct actions were taken at the time of incident.	None.	None (no harm caused by the incident)	Closed
GHO35229	07/02/2024	07/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feeding, NG tube need to be inserted prior to feeding. Called planned PMVA	30+ plain Wrexham, 1:1 after feed, debrief during walk, regular medications given.		Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35237	07/02/2024	07/02/2024		Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient exhibiting extreme and prolonged overarousal	Unplanned	PMVA (physical intervention)	Standing		Pt became verbally and physically hostile and aggressive, he pushed staff very hard (this another patient) and was posturing in a very aggressive manner. Screaming and shouting at staff. Refusing to go into his bed room to calm down.	PMVA used and RT Lorazepam 2mg given. Doctor informed to review but declined to engage.		Risk of violence acknowledged. Nursing staff supported patient to prevent harm to themselves or staff.	Risk acknowledged, care plans in place to support patient.	None (no harm caused by the incident)	Closed
GHO35255	08/02/2024	08/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her naso gastric tube feeding.	30ml was had on bolus, with the help of a PMVA pod cushion was used. She was not resistive during the feed. 1:1 was continued for 2 hours after the feed. Escorted for a walk after wards. Administered		Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35258	08/02/2024	08/02/2024		Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	Other form of physical intervention	Assisted support		Patient distressed trying the front door started to hit the door with her walking frame.	Staff prompted her from hitting the door by holding the frame. Staff utilised distraction techniques and patient was redirected to the ladies lounge to give them the		No actions required as the policy was followed.	none required.	None (no harm caused by the incident)	Closed
GHO35263	08/02/2024	08/02/2024	0	HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to NOK, how the procedure would take place and what monitoring would be used to safe guard the patient.		None required	None required	None (no harm caused by the incident)	Closed
GHO35266	08/02/2024	08/02/2024		Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient A was in the communal area and he was verbally abusive to Patient B. Patient A called Patient B a "fucking cunt" and was swearing at him and asked him to stop talking like. Patient A then threw a bowl of cereals into the face of an HCA. Therefore he was escorted to bedroom in PMVA holds.		Risk assessment reviewed. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBI plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHO35272	08/02/2024	08/02/2024		Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Supine (floor up)		Patient A was escorting in the communal area and started making threats. Continues to be high profile and pushing boundaries and threatening the team in the ward and a decision was made by the medical team to administer PRN medication due to severity of the violence. Patient was not cooperating with the administration of medication so a team was called to support the PMVA. Patient was put in PMVA holds supine positive as he was resistive and combative.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBI plan reviewed. MDT review. Medication review.	The importance of PBI plans to identify early warning signs and avoid an escalation, this preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHO35280	08/02/2024	08/02/2024		Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was showing escalating behaviours throughout the morning shift. Threw clothes and bags out of the room and shouting and showing aggressive behaviours. Tried to redirect him but, not engaging and refusing nursing interventions. Called planned PMVA around 14:50 and given 2 mg IM. Patient was then walked and went to shower and turned the shower on. Offered Oral medication lorazepam and promethazine which he declined so RT IM was given @ 14:54. The PMVA team were called again for this at around.	Called planned PMVA around 14:50 and given 2 mg IM. Risk of violence acknowledged, staff supported patient accordingly.		Care plans in place to support patient, risks acknowledged.	None (no harm caused by the incident)	Closed
GHO35293	08/02/2024	08/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed.	The patient was held on nasogastric feed to facilitate their nasogastric feed.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35306	09/02/2024	09/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PBM (physical intervention)	Assisted support		patient was attempting to damage the environment	Staff carried out an assisted support to their bedroom where patient was held in MDT. Changes to care plans are made via the MDT and in responses to changes in behaviour.		No lessons learnt, these behaviours are well-documented by this patient and staff acted appropriately and proportionately using correct techniques.	None (no harm caused by the incident)	Closed
GHO35308	09/02/2024	09/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Patient was due for NG feed. Provided feeds on holds and pod cushion. During the entire procedure staff engaged with the patient and after the procedure provided 1:1 .given regular medication. Followed actions as per care plans .given debrief while on walk.		Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35315	09/02/2024	09/02/2024		Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		Staff attempted to deescalate and negotiate with patient to go to bed. Planned PMVA team organised Other Wards offered patient and RT declined Staff entered bedspace to place in holds Patient attempted to attack staff. PMVA holds applied patient in holds on pod RT IM Promethazine 50mg @ 05:40 and RT IM lorazepam 2mg @ 05:50 administered Staff attempted to transfer and release holds, Patient renewed agitated and attempted to attack staff again. Holds reinstated.	Debrief PMVA team. Patient declined physical obs. Post incident observations completed RD template uploaded to RiO	Staff used nursing interventions to safeguard patient and staff from harm.	Care plans in place to support patient, risk acknowledged.	None (no harm caused by the incident)	Closed
GHO35320	09/02/2024	09/02/2024	0	HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.			None required	None required	None (no harm caused by the incident)	Closed
GHO35355	09/02/2024	09/02/2024	0	HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.			none required	none required	None (no harm caused by the incident)	Closed
GHO35357	09/02/2024	09/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Patient was due for NG feed. Provided feeds on holds and pod cushion. During the entire procedure staff engaged with the patient and after the procedure provided 1:1 .given regular medication. Followed actions as per care plans .given debrief while on walk.		Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35358	09/02/2024	09/02/2024	0	HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to clean and redress ulcerated legs			none required	none required	None (no harm caused by the incident)	Closed
GHO35365	09/02/2024	09/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for NG feed.	Patient was due for NG feed. Provided feeds on holds and pod cushion. During the entire procedure staff engaged with the patient and after the procedure provided 1:1 .given regular medication. Followed actions as per care plans .given debrief while on walk.		Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35470	11/02/2024	13/02/2024	0	HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the paid carers, how the procedure will take place and what monitoring would be used to safe guard the patient.		None required	None required	None (no harm caused by the incident)	Closed
GHO35482	13/02/2024	13/02/2024	0	HOT	Pullman Place 10	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the N.O.K, how the procedure will take place and what monitoring would be used to safe guard the patient. The mop paperwork was reviewed and copies given to the carers.		None required	None required	None (no harm caused by the incident)	Closed
GHO35484	13/02/2024	13/02/2024		10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Was restrained by staff so that the physical health paramedic could give the laceration on his head.			Staff have been trained to carry out a clinical hold in order to safely support individuals that may lack capacity or understanding of the support required and the consequences of not having the technique completed. This is done as a last resort and under the least intrusive, all the least restrictive options were tried prior to using this technique	MDT discussion. Review of treatment. Review of risk assessment and care plans.	None (no harm caused by the incident)	Closed
GHO35485	13/02/2024	13/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva needed for administration of NG feed.	POD and weighted blanket used.		Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35492	13/02/2024	13/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Self injurious behaviour (SIB)	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Seated (other)		patient was found to be headbanging in room. Upon entering patient was sat with their back against the window and legs crossed leaning on bed. patient was hitting the back of head against the window grate. De-escalation attempted but unsuccessful. our phones were requested by patient and staff removed them from the wall. Attempted to engage in conversation and offered patient to go from bedroom to another area, as this has previously worked well in these situations. patient sat on her bed, looking at the floor and refused to engage with staff. Patient refused to engage and left the room but waited outside. Within approx. 2 minutes patient started headbanging against the wall with the back of head. Staff entered room, removed our phones, and moved patient away from the wall using PMVA holds. patient sat in holds for a short period of time before then stopped headbanging and was released from holds. Patient then asked if they would like to move to the	Care plan followed Vitals 1:1	n.a	None (no harm caused by the incident)	Closed
GHO35494	13/02/2024	13/02/2024		Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Supine (face up)		Patient has been observed using communal sink to urinate and appeared distressed when consistently requesting to urinate in that. Due to criticism risk of UTI and staff concern for patient's well being a decision was made to use PMVA holds to escort patient to their room. RT was administered and blood test completed in holds due to concerns surrounding dehydration. It was decided as part of MDT that the blood test was in his best interests due to health	RT administered. Blood test completed. Post RT observations completed.		Debrief for patient. Debrief for staff. Staff ensured patients comfort in their bedroom. Discussion during handover.	MDT discussion. Review of treatment. Review of risk assessment and care plans.	None (no harm caused by the incident)	Closed
GHO35506	14/02/2024	14/02/2024		DMT Cots & Vans	Robert Maxwell 028 suite	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Precautionary hold		Patient elevated in mood, labile, chaotic, prescribed Lorazepam IM - had opat requested water at staff earlier.	handcuffed, still in police cars. Duty Doctor prescribed Lorazepam 1mg given IM to Left thigh through clothing with three staff present and having hands on. Patient was monitored for a period of 30 minutes. No Lorazepam and not Nitrazidine (she is known to have an allergy to Morphine) she agreed to it being given. Respiratory rate maintained and observed randomly face to face and/ or via CCTV. Duty doctor paged to review, scanned concerns for physical health, swelling, rash.	Risk assessment review Debrief for staff	None	None (no harm caused by the incident)	Closed
GHO35511	14/02/2024	14/02/2024		Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		* sexually disinhibited/responding and masturbating in communal areas	Verbal intervention attempted, removed from communal areas to ens	PBI plan reviewed. Medication review.	Patient exhibited inappropriate behaviour on the ward. None identified.	None identified.	None (no harm caused by the incident)	Closed
GHO35512	14/02/2024	14/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user's nasogastric feed was administered at approximately 08:30 this morning. As the service user was being fed by the nasogastric feed pump, two members of staff utilised PMVA holds as the nasogastric feed was administered. The service user presented as upset and distressed before and during the administration of the nasogastric feed, however, they did respond well to verbal reassurance and	No members of staff utilised PMVA holds as the nasogastric feed was administered, verbal reassurance and de-escalation also appeared to work to good effect. Service user's 1:1 observation was continued post nasogastric feed as per care plan and service user also utilised a walk with staff to the local	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35520	14/02/2024	14/02/2024		DMT Lorien 1135 c136	Robert Maxwell 028 suite	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Clinical hold (seated)		pt restrain to administer rapid tranquillisation.	Offered oral medication - declined. PMVA team called. IM RT administered.	No action taken. Situation handled well at the time of the incident in line with Maxwell Suite protocols.	No lessons learnt, situation managed well and proportionate. From review of notes patient received appropriate treatment at time of incident.	None (no harm caused by the incident)	Closed
GHO35536	14/02/2024	14/02/2024		Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed. But the patient came out of the bedroom and was trying to leave the ward to avoid the feed.	The staff had to escort the patient back to their bedroom as PMVA holds, later utilised the POD and cushion to facilitate the NG feed.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHO35539	14/02/2024	14/02/2024		Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was offered his prescribed oral medication. Patient refused medication so PMVA holds were used and taken to the unit ED. 1 x 5mg 100mg Zuclopenthixol acetate injection,100mg Zuclopenthixol decanoate and 2mg lorazepam.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBI plan reviewed. Medication review.	The importance of PBI plans to identify early warning signs and avoid an escalation, this preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHO35543	14/02/2024	14/02/2024		Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was found standing in the bedroom on entering the room the patient was found to be banging their head against the wall. staff attempted to distract the patient using verbal techniques ,but unfortunately this was unsuccess

GH03589	16/02/2024	16/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmoa required for administration of NG feed.	pad and weighted blanket used.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GH03599	16/02/2024	16/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient requiring support with personal care, had not had a bath/shower for several days and was not. Patient was grown, and not accepting support for a wash.	Patient given some PAN, started pantry of protection but kept leaving the bathroom, very disorientated. Patient placed into PBM holds and supported to bath then Holds released when in chair. When in bath, patient was not able to follow instruction and required full support. When out the bath, patient required holds again as they could dry and dress him, as he was trying to leave the bathroom. PBM required 2 staff for holds, and 2s for support and reassurance.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GH03651	16/02/2024	16/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Patient began to display his early warning signs – growling loudly, hit a cup off a staff member's face and started to shadow box towards staff. Decision to offer Proactive use of PBM	Patient threw the tablets and requested IM instead. This requires use of precautionary holds so became IM administration.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBM plan reviewed. Medication review- discussion had around PRN IM medication as per the patients request.	None identified.	None (no harm caused by the incident)	Closed
GH03626	17/02/2024	17/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her Nasa-gastric tube feeding. Called planned PMVA, seated on pad and weighted blanket was used.	She was held on holds. Care plan followed after the feed, 1:1 and escorted for a walk, debrief. Due medications given	Care Plan followed 1:1 debrief during escorted walk as per care plan	n/a	None (no harm caused by the incident)	Closed
GH03647	17/02/2024	17/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Prexasaturnus hold		Patient A been prescribed a dass of Acuphase which was due to be administered via intramuscular. Staff staffed a team to assist with this, staff was also to talk with patient A in they mother tongue explaining the process which they were expecting of IM was administered in the thigh - left side, with two staff holding the patient in place. No resistance or harm, no resistance from patient A. Reassurance and support given following. Physical observations to be completed going forward as per policy.				None (no harm caused by the incident)	Closed
GH03641	17/02/2024	17/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was restrained, reassurance given, redirected to toilet but became increasingly distressed	Staff utilised PBM holds to assist to support with personal care	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GH03646	18/02/2024	18/02/2024	Watton Lawn- Willow Ward	Watton Lawn- arfter suicide	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Prexasaturnus hold		Patient asserted down to courtyard for smoking, happened unbeknownst to him/Chris. Put himself on the ground on his knees.	Staff utilised PMVA low level holds to assist to stand up and supported walking back to the ward. Physical obs completed. News score 2 for raised Pulse 113	reviewed by doctor and physio no further concerns	N/A	None (no harm caused by the incident)	Closed
GH03650	18/02/2024	18/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was incontinent, declined to change himself as staff support. Attempted several time but declined due to high confusion.	PBM given, patient was disorientated and so spat this out. Planned PBM utilised to complete basic personal care	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GH03651	18/02/2024	18/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient had been incontinent. Extremely disorientated and could not accept support or follow instructions, putting himself at risk of developing skin concerns	PBM techniques implemented removal from the front by nurse in charge informed data completed entered on PC	The correcte actions were taken at time of incident. Staff were debriefed to by the team and he says he will not do it again.	Staff to monitor his behaviour and use alternative techniques to establish if the situations can be prevented.	None (no harm caused by the incident)	Closed
GH03657	18/02/2024	18/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient shattering in communal areas because the internet was down and could not accept this, he was then redirected to his room. At 15:40 - PBM Patient became verbally abusive and threatening and invading personal space, he was even threatening to hit staff. Patient re-directed to his room where he was offered prn. And continued to escalate, getting in the doorway and shouting at staff, spitting and swat staff. Declined prn despite several prompts. PMVA team called and was restrained in seated position on the bed. Squad was overbalance, attempted to headbutt and was spitting at staff. Squad was also targeting particular staff members. Squad was given RT medication when no response. Staff members were then informed that he was sedated. Staff were informed to remain in his room to collect for 30 mins in his room before returning to communal areas immediately. Squad left his room and came to the office where he continued to target particular staff member and spat at them in the face. Squad was once again put in PMVA holds and escorted to his bedroom where he remained in holds until he settled. After	RT administration Psychiatric emergency PMVA holds De-escalation techniques.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBM plan reviewed. MDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	Low (minor harm, e.g. takes up to a month to recover)	Closed
GH03662	18/02/2024	18/02/2024	Gloucestershire Royal Hospital	10 Inpatients - Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Non-standard hold	left leg hold	Clinical hold to support phlebotomy.	left leg held	none required	none required	None (no harm caused by the incident)	Closed
GH03668	18/02/2024	18/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Safe holds implemented to administer NG Feed as per care plan.	NG FEED Administered.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GH03670	18/02/2024	18/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was on PMVA holds for planned NG feeding.	Service user on PMVA holds, seated on pods with cushion supported on legs. Reassurance continued throughout out the procedure.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GH03699	19/02/2024	19/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Clinical hold (seated)		Safe holds implemented for administration of NG FEED	NG feed administered.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GH03727	19/02/2024	19/02/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient was aggressive requiring PBM to remove to her bedroom to deescalate	Taken to her room to deescalate and given syrucopam	All actions were correct. The patient remains aware of her behaviours and different techniques may have to be used again.	None	None (no harm caused by the incident)	Closed
GH03731	19/02/2024	19/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was resistive to having their NG feed	Patient was restrained in a seated position on the pad with the pillow over their knees.	Care Plan followed 1:1 debrief during escorted walk as per care plan Non-touch ala completed	N/A	None (no harm caused by the incident)	Closed
GH03734	19/02/2024	19/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient needed admission bloods	Doctor and NIC organised PBM for clinical need. Bloods taken. Patient checked	PBM team have reviewed patient 23/02/24 and advised a plan for personal care Cons. Dementia Nurse aware and will be reviewing for case discussion etc.	NA	None (no harm caused by the incident)	Closed
GH03737	19/02/2024	19/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Male patient came down to the communal lounge around 22:50 half undressed, he was upset but not able to say why and began shouting at staff. He then removed his clothes, left the unit and was last seen by the CCTV outside of the unit.	Assisted back to his room using PBM Apparent to de-escalate afterwards	Datix completed incorrectly, staff will be given support Now corrected by management	NA	None (no harm caused by the incident)	Closed
GH03756	20/02/2024	20/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was on PMVA holds for planned NG feeding.	Service user on PMVA holds. Reassurance provided through out the procedure.	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GH03762	20/02/2024	20/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold for phlebotomy and to administer Depot to patient. Patient accepted Depot to left deltoid without incident however became distressed while Phlebotomy procedure was being carried out. Procedure stopped at earliest opportunity, Held broken and staff attempted to move away. Patient escalated she attempted to assault care staff by kicking out at them while holding their clothing. HCP staff implemented clothing grab breakaway to safely disengage (no injuries to staff or patient) and then attempted to grab HCP staff who also retreated towards kitchen. Two staff members were caught in corridor outside of kitchen and implemented breakaway to safely exit, which was lobbed. Implemented Clothing grab breakaway x2 then a standing removal in order to assess kitchen. HCP staff then left kitchen at earliest opportunity as	HCP staff left provider as soon as possible to help patient de-escalate. Phone call to provider when returned to office Patient had now calmed Blood which had been bleeding from Phlebotomy site was reported as having stopped at this time 12:40	None required	None required	None (no harm caused by the incident)	Closed
GH03768	20/02/2024	20/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was resistive to NG feed	patient was restrained in a seated restraint in the pad	Care Plan followed 1:1 debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GH03775	20/02/2024	20/02/2024	Watton Lawn- Swan Ward	Self harm / Self injurious behaviour (SIB)	Self harm / self injurious behaviour (SIB) - Incidental	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient heard headbanging Staff went to de-escalate and utilising coping strategies Patient stopped headbanging Staff continued to prompt to walk towards bed and continued verbal de-escalation Patient sat on bed and arm holds utilised Patient shouted and swears at times Patient refused RT Oral	Holds, observations an management plan reviewed Long term risk of self injury identified Care plans in place to minimise harm to patient Planned CRD and swashing accommodation Duty Dr informed	Care plans and RT protocol followed by staff		Low (minor harm, e.g. takes up to a month to recover)	Closed
GH03781	20/02/2024	20/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		PBM held due to assisting with personal care. Patient was doubly incontinent.	PBM techniques used in order to do personal care.	PBM team have reviewed patient 23/02/24 and advised a plan for personal care Cons. Dementia Nurse aware and will be reviewing for case discussion etc.	NA	None (no harm caused by the incident)	Closed
GH03784	21/02/2024	20/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (bed)		Patient was noticed to be incontinent of faeces, xx assisted to his bedroom to facilitate change.	Due to physical strength of patient, he was assisted onto his bed in order to change/clean him, 3 staff holding, 1 washing.	PBM team have reviewed patient 23/02/24 and advised a plan for personal care Cons. Dementia Nurse aware and will be reviewing for case discussion etc.	NA	None (no harm caused by the incident)	Closed
GH03785	21/02/2024	21/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient restive to NG feed	patient had to be restrained in a seated restraint in pad with the pillow on the patients lap.	Care plan followed 1:1/debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GH03800	21/02/2024	21/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Unplanned	PBM (physical intervention)	Seated (POD used)		clinical hold performed on patient for bloods, 2 staff on arms and 2 on legs, pad used.		None required	None required	None (no harm caused by the incident)	Closed
GH03801	21/02/2024	21/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical second held on a patient in his best interest in proportion to the risk of serious harm a undersood medical condition is not treated	It was explained to the yard carer, how the procedure will take place and what monitoring would be used to safe guard the patient. The mca paper work was reviewed and copies given to carers	None required	None required	None (no harm caused by the incident)	Closed
GH03802	21/02/2024	21/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Pad used and clinical hold to obtain bloods from patient.		None required	None required	None (no harm caused by the incident)	Closed
GH03803	21/02/2024	21/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold used to obtain bloods from a patient		None required	None required	None (no harm caused by the incident)	Closed
GH03804	21/02/2024	21/02/2024	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical hold in order for bloods to be taken safely, in patients best interest.		None required	None required	None (no harm caused by the incident)	Closed
GH03805	21/02/2024	21/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Seated (POD used)		Planned clinical hold provider were unable to obtain patient became distressed when staff attempted to take bloods from his right arm but calmed when they took bloods from his left.		None required	none required	None (no harm caused by the incident)	Closed
GH03806	21/02/2024	21/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Staff held patient for least amount of time possible and released upon patient being settled.		None required	None required	None (no harm caused by the incident)	Closed
GH03807	21/02/2024	21/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		clinical hold used to obtain blood from service user.		None required	None required	None (no harm caused by the incident)	Closed
GH03811	21/02/2024	21/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient glazed into precautionary holds to administer prescribed medication. Patient offered depot however declined. Patient was held in a seated hold on the ICA sofa and legs were held as a precaution. Patient accepted medication and was not resistive in holds.	Depot medication administered.	Information provided to the patient around oral medication to avoid further incidents of IM being administered.	None identified.	None (no harm caused by the incident)	Closed
GH03812	21/02/2024	21/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their NG feed.	The patient was held on PMVA holds to facilitate their NG feed	Care plan followed 1:1/debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GH03822	21/02/2024	21/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Approx. 1600 patient came up to the ward doors and began throwing plates to the ground, patient then pushed past staff to get out the doors; patient was then restrained by staff and taken to the floor. Holds were used to stop them running down the corridors. patient then placed themselves on the floor, de-escalation was attempted and holds released. patient then got back up and attempted to run down the corridor, pmva holds used to bring down		Staff followed prosss	N/A	None (no harm caused by the incident)	Closed
GH03826	21/02/2024	21/02/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Patient escalated quickly thinking that a visitor had arrived to collect him, he was then redirected to his ward and stood up walking towards the visitor very distressed.	Staff tried to reassurat the patient with no effect. Staff had to implement PMH techniques to stop patient from approaching visitor.	The actions taken were all correct at the time no further actions.	None required.	None (no harm caused by the incident)	Closed
GH03827	21/02/2024	21/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		The patient became agitated and started to run off from the ward. When the staff tried to verbally de-escalate the patient, he started screaming and put himself on the floor.	PMVA team called. Escorted the patient back to their bedroom on holds.	Staff followed prosess	N/A	None (no harm caused by the incident)	Closed
GH03828	21/02/2024	21/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient was undergoing personal care when suddenly looked as though he needed the toilet. Staff staff encouraged him into a communal toilet and tried to encourage him to sit on the toilet. Staff attempted to left him that they would like to check is pad, but patient was unresponsive to this and was unsure of what he was trying to do and when they wanted to do it, he is not understand and started trying to remove	Ward staff decided that it was in his best interests to use PBM holds to investigate whether the patient needed the toilet or was soiled and to support him to the toilets. He was found not to have a pad on but his trousers were down and dry. The patient was assisted to put on a fresh pad and holds were released, and the patient walked out of the toilet as soon as the holds were released.	PBM team have reviewed patient 23/02/24 and advised a plan for personal care Cons. Dementia Nurse aware and will be reviewing for case discussion etc	NA	None (no harm caused by the incident)	Closed
GH03830	21/02/2024	21/02/2024	Okler LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical second held on a patient in his best interest in proportion to the risk of serious harm a undersood medical condition is not treated	It was explained to the yard carer, how the procedure will take place and what monitoring would be used to safe guard the patient. MCA paper was reviewed and copies given to carer.	None required	None required	None (no harm caused by the incident)	Closed
GH03831	21/02/2024	21/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user on PMVA holds for the planned NG feeding.	Weighted blanket used to support legs as per service users request. Reassurance provided through out the feeding. Administered NG feeding successfully with very minimal distress.	Care plan followed 1:1/debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GH03837	21/02/2024	21/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Assisted support		The patient was appeared to be quite agitated and confused during personal care. He did not understand staffs instruction. He was trying to leave the bathroom several times.	PBM team have reviewed patient 23/02/24 and advised a plan for personal care Cons. Dementia Nurse aware and will be reviewing for case discussion etc			None (no harm caused by the incident)	Closed
GH03850	22/02/2024	21/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PBM (physical intervention)	Assisted support		Patient was escalating, being abusive towards staff and disrupting the ward environment.	Staff felt they needed to go to their room to calm down, patient refused so holds were used.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GH03851	22/02/2024	21/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient A come out of his MDT frustrated at the outcome and began to throw large tub chairs around communal areas. PMVA holds utilised and patient taken to their bedroom, patient was resistive throughout, holds initially used on the bed however situation unmanageable so the pad was used, long PMVA holds used. Patient continued to escalate, PMVA holds continued until patient was able to somewhat calm in order to get fresh air in the ward garden.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GH03852	22/02/2024	21/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient throwing chair in the visitors room with fancy flowers missed on HCA.	he was placed into precautionary holds and removed to the ICA. He was placed on the POD in a seated restraint. He further went on to tuk a cup of water from HCP hand so lay cushion used.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GH03853	22/02/2024	21/02/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Standing		Patient had been choosing to sleep in the ICA instead of their bedroom however the ICA was needed to be used for purpose and therefore patient asked to leave the ICA. Patient accepted but wanted to return to the ICA to collect his belongings, staff advised he couldn't enter due to it emergency with another patient. PMVA holds required to redirect patient from		Patient was directed to their bedroom as the ICA could be used.	To keep the ICA locked when not in use.	None (no harm caused by the incident)	Closed
GH03863	22/02/2024	21/02/2024	Pullman Place LD Inc	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold utilised in order for patient to safely have bloods taken. Patient in wheelchair, chairs put either side for hold.	Planned procedure	None required Staff debriefed with each other and manager when arrived back	None	None (no harm caused by the incident)	Closed
GH03872	22/02/2024	21/02/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves by overdose	Planned	PBM (physical intervention)	Assisted support		Patient was highly agitated and started shouting "I want to take a knife and kill him" Patient was to the ICA where he attempted to take a knife from the knife handle. Staff tried to distract her. She would not let go off the door handle Staff untangled her finger from the door handle.	PBM technique was used to take her to her bedroom. Patient then laid down on her bed staff spent time talking to her	None required as all actions taken were correct.	None required.	None (no harm caused by the incident)	Closed
GH03876	23/02/2024	23/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient had been incontinent of faeces. He did not understand staffs instruction. He was trying to leave the bathroom several times.	Ward HCAs directed Patient back to the room. Staffs utilised PBM arm holds, while another HCA removed Patient's old pad and trousers. It was found to contain faeces. The forth HCA prepared the new pad and ready for wash. Nurse provided Patient with verbal reassurance and prepared cleaning materials. Patient was also given a strip wash and fresh pad and trousers were put on. Patient was resistive and trying to escape the holds throughout the process.	Managed appropriatrly	NA	None (no harm caused by the incident)	Closed
GH03877	23/02/2024	22/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Non-standard hold	Patient is very strong and moving around a lot, so staff were trying to hold him when they left the room. In part, there was a staff member either side holding arms kept moving, so was not able to use standard hold. 1 other staff member was in the doorway to stop Patient leaving whilst standing to lift them up for staff/towels Patient was not in constant hold as it is not safe for him and best thing to do to minimise distress is release holds when possible (e.g. when pad is on) Release holds whilst staff get trousers, release holds when patient wanted to sit on toilet etc.)	Patient was holding trousers, so staff asked if he needed the toilet, to which he responded yes. When in the toilet, urinated on the floor and became very visibly frightened when staff tried to assist.	Staff called for extra support - 4 members of staff involved in total. Patient was agitated and stared throughout, despite staff trying different methods of calming him down (e.g. one person in front explaining clearly and calmly, this did work briefly but only for a few seconds, then he was distracted by something else) Patient was in non-standard holds, he was able to break free from standard personal care holds due to his strength. Staff were able to put on a wraparound pad, which was then secured with PBM holds, patient was then assisted standing to lift up his legs in turn for a pull up pad and trousers, patient remained extremely anxious and agitated throughout, grabbing at staff. Wife arrived on ward during this, and so was distracted by her, and then was calm immediately after, as is usual for him. PBM Team have been emailed and they are getting back to us with a plan for someone to come and assess/make a plan.	PBM team have reviewed patient 23/02/24 and advised a plan for personal care Cons. Dementia Nurse aware and will be reviewing for case discussion etc	NA	None (no harm caused by the incident)	Closed
GH03883	23/02/2024	23/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Due for NG feeding, called planned PMVA.	Patient was seated on pad, and weighted blanket was used, light holds applied. Care plan followed following feeds, 1:1, and debrief while walking.	Care plan followed 1:1/debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GH03889	23/02/2024	23/02/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves by accident	Planned	PBM (physical intervention)	Escort		Patient was in the shower room, half way through personal care, banging and slamming door, throwing facial matter at staff and smearing faecal matter all over the shower room wall and floor.	patient was safely removed from the shower room using PBM.	Risk assessment review Supervision with staff involved	N/A	None (no harm caused by the incident)	Closed
GH03912	23/02/2024	23/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) fee

GHC96971	27/02/2024	26/02/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient attempted to leave the ward Staff stopped patient Patient went to the communal lounge and appeared to stand there, not engaging with staff Staff asked patient if they wanted to go to bed Patient started headbanging Staff attempted to verbally de-escalate Patient stopped briefly then continued to headbang harder Police were called Placed on arms holds Staff continued verbal de-escalation Staff offered Oral RT, patient spared mouth, then spit the tablets out	Staff released holds Staff continued with verbal de-escalation and 1:1 support Physical observations taken Duty Dr informed	Mental state, risks and management plan reviewed Long term risk of self injury identified Care plans to be reviewed following incident Patient engaged in Self Harm Pathway on ward Patient CRD-awaiting accommodation	All necessary interventions implemented by staff	Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC96975	27/02/2024	27/02/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient A engaged in a verbal altercation with patient B initiated by patient A (patient B did not retaliate), continuously asking patient B "do you have a problem with me?" Patient A entered patient B's personal space, redirection attempted multiple times and boundaries implemented however patient continued. PMVA holds used to redirect patient A away from patient B due to its vulnerability. PMVA debrief at the end.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC96977	27/02/2024	27/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)			Provided beds on holds, used pads and weighted blanket. During the entire procedure staff engaged with the patient and after the procedure provided 1:1 given regular medication. Followed actions as per care plans, given debrief where on-wards.	Care plan followed 1:1debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC96988	27/02/2024	27/02/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Escort		Patient was escalating in presentation and required PMVA holds to redirect to bedroom.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC96997	27/02/2024	27/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		pmva required for administration of NG feed.	PCD and weighted blankeatet used.	Care plan followed 1:1debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC96116	28/02/2024	28/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		PMVA needed for administration of NG tube. NG tube needed to be cited, this caused the patient a lot of distress.	Lord and log cushion used.	Care plan followed 1:1debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC96118	28/02/2024	27/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (standing)		Patient become distressed during personal care.	Reassurance was unsuccessful and PBM was implemented to assomplish task.	Managed appropriately Staff reminded of care plan and to try to complete personal care in his bedroom where possible	NA	None (no harm caused by the incident)	Closed
GHC96126	28/02/2024	28/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		11:40 -Patient was in the visitors room using the telephone when he suddenly started to throw chairs. 11:42- headbanging in room. PMVA holds to intervene.	see notes for full report. duty dr informed awaiting to complete NEWS2 and neuro obs	1:1 and care plan followed xero obs and physical obs taken within range reviewed by doctor	N/A	None (no harm caused by the incident)	Closed
GHC96127	28/02/2024	28/02/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Standing		Patient was invading other patient and staff's personal space and aggressive manor and would not accept verbal de-escalation, staff attempted to ask patient to move away, patient became verbally aggressive toward staff and would not settle despite multiple attempts.	staff put patient in light holds, following the patients care plan and taken to bedroom. PBM offered	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC96135	28/02/2024	28/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient required personal care & was unable to consent to this &/or follow instructions.	PBM holds utilised to facilitate personal care	Managed appropriately Case discussion to be held 01/03/24 with Asst. Psychologist to formulate care plans	NA	None (no harm caused by the incident)	Closed
GHC96144	28/02/2024	28/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		Patient was restrained to member of staff to facilitate NG feed		Care plan followed 1:1debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC96149	28/02/2024	28/02/2024	10 HCIT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care / medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient phlebotomy - to her best interest in proportion to the risk of serious harm if ppnditon is not treated	MCA and best interest paper work was discussed and copies left with carers	None required	None required	None (no harm caused by the incident)	Closed
GHC96156	28/02/2024	28/02/2024	Montpellier Low Secure Unit	Montpellier Low Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was supposed to discuss his mail that was		Staff spent time with patient to understand the patient reservations.	Putting yourselves in the patients shoes'.	None (no harm caused by the incident)	Closed
GHC96159	28/02/2024	28/02/2024	10 HCIT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care / medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM CLINICAL SEATED HOLD IN HER BEST INTEREST IN PROPORTION TO THE RISK OF SERIOUS HARM IF UNDETECTED MEDICAL CONDITION IS NOT TREATED PROTECTIVE PROCOLIN	MCA AND BEST INTEREST PAPER WORK WAS LEFT WITH CARERS	None required	None required	None (no harm caused by the incident)	Closed
GHC96160	28/02/2024	28/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Escort		A male patient was refusing personal care and was sitting in a chair for a long time. He was disengaged and ignoring staff.	Patient was disengaging and was ignoring staff. Staff were concerned regarding pressure areas and incontinence. Therefore patient was escorted to toilet using safe PBM holds. Once he was in toilet he was	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC96165	28/02/2024	28/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient required personal care due to incontinence at (1102 & 2032)	Patient was supposed to receive some assistance from staff to attend to personal care, however patient urinated all over the floor, wife requested assistance so staff took over. PBM holds utilised to facilitate personal care as patient became highly agitated. 20:30 - PBM holds utilised to facilitate personal care	Managed appropriately Case discussion to be held 01/03/24 with Asst. Psychologist to formulate care plans	NA	None (no harm caused by the incident)	Closed
GHC96166	28/02/2024	28/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Patient was found to have been heavily incontinent of faeces, he had it all over his hands as well as clothing. Patient was resistive to personal care & became very aggressive.	PBM holds utilised to facilitate personal care	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC96170	29/02/2024	28/02/2024	10 HCIT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the paid carer, how the procedure will take place and what monitoring would be used to safe guard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC96171	29/02/2024	28/02/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Escort		Patient handed laptop to staff and then started charging towards staff to scratch and punch.	Staff removed him to his bed space using PBM. Staff then withdrew as patient kept charging towards staff.	Risk assessment reviewed. This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are maintained and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC96172	29/02/2024	28/02/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PBM (physical intervention)	Escort		Patient was throwing faecal matter at staff during personal care. patient started smearing faecal matter all over the shower room walls, banging and slamming door.	Patient was safely removed from the shower room to his bedroom using PBM.	Risk assessment reviewed. This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are maintained and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC96179	29/02/2024	29/02/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		Service users nasogastric tube was inserted, followed by the administration of the nasogastric feed. Six members of staff utilised PMVA holds as the nasogastric feed was administered due to multiple previous occasions where the service user has been violent and aggressive towards staff during nasogastric feed. On this occasion the service user did initially appear upset and distressed, however, they responded well to verbal reassurance and resistance to the administration of the nasogastric feed was not	Six members of staff utilised PMVA holds as the nasogastric feed was administered and verbal reassurance and support was offered throughout.	Care plan followed 1:1debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC96186	29/02/2024	29/02/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PCD used)		Patient was in the visitors room using the telephone when he suddenly started to throw chairs.	Staff entered visitors room and placed patient into preocutionary holds and moved to the ICA. Was placed into the PCD in seated restraint. Appeared to calm consistently on hold released. Patient walked to the PCD and was then escorted into the bedroom once and proceeded to damage the window. Placed back into holds and moved to the PCD. Once settled was able to leave however began to re-escalate in the garden so was moved to PCD. Once settled was able to be released to his bed until settled. Administered 1mg Haloperidol IM and 2mg Lorazepam during the incident.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. MDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of aggression. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHC96190	29/02/2024	29/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		At approx 10:30, ward staff found patient incontinent of faeces. He did not understand staff's requests remove the dirty pad and take off the trousers and put the fresh one on. It was decided it was in the patients best interests to prevent skin breakdown and infection) for staff to use PBM holds to assist the patient with personal care.	Staff entered PBM arm holds, while resistive HCA removed the patient's trousers and dirty pad HCAs used arm holds for strip wash and later sat him down on the bed to put on the new pad and clean clothes During the personal care the patient was being agitated so the HCAs provided the patient with verbal reassurance The patient was resistive and frustrated throughout	Managed appropriately Case discussion to be held 01/03/24 with Asst. Psychologist to formulate care plans	NA	None (no harm caused by the incident)	Closed
GHC96208	29/02/2024	29/02/2024	10 HCIT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care / medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold in her best interest in proportion to the risk of serious harm if medication not administered.	It was explained how the procedure will take place and what monitoring would be used to safeguard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC96209	29/02/2024	29/02/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient handed laptop to staff. Staff prompted patient for shower. Patient attacked staff.	Patient was safe hold to his bedroom using PBM	Risk assessment reviewed. This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are maintained and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC96211	29/02/2024	29/02/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		The patient was due for their nasogastric feed.	The patient was held on PMVA holds to facilitate their NG feed by inserting the NG tube and administering the feed.	Care plan followed 1:1debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC96217	29/02/2024	29/02/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		At approximately 17:30, The patient try to pee in the communal area. Redirected to toilet and he passed urine on the toilet floor. Assisted to change the wet clothes but he was confused and resistive.	PBM safe holds utilised to change the dirty clothes, Verbal Reassurance given. Patient was released from holds after changing clothes.	Managed appropriately Case discussion to be held 01/03/24 with Asst. Psychologist to formulate care plans	NA	None (no harm caused by the incident)	Closed
GHC96229	01/03/2024	01/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		pmva required for administration of NG feed	PCD and leg cushion used	Care plan followed 1:1debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC96230	01/03/2024	01/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was asking around with naked lower half and so was encouraged to his bedroom for personal care Patient became distressed and was not able to follow instructions for personal care He became increasingly agitated/distressed with staff and was often difficult to redirect.	PBM holds employed (sitting/standing at bed) to clean bottom half and put fresh pad and trousers on Patient returned to baseline once PBM completed	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC96241	01/03/2024	01/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM holds (sitting/standing at bed) used to complete lower half strip wash and change of pad/clean clothes	Managed appropriately Have updated personal care care plan	NA	None (no harm caused by the incident)	Closed
GHC96264	01/03/2024	01/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Escort		Patient handed laptop over to staff 1 and then attack staff 2. No apparent triggers.	patient was safely removed to his bedroom using PBM. Staff then withdrew.	Risk assessment reviewed. This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are maintained and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC96265	01/03/2024	01/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		Service users nasogastric tube was inserted, followed by the administration of the nasogastric feed. Six members of staff utilised PMVA holds as the nasogastric feed was administered, service user was violent and aggressive towards staff during the service user was very resistive to the insertion of the nasogastric tube and then subsequent administration of the nasogastric feed. For example, the service user pulled out the nasogastric tube as it was initially inserted. The nasogastric tube was reinserted and then was able to take as the tube was re-inserted. During the administration of the nasogastric feed the service user cried throughout and continued to present as very distressed, saying: "I just can't do it anymore".	Six members of staff utilised PMVA holds as the nasogastric feed was administered, service user patient managed to significantly harm themselves on this occasion. Staff withdrew from PBM. Emergency PMVA and NASP were called, as well as an ambulance were called to the ward. Rapid Tranquilisation of 2.5mg Lorazepam given once it was prescribed by the doctors. Administered in her	Care plan followed 1:1debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC96267	01/03/2024	01/03/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient found with a ligature tied around their neck and back and a hidden over their head (backwards) in the bathroom. This happened in 3 communication sessions.	Patient Found with a ligature tied around their neck and back. Physical observations given Time spent with patient. Oral medication offered but patient declined. IM RT medication given following 3rd incident under PMVA restraint. Blue relief and head pack provided.	None	None	Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC96268	01/03/2024	01/03/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient found with a ligature around their neck. Patient was resistive & aggressive towards staff. Patient was also refusing personal care after several prompting. 17:25 - A male patient was incontinent of faeces and urine and he picked faeces in his hand. He spread it all over his body and pasted it on the floor. 20:55 - A male patient urinated on the floor of his	Risks and observations reviewed Long term risk of self injury identified Care plans to be reviewed Patient engaging in Self Harm Pathway on Ward	Staff intervened to minimise harm to patient, self harm care plan to be formulated with patient	None (no harm caused by the incident)	Closed
GHC96298	01/03/2024	01/03/2024	Watton Lawn- Willow Ward	Watton Lawn- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)			He was verbally reassurred and prompted for personal care with minimal effect. Therefore, safe PBM hand holds were utilised for him to facilitate personal care while utilised proactively.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC96299	01/03/2024	01/03/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (PCD used)		Newly admitted patient presenting as extremely distressed, highly anxious, paranoid and emotionally dysregulated.	Patient refusing all oral medication so decision made to administer IM RT. Patient taken to the ECA via restrictive escort and seated on the PCD. Leg cushion used as patient trying to kick out but due to fear not violence. IM administered.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC96302	01/03/2024	01/03/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (PCD used)		Patient was escalating and was invading the personal space of staff members with clenched fists and intimidating the staff members. He presented with paranoia and was suspicious about the staff members. He was blocking the way of staff members when they were going into garden. Initial de-escalation was unsuccessful and he was PMVA held to the PCD which he refused. He was paranoid around the meds as well. As he was escalating, a planned PMVA was called in to administer meds. He was given 2mg lorazepam and 10 mg promethazine.	Six members of staff utilised PMVA holds as the nasogastric feed was administered and verbal reassurance and support was offered throughout.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC96309	01/03/2024	01/03/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient was approached by other patient in a non-confrontational manner. Patient then became verbally aggressive towards other patient. Both patients half-heartedly kicking each other. Seated patient was moved away however the first patient stood guarding the female area door refusing to move. He became rigid and clenched his fists. Patient placed into holds and removed from the area. Patient was then escorted to bedroom where he remained until he was released.	Patient placed into holds and removed from the area.	Risk and observation levels reviewed and adjusted as per care plan. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC96311	03/03/2024	03/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		Patient supported in holds to both arms and sutton placed over legs. Staff required to hold patient head.	Patient supported in holds to both arms to sit on the PCD. Patient assisted in holds to both arms and cushion placed over legs. Staff remained in close proximity to patient to	Care plan followed 1:1debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC96313	03/03/2024	03/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient had been incontinent of urine and was not able to accept direction or support with personal care	PBM holds, verbal and non-verbal reassurance given during holds to help patient feel calm and understand	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC96314	03/03/2024	03/03/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		patient A verbally aggressive, threw a book at patient A, staff intervened and used an escorted hold to remove patient B from the situation to prevent further harm being caused.	patient A escorted hold to room patient b given one at RT	none	none	None (no harm caused by the incident)	Closed
GHC96325	03/03/2024	03/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient had been on his laptop and at handing it in, he was asked whether he would like to use the toilet and who was to support him. The patient ran towards staff and attempted to attack.	PBM escort was used to support him and take him back to his bedroom. At which he settled and fell asleep	Risk assessment reviewed. This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are maintained and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC96329	03/03/2024	03/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		Patient was due for Nasogastric tube feeding, needs to revert the tube prior to feeding. Called planned PMVA, seated on pad and cushion was used. Needs to be held head as the patient was resistant, kept on		Care plan followed 1:1debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC96342	04/03/2024	04/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		Patient restraint for NG feeding.	Patient feed administered, reassurance and support given	Care plan followed 1:1debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC96350	04/03/2024	04/03/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Seated (PCD used)		Patient becoming increasingly agitated and going towards staff to grab hold of them	verbal escalation attempted and oral medication declined by patient. Patient escorted to extra care area in holds and sat on PAd. RT lorazepam 2mg given IM	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC96352	04/03/2024	04/03/2024	Charlton Lane- Chestnut Ward	Robert Maxwell LDA suite	EMIT Liaison LD3 LD8	Robert Maxwell LDA suite	98 - Other (not listed)	Planned	Other form of physical intervention	Non-standard hold	Seclusion	With consent I have had to talk a patient in a room in the Maxwell suite for 30mins to 1hour due to another detainee being in high profile	Patient's near separated and door to one room taken off. CAS 77 year old patient inside. This room is next to the office so EMIT staff are able to keep an eye on him.	Police handcuffs. Requested police remove handcuffs.	Although staff handled situation well at time of incident, the level of situation was difficult to manage at the Maxwell Centre. Patient should not be spent longer than 24 hours in the suite problematic second detn(due to bed unavailability however once a bed was identified the patient was transferred.	None	None (no harm caused by the incident)	Closed
GHC96365	04/03/2024	04/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PCD used)		pmva required for administration of NG feed.	Lord and leg cushion.	Care plan followed 1:1debrief during escorted walk as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC96368	04/03/2024	04/03/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (PCD used)		Patient was due their depot injection. Patient was approached by different staff to assess whether they would accept it without intervention. Patient declined. Patient became unsafe for a seated-restraint on the patients bed. Restraint pad utilised behind patient when sat on edge of the bed. Patient did not require a staff member on each limb. One staff member on right arm and one on left.	PBM techniques utilised for a seated restraint. Depot

GHC66483	07/03/2024	07/03/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Seated (other)		Patient presented as being agitated throughout the evening. She was confrontational and hostile towards staff. Patient was offered her regular medications and she agreed to come into the clinic at around 2230hrs. Whilst in the clinic, she became agitated and threw clinic items that were on the work surface. Patient was advised to use a clinic chair and she proceeded to divide her meds into three tabs. She then drank 3 cups of water and left the clinic without taking her meds. Staff, who had unwarranted leave to the courtyard, on her return from the courtyard, patient started raising all the doors keeping herself outside of the ward Staff intervened to protect the patient's dignity but she was hostile. A PMVA team was called as patient was trying to leave the ward and was trying to get voluntarily walked back into the ward. Patient was offered her regular meds but she declined. She was loud and argumentative. She stood up and paced	Patient was advised to go to her bedroom for a less stimul environment but she declined. Patient was placed into PMVA holds to enable safe administration of RT.	Mental state and associated risks reviewed Treatment plan reviewed Patient acutely unwell, experiencing paranoid thoughts Least restrictive interventions to be utilised as currently indicated to minimise harm to patient and others Positive behaviour support plan to be implemented	N/A		None (no harm caused by the incident)	Closed
GHC66485	07/03/2024	08/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from a lawful custody	Unplanned	PMVA (physical intervention)	Escort		patient had become unsettled and ripped off the bathroom door, then attempted to leave the ward	Staff escorted the patient back to their room. PRN given with good effect	patient unwell and angry spent time with staff 1:1	patient unwell N/A	None (no harm caused by the incident)	Closed
GHC66489	07/03/2024	07/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed in holds with 5x members of staff using pad, cushion, and head support to facilitate NG feed as per care plan.		Care plan followed 1:1 debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC66496	07/03/2024	07/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (bed)		Patient had been doubly incontinent and was not able to follow direction to be supported with this.	PBM on the bed was used to prevent any skin integrity concerns and support patient to be cleaned	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC66510	07/03/2024	07/03/2024	Other LD Unit- non-GHC	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM seated clinical seated hold on patient in his bed interest in proportion to the risk of serious harm if undertaked condition is not treated. Stable.	Risk and best interest paper work was reviewed and left with carers	none required	none required	None (no harm caused by the incident)	Closed
GHC66514	07/03/2024	07/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Escort		Patient become physically aggressive towards staff	PBM holds utilised to support patient to bedroom	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC66527	07/03/2024	07/03/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PBM (physical intervention)	Escort		Patient was being transported by two members of staff to room 1 @ Charlton Lane Hospital. After the hearing he wouldn't want to go back to the ward. Therefore he just wanted to sit there. Verbal attempts were made to encourage him to go back to the ward to no avail. He was supported back to the ward in low level	Verbal attempts to get patient back to the ward. Low level holds implemented to support patient to ward. Patient and staff arrived at ward safely. Attempted debrief with patient after but he had no recollection of the incident.	Incident managed appropriately Attempted to offer debrief to patient but due to significant cognitive impairment unable to engage.	None identified	None (no harm caused by the incident)	Closed
GHC66531	07/03/2024	07/03/2024	G3 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to safely take bloods in patients best interest		None required	None required	None (no harm caused by the incident)	Closed
GHC66538	07/03/2024	08/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was presenting with behaviours that challenge. The nasogastric feed was administered at approximately 15.00, 5x members of staff utilised PMVA holds as the nasogastric feed was administered. Verbal attempts were made throughout. Service user presented as upset and tearful as the nasogastric feed was administered. Despite this initial distress, the service user was not very sensitive to the insertion of the nasogastric tube	5x members of staff utilised PMVA holds as the nasogastric feed was administered, verbal attempts were made throughout. Patient was initially upset which appeared to work to good effect, service user was then escorted for a walk following the administration of the nasogastric feed.	Care plan followed 1:1 debrief completed during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC66539	07/03/2024	07/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Nurse was offering patient their medication when they started to hit and kick out	Blocks, deflections, proximity control and then left the unit	Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	Where staff have become the target of an individual they will attempt verbal redirection, utilise proxemics, breakaway techniques or PBM and withdraw from the area at the first possible safe opportunity.	None (no harm caused by the incident)	Closed
GHC66542	07/03/2024	07/03/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Clinical hold (seated)		patient was heard hard banging and staff members went in a pillow was passed between head and wall, was escorted by two staff to her bed and was placed in a seated hold by 2 staff, patient was initially responding to values and needed injection. Injection given appeared settled and HOOS WERE LET OU AFTER ABOUT 5 MINS SHE RESUMED AND PMVA WAS CALLED AND WAS ON SEATED HOLD FOR ANOTHER 45 MINS and had responding and after a	Risk RT injection, was spoken to and ice pack placed on neck	Risks, mental state and management plan reviewed Long term risk of self injury identified Management plan in place Patient engaging with Self Harm Pathway	n/a	None (no harm caused by the incident)	Closed
GHC66552	08/03/2024	08/03/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was chaotic in the communal area , verbally abusive towards staff and was pacing around the area requiring the need for staff to use precautionary holds on her to escort her to her room. She was unable to settle down and needed redirection back to her room multiple times.		Use of clinical to parallel to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.	None (no harm caused by the incident)	Closed
GHC66554	08/03/2024	08/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (standing)		Patient required personal care but was evidently frightened by support. He was not able to follow direction or accept staff support.	PBM used to facilitate personal care	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC66556	08/03/2024	08/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed in holds on pad to facilitate NG feed as per care plans. 5x members of staff used.	N/A	Care plan followed 1:1debrief during escorted leave	N/A	None (no harm caused by the incident)	Closed
GHC66558	08/03/2024	07/03/2024	G3 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold on patient , using POD, in best interest in proportion to the risk of serious harm if an undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC66560	08/03/2024	09/03/2024	G3 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold, on POD, used to support patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		ANDANGO, Frankie (ASPEN MEDICAL PRACTICE) <frankie.andango1@nhs.net>	ANDANGO, Frankie (ASPEN MEDICAL PRACTICE) <frankie.andango1@nhs.net>	None (no harm caused by the incident)	Closed
GHC66561	08/03/2024	08/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her nasso gastric tube feeding. She was held on holds. She was not resistive during the feed.	pad and weighted blanket used.	Care plan followed debrief 1:1 provided during escorted walk.	N/A	None (no harm caused by the incident)	Closed
GHC66565	08/03/2024	09/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for nasso gastric tube feeding. She was held on holds. She was not resistive during the feed.	The was held on holds with the use of the pad and weighted blanket . N.J was used for the feed as the tube needs to be inserted and taken off. PMVA staff applied holds, seated on pad and weighted blanket. Care Plan followed. 1:1 debrief given during escorted walk. Patient was supported by staff for a walk after the feed. Administered the prescribed medication after the walk.	Care plan followed debrief 1:1 provided during escorted walk.	N/A	None (no harm caused by the incident)	Closed
GHC66567	08/03/2024	09/03/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Seated (other)		At 18.30 patient wrote on the board that they were going to the garage. As they had not returned by 19.30 staff went to look for them in the garage. Patient stated that they were "fine" and was sat on the graveyard on Horton Road. Staff asked patient if they had been to the garage and what they had bought, which patient did not disclose buying any form of poison. Patient said how they did not want to come back to the ward and was struggling with urges to engage in self-injurious behaviours. Patient explained that they had a piece of glass (later revealed to be from a bottle of alcohol they had bought) and wanted to cut their wrists with it. Staff explained that this was known to bleed out. Staff asked if patient could keep themselves safe until staff got there, which she agreed. Staff got to the graveyard and found patient who was subdued in mood but was not in an obvious distressed state. patient was engaging appropriately in conversation but was reluctant to come back to the ward and needed a lot of encouragement from staff On the walk back, patient kept requesting to be left alone and that they would be fine. Both staff members could smell alcohol on patients breath, which patient disputed saying they had not had a drink throughout the evening, patient went back and forth between agreeing they had a drink and	Patient returned to the ward at 20.05. De-escalation techniques and reassurances given	none	none	None (no harm caused by the incident)	Closed
GHC66622	10/03/2024	09/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Escort		Patient requested to use the toilet and chose a staff to facilitate. Staff opened the toilet door. Rather than go in to use the toilet, patient attacked staff.	Patient was safe-hold to to bedroom using PBM.	Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC66623	10/03/2024	10/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for nasso gastric tube feeding.	Patient was held on light holds with 5 1. Used pad and weighted blanket. N.J was used for the feed as the tube needs to be inserted and taken off. Patient was supported by staff for a walk after the feed. Administered the prescribed medication after the walk.	Care plan followed debrief 1:1 provided during escorted walk.	N/A	None (no harm caused by the incident)	Closed
GHC66628	10/03/2024	10/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		The patient was supported using PBM arm holds and encouraged to stand and sit with staff, on his bed, while two further staff completed personal cars and assisted the patient into a fresh pad, top and trousers. He was resistive throughout the proxies and staff found it difficult to maintain holds. The patient did not appear to be able to process what was going on and became highly uneasy, until holds were released. He was then settled and appeared relaxed after the care was completed.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC66636	10/03/2024	10/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Provided Walk-in hide- used pad and cushion. Used verbal de-escalation. Engaged with the patient , tried to distract. Provided regular medications. 1:1 Walk after the feed. Debrief done.	Care plan followed debrief 1:1 provided during escorted walk.	N/A	None (no harm caused by the incident)	Closed
GHC66664	10/03/2024	10/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Escort		Patient was unsettled after waking up. Staff allowed him to calm and then prompted him for his personal care. Patient accepted. Patient went in the shower room and started banging or walls and doors. Staff attempted to block the doors and started smearing and throwing faecal matter at staff	Patient was safe-hold out of the shower room to his bedroom using PBM	Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC66654	11/03/2024	11/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to having NG tube inserted and having their NG feed.	patient was held in a seated restraint	Care plan followed 1:1debrief to staff but also to patient during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHC66668	11/03/2024	11/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient had been doubly incontinent and required support with personal care Appeared distressed and frightened throughout,	PBM used to complete personal care - 2x staff hold arms and 2x staff supported with the care/changing clothes	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC66680	11/03/2024	11/03/2024	G3 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in his best interest in proportion to the risk of serious harm if undetected medical treatment is not detected.	None required	None required	None required	None (no harm caused by the incident)	Closed
GHC66689	11/03/2024	11/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Provided Walk-in hide- used pad and cushion. Used verbal de-escalation. Engaged with the patient , tried to distract. Provided regular medications. 1:1 Walk after the feed. Debrief done. Followed actions walk.	Care plan followed 1:1debrief to staff but also to patient during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHC66699	11/03/2024	11/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		A male patient was experiencing paranoid delusions and was displaying aggressive behaviours towards staff. Patient was placed in holds with 5x members of staff and was escorted to his bedroom. Patient was then placed in a seated hold by 2x members of staff. Patient was then released from holds and was left in his bedroom. Patient was then placed in holds with 5x members of staff and was escorted to the courtyard. Patient was then released from holds and was left in the courtyard. Patient became very intrusive and disruptive on the ward. Patient was then escorted to

DHC66933	16/03/2024	16/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		RESTRICTIVE PRACTICE WAS USED DUE TO PATIENT AGGRESSIVE AND TO PREVENT FURTHER ESCALATION.	Patient was seen to be in her bedroom (room) almost for 2 hours , when staff was doing her observation the bedroom was flooded. Later staff tried to engage with patient to make her come out of her shower and the staff noticed that she was banging the bathroom door. when staff was mopping the floor then patient came out of the bathroom and shut the towel and hit the bathroom door at 1/4:15). Staff tried to verbally De-escalate her however it was futile. Patient became much more agitated and began exposing her private parts to staff. PMVA was activated with planned female members of staff. forearm holds where used in both arms and supported her to bed. Patient was offered oral medication which she declined hence RT was administered.	non touch obs completed	n/a		None (no harm caused by the incident)	Closed
DHC66954	16/03/2024	16/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due her Prescribed NG tube feeds	Planned PMVA to facilitate feeds. Weighted blanket used. was resistive. Engaged in conversation throughout. Escorted walk afterwards.	Care Plan followed 1:1 debrief during escorted walk	N/A		None (no harm caused by the incident)	Closed
DHC66939	16/03/2024	16/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG feed	patient was restrained and staff gave the NG feed	Care plan followed 1:1 debrief during escorted walk	N/A		None (no harm caused by the incident)	Closed
DHC66945	16/03/2024	16/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient had finished a late breakfast and began watching TV but he started pacing in the unit, switching the lights on and off. Staff suggested for him to assess the garden, the patient agreed by saying "Yeah" but instead he attempted to attack staff and staff had to apply PBM hold and escort back to his bedroom	Staff withdrew from the unit to give him time to assess.	The 1:1 service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, breakaways, proxemics and are seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed	The physical intervention was implemented as extensive failed and due to the level of risk. All interventions are for the least possible amount of time.		None (no harm caused by the incident)	Closed
DHC66946	16/03/2024	16/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient asked to assess the garden and the staff escorted him to the garden for the assessed time. The patient attempted to attack staff again instead of assessing the garden.	PBM then Staff withdrew	The 1:1 service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, breakaways, proxemics and are seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed	The physical intervention was implemented as extensive failed and due to the level of risk. All interventions are for the least possible amount of time.		None (no harm caused by the incident)	Closed
DHC66952	16/03/2024	16/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient becoming violent, threatening staff with fist, fists whilst in communal areas.	Redirection, raised arm guard with no effect. PBM with techniques utilised to escort patient to his room.di environment of his bedroom, where he was closely therapeutically observed for the following	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC66957	17/03/2024	16/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Patient appeared very restless ,agitated and hostile when staff tried to verbally deescalate her she tried to physical attack staff,being suction pot , threw suction and slammed the door at one of the staff.	Oral medication multiple times which she refused. Took decision to administered RT to weapon Ad in order to reduce over-activity and prevent patient being violent to others. RT non touch observation started.She refused normal	Non touch obs completed due to refusal of physical obs N/A unwell	N/A		None (no harm caused by the incident)	Closed
DHC66958	17/03/2024	16/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		staff tried to engage with her, she disengaged and barricade the office with book shelf.She moved furniture around the communal area and later pushed the fire alarm button which activated the fire alarm. Throughout the incident she was exposed to unseen dismal and not able to hold conversation with staff. She was aggressive when staff tried to approach	Verbal de escalation was used which failed. Lead clinical holds to assist her to her room .She continued to be aggressive and very resistive, therefore administered RT promethazine 25 mg IM in order to prevent over-activity and harm to others and to self (accidentally).	Staff followed policy and procedure	N/A		None (no harm caused by the incident)	Closed
DHC66961	17/03/2024	17/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Assisted support		patient off baseline to staff.Evening them. Staff implemented a assisted supported to exit evening. bonus from patient.	The 1:1 service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, breakaways and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis.	The 1:1 service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions and breakaways and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis.		None (no harm caused by the incident)	Closed
DHC66962	17/03/2024	17/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Staff overheard patient head banging in her room. On staff arrival patient was seen to be sat on bed and was hitting the back of her head against the wall behind her, moderate intensity head banging for approximately 15 minutes.	verbally deescalate the patient but failed. Used sensory items to hold but patient refused to hold it. Suggested distraction techniques such as diamond art which she declined. Offered family room to relocate , tea pack , 1:1 with staff and PRN medications which she refused. Called PMVA team and was given RT Lorazepam IM. Started on RT physical observation and was taken neurological observation. Patient was reviewed by Duty Dr after the incident. Debrief to be done once the patient is more settled.	CARE PLAN FOLLOWED Staff followed policy and procedure	N/A		None (no harm caused by the incident)	Closed
DHC66963	17/03/2024	17/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Self injurious behaviour (SIB)	11 - Prevent a patient causing serious intentional harm to themselves	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		10:15- Brief period of low level head banging lasted for around 2 minutes. 11:30-Staff overheard patient head banging in her room .On staff arrival patient was seen to be sat on bed and was hitting the back of her head against the wall behind her, moderate intensity head banging for approximately 15 minutes.	verbally deescalate the patient but failed. Used sensory items to hold but patient refused to hold it. Suggested distraction techniques such as diamond art which she declined. Offered family room to relocate , tea pack , 1:1 with staff and PRN medications which she refused. Called PMVA team and was given RT Lorazepam IM. Started on RT physical observation and was taken neurological observation. Patient was reviewed by Duty Dr after the incident. Debrief to be done once the patient is more settled.	Staff followed policy and procedure	N/A		None (no harm caused by the incident)	Closed
DHC66964	17/03/2024	16/03/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent the patient absconding from ward/ unlikely to return	Unplanned	PMVA (physical intervention)	Standing		Patient absconded to the garden area via main exit doors and then proceeded to the garden area main rooms on the main side of the ward. PMVA was used to return patient to the ward from the main entrance @15:10. PMVA was used again be the same incident as above.	PMVA was used. No teams were called as trained staff were close by anyway.	none	none		None (no harm caused by the incident)	Closed
DHC66971	17/03/2024	17/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feeding. Called planned PMVA	PMVA on holds, seated on pad and weighted blanket was used, care plan followed, 1:1 after feed, debrief during walk, regular medications given	Care plan followed 1:1 debrief given during escorted walk	N/A		None (no harm caused by the incident)	Closed
DHC66972	17/03/2024	17/03/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Seated (other)		Patient set off the hospital fire alarms and then went down the admin corridor. Nursing staff were able to get the patient to their bedroom but he was still returning to the ward, an RT was offered 3 times but declined.	team were called, cautionary seated arm holds were used and RT IM Promethazine 50mg and 2mg Lorazepam were administered. RT physical observations commenced. De-escalation techniques used throughout with	Patients behaviour is a direct response to psychotic features of illness Positive behaviour support plan received Restrictive practice to be facilitated to promote safety.	N/A		None (no harm caused by the incident)	Closed
DHC66998	17/03/2024	17/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from ward/ unlikely	Planned	PMVA (physical intervention)	Seated (other)		RESTRICTIVE PRACTICE WAS USED TO PREVENT THE PATIENT FROM ABSCONDING.	to the door and walked passed the ward door standing the door. staff used forearm holds on both arms and escorted the patient back to his room. Patient began exalating at the time of the holds and tried to kick the staff. he also verbalised that he will kill staff and leave the room to on the NHS and is not going to affect him. The patient was very resistive at the time of the holds and after some level of deescalation the patient was much more settled and holds. where disengaged	Staff followed policy and procedure	N/A		None (no harm caused by the incident)	Closed
DHC67008	18/03/2024	17/03/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious injury to themselves by accident	Unplanned	PMVA (physical intervention)	Seated (other)		at around 1100hrs, patient was found head banging the wall in her bedroom. Staff attempted to engage verbally with the patient but she was not responding to them. Instead, she continued head banging the wall. Patient was placed under PMVA holds to prevent further self harming.	Patient had RT IM Lorazepam on the left leg under PMVA holds. Post RT Observations were completed at 2330hrs	Mental state and risks reviewed long term risk of self harm identified Patient offered engagement in Self Harm Pathway	n/a		low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC67010	18/03/2024	18/03/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was restless and mentally unsettled. They were pacing and banging on other patients doors disturbing their sleep.	observed in a calmly manner patient did not do not respond well to verbal redirection. They continue to shuffle between the male corridor and female corridor disturbing other patients. Due to risk of patient declined. PMVA team was called as a last resort and patient was put on safe holds. Prescribed	none	none		None (no harm caused by the incident)	Closed
DHC67015	18/03/2024	18/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient assisted in holds to both arms to sit on the bed. Patient supported in holds to both arms and weighted blanket placed over legs.	Patient assisted in holds to both arms to sit on the bed. Patient supported in holds to both arms and weighted blanket in situ over legs.	Care plan followed 1:1 debrief during escorted walk	N/A		None (no harm caused by the incident)	Closed
DHC67019	18/03/2024	18/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Escort		NG feed administered Patient walked round to the back of Kingsholm/Montpellier and chose to climb the wall entering Kingsholm garden. Patient tried to leave Kingsholm, staff intervention required. PMVA called.	Staff intervention required. Patient escorted in holds to both arms back to Priory Ward. Staff explained to patient his section rights and having escorted leave.	Staff followed policy and procedure	N/A		None (no harm caused by the incident)	Closed
DHC67020	18/03/2024	18/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Escort		Patient trying to leave the hospital without prescribed leave. Patient supported in precautionary holds to both arms back to the ward.	Patient escorted in precautionary holds back to the ward after trying to leave the hospital.	Staff followed policy and procedure	n/a		None (no harm caused by the incident)	Closed
DHC67035	18/03/2024	18/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.	pad and blanket used.	care plan followed	n/a		None (no harm caused by the incident)	Closed
DHC67038	18/03/2024	18/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (bed)		The male patient was requiring personal care as he had open bowels.	Staff tried to explain and engage the male patient but he was unable to understand staff instructions and refused PBM holds to complete personal care.	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67039	18/03/2024	18/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (bed)		A male patient was in incontinent of urine in his room	He refused to do personal care after several attempts of reassurance, staff utilise safe PBM holds for personal care.	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67042	19/03/2024	13/03/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Restraining of TV which he to stop him damaging property. TD was observed by the staff in the CCTV room when he was trying to rippod the lamp from the floor in the lounge area of the flat. After multiple attempts saving TD not to rip the flooring he continued with the behaviour of attempting to do what he was asked to do. TD was then escorted to his bedroom with reassurance however all interventions failed which resulted in staff using PBM to escort him from the area of focus. DIR was holding his left arm and TA was holding his right arm. He was escorted to his room to his bedroom without incident.	CHAIR RESTRAINT	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, breakaways, proxemics and are seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	The physical intervention was implemented as extensive failed and due to the level of risk. All interventions are for the least possible amount of time.		None (no harm caused by the incident)	Closed
DHC67051	19/03/2024	18/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		A week down to patients room, and was able to see that their were multiple broken pieces of wood on the floor, and that patient was in a seated restraint. The staff stated that they were not injured and that they had to restrain the patient as he was violent. The patient was very resistive and kept shouting for staff to "get off". I asked patient that if holds were released would carry on threatening staff, to which patient stated "no" . holds were then released and	Staff disengaged and waited for the police to arrive.	Staff followed policy and procedure	N/A		None (no harm caused by the incident)	Closed
DHC67053	19/03/2024	19/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed	pad and blanket used by members of staff	care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC67063	19/03/2024	19/03/2024	10 HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate administration of medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM personal care held on bed in his best interest in proportion to the risk of serious harm and pain if undetected medical condition is not identified and treated.		None required	None required		None (no harm caused by the incident)	Closed
DHC67072	19/03/2024	19/03/2024	Ellen Curzon 1235 c136	Watton Lawn- other outside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was released from Maxwell Suite following MDT. Patient was escorted with x5 members of placement support staff. Patient absconded from staff heading down Horton Road, reportedly to the train rail way crossing. Patient ran into the road directly into traffic. Holds were required to assist, standing position into a waiting. Returned to standing. Patient continued to attempt to be free from holds. Police attended incident, Section 136 utilised.	Police called. Holds used to preserve safety/life. S136 utilised. Returned to Maxwell Suite.	Risk assessment review Debrief for staff	N/A		None (no harm caused by the incident)	Closed
DHC67092	19/03/2024	19/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (other)		The patient was due for their nasogastric feeds.	The patient was held on light holds to facilitate their nasogastric feed.	care plan followed debrief during esc walk	N/A		None (no harm caused by the incident)	Closed
DHC67098	19/03/2024	19/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		A male patient was incontinent of urine and had bowels open as well, staff tried to toil the male patient that he needed to be changed but was unable to follow, so plan technique had to be used	Patient had to be plan for a wash	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67101	19/03/2024	19/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient was unable to understand staff instructions to walk to room, and was therefore assisted	Patient supported in his bedroom on both occasions were PBm technique was used	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67104	20/03/2024	20/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from ward/ unlikely	Unplanned	PMVA (physical intervention)	Escort		Patient had made attempts to leave the ward x, was pushing staff away from the doors to gain assess	Escorted back to bedroom in arm holds	Staff followed policy and procedure	n/a		None (no harm caused by the incident)	Closed
DHC67106	20/03/2024	20/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG Food Given under PMVA to administer Feed	Feed Administered under restraint	care plan followed debrief during esc walk	n/a		None (no harm caused by the incident)	Closed
DHC67123	20/03/2024	20/03/2024	10 HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate administration of medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM personal care held on sofa in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated	NICA AND BEST INTEREST PAPER WORK WAS REVIEWED	None required	N/A		None (no harm caused by the incident)	Closed
DHC67127	20/03/2024	20/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feeding. Called planned PMVA	PMVA on holds, seated on pad and weighted blanket was used, care plan followed, 1:1 after feed, debrief during walk, regular medications given	Care plan followed debrief to staff and patient	N/A		None (no harm caused by the incident)	Closed
DHC67131	20/03/2024	20/03/2024	10 HOT Cons & Fam	Robert Maxwell H36 suite	Self Harm / self injurious behaviour (SIB)	11 - Prevent a patient causing serious intentional harm to themselves	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		At an incident at the resident suite, A patient locked herself in the bathroom. Due to concerns of the patient potentially self harming, the PMVA team were called and the door was unlocked. She was found to be holding a bottle of Sulfuyre sensitive foam which she had removed from the soap holder on the wall, and was coughing. The soap was removed from	Bottle was removed from the patient and the safety information was looked up online and zomed into No immediate medical intervention is suggested, but we will continue to monitor the patient.	Staff debrief 1:1 with patient Soap and other items of concern removed from bathroom	None		low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC67137	20/03/2024	20/03/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient across the communal area and she used the kitchen staff asked patient to leave as care planned. Patient refused to leave and was verbally aggressive. They lashed out at staff swearing at staff and attempting to push staff out of the way. Patient was placed in holds and staff act with patient. Patient was swearing at staff and trying to kick the patient. Patient expressed while staff was sitting with patient that she didn't understand why staff was holding them. Staff explained that they was showing sign of aggression and staff had to try and minimise the risk of patient hurting herself or staff. Patient commented that they didn't broke any bones staff explained that this doesn't have to be the case as we do not tolerate abuse from patients and staff are there to keep everyone safe.	Patient was given oral medication and physical observations were taken.	Mental state and physical state reviewed Ward team reviewed the action of restricting use of kitchen Ward team will continue to restrict patient as clinically indicated due to diagnosis of Diabetes, over eating/drinking, and potential consequences No mental state improvements no mental state improvements restrictions will not be required PBSP to be implemented	Staff to be mindful that restriction will increase levels of frustration and potential for external aggression Restrictions to be reviewed daily and only imposed if clinically indicated		None (no harm caused by the incident)	Closed
DHC67150	21/03/2024	21/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was assisted for his personal care due to incontinent, planned PBM safe hold due to high confusion and poor understanding	Planned PBM technique used successfully	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67166	21/03/2024	21/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG fee.	staff had to restrain the patient in a seated restraint in the pad and the pillow on their legs	care plan followed	n/a		None (no harm caused by the incident)	Closed
DHC67174	21/03/2024	21/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		Patient was incontinent, was directed to his bedroom, tried convince him need of personal but was unable to understand due to high confusion. Used PBM SAFE HOLD to assist the patient for his personal care needs.	Patient was supported for his personal care needs. Successfully.	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67182	22/03/2024	22/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.	pad and weighted blanket used. 6x members of staff.	care plan followed	n/a		None (no harm caused by the incident)	Closed
DHC67187	22/03/2024	22/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Seated (POD used)		Patient had pulled curtain rail down from Ladies lounge and approached staff in the communal areas attempting to fit them with the object.	Staff used PBM holds to take him to his bedroom, patient becoming increasingly agitated Patient sat on bed in holds with Brawn cushion to support behind RT given, holds released and patient appeared to de escalate over time	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67200	22/03/2024	16/03/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from ward/ unlikely	Unplanned	PMVA (physical intervention)	Escort		Patient absconded off the ward. Tried to get onto other wards. Refusing to come back.	Make members of staff were available to escort pt back to the ward in holds walking in the corridor.	none	none		None (no harm caused by the incident)	Closed
DHC67206	22/03/2024	16/03/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent the patient absconding from ward/ unlikely to return	Unplanned	PMVA (physical intervention)	Escort		at absconded from the ward and the main corridor of the hospital and then tried to get onto Kingsholm ward and up the stairs. Members from Kingsholm and Abbey staff were getting the PT back to the ward.	PMVA used and PRN given.	Patient unable to accept verbal redirection due to mental state. Appropriate safeguards and interventions put in place by staff, patient came to no physical harm.	Patient support appropriately, patient came to no physical harm.		None (no harm caused by the incident)	Closed
DHC67208	22/03/2024	22/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.	pad and leg blanket used. 6x members of staff.	care plan followed debrief during esc walk	n/a		None (no harm caused by the incident)	Closed
DHC67211	22/03/2024	22/03/2024	GP HCP	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate administration of medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		Clinical hold implemented for cannula	reassurance	None required	N/A		None (no harm caused by the incident)	Closed
DHC67218	23/03/2024	23/03/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient stood up from the chair he was doing in. He started to get agitated and pulling at his trousers. Staff tried to encourage him to go to the bathroom. Patient started getting heightened in emotion and pushed pen the right pane of glass in the patio door. He could approached to assist staff and then pushed staff away. Staff then attempted to block the patient's dining table over, which crashed to the floor.	PBM used to reduce risk of harm to others or himself and patient was able to de-escalate without use of medication	Managed appropriately	NA		None (no harm caused by the incident)	Closed
DHC67221	23/03/2024	23/03/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		Patient was sitting in the dining room. Patient stood up and attempted to lift the kitchen hatch by force but he let it go down aggressively. Earlier on, patient threw a cup of hot water in direction to another patient who was sitting across. He then walked over to the hot water tank with a jug in his hands and staff intervened as other 2 patients where nearby.	Patient was verbally de-escalated. However, patient was responding a lot and appeared confused and thought bloated at the same time. Patient was then escorted to his bedroom on holds and he was resistive from the dining area to the bedroom. Holds were released and staff guided him to his bedroom.	Staff followed policy and procedure	None identified.		None (no harm caused by the incident)	Closed
DHC67224	23/03/2024	23/03/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed.	The patient was held on light holds to facilitate their nasogastric feed.	care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC67227	23/03/2024	22/03/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PMVA (physical intervention)	Seated (other)		As per the nursing team decision to hand Patient's Phone to the staff and use the phone under supervision as patient was using the phone to harrowment to her girl friend. Staff explained the plan to patient which she doesn't accept to hand the phone to the staff.	Upon planning a move to her single ward patient, When the team approached and ask the phone from her, patient refused and went inside the bathroom in her bedroom and stated that she needs her phone to listen music and handed it phone that she is not using and kept the phone that she use in her pockets and returned to the communal area. Staff requested to give hand the phone that she use as well, however patient was reluctant to hand over the phone. Staff put her hold and took the phone from her pockets released the hold after taking the phone. Patient was informed the reason behind taking the phone for incident. Offered and can lowers which she accepted. Later she stayed in the communal area verbally hostile and waiting her phone back staff explained this can be facilitated late under	Temporary removal of phone as patient lacking insight and capacity relating to her mental state and impulsive behaviours. Patient has history of stalking and harassment, staff preventing further incidents

GHC37307	24/03/2024	24/03/2024	Accommodation Team	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	52 - Prevent the patient exhibiting extreme and prolonged even agitation	Unplanned	PMVA (physical intervention)	Seated (other)		The patient was unsettled in his bedroom and damaged the wooden furniture in his bedroom.	Staff intervened and put the patient on holds to stop more damage. Later the staff offered the patient oral Rx haloperidol 5mg and 1 mg lorazepam which he accepted with good effects. Physical observations were completed. Post Rt non touch physical observations were started. Duty doctor informed.	Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC37311	25/03/2024	24/03/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PMVA (physical intervention)	Supine (face up)		Patient refused to do blood glucose monitoring and medication. Patient is risk of hyperglycaemia and is on insulin.	Mental state and reviewed plan reiterated. Patient is unable to engage in aspects of her treatment plan due to mental ill health, currently at risk of physical health deterioration without staff support.	Restrictive practice required to ensure treatment plan is implemented		None (no harm caused by the incident)	Closed
GHC37315	25/03/2024	25/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmca required for administration of NG feed	pad and blanket used	care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC37319	25/03/2024	25/03/2024	Watton Lawn - Greyfriars PICU	Watton Lawn - Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting extreme and dangerous behaviour	Planned	PMVA (physical intervention)	Seated (other)		Patient became very unsettled and agitated. Pacing the ward, banging doors and grabbed another patient. Oral medication offered 3 times but patient refused.	Planned PMVA and RT and RT medication given.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC37331	25/03/2024	25/03/2024	Watton Lawn - Greyfriars PICU	Watton Lawn - Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistible to NG feed	patient was pased in seated hold on the pad and then NG feed was administered	care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC37336	25/03/2024	25/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	52 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	1 cort		Patient hitting staff member on head and face	Staff called over and used PBM to remove patient from staff	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC37341	25/03/2024	25/03/2024	Watton Lawn - Greyfriars PICU	Watton Lawn - Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient become agitated and escalated behaviour by kicking doors and refusing to return to his room, unable to verbally de-escalate. Placed in holds and escorted to bedroom.	RT Administered, 2mg Lorazepam and 5 haloperidol.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC37343	25/03/2024	25/03/2024	SF Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	100 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Supine (face up)		Patient become physically and verbally aggressive towards staff when asked to finish his computer session beause his computer had frozen downloading music resulting in a supine restraint immediately outside the family Room door	Verbal redirection attempted with no effect resulting in a supine restraint	This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments are monitored and reviewed on a weekly basis.	This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments are monitored and reviewed on a weekly basis.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC37355	26/03/2024	26/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Clinical hold (seated)		A male patient was incontinent of bowss and he passed it on his bed. There was faeces on his mouth.	Patient was certainly reassured and prompted with minimal effect. Safe PBM holds utilised to complete personal care. The patient was less resistive and used light forearm holds on the pad with weighted blanket on the bass.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC37361	26/03/2024	26/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed.	The patient was resistive and used light forearm holds on the pad with weighted blanket on the bass.	care plan followed debrief during esc walk	n/a	None (no harm caused by the incident)	Closed
GHC37364	26/03/2024	26/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		A male patient was incontinent of urine. He was not able to understand offers of personal care after several verbal prompts and reassurance.	Male patient was reassured. PBN utilised Safe PBM holds utilised to complete personal care.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC37372	26/03/2024	26/03/2024	Gloucestershire Royal Hospital	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 52 - Prevent a patient being violent to others 52 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC37383	26/03/2024	26/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG feed	patient was placed in holds on the pod	care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC37384	26/03/2024	26/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (bed)		Patient was found to have been incontinent of urine/faeces and required personal care support, unfortunately he couldn't understand staff instructions and explanations.	PBM utilised to successfully offer personal care and to prevent pressure care and skin integrity.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC37388	27/03/2024	26/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		male patient was incontinent of urine and was supported with personal care using PBM holds	PBM hold on both arms by one staff member each and one staff to support with personal care. No injuries were noticed after PBM incident. patient settled in the ward after the incident.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC37400	27/03/2024	27/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Safe PBM holds utilised to complete personal care. Patient was quickly resistive, Engaged with the patient, 1:1 Walk after the feed. Debrief done. Followed actions as per care plan.	care plan followed debrief during esc walk	n/a	None (no harm caused by the incident)	Closed
GHC37410	27/03/2024	27/03/2024	GI HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	52 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	Patient supported using physical intervention to obtain bloods	None required	N/A	None (no harm caused by the incident)	Closed
GHC37411	27/03/2024	27/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Falls (including slips & trips)	Fall on level	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		The patient was going to go into the female toilets and was asked by staff not to go in there. Staff asked if I could have the Rios back and he became verbally aggressive. I tried to take hold of the Rios saying I needed them for an essential check, but he pushed out at me, and in the process lost his balance, fell backwards and hit the back of his head on the corridor door and landed on his bottom. He did not hit his head. He had left his frame at one of the ward tables.	The patient tried to exit out, as I briefly (in pretty sure plausible) told his forearm while he was set up. He did not hit his head and he appeared to have usual movement in his limbs. There was no sign of over-sedation of ankles. The Razor door was quickly secured and used to help him stand. He was able to walk to the ward with assistance. Post fall physical observations were carried out. His NEWS2 score was 0. He has since mobilised at his baseline level (with his zimmer frame) with no new/ signs of	Case discussion for staff completed with support from Josh. Psychologist to support in formulating a care plan to avoid incidents like this occurring again	NA	None (no harm caused by the incident)	Closed
GHC37417	27/03/2024	27/03/2024	GI HOT	Other (2 Units non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 52 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in his bets interest in proportion to the risk of serious harm if undetected medical condition is not treated. phlebotomy procedure	MCA and best interest paper work was reviewed and left with carers.	None required	N/A	None (no harm caused by the incident)	Closed
GHC37419	27/03/2024	27/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (other)		Patient had NG feed administered and weighted blanket placed on legs	Verbal de-escalation	care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC37420	28/03/2024	28/03/2024	Montpelier Low Secure Unit	Montpelier Low Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	3 cort		Patient was given access to the GT Kitchen in order to get some food from the fridge for breakfast. He proceeded to grab other items from the fridge and cupboards and stash them in his pockets. When asked by staff to return the items and leave the kitchen, he refused. This caused a member of staff. Patient refused to leave the kitchen initially requiring staff to shepherd him out of the room. Patient continued to show verbal abuse and derogatory comments at staff.	Planned PMVA team and RT medication given.	Patient reminded of care plans related to food provision. Patient asked to remain in bedroom to calm down.	Care plan already in place. No further action required	None	None (no harm caused by the incident)	Closed
GHC37431	28/03/2024	27/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		PHLEBOTOMY PROCEDURE PBM clinical seated hold on patient in her best interest if undetected medical condition is not treated	MCA AND BEST INTEREST PAPER WAS REVIEWED CARD COPIES LEFT WITH CARERS	None required	None required	None (no harm caused by the incident)	Closed
GHC37433	28/03/2024	28/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		phlebotomy procedure PBM clinical seated hold on patient in his best interest if undetected medical condition is not treated		None required	None required	None (no harm caused by the incident)	Closed
GHC37458	28/03/2024	28/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in their best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC37460	28/03/2024	28/03/2024	Patient's own home	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the yard carers how the procedure was to take place and what monitoring would be used to safeguard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC37464	28/03/2024	28/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others 14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient had been incontinent and was becoming increasingly distressed when staff were trying to personal care. Patient was able to understand that he had been incontinent and his risks associated with this.	PBM was used to support with personal care successfully.	Managed appropriately in line with patient's care plan	NA	None (no harm caused by the incident)	Closed
GHC37467	28/03/2024	28/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Supine (face up)		Phlebotomy PBM clinical hold on patient in bed, in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated		None required	None required	None (no harm caused by the incident)	Closed
GHC37469	28/03/2024	28/03/2024	Patient's own home	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to safely administer a depot injection		None required	None	None (no harm caused by the incident)	Closed
GHC37471	28/03/2024	28/03/2024	Patient's own home	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient held with a PBM Clinical Hold in his best interest to obtain a blood sample as requested by GP		None required	None required	None (no harm caused by the incident)	Closed
GHC37472	28/03/2024	28/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC37473	28/03/2024	28/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC37474	28/03/2024	28/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC37475	28/03/2024	28/03/2024	Patient's own home	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM Clinical Hold used to obtain a blood sample in patient's best interest.		None required	None required	None (no harm caused by the incident)	Closed
GHC37477	28/03/2024	28/03/2024	Other (2 Units non-GHC	GI HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care 14 - Facilitate personal care 14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC37481	28/03/2024	28/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her naso-gastric tube feeding.	Patient is a high risk of food aspiration. She was given her NG feed in a seated position. She was given her meal via her prescribed medication. She was upset and was brought to the clinic room to administer her medication. Staff tried to reassure her that she was safe and that she was not in trouble. She was then taken back to the ward.	care plan followed debrief during esc walk	n/a	None (no harm caused by the incident)	Closed
GHC37488	29/03/2024	28/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	1 cort		Patient was found to have been incontinent and was not able to process instruction or understand staff support	Patient A was supported to his bedroom using PBM holds, patient remained agitated throughout	Managed appropriately, no harm caused	NA	None (no harm caused by the incident)	Closed
GHC37496	29/03/2024	29/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed.	The patient was held on light PMVA holds to facilitate their nasogastric feed.	care plan followed debrief during escorted walk	n/a	None (no harm caused by the incident)	Closed
GHC37500	29/03/2024	29/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Patient is unable to communicate verbally. Patient was brought to the ward and sat on the table tennis table. Patient was shouting and swearing at staff. Patient was offered 2 mg lorazepam which he refused to take and verbalised that "it is not doing anything". 10:40- Patient was then seen to be kicking the fire door to the ward and banging on the window. Patient's demeanor however it kept on going hence forearms holds was used and guided him back to the bedroom. 11:00- he again was banging the bedroom door and was smashing the bed room door and punching the bedroom wall. PMVA was activated but holds where not used ,he accepted 5mg lorazepidal orally.	Forearm holds was used on the patient Rt was justified due to the current presentation	Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC37522	29/03/2024	29/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Staff heard patient headbanging in bedroom around 17:50.	Patient had removed his lower half clothing & had been incontinent of urine, he was unable to tend to his personal care. Staff offered and encouraged him to support him with personal care	Offered and encouraged patient to support with personal care Offered cup of tea and biscuits Offered ice pack and pillow etc. PMVA Team called. PMVA Team arrived. Offered and encouraged patient was not responding.	Care plan followed Debrief offered to patient. Debrief offered to staff. Risk assessment reviewed. Long term risk of self injury identified Management plan in place Restrictive interventions often required to minimise risk of self harm Patient engaging with self Harm Pathway	n/a	None (no harm caused by the incident)	Closed
GHC37523	29/03/2024	29/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Seated (other)		Patient had removed his lower half clothing & had been incontinent of urine, he was unable to tend to his personal care. Staff offered and encouraged him to support him with personal care	PBM holds utilised to facilitate necessary personal care	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC37525	29/03/2024	29/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient had been incontinent & required personal care, unable to consent to this & became agitated	PBM holds utilised to facilitate personal care	Patient supported with care as per care plan	NA	None (no harm caused by the incident)	Closed
GHC37527	29/03/2024	29/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious, intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient overheard hood banging against the wall sitting in bed in the bedroom.	Unsafe to remain in bedroom however went to sleep in lounge. PMVA Sleep activated and patient put on holds. Offered PRN medication, although patient declined initially later accepted. Continued to offer one to one. Care plan followed.	Staff followed policy and procedure	n/a	None (no harm caused by the incident)	Closed
GHC37529	30/03/2024	29/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient put on PMVA holds for planned NG feeding	PMVA Sleep activated. Patient on safe holds, seated on pad. Reassurance given. Administered NG feeding successfully.	care plan followed debrief during escorted walk	n/a	None (no harm caused by the incident)	Closed
GHC37538	30/03/2024	30/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user put on PMVA holds for planned NG feeding.	Service user seated on pad with weighted blanket to legs. Reassurance given through out the procedure.	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHC37543	30/03/2024	30/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	52 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		A 2:1 cast PBM safe hold for personal care, due to disorientation and increased distress.	Planned PBM used to complete patient personal care.	Managed appropriately in line with care plan	NA	None (no harm caused by the incident)	Closed
GHC37545	30/03/2024	30/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was becoming increasingly distressed when being supported with personal care. He required personal care but was unable to make decisions, so it was necessary for staff to complete this.	Personal care completed with use of PBM holds	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC37547	30/03/2024	30/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed	Patient was assisted to seated position for facilitating NG feeds. Forearm was used on patient on both arms.	care plan followed debrief during escorted walk	n/a	None (no harm caused by the incident)	Closed
GHC37550	30/03/2024	30/03/2024	Watton Lawn - Greyfriars PICU	Watton Lawn - Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Seated (other)		Patient became extremely distressed following a visit. Patient was screaming and crying hysterically whilst making accusations against staff. Patient was taken to their bedroom and placed in seated holds.	Patient verbally de-escalated.	Review of treatment plan following discussion in MDT. Review of care plans.		None (no harm caused by the incident)	Closed
GHC37563	31/03/2024	31/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Provided holds on light PMVA holds , used pad and on per request weighted blanket. He was less resistive during the procedure. Staff engaged with her, provided 1:1 and given regular medication after the feed. Debrief done. Followed actions as per care plan.	care plan followed debrief during escorted walk	n/a	None (no harm caused by the incident)	Closed
GHC37571	31/03/2024	31/03/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient incontinent of urine and required personal care to wash to reduce the risk of infection. Patient not able to understand the necessity of a wash and was not consenting to it.	PBM used to support with personal care set on bed Brown cushion used behind staff and patient	Patient supported in line with care plan Staff to refer to care plan and NAS plan to try to avoid PBM use where possible	NA	None (no harm caused by the incident)	Closed
GHC37579	31/03/2024	31/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for their nasogastric feed. Staff were unsuccessful in their attempts to administer the feed as members of staff utilised PMVA forearm holds and provided verbal reassurance and support as the nasogastric feed was administered. Service user was offered little to be resistance as the nasogastric feed was administered. Service user was then assisted to the bathroom to freshen up.	Safe PBM holds utilised to complete personal care. Patient was resistive to the procedure. Patient was seated on a chair to the best area and nursed on a 1:1 observation for one hour after the procedure. Debrief done. Followed actions as per care plan.	Care plan followed 1:1/debrief during escorted walk	n/a	None (no harm caused by the incident)	Closed
GHC37582	31/03/2024	31/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Section 3 female patient was head banging in her room causing wound on hr forehead.	PMVA Team was called Patient accepted PRN Lorazepam Wound cleaned and dressed	Staff followed policy and procedure	n/a	None (no harm caused by the incident)	Closed
GHC37592	01/04/2024	31/03/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Seated (other)		Patient from the start of the shift was in bed room kicking and smashing the things. Patient was pacing through the corridors . Kicking the fire main fire exit door. Fire alarm went off because of the kicking. He kicked his bedroom door from outside, smashed the window and was throwing objects out. He started to kick the other doors in corridors and main lounge. He kicked on the radiators, chair, doors, wardrobes, cupboards, windows. This continued to do the same for around 1.30 minutes.	Patient was assisted into the ward by two male officers and he appeared highly distressed, aggressive and verbally abusive. The service user was screaming and shouting and he also kicked several bin in the ward's communal area. When entering his bedroom the service user began ripping the sheets off his bed and he also threw a pillow and side table in the direction of staff. Despite attempts of communication with the service user on numerous occasions, however, upon interaction he presented as very disorientated and confused. The service user's speech content was also very thought disordered and he was talking about unrelated matters. The service user presented with symptoms such as trouble move thinking and echolalia. The service user was also referring to a "korean downstairs" and he shouted at staff to "save her" on multiple occasions. Physical observations were taken and the service user was unhappy to himself frequently, however, staff could not ascertain what he was saying. the service user then began kicking the wall within his bedroom and he attempted to tip over the cupboard in his bedroom. Due to the risk of serious harm to himself, a decision was made to administer medication to alleviate some of the service users distress and agitation. I offered the service user oral RT medication, however, he attempted to grab the medication (including an injection) and staff prevented him from doing so. I attempted to explain to the service user that staff were trying to help him but he had calmed and allocated some of his distress.	Physical observations were taken: Blood pressure - 115/87 Pulse - 112 Oxygen saturations - 98% Temperature - 38.4 Respirations - 16 Following this non-touch observations were completed with no concerns and the Duty Dr was informed. A wellbeing check was also completed with the patient.	Staff followed policy and procedures	n/a	None (no harm caused by the incident)	Closed
GHC37603	01/04/2024	01/04/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	AWOL, absconding and missing patients	Patient attempted to abscond	10 - Prevent the patient absconding from the ward/unit	Planned	PMVA (physical intervention)	1cort		Patient attempted to abscond, refused to go back into the ward and sat on the table tennis outside the ward.	Patient restrained back on ward x2 staff.	Staff followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC37605	01/04/2024	01/04/2024	Watton Lawn - Friary Ward	Watton Lawn - Friary Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed) 52 - PASSIVE RR patient exhibiting extreme and prolonged even agitation	Planned	PMVA (physical intervention)	Seated (POD used)		Patient restrained for RT IM medication.	RT 1mg Lorazepam and 50mg Promethazine administered	safety and procedure followed	n/a	None (no harm caused

GHC97756	04/04/2024	05/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent a patient causing serious physical injury to themselves by violence	Planned	PMVA (physical intervention)	Seated (other)		Patient A escalated pacing in corridors, shouting, throwing things to staff, kicking and moving furniture, responding +++ and unpredictable.	Patient restrained RT medication administered		safety and procedure followed	n/a		None (no harm caused by the incident)	Closed
GHC97754	04/04/2024	04/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Unplanned	PMVA (physical intervention)	Seated (FOD used)		Patient was due for her Nasal gastric tube feeding.	She was held on light holds with two staff on fore arm holds. Pad was used and weighted blanket was ado used. she was not resistive. Interacting with staff during the feed.		Care plan followed S.136/detraf during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC97730	04/04/2024	04/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM Clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.			None required	None required		None (no harm caused by the incident)	Closed
GHC97733	04/04/2024	05/04/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient had been offered support with personal care, which he declined. however he had changed his clothes and brought them to the staff and threw the clothes at staff and began targeting one member of staff.	The other staff intervened and in the process of applying PBM to escort him to his bedroom, the patient managed to scratch one of the staff on his leg causing injury.		This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed	The physical intervention was implemented as restrictive+ failed and due to the level of risk. All interventions are for the least possible amount of time.		None (no harm caused by the incident)	Closed
GHC97755	04/04/2024	04/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient is due for Feed. Called planned PMVA	PMVA holds applied, patient was seated on pad and weighted blanket was used.		safety and procedure followed S.11 debrief given on ex walk	n/a		None (no harm caused by the incident)	Closed
GHC97756	04/04/2024	04/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (FOD used)		Patient started to head bang against the sharp edge of the wardrobe in her bedroom. She was banging hard and severely .	Staff approached her. Tried to verbally de-escalate her. She has not shown any signs of slowing down or listening to what staff was communicating. Team was called. Moved her away from the wall . She was dragging the staff around and was resisting. PMVA was applied to her arms and staff were able to hold with the help of cushion to hold the legs . No pads was wniped on the back and head. She was given Oral RT medications. Which she was declining continuously . IM RT medication was administered. She screamed at holds after the RT injection for 10 minutes. Relased from holds when she was more settled. S.11 given after. Debrief completed. Explained her why she was given IM injection and was put on holds. Explained to her the risk of harm. She was given her inhaler PRN as she was having a breathing difficulty . Physical observations were all in normal range .		safety and procedure followed	n/a		None (no harm caused by the incident)	Closed
GHC97764	05/04/2024	05/04/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was very unsettled in the communal area, encouraged to in the staff who was set and invited to to move the other way, talking continuously, pressured speech, tangential in nature.	Patient was offered oral and medication offered on several occasion with different staff members, no covert medication plan in place. Duty doctor informed who advised to administer lorazepam 0.5mg IM. Using PBM holding technique, HCA on right arm , HCA on left arm and staff holding the legs and lorazepam administered. Patient remained on holds after the RT injection for 15 minutes. Relased from holds when she was more settled. S.11 given after. Debrief completed. Explained her why she was given IM injection and was put on holds. Explained to her the risk of harm. She was given her inhaler PRN as she was having a breathing difficulty . Physical observations were all in normal range . PBM Clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is treated.		Incident managed appropriately by nursing team MHT aware and treatment plan reviewed. Reporter reminded regarding not writing personable identifiable information in description and full names in PBM description	No further lessons identified		None (no harm caused by the incident)	Closed
GHC97772	05/04/2024	05/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was due for her navo gastric tube feeding.	Patient was held on light holds with 2 people on fore arm holds. pad and weighted blanket was used. S.11 after, assisted for a walk.		Care plan followed S.136/detraf during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC97777	05/04/2024	05/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was agitated, intimidating others personal space, confrontational and refusing regular and PRN medication. She was unable to be verbally de-escalated, Therefore she was given RT as PMVA holds.			Continue with treatment plan.	Review of care plans.		None (no harm caused by the incident)	Closed
GHC97782	05/04/2024	05/04/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM Clinical seated hold on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is treated.			None required	None required		None (no harm caused by the incident)	Closed
GHC97783	05/04/2024	05/04/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Escort		Patient had been sick in communal areas, and vomited over her shoes and trousers. Patient asked to go down to room to change however was refusing, shouting and swearing at staff. Patient escorted to bathroom with PBM escort hold applied to her arms and the bread. Once patient in bathroom she appeared to settle and accepted support.	Nurse sent to bathroom. Given bath, accepting support.		Patient was very poorly and was not amenable for verbal prompts or gentle intervention attempts to be done in order to render personal care for a short while, has vomited on his shoes and trouser . Situation was escalated appropriately and immediate review of physical well being of the client and pad resident review was done by the medic. Staff who held the client are both trained for PBM	No lesson to be learnt as the incident was handled appropriately and escalated appropriately		None (no harm caused by the incident)	Closed
GHC97802	05/04/2024	05/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was found upset and distressed in the lounge area, patient was observed to be holding a bottle of Clozapine, following this they came out of their room and were observed to be shouting at staff who were present in a threatening demeanour. Patient A was guided back to their room on several occasions in light arm holds by staff, patient was not resistive and declined to have a discussion with staff about the incident.			Patient declined debrief. Review care plans.	Continue with current treatment plan. Discussion during handover.		None (no harm caused by the incident)	Closed
GHC97804	05/04/2024	05/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was observed to be in the communal area displaying signs of distress and Rx Clozapine, administered under PMVA and escorted to bedroom. Patient non-resistive, light-seated holds.			Physical observations completed. Continue with treatment plan.	Debrief with patient.		None (no harm caused by the incident)	Closed
GHC97805	05/04/2024	05/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient is due for NG feed, called plan PMVA.	PMVA applied holds, patient was seated on pad, a weighted blanket was used.		Care plan followed S.136/detraf during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC97809	05/04/2024	05/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Clinical care, treatments and procedures	Patient and/or carer non-consultant with care / treatment plan	10 - Prevent a patient being violent to others	Planned	Other form of physical intervention	Prone (face down)		RT Clozapine Nursing staff have been offering oral clozapine today with ongoing refusals. Discussion with the charge nurse and staff nurse - will not be administered, will offer IM Clozapine now, as previously documented. Prescription updated for the weekend with STAT/1 line with plan. IM Clozapine now agreed with the Chair of ITC.	The patient was given the option of chewing oral Clozapine, and she chose to have an IM injection. She was supported by the team in her bedroom. The patient was given 2 ml of Clozapine in the right upper quadrant of the gluteal and 2 ml of Clozapine in the left upper outer quadrant of the gluteal. The patient was monitored in accordance with only inspirations recorded due to patient noncompliance. However, the patient did consent to a set of observations at 16:00, Resp 16, BP 130/81, Pulse 96.		Continue with current treatment plan.			None (no harm caused by the incident)	Closed
GHC97812	06/04/2024	05/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Greyfriars PCU	AWOL, absconding and missing patients	Patient attempted to abscond from the ward	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		patient tried to abscond from the ward	patient managed to run to the top of the stairs outside door ward when staff caught up with them. PMVA holds applied and brought them back to the ward and to their bedroom.		safety and procedure followed	n/a		None (no harm caused by the incident)	Closed
GHC97813	06/04/2024	05/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		patient was stood at the bottom fire doors at the female end, staff observed that they had pulled the bar to open the fire doors off the wall	staff spoke to the patient who was non engaging and sat them in holds and walked them back to their bedroom.		safety and procedure followed	n/a		None (no harm caused by the incident)	Closed
GHC97814	06/04/2024	05/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		staff member opened the office door and patient attempted to barged their way through to gain access to the outside door to abscond	staff members attempted to block the door way and close the door, patient was moved away from the area		Managed well by staff	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC97815	06/04/2024	05/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was sat in the female lounge with the light off. Staff heard banging, went into the room and found the patient headbanging on the metal grill above the top of their head.	staff placed the patient in holds and moved them to a seated position and sat and attempted to comfort them, then let go.		safety and procedure followed	n/a		None (no harm caused by the incident)	Closed
GHC97819	06/04/2024	05/04/2024	10 Inpatients - Berkeley House	Berkeley House	Accidents and injuries (not falls or sharps)	Collision or contact with an object	13 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PBM (physical intervention)	Escort		Patient attacked staff at handover time. Patient then started slamming the tea cupboard door against the main door and attempting to destroy property. Staff attempted to talk to the patient but he was unable to hear and took the tea cupboard. Patient charged towards staff. Staff safe hold him to his room. Patient was struggling in the process and attempting to scratch staff. In the process, patient had a cut to his lower lip and staff had scratches to his face.	First aid administered.		This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis . Bleeding wanted to ensure more thorough search of Belainees at the point of admission		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC97820	06/04/2024	06/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		patient was due for her navo gastric tube feeding.	patient was held on light holds. Pad and weighted blanket was used. 1:1 after the feed. Had her prescribed medications post feed.		Care plan followed S.136/detraf during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC97823	06/04/2024	06/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Escort (FOD used)		02:40 - The patient was seen to be headbanging with her forehead on to the window mesh in her bedroom. Staff intervened tried verbal de-escalation as it did not de-escalate the patient staff stopped them from headbanging using forearm holds made them sit in the bed. Once the patient appeared to be settled, staff left the bedroom. 17:00 - The patient was again seen to be headbanging on the bedroom window, as verbal de-escalation was not effective staff applied forearm holds as previously. Provided ice pack. Completed a set of physical observations and neurological observations all within the normal range - patient alert and reactive. Duty doctor was informed about the head banging. 17:50 - As the patient started again using her back of the head to head banging on to the wall, PMVA team was called the patient was put on seated safe holds using a leg cushion. As they still tried to shuffle back to the wall to head bang. The patient accepted and IM Lorazepam 2mg - no holds in place. at 18:05. Patient accepted to 1 set of physical observations. 9am - hoah physical observations started. PMVA staff stayed with the patient for around 15 - minutes till the patient appeared to be settling down - reassurance given ++	Non-pharmacological interventions were employed initially. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.		N/A		None (no harm caused by the incident)	Closed
GHC97824	06/04/2024	06/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Member of staff assaulted by patient when re-directed them from trying to leave the ward	Restrictive interventions used by other staff to remove patient from loyalty		Patient exhibiting aggression and violent behaviours due to unsettled mental state. Care plans followed to support patient.	Risk acknowledged, care plans in place to support patient.		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC97812	06/04/2024	06/04/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. Clinician also checked inter left ear with otoscope at same time.			None required	None required		None (no harm caused by the incident)	Closed
GHC97817	06/04/2024	06/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient harming others/the dangerous behavior	Unplanned	PMVA (physical intervention)	Seated (other)		Patient become increasing agitated in the communal area, expressing a want to leave the ward and stopping others from re-entering the ward. staff guided patient away from the door, they walked towards their room and attempted to pick up a chair in the communal area. staff applied arm holds to the patient and guided patient to their room where the patient sat and patient sat on the bed in a seated position. Staff were able to verbally de-escalate patient.			Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC97819	06/04/2024	06/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Escort		patient was given IM Lorazepam 2mg - no holds in place. at 18:05. Patient accepted to 1 set of physical observations. 9am - hoah physical observations started. PMVA staff stayed with the patient for around 15 - minutes till the patient appeared to be settling down - reassurance given ++	Non-pharmacological interventions were employed initially. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.		N/A		None (no harm caused by the incident)	Closed
GHC97781	08/04/2024	08/04/2024	Montpellier Law Secure Unit	Montpellier Law Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Standing		patient became verbally aggressive calling all staff 'Simeons and idiot, bitch.' Patient was told this was inappropriate language however this continued and escalated. Patient asked to return to his room however refused			No further action	None		None (no harm caused by the incident)	Closed
GHC97908	08/04/2024	08/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)			PMVA holds applied and escorted to bedroom. Nasogastrictfeed administered using light PMVA holds by 2 member of staff.		Care plan followed S.136/detraf during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC97909	08/04/2024	08/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Member of staff assaulted by patient when re-directed them from trying to leave the ward	Restrictive interventions used by other staff to remove patient from loyalty		Patient exhibiting aggression and violent behaviours due to unsettled mental state. Care plans followed to support patient.	Risk acknowledged, care plans in place to support patient.		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC97912	08/04/2024	08/04/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. Clinician also checked inter left ear with otoscope at same time.			None required	None required		None (no harm caused by the incident)	Closed
GHC97913	08/04/2024	08/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		Patient became increasing agitated in the communal area, expressing a want to leave the ward and stopping others from re-entering the ward. staff guided patient away from the door, they walked towards their room and attempted to pick up a chair in the communal area. staff applied arm holds to the patient and guided patient to their room where the patient sat and patient sat on the bed in a seated position. Staff were able to verbally de-escalate patient.			Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC97914	08/04/2024	08/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was due for her navo gastric tube feeding.	Pad and blanket used.		Care plan followed S.136/detraf during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC97916	08/04/2024	08/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient has been assaultive throughout the shift, placed in precautionary holds on multiple occasions.			Care plans reviewed.	Discussion during MDT.		None (no harm caused by the incident)	Closed
GHC97984	09/04/2024	09/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		service user AS was in a distressed state in the communal area and was shouting and screaming, saying "I need to get out of here and be with my daughter." She then went into garden and continued with this presentation until she exploded when staff attempted to intervene she screamed at staff and told them to stay away. Subsequently, AS was placed in loose holds through the communal area to her room were she was guided into her room and placed in the bed with staff.	Placed in loose holds and directed to her room. Released at the point of sitting down on her bed.		Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC97988	10/04/2024	09/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		assault staff and fellow patients, patient A taken to their room in PMVA holds and holds released, patient A was observed to be shouting and swearing and screaming to for staff. PMVA holds utilised again to take patient to their room where they dropped their weight onto the bed and supine holds utilised briefly whilst patient was verbally de-escalated due to	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.		Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.			None (no harm caused by the incident)	Closed
GHC97989	10/04/2024	09/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Clinical care, treatments and procedures	Patient unable to use mobile phone	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Escort (FOD used)		02:30 Patient asked staff to use her mobile phone. This was facilitated. Patient sat with staff and used the phone. At 02:45 patient was observed by staff to be abusive over the phone sending various text messages . Staff tried to put boundaries by saying to the patient that she was not allowed to send abusive texts over the phone. Patient was reluctant to hand over her phone hence staff had to get the phone from her hands. 02:55- Soon after the conversation she began escalating and was seen to be fist punching her room walls and was observed to be kicking the door. 3 x staff were called to the room and were advising the staff are saying to the staff that "YOU CAUSED MS ANDERSON" she then was screaming in the communal area so staff had to use forearm holds and had to take her back to her bedroom. 03:45- Patient kept on screaming in her room toward the staff and was abusive towards the staff along with chaotic in presentation. 03:50-staff tried to verbally deescalate the situation. Staff were advising the patient that as soon as possible the following RT was rationalised, Patient took tablets of Lorazepam 2mg as RT and Promethazine 50 mg as an STAT dose. 11:05 - Later Patient was seen to be naked in her room and was seen to be punching on her room	Non-pharmacological interventions were employed initially. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.		Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.			None (no harm caused by the incident)	Closed
GHC97990	10/04/2024	09/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		21:30 - Staff heard a banging noise coming from the service users bedroom. Upon entry, staff observed the service user hitting the grill of her bedroom window with her forehead. Staff noted that as a result of this the service user had two large red abrasions on her forehead. Staff attempted communication with the service user, however, she did not respond. Staff also attempted to place a pillow behind the service users head to soften the impact with which her head hit the window. Due to the incident, distress that the service user was experiencing as well as concerns that she may cause herself significant harm, the decision was made to call a psychiatric emergency. 21:35 - 21:40 - PMVA trained members of staff arrived on the ward and utilised forearm holds to prevent the service user from banging her head against the grill of her bedroom window. The service user was then transferred to a sitting position on the edge of her bed. Staff attempted verbal communication with the service user and asked her how she was feeling and if there was anything that staff could do to help. However, the service user was still visibly experiencing. However, the service user did not respond to this and she shuffled herself up the bed and attempted to hit her head against her bedroom	Managed well by staff following policy and procedure	N/A		None (no harm caused by the incident)	Closed
GHC97991	10/04/2024	09/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		patient was sat in the female lounge with the light off. Staff heard banging, went into the room and found the patient headbanging on the metal grill above the top of their head.	Service user moved to the lounge where they were engaging with gestural and gentle physical prompt. PBM practitioners supported arms in clinical hold, at this point patient became resistive to intervention and was placed in seated safe holds. Non-supporting PBM practitioners attended with PBM leg cushion to immobilise legs. Phlebotomist achieved sample for analysis.		Review risk and observation level Review of care plans	Debrief to staff and patient Discussion in MDT Discussion during handover		None (no harm caused by the incident)	Closed
GHC98000	10/04/2024	09/04/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical seated hold on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.			None required	None required		None (no harm caused by the incident)	Closed
GHC98001	10/04/2024	10/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		patient reached out and stopped another patient on the back			Debrief for staff. Core boundaries implemented. Review of risk and observation level.	Discussion during handover. Discussion during ward review. Treatment plan and care plans reviewed.		None (no harm caused by the incident)	Closed
GHC98005	10/04/2024	10/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		pmva required for NG feed.	pad and weighted blanket used S.11 as per care plan		care plan followed S.11 during ex walk per sp	n/a		None (no harm caused by the incident)	Closed
GHC98017	10/04/2024	10/04/2024	Other (2) Unit- non-GHC	Other (2) Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		phlebotomy procedure PBM clinical seated hold on patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated	NCA and best interest paper work was reviewed		None required	None required		None (no harm caused by the incident)	Closed
GHC98018	10/04/2024	10/04/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is treated.			None required	None required		None (no harm caused by the incident)	Closed
GHC98028	10/04/2024	10/04/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		patient held in a clinical hold to enable bloods to be taken safely.	re-assurace through-out		None required	none		None (no harm caused by the incident)	Closed
GHC98032	10/04/2024	10/04/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Use/APs administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Child refused to attend appointment in communal area, encouraged to in the staff who was set and invited to to move the other way, talking continuously, pressured speech, tangential in nature. Child's mother was in full agreement with the procedure and present throughout.			None planned intervention	none planned intervention		None (no harm caused by the incident)	Closed
GHC98037	10/04/2024	10/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		patient was due for her Nasal gastric tube feeding.	patient was held on light holds. nasal pad and weighted blanket. She was interacting through out the feed . Pleasant and polite. Escorted for a walk after. 1:1 for one hour. Had her prescribed medication.		Care plan followed S.11 during ex walk	n/a		None (no harm caused by the incident)	Closed
GHC98040	10/04/2024	10/04/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (FOD used)		Patient was observed in the ward, proceeded to the communal area where he was observed by ECA by ambulance transport staff, holds taken over by staff on the ward. Placed in the POD until able to safely be escorted to his room.			Debrief offered to patient.	Ensure appropriate resources available on admission to manage acute disturbance.		None (no harm caused by the incident)	Closed
GHC98041	11/04/2024	11/04/

GHO38091	11/04/2024	11/04/2024	LD IHOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Phlebotomy PBM clinical seated hold on patient in bed. Interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHO38092	11/04/2024	11/04/2024	LD IHOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		phlebotomy PBM clinical seated hold on patient in her best interest in proportion to the risk of serious harm if any undetected medical condition is not treated.	NCA and best interest paper work was reviewed and left with carers	None required	None required	None (no harm caused by the incident)	Closed
GHO38095	11/04/2024	11/04/2024	LD IHOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHO38098	11/04/2024	11/04/2024	LD IHOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		phlebotomy procedure PBM clinical seated hold on patient in his best interest in proportion to the risk of a serious harm if undetected medical condition is not treated	NCA and best interest paper work was reviewed and left with the carers	None required	None required	None (no harm caused by the incident)	Closed
GHO38104	11/04/2024	11/04/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Provent a patient causing serious violent to others	Unplanned	PBM (physical intervention)	Escort		Patient handed laptop to staff at 12:40. Staff then prompted patient for toilet and shower. Patient charged towards staff attempting to scratch. Staff tried to redirect and distract patient but patient kept charging towards staff and was attempting to go to the kitchen where there were rosters.	Patient was safe hold to his bedroom and staff withdrew.	Care plan reviewed and updated following Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, Breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHO38113	11/04/2024	11/04/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Patient attended CAMHS LD Phlebotomy clinic.	Patient offered to sit in pod which they did initially with good support and gentle physical prompt. Staff then positioned supported both arms and legs using clinical hold on POD. Left arm and both hands presented to phlebotomist. No sample obtained.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHO38115	11/04/2024	11/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB (patient inpatient / residential)	13 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		Patient was headbanging on her bathroom wall.	Declined to engage. Required arm holds out of her bathroom. Verbal de-escalation was done. Settled and returned to communal areas. Hourly observations done	Staff followed policy and procedures	N/A	None (no harm caused by the incident)	Closed
GHO38118	11/04/2024	11/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed in holds with 2x members of staff as per to facilitate NG feed as per care plan.		Care plan followed Debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO38120	11/04/2024	11/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Provent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		This could not be facilitated, he became abusive to staff and assaulted staff by hitting his ear. Redirected back to his bedroom and he assisted PRN sicrosidem 2mg administered orally which he accepted it and fell asleep. At 14:15 he woke up and started shouting and became increasingly agitated, requesting to go out. He again targeted Staff and attempted to hit staff again.	PMVA team called and put in holds and escorted to his bedroom. Rpt Promethazine 50mg administered at 14:15 with effect. Next office Non-touch observations completed	managed well by staff following protoc ol to PICU and accepted	N/A	None (no harm caused by the incident)	Closed
GHO38124	11/04/2024	11/04/2024	Watton Lawn- Priory Ward	Watton Lawn- other outside	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (other)		Patient ran off the ward . Staff followed her, stopped her from the reception. But she was trying to run off. Not listening to staff. She pushed the staff . Staff put her on holds. Pushed staff towards the rail at the front . PMVA team was called . While she was on holds, she was trying to push staff towards the fence on holds while she was on floor. On holds she was given verbal de-escalation through out . She was asked to come to standing position ,which she some up half way through, but dragged back the staff. Staff tried to walk towards the wall to have a comfortable position . Started to head banging towards the wall . Staff tried to stop the head banging. She stopped head banging . She had a cigarette while she sat besides the kitchen door . Staff gave her 1:1 through out . but she refuses to engage with staff . She was not willing to come in . She told staff that she need to go to garage . When asked the reason for going to garage . She told that as you all know the reason and there is no other reason . She was held on holds again. She was escorted on holds . Staff tried to make sure that she is inside the building . While she was in courtyard, she was not willing to return to ward. She tried to climb the wall . Staff managed to bring her down. Called PMVA team again . She was held on holds and escorted to her bedroom .	During the whole incident one staff was with her. Tried to verbally de escalate her. tried to make her back to to the ward , as she was not willing to return to ward. Staff were returned to ward and restricted as 1:1 after . Informed duty doctor as she was complaining of swelling of the blood vessel on arm. Informed duty doctor . offered PRN medication, which she refused.	NOT MODERATE PHYSICAL HARM Staff followed policy and procedures	N/A	None (no harm caused by the incident)	Closed
GHO38127	11/04/2024	12/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient inpatient / residential)	11 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Prone (face down)		Patient attempted to self harm by banging head on bedroom, patient is seen banging on bathroom with fans. Patient X had also superficial scratches old cuts on forearm. Verbal de-escalation unsuccessful due to level of agitation, PMVA holds utilised and patient continued to become increasingly combative, oral RT offered however patient refused, attempted to move patient to floor safely however patient forcefully threw themselves into prone on the bed. IM RT administered and holds released within 2 minutes.	Patient supported to clean wounds, pain relief offered	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	Low (minor harm, e.g. takes up to 1 month to recover)	Closed
GHO38131	12/04/2024	12/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		22:55 - Staff informed me that the service user worked out of the main entrancebet of the ward and was trying to get into the courtyard via the entrance. I Went / followed the service user and observed her walking towards the staircase that leads to the main entrancebet to the Hospital and the Hospital courtyard. The service user then attempted to bend down to pick up a rock that was placed next to the staircase and I stopped her from doing so by blocking her exit route. I asked the service user what had happened and she responded by saying "nothing", I also asked the service user where she was planning to go and she said that she was going to the shop and spoke with the service user for approximately 1 hour, during this time period the service user did engage in conversation and she did stop banging her head against the wall. the service user spoke about how she does not like a "future" at the moment. 23:45 - 23:45 - Non-touch RT observations were commenced when the service user returned to the ward and this continued every 15 minutes up until 23:45 without any concerns. The service user's physical observations were then taken at 23:45, these were: BP - 107/63 P - 76 S - 98 T - 36.3 R - 17 04:30 onwards - the service user retrired to bed at 04:45 and she has slept from approximately 01:00. Non-control RT observations have continued without any concerns and are due to cease at approximately 07:30.	22:45 - 23:45 - Non-touch RT observations were commenced when the service user returned to the ward and this continued every 15 minutes up until 23:45 without any concerns. The service user's physical observations were then taken at 23:45, these were: BP - 113/73 P - 92 S - 100 T - 36.3 R - 17 04:30 onwards - the service user retrired to bed at 04:45 and she has slept from approximately 01:00. Non-control RT observations have continued without any concerns and are due to cease at approximately 07:30.	Staff followed policy and procedures	N/A	None (no harm caused by the incident)	Closed
GHO38132	12/04/2024	12/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		01:00 - 01:30 - The service user started banging her head against the wall in the courtyard at approximately 01:00. Staff entered and asked the service user how she was feeling and she responded "I'm some", the service user did, however, stop banging her head at this this point. During this conversation the service user stated that she was heard because it "sticks out" from the wall and this is a means to cause herself intentional harm. The service user expanded on this by saying that she had been considering "smashing glass or plastic" with the intention of using this to cut her throat. PRN medication was offered to the service user, however, the service user declined medication and no holds were also suggested, however, The service user responded by saying "I've done that the past few nights" and "I still wake up feeling shit". Staff also offered to stay with the service user and provide 1:1 support, however, the service user declined this, declined and said that she wanted to be left alone. 01:30 - 02:30 - When staff left the dining room the service user re-started banging her head lightly against the wall. Staff entered the courtyard and spoke with the service user for approximately 1 hour, during this time period the service user did engage in conversation and she did stop banging her head against the wall. the service user spoke about how she does not like a "future" at the moment. 02:30 - 03:30 - The service user started banging her head against the wall in the courtyard at approximately 02:30. Staff entered the courtyard and this continued to occur every 5 minutes. Staff attempted to engage in de-escalation in an attempt to reduce the risk of self harm. After a period patient approached staff and asked for a cup of tea, at aboteen, causing ARI 3. Staff then physically intervened, placed in standing holds and hands secured and removed from communals. Patient then became more relaxed in staff hand, after a	03:15 - 04:30 - Non-touch RT observations were completed every 15 minutes up until 04:30 with no concerns. A set of physical observations were also taken at 04:00, these were: BP - 107/63 P - 76 S - 98 T - 36.3 R - 17 04:30 onwards - the service user retrired to bed at 04:45 and she has slept from approximately 01:00. Non-control RT observations have continued without any concerns and are due to cease at approximately 07:30.	Staff followed policy and procedures physical obs taken as per RT Policy	N/A	None (no harm caused by the incident)	Closed
GHO38133	12/04/2024	12/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		Patient requiring redirection to his bedroom on multiple occasions due to verbal threats and disruptiveness on the ward. This has required hands on and verbal redirection.	Proactive PRN prnoz arrival. Escorted to room (lower stimulus environment)	Review risk and observation level Review of care plans	Debrief to staff and patient Discussion in MDT Discussion during handover	None (no harm caused by the incident)	Closed
GHO38135	13/04/2024	13/04/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient was grabbing, pinching and scratching staff. A PBM two person removal was used as verbal redirection was unsuccessful.		None	None	None (no harm caused by the incident)	Closed
GHO38201	13/04/2024	13/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient entered communal areas with spoon handle, which was taken from him upon being removed leaving sharp metal exposed. Patient reported that they were being commanded to grow 'blood for blood' Staff attempted to engage in de-escalation in an effort to remove the spoon from the patient. After a period patient approached staff and stabbed at abdomen, causing ARI 3. Staff then physically intervened, placed in standing holds and hands secured and removed from communals. Patient then became more relaxed in staff hand, after a	Standing holds used, arms secured, item removed. Staff disengaged when safe to do so.	None	None	None (no harm caused by the incident)	Closed
GHO38204	13/04/2024	13/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		Patient was very distressed. She entered the kitchen, broke the microwave plate in the kitchen with the intension to self harm with it. She was very resistive	Required escorted arm holds out of the kitchen.	microwave removed	patients now do not have a microwave	None (no harm caused by the incident)	Closed
GHO38206	13/04/2024	13/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient reported hearing voices instructing them to harm staff and others. Patient was observed by staff, they assaulted a member of staff with a broken spoon and also attempted to assault another staff with the same weapon. Patient presented as distressed and was head banging on the wall. patient was not responding to verbal de-escalation, declined oral medications and refused to engage with staff. Patient was then supported to their	Patient was put in Seated arm holds on bed. Patient was very resistive with staff, Cushion used. RT olanzapine 2mg was administered RT with good effect.	staff welfare checked parent now on PICU	n/a	None (no harm caused by the incident)	Closed
GHO38209	13/04/2024	13/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Action taken at time of incident: Provided feeds on light PMVA holds , used pod and as per her request weighted blanket . He was less resistive during the procedure . Staff engaged with her, provided 1:1 and given regular medication after the feed. Debrief done. Followed care plans.		Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO38210	13/04/2024	13/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Approximately 12:50 staff heard banging sound coming out from patient's room, staff immediately went to the room, patient was found in the entering patient's room staff saw patient head banging in her bathroom while listening to music, banging back of her head against wall , low intensity headbanging. As per care plan staff removed her on pod and t=set to verbally deescalate the patient but she completely disengaged, used cue card but no effect , used cold compress and requested to the patient to come out of her room which she refused. Enquired about the reason for headbanging to which she didn't answer. Staff then decided to apply PMVA holds as per the holds (2 members) at 13:07 and tried to guide the patient to bed, when staff used PMVA holds patient become very resistive ,therefore called PMVA team. Decision made to give RT, provided lorazepam oral tablet at 13:23. RT observation completed (normal physical observation) and neuro observation taken. Increased her obsevation level to 15/15. Dietz Dr was informed. Provided 1:1 while on 1:1 staff tried to engage with the patient but she completely disengaged, and continued to head bang.		Staff followed policy and procedures	N/A	None (no harm caused by the incident)	Closed
GHO38211	13/04/2024	13/04/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		Patient refused to come back to the ward from assorted leave outside hospital and he walked off to the recreation road. Staff tried to redirect him back to the ward but patient refused and continued to walk off the ward. Patient again tried to leave the ward. Called for PMVA assistance, on holds he was taken to his bedroom. He said he don't want a female staff to	He was not listening to the staff,however,he accepted the offered oral RT Lorazepam. Later, PRN 25 mg promethazine was administered with good effect.	* Patient seeking to leave hospital whilst unauthorised to do so. * Staff sought to de-escalate patient with view to returning to ward. * PMVA team assembled as patient refusing to return. * Medication given to patient as a means of calming.	Staff executed duties professionally and with respect of patient wishes.	None (no harm caused by the incident)	Closed
GHO38213	13/04/2024	13/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		one of the patients posing around the ward when another patient unprovoked walked up to them and punched them in the face catching the left side of the eye		Debrief with patients. Review of risk and observation level.	Care plans and treatment plans reviewed.	Low (minor harm, e.g. takes up to 1 month to recover)	Closed
GHO38219	13/04/2024	13/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient is due for Feed. Called planned PMVA	PMVA holds applied, patient was seated on pod and weighted blanket was used.	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO38222	13/04/2024	13/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (POD used)		The patient tried to abscond from the ward, was seen followed and stopped her from leaving. The patient was stopped from leaving and brought back to the ward. The patient continued to kick the exit doors of the ward in order to leave, and the patient kicked the staff on the leg as well. The staff verbalised with the patient and deescalated, but to no avail.	The patient then was taken under 1:1 supervision, the patient was put on clinical hold and returned to the ward. The patient was returned to have IM Promethazine 50mg given. After the administration of IM, the patient continued to kick the exit doors. Continue to verbally esyalation and the patients pain	Patient has known risk of property damage when attempting to leave the ward due to risk of self harm. Appropriate safeguards and interventions put in place by staff,patient came to no physical harm.	Care plans in place to support patient, risks acknowledged.	None (no harm caused by the incident)	Closed
GHO38223	13/04/2024	13/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient is due for Feed. Called planned PMVA	PMVA holds applied, patient was seated on pod and weighted blanket was used	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO38225	13/04/2024	13/04/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient made an attempt to grab staffs upper arm and ended up in a clothes grab.	verbally redirected to let go but patient continued to reach into clothing. Removal to chair and then patient let go	Review risk and observation level Review of care plans.	Debrief to staff and patient. Discussion in MDT Discussion during handover	None (no harm caused by the incident)	Closed
GHO38231	13/04/2024	13/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient has required frequent physical interventionn throughout the entirety of his late shift in order to stop staff from being physically assaulted. The most restrictive intervention has been a seated restraint. Staff have had to hold patients arms / hands in a standing position in order to avoid assaults.		Debrief to staff and patients. Risk and observation level reviewed. Review of treatment.	Information handed over. Discussion during MDT. Care plan review.	None (no harm caused by the incident)	Closed
GHO38233	13/04/2024	13/04/2024	Chell Lorain 1135 n136	Robert Maxwell n136 suite	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Seated (other)		Rapid onset and increasing agitation shown by detained patient in the Maxwell Suite kicking kitchen door, punching wall, banging her head against window, kicking doors and walls. Another detained patient present in the suite.	Psychiatric emergency called, multiple staff attended. Patient offered de-escalation, security and verbally demanded challenging. Decision made to give Rapid Tranq IM Promethazine 50mg given which in seated restraint bic right thigh. Administered by trained staff. Patient given opportunity for a debrief which they engaged with minimally.	Staff offered supervision due to medication Risk and observation level reviewed. Risk assessment review. Debrief for staff Separate Datix completed to reflect error with needle	None	None (no harm caused by the incident)	Closed
GHO38237	14/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Provent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		PATIENT WAS EXHIBITING SELF HARMING BEHAVIOUR DUE TO THE NATURE OF THE SITUATION PMVA WAS ACTIVATED ESCALATING FOR RAPID TRANQUILISATION.	Description of the incidents At 22:30, patient was observed headbanging for approximately 5 minutes. Staff attempted to de-escalation with two staff members engaging , but patient did not respond positively or engage with the staff. By 22:50, PMVA was activated,forearm holds was used and guided to clinical seated position. Administration of Rapid Tranquilisation (Lorazepam) To manage the situation. Patient was given 2mg of lorazepam orally. Subsequent Behaviour: Despite the initial intervention, Patient resumed headbanging, she was sitting on the floor and smashing the bathroom door towards her head at 23:10, staff tried to verbally deescalate her however it was futile. Once again, PMVA was activated, and the patient was guided back into clinical seated holds. Patient was guided to clinical seated position and leg cushions was used at the time of the PMVA. Use of Promethazine (IM) To further address the challenging behaviour Promethazine 50mg	Staff followed policy and procedures	N/A	None (no harm caused by the incident)	Closed
GHO38239	14/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was evasive on presentation leading to unsettling the ward along with threatening behaviour towards staff	Patient was very unsettled on the 2pm of the shift. Post paing. He was verbally abusive, shouting and chaotic. Would not accept redirection. Other patients in communal areas appeared anxious due to his behaviour. Handover from previous shift reported him to have taken some "speed". 21:50, Planned PMVA and RT IM Lorazepam 2mg administered in seated holds. Non touch observations started due to current presentation. He still remained chaotic, half chewing food and throwing it around communal areas. He kept pacing, still verbally abusive, littered up the male lounge, threw a jug of squash all over the neck corridor and in communal areas, incuding personal space of staff, threatening to hit staff, Saying " I'm going to hit you, f*cking b**ch" after leave to the toilet and for a meals could not be facilitated after this. He kept escalating in behaviour. 00:13, Planned PMVA and RT IM Promethazine 50mg administered in seated holds. Non touch observations started	Managed by staff with RT due to presentation non touch obs completed	Patient took speed	None (no harm caused by the incident)	Closed
GHO38240	14/04/2024	14/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient has been escalating throughout shift, being verbally aggressive, racially abusive. PMVA utilised to take patient to their bedroom.		Review risk and observation level Review of care plans.	Debrief to staff and patient Discussion in MDT Discussion during handover	None (no harm caused by the incident)	Closed
GHO38242	14/04/2024	14/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Escort		Patient continued to escalate in behaviour towards peers and staff members, patient became increasingly distressed and agitated and became racially abusive towards staff members and peers. Patient left the personal space of peers and staff on several occasions and was unable to be redirected. It then became necessary for her own wellbeing to re-direct her to her bedroom. This was to reduce over stimulation	Patient offered restrictive escort to help guide patient to her bedroom. Patient was very resistive and refused to comply. Patient was supported in her room in order to help her get some sleep.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHO38245	14/04/2024	14/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Provided feeds on light PMVA holds , used pod and as per her request weighted blanket . He was less resistive during the procedure . Staff engaged with her, provided 1:1 and given regular medication after the feed. Debrief done. Followed care plan.		Care plan followed 1:1/debrief given during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHO38251	14/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		14:35, 1st Head banging incident: Staff heard banging sounds coming from patient's bedroom. Staff immediately went to the room, patient was headbanging forehead against the glass window, low intensity. Staff tried to de-escalate the patient but de-escalate the patient but was not engaging, used cue card to no effect , cold compress applied. Enquired about the reason for headbanging ,replied that was fine. Patient was encouraged to engage in activity. Resources and other diversional activities was offered but declined, not engaging with staff, continued to head bang. Used PMVA holds at 14:50 and put to sit on bed, cushion was used, was very resistive. Rapid Tranquilisation: RT was administered lorazepam 1mg administered IM at 14:40. post RT physical observations was taken twice as she moved, non -contact was done and neurological observation was check @ease Continued on 1:1 observation. Informed doctor on duty. 15:30, 2nd head banging incident: again patient was headbanging inside toilet banging forehead against the wall, care plan was followed and verbal de-escalation to no effect, continued to head bang. Psychiatric emergency activated, PMVA holds applied, patient was seated on pod and weighted blanket was used.		Staff followed policy and procedures	N/A	None (no harm caused by the incident)	Closed
GHO38254	14/04/2024	14/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient was placed in standing holds however dropped her weight to the floor. Staff assured patient in a supine restraint for a period of time until it was felt safe to let go of holds. Patient was extremely combative throughout. RT 2mg Lorazepam was administered IM .	PMVA team called and duty doctor attended. RT administered. Non-touch observations completed as patient refused physical observations.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHO38255	14/04/2024	15/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Provent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		At around 16:05, Patient was headbanging inside bedroom.Staff immediately went to room, was banging forehead against the wall. Verbal de-escalation was attempted but patient continued banging but at 16:12 wanted to leave the ward. Staffs tried to stop her but was quiet resistive and was pushing staff. Psychiatric emergency was activated, PMVA light holds applied, was seated on pad and cushion was used.	administered at right thigh. Afterwards, patient was settled a bit requested to be escorted to front for smoking which was facilitated 1 hour after the incident. Duty doctor has been informed for review. Physical observation post headbanging was done only once as patient declined, Non-contact physical observations was completed. Debriefing was done. Reviewed by duty doctor.	Physical observation post headbanging was done only once as patient declined, Non-contact physical observations was completed. Debriefing was done. Reviewed by duty doctor.	N/A	None (no harm caused by the incident)	Closed
GHO38263	14/04/2024	14/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient left the ward in an attempt to leave the hospital. Staff followed patient to reception where they refused to return to the ward and was unable to engage in de-escalation techniques.	Patient placed in holds and returned to the ward, patient given opportunity for a debrief which they engaged with minimally.	none	none	None (no harm caused by the incident)	Closed
GHO38267	14/04/2024	14/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort (POD used)		Patient was trying to abscond from the ward via the main exit and kicking the fire exit. Staff attempted verbal de-escalation to no avail. Patient placed in holds and taken to their room where they were seated on the POD and RT IM Lorazepam 1mg	Staff released holds and patient was debriefed. Non-PMVA RT physical observations completed.	Staff aware of risk of patients risk of self-harm. Appropriate safeguards and interventions put in place by staff, patient came to no physical harm.	Care plans in place to support patient, risks acknowledged.	None (no harm caused by the incident)	Closed

GHC68269	14/04/2024	08/04/2024	Watton Lawn- Valley Ward	Watton Lawn- Valley Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was making attempts to leave the ward and to hit out at staff.	Patient given boundaries around behaviour towards staff.	none	none	none	None (no harm caused by the incident)	Closed
GHC68270	14/04/2024	14/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Action taken at time of incident: Given feeds on PMVA habit , used pad and as per patient's request weighted blanket was used. Used verbal de escalate techniques and distraction techniques when right feeds. Staff engaged with the patient throughout the procedure and distracted. Given regular medication after the feed. Taken out for a walk. 1:1 after feed Followed care plan , debrief done.		Care plan followed 1:1/debrief during escorted walk with staff	N/A		None (no harm caused by the incident)	Closed
GHC68272	14/04/2024	14/04/2024	In inpatients , Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient absconding / removing dangerous behaviour	Planned	PBM (physical intervention)	Escort		The patient finished his late breakfast when he requested to go into freezer or return he attempted to attack staff. Staff withdrew however the patient began banging the radiators and doors. The door frame towards the kitchen cracked and bits of plaster came off. The patient was not responding to redirection	Because the patient was not responding to redirection, staff had to apply PBM and try and escort him back to his bedroom, when he managed to punch two members of staff on their hands and arms	The 5 x service for individuals with learning Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.		None (no harm caused by the incident)	Closed
GHC68282	14/04/2024	14/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient saw police who came to deal with another patient. Patient became distressed and started to unsettled. He became threatening and verbally abusive towards Staff 1. He then threw 3 punches towards staff 1, which did not make any contact as staff moved back. As more staffs were near them staff 1 and 2 de escalated the patient and he sat in a seated position. Patient was then taken to his bedroom on precautionary holds where he was given medication.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. NDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		None (no harm caused by the incident)	Closed
GHC68292	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		patient entered communal areas brandishing half a broken CD clenched in each hand threatening to stab staff. Patient was unable to release items of concern, and continued to threaten staff with these items. Police were called and requested to attend as patient brandishing a weapon.	Patient was administered RT IM while in police restraint.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. NDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		None (no harm caused by the incident)	Closed
GHC68295	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient became distressed after seeing police office in the ward. Patient followed the police office as she believed he knew one of them. Patient started shouting at the police officers.	Staff intervened by escorted the patient to her bedroom. She was guided on safe holds to her room	Risk assessment reviewed. Debrief for staff involved. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC68296	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was verbally aggressive towards staff members He also banged and kicked the the door Patient was escorted to his bedroom		Review risk and observation level Review of care plans	Debrief to staff and patient Discussion in MDT Discussion during handover		None (no harm caused by the incident)	Closed
GHC68303	15/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG Feed Administered under PMVA Safe Holds with Weighted Blanket on legs as per care plan	NG Feed given - Patient less resistive this occasion.	Care plan followed 1:1/debrief during escorted walk with staff	N/A		None (no harm caused by the incident)	Closed
GHC68304	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient became verbally aggressive towards staff and Refine patients in the communal area. Staff tried to verbally deescalate patient with no success.	Patrick holds placed and patient s was walked with staff to there room.	Risk assessment reviewed. Debrief for staff involved. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC68306	15/04/2024	15/04/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Patient attended CAMHS LD Phlebotomy clinic.	Patient attended to sit on pod which they did initially with gestural and gentle physical prompt. PBM practitioners supported arms in clinical hold. Two supporting PBM practitioners attended with PBM leg cushion to immobilise legs. Phlebotomist achieved sample for analysis.	planned intervention	planned intervention		None (no harm caused by the incident)	Closed
GHC68307	15/04/2024	15/04/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		At 1040hrs was in the communal area and was restless. When another patient who tried to make some hot drinks he suddenly stood up in front of that patient and shouted and raised his arm like he would attack, which frightened the other patient. Then staff tried to deescalate the restless patient but he was not receptive he was shouting at the staff and threatening them. Staff had to use restrictive holds in order to calm him down but he made a verbal threat that he will kick me if I will insist to offer the canvasearch.		Discussed with the duty doctor and ward manager and all agreed to give rapid tranquilization either an oral or injection. A team was organized in order to safely render a PBM if needed and to safely transfer the service user to where the team was organized (Seven Acres). Staff escorted the service user to the activity room to provide her some time to calm down but the service user was not calm down so the PBM couch and then the other staff hold the legs. Patient was then offered if he will take the oral RT or RT injection. Patient opted to take the RT injection. Lorazepam 1 mg then safety observations were done every 15 minutes for 4 hours. Vitals. Patient was not restless. It was explained to him that he will be monitored for 4hours and once he is calm he will be discharged back to the ward.	Incident managed appropriately by nursing team No further learning identified		None (no harm caused by the incident)	Closed
GHC68309	15/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		patient attempted to run out the ward doors. ON and ON followed, and caught up with patient by the stairwell at the Enbridge Suite.		1:1 and PRN	N/A		None (no harm caused by the incident)	Closed
GHC68310	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient came out of their room after around 10 minutes of being previously been put in holds and walked to their room. Shouting at fellow peers and staff, went to hit HCA. M A but did not make contact WELL	Proactive holds placed and patient walked back to there room with staff.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC68311	15/04/2024	11/04/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient attended CAMHS LD Phlebotomy clinic.	Patient attended to sit on pod which they did initially with gestural and gentle physical prompt. PBM practitioners supported arms in clinical hold. Two supporting PBM practitioners attended with PBM leg cushion to immobilise legs.	planned intervention	planned intervention		None (no harm caused by the incident)	Closed
GHC68317	15/04/2024	11/04/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Patient attended CAMHS LD Phlebotomy clinic.	Patient attended to sit on pod which they did initially with gestural and gentle physical prompt. PBM practitioners supported arms in clinical hold. Two supporting PBM practitioners attended with PBM leg cushion to immobilise legs. Du to the patients small stature and length of limbs it was not possible	planned intervention	planned intervention		None (no harm caused by the incident)	Closed
GHC68318	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient had been settled for majority of the morning patient threw a drink at staff member and went to grab another staff member around the neck. Staff were able to place patient in arm holds and escort them back to their room where they were able to de-escalate.		Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC68321	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Following patient A attempting to assault patient B patient was escorted to her bedroom and PMVA holds were used. Patient A was initially in seated holds, which resulted in patient being restrained in the supine position on the floor. This was due to patient A's level of combativeness and naturally ending up on the floor from the bed. Staff initially used the leg cushion on the floor however this was not effective as patient A still moved her used unless the patient is in the seated position. Due to staff beaming worried about the patient being in supine position for a period of time because of the risk of positional asphyxia, staff made the decision to release holds and exit the room, with the POD outside the room in case the patient came out. It was felt the POD would be the safest position however the patient did not exit their room and therefore this position was not used.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. NDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		None (no harm caused by the incident)	Closed
GHC68330	15/04/2024	15/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond from the ward	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		Patient attempted to abscond from the ward	Staff spoke with patient to persuade to the ward and after a period of time patient continued to refused and staff escorted patient to room using restrictive escort.	none	none		None (no harm caused by the incident)	Closed
GHC68337	15/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed	POD and blanket used.	Care plan followed 1:1/debrief during escorted walk with staff	N/A		None (no harm caused by the incident)	Closed
GHC68344	15/04/2024	14/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient made continuous attempts to leave the ward via the main exit and locking the fire exit. Staff attempted verbal de-escalation to no avail. Patient placed in holds and taken to their room where they were seated on the POD and RT IM 50mg	Staff released holds and patient was debriefed. Non-fresh RT physical observations completed.	Patient has known risk of property damage when attempting to leave the ward due to risk of self harm. Appropriate safeguards and interventions put in place by staff, patient come to no physical harm.	Care plans in place to support patient, risk acknowledged.		None (no harm caused by the incident)	Closed
GHC68345	15/04/2024	15/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient made continuous attempts to leave the ward via the main exit and locking the fire exit. Staff attempted verbal de-escalation to no avail. Patient placed in holds and taken to their room where they were seated on the POD and RT IM 50mg	Staff released holds and patient was debriefed. Non-fresh RT physical observations completed.	Patient has known risk of property damage when attempting to leave the ward due to risk of self harm. Appropriate safeguards and interventions put in place by staff, patient come to no physical harm.	Risks acknowledged, care plans in place to support patient.		None (no harm caused by the incident)	Closed
GHC68349	15/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)	Gentle reassuring hold in support of patient presenting left arm to phlebotomist	patient was heard to be low level headbanging in her room. I entered and saw NB hitting her forehead against the window grate, I slightly touched patient's shoulder to get her attention (I was aware of my imminent effect). patient took out one of her headphones. I attempted engagement and followed care plans, however unsuccessful. I tried to create a plan with patient, and asked what we could do to support her. She was not able to engage and only ask my questions with "Leave me alone". Offered PRN medication, patient did not respond. Due to ineffective interaction I informed patient that I would leave her room but wait close by, as she could hurt more me she would keep herself safe/not re-engage with headbanging. (1805 Jospreet) patient began headbanging again. I re-entered along with Dr. I guided patient away from window with minimal effort. patient would not engage in conversation. I explained how we were trying to keep	Duty Dr informed of self harm at 1902. MOH62 scored a 2 for blood pressure 91/60 - to be repeated. Wound being redressed.		Staff followed policy and procedures	N/A		Low (minor harm, e.g. takes up to 1 month to recfify)	Closed
GHC68350	15/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient in communal areas and ripped a hatch of the wall and started throwing it around. Staff said "we were being an ebay", refused to hand over the bottle and went to fill bottle with water from the hot water urn and it was thought that she was going to use the bottle as a weapon and went towards staff. Patient put into holds and into a supine restraint. Patient moved to pod and then holds removed.	Duty doctor has seen for past PMVA obs. 4 staple has come out of an olds injury on Arm and has requested that she goes to A&E for it to be re-stapled.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. NDT review. Medication review. Patient escorted to s/a by review of stable when	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		Low (minor harm, e.g. takes up to 1 month to recfify)	Closed
GHC68354	16/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- other inside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (other)		1040 - 1120 - The service user entred a member of staff's shardsa in communal areas and as the service user was in the process of leaving the premise the service user absconded from the ward. One member of staff followed on foot and observed the service user descending the stairs next to Dean Ward which lead to the Hospital Courtyard and the main entrance. The service user was observed that the service user was standing outside the locked sliding door waiting for the door to open. Staff spoke to the service user and asked her what had happened, however, she did not respond. The service user then walked towards the main entrance of the Watton Lawn Hospital courtyard, however, as support arrived staff utilised PMVA forearm holds to prevent the service user from doing so. The reasoning behind the utilisation of these holds was due to concerns that the service user would abscond from the premises of the Hospital by climbing the wall in the courtyard. From here staff transferred the service user to one of the sofas outside Kingsdale Ward. Staff then engaged the service user in conversation in an attempt to understand why she had left the ward. However, staff asked her how she was feeling and if there was anything that they could do to help, despite not responding verbally, the service user did shake her head. RT Promethazine 50mg was then offered to the service user, however, she declined and said "I will take Lorazepam though". Therefore, RT Lorazepam 2mg was offered and the service user accepted this.	12:30 - Upon return to the ward staff asked the service user if she would like to speak about what had happened, the service user said "it's ok" The service user then went into her bedroom and at this point normtouch RT observations were commenced.	Staff followed policy and procedures	Patient now untying shoe laces which is dangerous and increasing risk		None (no harm caused by the incident)	Closed
GHC68357	16/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		12:30 - 13:40 - Upon return to the ward gilleese ass previous notes) the service user went into her bedroom and after approximately 1 minute staff heard a loud bang coming from the service user's room. Staff entered and observed the service user banging the back of her head lightly against the grail of her bedroom window. Staff followed the service user's care plan in relation to incidents of headbanging, however, the service user did not respond verbally. After a short period the service user agreed to sit on her bed and speak to staff and she explained that banging her head "stops" her from harming herself in more serious ways. Staff suggested different distraction techniques that the service user could try in these scenarios, however, the service user said "they don't work". After a further period of communication the service user said that she would like to spend some time in her bedroom by herself and at this point staff left the service user's bedroom. 12:40 - 23:00 - Ht approximately 22:40 staff heard a banging sound coming from the service user's bedroom. Staff entered the service user's bedroom and observed the service user to be banging the back of her head intensely against the grail of her bedroom window. Staff followed the service user's care plan, however, she did not respond verbally and due to the intensity with which the service user was banging her head the decision was made to call a psychiatric emergency. Upon arrival of PMVA trained members of staff, a	23:00 - 23:50 - Ac RT non-touch observations had already been commenced following the administration of an RT Lorazepam 2mg earlier on in the shift these continued at intervals of every 15 minutes.	Managed well	N/A		None (no harm caused by the incident)	Closed
GHC68359	16/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		At approximately 22:50 staff left the service user's bedroom after speaking to her following the service user's attempt at self harm (glass ass entry below). At approximately 23:15 staff heard a loud bang coming from the service user's bedroom and when staff entered her bedroom she was observed lightly banging the back of her head against her bedroom wall. Staff spoke with the service user for approximately 20 minutes and during this time the service user was observed to bang her head against the wall. Staff asked the service user if anything has happened today or over the past few weeks that has led to this incident rise in distress and agitation, in reply to this the service user said that she was feeling "stressed" but was unable to elaborate on to say that she "feels suicidal" and does not "want to be here anymore". Staff suggested different distraction techniques that the service user could utilise and staff also suggested coming up with a plan for the service user to follow when feeling distressed, to with staff, breathing exercises and distraction techniques such as colouring. The service user then asked to be left for a short period and she said that she would come into communal areas and begin colouring. Staff left the service user's room and the service user's bedroom they heard a banging sound coming from the bedroom again and upon entry into her bedroom staff observed the service user banging the back of her head against the grail of her bedroom window with more force than previously. Thus, staff opted for support and PMVA forearm holds were		Managed well by staff	N/A		None (no harm caused by the incident)	Closed
GHC68360	16/04/2024	15/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was unsettled in ECA, may attempts to engage and remain settled taken however patient attempted to grab HCA breasts and was therefore placed in precautionary hold and escorted to pod.	Placed in precautionary holds, escorted to POD in ECA. Staff released holds and patient apologised.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
GHC68361	16/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- other outside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient attempted to run out the main doors. Staff escorted patient back to the ward.	Staff spoke with patient to persuade to the ward and after a period of time patient continued to refused and staff escorted patient to room using restrictive escort.	none	none		None (no harm caused by the incident)	Closed
GHC68362	16/04/2024	15/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user on light PMVA holds for the planned NG feeding.	Service user placed on light holds. Seated on pod with weighted blanket to support legs. Reassurance provided through out the procedure. Administered NG feeding successfully.	Care plan followed 1:1/debrief during escorted walk with staff	N/A		None (no harm caused by the incident)	Closed
GHC68373	16/04/2024	11/04/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Patient attended CAMHS LD Phlebotomy clinic.	Patient attended to sit on pod, parent sat in pod with child sitting on lap, legs and arms wrapped by father. PBM practitioner supported arms presenting to phlebotomist in clinical hold. Two supporting PBM practitioners attended with PBM leg cushion to immobilise legs.	planned intervention	planned intervention		None (no harm caused by the incident)	Closed
GHC68374	16/04/2024	11/04/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Unplanned	PBM (physical intervention)	Seated (POD used)		Patient attended CAMHS LD Phlebotomy clinic. PBM clinical seated hold on patient in best interest.	Patient attended to sit on pod, parent sat in pod with child sitting on lap, legs and arms wrapped by father. PBM practitioner supported arms presenting to phlebotomist in clinical hold. Two supporting PBM practitioners attended with PBM leg cushion to immobilise legs.	none planned intervention	none planned intervention		None (no harm caused by the incident)	Closed
GHC68375	16/04/2024	11/04/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	Other form of physical intervention	Non-standard hold	Gentle reassuring hold in support of patient presenting left arm to phlebotomist	Patient attended CAMHS LD Phlebotomy clinic.	Patient attended to sit on pod, with support and reassurance offered from named nurse and supporting staff member. Patient presented arm to phlebotomist with support of PBM practitioner (x1 practitioner supporting single arm.)	planned intervention	planned intervention		None (no harm caused by the incident)	Closed
GHC68378	16/04/2024	16/04/2024	Fullman Place 22	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PMH clinical seated hold for Covid vacc in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated	N was explained to the paid carer, how the procedure will take place and what monitoring would be used to guard the patient.	None required	None required		None (no harm caused by the incident)	Closed
GHC68379	16/04/2024	16/04/2024	Fullman Place 22	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold (using POD) on patient in best interest in order to receive Covid vaccination injections from nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated		None required	None required		None (no harm caused by the incident)	Closed
GHC68395	16/04/2024	16/04/2024	In HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated		None required	None required		None (no harm caused by the incident)	Closed
GHC68397	16/04/2024	16/04/2024	In HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. PBM clinical seated hold (using POD) on patient in best interest in order to receive Covid vaccination injections from nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC68405	16/04/2024	16/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG FEED ADMINISTERED AS PER CARE PLAN	NG Feed given under PMVA safe holds.	Care plan followed 1:1/debrief during escorted walk with staff	N/A		None (no harm caused by the incident)	Closed
GHC68406	16/04/2024	16/04/2024	In HOT	GP Surgery	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Clinical Hold provided to support practice nurse to obtain a blood sample in his best interest.		None required	None required		None (no harm caused by the incident)	Closed
GHC68417	16/04/2024	16/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient A charged towards patient B and assaulted him. PMVA holds utilised and patient A dropped their weight to the floor, patient transferred to the pod at the soonest opportunity. Patient offered oral RT at this point however patient A declined, 50mg promethazine IM administered in left thigh. Holds released after 15 minutes.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. NDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		None (no harm caused by the incident)	Closed
GHC68423	17/04/2024	16/04/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		12:45 Patient began to head bang in her room. Verbal de-escalation was given but this had no effect as patient was not receptive to this. Staff attempted to redirect her by offering her reassurance but patient continue to be distress and carried on head banging. Psychiatric emergency was called, when the team arrived patient was placed in seated holds to prevent her from harming herself further. Patient was offered oral diazepam and promethazine and but she refused. Patient was given lorazepam 2 mg IM. Patient settled down soon after the IM administer. Holds were released. Post RT observation completed.	Patient on and 1:1 was given to patient after holds were released to offer support and reassurance Debrief was given to staff involve Physical observation was offered to AM but she refused. Frequent non-contact observation done instead. Post RT observation completed GP informed and attended to see KM KM accepted pm promazine to help her sleep	Risks and management plan reviewed Long term care plan identified Risk assessment done Patient engaging in Self Harm Pathway Patient awaiting discharge	Care plan followed to minimise harm to patient		Low (minor harm, e.g. takes up to 1 month to recfify)	Closed
GHC68442	17/04/2024	17/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed.	The patient sat on the pod. Weighted blanket was used on the legs. Used very minimum light holds on both sides to support the patient during the procedure.	Care plan followed 1:1 during escorted walk as per care plan	N/A		None (no harm caused by the incident)	Closed
GHC68468	17/04/2024	17/04/2024	In HOT	Fullman Place 22	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated		None required	None required		None (no harm caused by the incident)	Closed
GHC68470	17/04/2024	17/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) fe

GHC58562	19/04/2024	19/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD-used)		10:15 - The patient tried to run off from the ward- used forearm holds to escort them back to her bedroom. 10:20 - The patient started trying to ligature herself using the bed sheet. The person on the 1:1 used the alarm, staff intervened. Ligature cation could not be used because of the thickness of the bed sheet. Used forearm holds and untied the bed sheet from the patient's neck. 10:30 - The patient again continued to push the staff away to run off. Seated holds were used along with leg cushion. PMVA team was called. Administered RT lorazepam 1mg IM on the right outer thigh. 10:30 - The patient was transferred over to the pod. Continued the seated holds with the leg cushion. The patient was still trying to wiggle and push the staff away. The bedroom windows were kept open and a fan was used to maintain the ventilation of the room as it was a prolonged PMVA. 10:37 - When the patient started to settle down, staff slowly released the patient from the holds. Provided 1:1 after the incident. The patient was de-briefed about the incident. Completed a set of physical observations and the NEWS were within normal range.		RT policy followed physical obs taken 1:1	N/A pt unwell	None (no harm caused by the incident)	Closed
GHC58563	19/04/2024	19/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Patient was due her prescribed NG tube feeds	Placed in PMVA holds, Weighted blanket used and minimal resistance. Engaged in conversation throughout. Post escorted leave afterwards.	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHC58577	19/04/2024	19/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Nasogastric feed administered using light PMVA holds by 2 members of staff.		Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHC58584	19/04/2024	19/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Forcibly administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (POD-used)		Patient escalating attempting to self-harm picking items at the ward.	RT IM administered	physical obs as per policy 1:1 observations for risk management	N/A pt acutely unwell	None (no harm caused by the incident)	Closed
GHC58589	19/04/2024	19/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was in the communal area kicking every doors and starting to escalate. Staffs requested patient to spend some time in his bedroom. Patient then started to invade staffs personal space. Patient was then placed in PMVA seated holds. Patients was very resistive throughout while on holds. Staffs pulled there alarms, however due to staff shortage during the shift, there was no one in the communal area. After 10 minutes other staff members arrived and patient was then escorted to his bedroom on holds. Patient was then placed on a seated holds on the bed. Leg cushions were used while the patient was on seated PMVA holds. Patient was resistive throughout the PMVA holds. RT medication was given to the patient orally which he accepted. Gradually PMVA holds were released and staff 1 and staff 2 were sitting next to the patient. Patient attempted times on his bedroom window door. Patient gradually became more settled. Staff left patient in his bedroom with the door open. Patient was then observed for 15mins and was given supper by the staff who then left after finishing the supper at 22:45hrs, suddenly, YP threw his tray, plate and spoon. No known triggers. All attempts made to ascertain the triggers failed as YP became increasingly aroused, pacing and banging on the doors. He also made advances to staff as they tried to calm him down. He was also observed taking boxes from his bottom and smearing. YP then pushed his chair into the toilet where the door had not been secured properly, by the day staff. YP had started using the chair to hit the walls. Verbal de-escalation was attempted but YP was not responsive. Due to risk of damage to property, staff put him on hold while standing. This happened between 22:55hrs to 23:10hrs. Whilst on hold, Staff used this time to remove all potentially risky objects after which YP was released from the holds. Verbal de-escalation was YP managed to calm down and asked to speak to staff. Staff left YP to have his supper and went to the office. Staff were then informed by the night staff that YP had woken up in patient taking staff to the floor. PMVA holds utilised to take patient off of staff member and then de-escalate the situation. Holds then released and patient given oral RT medication.	Verbal de-escalation continued throughout the intervention The young person was put on holds while standing on around 23:55hrs. YP agreed for staff to go in his room, handed over to him his pyjamas and made his bed. YP jumped to bed at midnight but came out shortly and started to ask for supper again. He was then given his supper and was observed while eating in and out getting water from the tap and opening the shower. Staff got assisted by a female Berkeley staff nurse who came and persuaded YP to stay on his bed as staff fixed the toilet door. The staff then went to the office. YP was then seen by the night nurse but eventually agreed to have his Clozapine from the nurse and retired to bed at 00:30hrs.					
GHC58596	20/04/2024	19/04/2024	Greyfriars, Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by violent	Unplanned	PBM (physical intervention)	Personal care (standing)			This is a service for individuals with learning Disabilities, complex needs and challenging behaviour Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All residents are monitored and reviewed on a weekly basis.	This is a service for individuals with learning Disabilities, complex needs and challenging behaviour Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All residents are monitored and reviewed on a weekly basis.	None (no harm caused by the incident)	Closed
GHC58598	20/04/2024	20/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (low sat)			Debrief to staff Support offered to staff following shift to establish whether staff needed first aid.	Patient risk and observation level reviewed. Treatment plan reviewed. Discussion during handover.	None (no harm caused by the incident)	Closed
GHC58603	20/04/2024	20/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Patient slightly resistive to an prescribed NG feed.	Patient supported on red close assisted PMVA holds on floor (2 x GMH nurse) Patient was escorted in a prone Hawai NG feed (2 x GMH Nursing staff). Patient facilitated 1:1 escorted leave for 1 hour with	Care plan followed 1:1/debrief during escorted walk	N/A	None (no harm caused by the incident)	Closed
GHC58619	20/04/2024	20/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient attempted to punch staff and threatening staff, patient had to be put in holds and led to his bedroom on 2 occasions.	patient had to be led to their bedroom in holds			None (no harm caused by the incident)	Closed
GHC58625	20/04/2024	20/04/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Accidents and injuries (not falls or sharps)	Collision or contact with an object	12 - Prevent a patient causing serious physical injury to themselves by violent	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was witnessed taking himself to the floor on two occasions.	Verbal de-escalation used.		* Staff sought to de-escalate patient. * Patient was offered medication but declined as * Items of keeping patient and staff safe.	* Patient acutely psychotic currently, behaviour reflects his level of dihaeth.	None (no harm caused by the incident)	Closed
GHC58626	20/04/2024	20/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Nasogastric feed administered using light PMVA holds by 2 members of staff.		Care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC58627	20/04/2024	20/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		patient picked up a DVD, opened the casing and took out the DVD out, attempting to break it into 2. PMVA arm holds used to stop patient doing this and DVD was removed by another member of staff.	1:1 had with patient		Staff intervened managed well	n.a	None (no harm caused by the incident)	Closed
GHC58628	20/04/2024	20/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves by exhibiting otherwise dangerous	Unplanned	PMVA (physical intervention)	Escort		Patient was escorted to the ward after a period of building, staff member then went to open the door and patient shouting racial abuse at HCP. A staff member then assisted at the door, patient then through coffee over 2nd HCP. And the patient then	HCP then received support from further staff members and placed patient in precautionary holds and taken to the ward. Verbal de-escalation was then used and patient's language is unacceptable. Restrictive escort utilised to take patient to bedroom.	Staff offered support for racist abuse including debriefing the shift. Boundaries implemented to patient.	Discussion during handover. Risk and observation level reviewed. Treatment plan reviewed.	None (no harm caused by the incident)	Closed
GHC58631	20/04/2024	20/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		pt 17:35 patient observed herself using toilet wash (cord strips) around her neck. Staff intervened pulled the cord apart and cut the ligature immediately using ligature cutter. The service user was not willing to give the cloth back to a staff, when staff tried to get it she became very resistive and kicked one of the staff member's leg therefore used PMVA forearm holds and confiscated the material. She appeared distressed and started punching the wall for approximately thirty seconds. Staff talked to the patient and verbally de-escalated. Offered PRN medications which she took orally. Provided Debrief. Tried to do a set of observation but refused. Duty Dr was informed		followed policy and procedure	n.a	None (no harm caused by the incident)	Closed
GHC58640	20/04/2024	20/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient 1 was reintroduced to communal areas from the ECA. Patient 1 became increasingly agitated and aggressive towards staff, ultimately Patient 1 hit staff 1 on the shoulder with a closed fist, therefore requiring to go back to the ECA. Patient 1 resisted this so PMVA holds were required. Holds released once back in the ECA.		Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC58644	21/04/2024	21/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient was in 1:1, She was in her toilet . tried to get out of the door. Verbal de-escalation was done to no effect, continued to leave. Applied holds on both arms and escorted back to bedroom, light holds continued while seated on bed. Staff tried to verbally de-escalate again which patient responded well and		managed by staff following policy and procedure	n.a	None (no harm caused by the incident)	Closed
GHC58648	21/04/2024	21/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Patient was placed in light holds (x members of staff on pod to facilitate NG feed as per care plan		Care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC58650	21/04/2024	21/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was progressive at aggressive throughout the shift and needed verbal re-direction to his bedroom on multiple occasions. This is following racial, sexist and inappropriate language in communal areas. Patient was also observed to be aggressive towards patients. One occasion where patient was escorted to his bedroom due to refusal/ease to engage and unable		Risk and observation levels reviewed. Debrief to staff.	Treatment plan reviewed. Discussion during handover.	None (no harm caused by the incident)	Closed
GHC58656	21/04/2024	21/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Non-standard hold	Patient was sitting in corner of shower block in bedroom. Staff needing to ban ligature from patient's neck, unable to get patient to let go of ligature out of shower as very resistive, decision made to remove ligature as a priority, both released after	Patient was sitting in the bedroom on 1:1 support, Patient requested a female member of staff so they could use the toilet. Female member of staff who was sitting leaving towards the room. This had taken up to 10 seconds and patient went into the bathroom and attempted to ligature using a blue blanket that was left in the bathroom.	HCA immediately sounded the alarm for support and managed to hold onto the ligature to avoid the patient tightening the ligature. Staff who were sitting with another member of staff PA attempted to cut ligature using clothes scissors but was unable to due to the thickness, decision made to place patient in holds and staff removed ligature from patient neck.	managed by staff	n.a	None (no harm caused by the incident)	Closed
GHC58663	21/04/2024	21/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient A was in the ECA on 2:1 observations and he pushed staff A to the wall and scratched Staff A in the right hand which lead to a bruise. He also threw the staff A's glasses to the floor and attempted to punch staff A in the face. Staff intervened and prevented further escalation of the situation. He was later held in PMVA holds for 5mins to prevent further assaults.		Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC58676	21/04/2024	21/04/2024	St Ingatians, Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		The patient was being administered medication, he had just accepted the first lot of the tablets and when he was offered the second lot of tablets he refused and he exhaled the NG, removed her glasses and intended to break them.	The supporting staff restrained the patient allowing the NG to move away and retrieve her glasses from the patient's hand. Staff then released the patient. Staff glasses had been retrieved the staff withdrew allowing the patient to process and settle	This is a service for individuals with learning Disabilities, complex needs and challenging behaviour This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are monitored and reviewed on a weekly basis	Where staff have become the target of an individual they will attempt verbal redirection, offer alternatives and distraction techniques first and withdraw from the area at the first possible safe opportunity.	None (no harm caused by the incident)	Closed
GHC58677	21/04/2024	21/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Patient slightly resistive to an prescribed NG feed	Patient supported to sit in PMVA Pod with use of weighted blanket x1 nursing staff. Patient administered NG feed (2 x GMH nursing staff). Patient facilitated to escorted leave for 1 hour post feed as per care plan.	Care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC58690	22/04/2024	22/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		pmva required for administration of NG feed	pad and weighted blanket used 1:1 provided	Care plan followed debrief during escorted walk	n.a	None (no harm caused by the incident)	Closed
GHC58695	22/04/2024	22/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		patient pulled out the ligature immediately using ligature cutter. Patient was resistive throughout the incident however patient declined. Patient then attempted to tick fire doors from a fixed standing position and he was redirected to communal areas. Planned PMVA team called, on team arrival patient was escorted to the ground floor. The team regrouped and clearly perceived her unable to accept reassurance. Patient offered oral RT appie and refused, therefore No. 1 communicator explained that we would be giving an injection and at this point patient agreed to the oral RT medication and was managed to tick open the fire door and ran up to a Dean Ward fire door. One patient realised he was unable to get through he walked down the stairs with staff and was put in PMVA holds at the bottom of the stairs as he was still agitated. Walked to his bedroom and into seated restraint on his bed. Patient then settled and was released from the holds. Oral medication (low IM dosage) administered.		Staff followed policy and procedure	n.a	None (no harm caused by the incident)	Closed
GHC58700	23/04/2024	23/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Service user was due for Nasogastric feeding.	Nasogastric feed was given with light PMVA holds with 2 staffs.	Care plan followed debrief during esc walk	n.a	None (no harm caused by the incident)	Closed
GHC58756	23/04/2024	23/04/2024	Watton Lawn- Swan Ward	Watton Lawn- Swan Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Staff found patient banging her head against the wall in her bedroom.	Staff intervened and initial behaviour de-escalation techniques which had no effect. Provided ice pack and pillow. Patient continued banging her head. PMVA team was called, RT IM lorazepam was given with effect. Physical observations were completed. Informed duty	Care plan in place Restrictive practice utilised as per care plan to Boundaries implemented. Patient engaging in Self Harm Pathway.	Long term risk of self harm n/a	None (no harm caused by the incident)	Closed
GHC58763	23/04/2024	23/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD-used)		Patient was on 1 1, She was in her toilet . tried to get out of the door. She was offered PRN medications , which she refused. She is been attempting to do self harms are often the other , So she was held on holds, Said Pod and Cushion. RT was given, She was released on 1:1 after RT physical observations were completed.		safety and procedure followed	n.a	None (no harm caused by the incident)	Closed
GHC58771	23/04/2024	23/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		pmva required for administration of NG feed	pad and weighted blanket used 1:1 provided	Care plan followed debrief during escorted walk	n.a	None (no harm caused by the incident)	Closed
GHC58778	23/04/2024	23/04/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient walked to a Member of staff and tried hit them with table upon several time, no provocations raised	Staff redirected him to his bedroom AS PBM Held	PBN utilised prior to incident due to observed escalation	Nil - managed appropriately	None (no harm caused by the incident)	Closed
GHC58781	23/04/2024	24/04/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Ward staff noticed that a patient had put several wastebins in his trouser gutter. Due to swallowing problems, the patient can only have food in communal areas were staff can observe him. Ward staff tried to ask for and encourage the patient to give the food back and the patient tried to hit them.	PBM arm holds were utilised and the patient was escorted to his bedroom. Holds released when in his room and staff left the area. Around 45 minutes later, he approached another patient and a Nurse processed him from hitting the other patient. He then tried to hit the nurse, who called for help. Another nurse used an emergency alarm and PBM arm holds were used to escort the patient to his room	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC58782	23/04/2024	23/04/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (POD-used)		Service user is NAD to restrict his prescribed depot as unwilling to administer RT as he presented to be unsettled, agitated, with intentions to leave the ward and not accepting redirection are first therefore	The holds were released immediately the patient was	Patient received RT medications due to presentation, and risk of patient purging any medications. Staff followed care plan and risk management plan.	Staff worked in line with care plan and risk management plan.	None (no harm caused by the incident)	Closed
GHC58796	24/04/2024	24/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		service user was due for nasogastric feeding.	Administered nasogastric feeding with light PMVA holds with 2 staffs.	Care plan followed debrief during escorted walk	n.a	None (no harm caused by the incident)	Closed
GHC58798	24/04/2024	24/04/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (POD-used)		Service user was unsettled, pacing near the door trying to abscond. Staff tried to explain that he hasn't got leave and staff are genuinely concerned about his welfare following the incident yesterday where he absconded and jumped over the railway barrier. Service user was unable accept redirection presented as stroke. On one occasion service user walked towards the door and tried to push past a member of staff's hand who was on the door securing.	A PMVA support was sought as service user presented with escalating risk to abscond, damage risks and ensure safety. Service user was put on precautionary holds as unable to voluntarily accept redirection. Service user was directed to TV lounge on precautionary sitting holds on safety pad. Hold was released after 5 minutes of settled presentation. Service user was offered oral RT as a standard practice. Made agreement with service user that staff would need to stay with him for 30 minutes following the oral RT to make sure he is benefiting from the tablet and not spitting it out. Service user agreed with this plan hence oral RT lorazepam 2 mg was administered. Staff remained with service user to significant effect. Staff remained with service user in the TV lounge trying to explain the situation. Post RT observation completed at: 10:20, BP 154/101, PR:112, SPO2:96, Temp: 36.3, RR:18. As service user declined to have physical observations completed, remained on contact observation. Informed duty doctor and requested a post RT review . Debrief offered, service user was unable to process any information during	Staff sought to de-escalate. Patient known to purge meds / spit out meds, therefore decision reached to administer IM medication as means of helping patient calm. Observations carried out post RT.	Staff followed care plan and risk management plans.	None (no harm caused by the incident)	Closed
GHC58800	24/04/2024	24/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient was due for a 3 mth dose of Lisdexamfetamine Dexamesate 250 Mg. Staff offered her to take the injection, the patient was preoccupied with the delusional thoughts and does not belief that need to have the injection administered. Different staff to have the injection, despite no use. Team decided to call a planned PMVA from other	Team came around 10:50, attempted to engage with her, but no result. Patient Started kicking of the staff members hair in an attempt to grab staff to floor. Put patient on holds at 10:53 and gave injection at 11:00.	none	none	None (no harm caused by the incident)	Closed
GHC58812	24/04/2024	24/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		a staff member was in communal areas, crouched down tidying when patient went over to them unprovoked and kicked them in the back of the leg 3 times. Patient was then put in PMVA holds and then quickly guided to the female lounge. Where she continued to be verbally aggressive to staff. Approx. x15. Patient was then escorted to her bedroom for continuation of hostility and verbal aggression. Whilst in her bedroom patient kicked out at staff. Punching another member of staff in the face, head butting them. Then spat in their face. Patient trying to control patient another member of staff was	Approx 1030. Psychiatric Emergency called, PMVA seated holds on bed and RT IM given. Referred to PICU Non-touch psychical obs being monitored due to presentation.	accepted by PICU	N/A	None (no harm caused by the incident)	Closed
GHC58814	24/04/2024	24/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		patient ran off the ward towards the stairwell near the Elmbridge suite.	patient was stopped by staff and escorted back onto the ward using PMVA holds.	managed well by staff	n.a	None (no harm caused by the incident)	Closed
GHC58815	24/04/2024	24/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient attempted to tie a ligature using an item of clothing.	This required staff cutting into the fabric to remove it from patient's grasp. PMVA holds used due to resistance.	managed well by staff	n.a	None (no harm caused by the incident)	Closed
GHC58819	24/04/2024	24/04/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD-used)		Clinical hold used in patient's bed interest to obtain a blood sample to review epilepsy medication	none required	none required	none required	None (no harm caused by the incident)	Closed
GHC58820	24/04/2024	24/04/2024	Charlton Lane- Willow Ward	Public Place / Whilst / Staff working from home (WFH)	AWOL, absconding and missing patients	Patient left the hospital by intentionally absconding	12 - Prevent a patient causing serious physical injury to themselves by violent incident	Planned	PBM (physical intervention)	Assisted support		Patient being task from ward activity off ward, and needed to be supported from the hospital vehicle to the ward. One patient starting walking off the premises shouting "I want to go to my ZSL200 house, you can't stop me, I'm not going back in there" Patient walked halfway down the busy main road, becoming increasingly agitated and physically	Staff intervened with PBM hold to support into vehicle Patient supported in vehicle with verbal reassurance to de-escalate which worked well	Consultant review, review of section 17 leave	Managed appropriately	None (no harm caused by the incident)	Closed
GHC58826	24/04/2024	24/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Supine (low sat)		Patient entered the kitchen area and opened the pottery draw, HCA asked patient what they wanted as this is a previous behaviour for attempted self harm. Patient said to get a butter knife and immediately grabbed several butter knifes, obtaining 2 knifes. HCA intervened and stopped Patient from taking them. HCA received an abrasion to their right middle finger during restraint while attempting to intervene.	HCA sounded the alarm for staff support and supporting staff came into the kitchen and placed patient in holds to get the knives off of patient which was successful. Patient was placed in holds and escorted to sit in the lounge where patient remained in holds due to patient being resistive to staff. Attempted to use cushion to contain bags but was successful due to patient resisting and patient slipping off of the seat. Due to patients presentation, decision made to allow patient to go to floor and place in holds on floor. RT	staff followed policy and procedure	n/a	None (no harm caused by the incident)	Closed
GHC58827	24/04/2024	24/04/2024	Parkett's own home	Parkett's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)	Patient sustained a minor cut to the left elbow as a result of a fall. Patient was transported from the left elbow crease left hand right elbow crease	verbal reassurance given	None required	n/a	None (no harm caused by the incident)	Closed
GHC58829	24/04/2024	24/04/2024	Parkett's own home	Parkett's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		patient held in a clinical hold to enable bloods to be taken safely	reassurance throughout	None required	n/a	None (no harm caused by the incident)	Closed
GHC58830	24/04/2024	24/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD-used)		Service user on light PMVA holds for planned NG feeding.	Service user seated on pad with weighted blanket to support the legs. Reassurance provided through out the procedure.	care plan followed debrief during escorted walk	n.a	None (no harm caused by the incident)	Closed
GHC58843	25/04/2024	25/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient has an multiple opposes been verbally and racially abusive towards staff, including spitting at staff	Patient relocated to bedroom in precautionary holds multiple times over the course of the night shift.	Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC58846	25/04/2024	25/04/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by violent incident	Unplanned	PMVA (physical intervention)	Supine (low sat)		Patient usually sleeps with the light however had fallen asleep without light on and woke up expressing someone was in his bedroom. On waking perceived and restless, staff checked room to offer reassurance. Patient asking to leave the ward and could see the stairs in the fire exit. Continued voicing that he felt unsafe and needed to go up the stairs. Reassurance provided and explained that the stairs go to a different ward. Distraction techniques also attempted however were unsuccessful. Patient tried to push through fire doors, staff redirected patient to communal areas. Offered PRN medication which patient declined. Incident however patient declined. Patient then attempted to tick fire doors from a fixed standing position and he was redir

GHC68905	26/04/2024	26/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed in holds 2x members of staff to facilitate NG feed, light holds and weighted blanket used.		Care plan followed debrief during escorted walk	n.a		None (no harm caused by the incident)	Closed
GHC68932	26/04/2024	26/04/2024	Ashby Intermediate Care Centre	Ashby Intermediate Care Centre	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM ON PATIENT IN HER BEST INTEREST IN ORDER TO GIVE THE NEEDED TREATMENT UNDER IT MEDICAL CONDITION IS NOT TREATED	MCA and Best interest paper work was reviewed	None required	None required		None (no harm caused by the incident)	Closed
GHC68935	26/04/2024	26/04/2024	22 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Just after breakfast, patient became heightened and escalated, throwing his plates at staff and charging towards staff to attack.	Patient was safe hold to his bedroom using PBM. Staff withdrew.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	None (no harm caused by the incident)	Closed
GHC68949	27/04/2024	26/04/2024	22 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		At 21:40hrs during drug round, he reached out to scratch the nurse and staff intervened to stop him. Patient then attempted to hit the staff. A female member of staff on his left shot just behind his ear and scratched his nose and forehead. Staff had his wounds cleaned.	Verbal de-escalation was applied but failed. YP was put on safe holds and directed to his bedroom. The staff left his bed space and went back to the lounge and resumed using his laptop. YP was shown staff injuries and said sorry.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	Low (minor harm, e.g. takes up to a month to rectify.)	Closed
GHC68957	27/04/2024	27/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		service user was due for Nasogastric feeding.	Nasogastric feed was administered using light PMVA holds with 2 staffs.	Care plan followed debrief during escorted walk	n.a		None (no harm caused by the incident)	Closed
GHC68971	27/04/2024	26/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT IS DUE FOR FEED, CALLED PLANNED PMVA	PMVA holds applied, patient was seated on pad and weighted blanket was utilised. Care plan followed after feed, 1:1 and debrief while walking.	Care plan followed debrief during escorted walk	n.a		None (no harm caused by the incident)	Closed
GHC68984	28/04/2024	26/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user on light PMVA holds for planned NG feeding seated on pads with weighted blanket to support legs.	Service user seated on pads. Weighted blanket supporting legs. Consultant brought out the procedure, administered NG feeding on light PMVA holds.	Care plan followed debrief during escorted walk	n/a		None (no harm caused by the incident)	Closed
GHC69003	28/04/2024	28/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for nasogastric feeding.	Nasogastric feeding was given using light PMVA holds with 2 staffs.	Care plan followed debrief during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC69012	28/04/2024	27/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT IS DUE FOR FEED, CALLED PLANNED PMVA	PMVA holds applied, patient was seated on pad and weighted blanket was utilised. Care plan followed after feed, 1:1 and debrief while walking.	Care plan followed 1:1 debrief during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC69015	28/04/2024	28/04/2024	Watton Lawn- Abbey Ward	Watton Lawn- After Inside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	19 - Prevent the person absconding from lawful custody	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Detained patient without S17 leave trying to abscond from the hospital, refusing to move away from the doors to doors in reception. Patient told us they was in pursuit of being Sectioned and was not amenable to working with staff.	Verbal de-escalation and problem-solving attempted but the patient was firm in their wish to leave the hospital/their protest. PMVA team called (MERIT assessor present) and continued verbal de-escalation and negotiation. Risk assessment PRN offered orally and accepted by the patient. Patient continued to refuse to return to the ward therefore holds applied and patient was escorted back to the ward in a wheelchair, and staff took her to her bedroom. PRN medication administered, see chart.	Patient has known risk of absconding acknowledged. Appropriate safeguards and interventions put in place by staff, patient came to no physical harm.	Care plans in place to support patient, risks acknowledged.		None (no harm caused by the incident)	Closed
GHC69018	29/04/2024	28/04/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient B approached Patient A in the communal area and initiated a verbal altercation. Patient A then walked away from patient B, who followed patient A into their bedroom. Patient B then swung an uppercut punch at patient A, which connected with patient A's face. Patient A then retaliated by throwing a punch at patient B, which connected with patient B's face. Staff intervened and separated the patients. Patient A was escorted to the clinic room by staff for assessment of injuries. Patient B was escorted to the seclusion room by staff for assessment of injuries.	PBM holds used to escort patient out of bedroom and prevent harm to others	No further action. Care plan to manage challenging behaviours already in place	None		Low (minor harm, e.g. takes up to a month to rectify.)	Closed
GHC69027	29/04/2024	29/04/2024	Watton Lawn- Priory Ward	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM Clinical seated hold in their best interest, in proportion to the risk of serious harm if undertaken medical condition is not treated.	PBM Clinical seated hold in patient's best interest in order to receive vaccination injections from district nurse. - in proportion to the risk of serious harm if any undetected medical condition is not treated.	None required	None required		None (no harm caused by the incident)	Closed
GHC69038	29/04/2024	29/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient slightly resistive to as prescribed NG feed.	As per usual care plan Patient facilitated essential leave with nursing staff as per care plan	Care plan followed debrief during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC69047	29/04/2024	29/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for nasogastric feeding.	Nasogastric feed was administered using light PMVA holds with 2 staffs.	Care plan followed debrief during escorted walk	n/a		None (no harm caused by the incident)	Closed
GHC69053	29/04/2024	29/04/2024	Montpellier Low Secure Unit	Montpellier Low Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was escorted to bedroom using guiding technique due to being racially and verbally abusive towards staff.	Patient was requested to de-escalate in bedroom due to being abusive.	No further action. Care plan to manage challenging behaviours already in place	None		None (no harm caused by the incident)	Closed
GHC69069	30/04/2024	30/04/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG feed.	patient restrained in the pod to be given NG feed	Care plan followed debrief during escorted walk	N/A		None (no harm caused by the incident)	Closed
GHC69079	30/04/2024	30/04/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Unplanned	PMVA (physical intervention)	Seated (other)		Patient X due ECT treatment however patient X refused to go despite encouragement from multiple staff, PMVA techniques utilised to support patient up from the sofa to stand and then to sit in the wheelchair. PMVA holds NOT used whilst in the wheelchair and transferred.			Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify ways to support future ECT without the use of PMVA techniques. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC69085	30/04/2024	30/04/2024	Southgate Swearingc (dental service)	Southgate Swearingc (dental service)	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Clinical hold (seated)		PBM Clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		none required	none required		None (no harm caused by the incident)	Closed
GHC69120	01/05/2024	01/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Planned NG feed	Planned holds Verbal reassurance	Care plan followed debrief during etc walk	n/a		None (no harm caused by the incident)	Closed
GHC69129	01/05/2024	01/05/2024	Other 12 Units - non-GHC	Other 12 Units - non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		phlebotomy procedure PBM Clinical seated hold in his best interest in proportion to the risk of serious harm if undetected medical conditions not treated	MCA and best interest paper work was reviewed and copies left with carers	None required	None required		None (no harm caused by the incident)	Closed
GHC69131	01/05/2024	01/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated	PBM clinical seated hold on a patient in her best interest in proportion to the risk of serious harm if any undetected medical condition is not treated	None required	None required		None (no harm caused by the incident)	Closed
GHC69133	01/05/2024	01/05/2024	Other 12 Units - non-GHC	Other 12 Units - non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		PBM clinical seated hold on patient in her best interest in order to receive vaccination injections from district nurse. - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC69142	01/05/2024	01/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated	It was explained to the carers how the procedure will take place and what monitoring would be used to safe guard the patient.	None required	None required		None (no harm caused by the incident)	Closed
GHC69144	01/05/2024	01/05/2024	Fulman Place (c	Fulman Place (c	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		phlebotomy procedure PBM Clinical seated hold in his best interest in proportion to the risk of serious harm if undetected medical conditions not treated	MCA and best interest paper work was reviewed and copies left with carers	None required	None required		None (no harm caused by the incident)	Closed
GHC69148	01/05/2024	01/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Clinical hold used in his best interest due to him lacking capacity to consent to a covid vaccination booster.		None required	None required		None (no harm caused by the incident)	Closed
GHC69154	01/05/2024	01/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG feed	patient in seated holds on the pad	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC69158	01/05/2024	01/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient his covid vaccine his best interest in proportion to the risk of serious harm -	It was explained to the paid carer, how the procedure will take place and what monitoring would be used to safe guard the patient. MCA paper work was reviewed.	None required	None required		None (no harm caused by the incident)	Closed
GHC69170	02/05/2024	01/05/2024	Other 12 Units - non-GHC	Other 12 Units - non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best N. David was in proportion to the risk of serious harm -	It was explained to the paid carer, how the procedure will take place and what monitoring would be used to safe guard the patient.	None required	None required		None (no harm caused by the incident)	Closed
GHC69174	02/05/2024	02/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due her prescribed NG feeds	She was placed in arm holds. No resistance. Engaged in conversation throughout. Feed 1:1 afterwards	Care Plan followed	N/A		None (no harm caused by the incident)	Closed
GHC69192	02/05/2024	02/05/2024	22 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		He became heightened because he was refused and handed it in as agreed. The patient charged at staff with no known trigger. Staff withdrew and he began banging on doors, radiator and TV cabinet. He was not responding to redirection but staff thought that, could verbally reassure him but instead he began kicking out at the staff and managed to scratch one of	"The other staff had to restrain and escort him back to his bedroom to give him time to settle.	Staff dealt with the incident appropriately. This is a known pattern of behaviour and staff used care planned interventions to try to redirect and de-escalate but the patient did not respond to them thus necessitating physical intervention.	No lessons learnt.		None (no harm caused by the incident)	Closed
GHC69193	02/05/2024	02/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		phlebotomy procedure PBM clinical seated hold on. Ged in his best interest in proportion to risk of serious harm if undetected medical condition is not treated	MCA and best interest paper work was reviewed	None required	None required		None (no harm caused by the incident)	Closed
GHC69210	02/05/2024	02/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG feed	patient was put in holds to be given NG feed	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC69230	02/05/2024	02/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (other)		Patient awaiting inpatient bed, has one medical recommendation for section 2, no inpatient bed available. Patient has been in the lounge and said something about needing the toilet, her son noticed she had gone into the kitchen and walked towards the toilet with something in her hand so went out to check on her, he then called for help. SWIFT staff member went to assist, patient had a stash of kitchen knives with a tea towel covering them, we managed to get these from her. She was extremely agitated and resistive, we took her to sit down on the sofa in arm holds. She remained agitated trying to get up, constant rambling speech about "shutting the door", "you don't understand" etc. Staff asked her husband to phone 999 for assistance, paramedics arrived after approx 45mins she remained highly agitated throughout, although this did intermittently temporarily settle, she remained in arm holds for approx 1hr 30mins, window opened etc to try to help her relax. Post incident staff discussed with husband that they had felt it necessary to use arm holds to prevent immediate risk of harm. Husband agreed that he had felt it necessary and proportionate. Thankful for staff intervening.	Staff and son managed to remove knives from patient's bedroom and kitchen to ensure safety. Staff and son used arm holds and directed patient to sofa. Patient remained agitated trying to get up, constant rambling speech about "shutting the door", "you don't understand" etc. Staff asked her husband to phone 999 for assistance, paramedics arrived after approx 45mins patient remained highly agitated throughout, although this did intermittently temporarily settle, she remained in arm holds for approx 1hr 30mins, window opened etc to try to help her relax. Post incident staff discussed with husband that they had felt it necessary to use arm holds to prevent immediate risk of harm. Husband agreed that he had felt it necessary and proportionate. Thankful for staff intervening.	None			None (no harm caused by the incident)	Closed
GHC69238	03/05/2024	02/05/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (other)		patient held in a clinical hold to enable bloods to be taken safely	Vasovagal given	None required	None		None (no harm caused by the incident)	Closed
GHC69285	04/05/2024	04/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan followed debrief during escorted walk after	N/A		None (no harm caused by the incident)	Closed
GHC69288	04/05/2024	04/05/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		The patients were presented unsettled, grabbing staff, and throwing stuff in the communal area.	The physical intervention and RT were administered.	none	none		None (no harm caused by the incident)	Closed
GHC69291	04/05/2024	04/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated	Explained to paid carers how the procedure would take place and what monitoring would be used to safeguard the patient.	None required	None required		None (no harm caused by the incident)	Closed
GHC69299	04/05/2024	04/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	18 - Prevent the patient absconding extreme and prolonged exercise activity	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient in communal area invading the personal space of other patients. Patient asked by staff on numerous occasions to move out of patients' personal space. Patient hit out at staff when guided away from other patients. Patient getting into staff personal space. Dr had discussion with duty doctor regarding the administration of IM RT as patient had previously taken PRN to no avail. Dr prescribed 10mg of IM RT. Dr asked patient to sit on the pad, patient sat on it on own volition. Dr asked if patient would take oral RT, patient declined. Dr explained the nurse was going to administer IM RT to the right upper thigh. Light holds required on both arms.	Rapid tranquillisation administered. IM RT administration to right upper thigh. Patient sat on pad Light holds required to both arms. Cushion placed over both legs.	followed policy and procedures	N/A Patient unwell		None (no harm caused by the incident)	Closed
GHC69301	04/05/2024	04/05/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient absconded from ward. Patient was brought back by staff. The service user's mobile was left. Patient attempted to abscond after the family left and was stopped by the staff. Patient went to dining room, picked up the container of hot soup the family brought for tea, walked back to the service areas and threw it over the staff's head who were sitting in the communal area. Patient was restrained.	PMVA team was called, patient was escorted to their room and given RT IM medication.	* Staff intervened to prevent patient from leaving the ward and absconding. * Staff summoned PMVA team to aide in managing situation. * Patient received prescribed medications to aide in calming.	Staff managed situation and were able to prevent patient absconding, and were able to administer medications with PMVA team present, minimal physical intervention required while administering medications.		None (no harm caused by the incident)	Closed
GHC69303	04/05/2024	04/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	18 - Undertake a search of the patient's clothing or property to ensure the safety of others	Unplanned	PMVA (physical intervention)	Seated (POD used)		service user was informed staff that they were going to the communal area to watch some television. Upon arrival, I went down to ask if she wanted something to eat. As patient stood off the floor I noticed her covertly place something in her pocket. Upon arriving to the ward patient went to the dining room and ate dinner. When she was finished and was returning to her bedroom, I asked if she could turn out her pockets. patient initially emptied her trouser pockets and there was nothing untoward, however there was an outline of something in her jacket pocket over her shoulder. patient removed a lighter from this pocket and she placed it back inside, reluctant to hand it over. I asked patient what she intended to do with the lighter, to which she said "I wanted to start a bonfire". patient then began to leave her bedroom, walking toward communal areas where she then attempted to leave the ward. PMVA holds were used to escort patient back to her	Verbal de-escalation attempted and appeared successful as patient returned to her bedroom and continued to stay in her room talking with staff. patient explained that she got the lighter from the communal area. I asked patient if she understood why we needed to take her in holds and retrieve the lighter, to which she nodded her head. patient was then offered PRN medication which she accepted. patient now appears more settled in the communal areas.	good management and observations from staff	N/A		None (no harm caused by the incident)	Closed
GHC69311	05/05/2024	05/05/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	13 - Use/Ability administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		The patient awoke highly confused, disorientated and heightened. Patient was escorted to the clinic room for attempts at verbal de-escalation. He told ward staff to get out several times. One HCA was able to calm him slightly and encouraged him to drink a cold drink with covert morphine in it, however he only had a few sips before refusing to drink any more. He refused to shave at ward staff then threw a chair at a nurse.	PBM arm holds were utilised and he was taken to his room. He was escorted to his bed and staff sat down with him. He was offered PRN which he refused. After his graduate calm and forgot what had just happened. Holds were released after two minutes. Around two minutes later he came back to the lounge and tipped a fellow patient out of his chair. The patient landed on the floor and he did not hit his headband did not require any medical attention. He then proceeded to attempt to kick a staff member.	Managed appropriately Holds to be reviewed	NA		None (no harm caused by the incident)	Closed
GHC69313	05/05/2024	04/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient supported to sit on the pad in light holds to both arms. NG feed administered Light holds released	NG feed administered Patient supported to sit on the pad in light holds to both arms. Light holds released Verbal de-escalation	Care plan followed debrief during escorted walk after	N/A		None (no harm caused by the incident)	Closed
GHC69314	05/05/2024	05/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient supported to sit on the pad in light holds to both arms. PEG feed administered Light holds to arms released	Patient supported to sit on the pad in light holds to both arms. Light holds released after feed administration.	Care plan followed debrief during escorted walk after	N/A		None (no harm caused by the incident)	Closed
GHC69323	05/05/2024	05/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was administered with NG feed	Verbal de-escalation	Care plan followed debrief during escorted walk after	N/A		None (no harm caused by the incident)	Closed
GHC69326	05/05/2024	05/05/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	98 - Other (put details)	Unplanned	PMVA (physical intervention)	Standing		service user was informed staff that she was called police to request that they help her, reporting that she was being abused which was false. She then retreated to the bathroom on the female corridor and locked herself in while still on the phone to police answering as if to be being attacked, staff were concerned that this was not true and was not the appropriate way to deal with things and that her phone was going to be confiscated. She was given opportunities to hand this over herself but continued to barricade herself in the bathroom. PMVA called, service user refused to come out of the room. Patient then continued to assault staff members then grabbed and pulled further debris to follow/HCA on both arms to remove her from bathroom and take her to quiet room. Patient continued to assault staff members and damage property in the room.	PMVA called	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. MDT review. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		None (no harm caused by the incident)	Closed
GHC69332	05/05/2024	05/05/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (standing)		Patient attempted to leave the ward several times during the shift which was redirected by the staff. Around early evening patient was successful in leaving the ward but followed by staff. Patient went to the communal areas then invited outside Priory ward, we engage with staff, then walked home to the reception and was prevented from going further due to the locked door.	PBM holds utilised to facilitate personal care	Managed appropriately	NA		None (no harm caused by the incident)	Closed
GHC69334	05/05/2024	05/05/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (other)		Patient finished having his breakfast. Patient remain on the table with plates and laughing inappropriately, turning around and looking at staff. Patient returned plates to staff and then attacked staff, scratching a staff member on his face.	Patient was safe hold to his room using PBM	This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	Low (minor harm, e.g. takes up to a month to rectify.)	Closed
GHC69371	05/05/2024	05/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT).	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The service users remained unsettled and was not called police to request that they help her, reporting that she was being abused which was false. She then retreated to the bathroom on the female corridor and locked herself in while still on the phone to police answering as if to be being attacked, staff were concerned that this was not true and was not the appropriate way to deal with things and that her phone was going to be confiscated. She was given opportunities to hand this over herself but continued to barricade herself in the bathroom. PMVA called, service user refused to come out of the room. Patient then continued to assault staff members then grabbed and pulled further debris to follow/HCA on both arms to remove her from bathroom and take her to quiet room. Patient continued to assault staff members and damage property in the room.	The service users remained unsettled and was not called police to request that they help her, reporting that she was being abused which was false. She then retreated to the bathroom on the female corridor and locked herself in while still on the phone to police answering as if to be being attacked, staff were concerned that this was not true and was not the appropriate way to deal with things and that her phone was going to be confiscated. She was given opportunities to hand this over herself but continued to barricade herself in the bathroom. PMVA called, service user refused to come out of the room. Patient then continued to assault staff members then grabbed and pulled further debris to follow/HCA on both arms to remove her from bathroom and take her to quiet room. Patient continued to assault staff members and damage property in the room.		None required	None required		None (no harm caused by the incident)	Closed
GHC69373	05/05/2024	05/05/2024	Watton

GHC39385	06/05/2024	06/05/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PHVA (physical intervention)	Clinical hold (seated)		Patient was hyper active in the communal area and was climbing on the heaters and sofa in a risky way. Verbal de-escalation was attempted with no effect at all. Staff moved closer to the patient to try to try and support her to come down from the heater and she punched staff on the head	Patient was escalating and shouting Staff attempted verbal reasoning to no avail Patient was put in PHVA holds and was escorted to her bedroom 1:1 escalation 1mg was administered with good effect Patient was settled and resting on the sofa in the communal area Declined post care observations None vertical physical observations were commenced	none	none	none	Now (no harm caused by the incident)	Closed
GHC39390	07/05/2024	06/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PHVA (physical intervention)	Seated (other)		Patient was in their room then came to communal areas and attempted to leave the ward, was higher, anxious and unsettled in mental state. Staff took the patient in holds back to their room.	Patient attempted to leave their room several time and staff had to hold them in a seated restraint on the bed. staff let go and then had to hold back on due to patient attempting to leave their room and leave the ward.	patient highly distressed- managed by staff following safety and procedure	N/A		Now (no harm caused by the incident)	Closed
GHC39396	07/05/2024	07/05/2024	Watton Lawn-Kingsholm Ward	Watton Lawn-Kingsholm Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Prevent the patient absconding from lawful custody	Planned	PHVA (physical intervention)	Seated (other)		Patient has continuously attempted to abscond throughout the morning and before shift began, pushing past staff, attempting to jump the garden fence, offered oral PRN but declined so RT given.	Attempted to explain to patient about being under section 3 and not having leave, this was ignored numerous times so offered oral PRN but declined so RT was required. Patient is a PHVA team, 2 staff light holds on arms and 2 staff on legs.	Staff sought to verbally de-escalate, however patient unwell and unable to take onboard reassurances and de-escalation. Staff made the decision to administer RT medications as Patient unable / unwilling to accept PRN medications.	Staff acted to preserve safety of patient trying to abscond from ward. Staff sought support from PHVA team to administer medications safely.		Now (no harm caused by the incident)	Closed
GHC39398	07/05/2024	07/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		NG Feed given as prescribed	Feed given as per PHVA	care plan followed debrief during escorted walk	N/A		Now (no harm caused by the incident)	Closed
GHC39405	07/05/2024	07/05/2024	Watton Lawn-Kingsholm Ward	Watton Lawn-Kingsholm Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Prevent the patient absconding from lawful custody	Planned	PHVA (physical intervention)	Seated (other)		Patient remained driven to abscond, trying to push past staff to leave the ward. Patient has not slept for 2 hours previously, with no observable effects. Acutely unwell, lacking capacity and high risks attached to absconding. Decision made to administer IM risperidal RT, due to ongoing attempts to abscond and unsettled behaviour. Patient was then seated restraint on his bed, with leg cushion and administered IM risperidal. Some verbal dissent, but no physical aggression during restraint and team able to release holds immediately after medication administered. Arms and legs held, head not held as not required, but he was spoken to and staff member	Medical team informed that RT administered and patient was in a seated restraint on his bed. RT observations commenced and debrief to be completed. Ward staff when patient more settled.	Patient was acutely unwell, unable to accept reassurances or de-escalation. Was offered PRN medications, however he refused all oral medications. Decision made to proceed with RT medications. PHVA team assembled to assist in the safe administration of RT medications.	Staff sought to resolve this incident verbally and with PRN medications. As patient became patient was unable to comply with PRN medications, staff proceeded with RT medications as a means of reducing the acuity of the patient, and to reduce risk of absconding from ward.		Now (no harm caused by the incident)	Closed
GHC39408	07/05/2024	13/04/2024	RHT Cats & Tots	Robert Maxwell ICBB suite	Medication incidents	Medication incident not involving controlled drugs	11 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PHVA (physical intervention)	Seated (other)		Patient in location Maxwell Suite required RT IM - accidentally administered using blunt drawing up needle	Constant review of patient following RT		None		Now (no harm caused by the incident)	Closed
GHC39413	07/05/2024	30/04/2024	O- IHOT	Patient's own home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the paid carers how the procedure would take place and what monitoring would be used to safeguard the patient. The MCA paperwork was reviewed and signed with carers.	None required	None required		Now (no harm caused by the incident)	Closed
GHC39417	07/05/2024	07/05/2024	Watton Lawn-Kingsholm Ward	Watton Lawn-Kingsholm Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Prevent the patient absconding from lawful custody	Unplanned	PHVA (physical intervention)	Seated (other)		Patient was attempting to abscond again, tried to redirect but not successful. Was showing the steps of absconding and was escalating to assault staff. Team support from team leader and 1:1	Team decision made to call PHVA and gave him Promethazine 50 IMG.	* Staff sought to de-escalate and distract, however patient not responsive to these actions. * Decision reached to call PHVA team to offer support and maintain safety of those involved. * patient received RT medications.	* Staff followed risk assessment and care plan and took action to maintain safety of staff and patient.		Now (no harm caused by the incident)	Closed
GHC39418	07/05/2024	07/05/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Escort		PHVA holds utilised to prevent assault/further assault to staff member. Initially standing holds utilised followed by restrictive escort to low stimulus environment		none	none		Now (no harm caused by the incident)	Closed
GHC39419	07/05/2024	07/05/2024	Other (if Lister-non-GHC	Other (if Lister-non-GHC	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Phlebotomy PBM clinical hold on patient in bed, in best interest, in proportion to the risk of serious harm if undetected medical condition is not treated		None required	None required		Now (no harm caused by the incident)	Closed
GHC39420	07/05/2024	07/05/2024	Watton Lawn-Kingsholm Ward	Watton Lawn-Kingsholm Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PHVA (physical intervention)	Seated (other)		Patient was remained on same presentation, keep trying to leave from the ward. Attempting to assault staff, showing hitarded arrs. Encourage patient to return back to bed space which patient declined.	Team decision made and called PHVA and given RT.	Staff sought to deescalate patient however patient highly distressed and unable to accept reassurances. Staff reached decision to request a PHVA team to support staff and maintain safety of those present. Staff made clinical decision to proceed with RT medications to aide patient to calm.	Staff followed care plan and risk assessment.		Now (no harm caused by the incident)	Closed
GHC39428	07/05/2024	01/05/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient absconding otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Assisted support		The patient was very agitated and unsettled on admission to the ward and was trying to leave the ward which she did just before the incident. Continously try to enter the ward office even after staff inform her that she cannot enter the room, shouting to let her enter the room and accusing staff of having an affair with her husband and keeping her away from him inside. When staff inform her not to enter the room and move away from the area, she was hostoric about it and had to be held by two staff on her arm and removed her away from the office area in which the patient pinch at the staff who hold her in her one arm.2 staff held the patient in right arm and another staff held the patient on the left arm.	Try to deescalate the patient and convince her to not enter the office but patient still insists on entering the office. Staff decided to take the patient to the room of the patient and move her out of the office area in which the patient pinch on one of the staff on her hand but release it after informing her not to do it.	The correct actions were taken and all paperwork completed. Reviewed at MDT	none required.		Now (no harm caused by the incident)	Closed
GHC39429	07/05/2024	07/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Personal care (standing)		PBM- safe hold to carry out patient incontinent needs	Utilised PBM safe hold to support patients incontinent needs, due to confusion and refusal	Managed appropriately as per personal care plan to maintain dignity and skin integrity safety in bed interest	N/A		Now (no harm caused by the incident)	Closed
GHC39434	07/05/2024	07/05/2024	Watton Lawn-Priory Ward	Watton Lawn-other outside	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PHVA (physical intervention)	Escort		Patient was in the courtyard being supported by HCA 1 patient was due to return to the ward 16.50. HCA 1 used a ward radio to ask for assistance as patient was declining to come back to the ward and several prompts and redirections and just sat down on the grass under a tree, stripping bark off a stick	HCA 2 and EA from the ward came down to assist. HCA 2 spoke with patient and tried to come up with a compromise at 19.00, compromise agreed that patient would stay for 3 minutes longer then return to the ward. HCA 2 explains patient still would not return to the ward and general staffs attempt at talking. HCA 2 used the radio to request support from other wards to the courtyard. verbal redirection attempted again but to no success	refusing to return to ward so managed by staff	n/a		Now (no harm caused by the incident)	Closed
GHC39435	07/05/2024	07/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		PATIENT IS DUE FOR NASOGASTRIC FEED, CALLED PLANNED PHVA	Patient was placed in holds to facilitate this. Engaged in conversation throughout.	Care plan followed debrief during escorted walk after	N/A		Now (no harm caused by the incident)	Closed
GHC39436	07/05/2024	07/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Seated (other)		Patient was observed as urinating in the dining area. When staff approached and encouraged patient to get up from the floor and go to the toilet patient began to show sexual mannerisms towards staff later on managed to put clothes on. When staff encouraged patient to go back to bed space, patient were attempt to soak urine with tissues and throwing towards staff. Patient was verbally assaultive and threw the plates on the floor which was broken, due to the hand in which patient was throwing the plates.	Whole 2:1 team decision to call PHVA team. Staff keep attempted to verbally de-escalate the situation. Offered regular medication 'lotzapelab' with along with PRN. Patient was verbally abusive towards staff and refused PRN. Staff decided to call PHVA team. When patient was attempted to kick the staff which leads to put patient on holds and verbally de-escalated later on, gradually accepted PRN can accepted by MG orally.	none	none		Now (no harm caused by the incident)	Closed
GHC39452	12/05/2024	12/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Escort		Patient was in their garden throwing plant pots, a bucket and small stones into the car park, over the roof and into their flat. Not responding to verbal redirection.	Staff physically intervened and escorted the patient back into the flat the patient then sat on their bed with their head in their hands.	This is a service for individuals with learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are well seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are monitored and reviewed on a weekly	This is a service for individuals with learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are well seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are monitored and reviewed on a weekly		Now (no harm caused by the incident)	Closed
GHC39455	13/05/2024	11/05/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Medication incidents	Medication incident not involving controlled drugs	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		PBM clinical seated hold on patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated, or due to complications associated with the COVID-19 virus.	It was explained to paid carers how the procedure would take place and what monitoring would be used to safeguard the patient. The MCA paperwork was reviewed and discussed with carers.	None required	None required		Now (no harm caused by the incident)	Closed
GHC39456	13/05/2024	13/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Other form of physical intervention	Prone (face down)	Non Standard intervention followed by PBM intervention. During intervention patient banged his head on the ground and cut his head	MCA and best interest paper work was reviewed and left with carers	None required	None required		Now (no harm caused by the incident)	Closed
GHC39457	13/05/2024	13/05/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Standing		Patient was requested for lighters to smoke outside the ward. Patient refused and became violent. Was able to go as the doors were locked after 13:00 and encouraged for no use the vape instead in the garden. Patient then took herself to front of the hospital near to reception in an attempt to go out for cigarette and sat on the floor by lying the behind the of reception. Attempted to verbally de escalate and offered oral PRN but declined. Patient then pushed the de-escalate from staff and grabbed a hair.	Called PHVA for support, when patient attempted to push past staff and attempted to leave the hospital. Team leader was called to support with de-escalation and attempted regular medication 'lotzapelab' and declined. Has offered PRN can accepts oral.	none	none		Now (no harm caused by the incident)	Closed
GHC39465	13/05/2024	13/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		Patient slightly resistive to administration of as prescribed NG feed.	Patient was restrained in a seated position on the bed with a weighted blanket on their legs. Care plan followed as prescribed Patient facilitated usual as prescribed oral medication Patient facilitated care planned escorted 1:1 leave (i).	Care plan followed	N/A		Now (no harm caused by the incident)	Closed
GHC39474	13/05/2024	13/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Escort		Patient was in the courtyard being supported by HCA 1 patient was due to return to the ward 16.50. HCA 1 used a ward radio to ask for assistance as several prompts and redirections and just sat down on the grass under a tree, stripping bark off a stick	HCA 2 and EA from the ward came down to assist. HCA 2 spoke with patient and tried to come up with a compromise at 19.00, compromise agreed that patient would stay for 3 minutes longer then return to the ward. HCA 2 explains patient still would not return to the ward and general staffs attempt at talking. HCA 2 used the radio to request support from other wards to the courtyard. verbal redirection attempted again but to no success	refusing to return to ward so managed by staff	n/a		Now (no harm caused by the incident)	Closed
GHC39477	08/05/2024	08/05/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Escort		Two person escort and PBM seated clinical hold on patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated Patient was refusing to be bleed sugar level before food as directed by care plan. Patient became verbally aggressive and hitting at staff.	It was explained to the paid carers how the procedure would take place and what monitoring would be used to safeguard the patient. The MCA paperwork was reviewed and discussed with carers. Attempted to deescalate using 'Lotz' medication, which	Patient physical health and mental health status reviewed and assessed risks considered Restrictive interventions required to maintain patients health and minimise harm to others Patient requires two chalkers when bathing, as	n/a		Now (no harm caused by the incident)	Closed
GHC39488	08/05/2024	08/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	AWOL, absconding and missing patients	Patient attempted to abscond	18 - Prevent the patient absconding from lawful custody	Unplanned	PHVA (physical intervention)	Supine (face up)		Patient was in the visitors room calling family whilst staff where outside the room. Patient then proceeded to shoulder barge into the window of the visitors room smashing the glass. Patient hit the window roughly 2 - 3 times and the window fell through. Patient jumped through the window and proceeded to run away from the hospital. staff later caught patient just after the maxwell suite, where he was placed in holds, patient was resistive and took himself to the floor in a supine position, staff held patient in this position for a short period of time in order to bring patient back to the ward. Medication given whilst on the floor, patient appeared calmer and staff tried to escort patient back to the ward. patient remained resistive throughout, trying to trip staff over whilst returning to the ward		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	This incident is rare and highly unlikely to happen, therefore it is difficult to identify lessons learnt when the patient was able to smash a window and break out of the unit.		Now (no harm caused by the incident)	Closed
GHC39491	08/05/2024	08/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		Patient was due her prescribed feeds	Patient was placed in holds to facilitate this. Engaged in conversation throughout.	Care plan followed debrief during escorted walk after	N/A		Now (no harm caused by the incident)	Closed
GHC39495	08/05/2024	08/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		A male patient was seen with his bowels open, staff had tried to verbalise that the male patient needed to go to the toilet to open his bowels, due to the instructions on it was in his best interests to use pbm techniques in the communal area bathroom	Two staff members held the male patient right and left arm-wrikes another staff member gave the instructions when the personal care. The male patient was held in the pbm techniques for three minutes.	Care plan is place to support plan use within personal care due to behaviours that challenge	N/A - managed appropriately as per care plan.		Now (no harm caused by the incident)	Closed
GHC39500	09/05/2024	09/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		Nasogastric feed administered using light PHVA holds by 02 members of staff.	Nasogastric feed administered using light PHVA holds by 02 members of staff.	Care plan followed debrief during escorted walk after	N/A		Now (no harm caused by the incident)	Closed
GHC39508	09/05/2024	09/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold to carry out a blood test and COVID-19 vaccine on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated, or due to complications associated with the COVID-19 virus.	It was explained to paid carers how the procedure would take place and what monitoring would be used to safeguard the patient. The MCA paperwork was reviewed and discussed with carers.	None required	None required		Now (no harm caused by the incident)	Closed
GHC39513	09/05/2024	09/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		A seated clinical hold was performed by a nursing associate and HCA to obtain bloods from a service user.		None required	None required		Now (no harm caused by the incident)	Closed
GHC39522	09/05/2024	09/05/2024	Other (if Lister-non-GHC	Other (if Lister-non-GHC	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		phlebotomy procedure PBM clinical seated hold on patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated	MCA and best interest paper work was reviewed and left with carers	None required	None required		Now (no harm caused by the incident)	Closed
GHC39524	09/05/2024	09/05/2024	Pulman Place (2)	Pulman Place (2)	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PALIADETONY PBM CLINICAL SEATED HOLD ON PATIENT IN HIS BEST INTEREST IN PROPORTION TO THE RISK OF SERIOUS HARM IF UNDETECTED MEDICAL CONDITION IS NOT TREATED	MCA and best interest paper work was reviewed and copies left with carers	None required	None required		Now (no harm caused by the incident)	Closed
GHC39532	09/05/2024	09/05/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		patient held in a seated clinical hold to enable bloods to be taken safely	Reassurance throughout procedure.	None required - routine intervention	None		Now (no harm caused by the incident)	Closed
GHC39534	09/05/2024	09/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		Patient was due her NG feed. Provided feeds on light holds with the support of two members of staff. Patient was resistive but engaged with the staff. Lead pad to restrain provided weighted blanket as per her request., staff initiated conversation during the procedure which the patient engaged . She was provided medications and was taken out for a walk. Debrief given. Allowed		care plan followed debrief during escorted walk	N/A		Now (no harm caused by the incident)	Closed
GHC39553	10/05/2024	09/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient requested for a drink asking staff to open the bathroom door, whilst the door was open, patient suddenly attacked staff grabbing staffs on the face and scratching another staffs resulting in injury of staffs.	physical intervention (safe hold end figure four hold) was used to redirect to his room, staffs withdrawn from the flat immediately after being redirected to his bedroom, and given some time to self-regulate, whilst staff continued to observed him via cctv.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, Breakaways, prowmins and are seen seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All residents are mentioned and reviewed	Where staff have become the target of an individual who has displayed verbal redirection, with prowmins, break away techniques or PBM are withdraw from the area at the first possible safe opportunity.		Now (no harm caused by the incident)	Closed
GHC39554	10/05/2024	10/05/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	18 - Prevent the patient absconding from lawful custody	Planned	PHVA (physical intervention)	Seated (other)		Patient walk out off the ward around 01.15, and went to the front of hospital and sat on the floor outside of the hospital. Staff followed the patient and attempt to redirect but patient refuses and reluctant to come back. Patient was put themselves on sofa in front of Kings Holm ward and acted like was asleep. Staff were remained with patient around 45 minutes by prompt patient to return back to ward. By the time, patient was attempted to walk out from the ward and other staff opened the locked reception door. Patient team decision made to call PHVA to bring patient back to ward as patient had medium risk to absconding.	Patient was supported to the ward but was resistive and refusing to go to the ward. Patient was placed in holds and escorted to the ward. Patient was then seated restraint on the bed. Offered PRN but declined so RT given. Patient is a PHVA team, 2 staff light holds on arms and 2 staff on legs.	none	none		Now (no harm caused by the incident)	Closed
GHC39458	10/05/2024	10/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		Nasogastric feed administered using light PHVA holds by 02 members of staff.		care plan followed	N/A		Now (no harm caused by the incident)	Closed
GHC39565	10/05/2024	10/05/2024	O- IHOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		a PBM clinical seated hold was performed on a patient in their best interest in proportion to the risk of serious harm if consultation was not performed.		None required	None required		Now (no harm caused by the incident)	Closed
GHC39587	10/05/2024	10/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient spent some time in the shower room/toilet, when staff went to check on the patient, the patient suddenly rushed out of the shower room and attacked staff scratching two members of staff on their face,	Patient was safe held to his bedroom using PBM.	Care plan followed	Be vigilant when entering patient environment and when in his environment. All staff fully trained		Now (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC39594	10/05/2024	10/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		Service user on light PHVA holds for planned NG feeding.	Service user put on light PHVA holds. Seated on pads with weighted blanket to support Reassurance provided through out the procedure.	Care plan followed	N/A		Now (no harm caused by the incident)	Closed
GHC39602	10/05/2024	10/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Escort		Male patient was trying to grab a female patient's Zimmer frame. staff tried to de-escalate the patient verbal. reassurance did not have any effect on the male patient. male patient was getting verbally aggressive towards staff and was trying to get hold of the female patient's frame. staff had to intervene and use PBM holds to escort him to a safer place.	Staff had to use PBM holds and used breakaway techniques when the patient was settled.	Managed appropriately	NA		Now (no harm caused by the incident)	Closed
GHC39604	11/05/2024	10/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Standing		Patient was in the courtyard being supported by HCA 1 patient was due to return to the ward 16.50. HCA 1 used a ward radio to ask for assistance as several prompts and redirections and just sat down on the grass under a tree, stripping bark off a stick	HCA 2 and EA from the ward came down to assist. HCA 2 spoke with patient and tried to come up with a compromise at 19.00, compromise agreed that patient would stay for 3 minutes longer then return to the ward. HCA 2 explains patient still would not return to the ward and general staffs attempt at talking. HCA 2 used the radio to request support from other wards to the courtyard. verbal redirection attempted again but to no success	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		Now (no harm caused by the incident)	Closed
GHC39605	11/05/2024	10/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PHVA (physical intervention)	Escort		Patient was observed in the communal area. Patient 1 started to escalate, shouting and handling through the communal area. Patient 1 was attempting to enter into patient 2's bedroom as Patient 1 was getting very loud. Patient 1 refused to go to bedroom. Patient 1 then made a fist and raised his arms. Staff 1 and Staff 2 placed on precautionary holds and guided to his bedroom. Patient was given RT medication orally which he accepted. Patient became settled and slept	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		Now (no harm caused by the incident)	Closed
GHC39611	11/05/2024	11/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		Nasogastric feed administered using light PHVA holds by 02 members of staff.		Care plan followed	N/A		Now (no harm caused by the incident)	Closed
GHC39618	11/05/2024	11/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PHVA (physical intervention)	Seated (PEG-used)		patient required light press arm holds for administration of NG feed.	pad and weighted blanket used	Care plan followed	N/A		Now (no harm caused by the incident)	Closed
GHC39622	11/05/2024	11/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PBM (physical intervention)	Standing		Patient was displaying agitation. Normally patient is having pain so pre-medication was given. However, the patient was becoming more agitated and moving items of furniture and slammed a chair so hard that it was broken of splinter wood came off the leg. Patient was attempted to leave the premises by opening the garden door. Patient appeared to be asleep Staff attempted to redirect Patient from the doors, for their own safety Patient unable to accept redirection Patient was then attempting to put their clothing Patient reluctant to put on clothing or be redressed from the garden.	Patient was restrained in a seated position on the bed with a weighted blanket on their legs. HCA 1 and HCA 2 were called to support with redirection. Patient was then supported to the bathroom to put on clothing.	Managed appropriately	staff to utilise RAG charts to identify escalating behaviour and strategies to minimise		Now (no harm caused by the incident)	Closed
GHC39624	11/05/2024	10/05/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PHVA (physical intervention)	Non-standard hold	Patient was led on her side in left side in facial recovery position with left arm supported by pillow. Patient was then monitored by staff and HCA	Patient was then supported to the bathroom to put on clothing.	Staff used screens to protect patients dignity Staff attempted to redirect patient Covered patient using blankets Staff offered patient oral RT Patient declined Post care observations undertaken Remount physical observations completed	none	none		Now (no harm caused by the incident)	Closed
GHC39627	11/05/2024	23/03/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate personal care	Planned

GHC89866	16/05/2024	16/05/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient requesting to go for a cigarette out the front of the hospital. Prior to this, patient presenting as pressured in speech and responding to unseen stimuli. Staff attempted to negotiate timeframes of leave with patient, however, patient was unable to be able to accept this. Staff informed patient that we need to assure safety prior to leave and if not able to, we will need to consider using leave later. Patient pushed staff away from the door, staff utilised forearm holds and patient dropped weight and sat on the floor. Staff released holds immediately and patient remained calm and compliant. Patient jumped to her feet and began threatening NC, swinging her bag around threatening to punch NC. Staff re-directed patient to ward where she then prevented staff entering, staff de-escalated patient and she then went to her bedroom. Patient was assessed 2mg Lorazepam oral PI. RT observations started, patient refused NEWS2 observations. Ward		none	none	None (no harm caused by the incident)	Closed
GHC89867	16/05/2024	16/05/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient stood in corridor shouting at staff about their name and whether they are paid staff, continuing to shout at staff. Staff attempted to engage with patient and patient started swinging bag shouting "come on PCS" and threatening to hit staff member. Staff utilised forearm holds and supported patient to de-escalate in bedroom away from high stimulating environment. patient responded well to this.		none	none	None (no harm caused by the incident)	Closed
GHC89884	16/05/2024	16/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient was grabbing at staff's hand, arms and clothing.	Fire and Hold was used attack alarm pulled and staff requested. Patient was removed to the chair using physical escort. Staff member removed top and staff were able to withdraw from unit.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, breakaways, prowmiss and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are mentioned and reviewed	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC89891	16/05/2024	16/05/2024	10 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical assest held for the purpose of taking blood sample was performed on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC89896	16/05/2024	16/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Facilitate a/c's hydration needs	Planned	PMVA (physical intervention)	Seated (POD seat)		pmva required for administration of NG feed.	pad and weighted blanket used 1:1 walk following as per care plan	Care plan followed	N.A	None (no harm caused by the incident)	Closed
GHC89918	17/05/2024	17/05/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent the patient exhibiting otherwise dangerous	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient as per DATIX GHC89916 was placed in holds and given RT medication	Placed in holds, RT given	none	none	None (no harm caused by the incident)	Closed
GHC89924	17/05/2024	17/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD seat)		Patient was due to NG feed. Staff pad light holds to support being engaged. Staff communicated with him throughout the procedure. Debrief facilitated ,she was escorted for a walk after the feed and offered medications		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC89943	17/05/2024	17/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD seat)		patient required pmva for administration of NG feed	pad and weighted blanket used 1:1 walk	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC89948	17/05/2024	17/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		At 1:45 patient was heard headbanging in her bedroom, two members of staff immediately went to her support her one hand headbanging for 10-15 seconds against window ,no hold used and she stopped head banging by herself. Explored the reason she initially said " nothing" later she said " I was trying to get out of the window and I was" she displayed urge to head bang ,such as moving from place to place in an intention to head bang.tried to engage in verbal deescalation but failed therefore used PMVA light holds at 13:35 for 5k minutes in order to prevent the patient causing self harming. Patient refused neuro observation. Offered 1:1 and taken out the patient for a vape when patient became settled. Offered PRN medication which she refused. Requested for neuro observation again which she refused and taken patient back to her bedroom.		Lared plan followed	N/A	None (no harm caused by the incident)	Closed
GHC89959	18/05/2024	17/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient had grabbed staffs clothing and was attempting to put them to the floor. A two person removal was implemented as verbal redirection was not successful.	A two person removal was implemented as verbal redirection was not successful.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. All staff are trained in Physical interventions, breakaways, prowmiss and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are mentioned and reviewed	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC89964	18/05/2024	17/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Escort		physical intervention was used to redirect patient to his room after presenting as agitated and heighten, causing damage to property and increased risk to self.	figure four hold was used to escort patient to bedroom. Refs on the right and two HCA on the left.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are mentioned and reviewed on a weekly	None (no harm caused by the incident)	Closed
GHC89966	18/05/2024	17/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Time of incident: 21:30 Summary: At approximately 21:30 hours, Patient was observed engaging in low-level intermittent head banging. Staff followed her care plan by offering ice packs, which she declined. She then went to the dining area. Patient resumed head banging while wearing her earphones. Staff removed her earphones and promoted verbal de-escalation, which had limited effect, though she ceased head banging for 30 minutes. Details: 21:30: Patient began head-banging intermittently. Staff offered interventions per her care plan, which she did not engage with. 21:45: Patient resumed head banging with her earphones on. Staff removed the earphones and promoted verbal de-escalation, which had limited effect. She stopped head banging for 30 minutes. 22:15: Patient resumed head banging. at that time duty doctor was present for assessing her for neurological status post-head banging. Despite staff's efforts to verbally de-escalate, Patient reported that she was experiencing pain in her head. The nurse has decided to administer Rapid Tranquillisation due to her current presentation.	Utilization of verbal de-escalation. Reactive administration of medication neurological observations maintained as per the Trust Policy Non touch post RT observations (2x) maintained due to refusal of News. Patient's behaviour was managed according to her care plan. Verbal de-escalation techniques were necessary. Staff remained with her throughout the incident, ensuring her safety and addressing her needs promptly. Further monitoring and follow-up care are recommended.	care plan followed procedure also	N/A	None (no harm caused by the incident)	Closed
GHC89968	18/05/2024	17/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD seat)		Patient was due for NG feed , 2 members of staff assisted the patient ,used pad and weighted blanket.staff engaged with the patient throughout the procedure and taken out the patient for a walk after feed The patient was not reactive therefore supported the patient using light holds. Followed care plan.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC89973	18/05/2024	18/05/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient woke up frightened and agitated. He took hold of two flies and threw them at staff. He then got hold of a lounge chair and was pushing it towards staff. It was decided that it was in the patients best interests to escort him to a area with less items to use against staff.	Ward staff utilised PBM/ arm holds to escort staff to the lounge safe. Staff assisted to sit and immediately de-escalated. Patient was then escorted to his room and observed the patient from a distance. He calmed quickly after he had his morning medication (and PRN Promethazine) covertly.	Managed appropriately to minimise risk to self and others PRN administered low level plan	Staff to utilise RAG charts to identify escalating behaviour and strategies to minimise	None (no harm caused by the incident)	Closed
GHC89977	18/05/2024	18/05/2024	Gloucestershire Royal Hospital	10 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical assest held on a patient in his best interests, in proportion to the risk of serious harm if any undetected medical condition is not treated. Specifically for the fitting of NG Feed Tube – urgent need to administer medicines and fluids.		None required	None required	None (no harm caused by the incident)	Closed
GHC89983	18/05/2024	18/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Seated (other)		Staff overhead patient head banging in her room.	Staff went into patient's room and attempted to verbally de-escalate patient. initially patient refused to engage with staff however was able to verbally guide her from the window to her bed .She escalated again while on the bed and was attempting to head bang on the wall. Staff had to put her under PMVA holds and after her oral PRN. She refused oral and IM rapid tranquillisation was administered.	Care plan followed Policy followed re: RT	N.A	None (no harm caused by the incident)	Closed
GHC89988	18/05/2024	18/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient was offered medications. He accepted the medications but refused the water. Staff tried to encourage patient to have some water but patient refused and started to throw the cup at staff and the wall. Patient was actually targeting staff's eyes as he continue to make attempts to get to the staff's eyes.	Alarm was pulled for help. The 4:1 staff quickly intervene to enable the staff that was attributed to the patient to leave patient's room. Patient was transported to his bedroom using PBM.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are mentioned and reviewed on a weekly	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are mentioned and reviewed on a weekly basis.	No (minor harm, e.g. takes up to 1 month to rectify)	
GHC89997	18/05/2024	18/05/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient was found and escorted back to leave the ward. Patient was already absconded from ward for an hour and was in front of hospital were the car are parked, attempting to get under the car through the wheels. Patient was very agitated and was in need of prompt and encouragement. Patient was continuing to attempt absconding from the ward through the door. Staff was trying to block her by standing on the doors, and encouraging verbally to go back to room. Patient was keep attempting to leave ward and assaulted staffs physically like trying to punch staff, pushing staff and pulling staff hair. Staff used PMVA holds to prevent patient from absconding and assaulting staff. Patient was calm and walked back to her room.	Called PMVA for support and escorted her to bedroom. Patient was remained unsettled, attempted patient to take into bed but resistive and lying on the floor. there few grave RT Promethazine 50 MG unlicensed given.	none	none	None (no harm caused by the incident)	Closed
GHC90007	19/05/2024	18/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD seat)		2 Members of staff supported the patient using light holds .patient was not resistive during the procedure .staff engaged with the patient during the whole procedure. Used pad and weighted blanket. Escorted for a walk after the feed and provided debrief		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC90008	19/05/2024	19/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD seat)		Patient had NG feed		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC90009	19/05/2024	19/05/2024	10 IHOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical hold on patient in hospital bed, in her interest, in proportion to the risk of serious harm if undetected medical condition is not treated. Specifically for the fitting of a nasogastric tube – urgent need to administer medicines and fluids.		None required	None required	None (no harm caused by the incident)	Closed
GHC90016	19/05/2024	19/05/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		The patient was due his depot injection CLOPIXOL (FLUCOPENTHIXOL DECANOATE) 350mg. Patient was initially compliant with the depot. At 1:30 3 different staff including staff from different ward. He was verbally abusive towards all the staff, accusing them of stealing his money and telling them to fuck off. At one point he was trying to knock the staff off with his fist and telling them to fuck off. He was aggressive towards the staff as this is his personal belongings. After depot injection was given to him, a discussion was made among the staff and with the best interest of the patient, depot injection was administered.	2 staff were present at the time of PBM. One staff held the patient on the left arm, one staff held the patient on the right arm, one staff held the patient on the left leg, one staff held the patient on the left leg and one staff administer the injection on his right thigh. The patient accepts the medication without further escalation.	All actions correct at time of incident.	None required.	None (no harm caused by the incident)	Closed
GHC90086	20/05/2024	20/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Undertake a search of the patient's clothing to ensure the safety of others	Planned	PMVA (physical intervention)	Seated (other)		Patient was due to his head cover and was not used for shaving her legs. Three members of staff have tried to persuade her to give it back however she declined .Planned search team was called, the patient was escorted to her room and searched inside her pocket, she has declined to be search, subsequently staff used holds and got the razor from her.		Policy and procedure followed	N/A	None (no harm caused by the incident)	Closed
GHC90090	20/05/2024	20/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		During hourly check at 15:03 patient was seen head banging ,low level headbanging using back of her head against her bedroom wall. Staff went to her room to support she was seen listening to music using airpod , staff used lower on back of her head to stop her doing head banging which she removed. When staff tried to take her airpod off to verbally deescalate however she become very resistive and kicked one of the staff's arms (no harm caused to the staff) and continued to headbang. Staff offered ice pack , used crisis escalator and offered PRN medication which she refused. Therefore decision made to call PMVA team , team tried to verbally deescalate but no effect therefore offered RT and which she declined in order to prevent patient causing serious self injury team decided to give IM lorazepam. Started on neuro observation and post RT observation. Duty Dr reviewed the patient. Debrief done. 19:05 patient was heard headbanging low intensity		care plan followed procedure followed	N/A	None (no harm caused by the incident)	Closed
GHC90093	20/05/2024	20/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		patient grabbing at staff clothes attempting to pull to ground/pull off clothes/intermittent scratching	PBM fix and hold/PBM removal	Incident reviewed, staff dealt with this incident appropriately and as per this patient's care plans.	Incident dealt with and de-escalated as staff followed this patient's care plan.	None (no harm caused by the incident)	Closed
GHC89784	20/05/2024	20/05/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Escort		Patient was observed to be climbing an window frame in Garden, attempting to abscond. Staff attempted verbal redirection, but patient was. Patient was then escorted to his room, but he was required to put hands on and utilised a restrictive escort to return patient to bedroom. Staff believed the risk of absconding was low, due to the fact the window/wall is difficult to climb but concerned the patient may fall in the process and cause harm to	patient was escorted to his bedroom by staff.	1:1 with patient, Discussion during handover,	Risk and observation level reviewed, Care plans reviewed,	None (no harm caused by the incident)	Closed
GHC90099	21/05/2024	14/05/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (Not listed)	Unplanned	PBM (physical intervention)	Escort		a patient had to be brought to the ward through PBM hold technique by the ambulance staff under 3 section 2.	PBM technique was used by the two ambulance staff to transfer patient to our ward, lots of reassurance given to patient and staff following this.	Incident managed appropriately to ensure safe transfer of patient onto ward.	No further lessons identified	None (no harm caused by the incident)	Closed
GHC90100	21/05/2024	20/05/2024	10 IHOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical hold on patient in hospital bed, in her interest and in proportion to the risk of serious harm if any undetected medical condition is not treated. Specifically for the fitting of a cannula – urgent need to administer medicines and fluids.		None required	None required	None (no harm caused by the incident)	Closed
GHC90109	21/05/2024	21/05/2024	10 IHOT	Other 10 Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PHlebotomy PBM clinical assest held on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC90110	21/05/2024	21/05/2024	10 IHOT	Other 10 Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		PBM clinical assest held on a patient for blood test and was explained to the pod carer. how the procedure will take place and what monitoring would be used to safe guard the patient.		None required	None required	None (no harm caused by the incident)	Closed
GHC90111	21/05/2024	21/05/2024	10 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		A PBM clinical hold was performed on a patient in their bed interest to obtain bloods.		None required	None required	None (no harm caused by the incident)	Closed
GHC90112	21/05/2024	21/05/2024	10 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order for bloods to be safely taken in patients best interest.		Routine intervention for IHOT - no action required	N/A	None (no harm caused by the incident)	Closed
GHC90116	21/05/2024	21/05/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		Patient was incontinent, declined all support due to confusion. was supported as PBM held	Planned PBM hold applied for his personal care needs	Managed appropriately as per personal care plan to maintain dignity and skin integrity safely in bed interest	N/A	None (no harm caused by the incident)	Closed
GHC90129	21/05/2024	21/05/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM held for blood extraction.	Bloods taken, however minimal due to patients resistance.	Staff made aware that we do not use segregation on Mulberry Ward .Patient has already had a debrief with Dr during post PBM review.	Staff made aware we do not use segregation on Mulberry Ward .Segregation is different to patient choosing to isolate themselves in room.	None (no harm caused by the incident)	Closed
GHC90130	21/05/2024	21/05/2024	Watton Lawn- Other outside	Watton Lawn- Other outside	AWOL, absconding and missing patients	Patient attempted to abscond	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	Other form of physical intervention	Assisted support		patient was found to be missing from the courtyard and located under several trees near Pilkwell drive opposite the hospital. I approached patient and asked what she was doing out here, patient replied "I needed fresh air and a change of scenery" ,patient spoke about ward round not going well and being frustrated about not having her leave increased. After some time talking patient agreed to come back into the hospital, we stood and walked back to the hospital, patient was walking in the road away from the hospital requiring me to hold my desk her way, patient then crossed the road towards the bike shed and again tried to walk up the road .Using encouragement patient walked back to the hospital and remained compliant throughout the walk.	de-escalation and encouragement to return to ward. patient was visibly upset and distressed. patient agreed to take some medication and make a plan for the rest of the afternoon.	Managed well by following procedure	N/A	None (no harm caused by the incident)	Closed
GHC90131	21/05/2024	21/05/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient woke up from his afternoon nap. Staff were in to ask him if he would like to use the toilet or shower before his dinner routine. The patient got off the bed and attempted to attack the staff that was attending to him. The patient was initially calmed down by asking the patient to let staff know, when he was ready and the staff began walking out of the patient's bedroom. The patient responded saying "No not ready" and he ran behind the staff with intentions of	The patient was stopped through restraint by the supporting staff who were in the unit and they managed to hold the patient down on the floor and Gloves to settle before introducing a fresh face to prompt him with moving on with his routine.	Staff dealt with this incident appropriately. Concerns raised to Modern Matron and others. Gloves were used to settle the patient down before introducing fresh staff to the patient.	That the levels of assaults on staff is increasing, I have escalated this to the Modern Matron and RC.	None (no harm caused by the incident)	Closed
GHC90136	21/05/2024	21/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD seat)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC90140	21/05/2024	21/05/2024	Gloucestershire Royal Hospital	10 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical personal care held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the pod carer how the procedure would take place, and what monitoring would be used to safeguard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC90143	21/05/2024	21/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		The service user walked towards the main exit from the ward. The service user was asked by the lone service user where she was planning on going and she said "out". Upon observation the service user appeared tearful and visibly distressed, due to this, as well as an incident prior to this where the service user had been prevented from leaving the ward, it was made to prevent the service user from leaving the ward. Staff blocked the service users route of exit by standing in front of the exit door and verbal de-escalation was attempted. For example, staff asked the service user if they would like to speak to staff in a quiet and initially the service user did respond with yes to this and she agreed to sit with staff in communal areas for a short period. The service user was then administered Haloperidol 5mg and Promethazine 50mg. After sitting in communal areas for around five minutes the service user attempted to leave the ward. This was prevented and de-escalation occurred again, however, started to say "just let me go" and she then attempted to reach around staff and open the door with her hand. A this point PMVA forearm holds were utilised to prevent the service user from doing so. The service user was then taken to a quiet area where she had a 1:1 with staff. During this 1:1 the service user that she feels that she has "let down" her children and she talked about being a "bad" parent. Following a period of discussion and verbal reassurance the service user appeared to be at ease and started to be more engaging with staff and she confirmed that she would come and speak to staff if	de-escalation and encouragement to return to ward. patient was visibly upset and distressed. patient agreed to take some medication and make a plan for the rest of the afternoon.	Managed well by following procedure	N/A	None (no harm caused by the incident)	Closed
GHC90147	21/05/2024	21/05/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		Patient was supported for his personal care as PBM held due to high confusion and refusal	Patient was supported to attain his personal care needs	Managed appropriately as per personal care plan to maintain dignity and skin integrity safely in bed interest	N/A	None (no harm caused by the incident)	Closed
GHC90157	21/05/2024	21/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		10:00 - 16:15 - Whilst staff were undertaking the service users 15 minute observations they observed that the service user had lodged her hand in between her bedroom door and the bedroom door frame. The service user was also using the door to exert force against her hand and was crying. Staff initiated verbal de-escalation and asked the service user if it would be OK to come into her bedroom and speak to her. However, the service user repeatedly said "leave me alone" and she started to push the door into her hand with force. Staff then initiated verbal de-escalation and when asked why she was attempting to harm herself the service user expressed frustration about not being granted further section 17 leave. The service user also referred to "the pain" providing a form of relief from her thoughts and feelings. At this point staff asked the service user to remove her hand from the doorway and a replacement strategies were also suggested, despite this, the service user continued to say "leave me alone, I'm not moving". Therefore, staff explained to the service user that they were going to open the door to free her hand and on the count of three. On hand. One member of staff placed their foot in between the door and the door frame and slowly pushed the door forwards to dislodge the service users hand. Following this, a member of staff spoke to the service user about alternative coping strategies /different techniques that may help provide a similar form of relief and she agreed to use a plastic hand as a replacement strategy.		supported by staff	N/A	None (no harm caused by the incident)	Closed
GHC90165	22/05/2024	21/05/2024	Watton Lawn- Other outside	Watton Lawn- Other outside	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		Patient was escorted to front of hospital for Section 17 leave to smoke. Patient tried to run off on the way back. Staff followed and put patient on hold, patient was in front of Ground. Patient was fighting while being on hold. Duty doctor came , team arrived and escorted patient to ward. On the way back patient sat on the ground and was reluctant to come back to ward. Staff tried to de-escalate but patient was not	Patient came back to ward offered ice pack Escalated pre promethazine 1:1 offered	Mental state, risks, observations reviewed Leave plan updated Patient identified as long term risk of self harm and absconding Management plan in place Patient agreeing to engage with self harm pathway	n/a	None (no harm caused by the incident)	Closed
GHC90170	22/05/2024	21/05/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (POD seat)		Patient was present in CA unsettled attempting to leave ward Patient became lawful and distressed Patient attempting to push staff who were blocking ward exit	Patient attempted to redirect patient to his room. Staff attempted to communicate with patient using PACE principles to de-escalate. Staff attempted to redirect patient utilising holds Patient would drop themselves to the floor holds disengaged RT IM Promethazine 50mg administered Declined physical observations	none	none	None (no harm caused by the incident)	Closed
GHC90171	22/05/2024	21/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD seat)		patient was resistive to NG feed	patient was restrained on the pod and given NG feed	Care plan followed	N/A	None (no harm caused by the incident)	Closed

DATIX7572	22/05/2024	22/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG feed	patient restrained in seated hold on the pad.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7581	22/05/2024	22/05/2024	Watton Lawn- Priory Ward	Other (if Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold for blood test on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the paid carers, how the procedure will take place and what monitoring would be used to safe guard the patient	None required	None required	None (no harm caused by the incident)	Closed
DATIX7588	23/05/2024	23/05/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PBM (physical intervention)	Seated (POD used)		Patient required further bloods to be taken to rule out causes of mental health deterioration. Patient refusing to have bloods. PBM Holds required to safely collect blood.	Patient assisted to the clinician area, where the need for PBM holds, POD used to safely collect blood. Reassurance given to patient throughout the intervent, particularly as she has a fear of needles and was becoming very distressed. Staff debriefed and supported themselves to feedback on how it went and how everyone was.	The Hold was planned properly, every staff was allocated on which side they should be holding. Then the was properly use to secure the hold and avoid the client from moving a lot. Paul Pillar client was seen by the duty doctor. Staff was also debrief by the team leader.	No lesson to be learnt, the procedure was properly planned and executed. The procedure did not cause harm or injury to the client.	None (no harm caused by the incident)	Closed
DATIX7590	23/05/2024	22/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold for phlebotomy procedure in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated	MCA and best interest paper work was discussed and left with carers	None required	None required	None (no harm caused by the incident)	Closed
DATIX7593	23/05/2024	22/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	Other form of physical intervention	Clinical hold (seated)		Planned holds for nasogastric feeds. Light holds commenced in bedroom with 3x NCA staff. Used pad during feed with continued light holds on both wrists.	Verbal de-escalation and positive re-enforcement.	Care Plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7598	23/05/2024	23/05/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DATIX7608	23/05/2024	23/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Staff overheard patient headbanging in her room. staff went into her room, she was head banging in low intensity using back of her head against the wall. Headphone was removed and tried to verbally de-escalate. Patient was resistive to verbal and was offered PRN medication which she refused. She has continued headbanging, therefore holds was utilised on both arms and legs, she was seated on her bed. Staff continued to verbally de-escalate, suggested different techniques, she has settled for a while, staff continue to check on her. However, she is now head banging and was resistive to PMVA holds, PMVA cushion was used, tried to verbally de-escalate however patient has not engaged with staff Rapid tranquillisation injection was administered. Post RT observations and neurological observations started 14:15 - Second incident head banging Staff again overheard Nicola headbanging, staff went into her room, she was headbanging in low intensity using back of her head against the wall, pillow was used on back of her head but she was removing, ear pads was removed, verbally deescalate to no effect, PMVA was used, tried to verbally de-escalate, patient is head banging and was very resistive. Psychotic emergency activated, cushion was utilised. Verbally de-escalated with good effect, patient stopped being resistive. 1x pack was offered which she accepted, applied it on her head. Staff continue to monitor patient.		policy prosedure and care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7610	23/05/2024	22/05/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Non-standard hold	Patient's head was held, one hand on forehead, other supporting chin with care to avoid affecting the airway, by PBM trained supporting staff. 1 x HCP staff held his legs	Clinical Hold used to support GRH staff to insert a NG Tube under section 3 PBM. Patient was held by his head, arms and legs on his hospital bed by HCP staff for the duration of the procedure.		None required	None required	None (no harm caused by the incident)	Closed
DATIX7618	23/05/2024	23/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		Service user overheard headbanging at around 14:45hrs. Staff went down and attempted to verbally de-escalate,but continued head banging. Staff put service user on holds (with 2 staff) and used the pillows to prevent from banging on the wall. Offered RT orally which was refused by the service user. Service user then started to bang head against floor, service user said "Nothing". Service user wasn't consistent with verbal de-escalation initially, however later on started slowly engaging with staff and stopped head banging. Again offered PRN medication which was refused by service user. Ice pack of the head. Service user then appeared more calmer and was asked to take deep breaths which the service user did and given favourite toys in her room. staff left the room with her permission where she agreed to be safe. Again 15:45hrs service user overhead head banging on the wall in bedroom. Staff tried to de-escalate verbally with no effect. Put the pillows behind head to prevent more harm. Service user was very resistive and continued banging. The PMVA bleep was activated. Service user was offered PRN medication offered and RT which was refused. Tried to verbally de-escalate but wasn't consistent. Service user was	PMVA bleep was activated. Service user put on safe holds. Took head phones out of the ears. Attempted verbal de-escalation. Supported back of the head with pillows.	Care plan followed	N.A	None (no harm caused by the incident)	Closed
DATIX7623	23/05/2024	23/05/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PBM (physical intervention)	Escort		Patient was complaining of abdominal pain. Duty doctor examined patient and they were concerned regarding bowel obstruction. Duty doctor then liaised with surgical registrar who advised transfer to ED. Staff tried to explain this to patient in this situation, however patient was not willing to go to ED. As this was medical emergency we have called 999 for ambulance service. Ambulance arrived by 17:20., PBM was applied by 2 members of staff and patient was escorted to ambulance without any incidents.	Patient was transferred to emergency department escorted by 2 staff members	Nursing staff managed a complex situation appropriately in the patients best interest they needed to go to the acute hospital	No further lessons identified	None (no harm caused by the incident)	Closed
DATIX7628	23/05/2024	23/05/2024	Watton Lawn- Willow Ward	Watton Lawn- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Seated (other)		A male patient was found incontint of faeces,staff tried to verbalise on why needed to change but the male patient was unable to understand staff so staff had to use PBM the male patient for personal care		Managed appropriately as per personal care plan to maintain dignity and also integrity safety in bed.	N/A	None (no harm caused by the incident)	Closed
DATIX7631	24/05/2024	23/05/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from (wards/ custody	Unplanned	PMVA (physical intervention)	Escort		Patient was sitting in the communal area when the service user was observed to be attempting to leave the ward and escorted for the opportunity. When the service user drift finished he stayed around the entrance double door as he knew staff will open it to exit. Staff used a different exit but Patient A ran towards them and started hitting out at staff when prevented from absconding. He was escorted to bedroom x PMVA.		1:1 with patient, Discussion during handover,	Risk and observation level reviewed, Care plans reviewed, PBS plan reviewed,	None (no harm caused by the incident)	Closed
DATIX7632	24/05/2024	23/05/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from (wards/ custody	Unplanned	PMVA (physical intervention)	Standing		Patient was sitting in the communal area when the service user was observed to be attempting to leave the ward and escorted for the opportunity. When the service user drift finished he stayed around the entrance double door as he knew staff will open it to exit. Staff used a different exit but Patient A ran towards them and started hitting out at staff when prevented from absconding. He was escorted to bedroom x PMVA.		1:1 with patient, Discussion during handover,	Risk and observation level reviewed, Care plans reviewed, PBS plan reviewed,	None (no harm caused by the incident)	Closed
DATIX7639	24/05/2024	23/05/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		headbanging against the wall in their bedroom using the back of the head. Member of staff intervened and verbally de-escalation but the patient continued headbanging. The staff offered the patient an ice pack and followed the care plan, but all were futile. Staff also tried to keep a pillow behind the patient's head, but the patient it away and continued headbanging. When the PRN oral tablets were offered, the patient stated that she won't take any medications. 22:25 - PMVA team was called and seated holds were used to stop the patient from head banging. As the patient again refused to take the oral tablets, RT promethazine 50mg was administered to the thigh at 22:31, on seated clinical holds using the cushion. After the administration of the injection, when the patient got settled the PMVA holds were released and the patient agreed to the staff that she will come out and sit in the communal area.	Duty doctor came to review the patient. Neurological observations were completed. Neurological observations were taken and documented Oral brief were given after the incident.	CARE PLAN FOLLOWED	N/A	None (no harm caused by the incident)	Closed
DATIX7697	24/05/2024	23/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient found headbanging on x2 occasions at 17:10hrs and 19:10hrs.	At 17:10hrs patient was restrained to administer IM medication.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7692	24/05/2024	24/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed - used PMVA holds - patient was seated on pad. Staff engaged with the patient throughout the procedure and distracted her as per her request used weighted blanket.Followed care plan. She was taken out for a walk after the feed.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7658	24/05/2024	24/05/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical seated hold on patient in hospital bed, in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DATIX7650	24/05/2024	24/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed - used PMVA holds on pt in nursing staff. 2 x GRH nursing staff inserted NG feed tube and administered as prescribed NG feed 2 x syringe omitted due to patient pulling out NG feed tube). Patient released from holds and early afternoon medication administered as prescribed.	Staff followed prosess and procedure	N/A	None (no harm caused by the incident)	Closed
DATIX7660	25/05/2024	25/05/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviou	Unplanned	PBM (physical intervention)	Personal care (standing)		A male patient was offered cutlery to eat his dinner. He took the knife and fork from it .He Keeps walking around the communal area with the knife and fork and is threatening some one. Attempting the staff with the knife and fork, who tried to get it back.	Male patient was tried to verbally reassure and to deescalate with minimal effect. Patient refused PRN medication which was offered. Service was hold on safe holds and the knife and fork from his possession to prevent further consequences.	PBM utilised appropriately to remove items for safety of self and others.	Staff to utilise NAS charts for escalating behaviour and strategies to minimise risk	None (no harm caused by the incident)	Closed
DATIX7661	25/05/2024	24/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient headbanging in room 10.01, staff went to check and patient seen listening to music using ear pods and banging her head against wall using back of head. Low level headbanging. Staff used verbal de-escalation initially which was not effective. Staff also tried to deescalate but failed. She didn't engage with staff, used ear pods, crisis escalator, requested to come out to communal area, offered escorted leave in front of hospital but efforts failed. Staff used pillow behind her head to prevent more harm. Service user asked staff to leave her alone, became very resistive and continued to bang head. PMVA used. Used cushion and clinical holds and prevented pt causing harm to self. Staff asked pt whether there is any way staff can help her, pt responded with no. Staff made attempts to engage but pt completely disengaged. Holds taken off when she appeared superficially settled in presentation and team dispersed, two staff outside door to monitor headbanging. Staff confirmed pt was safe to be left alone and door was closed.	Started on neuro obs and duty dr informed. Debrief at 20:45, staff found headbanging coming from pt's room. Pt was sitting on her bed and was headbanging while listening to music. Staff used trade one air pad off and tried to verbally deescalate, pt did not engage. Tried cushion, pt threw away. Tried crisis escalator, no pack, requested to do deep breathing, pt did not engage. Offered prn medication but refuse, PMVA holds therefore used, tried to engage but no verbal or non-verbal response, offered RT x2 multiple times no response. RT promethazine given to alleviate distress with IM. Debrief. After incident patient engaged with staff, calmed but frustrated. Neuro and RT obs started, duty Dr informed.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7668	26/05/2024	25/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Staff overheard patient headbanging in her room, she was harming her arm using a sharp plastic object , two members of staff went to her room ,she was seen scribbling in a paper using pen ,staff enquired about the possession of sharp with the patient which she denied initially. Staff observed the patient in possession of the confirmed possession of sharp but was reluctant to show it to staff ,she said to staff " i need it, because i need to feel the pain" Staff offered ways to cope with the distress other than self harming such as using ice pack , reading anger management book which was handed over by staff ,deep breathing exercise , going out for a walk (after handing the item to staff),listening some of the grounding techniques found helpful for her. She removed the same ,she was informed about the consequence such as search and PMVA ,and given her time and the option to think and to change mind (she is on 15/15 randomised observation level).		Staff followed prosess and procedure	N/A	None (no harm caused by the incident)	Closed
DATIX7672	26/05/2024	25/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		Patient was head banging in different occasions; 14:40 - Head banging against the wall sitting on the side of the wall. 16:00 - Head banging against the wall with the back of the head. 18:00 - Head banging against the wall with the face hood 19: 20 -Head banging against the wall with fibre hood 20:30 - Head banging against the wall with fibre hood	14:40 staff intervened with verbally de-escalated but no effect. PMVA holds activated, she was held on holds - She was held on arm holds seated in bed , with out any cushion. RT IM administered at 14:55 as she was refusing to engage and was not willing to have any oral medications. Ice pack applied . Prescribed to the front with staff after . RT physical observations were started until Neuro observation taken. Informed duty doctor. Duty doctor assessed her. 16:00 - Staff intervened her verbally de escalated her with minimal effect. She was head banging with her face hood on the wall. She was on 1:1 affected . Contained of pain in her foot , which is the reason why she is head banging . Administered Oral Morph as per request . Neuro observation taken. Informed duty doctor. Duty doctor assessed her. 18:50 - Staff intervened her , she was struggling to stop head banging . Ice pack applied . Offered medication her , with no effect . PMVA activated , She was held on holds to stop her from head banging . Ice pack applied . Offered medication, which she declined. She was offered RT IM injection , which she accepted . RT physical observations were started until Neuro She was escorted to the front of the hospital for fresh air , which she accepted . She requested to have a play wood piece to do her puzzles , if we dont allow her to have , she will continue to head bang . Puzzle board has given to her . She spent time in communal area after. RT physical observations were started and Neuro observation	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7676	26/05/2024	26/05/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient was head banging in different occasions; 14:40 - Head banging against the wall sitting on the side of the wall. 16:00 - Head banging against the wall with the back of the head. 18:00 - Head banging against the wall with the face hood 19: 20 -Head banging against the wall with fibre hood 20:30 - Head banging against the wall with fibre hood	14:40 staff intervened her verbally de-escalated but no effect. PMVA holds activated, she was held on holds - She was held on arm holds seated in bed , with out any cushion. RT IM administered at 14:55 as she was refusing to engage and was not willing to have any oral medications. Ice pack applied . Prescribed to the front with staff after . RT physical observations were started until Neuro observation taken. Informed duty doctor. Duty doctor assessed her. 16:00 - Staff intervened her , verbally de-escalated her with minimal effect . She was head banging with her face hood on the wall. She was on 1:1 affected . Contained of pain in her foot , which is the reason why she is head banging . Administered Oral Morph as per request . Neuro observation taken. Informed duty doctor. Duty doctor assessed her. 18:50 - Staff intervened her , she was struggling to stop head banging . Ice pack applied . Offered medication her , with no effect . PMVA activated , She was held on holds to stop her from head banging . Ice pack applied . Offered medication, which she declined. She was offered RT IM injection , which she accepted . RT physical observations were started until Neuro She was escorted to the front of the hospital for fresh air , which she accepted . She requested to have a play wood piece to do her puzzles , if we dont allow her to have , she will continue to head bang . Puzzle board has given to her . She spent time in communal area after. RT physical observations were started and Neuro observation	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7678	26/05/2024	26/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		10:58 - Patient was overheard headbanging inside her bedroom, staff went down to her bedroom, she was headbanging using back of her head against the wall in low intensity. 11:16: Patient was head banging inside her bedroom, staff intervened and told she is on 15/15 randomised observation levels. Meanwhile staff arranged a search team at 10:15,staff informed about the plan and asked her to cooperate with us ,she refused to give us consent to search and became very resistive and tried to leave the room, staff put holds on her and searched her room and body. Found small pieces of pen (fibre like material) from her back pack , broken plastic container lid piece that has sharp and from her cupboard ,a piece of sharp plastic from her table , a sharp wooden piece from colouring pouch box and a pencil.	10:58: verbally de-escalated to no effect, ice pack was applied, care plan followed, However she continued to bang her head against the wall, PMVA holds was assisted in her bed When enquired for the reason of headbanging , she said she's experiencing pain on her right leg. Regular medications including pain medication was administered which she has accepted. She then settled, holds removed. Neurological observations started Doctor has been informed. 11:16 : verbally de-escalated to no effect. She continued head banging, PMVA holds was used to safeguard from banging her head against the wall. Encouraged to go out to communal areas or to be escorted to front but she declined. Patient was quiet resistive, PMVA holds utilised on both arms and legs, was seated in bed, cushion was not used due to leg pain. Staff continued to verbally de-escalate the patient to stop her from head banging. Ice pack applied. 11:50 - staff intervened, verbally de-escalated to good effect. Contacted physiotherapist and been reviewed by physio 12:02 - staff intervened, verbally de-escalated to good effect. 12: 13 - Verbally de-escalated to good effect. 1:1 with staff for 20 minutes. 12: 42 - staff intervened, refused oral prn. Responded well to verbal de-escalation. 14:28- staff intervened, verbally de-escalated to good effect.	Staff followed prosess and procedure	N/A	None (no harm caused by the incident)	Closed
DATIX7686	26/05/2024	25/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was head banging in different occasions; 14:40 - Head banging against the wall sitting on the side of the wall. 16:00 - Head banging against the wall with the back of the head. 18:00 - Head banging against the wall with the face hood 19:20 - Head banging against the wall with fibre hood 20:30 - Head banging against the wall with fibre hood	14:40 staff intervened her verbally de-escalated but no effect. PMVA holds activated, she was held on holds - She was held on arm holds seated in bed , with out any cushion. RT IM administered at 14:55 as she was refusing to engage and was not willing to have any oral medications. Ice pack applied . Prescribed to the front with staff after . RT physical observations were started until Neuro observation taken. Informed duty doctor. Duty doctor assessed her. 16:00 - Staff intervened her , verbally de-escalated her with minimal effect . She was head banging with her face hood on the wall. She was on 1:1 affected . Contained of pain in her foot , which is the reason why she is head banging . Administered Oral Morph as per request . Neuro observation taken. Informed duty doctor. Duty doctor assessed her. 18:50 - Staff intervened her , she was struggling to stop head banging . Ice pack applied . Offered medication her , with no effect . PMVA activated , She was held on holds to stop her from head banging . Ice pack applied . Offered medication, which she declined. She was offered RT IM injection , which she accepted . RT physical observations were started until Neuro She was escorted to the front of the hospital for fresh air , which she accepted . She requested to have a play wood piece to do her puzzles , if we dont allow her to have , she will continue to head bang . Puzzle board has given to her . She spent time in communal area after. RT physical observations were started and Neuro observation	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7697	26/05/2024	26/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	72 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENTS DUE FOR NG FEED, CALLED PUVA PMVA HOLDS WAS APPLIED AND SHE WAS SEATED ON POD	CARE PLANNED FOLLOWED, 1:1 AFTER FEED. ASSORTED FOR A WALK AND DERBY WHILE WALKING	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX7672	26/05/2024	25/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Undertake a search of the patient's clothing or property to ensure the safety of others	Unplanned	PMVA (physical intervention)	Standing		During 21:45 check (private) was seen scraping her arm using a sharp plastic object, two members of staff went to her room ,she was seen scribbling in a paper using pen ,staff enquired about the possession of sharp with the patient which she denied initially. Staff observed the patient in possession of the confirmed possession of sharp but was reluctant to show it to staff ,she said to staff " i need it, because i need to feel the pain" Staff offered ways to cope with the distress other than self harming such as using ice pack , reading anger management book which was handed over by staff ,deep breathing exercise , going out for a walk (after handing the item to staff),listening some of the grounding techniques found helpful for her. She removed the same ,she was informed about the consequence such as search and PMVA ,and given her time and the option to think and to change mind (she is on 15/15 randomised observation level). Meanwhile staff arranged a search team at 16:15 ,staff informed about the plan and asked her to cooperate with us ,she refused to give us consent to search and became very resistive and tried to leave the room, staff put holds on her and searched her room and body. Found small pieces of pen (fibre like material) from her back pack , broken plastic container lid piece that has sharp and from her cupboard ,a piece of sharp plastic from her table , a sharp wooden piece from colouring pouch box and a pencil.		Staff followed prosess and procedure	N/A	None (no harm caused by the incident)	Closed
DATIX7678	26/05/2024	26/05/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		10:58: verbally de-escalated to no effect, ice pack was applied, care plan followed, However she continued to bang her head against the wall, PMVA holds was assisted in her bed When enquired for the reason of headbanging , she said she's experiencing pain on her right leg. Regular medications including pain medication was administered which she has accepted. She then settled, holds removed. Neurological observations started Doctor has been informed. 11:16 : verbally de-escalated to no effect. She continued head banging, PMVA holds was used to safeguard from banging her head against the wall. Encouraged to go out to communal areas or to be escorted to front but she declined. Patient was quiet resistive, PMVA holds utilised on both arms and legs, was seated in bed, cushion was not used due to leg pain. Staff continued to verbally de-escalate the patient to stop her from head banging. Ice pack applied. 11:50 - staff intervened, verbally de-escalated to good effect. Contacted physiotherapist and been reviewed by physio 12:02 - staff intervened, verbally de-escalated to good effect. 12: 13 - Verbally de-escalated to good effect. 1:1 with staff for 20 minutes. 12: 42 - staff intervened, refused oral prn. Responded well to verbal de-escalation. 14:28- staff intervened, verbally de-escalated to good effect.	Staff followed prosess and procedure	N/A	None (no harm caused by the incident)	Closed

GHC70395	26/05/2024	26/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Unplanned	PMVA (physical intervention)	Seated (POD used)		15:00 - Service user was due for nasogastric feeding.	15:00 - service user was administered nasogastric feeding with 3 PMVA holds using seated pad and weighted blanket. 15:03 - service user pulled out the nasogastric tube. - verbal de-escalation done Re inserted nasogastric tube with 5 PMVA holds for completing feed. 15:08: After the feed when the staff left her, Service user started head banging her forehead towards her knee. Immediately staff intervened and put her on 4 PMVA holds. -Verbal de-escalation given. 15:12 - Released from PMVA holds as the service user became less restrictive. -Physical observations, medications and prn. - facilitated 1:1 escorted walk with staff. - Neurological and physiological observations were	Staff followed prosss and procedure	N/A	None (no harm caused by the incident)	Closed
GHC70397	26/05/2024	26/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		1st episode: Around 17:27-17:34: Patient sat in bed and started headbanging with back of their head and verbal de-escalation was initiated to a effective results and PMVA' hold, and also no medication 2nd episode : Around 17:41-17:52: Patient sat in bed and started headbanging with back of their head and verbal de-escalation initiated without effect and PMVA hold and RT IM' promethazine		Staff followed prosss and procedure	N/A	None (no harm caused by the incident)	Closed
GHC70402	27/05/2024	26/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		22:00 - The patient was seen to be lightly head banging against the wall in their bedroom with their hands holding the head. Verbal de-escalation initiated verbal de-escalation. The patient stopped the headbanging while she was talking with the staff member. The patient stated that there is no trigger and she wants to head bang until she gets the medication. Staff offered different distraction techniques such as cards, noodels and cubes the patient was not engaging and all the attempts were futile. Staff offered different distraction methods, however, the patient again reiterated that she does not want to stop the head banging and told the staff member to leave them alone. 22:15 - The patient was offered oral PRN tablets, for which the patient said 'I'm not going to take any medications'. As the patient continued to push the staff away and head bang, PMVA was activated. 22:17 - The patient was held on seated PMVA clinical holds to stop them from headbanging. Once again staff offered oral RT Lorazepam 2mg tablets, however she refused it. After using the leg cushions on clinical holds the RT lorazepam 2mg was administered as IM/ mg. The PMVA holds was suddenly released after the incident when the patient started to get more settled. Then the patient agreed to come to the communal areas. After the incident the patient sat in the communal areas doing some colouring works and	Duty doctor was informed about the RT. Non - touch physical observations were initiated. Post headbanging Neurological observations were started. De-brief given for the PMVA and RT.	Staff followed prosss and procedure	N/A	None (no harm caused by the incident)	Closed
GHC70412	27/05/2024	27/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her naso gastric tube feeding	patient was resistive during the feed. As she has no NG tube in situ , tube need to be inserted for the feed She was less resistive at the start , Feed started with 2 person hold, two on arm and one on head . As she was resistive and was moving down the pod , 2 staff held her arms secured with the cushion . She was resistive and was trying to lift the arm and pull the NG tube out. Staff secured the tube with tape to the pod, in order to prevent pulling the tube out. She had her feeds in full. Seen resistive for around 2 minutes after the feed. She was released from holds when she was not resistive. Staff to be proactive medications after the feed . there for an escorted walk with staff. Returned with out any issues . She was low profile after . Debrief completed . explained why we are	Debrief to staff. Discussion with patient, Discussion during handover,	N/A	None (no harm caused by the incident)	Closed
GHC70415	27/05/2024	27/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient was informed that leave was currently suspended due to unsettled mental state and calling the staff members names and threatening to assault staff members if they try and punch her in the face.	Patient placed into precautionary holds and removed to the garden (which he finds beneficial)	Debrief to staff. Discussion with patient, Discussion during handover,	Risk and observation level reviewed. Care plans reviewed, PBS plan reviewed,	None (no harm caused by the incident)	Closed
GHC70423	27/05/2024	27/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was hyperventilating. A specialist nurse heard her, banging / approached her room and saw HCA already trying to de-escalate. Due to patients positioning on the bed (facing the wall and feet her right shoulder against the wall) we were unable to safely stop patient headbanging without the use of restrictive holds. We decided using pmva techniques into seated hold on edge of her bed patient was distressed throughout, crying and hyperventilating. De-escalation attempted, offered several strategies that patient usually finds useful such as: ice pack, moving to communal areas and creating a plan for the rest of the evening. patient declined all. Ice pack placed on the back of her neck, patient did not resist this. Holds removed after approx. 5 minutes but staff remained sat by her side. patient stopped crying and breathing returned to regular. I again asked patient if she would like to move to communal areas, or create a plan for the rest of the evening, patient responded "yes we all I've been head bare" in relation to staff. I asked patient what she meant by this to which she began moving backwards on the bed, and headbanged once again.		Staff followed prosss and procedure	N/A	None (no harm caused by the incident)	Closed
GHC70424	27/05/2024	27/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		patient was heard to be headbanging again in her room.	Ok and SN agreed it would be beneficial to move patient into a different space using pmva techniques. Staff entered patients room and used pmva techniques to help patient into her wheelchair and move into the female lounge. Staff then attempted de-escalation, unsuccessful and staying local.	Staff followed prosss and procedure	N/A	None (no harm caused by the incident)	Closed
GHC70425	27/05/2024	27/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was heard headbanging in the female lounge PMVA arm holds used to move away from the window into seated holds onto the sofa. patient was resistive and not engaging with staff. Headphones were removed in attempt to talk with patient, as the second headphone was removed patient primed her body aggressively and brought her legs upwards towards HCA Oludapo therefore I used PMVA techniques to prevent contact and moved patient's legs back down. I then swapped out with CN . patient was moved into POD. De-escalation continued, pmva holds removed and patient declined offers of oral medication which resulted in IM RT being given at 16:53, however patient did accept this without holds.	RT physical observations commenced Duty Dr informed.	Staff followed prosss and procedure	N/A	None (no harm caused by the incident)	Closed
GHC70426	27/05/2024	27/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		08:30 - Staff overheard a banging sound coming from the service user bedroom. Upon entry was observed that the service user was sitting on the floor in the bedroom wall. Staff entered the service user's bedroom and engaged her in conversation, for example, they asked for how she was feeling and if she would like to spend some time in communal areas. Despite the staff's attempt of communication the service user came into communal areas and started doing some colouring. 10:20 - Staff overheard a banging sound coming from the service user bedroom. Upon entry the service user was observed tightly banging the back of her head against her bedroom wall. Staff entered the service user's bedroom and engaged her in conversation. For example, staff asked her how she is feeling in an attempt to maintain the cause of her distress. In response to this the service user told the staff member in her right feet and she went on to say "it (the headbanging) helps me to cope with the pain". Staff explained to the service user that they would inform the Duty Doctor and Physiotherapist regarding the pain in her feet and they also discussed the service user's request to go to the courtyard for a section 17 leave later on in the day. Following this staff explained to the service user that the hospital car had been booked to take her and other patients out for a period of leave in the late afternoon. The service user acknowledged and thanked staff.		Staff followed prosss and procedure	N/A	None (no harm caused by the incident)	Closed
GHC70430	27/05/2024	27/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was escorted to her bedroom as she was violent and aggressive towards staff members. Staff attempted to place verbal boundaries and re-direct patient but he continued to push and barge past staff. Staff utilised restrictive escort to return patient to his bedroom.	Staff were called immediately and supportive Patient de-escalation was attempted.	Discussion with patient, Discussion during handover,	Observation level reviewed, Care plans reviewed, PBS plan reviewed,	None (no harm caused by the incident)	Closed
GHC70436	27/05/2024	27/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was head headbanging in her bedroom.	Care plan followed ollowing with policy and procedures, managed well by team.	Care plan followed ollowing with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70437	27/05/2024	27/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient has assaulted staff almost consistently throughout the shift. Needing to be placed in PMVA holds on the floor to prevent harm. Further information for assaults leading to PMVA's. Documented in ID's statements 1725 hrs	Patient repeatedly asked to hand over vapes but refused so decision made to place into holds and retrieve the vapes. Patient combative when placed in PMVA holds on the floor. Patient released from holds, placed into seated restraint on bed and given RT Lorazepam. RT observations commenced.	Debrief to staff. Discussion with patient, Discussion during handover, Review of treatment plan,	Risk and observation level reviewed, Care plans reviewed, PBS plan reviewed,	None (no harm caused by the incident)	Closed
GHC70438	27/05/2024	27/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (standing)		A male patient was incontinent of urine and refused personal care after several verbal attempts.	The patient was reassured and held an safe handholds PBM utilised. Patient was supported to less stimulus environment.	Managed appropriately as per personal care plan in patient best interests to support dignity and skin integrity.	N/A	None (no harm caused by the incident)	Closed
GHC70439	27/05/2024	27/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		Patient was supported with personal care as he has been incontinent PBM holds required as patient was becomingly aggressive towards staff and not able to understand instructions and prompts	Personal care completed Non touch observations completed	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC70441	27/05/2024	27/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was attempting to self harm by slamming door on her hand	Staff moved to a low risk bedroom as their risk level was unsuccessful and PMVA implemented to maintain safety. Non touch observations completed.	Care plan followed ollowing with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70442	28/05/2024	28/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		On the start of the shift, patient was already being physically restrained. He has been disruptive and aggressive throughout the shift, frequently attacking staff verbally and physically. He tried to punch and kick staff members and has been put in restraints on restraints multiple times. The patient punched a staff member in the face, causing bleeding, and has an ABI score of 1. While being restrained, the patient dropped his weight to the floor and repeatedly kicked the main entry doors. He used a chair to throw it at the glass of the main door and the nursing station. He has also been racially abusive, and has been swearing at staff. He made disinhibited gestures, exposing his genitals, through the nursing station window, and urinated in communal areas. The duty doctor reviewed the patient since he had already received all his PRN medications at that time.	Patient placed into precautionary holds and removed to the garden (which he finds beneficial) Non touch observations completed. Patient was given his medications covertly in his food as he refused to take them.	Debrief to staff, Discussion with patient, Discussion during handover,	Risk and observation level reviewed, Care plans reviewed, PBS plan reviewed,	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC70443	28/05/2024	28/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient has required multiple restraints throughout the shift due to continued violence and aggression towards staff.	Patient placed into precautionary holds and escorted to the garden for section 17 SN. Required restraint onto POD on one occasion.	Staff were called when levels increased and de-escalation was applied as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC70470	28/05/2024	28/05/2024	Other LD Units - non-GHC	LD HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Usefully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		Phlebotomy PBM clinical hold on patient on bed, in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.	None required	None required	None required	None (no harm caused by the incident)	Closed
GHC70471	28/05/2024	28/05/2024	Other LD Units - non-GHC	LD HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Usefully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Phlebotomy PBM clinical hold on patient sitting on POD in bed interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.	None required	None required	None required	None (no harm caused by the incident)	Closed
GHC70477	28/05/2024	28/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The service user's nasogastric feed was administered at approximately 08:20 this morning. Initially 3x members of staff utilised PMVA holds as the nasogastric tube was inserted (one member of staff held her arms, another held her head and another staff held her arms). Despite this, as the nasogastric feed was being administered, the service users level of resistance increased and she managed to pull the nasogastric tube out from her nose. Due to this, two members of staff utilised PMVA holds and used a PMVA cushion to restrain the service users legs. Following this, the nasogastric tube was re-inserted and the nasogastric feed was administered. The service user was resistive throughout the nasogastric feed's administration and she was evidently distressed throughout the entire process.	Care plan followed ollowing with policy and procedures, managed well by team.	Care plan followed ollowing with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70478	28/05/2024	28/05/2024	Gloucestershire Royal Hospital	LD HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Usefully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Blood test required patient would not allow access to have bloods taken. Patient was offered PRN sedation by the GP but declined. The patient holds capacity to consent to the procedure and is also detained under the MHA. Bloods were due to be drawn on the right arm as swapped to left arm as this was the best vein to access.	Present reassured by familiar staff member and reassured by IHOT staff throughout.	None required	None required	None (no harm caused by the incident)	Closed
GHC70483	28/05/2024	28/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for nasogastric feeding.	PMVA, HOLDS UTILISED, NG TUBE NEEDS TO BE INSERTED PRIOR TO FEEDING, PATIENT WAS SEATED ON POD AND CUSHION WAS USED AS PATIENT WAS RESISTIVE	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70492	28/05/2024	28/05/2024	Montpellier Low Secure Unit	Montpellier Low Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Supine (face up)		PMVA and RT utilised to prevent patient from leaving the ward and gaining access to the courtyard. Patient was resistive to staff attempts to de-escalate her. She was not engaging , engaged in conversation, but told that , what ever she do now, it is eventually going to be the same . What ever staff do, after she will continue to head bang . Staff offered her verbal de-escalation , distractions techniques offered. Declined to escape. As patient was struggling and tried to grab hands of staff , in order to stop staff from holding , PMVA team was called. The was held on an holds on her bed . She went to sleep after the PMVA holds were released. She then started to head bang . She was held on PMVA holds again, on her bed . oral RT offered which she declined . RT IM given . Escorted to the courtyard , in her wheel chair by staff . Spend time over courtyard . Returned to ward . Debrief completed. She told that her resistive to stop her from doing so. No further incidents reported. Duty doctor was informed about the RT.	Verbal de-escalation was repeatedly attempted however patient became abusive and continued to refuse to return to the unit. Decision was made to apply holds - once holds were applied patient became less resistive and was supported to floor to step of unit vehicle. Upon exiting vehicle outside unit, patient again resistive and was supported to floor to safely manage this, as patient was attempted to take off to the floor. Following short period of time in prone holds patient was returned to feet and taken to CCA environment.	Multi-disciplinary reviews required after untoward incidents	None	None (no harm caused by the incident)	Closed
GHC70504	28/05/2024	28/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		patient has continued to be assaultive towards staff, on multiple occasions required PMVA hold to return to the ECA. At one point significantly attempting to push a student nurse into the ECA and was restricted from doing so, in doing so Patient gripped and pinched staff members arm causing her to scream out. PMVA holds utilised and RT 2mg lorazepam was given.	Staff entered patients room and used pmva techniques to help patient into her wheelchair and move into the female lounge. Staff then attempted de-escalation, unsuccessful and staying local.	Staff were called when levels increased and de-escalation was applied as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover, PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Closed
GHC70518	29/05/2024	29/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for nasogastric feeding.	08:25 - Service user was administered nasogastric feed with 5 PMVA holds using seated pad and cushion. - Verbal de-escalation given. - Regular medications were given after the feed.	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70519	29/05/2024	29/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		The patient was seen to screaming from their bedroom since 09:00 in the morning. Staff provided support and de-escalated the patient by giving 1:1 and then the patient appeared to have settled down for a while. However, after few minutes the patient was seen to be walking out of her room and screaming out loud in the communal area. Staff provided 1:1 several times but the patient continued asking the same questions despite constant reassurance given by the staff. As the patient continued the screaming, oral RT haloperidol 5mg and lorazepam 2mg tablets was administered. Even after the administration of the RT, as the patient continued to escalate and come out to the communal area and scream out loud causing distress to other patients in the ward. PMVA was activated and the patient was put on light seated holds to pacivate the situation and de-escalate. After few minutes of verbal de-escalation , The holds were released and the patient was supported to her bedroom.	Staff continued to give reassurance and 1:1 as the patient was not completely settled. Duty doctor was informed and to be reviewed. Neurough observations started.	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC70526	29/05/2024	29/05/2024	Residential care home	LD HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Usefully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (POD used)		PBM clinical seated hold (using POD) performed on a patient to obtain bloods and physical obs in their best interests, in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC70531	29/05/2024	29/05/2024	Other LD Units - non-GHC	LD HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Usefully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold to patient for phlebotomy procedure in her best interest in proportion to the risk of serious harm if undetected condition is not treated	MCA and best interest paper work was reviewed	None required	None required	None (no harm caused by the incident)	Closed
GHC70533	29/05/2024	29/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		22:10 - The patient was seen to be lightly head banging in their bedroom. As the patient was not responding to verbal de-escalation, she was put on seated PMVA holds to stop them from head banging. After few minutes of verbal de-escalation whilst being in the holds, patient agreed to come out of their bedroom. Then she was escorted to the courtyard and appeared to have settled. 11:45 - The patient was again seen to be lightly headbanging. Staff intervened but the patient said she would not stop. As the patient was not at all responding to any verbal de-escalation techniques PMVA was activated. Patient was put on light seated holds for a short period of time and released the holds right away when the patient stopped resisting. Then the patient was escorted to the courtyard for a section 17 leave.	Neurological observations done. Informed duty doctor.	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70551	29/05/2024	29/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		Patient was resistive to personal care and refused PBM holds due to disorientation and increased distress. Planned PBM holds applied to complete personal care and prevent incidents from arising.	Personal care completed using PBM holds	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC70552	29/05/2024	29/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient in communal areas with a vape, remined that can not use in communal areas and the vape belonged to another patient so attempt was made to retrieve. patient let staff member in the flat Patient removed in PMVA holds to his bedroom		Debrief to staff. Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC70556	29/05/2024	29/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		15:35 - Staff overheard a banging sound coming from the patient's bedroom. Upon entry the patient was observed sitting on the floor. Staff entered and engaged the patient in conversation. The Duty Doctor was then informed of this incident. 16:45 - Staff overheard a banging sound coming from the patient's bedroom. Upon entry the patient was headbanging. Staff entered and attempted to engage the patient in conversation, however, she did not respond. PMVA holds were then utilised and she was administered RT lorazepam 2mg intramuscularly. 17:25 - Upon entry staff observed the patient banging the back of her head lightly against her bedroom wall, staff engaged her in verbal communication and she was escorted to the front of the hospital to vape. 19:10 - The patient was observed headbanging, therefore PMVA holds were utilised and lorazepam 2mg was administered (please see RD for more information, unable to document in more detail due		Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70557	29/05/2024	29/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient's nasogastric feed was administered at approximately 15:20 this afternoon. Five members of staff utilised PMVA holds as the nasogastric tube was administered, followed by the administration of the nasogastric feed itself. The patient was resistive throughout the nasogastric feeds administration, however, this was expected as her feed was significant as it has been in previous days and she did not receive anything during lunchtime.	Care plan followed along with policy and procedures, managed well by team.	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70568	30/05/2024	30/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her naso gastric tube feeding.	10:30 - Service user was administered nasogastric feed with 5 PMVA holds using seated pad and weighted blanket. 10:33 - service user pulled out the nasogastric tube. - verbal de-escalation done Re inserted nasogastric tube with 5 PMVA holds for completing feed.	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70578	30/05/2024	02/06/2024	Charlton Lane-Mulberry Ward	Charlton Lane-Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient was head banging against the wall with back of her head. Head phones were on , with ur pod and music on.	Staff continued to give reassurance and 1:1 as the patient was not completely settled. Duty doctor was informed and to be reviewed. Neurough observations started.	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC70592	30/05/2024	30/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Escort		Patient was incontinent of urine and was wearing unclean clothing and had to be supported with personal care but patient was declining to redress in the bathroom to aid personal care support.	Pmvi to the bathroom patient was able to respond to all verbal prompts.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC70595	30/05/2024	30/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		12:35 - 13:45 - Patient was seen to be headbanging in her room.Staff approached her and offered distraction techniques but patient refused to engage with staff. A positive response to the was put on PMVA holds to back she was headbanging whenever holds were released.	Verbal de-escalation given. Offered distraction techniques but no positive response. Oral IM promethazine 25mg administered in holds at 12:48 IM lorazepam 1 mg administered in holds at 13:20	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70607	30/05/2024	30/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		was put on PMVA holds to insert the nasogastric tube and facilitate the feed. Pad and a leg cushion was used. The patient was slightly resistant during the procedure. The staff talked with the patient throughout the procedure to divert them from negative thoughts. The patient was taken out for a walk by a member of staff after the administration of the feed. De-brief given.	Care plan followed along with policy and procedures, managed well by team.	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC70610	30/05/2024	30/05/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		PBM required due to patient being physically violent towards staff members when bedroom boarders were completed for violence to others)	Managed appropriately ABC chart not completed	Managed appropriately ABC chart not completed	NA	None (no harm caused by the incident)	Closed
GHC70615	31/05/2024	30/05/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / SIB patient (inpatient / residential)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		22:20 Staff heard banging sound coming from the patient room , staff went to support the patient . Patient was seen banging back of head head tightly against bedroom wall while listening to music using ear pods. Staff attempted verbal de-escalation but was un-successful. she became very resistive and staffs were unable to stop her head banging therefore used PMVA team. Used PMVA holds ,deescalated the patient and released the holds. Patient was resistive soon after staff released the holds she resumed back and started head banging therefore reinstated the holds. RT injection given. RT and neuro observation completed.	Patient was informed to near doctor observations and de-escalated successfully Duties completed for harm to patient, harm to staff and other.	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC70618	31/05/2024	31/05/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient had in his possession 2 x vapes belonging to another patient which was causing some conflict. Staff approached patient and asked him to return the vapes. Patient refused to do so and was accompanied by 3 x staff. Upon entering patient retrieved vapes but refused to hand them over and held them tightly in his hand.	Patient repeatedly asked to hand over vapes but refused so decision made to place into holds and retrieve the vapes. Patient combative when placed in PMVA holds on the floor. Patient released from holds, placed into seated restraint on bed and given RT Lorazepam. RT observations commenced.	The

GHC79656	31/05/2024	01/05/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)	Clinical hold (seated).		10.52. Patient was observed engaging in low level, self harming behaviour. Patient was sitting on floor, in pants, robes, and flesh socks, to which she was somewhat responsive. Nicola resumed headbanging while wearing her earphones. Staff removed her earphones and attempted verbal de-escalation with no success. 10.55 Patient requested staff to leave her room, stating 'I would help her stop headbanging. Staff agreed but informed her they would return if she resumed headbanging and might need to reinstate holds. 10.45: Staff invited her bedroom but remained headbanging against the wall. 10.56 Patient began headbanging again, sitting by the wall and using low to medium force intermittently.	04:58: PMVA was activated. During holds, she was observed twisting her hands towards her back. Holds were tightened, and Patient verbalised, "ST-T" (Mind Your T's) as I WANT. 17:00: Staff observed that medication might alleviate her distress. patient responded, "I don't want meds, it doesn't work on me." 17:02: Oral medication was offered multiple times but refused by Patient 17:03: IM Promethazine 25 mg IM was administered. 17:08: Patient appeared much more settled post-IM medication and engaged in colouring in the communal area. 17:25: Patient reported vomiting three times. Staff confirmed the presence of vomitus in her bathroom. 17:26: The duty doctor and Trainee ANP were informed about the above advice. Patient was taken to A&E with a staff member.	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC79663	01/06/2024	01/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			The patient's nasogastric feed was administered at approximately 08:55 this morning. Five members of staff were present in the room. Verbal consent was administered, followed by the administration of the nasogastric feed itself. The patient was resistive throughout the nasogastric feeds administration, however, this level of resistance was not as significant as it has been in previous days and she did not require the use of restrictive holds.		Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC79664	31/05/2024	01/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Supine (face up)			08:17 - Staff went in with regular medication Clozapine 10 g , offered to patient , Patient was kicking out and was , threw the medication. 08:20 - Staff tried deescalating the patient , patient	08:30 - PMVA trained female staffs were borrowed from other wards . 08:35 - 08: 45 - RT withdrawing. 08:45 - Staff went into room , put patient on hold , Patient was given RT .	Mental state and risks reviewed Observation level reviewed Management plan in place Restrictive interventions required to manage chaotic behaviour and minimise risk to patient.	n/a	None (no harm caused by the incident)	Closed
GHC79666	01/06/2024	01/06/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing			Patient presenting as verbally abusive and hostile in communal areas, shouting and causing distress to others amongst the ward. Patient verbally redirected to her bedroom, however, she refused to comply. Patient taken to bedroom in PMVA holds. Patient had requested PRN medication not long prior so no further medication offered.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHC79675	01/06/2024	01/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient due for nasogastric feed	Patient held on holds . Resistive during the feed . 1:1 and cushion used Patient taken out for a walk , same back and had the prescribed medication .	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC79689	02/06/2024	02/06/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)			Person 1 (patient) made multiple attempts of ligature in his bedroom which was intervened by staff and additional support was requested from other wards. Person 1 was observed to be in a state of distress and reassurances has not touching him staff offered PRN as tablets. Person 1 refused it , eventually PMVA holds applied and he was administered in his thigh on seated position.		Nursing observations reviewed to assign up whether these were adequate enough in managing the patients level of internal aggression. Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC79690	02/06/2024	02/06/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).			Patient found attempting to ligature with intent to end their life. RT medication given in PMVA holds. Patient made further attempts, 5 in total, to ligature using shoe laces and clothing. Patient also started superficially head banding during verbal de-escalation.	RT medication PMVA interventions Use of DCA.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. MDT review. Medication review. Observation level reviewed to determine whether the current observations were sufficient enough to	None identified.	None (no harm caused by the incident)	Closed
GHC79694	02/06/2024	01/06/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort			Patient had been sexually disinhibited and aggressive towards staff, so PBM used to prevent harm	PBM holds used to escort patient to area of lower arousal, which worked well to calm patient down	Managed appropriately ABC chart started and previous incidents recieved	NA	None (no harm caused by the incident)	Closed
GHC79698	02/06/2024	02/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			The patient was due for their nasogastric feed. The patient was put on PMVA holds using a pod and cushion to reach the NG tube and administer the feed. The NG tube was removed after the administration of the feed.	Staff interacted with the patient throughout the procedure to divert them from negative thoughts.	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC79699	04/06/2024	04/06/2024	Gloucestershire Royal Hospital	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Non-standard hold	Non-standard hold of the head to facilitate	supine held on the bed with restraint of both arms and a leg wrap. PBM supine hold on the bed with leg wrap and non-standard hold of the head to facilitate procedure.	Clinical reasoning as why PBM can be used as per guidance. Ward staff agreed a 1a be in bed interest and proportionate to risk of harm due to ongoing serious medical need. Explained to GRH staff and paid over how the procedure would take place. Patient under section, documentation and care plan in place regarding bed	None required	None required	None (no harm caused by the incident)	Closed
GHC79803	06/06/2024	03/06/2024	CHAMS Outreach	Patient's own home	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	Other form of restrictive intervention	Non-standard hold	Non-standard hold of the head to facilitate	Staff were told by social worker that they are leaving, SP said if you are going then you might as well do it, there's no point. Lots of reassurance given to SP that she is safe, that we are not going to let her harm herself and she was fine. Social worker then left and SP began to cry, she told me to just go, I explained that I didn't want to leave her whilst she was feeling sad. She then got cross and said to her life and why can't she just let her die. Usual approach of offering her support and talking about hope made little impact. SP then began shaking and got up from the floor and headed towards her chest of drawers where she took out a pair of tights and began to wrap them around her neck, I leapt forward her neck pulling it hard and dropped to the floor in a foetal position to reduce access to the room.	IP interacted with the patient throughout the procedure to divert them from negative thoughts. - Contact with Children social care via email regarding this incident for any potential learning for children social care when having final session.	- Outreach visits to young people in care in an assessment to be in a different day as CHAT social worker 'ending' session unless pre-arranged jointly with child n/a - If Outreach practitioner attends placement and SAP has already left, then they will not be followed up by Outreach practitioner to see their wellbeing as this is at the discretion of the client/ judgement. If they should stay or re-arrange. This information will be disseminated to Outreach in weekly team meeting on 2/10/24	None (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC79811	04/06/2024	04/06/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort			Patient came out of his room where he was immediately verbally hostile towards a HCA including the use of violent and derogatory language.	Patient asked to return to bedroom until more settled but he proceeded to run into the garden amongst other patients. Staff placed patient into holds and escorted him to the bedroom.	Risk and observation level reviewed Debrief to staff Staff offered the opportunity to report to the police	Discussion during handover Discussion during MDT Review of care plans Review of PBS plan	None (no harm caused by the incident)	Closed
GHC79815	04/06/2024	04/06/2024	Gloucestershire Royal Hospital	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical seated hold in bed. Ward staff agreed to 1a be in bed interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC79816	04/06/2024	04/06/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort			Patient was resistive to NG feed	5 members of staff restrained patient to have the NG tube inserted and then the feed given under holds . Patient calmed the post with cushion	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79817	04/06/2024	04/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			pmva required for administration of NG feed.	POD and leg cushion used 1:1 walk thereafter	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79818	04/06/2024	04/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			The patient was due for their nasogastric feed. The patient was put on PMVA holds using a pod and cushion to reach the NG tube and administer the feed. The NG tube was removed after the administration of the feed.	Staff interacted with the patient throughout the procedure to divert them from negative thoughts.	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC79820	04/06/2024	04/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort			10.03 - Minimal head banging against the wall. 16:50 - Patient returned from escorted leave with staff. Because of an incident witnessed at town , while she was at town. She complained that she was hungover. And she was going to continue that she like. Patient started to head bang with the back of the head against the wall. While staff trying to intervene her head banging . She stood up on her bed and started had banging . Patient was keeping her hands on the wall to head bang and legs into the bed, so that she cannot hold holds. 19:50 - patient was head banging against the wall with the back of the head against the wall. Complaining that staff on man handling her. Intervened and put on PMVA holds with 5 staff. 20:10 patient was head banging against the wall on the front of the head. 20:55 - Patient was head banging against the wall with the back of her head	15:03 Staff intervened She was listening and engaged in conversation with staff.Staff escorted her to the ward and to their bedroom. 16:50 On return Staff intervened when she was head banging she was resisting . She stood up on he bed.PMVA activated.Team arrived.She was held on holds.she accepted verbal de escalation.When she was in the room she was head banging against the wall.Increased resistance observed.Verbal de escalation offered. Intervened.EAP from GreyFriars engaged in activities with staff. 19:50 After the EAP left staff intervened her head banging against the wall.Staff sat down with the client on her bed.and engaging in conversation.IP Promethazine IM administered.RT observation and Neuro observations started.Duty doctor reviewed. 20:10 Staff intervened held on holds,as she was resisting and not engaging.Released when she was calm. Missing Neuro observation.OD reviewed.PRN as required medication	Care plan followed along with policy and procedures, managed well by team.	n/a	None (no harm caused by the incident)	Closed
GHC79838	05/06/2024	05/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)			Patient came out of his room where he was immediately verbally hostile towards a HCA including the use of violent and derogatory language.	Patient asked to return to bedroom until more settled but he proceeded to run into the garden amongst other patients. Staff placed patient into holds and escorted him to the bedroom.	Risk and observation level reviewed Debrief to staff Staff offered the opportunity to report to the police	Discussion during handover Discussion during MDT Review of care plans Review of PBS plan	None (no harm caused by the incident)	Closed
GHC79843	04/06/2024	04/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).			Seated clinical hold in order to safely administer depot injection, in patients best interest		None required	None required	None (no harm caused by the incident)	Closed
GHC79852	04/06/2024	04/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient was resistive to the NG feed, this was resistive to intervention and crying. Attempt to fix bridle during a lengthy process which proved briefly to be faulty and not fit for purpose and this was withdrawn and the NG tube became unseated and	Patient was taken into seated PMVA holds on pod with cushion. She was released from holds and had 1:1 whilst physical health nurse got a new NG tube	Staff followed process and procedure	n/a	None (no harm caused by the incident)	Closed
GHC79854	07/06/2024	07/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient was due for her Bridle and NG tube to be fitted to facilitate feeds. She was resistive and crying throughout process.	She came in to be support PMVA patient placed on light holds while staff attempted to remove ligature, scissors not sharp enough Ott used fleror to cute and remove, oral medication offered no engagement patient attempted to scratch staff ftf given. 1:1	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79855	07/06/2024	07/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Supine (face up)			20:00 - The patient was seen to headbanging against the wall with the back of her head. Staff immediately intervened but the patient was very resistive and did not respond to any verbal de-escalation. PMVA was activated and 5 PMVA trained members of staff arrived to the scene of the headbanging. Then the patient was guided to seated holds on the bed using a cushion and one person supporting the head. Patient continued to push the staff away and shuffle back to the wall to continue headbanging. 20:28 - Patient started responding to staff, however, stated she is going to continue. Staff offered oral RT tablets but the patient said she would not accept it. By this time the holds were released but the patient still seemed to be distressed. 20:29 - When offered the RT promethazine 50 mg intramuscularly, the patient agreed to it. Thereby, RT promethazine 50mg IM was administered without		Risk and observation level reviewed Debrief to staff Debrief to patient Staff offered the opportunity to report to the police	Discussion during handover Discussion during MDT Review of care plans Review of PBS plan	None (no harm caused by the incident)	Closed
GHC79859	04/06/2024	04/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold			Patient was resistive to NG feed and pulled out. Patient started to push staff (who was dosed up against the doors), out of the way, in the process digging their toes into staff's arm but not causing any injury.	Patient was taken in holds to their room and sat on her bed where holds were soon released. Patient sat on her bed with staff sat either side.	None	None	None (no harm caused by the incident)	Closed
GHC79860	04/06/2024	04/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Non-standard hold	Non-standard hold of patient's wrist to facilitate removal of spoon, patient had her left arm straight as it had the spon wound	On checks, staff observed patient was lying in bed and making wound in her inner arm with a metal broken spoon. Patient refused to hand over the spoon Staff utilised de-escalation techniques and held onto patients hand to stop her continuing from making the wound deeper. Staff held the patients wrist that was holding the spoon and took the spoon out from the patients hand.	Utilised in deep breathing and relaxation techniques Utilised RT and tablets Cleaned and dressed the wound	Risks and mental state reviewed No change to management plan Long term risk of self harm Care plans in place Self harm Pathway implemented CBC	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC79863	05/06/2024	04/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)			During 15/60 randomised check staff observed that the patient has lodged her hand in between her bedroom door and bedroom door frame and was slamming and kicking the door to exert pressure to order to self harm.	Staff tried to verbally deescalate but she refused to engage.Requested to take her hand off multiple times but refused to do so and continued to keep in there. Staff offered to open door and patient refused multiple attempts I'm angry but she didn't respond She was informed that staffs are going to open her room against her will,two members of staff pushed the door away cautiously to dislodge her hand with positive result,however she displayed the urge to self harm such grabbing the door again in order to slam that on her hand.Staff continued to talk to her and she explained about different ways to cope with the distress such as punching pillows using ice pack. Staff noted minimal resistance while using PMVA holds.verbally deescalated and released holds,she was then escorted to seclusion room and she was agreed to use pillow and ice pack to calm herself with good effect. She appeared superficially settled at	Managed well	N/A	None (no harm caused by the incident)	Closed
GHC79864	05/06/2024	04/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)			Patient was seen banging her head against bedroom wall , low intensity head banging using back of her head three times during night shift. At 21:45 head banged (for 40 seconds) Staff verbally de-escalated and used ice pack with minimal effect, She refused to use PRN medications and declined to come out of her room. Staff offered 1:1. At 22:10 staff heard patient headbanging (30 seconds) staff promptly went to support, used crisis escalator ice pack with minimal effect. She engaged with staffs verbal de-escalation and used ice pack effectively. 1:1 for one and half hour approximately. Offered PRN which she declined. At 23:30 patient resumed head banging upon after staff left her room, staff went in and used verbally deescalate with no effect ,used ice pack, crisis escalator , suggested to change environment she declined all techniques Decision made to administer RT , offered oral which she refused,used IM under light holds. Rr obs taken Dr reviewed	Rr obs taken Dr reviewed Debrief done Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79869	05/06/2024	04/06/2024	Gloucestershire Royal Hospital	Other (if Lister-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)			PBM clinical seated hold on pod for blood test in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the pod carer, how the procedure will take place and what monitoring would be used to keep the patient safe.	None required	None required	None (no harm caused by the incident)	Closed
GHC79873	05/06/2024	05/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			pmva required for administration of NG feed. tess resistive.	pod and leg cushion used On staff 1:1 walk thereafter	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79882	05/06/2024	05/06/2024	Watton Lawn- Priory Ward	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).			PBM clinical seated hold on a patient in his bed interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC79908	05/06/2024	05/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			The patient was due for their nasogastric feed. The patient was put on PMVA held involving 5 PMVA members of staff to insert the NG tube and to facilitate the feed.	Staff interacted with the patient throughout the procedure to divert them from negative thoughts.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79912	05/06/2024	02/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Prone (face down)			18:45 Patient was lying on prone position and was on her phone. When staff went down found patient had a ligature around her neck. Patient stated she overheard she need to die and is struggling. Mentioned she has strong suicidal ideation and she was not ready to disengage from self injurious behaviour. Alarm and crisis team called. Patient was fighting with staff being on hold. Her wound was dressed up and she removed the dressing multiple times. 19:00 IP Lorazepam 2mg was administered. Patient continued to be held. 19:10 Duty doctor informed on patient continues to engage in resistive behaviour being on hold. 19:13 Duty doctor visited and advised to put on her hold until he came back with a plan from registrar 19:24 Physical observation on hold sPO2 was 98 and PR was 120 19:25 Duty doctor reviewed. Applied waved dressing	19:35 Staff de-escalated Lauren and offered 1:1 20:00 patient came out to communal area and engaged in conversation and knew to front for cigarettes, which was facilitated. Patient was not on continuous hold while on seated position. She was intermittently taken off hold.	Risks and management plan reviewed Long term risk of self harm Care plans in place to minimise risk to patient Self harm pathway available to patient Patient CBD	N/A	None (no harm caused by the incident)	Closed
GHC79942	06/06/2024	06/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			pmva required for administration of NG feed.	POD and leg cushion used 1:1 walk after	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79956	06/06/2024	06/06/2024	All Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort			Patient grabbed the front of staff members shirt and managed to rip their finger into staffs right wrist and the back of both their hands	Staff member pulled their alarm and attempted to intervene without success. Other staff arrived and took control of the patients arms until the patient let go	Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are even seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are mentioned and reviewed on a weekly	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are even seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are mentioned and reviewed on a weekly	None (no harm caused by the incident)	Closed
GHC79971	06/06/2024	06/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			PATIENT WAS DUE FOR FEED, CALLED PLANNED PMVA. HOLDS WERE APPLIED, PATIENT WAS SEATED ON POD AND CUSHION WAS USED.	CARE PLANNED FOLLOWED, 1:1 AFTER FEED, ESCORTED FOR A WALK AND WAS DEBRIEF WHILE WALKING.	Care plan followed along with policy and procedures, managed well by team.	N/A	None (no harm caused by the incident)	Closed
GHC79996	07/06/2024	07/06/2024	Other (if Lister-non-GHC	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).			Clinical holds used (seated clinical hold including leg hold) in order for chiropodist to cut and file patient's toe nails.		None required	None required	None (no harm caused by the incident)	Closed
GHC79997	07/06/2024	07/06/2024	Watton Lawn- Priory Ward	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).			Seated clinical hold in order to safely administer depot injection, in patients best interest		None required	None required	None (no harm caused by the incident)	Closed
GHC71012	07/06/2024	07/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient was due for their nasogastric feed. She was resistive to intervention and crying. Attempt to fix bridle during a lengthy process which proved briefly to be faulty and not fit for purpose and this was withdrawn and the NG tube became unseated and	Patient was taken into seated PMVA holds on pod with cushion. She was released from holds and had 1:1 whilst physical health nurse got a new NG tube	Staff followed process and procedure	n/a	None (no harm caused by the incident)	Closed
GHC71014	07/06/2024	07/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient was due for her Bridle and NG tube to be fitted to facilitate feeds. She was resistive and crying throughout process.	She came in to be support PMVA patient placed on light holds while staff attempted to remove ligature, scissors not sharp enough Ott used fleror to cute and remove, oral medication offered no engagement patient attempted to scratch staff ftf given. 1:1	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71015	07/06/2024	07/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).			20:00 - The patient was seen to headbanging against the wall with the back of her head. Staff immediately intervened but the patient was very resistive and did not respond to any verbal de-escalation. PMVA was activated and 5 PMVA trained members of staff arrived to the scene of the headbanging. Then the patient was guided to seated holds on the bed using a cushion and one person supporting the head. Patient continued to push the staff away and shuffle back to the wall to continue headbanging. 20:28 - Patient started responding to staff, however, stated she is going to continue. Staff offered oral RT tablets but the patient said she would not accept it. By this time the holds were released but the patient still seemed to be distressed. 20:29 - When offered the RT promethazine 50 mg intramuscularly, the patient agreed to it. Thereby, RT promethazine 50mg IM was administered without		Staff followed process and procedure	n/a	None (no harm caused by the incident)	Closed
GHC71022	08/06/2024	07/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).			21:45: Service user started headbanging. Immediately intervened and put on PMVA holds with 5 staff members. verbal de-escalation provided with some effects. Declined oral RT when offered. 22:25: Service user overheard Headbanging against the wall with back of the head. Staff immediately intervened and put on PMVA holds with 5 staff members as service user was very resistive and wriggling.	21:45 - Service user started headbanging. PMVA bleep activated Service user was put on PMVA holds With 5 staff members. Verbal de-escalation given with some effects. Offered distraction techniques, which was refused. Prompted to come out to communal area, which she again refused. Physiologicial and neurological observations were taken. Informed duty doctor. Service user was offered oral RT, however refused medication and accepted pain medication later on after being sett 22:25 - Service user overheard Headbanging over the wall with back of the head again. PMVA bleep activated. Staff immediately intervened and put her on PMVA holds with 5 staff members as service user was very restrictive and wriggling. Attempted Verbal de escalation. Distraction techniques were Prompted to come out to communal area. Offered oral RT, which was declined. 22:28 - Administered IM RT Physical and neurological observation done and duty	Staff followed process and procedure	N/A	None (no harm caused by the incident)	Closed
GHC71024	08/06/2024	08/06/2024	DNT Lisson 135-138	Robert Maxwell 228 suite	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Prone (face down)			Patient was found self harming using a piece of mental taken from her phone. She had broken her phone and used a piece of mental from it. Advised to hand over the phone which she declined.	Professional sought PMVA support to recover object from the patient	Staff offered debriefby line manager Requested consideration of using 1:1 OS observations whilst patient in the suite	None	None (no harm caused by the incident)	Closed
GHC71030	08/06/2024	08/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient a due for feed, called planned PMVA, holds applied, she was seated on pod and weighted blanket was used.	Care plan followed, 1:1 after feed, she was escorted for a walk and debrief while walking.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71031	08/06/2024	08/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward

GHC71355	09/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		Service user seen heard head banging in bathroom against the wall with back of the head. Immediately staff intervened. Service user was very resistive, he put on PMVA holds with 4 staff members. Initially, he was very resistive and struggling. He was put on PMVA escalation. Prompted to come to the communal area to do some diversion activities, offered to take her to the courtyard and offered oral RT and pain medication for all of which she said 'No'. Verbal de-escalation done with no effects. Presented more calmer and cooperative. Agreed to come and sit in the communal area. Taken out to courtyard by staff for some diversional activities.	PMVA bleep activated. Attempted verbal de-escalation. Prompted to come to the communal area to engage in some diversion activities. Offered to take down to courtyard for vaping. Offered oral RT medication. Offered pain medication which she accepted after being settled. Post head banging neurological observations done. Reviewed by duty doctor.	Staff followed process and procedure	N/A	None (no harm caused by the incident)	Closed
GHC71357	09/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		22:20- Service user started head banging strongly against the wall sitting on the floor. PMVA bleep activated Service user was put on holds with 5 member of staff. Attempted verbal de-escalation with no effect. Offered oral RT, however she refused it. Staff prompted her to try some diversional activities, however Service user wasn't engaging. 00:52 - Administered IM RT promethazine 50 mg. Vaping allowed. Applied cold packs. Physiological and neurological observations done. Reviewed by duty doctor	Staff followed process and procedure	N/A	None (no harm caused by the incident)	Closed
GHC71359	09/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT IS DUE FOR FEEDS, CALLED PLANNED PMVA. 2 FEEDS HOLDS AND PATIENT WAS SEATED ON POD. WEIGHTED BLANKET WAS USED.	CARE PLAN FOLLOWED, 3:1 AFTER FEEDS, DISBELT AND DONE. PATIENT WENT ON LEAVE WITH MOTHER.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71360	09/06/2024	09/06/2024	22 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient was held by two members of staff while verbal redirection was used to encourage patient to go to her bedroom. Patient was attempting to pull staff members t-shirt to pull them to the floor.	Patient was held on left and right arm to encourage them to let go, after 2 minutes they did. RT offered however patient refused. Check made to ensure staff member is okay.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are maintained and reviewed on a weekly basis. During PBM training staff are made aware of this and prowerss are discussed for working will at	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are maintained and reviewed on a weekly basis. During PBM training staff are made aware of this and prowerss are discussed for working will at	None (no harm caused by the incident)	Closed
GHC71380	09/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		Staff escorted patient headbanging in her room three times. Staff followed care plan such as Used crisis escalator verbal de-escalation , ice pack , suggested different coping mechanism and encouraged to relaxated the room. Offered PRN. She refused PRN medications. she did not expressed the trigger for head banging. Called PMVA team three times , put her on holds three times during the shift. Patient sustained minor head injury her knee accidently hit one of the staff's. No Dni harm caused to the staff. offered oral RT during first holds which she accepted .She resumed head banging and expressed strong emotions towards being staff put her on holds and verbally abused staff. Patient started head banging again ,explored different ways to cope but effect became futile therefore offered oral RT which she refused therefore given IM Promethazine. Staff taken RT observations and neuro observation. Patient was reviewed.		Staff followed process and procedure	N/A	None (no harm caused by the incident)	Closed
GHC71381	09/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinal hold (seated).		staff went in to check and was found patient banging back of her head against bedroom wall , low intensity banging. Staff followed care plan ,tried to verbally deescalate but did not engaged , used ice pack ,crisis escalator ,encourage to come to the communal area which she refused. Staff used PMVA assistance put the patient on holds , offered oral rt rt which she refused due to her level of distress she displayed staff administer rt. It envisages with minimal effect. Resumed head banging , followed care plan but unsuccessful staff put her on holds ,she agreed to come out to communal staff escorted her to the front of the hospital. Neuro and RT observation taken. ONO was informed. Debrief provided.		Staff followed process and procedure	N/A	None (no harm caused by the incident)	Closed
GHC71384	09/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG FEED GIVEN UNDER PMVA INTERVENTION AS PER CARE PLAN	NG FEED Administered - not resistive	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71385	09/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG FEED GIVEN AS PER CARE PLAN	NG Feed administered	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71388	09/06/2024	09/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was headbanging in room. Staff tried to de-escalate, patient continued to engage in headbanging. PMVA team called RT administered		Risks and management plan reviewed long term risk of self injury . Care plans in place to minimise harm Self harm Pathway offered Patient CBD	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC71390	09/06/2024	09/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient attempting to abscond from ward and was shouting and screaming in communal areas.	Patient placed in holds, verbal de-escalation undertaken, Medication provided. 1:1 offered post incident.	Risks and management plan reviewed Restrictive practice to be utilised to maintain safety	n/a	None (no harm caused by the incident)	Closed
GHC71393	10/06/2024	09/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		22:20 - Service user overheard head headbanging with the back of the head against the wall. - Activated PMVA bleep. and staff placed a pillow between her head and wall. - Put her on PMVA holds with 3 people as she was very resistive. - Verbal de-escalation given with some effects. - Prompted her to engage in some distraction techniques. Offered a walk to the courtyard, which she declined. - Offered oral RT, which she declined. 22:30- released from PMVA holds as she said she feels better. 22:35- Service user overheard strong headbanging with back of her head against the wall. - Staff intervened and PMVA bleep activated. - Service user was put on PMVA holds with 3 members of staff. - Verbal de-escalation done with no effects. - Attempted verbal de-escalation and prompted her to engage in some distraction techniques with no effects. - Administered IM RT lorazepam 2 mg as she declined oral RT. - Applied cold packs on her necks and taken her out to the courtyard for some diversional activities.	22:20 - Service user overheard she bent headbanging with the back of the head against the wall. - Activated PMVA bleep. - Put her on PMVA holds with 3 people. - Verbal de-escalation - Offered oral RT, which she declined. - Offered pro pain medication, which she accepted. - Prompted her to engage in some distraction techniques. - Offered a walk to the courtyard. - Was released from PMVA holds as she said she feels better. 22:35- Service user overheard strong headbanging with back of her head against the wall. - Staff intervened and PMVA bleep activated. - Service user was put on PMVA holds with 3 members of staff. - Verbal de-escalation done with no effects. - Prompted her to engage in some distraction activities. - Offered her oral RT - Administered IM RT lorazepam 2mg. - Applied cold packs on back of her neck. Physiological and neurological observations were	Staff followed process and procedure	N/A	None (no harm caused by the incident)	Closed
GHC71395	10/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		22:20 - Service user overheard strong headbanging with the back of the head against the wall in the female to lounge. - Staff intervened staff intervened and activated PMVA bleep. Staff placed pillow between her head and wall. - Put her on PMVA holds with 3 people as she was very resistive and wriggling. - Verbal de-escalation given with no effects. - Offered oral RT which she refused. - Prompted her to engage in some distraction techniques, which she again declined. 22:22 - Administered IM RT Promethazine 25 mg in right thigh as she declined oral RT. - Vaping allowed. - Physiological and neurological observations were taken. - Informed duty doctor.	22:20 - Service user overheard strong headbanging with back of her head against the wall. - Activated duty staff intervened and PMVA bleep activated. - Service user was put on PMVA holds with 4 members of staff. - Verbal de-escalation done with no effects. - Prompted her to engage in some distraction techniques. - Offered her oral RT. 22:32- Administered IM RT Promethazine 25mg. - Applied cold packs. - Physiological and neurological observations were done. - Informed duty doctor.	Staff followed process and procedures	N/A	None (no harm caused by the incident)	Closed
GHC71106	10/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmsa required for administration of NG feed.	POD and weighted blanket used.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71109	10/06/2024	10/06/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient being escorted to bedroom in holds as becoming abusive towards staff and during the escort managed to free his arm and staff member fell to the floor hitting right side of face and body.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHC71119	10/06/2024	10/06/2024	22 INOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	19 - SAAPIN - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (first aid)		Clinical Safe Hold carried out in the patients bed. Interval following an MDT decision to examine their abdomen to rule out a serious health condition.	Procedure and safe hold implemented on patients own bed in their bedroom.	None required	None required	None (no harm caused by the incident)	Closed
GHC71121	10/06/2024	10/06/2024	22 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		staff had to hold patient and then remove from communal area. Subsequent staff while patient was pulling at staffs clothes.	Staff used actions detailed in this patient's care plan and PBS plan to de-escalate the situation and remove themselves.	Care plans and Risk Assessment reviewed at MDT. All staff attended these re-emerging behaviours. Staff continue to take when a recipient of them.	That these are re-emerging behaviours for this patient. As staff attended these and the strategies they should use to minimise the harm from them.	None (no harm caused by the incident)	Closed
GHC71147	10/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		patient was overheard to be headbanging in her room. Staff attempted de-escalation whilst PMVA bleep was activated. Patient was placed on PMVA holds by all staff members in seated holds on the edge of her bed. patient was resistive to the holds nearing all further members of staff supported to keep her legs still. patient continued to fidget around and attempted to get off the bed. Patient refused oral RT and staff began to prepare for patient self harming.		Care plan followed	n/a	None (no harm caused by the incident)	Closed
GHC71148	10/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Non-standard hold		patient placed in shower by staff. patient then locked herself in her bedroom, sat on the shower and began to hit the back of her head against the panel. Staff attempted to place a pillow between the head and the panel, patient then sat down in the shower, however patient grabbed a hold of the pillow and hugged it against her chest. In order to stop patient from engaging in intentional harm to herself, staff attempted to PMVA staff assisted patient out of the shower by guiding her legs and effectively shuffling her out of the shower, whilst another member of staff stood between the shower panel and patient's back in order to prevent further harm to herself.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71150	10/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient began pacing in the lounge, not engaging with staff attempts of conversation. patient then sat in the corner of the lounge and began to hit the back of her head against the wall.	In order to stop patient causing intention harm to herself, x2 staff used PMVA holds to support patient from position on floor onto the POD, use of leg cushion when seated 3x members of staff supported patient on POD	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71152	10/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient was given the option of remaining holds being released, and asked how she would manage her emotions. patient stated that she would continue to headbang. Oral RT medication offered however patient declined. patient began to resist and therefore 5pt PMVA holds were implemented. 3x members of staff supported patient in a seated position on the POD, use of leg cushion when seated		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71154	10/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)				Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71160	11/06/2024	10/06/2024	22 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		PBM removal and seated safe hold used on in-patient following physical assault on a member of staff.	verbal redirection and de-escalation PBM removal to safe.	Patient supported following physical aggression to a staff member	Staff to be proactive in redirections and stopping away to avoid use of physical restraint	None (no harm caused by the incident)	Closed
GHC71171	11/06/2024	10/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Supine (first aid)		patient headbanging. attempted de-escalations, unsuccessful. placed in seated holds, slid onto floor, hit head on floor , placed herself in supine, due to resistance and risk of further head injury patient was placed in prone position hitting forehead against floor, immediately staff assisted to roll patient back to supine before helping them sit up. still not engaging with staff. patient sat back on bed, began to head bang on wall behind. seated holds used. de-escalation for 15 mins by staff, patient then began head banging. Tiger present, no therapeutic engagement so staff disengaged. staff waited outside room. approx. 2 mins later patient started headbanging again. staff placed in seated holds, very resistive, RT kerazapam administered, again no engagement staff disengaged	pmsa x5 patient supported as well as possible RT administered ONO informed. neuro and physical obs taken.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71172	11/06/2024	11/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT WAS DUE FOR FEEDS,CALLED PLANNED PMVA. HOLDS WERE APPIED, SHE WAS SEATED ON POD AND WEIGHTED BLANKET WAS USED ON LEGS	CARE PLAN FOLLOWED, 3:1 AFTER FEEDS, ESCORTED FOR A WALK, DEBRIEF WHILE WALKING.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71196	11/06/2024	11/06/2024	Other LD Units non-GHC	22 INOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	19 - SAAPIN - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Photobooky PBM clinical assess hold as patient is best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC71197	11/06/2024	11/06/2024	Patient's own home	22 INOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	19 - SAAPIN - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Seated clinical hold in order for patient to safely attempt blood test.		None required	N/A - routine practise	None (no harm caused by the incident)	Closed
GHC71198	11/06/2024	11/06/2024	Patient's own home	22 INOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	19 - SAAPIN - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Seated clinical hold in order to safely take bloods		None required	Routine work for INOT	None (no harm caused by the incident)	Closed
GHC71200	11/06/2024	11/06/2024	Other LD Units non-GHC	22 INOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	19 - SAAPIN - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		Photobooky PBM clinical assisted hold on patient is best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC71214	11/06/2024	11/06/2024	CMHT Lorean 1135-1136	Watton Lawn- other inside	Admissions, discharges and transfers	Transfer - internal delay, failure or errors	98 - Other (not listed)	Planned	PMVA (physical intervention)	Clinical hold (seated).		PI detained in suite, elected AMHP that she would not be leaving unescorted. PI was very resistive and was restrained, PI wanted to remain in suite and did not respond to verbal prompts to stand/ walk indep	1:1for attempt at verbal interaction, required holds to stop her stand and walk escorted for short while 2 staff assisted physically	None taken, incident handled and managed well in line with care plan and risk management plan.	None, incident handled appropriately at time.	None (no harm caused by the incident)	Closed
GHC71215	11/06/2024	11/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated).		Patient head banging onto the wall in her room on check, speaking to herself, and had self removed the dressing and reopened the wound on her right arm. Staff verbally intervened to redirect her to stop the behaviour. Patient continued with the behaviour and staff activated alarm for team support which arrived shortly	verbal redirection offered but did not work at the time Team activated to call for team support and arrive shortly Dispack was offered and briefly accepted and thrown away PRN medications were offered but were declined PRN IM 50mg promethazine IM was administered at 1800hrs in the left upper outer thigh muscle NEWS 2 have been completed and there no concerns The wound was redressed after she calmed down and settled Tetnus was completed for the incident	Risks, observations and management plan reviewed long term risk of self injury identified Self harm pathway being offered CBD awaiting funding for placement	n.a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC71216	11/06/2024	11/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Escort		Service user was due for nasogastric feed. Service user was administered nasogastric feed with 2 tgsv PMVA holds using seated pod and weighted blanket. service user was least restrictive during the feed.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71235	11/06/2024	11/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	18 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Escort		Patient followed a facilities team member out of the ward, which staff followed. Patient attempted to get further up the corridor but staff intervened so patient stayed around ward area.	Staff provided space for the patient but stayed nearby. Attempted verbal de-escalation to encourage patient back onto the ward. Patient was not receptive to this and therefore PMVA was activated. Patient was placed on PMVA holds with 3 members of staff. Patient was then escorted back to the ward. Explained that was not possible. Staff re-escorted patient back to the ward.	Risk of absconding acknowledged, due to current mental state.	Care plans in place to support patient.	None (no harm caused by the incident)	Closed
GHC71238	12/06/2024	12/06/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		After causing property damage (throwing a hot water tank) patient using PBM holds escorted to room to de-escalate		Case discussed with Consultant and other MDT members. No concerns are known to Watton and therefore no extra planning professionals meeting to agree new care plan.	All staff aware of his actions when he is annoyed and actions are taken to prevent incidents but not always evident.	None (no harm caused by the incident)	Closed
GHC71255	12/06/2024	12/06/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Person 1 (patient) has become verbally abusive towards staff and particularly targeting person 2(staff) without any trigger. Person 1 used derogative words and was racially abusive and disregard to person 2.Staff encouraged him to go back to his bedroom, which he refused and continued with abusive presentation. Person 1 has been taken to his bedroom on PMVA holds.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHC71272	12/06/2024	12/06/2024	22 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Non-standard hold	When patient resisted, staff assisted patient to the floor, for his and others safety. He was carried in to his bedroom	Patient climbed over garden fence, ran around car park trying to get in cars then ran to vehicle used by staff to transport patients. Staff attempted to talk to him. He gave this back when asked and this was locked away. He then started throwing stones, some of these were towards cars and thicker cars were moved. He moved and started throwing stones towards the staff. This was initially small stones but then progressed to bricks. Staff were determined to throw and was getting closer to throwing at staff the decision was made to use PBM technique escort, this broke down and so he his and others safety. He was carried in to his bedroom and held down for a short period of time.	Many methods of redirection was used, patient was closed, he was offered preferred drink and snacks but he was avoid and he was getting unhappier.	Incident reviewed: 1. Staff responded appropriately and proportionately to the risk presented by the patient. 2. Care plans and risk assessments reflect the level of risk of absconding and harm to others and his environment. 3. Weekly discussion in MDT.	1. That this patient despite our knowledge of him remains a high risk of absconding and towards others and his environment. 2. That staff are able to use care planned interventions but are able to adapt quickly to this patient's changing presentation.	None (no harm caused by the incident)	Closed
GHC71275	12/06/2024	12/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		patient began to become increasingly agitated after their friend left. They appeared confused asking while they were kept in the lounge. Staff attempted to verbally redirect but was not responding to verbal de-escalation. Patient was verbally and physically aggressive to staff.	Staff tried to verbally deescalate patient but they were not responding. Patient was taken to their room in safe holds and rapid tranquilisation administered.	none	none	None (no harm caused by the incident)	Closed
GHC71276	12/06/2024	10/06/2024	Watton Lawn- other inside	Watton Lawn- other inside	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		Patient ran off the ward. Followed and found patient by reception trying to leave. Patient put on hold as trying to go. Patient was resistive and put themselves on the floor. Staff tried to de-escalate, patient agreed to come back to the ward. No physical restraint used on return However, patient was agitated on return offered RT to prevent use of force.		Risks and treatment plan reviewed Restrictive practise to be utilised in proportion to circumstances to maintain safety of patient	n/a	None (no harm caused by the incident)	Closed
GHC71283	12/06/2024	12/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistant to NG feed.	patient was held in restraint on a pod, with two staff and given their feed under restraint	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71284	13/06/2024	12/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (community)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		15.50 hrs: Head banging. Responded to verbal de-escalation. 19.45 hrs: head banging. PMVA holds utilised. RT administered. 19.50 hrs: IM Lorazepam 1 mg IM administered. 20.25 hrs: Head banging. PMVA holds utilised. Responded to Verbal De-escalation. 21.50 hrs: head banging. PMVA holds utilised. 21.00 hrs: As required aramoyah 10 mg for pain relief RT Lorazepam 1mg IM administered.	1:1 Neuro NEWS 2 observations commenced. ONO informed of head banging and review requested for head banging, administration of RT x 2, shoulder pain (right). Holds provided 1:1 with nursing staff from 21.15 hrs to 22.00 hrs. ONO completed review. Debrief required when timing appropriate.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71288	13/06/2024	08/06/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	Other form of physical intervention	Non-standard hold	Removed hand from door frame	Patient's visitor was exiting the ward, patient attempted to leave the ward, staff stood in front of the door to prevent the patient from leaving. Patient wouldn't engage with staff and tried to push past. Patient's hands were removed from the door frame to allow way to prevent absconding or harm to patient.	removed patients hand from the door way to prevent absconding or harm to patient. Verbally de-escalated the patient and informed them that unfortunately if they were to abscond from the ward PBM techniques may need to be used in order to bring them back to the ward and discouraged patient from this behaviour	Nursing team managed incident appropriately due to patients current mental state. MDT aware and appropriate treatment plan being developed.	No further lessons identified	None (no harm caused by the incident)	Closed
GHC71291	13/06/2024	13/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was resistant to NG feed. Staff placed pod and weighted blanket on patient's legs to support patient. Patient was not resistive during the feed. Facilitated 1:1 walk after the feed. Staff administered regular medications.	Provided feeds on tight holds. Staff engaged with the patient during the procedure. 1:1 walk after the feed. Debrief provided	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71298	13/06/2024	13/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient attempted to abscond, placed in holds and redirected to room.	Patient taken to room, engagement offered.	none	none	None (no harm caused by the incident)	Closed
GHC71301	13/06/2024	13/06/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrals.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Seated (other)		Patient reviewed in room and was resistive and reasoned from Greyfriars to inform us that patient had hidden a bottle of cider outside the unit and was observed to drinking this on his way back to Kingsholm. On return staff spoke to patient and explained that this was not safe and that this can be reviewed tomorrow. Patient continued to be unsettled and had been increasingly restless throughout the morning. Patient shouting and screaming in communal areas not able to accept boundaries. Patient presentation became increasingly hostile. PMVA team called to support patient down to bedroom into seated position on bed to provide low stimulus environment. Patient initially resistive and this lessened once in bedroom. Liaised with doctor regarding RT due to alcohol consumption, agreed risk vs benefit therefore 1mg oral Lorazepam given.	* Staff managed situation (whilst considering alcohol use), medics & Pharmacist advice sought and gained for RT administration. * Staff implemented appropriate actions to safe patient to calm. * Post incident debrief not completed as patient left ward / AWOL prior to debrief being completed.	Risks, observations and management plan reviewed long term risk of self injury identified Self harm pathway being offered CBD awaiting funding for placement	n.a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC71314	14/06/2024	14/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. P

GHC71367	14/06/2024	14/06/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient had been prompted to start his shower routine, the bathroom had been opened for him to enter when he was observed charging at staff throwing faeces, staff withdrew however they managed to get hold of the patient as he entered the patient was now banging the bathroom door intending to damage it. Staff redirected him to his bedroom in order for staff to lock the door. The patient charged again at staff and staff had to apply PBM to prevent the patient from causing damage. Unfortunately in the process one member of staff was scratched on his face, with one of the scratches too close to his eye and requiring a review.	Staff managed to restrain him and escorted him back to his bedroom allowing the bathroom door to be locked and staff withdrew.	Incident reviewed. 1. Staff acted proportionately and appropriately to the risk presented. 2. Check in with staff, all okay. 3. Care plans, communication strategy and risk assessment all up to date. 4. For weekly discussion in MDT 5. Daily feedback to patient's mother as his next of kin.	1. That staff are able to follow care planned interventions for this patient. 2. That despite your extensive knowledge of this patient he remains a high risk to his environment and others, particularly those providing care for him.	Low (minor harm - e.g. takes up to 1 month to rectify)	Closed
GHC71369	14/06/2024	14/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		was becoming increasingly agitated and approached Jameela staff. HCA attempted to intervene. Patient picked up table and hit HCA on the head.	HCA looked at by nursing team. See GHC71371.	none	none	None (no harm caused by the incident)	Closed
GHC71370	14/06/2024	14/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Self Harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		At 11:33 staff heard patient headbanging in her bedroom. Patient patient banging her forehead against bedroom window. Low level head banging. At 11:30 seen patient led on the toilet in prone position and banging her forehead on the floor intensity of head banging remains the same. 12:15 Patient resumed headbanging ,seen patient on the floor using toilet door to head bang by swinging backward and forward intensity remains same.	11:33 SCM used verbal de-escalation and nyc pack,patient stop head banging. 11:40 Used verbal de-escalation. Staff used PMVA techniques to reduce the impact of banging , staff made sure that towel doesn't hinder breathing Staff assisted her to get up which she did. She sat on the bed and moved backwards and started banging her head against the wall. This lasted for 01 minutes. Continued to verbal deescalation. Made activity timetable with her. Provided 1:1 for approximately 20 minutes. 12:15 Attempted to de-escalate ,used nopack ,crisis. Patient resumed head banging against wallspace however she continued to bang her head. Called psych emergency at 12:19 Staff assisted her to move from bathroom to bed which she did.Placed her on holds ,she was resistive at first but then calmed down. Upon the arrival of duress alarm and depression of strong urge to head bang ,staff decided to administer RT IM with good effect. Released holds RT narrowah ebs started PMVA was released	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71373	14/06/2024	14/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was increasingly becoming more agitated. Declined oral medication. Increasingly becoming more verbally and physically aggressive. Clinically decision made to give RT.	Restrictive holds and seated holds used on bed with cushion.	none	none	None (no harm caused by the incident)	Closed
GHC71378	14/06/2024	14/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient tried pinpiles at another patient and then relatives. Patient continued to attempt to throw the pringles container.	PMVA and HCA used restrictive escort to take patient back to bedpace.	none	none	None (no harm caused by the incident)	Closed
GHC71382	14/06/2024	14/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Staff used restrictive holds to escort patient back to bedpace after patient threw a cup of coffee over a member of staff.	Patient returned to bedpace.	none	none	None (no harm caused by the incident)	Closed
GHC71386	14/06/2024	14/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient NB started head banging @16:45 in her bedroom.	PMVA team intervened and put her on holds for around 15 min, offered support and reassurance.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71390	14/06/2024	14/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		1800: Patient started headbanging , staff went to the room , tried de-evaalation techniques, provided nopack. 1805: Staff put a pillow against the wall to prevent causing injury to head. 1810: Patient stopped headbanging. Staff tried to engage and support the patient. Patient was mute and resord . Staff left the patient alone for sometime.	1810: PMVA Team called and arrived, put on hold . 1820 :Offered oral PRN , patient refused to take it . Tried of grounding techniques but in effect. 0822 : Staff administered IM Promethazine 50 mg on hold 0830: Patient was de-briefed and given 1:1. Refused to take physical obs , Non touch observations carried out.	Risks and management plan reviewed Management plan in place to minimise harm to patient Long term risk of self injury requiring staff intervention Self Harm Pathway being offered Patient CBD	N/A	None (no harm caused by the incident)	Closed
GHC71393	15/06/2024	14/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Details of the incident: At/ approximately 21:50, Patient was observed headbanging during a medical emergency. A medical emergency was occurring in the ward. She was sitting by the side of her bed, repeatedly banging the back of her head against the wall. Staff attempted to verbally de-escalate the situation, but these efforts were unsuccessful. The headbanging was of low intensity and intermittent. Timeline of Events 21:50: Patient was observed headbanging during a medical emergency in the ward. 21:52: Two staff members, S/N KJ and HCA AO, entered Patients bedroom. Verbal de-escalation was attempted but was ineffective. Ice packs and ice pack was offered in accordance with the pro and cons. Patient was observed to be banging the back of her head against the wall.	21:57: PMVA was activated, upon the arrival of the team, multiple staff members attempted to de-escalate the situation, but Patient did not respond. Due to the risk of headbanging and the risk that the shoulder was injured during a previous PMVA. The decision was made during the PMVA was to use light holds, which Patient prefers, and to consider medication and prevention of self-harm behaviours if necessary . 22:08: Four staff members implemented clinical holds. During the holds, Patient attempted to lean back against the bed and twist her arms in a manner that could cause injury. Nurse and wellness Staff encouraged Patient of the potential consequences of her actions, but she persisted. 22:22Patient was offered medication again, which he declined. Consequently, 1mg of Lorazepam was administered intramuscularly in his right thigh.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71396	15/06/2024	15/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Clinical hold (seated)		patient has been increasingly agitated and distressed pacing, responding, unable to accept support from staff. PRN offered but declined	Valium 5mg administered orally Patient was unable to swallow all of the medication, Patient was given the remaining medication via IM route. Patient was monitored for 30 minutes post administration of medication.	Mental state, risks and treatment plan reviewed Restrictive practice required to administer treatment and alleviate symptoms and agitation PMVA and IM are short term measure, treatment options reviewed daily	n/a	None (no harm caused by the incident)	Closed
GHC71399	15/06/2024	14/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was spoken to reported that their depot injection was due yesterday Patient declined to consent to depot ON informed patient that a team will be arranged as the depot has to be administered	Planned PMVA Staff redirected other patients from communal area Patient B reluctant to leave communal area Blankets used to protect patient A dignity 1st unit put into seated holds on sofa Leg cushion utilised Depot administered Patient remained calm Patient hugged PMVA team afterwards reporting 'I know its your job' PMVA team debriefed	none	none	None (no harm caused by the incident)	Closed
GHC71403	15/06/2024	14/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Funding		Patient A was observed in communal areas grabbing Patient B by the wrist Patient A led Patient B into the garden Patient A led Patient B up the stairs in garden During holds Patient A attempted to kick Patient B Patient A attempted to bend Patient B's thumb	Staff approached Patients ensuring Patient A is no let go Staff attempted to redirect Patient A to re-effect Staff intervened as Patient A unsteady in gait and holding other Patient up stairs in garden Standing arm holds used Patient A still had a hold of Patient B's wrist Staff attempted to get Patient A to use breakaway technique Patient B refused CN approached and prompted patient A to let go Patient A let go of Patient B's wrist Patient A redirected into communal areas Offered a drink and attempted to give debrief	none	none	None (no harm caused by the incident)	Closed
GHC71406	15/06/2024	15/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.	2x Members of staff POD used Weighted blanket used 1:1 walk after	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71410	15/06/2024	15/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient is unwell in reverse state, has had no sleep, pacing, agitated and hostile towards staff and peers, refusing her medication. Patient is also diabetic and had been refusing her insulin Oral tablets offered, patient refused and shouted Patient stayed on holds and taken to their room Patient was restrained Patient placed on seated holds and leg cushion utilised	RT observation completed Duty dr informed	Mental state and treatment plan reviewed Restrictive practice appropriate to circumstance, medication administration clinically indicated to prevent deterioration of patient' mental and physical state, and prevent harm to others	n/a	None (no harm caused by the incident)	Closed
GHC71414	15/06/2024	14/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient grass not cooperating with the NG feed which was due, Nurse staff put her on holds to effectively give the prescribed feed Fortisip.	Two staffs held pt in the pat being on either sides of the patient.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71417	15/06/2024	15/06/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient A had been assaulted by patient B unprovoked in the lounge area. Staff attended the incident immediately before patient A could retaliate. Patient A became verbally and physically hostile towards nursing staff and attempted to assault them. PBM was utilised.	Verbal reassurance/redirection had very little effect. Patient A then grabbed hold of a HCA's thumb and attempted to twist it. Due to its increased hostility, PBM was utilised to redirect to a quieter room. PBM was effective and Patient A was escorted safely and is then continued to present in a hostile manner. He stamped on a nurses foot and pushed a charge nurse in the chest. Patient A was escorted back into his bedroom and given oral lorazepam PRN.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC71419	15/06/2024	15/06/2024	Watton Lawn - Greyfriars PICU	Watton Lawn - Greyfriars PICU	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Standing		Whilst staff were attending a psychiatric emergency on another ward, patient X barged through the gate attempting to abscond and showed staff in the process. PMVA holds utilised to redirect patient back to the ward. Fellow patient A ran to the incident and shut the garden gate and took fellow patients left arm to support him back through to the ward until further staff attended. Patient A was offered a debrief following this.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and was whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	Staff to be mindful when opening the gate in the garden and ensuring there are enough staff present when the patient is in close proximity, to try and avoid this kind of incident from reoccurring.	None (minor harm - e.g. takes up to 1 month to rectify)	Closed
GHC71430	15/06/2024	15/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient had a broken toothbrush attempting to get into nursing office Patient began to use broken toothbrush as a weapon. Threatening to assault staff with toothbrush	Staff attempted to retrieve broken plastic pot, encourage to handover broken toothbrush Patient refused Patient put into holds Broken toothbrush removed from patient Patient held and taken down to the floor	none	none	None (no harm caused by the incident)	Closed
GHC71433	15/06/2024	15/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT WAS DUE FOR FEED, CALLED PLANNED PMVA, PATIENT WAS ON HOLDS AND WAS SEATED ON POD. A WEIGHTED BLANKET WAS USED ON LEGS.	CARE PLAN FOLLOWED, 1:1 AFTER FEED, ESCORTED FOR A WALK AND WAS DEBRIEF WHILE WALKING.	Care plan followed along with 1:1 walk with staff	N/A	None (no harm caused by the incident)	Closed
GHC71437	15/06/2024	15/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		under the duty of Act to have the capacity to make an assistant to re effect, patient was resistive, continued to harm herself. PMVA staff applied holds, she was escorted back to her bedroom, and was seated on bed with holds. Staff again tried to de-escalate to good effect. Thereafter patient appeared to be in a relaxed mood and was compliant with her medication. Patient was observed to be banging the back of her head against the wall. Staff intervened. Restrictive holds used to escort patient back to bedspace.	RSH AX UPDATED	n/a	None (no harm caused by the incident)	Closed
GHC71438	15/06/2024	15/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		15:35 - Patient was escorted back to bedpace after	Vacant placed on line of sight nursing observations.	none	none	None (no harm caused by the incident)	Closed
GHC71440	15/06/2024	15/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Self Harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was discovered head banging in her room Staff called a PMVA lasting 3 minutes.	PMVA 14:13 4 mins Patient head banging resn arm required PMVA 14:27 3 minute Dumping the window with her left fist to pack put on. Doctor reviewed the hand PMVA 19:52 2 minutes head banging on the back all the head 2 mg lorazepam given PRN PMVA 20:05 4 minutes head banging back of the head holds used, ice used PMVA 20:20 1 minute head banging back of the head. Staff put her in holds and used ice packs on her back and fluids. 20:30 head banging again , pillow put behind her	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71450	16/06/2024	15/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		1845:Patient appeared unsettled , was responding to unseen stimuli , pacing along the corridor , observed screaming and shouting at times in the communal area.	1850: PMVA Team (planned) called and arrived as the patient refused to take medications orally and was clearly responding to unseen stimuli 1900: Staff took the patient back to the bedroom , put on holds 0922:Staff administered IM lorazepam 2mg 1905: Patient refused to take first set of post RT observations . Non - touch observations were carried out. 0910: Staff attempted to provide de-brief to the patient however patient could not engage due to mental state.	Mental state, risks and treatment plan reviewed Restrictive practice required to administer treatment and alleviate symptoms and agitation PMVA and IM are short term measure, treatment options reviewed daily	n/a	None (no harm caused by the incident)	Closed
GHC71451	16/06/2024	15/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		0455- Patient was in the communal area , was unpredictable in presentation. verbally very abusive towards the staffs and patients . patient was expressing sexually inappropriate gestures and words towards the staffs and patients .Patient threw objects around .	0457- Staff asked the patient to stop that behaviour in the communal area and go back to the bedroom. 0458- Initially patient refused , however staff managed to get the patient back to the bedroom. Before reaching the bedroom patient removed the clothes. Staff encouraged patient to wear clothes but patient refused. Patient was very aggressive , staff managed to redirect the patient in bedroom. 0500: PMVA Team called and arrived , NIC advised only female staffs as the patient was naked. Covered the patient with a blanket. pat patient on hold 0508 : Staff administered RT IM promethazine 50 mg	Mental state, risks and management plan reviewed Patient extremely unwell PICU referral made Restrictive practise proporate to situation Patient has now responded to treatment, no incidents during past few days	n/a	None (no harm caused by the incident)	Closed
GHC71454	16/06/2024	15/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient come out to the communal area , Verbally attacked the patients and staffs , Expressed sexually inappropriate gestures and conversations . Grabbed wrist of another patient who was drinking tea , grabbed his cup from the patient and threw that on the floor . Swore at other patients on the ward and scared them by making scary noises . Patient came to the communal hall naked . showed middle finger to everyone and started twerking.	Staff placed him in isolation due to the inappropriate behaviour in the communal areas . Patient continued as mentioned even after the intervention of 2mg promethazine as RT prior to. Staff had to call for another team to support the administration of RT as patient was clearly elevated and the presentation was undignified for the patient. Patient was very challenging putting the staff in a difficult position where staff had to redirect the patient to his room. Verbal de-escalation and de-escalation was attempted with no effect. Thus requiring the need for RT administration.	Risks and management plan reviewed Restrictive practice to be utilised to maintain safety of patient and others if required Patient has responded well to treatment, no incidents for 5 days		None (no harm caused by the incident)	Closed
GHC71461	16/06/2024	16/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.	pod and weighted blanket used 1:1 walk after x2 members of staff	Care plan followed along with 1:1 walk with staff	N/A	None (no harm caused by the incident)	Closed
GHC71478	16/06/2024	16/06/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Escort		Patient banging door with chair and targeting fellow pt flat. Staff went to remove chair and patient ran at staff, attempting to hit and scratch.	Restrictive escort to bedroom while chair was removed. Patient sat on their bed of their own volition and waited for staff to leave	Mental state and treatment plan reviewed Restrictive practise appropriate to circumstance, medication administration clinically indicated to prevent deterioration of patient' mental and physical state, and prevent harm to others Risk assessment reviewed. 1. Care Plans and Risk Assessments are up to date. 2. Agreed strategy now in place to manage Estate Issues. Staff to be mindful when opening the garden and ensuring there are enough staff present when the patient is in close proximity, to try and avoid this kind of incident from reoccurring. 3. Communication strategy up to date and includes Good Stories not to damage his property. 4. At time of incidents such as these Estates colleagues are supported to make the area safe until a more detailed plan can be agreed. 5. The patient's mother is updated daily on any incidents. 6. All incidents are reviewed in our weekly MDT. 7. Check in with staff.	1. That despite our extensive knowledge of this patient he remains a high risk to his environment and others, particularly those providing care for him. 2. This environment is prone to damage due to the necessity of attack this patient visits upon it. 3. That these pounding cars are at high risk of assault.	Low (minor harm - e.g. takes up to 1 month to rectify)	Closed
GHC71486	16/06/2024	16/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Precautionary hold		Patient appeared unsettled, and she presented bizarre behaviour and wanted to leave the ward after many attempts. The patient put herself on the floor in the communal area and refused to get up. Staff supported her up, declined physical observations and declined neuro observation. Patient was guided to her bedroom with staff support	The patient was laid on a bed in her bedroom after being supported to bed. She was supported by a precautionary hold with staff, and RT 0.5 mg lorazepam was given in the upper outer right leg.	none	none	None (no harm caused by the incident)	Closed
GHC71490	16/06/2024	16/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient resitive to NG feed	Staff had to restrain patient in seated holds on the sofa as NG feed could be given by NG tube.	Care plan followed along with 1:1 walk with staff	N/A	None (no harm caused by the incident)	Closed
GHC71494	17/06/2024	16/06/2024	Watton Lawn - Alder Inside	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient observed to be head banging with the back of their head against their bedroom wall.	Verbal de-escalation done to no avail. PMVA team was called and patient was put on holds. Verbal de-escalation continued. Patient settled after the lorazepam was administered. Thereafter, verbal de-escalation continued.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71495	17/06/2024	16/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient was observed to be head banging with the back of their head against their bedroom wall.	Verbal de-escalation instructed to no avail. PMVA team was called and the patient was put on holds. Verbal de-escalation continued. Patient settled after the lorazepam.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71496	17/06/2024	16/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was seen head banging with the back of their head against their bedroom wall	Verbal de-escalation instructed to no avail and patient put on PMVA holds	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71497	17/06/2024	16/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was observed head banging with the back of their head against their bedroom wall	Verbal de-escalation instructed to no avail. PMVA team was called and the patient was put on holds. Verbal de-escalation continued until the patient became calm. Patient requested promethazine 25mg which was offered	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC71499	17/06/2024	16/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	9B - Other (not listed)	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient NB started head banging @16:45 in her bedroom.	Low-fatty prompted. Physical holds.	none	none	None (no harm caused by the incident)	Closed
GHC71502	17/06/2024	14/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Escort		Patient refused to leave the ward Staff put patient on presumonary hold and directed to bedroom Patient continued to present agitated and anxious Planned RT lorazepam oral 2mg which patient refused Patient was put on hold in seating position RT Lorazepam IM 2mg was administered	Mental state and risks reviewed Patient no longer presenting with extreme agitation No longer an absconding risk Patient responding well to change in treatment plan, psychotic symptoms reduced. No current need for restrictive practice	n/a	None (no harm caused by the incident)	Closed
GHC71505	17/06/2024	17/06/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Staff had entered the unit and patient grabbed at staff's clothing and began to pull at staff down toward the ground, Staff could not disengage from clothing grab and so staff needed to remove t-shirt.	Staff then implemented a 2 person removal to the side and were able to withdraw from flat.	Mental state and risks reviewed Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC71508	17/06/2024	16/06/2024	Watton Lawn - Dean Ward	Watton Lawn - Dean Ward	Self Harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Staff found patient harming herself in the en-suite. Patient reopened the wound in the neck and make a hole in it.	02:20 Patient refused to take 3K Fortisip. Staff offered to support patient to eat meal. Patient refused. Staff trying to put her fingers into the wound. PMVA called. Staff put RT IM Promethazine 50mg was given. Physical blood sung broken piece of spoon.	Care plans in place to minimise harm to patient Engaging with Self Harm Pathway	n/a	None (no harm caused by the incident)	Closed
GHC71513	17/06/2024	17/06/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Staff were taking patient to eastwood to get mag wash loaded as part of patients routine. Patient began to reunite in corridor and was grabbing at staff's hair and arms.	Staff implemented a 2 person PBM removal but patient went backwards in the wall and staff broke away. Patient then grabbed staff member's clothing, smock alarm pulled. Staff responded and fix and hold removal was then implemented and patient was taken to flat on a 2 person removal. Staff were able to withdraw from flat.	Mental state and risks reviewed Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC71515	17/06/2024	17/06/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient had stuff in a clothes grab and attempting to pull stuff to the floor.	Asked patient to let go of stuff with no effect . Patient continued to attempt to pull stuff to the floor. PBM escort/removal to chair as per chart plan. Once patient settled in staff staff broke away and withdrew from unit.	Mental state and risks reviewed Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	The physical intervention was implemented as redirection failed and due to the level of risk. All interventions are for the least possible amount of time.	None (no harm caused by the incident)	Closed
GHC71519	17/06/2024	17/06/2024	Watton Lawn - Abbey Ward	Watton Lawn - Abbey Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient grabbed another patient's back pack while the sat on wheelchair and started pulling	Staff immediately intervened and patient was put on holds Patient required several prompts to let go of the backpack Bag was returned to the owner in safe hands	none	none	None (no harm caused by the incident)	Closed
GHC71520	17/06/2024	17/06/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		patient assigned medication from NIC and as NIC was walking away patient began to chase, kitchen door was not shut in time and patient grabbed hold of staffs clothing and tried to pull staff down.	verbal prompts to let go was ignored so staff implemented a pbm removal to patients side.	Mental state and risks reviewed Disabilities, complex needs and challenging behaviour All staff are trained in Physical interventions, breakaways, proxemics and are over seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	Where staff have become the target of an individual they will attempt verbal redirection, utilise breakaway, breakaway techniques or PBM and withdraw from the area at the first possible safe opportunity.	None (no harm caused by the incident)	Closed
GHC71521	17/06/2024	17/06/2024	Watton Lawn - Priory Ward	Watton Lawn - Priory Ward	Restrictive interventions, inc. PRN / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT IS DUE FOR FEEDS, CALLED PLAN PMVA. UTILISED LIGHT HOLDS, SHE WAS

GHC71564	19/06/2024	19/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	24 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Seated (other)		PT was in the communal area eating another PT meal. Staff explained to PT that the PT is asking to give him the food. However PT threw the food on the floor. PT was put on hold and taken to the bedroom.	As offered oral Lorazepam, but ignored staff. Pt was sedated what will happen next. PT was given 1mg of lorazepam	Patient has known risk of violence when their perceived needs are not being met. Appropriate safeguards and interventions put in place by staff to mitigate risk.	Care plans in place to support patient and maintain the safety of staff. Patient returned to baseline once RT administered.		None (no harm caused by the incident)	Closed
GHC71565	19/06/2024	19/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient tried to leave the ward Patient put hands on staff blocking the door Patient came back into communal areas distressed and aggressive	Nil Patient escorted and placed patient into forearm hold Patient re-directed into the garden Patient calm, and escorted to bedroom	Nil	none	none	None (no harm caused by the incident)	Closed
GHC71648	19/06/2024	19/06/2024	Other 12 (non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in their best interest, in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the staff how the procedure would take place and what monitoring would be used to safeguard the patient. MCA paperwork was reviewed.	None required	None - this is routine planned work for IHOT		None (no harm caused by the incident)	Closed
GHC71650	19/06/2024	19/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	24 - Prevent a patient causing extreme injury to themselves by exertion	Planned	PMVA (physical intervention)	Clinical hold (seated)		The patient is already on PMVA hold in her bedroom.	IM 2mg Lorazepam was administered to the left thigh upper outer	None	None		None (no harm caused by the incident)	Closed
GHC71653	19/06/2024	19/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Patient was due for her NG feed		Followed procedures and managed well.	N/A		None (no harm caused by the incident)	Closed
GHC71656	19/06/2024	19/06/2024	National Star College, Cheltenham (LLG)	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Clinical Safe hold used to support a blood sample to be obtained for medication review.	Informal to give assent without use of safe hold made initially but unsuccessful so minimal safe hold utilised. Only arm blood being taken from was held by one staff member holding arm and another steadying the head. Patient was then released from hold with no resistance. Pt on both occasions the other hand was held for reassurance rather than restriction by his care staff.	None required	None required		None (no harm caused by the incident)	Closed
GHC71664	19/06/2024	19/06/2024	ST Ingatestone, Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	24 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PBM (physical intervention)	Escort		the patient had begun to pull part of the wall down in their bedroom. Patient had pulled part of the wall down in their bedroom and then attempted to attack staff when they were getting the broken piece of wall out	Incident reviewed, to be discussed in weekly MDT and any changes to care planning or risk assessment to be agreed and made there.	That this patient is able to damage the environment. She is living in despite the best efforts of our Estates team to make safe his environment.	Estates contacted to make area safe and to agree		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC71669	20/06/2024	19/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		At 21:40 on 19/06/2024 staff overheard patient banging her. Staff went to support the patient , she was seen banging back of her against bedroom wall. Low level headbanging whilst listening to music and saying ; At 00:55 on 20/04/2024 staff overheard patient banging her. Staff went to support the patient , she was seen banging back of her against bedroom wall. Low level headbanging, whilst listening to music and saying ;	PMVA initiated Care plan sharing was required. Tried verbal de-escalation. Head folded lower behind her head which she pushed back into. Used rio pack , crisis escalator and offered PRN medication with no effect. She was asked if there is any way that staff can help did not get any response for the question. suggested distraction techniques and encourage to communal areas. Patient did not made any verbal or non-verbal communication despite staff made multiple attempts to engage with the patient verbally ,she was offered pen and paper to write down her feeling. Patient was then escorted to her bedroom became facts therefore plan made to administer RT Team was called , put her holds. Patient refused to take tablet , decision made to administer injection. Rapid tranquillisation has been completed for the first head banging. She refused to be reviewed by DMO after first head banging. 2nd RT and neuro obs started. Patient settled now.	Care plan followed	n-a		None (no harm caused by the incident)	Closed
GHC71674	20/06/2024	19/06/2024	Gloucestershire Royal Hospital	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical seated hold for cerushs wideton, GA for dental procedure on a patient in his best interest in proportion to the risk of serious harm if undetected medical conditnon is not treated.	It was explained to the ped carer how the prosedure will take place and what monitoring would be used to safeguard the patient.	None required	None required		None (no harm caused by the incident)	Closed
GHC71698	20/06/2024	20/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Patient resistive to administration of as prescribed feed.	Patient supported into seated PMVA holds in Pod 1 whilst nasogastric feed administered as prescribed. no prescribed NG feed administered with 2 x GRH staff while in holds. holds released once feed completed and patient administered usual as prescribed morning medication. Review facilitated 11 time for 1 hour post feed.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71702	20/06/2024	20/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71709	20/06/2024	20/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDD used)		Patient was headbanging inside her bedroom, using back of her head against the wall, in low level. She was using her pillow to support her bench. Verbal de-escalation was done to encourage her to go communal areas, suggested distraction techniques but she was not engaging, she continued headbanging. Holds applied, ice pack was applied, thereafter patient appeared calm, as soon as staff removed holds, patient went straight to her toilet and headbanged using back of head against the wall. PMVA was activated, tried to verbally de-escalate to no effect. Holds has been applied, she was escorted from toilet to bed on holds, and was seated on bed. Patient was calm and settled, and was chatting and stand up. Staff offered oral medications but she declined. RT 2mg lorazepam injection was administered at left thigh through clothing.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71704	21/06/2024	20/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (PDD used)		Patient was heard banging in the room. Staff was able to de-escalate the patient,After 10 mins patient started headbanging again. A team was called and patient was escorted to the PMVA suite area in the room patient continued to head bang with head phones on. As part of the care plan one of her head phones was removed by staff and attempted verbal de-escalation. Patient did not respond to the staff. Patient was then placed in PMVA holds and offered oral PRN to help with her distress but refused this, so IM RT was given to help her with her distress.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71795	23/06/2024	22/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		The patient was verbally abuse towards staff. Started swearing at staff, use derogatory comments towards staff members in communal areas. Patient was taken to her room in holds. When in room staff attempted to have her patient continued to throw things at staff. Staff offered PRN to help with distress but was declined. Patient continued to be abusive, patient placed in holds while RT was administered.	Utilisation of PMVA techniques. Body search	Low RISK NOT MODERATE	RISK ASSESSMENT REVIEWED. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	N/A??????	None (no harm caused by the incident)	Closed
GHC71717	21/06/2024	20/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDD used)		Staff were doing a room search on the Patients room due to suspected possession of IOC and IN along with a member of staffs keys and fobs. Patient entered at the time of the room search , and locked himself, staff has her keys. She was redirected to the communal area where she started headbanging. Patient later returned again, became hostile, and began headbanging by the window. Forearm holds were used to guide her to clinical holds. During this, Patient was on a voice call with her mother, which staff could hear. Staff were also overheard saying the PMVA is,No took the phone and ended the call . Patient screamed and kicked S/N multiple times. A leg cushion was placed on her leg. The on-call manager was consulted about a body search due to the nature of the incident and the items found.	Body search Utilisation of PMVA techniques. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	Low RISK NOT MODERATE	RISK ASSESSMENT REVIEWED. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	N/A	None (no harm caused by the incident)	Closed
GHC71719	21/06/2024	20/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Grunting		Patient made numerous electrical damages in her bedroom. Staff were unable to move the patient from her room to another room. When staff was showing the patient her new room the kit staff's head using door handle which she hid in her shorts pocket. Staff placed her on arm holds and moved the patient away.		risk of property damage acknowledged. Appropriate safeguards and interventions put in place by staff to mitigate risk.	Risks acknowledged, patient redirected from causing further harm.		None (no harm caused by the incident)	Closed
GHC71765	22/06/2024	22/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PDD used)		Patient LM showed aggressive and assaultive behaviour, hit S/N's head with a metal door handle	PMVA team intervened and RT administered.	Patient has known risk of violence when their perceived needs are not being met. Appropriate safeguards and interventions put in place by staff to mitigate risk.	Item of concern removed, risks acknowledged		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC71770	22/06/2024	22/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Patient was placed in light arm holds on pod with weighted blanket to facilitate NG feed as per plan.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71781	22/06/2024	22/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Service user was due for nasogastric feeding. Nasogastric feed administered with light PMVA holds by 02 members of staff. Patient was placed in light weighted blanket. she was less resistive. Facilitated walk after the feed		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71782	22/06/2024	21/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Supine (face up)		Patient prescribed depot medication, who was refusing it. Nursing team called for planned PMVA support to administer depot. Patient was administered depot medication. Patient became extremely agitated and aggressive towards nursing team. Nursing team made the clinical decision to administer RT as well due to the agitation of the patient.	Depot medication administered. RT administered.	Patient has known risk of violence when their perceived needs are not being met. Appropriate safeguards and interventions put in place by staff to mitigate risk via calling PMVA and administering medication.	PMVA team could have re-grouped and delegated areas of concern to mitigate risk. RT administered, patient returned to baseline.		None (no harm caused by the incident)	Closed
GHC71794	23/06/2024	22/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was heard head banging in the room. Staff was able to de-escalate the patient,After 10 mins patient started headbanging again. A team was called and patient was escorted to the PMVA suite area in the room patient continued to head bang with head phones on. As part of the care plan one of her head phones was removed by staff and attempted verbal de-escalation. Patient did not respond to the staff. Patient was then placed in PMVA holds and offered oral PRN to help with her distress but refused this, so IM RT was given to help her with her distress.		safety and procedures followed	N/A		None (no harm caused by the incident)	Closed
GHC71795	23/06/2024	22/06/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		The patient was verbally abuse towards staff. Started swearing at staff, use derogatory comments towards staff members in communal areas. Patient was taken to her room in holds. When in room staff attempted to have her patient continued to throw things at staff. Staff offered PRN to help with distress but was declined. Patient continued to be abusive, patient placed in holds while RT was administered.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC71799	23/06/2024	23/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		pmva required for administration of NG feed	2x members of staff pod and weighted blanket	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71807	23/06/2024	23/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	24 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Escort		pmva used to move patient aware from ward doors and back to room		safety and procedures followed	n/a		None (no harm caused by the incident)	Closed
GHC71808	23/06/2024	23/06/2024	Watton Lawn- Priory Ward	Watton Lawn- other inside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		patient transferred to PICU needed escort holds.		safety and procedures followed	n/a		None (no harm caused by the incident)	Closed
GHC71810	23/06/2024	23/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient engaging in headbanging	pmva used, 1:1 given.	Policy and procedures followed	N/A		None (no harm caused by the incident)	Closed
GHC71811	23/06/2024	23/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		CARE PLAN FOLLOWED	N/A		None (no harm caused by the incident)	Closed
GHC71813	23/06/2024	23/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was heard headbanging at 16.50 at low intensity, SN went in to de-escalate to some effect, and patient stopped momentarily during conversation. Patient started headbanging again and a higher intensity, SN re-attempted verbal de-escalation to no effect and patient continued to headbang.	IM Midazolam patient de-escalation techniques but to no effect. SN called for a team and SN and 3 members of the team entered patients room. Patient was placed in forearm holds by 2x members of staff on their bed to move patient away from the wall and stop patient from banging their head on the wall. PRN was offered to patient to see if patient was open to a talk, decision made to administer RT. Medication, patient was offered oral tablets but would not engage with staffing team so decision made to administer as IM. Patient became a bit more resistive, bringing their legs up towards their chest and attempting to break holds, 2x members of staff used the leg cushion to accomplish initial de-escalation (above) Further techniques the continued doing headbanging. Therefore, PMVA team was called and she was put on PMVA holds to move patient to her room. After few minutes,holds were released and she agreed to come out in communal area.	Policy and procedures followed	N/A		None (no harm caused by the incident)	Closed
GHC71817	23/06/2024	23/06/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	24 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Escort		Patient A was presenting with elation in her mood and affect. She was high profile throughout the shift. She was loud in the communal areas and was confrontational in nature. She was invading the personal space of staff and other patients and hostile in approach to them especially Patient B and Patient C. Patient A was swearing a lot in the communal areas and was verbally abusive towards staff. On one occasion when she was in the garden she threw pear stones at staff. She was also seen throwing a stone in the garden she took her bottom down. She also garden planted C's vape off him and was reluctant to hand it back. She was escorted to her bedroom on these occasions because of the inappropriate behaviour towards other patients.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC71819	23/06/2024	23/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		19:57 The patient was seen to headbanging (low intensity) against the wall with the back of her head. Staff suddenly intervened and attempted verbal de-escalation with no effect. While the staff trying to talk to the patient the patient she started to head bang with more intensity. 19:58 - PMVA was activated. Patient was put on four arm holds to stop her from head banging. Utilised se of leg cushion to support patient's head as this was used to stop the patient from shuffling back of the wall. Offered oral RA tablets but the patient refused. Then, Promethazine 25mg IM was administered on holds. The patient was very resistive while the IM was administered. The holds were released right after the administration of the IM when the patient appeared to get more settled. However, once the staff left the bedroom, the patient	They holds were released after 3 minutes. Staff sat with the patient for almost 1 hour until the patient got settled and agreed to come out of the bedroom. Received post RT physical observation and post headbanging neurological observations. Duty doctor was informed. Dr brief was given.	Policy and procedures followed	N/A		None (no harm caused by the incident)	Closed
GHC71821	24/06/2024	24/06/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		The patient came out of their room and without any provocation started shouting, screaming and verbally abusive towards staff. Staff attempted verbal de-escalation when being redirected to their room and continued shouting, verbally and physically aggressive towards staff.	Verbal de-escalation was instituted to no evail. The patient was escorted several times to their room but they refused to stay in their room and continued screaming as the same. The patient was eventually put into PMVA holds and redirected to their room. The patient was offered pen to soapen 2mg orally which they spat out. They were offered again the medication but refused to take it. It was identified that they prefer an injection rather that tablets. They were eventually administered with IM 2mg lorazepam NA.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC71825	24/06/2024	24/06/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Escort		Pt escalating through out the ward, slamming doors, screaming, shouting, verbally hostile towards staff and peers and intruding on personal space.	Verbal de-escalation attempted, oral PRN offered, IM RT administered	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC71832	24/06/2024	24/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Patient resistive to as prescribed NG feed.	Patient taken into seated PMVA holds in pod with use of weighted blanket. Patient administered as prescribed NG feed in holds, holds released patient administered as prescribed morning medication. Patient facilitated 11 escorted leave.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71834	24/06/2024	20/06/2024	CHAMS Outreach	Gloucestershire Royal Hospital	Clinical care, treatments and procedures	Clinical policy violation leading to risk to situation	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	Other form of physical intervention	Supine (face up)		PT at home appeared to have seizure. 999 called and PT transported to hospital. PT was assessed in hospital with the GHT management plan PT attempted to discahrd and for staff had to safely hold her.	CBA team were called by the hospital staff which was 2 members of staff. PT was in the same 'rough' with her and stopped on her toes. PT experienced pain and bruising from holds PT 2mg IM was given 5 mg IM Lorazepam Per care staff were told to leave CBA were informed of PT HH was going to calm down and she was 'fine'. At 20:05 PT was given 150mg Ketoners IM	The decision to restrain has been seen as an error by the Divisional Director of Quality & Nursing - Women & Children at Gloucestershire Hospitals NHS Foundation Trust for learning. Datix has also been forwarded to GHFT, Gloucestershire Hospital Foundation Trust.	Outcome of learning will be with GRH		Moderate (significant but not permanent harm e.g. takes up to 1 year to rectify)	Closed
GHC71842	24/06/2024	24/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	RB - Other (but listed)	Planned	PMVA (physical intervention)	Escort		Patient was being seen by the doctors in ward room and was refusing to come after therapist, doctors requested staff to come in and take that patient out of the room	Staff attempted to de-escalate the patient verbally. Offered pen and paper to write her feeling. Patient was put in PMVA navy holds and was escorted out of the room with no resistance and was	None	None		None (no harm caused by the incident)	Closed
GHC71843	24/06/2024	24/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	24 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Patient appeared unsettled , responding to unseen stimuli , talking to herself , pacing around Staff offered PRN three which patient refused . Planned PMVA is to RT the patient .	unseen stimuli , showing hand gestures , pacing around , talking to herself 09:03 - Staff offered PRN which patient refused 09:06 - Staff decided to go for a planned PMVA to RT the patient as patient is overstimulated , pacing around , has not slept and kept on refusing all the PRN offered. 09:20 - PMVA staffs arrived , discussed the plan Dr brief was not given due to her mental state. Post RT observations were carried out.	Mental state, risks and management plan reviewed Patient required restrictive intervention to protect risk to self and harm to others . Debrief to occur when patient is able to engage	n/a		None (no harm caused by the incident)	Closed
GHC71858	24/06/2024	24/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71859	24/06/2024	24/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was offered their regular medication by nursing staff on multiple times Patient refused Unsettled in communal area	Guided back to bed space in light holds Patient in seated light holds (holding hands with staff) x1 PRN IM administered	None	None		None (no harm caused by the incident)	Closed
GHC71876	24/06/2024	24/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDD used)		13:00 - 13:30 - Headbanging in bedroom. De-escalation attempted, unfortunately, to no avail. PMVA holds utilised and RT administered (please see PICU progress notes for more detail).	RT and neurological observations were commenced and the Duty Doctor was informed.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71880	25/06/2024	24/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was heard in their bedroom headbanging, a team was called and patient was escorted to the PMVA the patient in a seated hold. Staff then applied an ice pack to the back of the patients neck and followed the care plan for the head banging. Staff offered the patient their regular night time medication but they refused their regular diazepam.	staff then sat with the patient and talked about music. patient was sat in their room ,listening to music. At 21:30 the patient was offered their meds again. A team was called and staff went in and sat with the patient in seated holds for 8 minutes rapid from 2ml Lorazepam. Neuro observations were taken and the duty doctor was informed and came and spoke to the patient. Dr brief was not given due to the patient being calm and at safest mental stage. non	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71881	25/06/2024	25/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		patient had become very loud and aggressive towards staff and fellow patients. Patient had refused their regular medication and was becoming agitated and verbally abusive towards staff member J and racially abusive towards staff. staff encouraged the patient deem to their room as they had a been several patients up by laying in communal areas.	staff then sat with the patient and talked about music. patient was sat in their room ,listening to music. At 21:30 the patient was offered their meds again. A team was called and staff went in and sat with the patient in seated holds for 8 minutes rapid from 2ml Lorazepam. Neuro observations were taken and the duty doctor was informed and came and spoke to the patient. Dr brief was not given due to the patient being calm and at safest mental stage. non	Care plan followed	Visibly unwell	N/A	None (no harm caused by the incident)	Closed
GHC71886	25/06/2024	24/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was prescribed regular IM Haloperidol due to increased agitation and distressed. Patient was unable accept the IM due to agitation and distress so seated holds were utilised.	Seated restraints with XL cushion Given IM Haloperidol 1 75gh PRN IM Lora given at same time - R Thigh Resources given No pain given	Short term management plan to administer medication to alleviate symptoms Medication reviewed to ensure safe administration of medication Mental state, risks and treatment options reviewed daily	n/a		None (no harm caused by the incident)	Closed
GHC71887	25/06/2024	25/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	21 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC71891	25/06/2024	25/06/2024	In HOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		A PBM seated clinical hold was performed on a patient in their best interest, in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the ped carers how the procedure will take place and what monitoring would be used to safeguard the patient. NCA paperwork was reviewed and copies were given to the carers.	None required	None required		None (no harm caused by the incident)	Closed
GHC71919	25/06/2024	25/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward

GHC71970	26/06/2024	26/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		headbanging. x2 staff intervened and tried to verbally deescalate the situation however it was futile. PMVA was activated and Patient was put on clinical holds. patient was given IM Lorazepam 2mg. Nicola was escorted by staff later	Verbal deescalation. Inactive administration of medication. utilisation of escorted leave with the staff.	Procedure followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC71994	27/06/2024	27/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in bed interest in order to receive covid vaccination injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC71996	27/06/2024	27/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in bed interest in order to receive covid vaccination injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC71998	27/06/2024	27/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was due her prescribed NG tube feeds	She was placed in light holds. No resistance during the feeds.	Procedure followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72001	27/06/2024	27/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in bed interest in order to receive covid vaccination injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC72002	27/06/2024	27/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical seated hold on patient in bed interest in order to receive covid vaccination injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC72004	27/06/2024	27/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in bed interest in order to receive covid vaccination injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC72005	27/06/2024	27/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Trigger for incident unknown. Pt was coming from her bedroom with the bin from her bathroom, throwing the things from the bin at staff. Pt then threw the bin at staff and went to punch staff. Pt then brandished the bin and threw it at staff. She then charged at staff attempting to attack staff present. PT physically assaulted staff scratching, punching and kicking. Pt also assulted other pts (separate Datix done for this). PMVA teams were called and IM Lorazepam given. Pt was restrained in seated position by PMVA trained staff.	PMVA used and IM Lorazepam given.	none	none	None (no harm caused by the incident)	Closed
GHC72006	27/06/2024	27/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Pt was walking around corridors on the ward when a patient around turned towards another patient and yanked their hair with significant force. Staff engaged with holds and began taking them back to their room which in transit patient kicked again with intention to harm a patient who was in a wheelchair	Patient released to bedroom in safe holds and 1:1 time	none	none	None (no harm caused by the incident)	Closed
GHC72010	27/06/2024	27/06/2024	Watton Lawn- Dean Ward	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (PDO used)		A PBM clinical seated hold was performed on a patient in their best interest to administer a COVID vaccine.	It was explained to the carers how the procedure will take place and what monitoring would be to safeguard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC72019	27/06/2024	27/06/2024	Fulmen Place 1	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (PDO used)		Precautionary PBM clinical hold on patient sitting in PDO in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC72025	27/06/2024	26/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient was observed regular on hourly one-to-one observations. Patient was observed to be sitting in the corridor with increased agitation and distressed. Patient was unable accept the RA due to agitation and distress so seated holds were utilised	A planned PMVA Seated restraints with 4L cushion Given IM Haloperidol 1 Thigh PRN IM Lorazepam given at same time. 4 Thigh Nexoxorvex given Patient was observed for EPSEs and Pbcs Obs taken	Mental state and treatment plan required IM medication to be administered if and/ were not accepted due to degree of deterioration in mental state, and subsequent physical state Physical restraint advise utilised to ensure safety of intervention	Treatment plan followed	None (no harm caused by the incident)	Closed
GHC72031	27/06/2024	27/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		NG feed was initially administered with only 2 PMVA staff on light holds on both arms, using weighted blanket on legs, however service user became very resistive and was kicking out at staff. NG feed was tried to full two NG tube that needs another two PMVA staff held the legs with the cushion and one staff supporting the head. Following feed, service user remains very resistive and was tearful, verbal de-escalation attempted but service user refused to continue on holds. 1mg lorazepam tablet was given via rapid tranquillisation in a less restrictive approach. Thereafter, service user has remained more settled.		Procedure followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72037	27/06/2024	27/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		15:00 - 15:25 Patient headbanging in bedroom, PMVA holds utilised, de-escalation attempted, unsuccessful. RT administered intramuscularly. 15:30 - 15:40 - Patient headbanging in bedroom, PMVA holds utilised, de-escalation attempted, unsuccessful. RT administered intramuscularly. 20:05 - 20:25 - Patient headbanging in bedroom, PMVA holds utilised, de-escalation attempted, unsuccessful. RT administered intramuscularly.	PMVA holds utilised, RT given on two occasions. RT and neurological observations commenced and Duty Doctor informed.	Procedure followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72042	28/06/2024	27/06/2024	Patient's own home	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of harm if medical needs are not met - for podiatry.	Explained to paid carers how the procedure would take place. MCA and IR paperwork in place.	None required	None required	None (no harm caused by the incident)	Closed
GHC72044	28/06/2024	28/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was due her prescribed NG feeds	She was placed in light holds. No resistance during the feeds.	Procedure followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72048	28/06/2024	26/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		At around 21:00 Patient was seen to be headbanging at the time of the handover. x2 entered the bedroom and tried to verbally deescalate the situation however it was futile. Staff implemented clinical holds however she was resistive at the time of the holds. PMVA was called and Patient was put on clinical holds. Patient was then assessed by the Psychiatric Liaison Nurse and the Night shift was handed over about the incident and the recommendations for the Neurological examination and for the Duytie review.	Implementation of clinical Holds Neurological examination. EWO review.	Procedure followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72052	28/06/2024	27/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient started to head bang. Verbal de-escalation was futile. PMVA team called and placed in restraints. RT Promethazine injection 25mg administered. She declined to come out from her bedroom and started to head bang again around 13:50. Various staff attempted to verbally deescalate and she did not engage.	Activation of PMVA holds. verbal de-escalation. Neuro observation	Procedure followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72056	28/06/2024	28/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PMVA team called and were. Placed in holds were and PBM clinical seated hold on patient in best interest in order to receive B12 injection - in proportion to the risk of serious harm if any undetected medical conditions is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC72058	28/06/2024	28/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		PBM clinical seated hold on patient in best interest in order to receive covid vaccination injection - in proportion to the risk of serious harm if any undetected medical condition is not treated.		none required	none required	None (no harm caused by the incident)	Closed
GHC72062	28/06/2024	27/06/2024	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in best interest in order to receive covid vaccination injection - in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC72080	28/06/2024	28/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was supported with their feed by 2 members of staff.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC72084	28/06/2024	28/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		16:00 to 16:30-Service user was seen to be headbanging (back of the head) at low intensity in their bedroom with headsets on. 18:35to 18:45 - Service user was seen to be again headbanging with back of her head at bedroom with headsets on at low intensity.	16:00-16:30- Staff approached her ,attempted verbal de-escalation ,offered distraction techniques as per scription but she was not trying to stop.PMVA team was called and she was put in forearm holds, seated and leg cushion was also used.She was very resistive. IM Lorazepam 2mg IM administered (Symbol and RT.08) Duty doctor reviewed ,physical observations taken. 16:35-16:45-Attempted verbal de-escalation, offered distraction techniques,reassurance.Service user was not willing to stop.so.extra PMVA team was again called and was put in forearm holds,used leg cushion. Head was the work when the incident	followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC72088	28/06/2024	28/06/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient prescribed Depot medication. Patient was initially resistive at the point but was not refusing any information and was not cooperating with the staff. Patient was pacing around the room and unable to keep herself stable to get the Depot.	Agreed PMVA to give the Depot . Depot given under hold . Patient was calm and not resistive.	Patient requiring treatment, due to mental state unable to engage in conversation about the process. Least restrictive PMVA utilised to administer treatment No harm to patient Staff to complete PMVA care plan with patient if	n/a	None (no harm caused by the incident)	Closed
GHC72091	28/06/2024	28/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient kept the arm between the door and was pressing hard, in an attempt to harm her self .	On the door . She was pushing the door against the staff the was unwilling to engage with staff when tried to verbally de-escalate. PMVA team called and used de-escalation techniques. When she was resisting more and continuing to do the same, staff asserted her as arm holds to her bed. Held on seated holds with use of cushion 4:1 . Offered RT oral Promethazine ,which she refused.Held on holds for some time, in the was resisting . When staff left , she started to punch the wall and continued to press the door against her arm . Staff held her on holds again, RT injection haloperidol was given . IM physical observation was been started .Duty doctor was informed , unable to review as she was asleep	Patient had started EMDR that day- it is felt that this is an appropriate reaction as patient was talking about the death of her husband, that she has never done before.	N/A	None (no harm caused by the incident)	Closed
GHC72092	29/06/2024	28/06/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient came to the office asking staff to look at some bruises on their feet and leg. Staff requested the patient take their nail polish in order to better see any bruises as they could not see any. Patient began to demand that they get the emergency bag out. Staff intervened that they will if patient needed it. Patient began to shout at staff, calling staff cunts. Patient then began to throw items around the room, pulled their hair, and scratched their chest. Other staff pulled the patient off the staff member, and used restrictive holds. Patient attempted to kick and verbally assaulted staff. PMVA team was called and RT was		none	none	None (no harm caused by the incident)	Closed
GHC72093	29/06/2024	29/06/2024	Watton Lawn- Dean Ward	Watton Lawn- other onsite	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent the patient exhibiting extreme and prolonged aggressi	Unplanned	PMVA (physical intervention)	Escort		Patient asking to leave hospital at early hours of the morning in an agitated and dysregulated state. Patient kicking at the hospital doors and set off the fire alarm.	Attempts to verbally de-escalate patient unfruitful. Patient refused to leave the entrance doors after approximately an hour was assisted to move to the ward by staff in safe holds. Patient also refused PRN medication to manage agitation.	Mental state and treatment plan reviewed Patient discharged from hospital to the care of the community team.	n/a	None (no harm caused by the incident)	Closed
GHC72094	29/06/2024	28/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		against the wall in her bedroom with the back of her head. Staff suddenly intervened and attempted verbal de-escalation for around 5 minutes but it was futile. 22:10 – PMVA was activated. Patient was guided to PMVA holds. She continued to shuffle back to the wall, however, staff assured the patient using clinical holds and attempted to attempt to verbally de-escalate the patient. 22:16 – As the patient was getting more resistive and agitated, IM RT promethazine 50 mg was administered on the thigh using a leg cushion to minimise risk. The holds were slowly released as soon as the patient appeared to settle down. Patient was settled in the communal areas after the incident.	First RT non-touch observations started. Completed neurological observations. Duty doctor was informed. Dr brief given.	Process followed along with care plan	n/a	None (no harm caused by the incident)	Closed
GHC72095	29/06/2024	28/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		At around 2330hrs whilst staff were taking meds to the patient's bedroom, patient was found sat on the floor in her bedroom holding a metal object which was using to cut her neck (L-SIDE).		Process followed along with care plan	n/a	None (no harm caused by the incident)	Closed
GHC72096	29/06/2024	28/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient headbanging in room against the wall by bed. Patient supported in holds to both arms to sit on the bed. Patient sat on the pad in holds to both arms, cushion placed over legs. Pillow placed on back of neck. Patient declined oral RT medication. Staff explained they would be administering IM RT. Patient agreeable to receiving IM RT. Patient gradually released from arm holds & cushion removed from legs. Patient supported to sit in the communal area. RT observations commenced. Duty doctor called.	Patient supported to sit on the pad in holds to both arms. Patient sat on the pad in holds to both arms, cushion placed over legs. Pillow placed on back of the neck. Patient offered oral RT medication. declined. Explained they would be administering RT IM. IM RT administered to upper right thigh. Patient gradually released from holds & cushion removed from legs. Patient supported to sit in the communal area. RT observations commenced. Duty doctor called.	Followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC72100	01/07/2024	01/07/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Lawfully administer medicines or other medical treatment	Unplanned	PMVA (physical intervention)	Seated (other)		19:00 Patient was found with a scissors in her arm reopening an existing wound in her bedroom Patient declined 1:1 with staff, shouting at staff saying she wanted to die.	7:30pm Patient reopened the wound on her left arm with scissors, PMVA team called, scissors handed to staff 7:30pm Patient was using a plastic window decoration to dig deeper into the wound 7:32pm - PMVA RT Lorazepam IM 2mg R Thigh administered, wound care applied, 1:1 given 9:00pm Patient was in bathroom, using another plastic decoration to further deepen the wound. small blood vessel spurting a minor spray when patient prodded it. Pressure applied. Wound stopped actively bleeding after approx 10 mins. 9:30pm PRN Promethazine 50mg given, woundcare, cliffcare applied 9.40pm further 1:1 given and dr informed. RT non touch obs completed. 11:00pm Dr reviewed and felt clinically indicated to attend ED for suturing 00:30am - Patient attended ED to receive sutures 06:30am Patient returned to ward	Mental state, risks and management plan reviewed Long term risk of self harm identified Care plans in place to minimise harm to patient Self Harm Pathway available Patient CRD	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC72101	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		CARE PLANNED WAS FOLLWED, 1:1 AFTER FEEDS, ESCORTED FOR A WALK AND WAS DEBRIEF WHILE WALKING.	Care plan followed along with 1:1 walk with staff	n/a	None (no harm caused by the incident)	Closed
GHC72103	01/07/2024	30/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was seen to be headbanging at several episodes in total of 40 times in the late shift Patient also managed to get a key and fob of a member of the staff and was seen to be headbanging inside the store room. PMVA was activated at several occasions. Incidents of headbanging started from 15:15 and ended at 23:30	- Activation of PMVA - Verbal de-escalation EWO review Utilisation Of medication as Reactive measure. - Transfer over to GRH.	followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC72018	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		First incident: 17:43 Service user was heard headbanging inside her bedroom, staff immediately intervened. She was using back of her head against the wall in low level. Staff removed her ear pod, tried to de-escalate verbally, suggested distraction techniques however service user was not engaging. Service user carried on head banging, decision made to activate psychiatric emergency. Staff applied holds on both arms, Service user was very resistive, she was kicking. Staff waited for PMVA team to arrive which took 5 minutes to be used, Lorazepam tablet was offered but she declined. RT lorazepam 1mg was administered at right thigh. Second headbanging incident: 18:05, as soon as PMVA staff left the ward, Service user was again heard headbanging inside her bedroom, staff tried to de-escalate verbally, to no effect. Psychiatric emergency activated, medical team		followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC72021	01/07/2024	01/07/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		At around 2335hrs whilst staff were taking meds to the patient's bedroom, patient was found sat on the floor in her bedroom holding a metal object which was using to cut her neck (L-SIDE).	RA planned PMVA Seated restraints with 4L cushion Attempts to talk the patient to handover the metal object unsuccessful. Patient was placed into PMVA holds to prevent her from further harming herself. The metal object was a broken teaspoon. Patient continued to escalate, she declined oral meds and was administered IM medication.	Mental state, risk and observations reviewed Physical restraint was utilised Restrictive practice utilised to minimise risk to patient Self Harm Pathway offered	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC72223	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		to bed Staff unable to verbally redirect/de-escalate PMVA intervention required. Patient supported in holds to both arms away from the wall to sit on the pad. Holds required to both arms, cushion placed over the legs while sat on the pad.ice pack placed over back of the neck. Patient gradually released from holds to both arms & cushion removed.	Unable to verbally de-escalate. PMVA intervention required. Patient assisted in holds to both arms away from the wall to sit on the pad. Patient was in holds to both arms, cushion situated over legs. Ice pack placed over back of the neck. Holds to both arms slowly released, cushion removed from legs. Duty doctor called.	followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC72224	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient headbanging in room against the wall by bed. Patient supported in holds to both arms to sit on the pad. Patient sat on the pad in holds to both arms, cushion placed over legs. ice pack placed on back of neck. Patient declined oral RT medication. Staff explained they would be administering RT IM. IM RT administered to upper right thigh. Patient gradually released from arm holds & cushion removed from legs. Patient supported to sit in the communal area. RT observations commenced. Duty doctor called.	Patient supported to sit on the pad in holds to both arms. Patient sat on the pad in holds to both arms, cushion placed over legs. Pillow placed on back of the neck. Patient offered oral RT medication. declined. Explained they would be administering RT IM. IM RT administered to upper right thigh. Patient gradually released from holds & cushion removed from legs. Patient supported to sit in the communal area. RT observations commenced. Duty doctor called.	followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC72235	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was observed to be head banging in her bedroom.	Patient was observed to be head banging at around 10:10. Staff tried to verbally deescalate the situation however it was futile. PMVA was activated. Clinical holds were implemented. She was resistive at the time of the holds. She was offered oral medication however she declined. RT Promethazine 50 mg was given, which had good effect. Physical observation taken and News were noted as 0	followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
GHC72240	01/07/2024	01/07/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Lawfully administer medicines or other medical treatment	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was observed to be sat cross legged on her floor cutting her neck with a broken spoon.	A team was called and patient was put in holds, on the pad. RT 50 mg promethazine was administered. Neuro observations taken at in normal range. Debrief has been completed by staff.	Mental state, risks and management plan reviewed Long term risk of self harm identified Care plans in place to minimise harm to patient Self Harm Pathway available Patient CRD	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC72150	30/06/2024	30/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient started headbanging. Attempt to engage with her was futile.	RT lorazepam injection 1mg administered with little effect. Released from holds after injection was administered. Patient disengaged and she immediately started to head bang again. Still declined to engage and very resistive Placed in holds again and RT Promethazine injection 25mg administered Neurological observations started. Duty doctor informed	Process followed along with care plan	n/a	None (no harm caused by the incident)	Closed
GHC72155	30/06/2024	30/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient had NG feed administered with 2 members of staff and weighted blanket placed on patient legs when seated on POD		Process followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72168	30/06/2024	30/06/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Service user was verbally abusive,hostile and aggressive towards staff members and was resistive and asked her to stop shouting in communal area as she continued shouting and swearing.	Offered distraction techniques. She was not ready to stop therefore,she was moved to her bedroom and placed in bedroom with escorted by 2 members of staff. Offered PRN lorazepam 2mg when holds were released which she accepted.	Process followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72178	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		patient was resistive to NG feeds Patient was held in a seated holds on the pad	patient in seated holds on the pad with weighted blanket	Process followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72179	01/07/2024	01/07/2024	Watton Lawn- Greyfriars PDO	Watton Lawn- Greyfriars PDO	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient had been verbally agitated throughout the morning, behaviours escalated and patient attempted to hit out at staff nurse.	Verbal de-escalation attempted, PMVA holds used and patient refused medication however accepted IM medication, as per their request as they prefer IM medication and will accept this willingly. PBS plan reviewed. Medication review.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHC72189	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		patient was observed to be head banging in their room.	A team was called and patient was put in holds, on the pad. RT 50 mg promethazine was administered. Neuro observations taken at in normal range. Debrief has been completed by staff.	Process followed along with care plan	N/A	None (no harm caused by the incident)	Closed
GHC72195	01/07/2024	01/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Other LD Unit- non-GHC	In HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in best interest in order to receive B12 injection - in proportion to the risk of serious harm if any undetected medical conditions is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC72210	01/07/2024	01/07/2024	22 Ingatestone - Berkeley House	22 transport / SHC car	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PBM (physical intervention)	Seated (other)		Patient was unassisted during personal care. He was banging on the walls, the door and slamming the door against the radiator. Patient asked his clothes in between the banging. He was also heard to be throwing items at staff. Staff managed to redirect him and eventually completed his shower routine. Patient had his breakfast, smearing half

DATC1553	04/07/2024	04/07/2024	10	IHDT	Other LD Unit- non-DHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Unlikely - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Twoperson Seated clinical holds provided in order for IM injection to be safely administered.		None required	None required	None (no harm caused by the incident)	Closed
DATC1554	04/07/2024	04/07/2024	10	Montpellier Low Secure Unit	Montpellier Low Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient was in their own room as it is assumed regarding harm. The patient suddenly stood up and lunged for a male member of staff, grabbed him in a head lock and started punching him in the head. Patient was immediately restrained to the floor in the supine position however continued to hold the male member of staff in a headlock. Breakaway techniques were implemented in order to release the member of staff.	Patient was in the supine position for a short period of time. Patient was then placed in a seated position with their head held forward. Patient was then escorted to their room.	Further management support Care team meeting	Importance of formulation	None (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATC1555	04/07/2024	04/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was attempting to leave the ward and when staff intervene to verbally de-escalate she became physically and verbally aggressive. Grabbing on staff arms and not observing personal boundaries. She started to shout at the top of her voice and was not easily redirectable.	Staff attempted to verbally de-escalate patient with no success. Staff aided for a PMVA team and managed to get the patient to her room.	Mental state and behaviour at time of incident warranted treatment, patient unable to engage coherently with staff to discuss options Restrictive practice required to maintain safety of others Patient responded quickly to treatment, no longer risk to self or others	N/A	None (no harm caused by the incident)	Closed
DATC1556	04/07/2024	04/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		09:15 - 09:25 - Patient headbanging. 09:25 - 09:35 - Psychiatric emergency called, PMVA holds used, RT administered intramuscularly.		Followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DATC1586	04/07/2024	04/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient's nasogastric feed was administered this morning. Two members of staff utilised PMVA holds as the nasogastric feed was administered.		Followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DATC1575	04/07/2024	04/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was restrive to NG feed, restrained in the POD, with 2 members of staff.		Staff restrained patient whilst having NG FEED.	Followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DATC1580	05/07/2024	05/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		At 16:30 patient was heard banging her head in the room. Staff promptly went to support the patient. Seen patient banging back of her against bedroom wall whilst listening to music and vaping. At 16:30 patient resumed low level headbanging using back of her head.		First head banging : Staff followed care plan. Use can and , ice pack , offered PRN , pen and paper to write down her feeling , suggested distraction techniques to use instead. She was not verbal during the incident. Called PMVA assistance , seated the patient on pod and put her on holds, verbally de-escalated and released the holds. She was offered 1:1 and medications multiple times before leaving the room which she refused. Second head banging : Staff on the ward again tried to verbally engage however she did not respond to verbally. She was offered oral RT which she refused therefore given RT IM. Physical observation post RT started.	Followed policy and procedure	N/A	None (no harm caused by the incident)	Closed
DATC1588	05/07/2024	05/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient resistive to as prescribed NG feed		Staff in the ward area were made aware of the NG feed prior to starting staff. Patient administered as prescribed morning medication. Patient facilitated 1:1 assorted leave (1 hour) as care	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1604	05/07/2024	05/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was head banging with fore head against the bathroom door in moderate to high intensity.		Staff intervened immediately. Staff removed her one ear buds. Attempt to de-escalate verbally, suggested distraction techniques however service user was not engaging. Service user continued head banging. decision made to activate psychiatric emergency, staff utilised holds as both arms, service user was very resistive, was seated on pod and a cushion was used. Ice packs was also offered however service user refused to engage. Declined Rapid tranquilisation 2mg promethazine was administered through IM at right leg @1914 Physical observation post RT is ongoing Neurological observation post headbanging was completed Reviewed by doctor on duty. Debrief done.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1605	05/07/2024	05/07/2024	10	IHDT	Other LD Unit- non-DHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Unlikely - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in best interest in order to receive B12 injection - in proportion to the risk of serious harm if any undetected medical condition is not treated.			none required	none required	None (no harm caused by the incident)	Closed
DATC1674	07/07/2024	06/07/2024	10	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient left the ward whilst the PM staff was leaving the ward. The staff put her on holds - PMVA team called.		Ella on the at the, Tuesday on Tuesday. PMVA team were called to put her on holds. Offered 1:1 which was given to her where she escorted to return to the ward. Duty Doctor informed.	Mental state, risks and management plan reviewed Trigger identified Restrictive intervention required to prevent detained patient leaving the ward and subsequently causing harm to self	n/a	None (no harm caused by the incident)	Closed
DATC1686	07/07/2024	07/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient found headbanging in room. Patient declined redirection/ de-escalation. PMVA intervention, patient supported in holds to both arms to sit on the pod. Patient sat on the pod supported in holds to both arms and cushion placed over legs. Ice pack placed over back of the neck. RT oral medication offered, patient declined. Patient informed RT IM medication would be administered. RT medication delivered to right upper thigh. Holds released soon after. Patient supported to the communal area.	Patient found headbanging in room. Patient offered & declined redirected/ de-escalation. PMVA intervention, patient assisted in holds to both arms to sit on the pod. Patient sat on the pod supported in holds to both arms and cushion placed over legs. Ice pack placed on back of the neck. RT oral medication offered, patient declined. Patient informed RT IM medication would be administered. RT medication delivered to right upper thigh. Holds released soon after. Patient supported to the communal area.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1626	05/07/2024	05/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT IS DUE FOR FEEDS, CALLED PLANNED PMVA. PATIENT BECAME RESISTIVE TO BEING SEATED ON POD AND A WEIGHTED BLANKET WAS USED. NO RESISTANCE DURING THE PROCEDURE.	CARE PLAN FOLLOWS. 1:1 POST FEED. PATIENT WAS ESCORTED FOR A WALK, DEBRIEF WHEZ WALKING.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1628	05/07/2024	05/07/2024	10	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Clinical hold (seated)		The patient was assisting her nurse to go to the communals to collect her medication. The patient was scrapping her nurse on the communals try to come out from her room to the communals. Staff attempted to use the wheelchair which PBM was used where 1 staff hold her by the hand and take her back to her room from. 1 staff hold her by the left hand and another staff hold her by the right hand. The patient was very aggressive and abdomen to go inside her room and was verbally abusive toward the staff and want to try to kill them. The patient was escorted to her room and was initially 1:1 settled but still refused to dress up. Sustain bruise about 2cm on her lower right hand. Informed Duty Dr and informed us that no further interventions is needed to be taken up and to inform the duty Dr if any increase on the size of the bruise. Informed the nurse in charge and the nurse will inform the MDT.	Try to de-escalate the patient by talking to her and times, pro medication were utilized as well with the advised of the Consultant Dr. A small TV was placed in her room as she demand to watch TV but still refused it by saying that she wants to watch on the TV in the communal area naked and sits on the sofa.	All actions at the time of incident were correct, everyone included in her care were informed including family. Fully discussed at MDT and medications reviewed and plans put in place if the incidents continued. The now is continuing to improve.	None needed as all actions correct.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATC1629	06/07/2024	06/07/2024	10	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was in the communal areas with peers when she start banging her hands, scratching herself and that she started bubbles both oral and going to pull someone. Patient was cursing and swearing	07:20 - Upon reaching the ward entrance, the patient had an outburst, however, entered the ward without further incidents. Considering the previous incidents during the day, time and continued restless behaviour, Chat IR prognostic ting and Lorazepam 2mg tablets were administered with good effect. Repeat RT non-touch observations started. Duty doctor was informed. Debrief given.	None	None	None (no harm caused by the incident)	Closed
DATC1635	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed. Staff provided feeds on hold. Used pod and weighted blanket. Patient was resistive, was put on right holds and engaged with the patient to distract with good effect. 1:1 after the feed. Debrief provided.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1638	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 03 members of staff.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1643	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient observed to be head banging (screaming) by nursing staff. Verbal de-escalation employed to little effect.	Patient was initially supported into seated PMVA holds in the communal area. Patient was then escorted to their room and was supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head. Patient was then supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1654	08/07/2024	08/07/2024	10	Watton Lawn-Dean Ward	Watton Lawn-other outside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Escort		Patient went off the ward as she was angry due to her room being searched. Patient was stood at the top of horton road, standing there with no shoes. Patient remained there. Staff went to de-escalate and prompt her to to return to the ward Patient did not want to engage with staff and did not want to return to the ward. It was raining heavily and patient was not wearing shoes Patient started to walk away from staff, crossing the road. Patient continued to attempt to get away from staff, continuing to keep crossing the road, and went into the graveyard on horton road Patient would at times refuse to walk back onto the pavement Police were called Patient placed on arm holds and escorted back to the ward Patient initially resisted the holds when outside, as attempting back to the ward, agreed, was de-escalated and walked back to the ward with staff.	Patient returned to the ward Staff ask with patient and attempted to de-escalate	Mental state, risks and management plan reviewed Trigger for incident identified Patient to engage in care plan review	n/a	None (no harm caused by the incident)	Closed
DATC1557	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient in her room, was banging her head against the bedroom, staff immediately intervened, she was using her forehead against the window in moderate level. Staff removed her ear pod and tried to de-escalate, encouraged her to do distraction techniques, told her that if she continued to engage in this way we will be engaging. She continued to head bang. decision made to activate psychiatric emergency, staff utilised holds on both arms, service user was very resistive, was seated on pod and a cushion was used. Ice packs was also offered however service user refused to engage. Declined Rapid tranquilisation 2mg promethazine was administered through IM at right leg @1914 Physical observation post RT is ongoing Neurological observation post headbanging was completed Reviewed by doctor on duty. Debrief done.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1558	08/07/2024	08/07/2024	10	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Seated (other)		Patient walked naked agitated, aggressive, given Lorazepam 1mg IM using PBM	Given IM lorazepam using PBM	The correct action taken at time of incident. The patient had been fully discussed with the consultant. Patient was monitored as per procedure after PBM was administered.	None needed.	None (no harm caused by the incident)	Closed
DATC1563	09/07/2024	09/07/2024	10	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		Patient A was unsettled from the time handover finished at 21:30. He was posing constantly in communal areas, shouting at staff and patients and invading staff personal space. De-escalation techniques was used including redirecting him to his room but he kept coming back and racially abusing staff. He verbalised " I in the morning there was more than 7 staff and now you are only three, what can you do to me"!.	De escalation techniques was used including redirecting him to his room but he kept coming back and racially abusing staff. He verbalised " I in the morning there was more than 7 staff and now you are only three, what can you do to me"!. He was positive ,PMVA team used pod and cushion to restrain the patient. Staff followed care plan however failed therefore administered RT injection. Patient was given 10mg of Abilify tablet. RT and neuro observation started. DMO was present. RT promethazine 50 mg was given as per DMO's. After RT and Neuro neuro observation and RT observation. Debrief incident Verbal de-escalation PMVA arm holds Patient observed to headbanging in room. Patient declined to engage in redirected/de-escalation. PMVA intervention required. Patient supported off bed in holds to both arms to sit on the pod. Patient supported in holds to both arms and cushion placed over legs. Ice pack placed over back of the neck. Patient declined the offer of RT oral medication. Patient informed RT IM would be administered to the right upper thigh. Holds released soon after.	Patient was initially supported into seated PMVA holds in the communal area. Patient was then escorted to their room and was supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head. Patient was then supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1629	08/07/2024	08/07/2024	10	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was in the communal areas with peers when she start banging her hands, scratching herself and that she started bubbles both oral and going to pull someone. Patient was cursing and swearing	07:20 - Upon reaching the ward entrance, the patient had an outburst, however, entered the ward without further incidents. Considering the previous incidents during the day, time and continued restless behaviour, Chat IR prognostic ting and Lorazepam 2mg tablets were administered with good effect. Repeat RT non-touch observations started. Duty doctor was informed. Debrief given.	None	None	None (no harm caused by the incident)	Closed
DATC1634	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		The staff fixed on to the patient's right hand to pull her away from the door in order to prevent her from hit by the art.	The staff member who initially followed the patient to the communal area attempted to use the wheelchair but the patient was the train tracks. The patient attempted to jump in front of a moving car but the staff member managed to pull her back to prevent her from getting hit by the car. The patient was very violent and tried to push away the staff member to run off. After several minutes of verbal de-escalation patient, patient turned back and started walking in the direction of the hospital, however, did not respond verbally. Two other staff members joined halfway, near the roundabout by the garage, supported the patient to be escorted back to the hospital.	Policy and procedure followed	N/A	None (no harm caused by the incident)	Closed
DATC1635	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed. Staff provided feeds on hold. Used pod and weighted blanket. Patient was resistive, was put on right holds and engaged with the patient to distract with good effect. 1:1 after the feed. Debrief provided.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1638	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 03 members of staff.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1643	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient observed to be head banging (screaming) by nursing staff. Verbal de-escalation employed to little effect.	Patient was initially supported into seated PMVA holds in the communal area. Patient was then escorted to their room and was supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head. Patient was then supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1654	08/07/2024	08/07/2024	10	Watton Lawn-Dean Ward	Watton Lawn-other outside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Escort		Patient went off the ward as she was angry due to her room being searched. Patient was stood at the top of horton road, standing there with no shoes. Patient remained there. Staff went to de-escalate and prompt her to to return to the ward Patient did not want to engage with staff and did not want to return to the ward. It was raining heavily and patient was not wearing shoes Patient started to walk away from staff, crossing the road. Patient continued to attempt to get away from staff, continuing to keep crossing the road, and went into the graveyard on horton road Patient would at times refuse to walk back onto the pavement Police were called Patient placed on arm holds and escorted back to the ward Patient initially resisted the holds when outside, as attempting back to the ward, agreed, was de-escalated and walked back to the ward with staff.	Patient returned to the ward Staff ask with patient and attempted to de-escalate	Mental state, risks and management plan reviewed Trigger for incident identified Patient to engage in care plan review	n/a	None (no harm caused by the incident)	Closed
DATC1557	08/07/2024	08/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient in her room, was banging her head against the bedroom, staff immediately intervened, she was using her forehead against the window in moderate level. Staff removed her ear pod and tried to de-escalate, encouraged her to do distraction techniques, told her that if she continued to engage in this way we will be engaging. She continued to head bang. decision made to activate psychiatric emergency, staff utilised holds on both arms, service user was very resistive, was seated on pod and a cushion was used. Ice packs was also offered however service user refused to engage. Declined Rapid tranquilisation 2mg promethazine was administered through IM at right leg @1914 Physical observation post RT is ongoing Neurological observation post headbanging was completed Reviewed by doctor on duty. Debrief done.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1558	08/07/2024	08/07/2024	10	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Seated (other)		Patient walked naked agitated, aggressive, given Lorazepam 1mg IM using PBM	Given IM lorazepam using PBM	The correct action taken at time of incident. The patient had been fully discussed with the consultant. Patient was monitored as per procedure after PBM was administered.	None needed.	None (no harm caused by the incident)	Closed
DATC1563	09/07/2024	09/07/2024	10	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		Patient A was unsettled from the time handover finished at 21:30. He was posing constantly in communal areas, shouting at staff and patients and invading staff personal space. De-escalation techniques was used including redirecting him to his room but he kept coming back and racially abusing staff. He verbalised " I in the morning there was more than 7 staff and now you are only three, what can you do to me"!.	De escalation techniques was used including redirecting him to his room but he kept coming back and racially abusing staff. He verbalised " I in the morning there was more than 7 staff and now you are only three, what can you do to me"!. He was positive ,PMVA team used pod and cushion to restrain the patient. Staff followed care plan however failed therefore administered RT injection. Patient was given 10mg of Abilify tablet. RT and neuro observation started. DMO was present. RT promethazine 50 mg was given as per DMO's. After RT and Neuro neuro observation and RT observation. Debrief incident Verbal de-escalation PMVA arm holds Patient observed to headbanging in room. Patient declined to engage in redirected/de-escalation. PMVA intervention required. Patient supported off bed in holds to both arms to sit on the pod. Patient supported in holds to both arms and cushion placed over legs. Ice pack placed over back of the neck. Patient declined the offer of RT oral medication. Patient informed RT IM would be administered to the right upper thigh. Holds released soon after.	Patient was initially supported into seated PMVA holds in the communal area. Patient was then escorted to their room and was supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head. Patient was then supported into seated PMVA holds to sit on the pod. Patient was then supported into seated PMVA holds with a cushion placed over legs. Patient was then supported to lie down on the pod with a cushion placed on the head.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1567	09/07/2024	08/07/2024	10	IHDT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Unlikely - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		none required	none required	None (no harm caused by the incident)	Closed
DATC1568	09/07/2024	09/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient's nasogastric feed was administered this morning. Two members of staff utilised PMVA holds as the nasogastric feed was administered. Patient did not appear agitated or distressed and they engaged		Care plan followed and facilitated walk/1:1 as per plan.	N/A	None (no harm caused by the incident)	Closed
DATC1571	09/07/2024	09/07/2024	10	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Standing		Patient became increasingly hostile and agitated in communal areas, verbally abusive towards several staff members. This centred around being told to wear appropriate clothing while in communal areas, and not wearing pyjamas. Patient was encouraged to used her phone to record and also take note staff members names and incidents and was warned about the consequences being the phone will be removed. Patient continued to verbally abuse staff members and entering their personal space and PMVA restrictive exam was utilised to return to their bedroom.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
DATC1576	09/07/2024	09/07/2024	10	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient became increasingly hostile and agitated in communal areas, paranoid and delusional speech towards staff members. This centred around communal areas, at this point no PBS was available to offer. Patient then sat on kitchen table while 2 x members of the estates team came to fix a light in the cupboard in the kitchen. Patient was asked to get off the table and was escorted to her room. Patient then left room the estates members of staff of wanting him to fix. Patient then went to walk past the 2 x members of estates and shoved one of them on the arm. This was not with significant force, but enough for that the members of estates was startled. This was also witnessed. Staff then proceed police to PMVA standing, but the patient refused to return to his bedroom. Patient continued to attempt to leave her bedroom and was redirected on several occasions back into her bedroom.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DATC1586	09/07/2024	09/07/2024	10	IHDT	Other LD Unit- non-DHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Unlikely - administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Pbm clinical seated hold on a patient for blood test in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the pod carers, how the procedure will take place and what monitoring would be used to safe guard the patient. MCA paper work was completed and signed by the consultant.	none required	none required	None (no harm caused by the incident)	Closed
DATC1590	09/07/2024	09/07/2024	10	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was constantly going banging head against kitchen and over eating. When staff try to stop this she attempted to assault the staff. Offered PRN which she refused to take. She was up and down in the communal area pushing the wall.	Staff planned a PMVA. Given IM 2mg Lorazepam was administered under the hold	Patient was brought to ward assisted PMVA holds to sit on the pod with use of weighted blanket (2 x nursing staff). Patient administered as prescribed NG feed via holds (2 x 1:1 with staff). Patient was released patient administered usual as prescribed medications. Patient facilitated 1 hour 1:1 inclusive of escorted	None	None	None (no harm caused by the incident)	Closed
DATC1595	09/07/2024	09/07/2024	10	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient became hostile at the dinner table and was unable to allow other patients to eat their food without interrupting or taking their food away, patient was observed banging on the table and unwilling to take verbal redirection or support from staff members. Patient was also observed to spit at other patients fearful and upset. Patient was also voicing aloud that the food was poisoned and shouting at peers not to eat it. Patient was placed in holds and escorted to her bedroom. Following this patient continued to attempt to leave her bedroom and was redirected on several occasions back into her bedroom.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
DATC1596	09/07/2024	09/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was observed to be headbanging and swearing at staff. Patient also pushed peer and where staff intervened she became verbally aggressive towards staff.	Staff attempted to verbally de-escalate patient with minimal effect. Rapid tranquilisation administered to good effect.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATC1606	09/07/2024	09/07/2024	10	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		Patient heard to be head banging. Verbal de-escalation and reassurance employed to little effect. Patient resistive towards nursing staff and intermittent efforts to head bang due to dream about loss of pet.	Patient supported to seated PMVA holds in pod with use of PMVA cushion on lap. Patient declined oral RT Lorazepam 2 mg.

DATE7675	11/07/2024	16/07/2024	0	IHDT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent a patient causing serious physical injury to themselves in	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in her best interest to check her hand by Consultant in proportion to the risk of serious harm if undetected medical conditions is not treated.		It was explained to the Consultant, ipod carers how the procedure will take place and what monitoring would be used to safe guard the patient.	none required	none required		None (no harm caused by the incident)	Closed
DATE7680	11/07/2024	11/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Poutine was due for her nasa gastric tube feeding.		She had her feeds on light holds with 2 staff on arms. Pad and cushion was used. had her prescribed medicines after the food and escorted walk with staff . 1:1 continued for one hour post feed.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7681	11/07/2024	16/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for her nasa gastric tube feeding.		She had her feeds on light holds with 2 staff on arms. Pad and cushion was used. had her prescribed medicines after the food and escorted walk with staff . 1:1 continued for one hour post feed.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7688	11/07/2024	09/07/2024	0	IHDT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected condition is not treated.			none required	none required		None (no harm caused by the incident)	Closed
DATE7690	11/07/2024	11/07/2024	0	IHDT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to safely take bloods			None required - routine planned intervention	None required - routine planned intervention		None (no harm caused by the incident)	Closed
DATE7693	11/07/2024	11/07/2024	0	IHDT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Plan clinical seated for blood test in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		It was explained to the ipod carers, how the procedure will take place and what monitoring would be used to safe guard the patient.	none required	none required		None (no harm caused by the incident)	Closed
DATE7711	11/07/2024	11/07/2024	0	IHDT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated. Patient was seated on a chair in the communal area during a visit from community podiatry clinician - in proportion to the risk of serious harm if my undetected medical condition is not treated.			none required	none required		None (no harm caused by the incident)	Closed
DATE7713	11/07/2024	11/07/2024	0	IHDT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to take bloods safely.			None required - routine planned work	None required - routine planned work		None (no harm caused by the incident)	Closed
DATE7719	11/07/2024	11/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient in the communal area and was observed banging the wall with the back of their head in her bedroom. Staff intervened and attempted to verbally de-escalate. The patient was put on PMVA holds to prevent them from headbanging. A leg cushion was utilised to stop the patient from shuffling back to the wall. Staff attempted to verbally de-escalate the patient, however, the patient was very resistive and tried to push the staff away.		17:00 - RT IM promethazine 50 mg was administered on PMVA as the patient refused the oral tablets. Post RT physical observations and neurological observations were completed. Debrief given. 1:1 and reassurance.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7725	11/07/2024	14/07/2024	0	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (other)		Staff entered the patients bedroom to see if they required assistance. Observed the Nonexistent session that was due to take place. Patient was found in their bedroom with Telephone Charger and was using it to cut into and dig into the		Staff removed the charger and tried to get the Management. Incident Patient offered Self-harm Pathway. CNS	Mental state and treatment plan reviewed	N/A		Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
DATE7736	11/07/2024	11/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (other)		patient heard to be headbanging in room.		PMVA and RT relocated to communal area.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7737	11/07/2024	11/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient's nasogastric feed was administered this PMVA was required for administration of NG feed. Patient was not appear agitated or distressed and they engaged in conversation throughout.			Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7743	12/07/2024	12/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PMVA required for administration of NG feed.		POD and weighted blanket used.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7757	12/07/2024	12/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (other)		patient was heard headbanging in room		PMVA used RT administered 1:1 following	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7765	12/07/2024	12/07/2024	0	IHDT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in her best interest in proportion to the risk of serious harm if any undetected medical condition is not treated.			none required	none required		None (no harm caused by the incident)	Closed
DATE7776	12/07/2024	12/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for her nasa gastric tube feeding.		She was held on light holds with 2 staff on arm hds. She was held on pads with weighted blanket . care plan followed. 1:1 continued for one hour .	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7780	12/07/2024	12/07/2024	0	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		Patient became increasingly agitated and aggressive and was observed banging head against wall and throwing stuff at staff. Staff intervened and staff should better watch out later. At about 13.57hrs, physically put on holds raised their legs up then bought back to female lounge. Patient was put on the pad with leg cushion. Whilst on hold administered depot on left thigh and RT lorazepam.		none	none		None (no harm caused by the incident)	Closed
DATE7796	13/07/2024	13/07/2024	0	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent the patient exhibiting extreme and prolonged over-	Unplanned	PMVA (physical intervention)	Seated (other)		Pt absconded from the ward to the main entrance.		PMVA team called and moved back to the ward in primary holds with 2 female staff.	none	none		None (no harm caused by the incident)	Closed
DATE7797	13/07/2024	13/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		PATIENT IS DUE FOR FEEDS, CALLED PLANNED PMVA TEAM ATTENDED LIGHT HOLDS, PATIENT WAS SEATED ON POD AND WEIGHTED BLANKET WAS USED.		DUE PLAN FOLLOWED, 1:1 AFTER FEEDS, SHE WAS SETTLED FOR A WHILE, WAS DOBBOT WHILE SEATED.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7805	13/07/2024	13/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (other)		patient heard to be headbanging in room.		PMVA holds RT admin RT given DMO aware Debrief, do to be taken	care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7882	13/07/2024	13/07/2024	0	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Supine (face up)		Patient was given AVI riaxpenzid in mier best interests as PRN/alternative to regular oral dose on instruction of DMO. Unable to safely give, as he was unable to follow instructions and was agitated and distressed. PMVA holds used to facilitate medication administration. Patient was resistive and was kicking/hitting out, pulled at an PCA, causing pain to her shoulder (separate data completed). 2 members not bite, spat or grabbed in medication administration.	Medication administered, no injury caused to the patient. No benefit/change in presentation, appears driven by pain and distress. further conversations with DMO re concerns.	Patient required AVI medication as a means of managing behaviours and reduce level of distress. Staff sought to use least restrictive options, however patient physically unable to accept oral medications, therefore IM plan developed with meds in patients best interests.	Staff acted in patient best interests in proceeding with medication via IM, with no viable alternative available.		None (no harm caused by the incident)	Closed
DATE7885	13/07/2024	13/07/2024	0	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Supine (face up)	Patient sat on the floor with legs extended and restrained with a leg cushion. Patients holds on both sides.	Patient was given AVI riaxpenzid in mier best interests as PRN/alternative to regular oral dose on instruction of DMO. Unable to safely give, as he was unable to follow instructions and was agitated and distressed. PMVA holds used to facilitate medication administration. Patient was resistive and was kicking/hitting out, pulled at an PCA, causing pain to her shoulder (separate data completed). 2 members not bite, spat or grabbed in medication administration. 1st at 19:00, PMVA holds used to give AVI riaxpenzid as PRN medication on instruction of DMO, with plan to make this TDS regular. Patient unable to accept oral medication, suffering from Delirium Tremens, agitated and poses a risk to others. Supine restraint on bed. No harm to patient or staff during restraint. 2nd at 12:30, PMVA holds used to administer AVI riaxpenzid as PRN medication on instruction of on call consultant, GRH medical registrar and DMO, with aim of calming enough to accept oral antibiotics and pain relief, before transfer to GRH used be	Good effect from 2nd restraint/AVI, no effect from 1st, now sleeping on bed. Staff remain with patient to monitor physical health/wellbeing. Ongoing discussions with DMO.	Staff sought to approach this administration in least restrictive manner, patient required medication due to risk of harm to others and unable to consent to administer via IM. Holds attained and wears, prescribed accordingly. Staff remained with patient post administration and observations recorded.	Staff managed situation in line with least restrictive principles, administered medication as per plan and under MDT.		None (no harm caused by the incident)	Closed
DATE7893	13/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.			Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7916	13/07/2024	13/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (POD used)		Service user was seen to be headbanging in her bedroom at around 16.35 with back of her head at low intensity with earpads on.		bed she was not ready to stop .Lo-carpid removed as per care plan. 16:45-16:55 - PMVA team was called and she was put in holds,seated pad and leg cushion was used. She was very resistive. 17:00 - RT lorazepam 2mg was administered on the right thigh at 17:02. PMVA holds were released. Debrief given RT obs.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7919	13/07/2024	13/07/2024	0	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Planned	PMVA (physical intervention)	Seated (other)		18:00 Patient remained seated with head in hands. Offered drooping 18:50 Headbanging in bedroom. Tried to de-escalate, patient was not engaging. PMVA called and RT		Mental state and risk reassessed Engaging in Self-Harm Pathway CNS	N/A			Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
DATE7923	14/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was observed in the communal area shouting at staff. Patient then started pacing in in staffs personal space saying that staff stole her fab. Patient was verbally abusive towards staffs. Staffs escorted patient to her bedroom using precautionary holds.			Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7924	14/07/2024	14/07/2024	0	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal area sitting quietly and being verbally abusive towards staffs. Patient was talking inappropriately towards the other patients. Staffs attempted to verbally de-escalate the patient 2 to hold, off. Staffs requested her to go and spend some time in her bedroom, she refused and started to escalate more. She then started calling staffs members wankers, and different abusive names. Staffs attempted to verbally de-escalate and hold, She then started to kick her bedroom doors. Staffs offered medication, however refused. RT did not administered as her blood pressure were low.		Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.		None (no harm caused by the incident)	Closed
DATE7929	14/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.			Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7852	14/07/2024	15/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	12 - Prevent a patient causing serious physical injury to themselves by	Unplanned	PMVA (physical intervention)	Standing		Patient reported to staff that she is going to courtyard and tail gated the sliding door when visitors using the door and left the hospital by intentionally absconding. Staff intervened, attempted and found her heading towards Harton road ,she from there went to Armscroft park ,Barnwood road ,Dormers road with staff and when patient reached near to hospital ground she trespassed the graveyard and tried to	Verbal de-escalation. Whilst walking staff suggested distraction techniques She was placed under arm holds when she tried to Police were called. Psychiatric emergency was called. Seal hospital vehicle and brought her back to the ward.	Policy and procedure followed	N/A		None (no harm caused by the incident)	Closed
DATE7854	14/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.		POD and weighted blanket used.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7859	14/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (other)		on 16:00 checks patient was seen banging back of head white staff doing hourly checks. -Low level banging using back of her head whilst roaring. Staff tried to de-escalate the patient, patient did not respond to verbal de-escalation. -Ice pack and crisis escalator used. Staff suggested distraction techniques with no effect. Staff put folded towel behind her head which she pushed away. Offered PRN medication ,no response received from the patient. Plan made to administer RT , team was called and put her on holds. She was resistive when she was on holds. She did not respond when staff offered RT tablets. Therefore administer RT IM Post RT observation taken. DMO reviewed.			Care plan followed	N/A			Closed
DATE7861	14/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		on 16:00 checks patient was seen banging back of head white staff doing hourly checks. -Low level banging using back of her head whilst roaring. Staff tried to de-escalate the patient, patient did not respond to verbal de-escalation. -Ice pack and crisis escalator used. Staff suggested distraction techniques with no effect. Staff put folded towel behind her head which she pushed away. Offered PRN medication ,no response received from the patient. Plan made to administer RT , team was called and put her on holds. She was resistive when she was on holds. She did not respond when staff offered RT tablets. Therefore administer RT IM Post RT observation taken. DMO reviewed.			Care plan followed	N/A			Closed
DATE7863	14/07/2024	14/07/2024	0	1:1 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		patient attempted to break and damage toy room door in his flat, presenting as aggressive in mood, physical intervention was use to redirect him, his were put into the toy room and locked.	physical intervention was used to redirect him away from the door using figure four hold, patient attacks staffs causing injury to three member of staffs		Due to a historical behaviour of staff being Disabilities, complex needs and challenging behaviour Physical interventions and breakaaway and are Breakaaway, proxemics and are even seen by a Qualified Nurse. Care plans, risk assessments and prescribed physical interventions reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis	This is an historical behaviour for this individual, the environment including fixtures and fittings are made as robust as possible, however the individual still manages to damage property. This individual has the capacity to understand the impact of his behaviours that may present as challenging, they have capacity in this instance. Staff will only physically intervene as a last resort, as this may exacerbate the situation increasing the risk of harm to the patient a		None (no harm caused by the incident)	Closed
DATE7864	15/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	12 - Prevent a patient causing serious physical injury to themselves by	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient was headbanging in her bedroom. Initial verbal de-escalation was successful as she started to engage, had a long chat with staff as she explained the trigger for her current headbanging. The incident reviewed her post-incident headbanging with staff and agreed to engage with staff to engage again if and started to head bang. Attempt to engage with	PMVA team called and put in arm holds. Verbally deescalated and she appeared to have calmed down. She started again immediately she was released from holds. RT Promethazine IM 25mg administered. Neurological and post RT observation started	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7867	15/07/2024	14/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by	Unplanned	PMVA (physical intervention)	Non-standard hold	Patient sat on the floor with legs extended and restrained with a leg cushion. Patients holds on both sides.	17:00 - Staff overheard and then observed headbanging in patient's bedroom (using the back of her head against her bedroom wall). Staff entered her bedroom and attempted verbal communication and de-escalation.Staff tried different replacement strategies/distraction techniques, however patient became resistive. 18:20-Staff called for support from PMVA trained members of staff. Staff put patient on PMVA holds and further tried to communicate with patient, which was futile. 18:25-Patient was placed on the floor. 18:53-Administered RT lorazepam 2 mg into her right lateral thigh Patient released from holds shortly after administration. Offered patient walk to front of the hospital , which she accepted. Physiological and neurological observation done.	Patient became very resistive. Staff used forearm holds to bring her up on her feet, but the patient tried to put herself on the floor and continued to push the staff away. The patient was made to sit on the floor with two staff on her arms and a leg cushion was used to keep the leg still. RT Lorazepam IM 2mg was administered on the right thigh at 18:02. PMVA holds were released. Patient walked back to the ward without holds. Post RT physical and neurological observations were completed. Debrief given. Provided 1:1 and reassurance.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7868	15/07/2024	15/07/2024	0	IHDT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold for blood test in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		It was explained to the ipod carer, how the procedure will take place and what monitoring would be used to safe guard the patient. NOK paperwork was given and ipod carer given a copy.	None required	None required		None (no harm caused by the incident)	Closed
DATE7885	15/07/2024	15/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (other)		patient heard headbanging in room		RT IM 1:1 Debrief and neuro obs done taken	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7898	15/07/2024	15/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient A restrained to administer NG feed		Feed administered safely	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7907	16/07/2024	16/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (other)		During 22:00 check patient was seen banging her forehead against bedroom wall. Staff tried to verbally de-escalate however patient did not respond verbally or non-verbally. Staff followed care plan, she was offered PRN medications . Used ice pack and crisis escalator with no effect. PMVA team was called ,staff put on holds and attempted verbal de-escalation with effect. Used PMVA holds from 22:16 to 22:20,Noted moderate resistance during PMVA holds. Decision made to administer RT . She was offered oral tablets which she refused therefore administered IM promethazine 50 mg . RT and neuro observation taken. Debrief provided. At 23:25 patient resumed low level head banged in her bedroom against bedroom wall. Banged back of her head for approximately 15 seconds. Staff were able to contain de-escalate the patient.			Care plan followed	N/A			Closed
DATE7908	16/07/2024	15/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious, intentional harm to themselves in	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was seen banging her head against bedroom wall. Staff followed care plan such as verbal de-escalation ,usage of crisis escalator ,ice pack and tried to de-escalate with no effect. Called psychiatric emergency and put her on holds. She was offered tablet RT which she did not accept therefore administered RT injection . RT and neuro observation commenced and handed over to night shift staff. Debrief provided.			Care plan followed	N/A			Closed
DATE7914	16/07/2024	16/07/2024	0	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva holds for administration of NG feed.	Iced and weighted blanket used	Care plan followed along with 1:1 walk with staff	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATE7915	16/07/2024	16/07/2024	0	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Unplanned	PBM (physical intervention)	Escort		Patient was observed banging her head against bedroom wall. Staff intervened and attempted verbal de-escalation. Patient was placed on PBM holds to prevent further head banging. Patient was resistive during the holds. Patient was observed to be

GHC79138	20/07/2024	20/07/2024	Watton Lawn- Deer Ward	Watton Lawn- Deer Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing			Patient was in toilet, when staff did the observation. Staff went into check the patient. Patient mentioned that she is utilising toilet and will come out soon. Staff checked the patient again after 5 minutes. Patient was not responding to staff and was observed standing near sink. Staff engaged in conversation but patient was reluctant to come out. Staff opened the door and observed patient trying to make cut on neck using tongue cleaner. Staff also observed blood on the floor and sink. Staff requested patient to come out. Patient refused to engage. Staff tried to de-escalate and offered prn. Patient continues to refuse. PMVA team called as patient was trying to make deep	Patient was managed to get the tongue cleaner but patient was managed to get some cut of blood. she has strong mobility old and was not appropriate to use assisted hold. As patient requested staff left her alone for few minutes, Staff stood outside the door. Patient again engaged in making wounds deeper with her nails. PMVA team was requested as patient was not relaxed. Patient was verbally abusive towards staff members and staff put her on hold inside toilet. Offered prn which patient refused and given RT for lorazepam 2mg and promethazine 50mg. Consent completed. Informed duty doctor. Patient refused review by the doctor.	Mental state, risks and management plan reviewed Level of harm reduced Engaging in self-harm pathway DRI	N/A	low (minor harm - e.g. takes up to 1 month to rectify)	Closed
GHC79139	20/07/2024	20/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			pmvs required for administration of NG feed. Patient was not receptive. Seated pod and weighted blanket was used. Facilitated a walk after feed with staff.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79132	21/07/2024	20/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)			Patient was in the shower room and was observed by her forehead against the wall in the shower room of her bedroom. There was fresh blood and the headbanging was intense. Activated PMVA immediately and staff removed the patient from the shower room and guided her to clinical seated hobs. Patient was very distressed and resistive. Staff attempted to use crisis de-escalation, which were specifically made for the patient. However, the patient was not responding to any. 22.52 – RT oral tablets were refused by the patient when offered. Thus, Lorazepam 2mg IM was administered as the patient continued to be resistive and tried to head bang. The patient started to become calm right after the RT was administered and hence the PMVA holds were released right away.	Patient came out to the communal areas after the incident. Post RT physical and neurological observations were carried. Patient was escorted to the courtyard for fresh air. 1:1 and de-brief was given. Duty doctor reviewed the patient.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79137	21/07/2024	21/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			patient was resistive to NG feed		patient put in holds on the pod with weighted blanket	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79149	21/07/2024	21/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)			Patient was seen to be headbanging at around 12:40 she was headbanging in her bathroom. Staff tried to verbally deescalate her and she was not engaging towards the staff.	PMVA was activated and staff placed her on seated POD position. Patient was resistive at the time of the PMVA. She was noted to be bleeding from her forehead and nose. She was given 50mg of Promethazine as RT on holds. DMO reviewed her. Post neural and Rt obs completed.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79157	21/07/2024	21/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient resistive to as prescribed NG feed		Patient supervised to attend mental need by nursing staff with use of weighted blanket on knees. Patient administered as prescribed NG feed (2 x 10ml nursing staff) in PMVA holds. Once holds released, patient administered as prescribed medication (Lorazepam 2mg IM) which is clinically indicated and is good effect. Patient escorted to visitors parking to utilised	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79165	21/07/2024	21/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)			Patient stood in shower headbanging against the wall. Patient declined to engage with staff in redirection/distraction techniques. PMVA intervention required. Patient supported out of the shower/bathroom area in holds to both arms. Patient assisted to sit on the pod in holds to both arms, cushion situated over legs. Patient declined oral RT medication. Patient informed RT IM medication would be administered in the left upper thigh. RT IM administered. Holds slowly released. Patient supported to sit in the communal area.	Patient stood in shower headbanging against the wall. Patient declined to engage with staff in redirection/distraction techniques. PMVA intervention required. Patient assisted out of the shower/bathroom area in holds to both arms. Patient supported to sit on the pod in holds to both arms, cushion situated over legs. Patient declined oral RT medication. Patient informed RT IM medication would be administered in the left upper thigh. RT IM administered. Holds slowly released. Patient supported to the communal area.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79170	21/07/2024	21/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Standing			SERVICE USER IS DUE FOR FEEDS, CALLED PLANNED PMVA. SERVICE USER UNDERSTANDS WHY THEY HAVE TO BE FED AND IS WEIGHTED BLANKET WAS USED.		CARE PLAN FOLLOWED, 1:1 AFTER FEEDS, SHE WAS ESCORTED FOR A WALK AND SEMBOT WHILE WALKING.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79178	22/07/2024	22/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			SERVICE USER IS DUE FOR FEEDS, CALLED PLANNED PMVA. SERVICE USER UNDERSTANDS WHY THEY HAVE TO BE FED AND IS WEIGHTED BLANKET WAS USED.		CARE PLAN FOLLOWED, 1:1 AFTER FEEDS, SHE WAS ESCORTED FOR A WALK AND SEMBOT WHILE WALKING.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79199	22/07/2024	22/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			pmvs required for administration of NG feed		POD and weighted blanket	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79218	22/07/2024	22/07/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing			Pt targeted HCA charged at him and physically assaulted him by punching him on the left shoulder and had a scuffle	Staff intervened and managed to get patient off, pmva utilised and moved to his bedroom to de-escalate. Rt oral medication utilised	Risks, observations and management plan reviewed Risk of self harm currently increased due to discharge planning Patient offered Self-harm Pathway Care plans reviewed	n/a	Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.	low (minor harm - e.g. takes up to 1 month to rectify)	Closed
GHC79222	22/07/2024	22/07/2024	Watton Lawn- Deer Ward	Watton Lawn- Deer Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Non-standard hold	Lying on side on floor	Heard to be headbanging in bedroom	Staff attempted to intervene, Psychiatric Emergency called 15.2hr. placed in holds lying on floor - R shoulder on floor, lying on side 15.30 - RT Loraz 2mg RT administered into L thigh 15.35 holds released and patient has a debrief with staff, trigger identified accomodation falling through 15.40 Non touch obs commenced 16.15 declined phys obs and wound care, Dr informed 17.30 assigned wound care and neuro obs	Mental state, risks and management plan reviewed Risk increased in the short term while discharge planning is causing increased stress Self harm pathway offered	n/a	None (no harm caused by the incident)	Closed
GHC79223	22/07/2024	22/07/2024	Watton Lawn- Deer Ward	Watton Lawn- Deer Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		17.30 patient found in bedroom with a ligature around neck - tightly tied approx bottoms.	ligature removed and untied by staff, patient was resistive to letting the ligature be retrieved. She was sat on the floor in the corner of her room. 17.30 Debrief and 1:1 given, wound care for head given - steri strips and selfgrex applied to 1.5cm laceration to forehead. Phys and neuro obs taken, declined further PBS. Duty Dr informed	Risks, observations and management plan reviewed Risk of self harm currently increased due to discharge planning Patient offered Self-harm Pathway Care plans reviewed	n/a	None (no harm caused by the incident)	Closed
GHC79225	23/07/2024	23/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)			At approximately 21:45, Patient was observed headbanging in her bathroom. Two staff members entered her bedroom and found her headbanging against the bathroom wall with ten to medium bruising. It was noted that she had sustained a bleeding injury on her forehead.	15.30 patient has ordered some food and has eaten Staff attempted to intervene, Psychiatric Emergency called to de-escalate the situations however, she continued headbanging and did not respond to staff interventions. De-escalation tools in her bedroom was used however it was ineffective. PMVA was activated, and Patient was placed in holds by four staff members. Patient was offered oral medication, which she declined. Consequently, 50 mg of Promethazine was administered us IM. Following the administration, the holds were disengaged. Staff cleaned and dressed the wound on her forehead. The duty doctor was informed of the incident. Post RT , two sets of physical observations were conducted, followed by non-verbal observations due to Nicola being asleep. Neurological observations were documented	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79229	23/07/2024	23/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			pmvs required for administration of NG feed.		pod and weighted blanket used. 1:1.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79267	23/07/2024	23/07/2024	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional injury to themselves by	Planned	PBM (physical intervention)	Clinical hold (seated)				A planned clinical hold was implemented as patient was moving around and putting herself at risk of a needle stick injury. GP had already agreed to the proportionality of hold NICA and Best interest decision completed prior to hold being implemented		None required	None required	None (no harm caused by the incident)	Closed
GHC79269	23/07/2024	23/07/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing			She was taken to her room on holds by staff.		Patient has known risk of violence when their perceived needs are not being met. Appropriate safeguards and interventions put in place by staff to mitigate risk, staff targeted disengaged.	Care plans in place to support patient and maintain the safety of staff. Patient removed from communal areas.	None (no harm caused by the incident)	Closed
GHC79272	23/07/2024	23/07/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support			Separate Datix logged for damage to Trust Property. Patient attempting to cause further damage. Staff team de-escalated patient to stop further damage and while waiting for assistance.	Patient refused to leave area willingly so staff maintained arm hold and escorted patient to his bedroom. PBS plan given. Patient asked if he could have a PRN for his anxiety and this was recommended for his next 24 hours Hospital Property.	Correct actions taken. This person is fully discussed at MDT and again no triggers only his mental health at this time which the medical staff are treating. All staff supported after incident as well as patient.	None	None (no harm caused by the incident)	Closed
GHC79273	23/07/2024	23/07/2024	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the next of kin how the procedure would take place and what monitoring would be used to safe guard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC79275	23/07/2024	23/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79276	23/07/2024	23/07/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	13 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing			Patient requested an escorted leave to the garage, which was supported by staff. Patient left the ward on escort with other patients. Patient then worked out of ward without staff escort.	Staff followed patient and tried to redirect them back to the ward but failed. As patient was reluctant to return a PMVA team was called, tried to redirect for 10 minutes, was put in holds and returned to the ward.	Patient has known risk of absconding. Appropriate safeguards and interventions put in place by staff. Patient returned to the ward.	Care plans in place to support patient and maintain the safety of staff. Patient returned to the ward and settled.	None (no harm caused by the incident)	Closed
GHC79282	23/07/2024	23/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)			Service user was heard headbanging inside her bedroom. Staff immediately went down, She was crying her forehead against the wall inside bathroom. Staff verbally de-escalated to no effect, encouraged to engage in activities, however service user was not engaging. Also a can on of his been used, however service user continued headbanging, decision made to activate PMVA team. Staff applied holds on both arms, from bathroom she was escorted on holds to the lounge, where service user was seated. Service user was resistive, staff was able to clean and dressed her wound on forehead. Afterwards, service user appeared very resistive, wanted to stand up, went to headbang again, cushion was used on her legs. RT medication was offered but she declined,lorazepam 2mg injection was administered through Rt at left thigh. Post RT physical observation and neuro observation		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79283	24/07/2024	23/07/2024	Ellerf Liaison 1235 x1236	Robert Maxwell 1236 extn	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)			Service user was heard headbanging inside her bedroom. Staff immediately went down, She was crying her forehead against the wall inside bathroom. Staff verbally de-escalated to no effect, encouraged to engage in activities, however service user was not engaging. Also a can on of his been used, however service user continued headbanging, decision made to activate PMVA team. Staff applied holds on both arms, from bathroom she was escorted on holds to the lounge, where service user was seated. Service user was resistive, staff was able to clean and dressed her wound on forehead. Afterwards, service user appeared very resistive, wanted to stand up, went to headbang again, cushion was used on her legs. RT medication was offered but she declined,lorazepam 2mg injection was administered through Rt at left thigh. Post RT physical observation and neuro observation	PMVA team called and they arrived, police also called as he was unmanageable. He was seated restrained and 2 mg IM lorazepam administered. patient, calmed down and PMVA team and the police left.	None, incident managed well at the time following correct procedures and prescribing guidelines in the Viewpoint Centre.	None, unfortunate situation which appears to have been handled well by all staff at time of incident.	None (no harm caused by the incident)	Closed
GHC79286	24/07/2024	23/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)			Patient was headbanging in her bedroom at around 21:50. x2 staff tried to verbally deescalate her with her new sedative plan however it was ineffective. she was headbanging against the wall in her bathroom. she was bleeding from her forehead and the level of flerex was low. medium.	Patient was guided to clinical holds. Patient refused to take medication orally hence Rt was refreshed. Patient was given 50mg of Promethazine as IM. Holds were released soon after the IM. staff cleaned her injury site and applied new dressings. she requested to be taken down to the courtyard which was facilitated. staff maintained sit set of physical obs and rest mentioned as non touch due to Patient being Asleep Staff also maintained Neurological obs post head banging. DMO was informed about the incident.	Care plan followed	BLEEDING DUE TO GH WITH RAZOR NOT HEADBANGING	None (no harm caused by the incident)	Closed
GHC79292	24/07/2024	24/07/2024	Watton Lawn- Oxeye Ward	Watton Lawn- Oxeye Ward	12 inpatients - Berkeley House	Berkeley House	PBM clinical seated hold on a patient for blood test as a patient in his	Unplanned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical seated hold on a patient for blood test as a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the paid carers, how the procedure would take place and what monitoring would be used to safe guard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC79298	26/07/2024	26/07/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)			The patient was due for their nasogastric feed.	The patient sat on the pod and was PMVA staff supported them both sides. The staff interacted with the patient throughout the process to divert them from negative thoughts	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79313	24/07/2024	24/07/2024	Watton Lawn- Deer Ward	Watton Lawn- Deer Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)			Patient was intoxicated, shouting and high profile, supporting verbally aggressive and hostile and refused oral PRN and RT. Team called. Staff went into her room, patient was verbally aggressive and shouting. She was recording staff with her phone, then throw the phone towards staff. As patient threw phone, their knuckles knocked into staff's nose and staff was hit. Patient placed on holds, patient was resistive towards staff and tried to bite staff's hand. Patient assisted outside and RT IM was administered	Staff disengaged and patient de-escalated in their room	Patients mental state, risks and management plan reviewed Patient currently psychotic Liaison with PICU regarding management plan Staff to monitor compliance with medication Staff to be proactive with PRN medication	n/a	Risk acknowledged, care plans in place to support patients.	Low (minor harm - e.g. takes up to 1 month to rectify)	Closed
GHC79314	24/07/2024	24/07/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Seated (other)			Around 09:30 service user A walked towards ward front door. Staff intervened and tried to redirect. A said he just wanted to use his mobile phone and he was not going to leave the ward. Staff tried to de-escalate by back reorientation practice staff though tried to verbally deescalated didn't physically tried to stop him and ensured CDL 2 staff remained with A. Staff continued to verbally redirect him, offering another options to contact his beloveds however A was unable to accept any of these, continued to be verbally abusive towards staff and tried to push past the door opening. Offered oral prn however A declined, expressing paranoid thoughts that staff is trying to harm him. A then proceeded to walk towards another ward, attempted to get into therapy department which was locked, proceeded to walk towards another ward, started pacing though then garden unable to assist redirection. PMVA support was sought to site.	15 team arrived A responded to verbal redirection from PMVA team, however A was not receptive to oral due it proceeded towards R. To prevent A from absconding in an distressed state PMVA standing holds were used, were A was resistive. Hence was taken to seated hobs on sofa using cushion. A was extremely agitated, distressed, thought driven, paranoid, screaming. Unable to obtain full obs as A was not receptive to any touch obs. Oral RT lorazepam given at 10:08, holds released when rapid effect been high and due to host. However as continued to be distressed & walking towards door which intercepted another RT, holds reinstated and RT IM lorazepam administered at 10:20 which A was taken to bedroom where he remained relatively relaxed. Commenced on Non touch obs(to reduce distress), requested medical review and debrief to be followed when A in more relaxed state. Regs informed, highlighted to Consultant Dr Asher. A already highly restrictive care pathway from PICU	Staff sought to implement least restrictive options in managing this difficult incident. Staff allowed patient to leave ward and to visit areas of the hospital, however level of distress escalating and when patient sought to leave the hospital decision made to prevent this through the use of PMVA techniques due to risks associated with highly paranoid and agitated patient who was absconding. Staff used verbal de-escalation techniques, reassurance and support, allowed patient to move around within hospital and only implemented PMVA techniques when patient attempting to leave hospital.	Staff managed this difficult situation with compassion and care, ensuring patient was provided with the right medication and support. Patient was administered medication as consistently declining to accept oral medications, once medication took effect and patient was started to calm staff were able to withdraw from PMVA holds and patient was able to cooperate with instructions to return to ward. Observations commenced and staff remained with patient at all times. Per several hours (after 45hr sleep for several days) and while in a much more settled and stable frame of mind, Ward manager conducted a debrief with patient in which he incident was discussed and alternate offered for actions taken. Debrief for staff members involved conducted.	None (no harm caused by the incident)	Closed
GHC79319	24/07/2024	24/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			patient was due for her navo gastric tube feeding	One was held on light holds , with pod and cushion used . She was not resistive during the feed. care plan followed. Escorted for a walk post feed and remained on 1:1 for one hour get feed.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79322	24/07/2024	24/07/2024	Watton Lawn- Oxeye Ward	Watton Lawn- Oxeye Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	14 - Lawfully administer medicines or other medical treatment	Unplanned	PMVA (physical intervention)	Clinical hold (seated)			Patient found to be cutting herself in her bedroom, cut on her bed rewriting broken spoon into a healing wound	Staff attempted to intervene, Psychiatric Emergency called 15.2hr. placed in holds lying on floor - R shoulder on floor, lying on side 15.30 - RT Loraz 2mg RT administered into L thigh 15.35 holds released and patient has a debrief with staff, trigger identified accomodation falling through 15.40 Non touch obs commenced 16.15 declined phys obs and wound care, Dr informed 17.30 assigned wound care and neuro obs	Mental state, risks and observations reviewed Long term risk of self harm identified Care plans in place Self harm Pathway available Patient DRI	n/a	low (minor harm - e.g. takes up to 1 month to rectify)	Closed
GHC79335	25/07/2024	24/07/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Clinical hold (seated)			PMVA used as PT was headbanging in their room. RT also to de-escalate the situation.	PMVA team called and RT 2mg Lorazepam given.	Patient has known risk of self harm, patient engaged in behaviour around the checks as nursing team would be aware. Appropriate safeguards and interventions put in place by staff, patient came to no physical harm.	Risk acknowledged, care plans in place to support patients.	None (no harm caused by the incident)	Closed
GHC79336	25/07/2024	24/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)			Patient was very agitated, attempted to leave the ward with the intention to kill herself.	Patient was observed to be headbanging in her bedroom and she was not engaging with staff when they went to verbally de-escalate her.	Risks, observations and management plan reviewed Risk of self harm currently increased due to discharge planning Patient offered Self-harm Pathway Care plans reviewed	n/a	None (no harm caused by the incident)	Closed
GHC79337	25/07/2024	25/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)			At approximately around midnight, Patient was observed in the female lounge engaging in colourful headbanging. Staff tried to verbally de-escalate for 15-20 hrs., she began headbanging against the wall with the back of her head. Staff attempted verbal de-escalation, but she did not respond. The level of fere observed was classified as low to medium.	Patient was guided to a seated POD position. Staff offered her oral medication, which she declined She was then administered 50 mg of Promethazine intramuscularly . The holds were disengaged shortly after the IM administration. Following this intervention, Patient appeared significantly calmer and returned to her bedroom around 02:00 hours, where she was observed to be asleep. Non-touch observations were maintained, along with neurological checks, due to the headbanging incident. DMO is aware of the situation.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79346	25/07/2024	25/07/2024	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)			PBM clinical seated hold on a patient for bidirectionalmania in proportion to the risk of serious harm in her best interest if undetected medical condition is not treated.	Hospital staff explained to the carers, N.O.K how the procedure would take place and what monitoring would be used to safe guard the patient.	None required	None required	None (no harm caused by the incident)	Closed
GHC79350	25/07/2024	25/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)			Patient declined to engage in de-escalation, redirection, distraction techniques. PMVA intervention required. Patient assisted off the bed in holds to both arms. Patient assisted to sit on the pod in holds to both arms, cushion situated over legs. Patient declined oral RT medication. Patient informed RT IM medication would be administered in the left upper thigh. RT medication administered. Holds slowly released. Patient supported to the communal area.	Patient sat on the bed headbanging. Patient declined to engage in crisis escalation, redirection, distraction techniques. PMVA intervention required. Patient supported off the bed in holds to both arms. Patient assisted to sit on the pod in holds to both arms, cushion situated over legs. Patient declined oral RT medication. Patient informed RT IM medication would be administered in the left upper thigh. RT medication administered. Holds slowly released. Patient supported to the communal area.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79351	25/07/2024	25/07/2024	12 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support			Service user was heard headbanging inside her bedroom. Staff immediately went down, She was crying her forehead against the wall inside bathroom. Staff verbally de-escalated to no effect, encouraged to engage in activities, however service user was not engaging. Also a can on of his been used, however service user continued headbanging, decision made to activate PMVA team. Staff applied holds on both arms, from bathroom she was escorted on holds to the lounge, where service user was seated. Service user was resistive, staff was able to clean and dressed her wound on forehead. Afterwards, service user appeared very resistive, wanted to stand up, went to headbang again, cushion was used on her legs. RT medication was offered but she declined,lorazepam 2mg injection was administered through Rt at left thigh. Post RT physical observation and neuro observation	Staff followed patient and tried to redirect them back to the ward but failed. As patient was reluctant to return a PMVA team was called, tried to redirect for 10 minutes, was put in holds and returned to the ward.	All staff made aware of the heightened risk this patient poses towards them.	Staff are aware of and use techniques as described in this patient's care plan to respond to and manage situations of his nature.	None (no harm caused by the incident)	Closed
GHC79362	25/07/2024	18/07/2024	GWAHS Cora	Gloucestershire Royal Hospital	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PBM (physical intervention)	Non-standard hold	hand holding was used as this felt less restrictive than a formal wrist restraint and less traumatic for young person.	Young person was admitted to the Gloucester Royal Hospital as repatriation from Bristol Children's hospital. Met in the hospital on arrival by their allocated nurse and introduced to the psychiatric liaison coordinator. Young person crying and distressed. Psychiatrist and care coordinator attempting to talk to young person. Young person wrapped hospital blanket tightly round their neck which restricted breathing.	Discussed in LM supervision			
GHC79371	25/07/2024	25/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient's nasogastric feed was administered. Two PMVA trained members of staff held the service user's hands as the nasogastric feed was administered (the patient was sat on the PMVA POD throughout)		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79379	25/07/2024	25/07/2024	12 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort			Patient requested to go to the garage to collect his belongings, which was supported by staff. Patient refused all their medications after putting them in their mouth. Patient spat them out but 10mg of Propranolol was missing. Staff looked around in their bedroom and the small hallway but could not find it. So it was assumed that patient had taken the 10mg. At about 12:25, staff were in a messenger meeting, when they were informed that patient was to give them 10 minutes to calm down. Patient charged towards the staff. Patient followed the staff down to the CCTV room and attacked him there	Patient was safely removed to their bedroom using PMVA holds and placed on the floor close to the CCTV room. Staff gave patient 30 minutes to calm down.	Check in with staff, all okay. Discussed tactics for working with this patient. To review communication strategy to see if this reduces risk he poses to those staff working with him.	That this patient presents risks at all times to those working with him.	None (no harm caused by the incident)	Closed
GHC79385	25/07/2024	25/07/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)			Patient was headbanging in her bedroom at around 21:50. x2 staff tried to verbally deescalate her with her new sedative plan however it was ineffective. she was headbanging against the wall in her bathroom. she was bleeding from her forehead and the level of flerex was low. medium.		CARE PLAN FOLLOWED, 1:1 AFTER FEEDS, SHE WAS ESCORTED FOR A WALK AND SEMBOT WHILE WALKING.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC79391	26/07

DHC74948	28/07/2024	28/07/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient had declined his insulin dose 2 days in a row. This patient typically runs a high blood sugar level which increases significantly throughout the day. Patient continued to decline despite having explained the importance of medication compliance with his diabetes management at his physical health review. Patient became verbally hostile, making threats towards staff as well as waving his finger in staff faces. Decision was made to escort patient to the safe and [illegible] to administer medication.	Sleep meant was administered. PMB was disengaged and patient was given space. No further escalation occurred. Patient was offered a cup of tea which he accepted. Patient declined physical observations. Datix was informed. MHA was informed. Ward sent to ward consultant for further advice on treatment. PBM team to be contact for further advice on medication administration.	NACA completed for medication administration. PBM team contacted for further advice. Not informed		Managed appropriately		None (no harm caused by the incident)	Closed
DHC73495	28/07/2024	28/07/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was observed to be pacing around the lounge and attained any amount of sleep during the night shift. He has spent most of his time in communal areas, having lengthy conversations , responding to unseen stimuli and laughing to himself. He has had conversations using gestures and laughing inappropriately. His behavior has included rudeness towards staff and another patient . Towards the latter part of the night shift his presentation started to escalate with patient shouting, swearing and throwing off things , stomping on the floor .Despite repeated prompts from staff across different shifts, he has consistently refused to take any medication .Due to his chaotic and agitated state, it was necessary to administer medication to help alleviate his distress and ensure his well-being.		Risk and observation levels reviewed and adjusted as clinically indicated. Following a period of de-escalation, patient offered 1:1 time with staff to explore thoughts and feelings surrounding this incident. Allowing for time to reflect what strategies could be implemented to prevent incidents like this occurring in the future. Incident recorded in clinical documentation.	Incident discussed during nursing handover. PBS care plan reviewed at this time and adjusted as felt appropriate.	None (no harm caused by the incident)	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC74997	28/07/2024	28/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was fed for two nasogastric tube feeding.	patient was held on right arm holds. Pad and cushion was used. 2:1 staff for assistance. weighted blanket was used. Not resistive during the feed . care plan followed. Escorted for a walk . had her prescribed medications. Remained on 1:1 when she had finished.	care plan followed along with 1:1 walk with staff	N/A		None (no harm caused by the incident)	Closed
DHC75011	28/07/2024	28/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her naso gastric tube feeding.	Patient was held on right holds. She was not resistive during the feed. Pad and Weighted Blanket was used The was warm and pleasant on approach. 1:1 after feed and escorted for a walk as per care plan. no incidents.	care plan followed along with 1:1 walk with staff	N/A		None (no harm caused by the incident)	Closed
DHC73519	28/07/2024	28/07/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self harm / self-injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient reported that another peer was headbanging Staff went to patients room Patient was sat on the bed, headbanging against the wall Staff attempted to verbally de-escalate, patient did not engage Patient was shouting at staff and continued to headbang Patient RD Team placed holds on patient and moved them away from the wall. Patient was shouting Patient eventually stopped headbanging and sat on the bed Patient was irritable and did not want to engage with staff, refusing prn Staff continued to verbally de-escalate Patient would attempt to hit themselves on the head with their arm numerous times Patient continued to not engage and refuse medication Physical holds and RT did administered.	Staff gave 1:1 and verbal de-escalation Staff cleaned head wound Staff left patient to rest Staff continue to debrief and de-escalate	Patient was clinically ready for discharge awaiting transfer to placement Care plan updated to reflect harms Patient now transferred	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC73524	28/07/2024	28/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Service user was heard headbanging inside her bedroom, staff immediately intervened. She was using back of the head on the wall in low level.	Staff verbally de-escalated, encouraged to do grounding techniques, sue card was used to no effect. Due to the escalation of behaviour, staff used the relevant PMVA, a ull apple holds on both arms. She was seated on a pod and a cushion was used on legs. Service user was quiet resistive, she was kicking. RT oral medication was offered for which she refused. Rapid tranquillisation Lorazepam 2mg injection was administered through IM of right leg. Post RT physical observation and non-touch was done Debrief was done Doctor has been informed for post RT and Lorazepam given.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73528	28/07/2024	28/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (POD used)		Service user continued to appear to be distressed since the start of the shift. She attempted to leave the ward multiple times and was guided to seated holds on her bed along with the use of leg cushion. Despite staff's constant effort to verbally de-escalate her she said 'leave me alone' on the continued to be resistive staff decided to administer the RT. 20:00 – Staff offered oral RT promethazine 25 mg, lorazepam 2mg and haloperidol 5mg but she refused to administer im/i.m/subcutaneously. While administering the IM(left outer thigh), due to resistance the syringe came off of the needle and splashed some of the medication into the eyes of one of the PMVA member who was holding the patient on the left hand(BCA, LOC) and the nurse who was administering the IM(Right hand). The patient was guided to the seclusion room and other staff members and washed the eyes. Duty doctor was informed about the incident.	Restrictive practice was used for the facilitation of NG feeds	patient was guided to seated POD position. patient was not resistive at the time of the feeds.			None (no harm caused by the incident)	Closed
DHC73607	30/07/2024	30/07/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient was banging the office door, staff prevented and patient a got verbally aggressive and started to point their finger in staff face.	PMVA holds placed and patient was walked back to her bedroom. Patient was in non-patient wafrm in the holds smashed staff into the door frame and then kicked staff in the stomach.				None (no harm caused by the incident)	Closed
DHC73610	30/07/2024	30/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		The patient was seen to be head banging against the wall with the of back of her head in her bedroom. Staff approached the patient and attempted to verbally de-escalate the patient using crisis de-escalation, however, the patient did not respond to any and continued headbanging. Activated PMVA, and the patient was guided to seated holds on the pod along with the use of a leg cushion. The patient continued to be very resistive. Due to the continued attempts to headbang, RT promethazine 25 mg was offered as tablets and when the patient refused it the same was administered intramuscularly on the thigh.	The holds were released right after the administration of the RT. Staff stayed with the patient until they got settled. Duty doctor informed. Post RT observations and post headbanging neurological observations were initiated. On-brief given about the incident.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73618	30/07/2024	30/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
DHC73621	30/07/2024	30/07/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Patient was watching tv with staff, got up and grabbed and scratching at staffs skin an arms. Attempted to grab at clothes.	Patient asked to stop and re directed without effect. Patient PBM removed to chair. staff withdrew.				None (no harm caused by the incident)	Closed
DHC73632	30/07/2024	30/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to NG feed.	patient was restrained in the pod by two members of staff so the nurses could give the NG feed.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73633	30/07/2024	30/07/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Nurse in charge entered patients flat. Patient immediately ran over grabbing nurses clothing. During the incident Nurse suffered scratches to chest.	PBM removal, clothes grab used. Patient let go after 30 seconds.	This is a historical behaviour; all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.	This is a historical behaviour; all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC73651	30/07/2024	30/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self-injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was headbanging in room	prna and RT administered 1:1 after	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73656	30/07/2024	30/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self-injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was headbanging in room	prna and RT administered 1:1 after	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73657	31/07/2024	31/07/2024	Other NH Unit-non-GHC	Other NH Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
DHC73671	31/07/2024	31/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to their NG feed.	Staff restrained patient in the pod with the weighted blanket.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73675	31/07/2024	31/07/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	Personal care (standing)			patient was resentment of leaves in the communal area , required many verbal prompts and encouragement patient was refusing to change PBM technique implemented for personal care	ward manager is aware of the incident Care plan in place re personal care.	Staff actions all correct at time of incident. PBM Versaspeak ELDag tablet given after personal care	None		None (no harm caused by the incident)	Closed
DHC73686	31/07/2024	31/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva holds used for administration of NG feed	pad and weighted blanket used	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73697	31/07/2024	31/07/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Personal care (bed)		Planned hold as patient has a history of struggling when blood is being taken Patient kicked out at staff with no intent Hold implemented phlebotomist managed to take bloods after several attempts.		None required	None required		None (no harm caused by the incident)	Closed
DHC73704	31/07/2024	31/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self-injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was heard headbanging in room.	prna administered. 1:1 provided.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73711	31/07/2024	31/07/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Assisted support		When staff was providing direct care to patient, they grabbed staff by the hair and cloth from the back side of staff.	This is a historical behaviour; all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users. alarm pulled and patient was restricted, PBM disarms were used to breakaway and staff grabbed was able to breakaway.	This is a historical behaviour; all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC73716	31/07/2024	31/07/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Standing		patient was kicking the fire door on both exits of the ward patient entered the kitchen tried to break the microwave in the kitchen using kettle bottle.	verbal de-escalation with no avail. PMVA team called and patient was put on holds. Offered oral PRN medication. Declined. RT lorazepam 2mg administered to self inject.	none	none		None (no harm caused by the incident)	Closed
DHC73722	01/08/2024	31/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self-injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Service user was seen to be headbanging in her bathroom with front of her head.	PMVA holds were applied as soon as staff arrived. Offered oral RT but she refused. Administered IM lorazepam 2mg RT. Informed duty doctor	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73730	01/08/2024	01/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed.	pad and weighted blanket used. 1:1 after.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73735	01/08/2024	31/07/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Seated (POD used)		Patient continued to exhibit agitated and restless behaviour, kicking on the fire doors and attempting to leave as well as verbal and physical aggression towards anyone attempting to redirect her	Patient continued to exhibit agitated and restless behaviour, kicking on the fire doors and attempting to leave as well as verbal and physical aggression towards anyone attempting to redirect her. As a last resort and to prevent the patient from possible property damage, injury to self or staff, patient was placed in safe PMVA holds. Patient remained unsettled afterwards and required redirection and verbal de-escalation	none	none		None (no harm caused by the incident)	Closed
DHC73762	01/08/2024	01/08/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		An agitated and resistive patient was found to be incontinent of urine. Ward staff had a short discussion and it decided to utilise PBM holds. In the patient's best interests, to administer personal care.	PBM utilise to support personal care appropriately to maintain hygiene and skin integrity	Managed appropriately			Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC73765	01/08/2024	01/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for NG feed. Down beds on light holds. Used pad and weighted blankets. Staff engaged with the patient and distracted. Offered medications as per care plan. 1:1 facilitated after feed , debrief provided whilst on 1:1.	two members of the ward staff utilised PBM arm holds while the other helped with personal care and NG feed. Patient was not resistive during the feed. 2:1 with a member of staff prior.	Care plan followed	n/ a		None (no harm caused by the incident)	Closed
DHC73772	01/08/2024	01/08/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient grabbed independent supporter's collar, trying to pull them down, patient scratched their hand	Physical holds were applied as soon as staff arrived. Offered oral RT but she refused. Administered IM lorazepam 2mg RT. Informed duty doctor	Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.	Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC73778	01/08/2024	31/07/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		The patient was seen to be headbanging in the shower room of her bedroom. As verbal de-escalation was futile, PMVA was activated and the patient was guided to seated holds on the pod and a leg cushion was also used. As the patient refused the oral tablets the IM promethazine 50mg was administered on holds. The holds were released after the RT was administered.	Duty doctor reviewed the patient. Post RT and neurological observation were started. Debrief given.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73783	01/08/2024	01/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self-injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was heard banging her head against the wall in her bedroom. Staff immediately intervened, she was using back of her head against the wall in moderate level. Staff verbally de-escalate, grounding activities has been offered, sue card has been used to no effect. Patient was guided to seated holds on her bed along with leg, she was seated on pod and cushion was used. RT promethazine 25mg tablet has been offered which service user declined. Rapid tranquillisation Promethazine 25mg injection has been administered through IM at right thigh Post RT physical observations has been check plus non touch Post headbanging neurological observations has been completed. Debrief done	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73784	01/08/2024	01/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed	pad and weighted blanket used 1:1 after	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73794	01/08/2024	02/08/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was in communal areas, walked over to another peer and slapped this peer across the arm. Staff verbally de-escalated and re-directed patient. Staff intervened and utilised restrictive assorted holds to escort patient to bedroom. Patient was offered oral medication, thrice. This aimed to relax and verbally declined when offered on two more occasions. Patient became sexually disinhibited while in bedroom, and the decision was made by the nursing team to give RT IM.	RT IM given while in seated holds.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
DHC73797	01/08/2024	02/08/2024	Other 12-Unit-non-GHC	Other 12-Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold around bloods requested by GP Darren allowed staff to take his bloods without incident a Seated clinical hold was implemented for this. Staff explained the possible using the least restrictive techniques.		None required	None required		None (no harm caused by the incident)	Closed
DHC73800	01/08/2024	02/08/2024	Other 12-Unit-non-GHC	Other 12-Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold carried out to complete annual bloods checks clinical hold carried out. MCA and best interest carried out previous to procedure. Clinical hold was carried out for the duration of time using the least restrictive techniques possible.		None required	None required		None (no harm caused by the incident)	Closed
DHC73803	01/08/2024	02/08/2024	Other 12-Unit-non-GHC	Other 12-Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold implemented for Annual health bloud check MCA and best interest information completed prior to procedure. Clinical hold implemented for the duration of time using the least restrictive techniques possible.		None required	None required		None (no harm caused by the incident)	Closed
DHC73806	01/08/2024	02/08/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient grabbed staff members hands, scratching them so a 2 person escort was carried out, taking the patient to their chair. Staff removed themselves from the area.		This is a historical behaviour; all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.			Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC73811	01/08/2024	01/08/2024	Other 12-Unit-non-GHC	Other 12-Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in best interest in order to restrain depot injection , in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
DHC73814	01/08/2024	01/08/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Clinical care, treatments and procedures	Other (non-GHC patient care- consistent with care / treatment plan)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient was refusing depot dose given. However didn't engage with staff saying ' I don't want this' Staff tried to explain the importance , however kept disagreeing to have it	Planned PMVA was carried out , patient offered 1:1 after , however refused .	Mental state and risks reviewed Restrictive intervention required to administer treatment safely	n/a		None (no harm caused by the incident)	Closed
DHC73831	01/08/2024	01/08/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PMVA (physical intervention)	Seated (other)		Patient presenting with chaotic behaviours - stripping naked, declining regular medication and throwing water at staff.	Patient offered his regular diazepam however continually declined to accept this. Due to ongoing chaotic behaviours decision made to administer RT IM.	Debrief to staff and patients. Information handed over. PBS care plan reviewed.	Discussion during MDT. Review of care plans. Review of treatment plan.		None (no harm caused by the incident)	Closed
DHC73833	01/08/2024	02/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for her nasogastric tube feeding.	Patient was held on right arm holds. Pad and cushion was used. Weighted blanket was used Held on light arm holds 2:1 . She was not resistive during the feed. Care plan followed . Escorted for a walk . Had her prescribed medications. Remained on 1:1 when she had finished.	care plan followed along with 1:1 walk with staff	n /a		None (no harm caused by the incident)	Closed
DHC73846	01/08/2024	02/08/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Escort		Patient was seeking with the assistance of staff, patient escalated and grabbed staff T-shirt . Patient was escorted out of the kitchen into the lounge using PBM. Staff spoke to the patient until the patient released staff clothing. This was followed by another escalation while trying to go for a drive. Patient attempted to grab staff and was verbally redirected to the car. This was followed by another attempt to grab kitchen staff. Staff had to use PBM to stop patient from grabbing. Patient was escorted to the lounge.	Patient was escorted into a safe environment.	This is a historical behaviour; all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.	This is a historical behaviour; all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.		None (no harm caused by the incident)	Closed
DHC73847	01/08/2024	02/08/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from (wrd)/ outside	Unplanned	PMVA (physical intervention)	Escort		Patient ran out of ward.	Patient attempted to abscond from the ward. Staff intervened and managed to stop her from the entrance door. PMVA called as patient refused return to ward. Put her on holds, patient walked back with the staff to ward. Patient was AWOL for approximately 5 minutes. Patient was offered lorazepam tablet and accepted voluntarily.	Restrictive intervention required to prevent AWOL Patients treatment plan reviewed Patient now discharged from hospital	n/a		None (no harm caused by the incident)	Closed
DHC73855	01/08/2024	01/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		20:50 – The patient was seen to be head banging against the wall in the shower room in her bedroom. The forehead was bleeding. staff Activated PMVA and she was guided to seated holds on her bed along with the use of leg cushion. Despite staff's constant effort to verbally de-escalate her she said 'leave me alone' on the continued to be resistive staff decided to administer the RT. 20:00 – Staff offered oral RT promethazine 25 mg, lorazepam 2mg and haloperidol 5mg but she refused to administer im/i.m/subcutaneously. While administering the IM(left outer thigh), due to resistance the syringe came off of the needle and splashed some of the medication into the eyes of one of the PMVA member who was holding the patient on the left hand(BCA, LOC) and the nurse who was administering the IM(Right hand). The patient was guided to the seclusion room and other staff members and washed the eyes. Duty doctor was informed about the incident.	Restrictive practice was used for the facilitation of NG feeds	Staff offered oral RT promethazine 25 mg, lorazepam 2mg and haloperidol 5mg but she refused to administer im/i.m/subcutaneously. While administering the IM(left outer thigh), due to resistance the syringe came off of the needle and splashed some of the medication into the eyes of one of the PMVA member who was holding the patient on the left hand(BCA, LOC) and the nurse who was administering the IM(Right hand). The patient was guided to the seclusion room and other staff members and washed the eyes. Duty doctor was informed about the incident.	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73856	01/08/2024	01/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self-injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was heard banging her head against the wall in her bedroom. Staff immediately intervened, she was using back of her head against the wall in moderate level. Staff verbally de-escalate, grounding activities has been offered, sue card has been used to no effect. Patient was guided to seated holds on her bed along with leg, she was seated on pod and cushion was used. RT promethazine 25mg tablet has been offered which service user declined. Rapid tranquillisation Promethazine 25mg injection has been administered through IM at right thigh Post RT physical observations has been check plus non touch Post headbanging neurological observations has been completed. Debrief done	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DHC73857	01/08/2024	01/08/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was in communal area on arrival of the commencement of the shift. He entered communal areas naked on a couple of occasions and tried to enter other peers bedroom and successfully entered in one of the peers room when the door was not locked completely. He remained in communal areas naked throughout the shift and refused to put on his solid maroon/reds. When staff tried to disengage, he kept knocking the nursing office doors and showing inappropriate gestures towards staff. Staff attempted to administer his regular medications and later with his breakfast however he refused. Due to his continued chaotic presentation in communal areas, decision made to administer 50mg Promethazine as IM. Patient 1 has been guided to ECA and explained the decision. Patient has been administered RT 50mg Promethazine injection in his thigh with mild holds as	Risk and observation level reviewed, Management plan reviewed, Information handed over,	Debrief with staff and patients, Discussion during MDT,		None (no harm caused by the incident)	Closed

DATIX3858	03/08/2024	03/08/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self Harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient A was seen self harming during the walk around. She was sat on the floor - in front of the mirror - making cuts on her neck - using the metal piece - on end bit of the cutlery. Patient A was observed during the previous shift. The staff approached to the Patient but the Patient declined to engage with the staff.	2mg staff informed the nurses and called for the PMVA team. PMVA team arrived. Metal piece was taken off from her. Restrictive restraint was done on the floor at 21:30hrs. RT Lorazepam Oral 2mg was offered which she accepted it. Patient A took 2mg RT Lorazepam 2mg for good effect. Duty Doctor came to review around 2230hrs. Plan to take the Patient to A&E - first thing in the morning. Patient A was observed by the staff and was sitting with the staff and her peers - engaging and the staff made	Risks and management plan reviewed Long term risk of self injury identified Care plans in place Self Harm Pathway available	N/A		Closed
DATIX3863	03/08/2024	03/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for her naso gastric tube feeding	Patient was held on light holds, using pad and cushion - Not resistive during the feed. Care plan followed past feed. Had her prescribed medications.	Care plan followed	N/A		Closed
DATIX3869	03/08/2024	03/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self Harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		HCA noticed that Patient's left hand had changed colour, when HCA approached and noticed that patient had tied a ligature around their left wrist. HCA asked if they could have a look and patient declined.	HCA 1:1one was the office and requested support one ligature cutters and HCA 1:1one to assist. Patient was prompted to go to their room which they did. Patient would not allow staff to remove the ligature. Patient had used underwear and tied it around their wrist and hand starting to turn purple. HCA prompted several times to allow staff to cut the ligature but the patient refused. PMVA called to place patient in holds to remove ligature. Patient was placed in forearm holds with 2x members of staff on bed and HCA removed ligature using flower cutter. Patient remained resistive throughout. HCA to remain with patient whilst others	Risk as updated	N/A		Closed
DATIX3870	03/08/2024	03/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PMVA (physical intervention)	Seated (other)		Patient 1 became increasingly shaotic and sexually disinhibited throughout the shift. They had declined multiple offers of oral medication. Patient 1 was guided into the ECA and IM 2mg Lorazepam was administered in the left deltoid. Patient 1 became highly sexually disinhibited during and after holds were released.	Non-contact physical observations commenced due to combination of chaotic presentation.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DATIX3875	03/08/2024	03/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient entering and sleeping on nursing desk, unprompted to swallow vinegar and salt , remove cleaning product from ward domestic cleaning trolley, undress, kicking bedroom door, shouting and swearing at patients/visitors in courtyard, stripped bed and propping up end down on pillows and head, trying to slash hair with a pen and pulling hair out in	Patient taken into seated PMVA holds on own bed. Patient facilitated and RT Haloperidol 5 mg and Promethazine 2 mg as clinically indicated well to good effect. SNAD informed and review requested. NF Observations commenced. Debrief to follow	risk assessment updated	N/A		Closed
DATIX3883	03/08/2024	03/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was resistive to their NG feed.	Patient was held in seated holds in the pod with the weighted blanket on their legs.	Care plan followed along with 1:1 work with staff	N/A		Closed
DATIX3893	04/08/2024	03/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Service user was seen to be head banging using left side of her head against the wall in the shower room in her bedroom, bleeding was noted. Staff tried verbal de-escalation and grounding techniques were suggested to no effect, she still continued to head bang. Decision made to activate PMVA, staff utilised holds, service user was guided to be seated on pod along with the use of leg cushion. Ice pack was used, Staff offered oral RT Lorazepam 2 mg however service user refused.Rapid tranquillisation of Promethazine 25mg administered intramuscularly through RM at right thigh. Thereafter, service user has appeared calm. Smart cut wound as a result of headbanging was cleaned and dressed. Post RT physical observation to be completed Neurological observation has been done with GCS 15 Reviewed by doctor		Care plan followed along with 1:1 work with staff	N/A		Closed
DATIX3894	04/08/2024	04/08/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Service user was seen to be sat in his bedroom. He told staff he was feeling suicidal and had taken an overdose. He immediately came out then told to staff that his room is full of gas and very disgusting. He came to the communal area and told to staff stay for 5 minutes, inside his bedroom. There was no problems inside his bedroom. Staff tried to de-escalate him through this, but he was not co-ruffle and not listening. Staff asked him to go outside the ward and gone to another ward as well as complaining the same things Also in bedroom. Staff from that ward came with the patient and tried to explain the things but not understanding the things. He again started shouting and rude to staffs. Also threatened one of the staffs Take another ward. Offered PRN medications refused.	Sang another wards and got a PMVA team. Offered service user oral RT medications but refused. Therefore, administered IM RT (Haloperidol, 5 mg and Promethazine, 25 mg). Done non contact physical observations every 5 minutes first then 15 minutes, 30 minutes and hourly.	Patient expressing concern that bedroom smelled of gas (no gas used within hospital). Staff attended and sought to address concerns, patient unhappy and refused to engage. Patient was escorted by ward staff past members of another ward that no gas was present. Patient became aggressive and threatening, therefore staff assembled a PMVA team and medications administered.	Staff sought to address patients concerns, however patient unwilling / unable to accept reassurances. Staff elected to proceed with administration of medications as a means of aiding patient to calm. Procedures followed in respect to administration and post RT observation.	None (no harm caused by the incident)	Closed
DATIX3896	04/08/2024	04/08/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Service user was seen to be sat in his bedroom. He told staff he was feeling suicidal and had taken an overdose. He immediately came out then told to staff that his room is full of gas and very disgusting. He came to the communal area and told to staff stay for 5 minutes, inside his bedroom. There was no problems inside his bedroom. Staff tried to de-escalate him through this, but he was not co-ruffle and not listening. Staff asked him to go outside the ward and gone to another ward as well as complaining the same things Also in bedroom. Staff from that ward came with the patient and tried to explain the things but not understanding the things. He again started shouting and rude to staffs. Also threatened one of the staffs Take another ward. Offered PRN medications refused.	Sang another wards and got a PMVA team. Offered service user oral RT medications but refused. Therefore, administered IM RT (Haloperidol, 5 mg and Promethazine, 25 mg). Done non contact physical observations every 5 minutes first then 15 minutes, 30 minutes and hourly.	Patient expressing concern that bedroom smelled of gas (no gas used within hospital). Staff attended and sought to address concerns, patient unhappy and refused to engage. Patient was escorted by ward staff past members of another ward that no gas was present. Patient became aggressive and threatening, therefore staff assembled a PMVA team and medications administered.	Staff sought to address patients concerns, however patient unwilling / unable to accept reassurances. Staff elected to proceed with administration of medications as a means of aiding patient to calm. Procedures followed in respect to administration and post RT observation.	None (no harm caused by the incident)	Closed
DATIX3900	04/08/2024	03/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		14:30. Patient observed to be head banging against the wall in patient's bedroom. Staff approached, asked to verbally deescalate her, with little to no effect. She was bleeding from her head. Level of head banging was moderate to severe.	As head banging became intense. PMVA team was called. Staff held her on holds. Pad and cushion were used. 1x1 holds were applied. She was resisting. Staff tried to verbally de-escalate her, with little to no effect and no other de-escalation techniques were used.	Care plan followed	N/A		Closed
DATIX3911	04/08/2024	04/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for her naso gastric tube feeding	Patient was held on light holds, using pad and cushion - Not resistive during the feed. Care plan followed past feed. Had her prescribed medications.	Care plan followed and facilitated walk/1:1 as per plan.	N/A		Closed
DATIX3916	04/08/2024	04/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient left the hospital site running into the street doors and sat on the floor outside the hospital. 2 staff members went outside to try and encourage patient to return back to the ward. Patient refused and was verbally aggressive to both staff members. Patient demanded a psychiatrist and a doctor to be brought outside the hospital to see them. Staff explained they would not be coming outside and patient will see the duty doctor for them to see the patient. Patient refused. Patient walked away from staff and was going further and further away from the hospital premises. PMVA team was called to bring the patient back to the ward. Patient was resistive to the PMVA and in one of our staff members jacket grabbed staff by the collar of their their t shirt and raised their fist to punch staff. PMVA team arrived just on time and patient was put on holds to prevent them from	Patient agreed to walk back to the ward as staff removed the hold. Patient returned back to the ward and sat in the lounge area. Patient refused the oral RT telling staff they were calm. Due to a nurse from another ward saying the patient was in their room and was stating they were calm so they disagreed for the patient to be administered the IM. Patient was not administered any medication.	Patient left the ward when unauthorised to do so. Staff sought to intervene and return patient to ward in doing so patient became threatening and hostile, with an attempt made to punch a staff member. PMVA intervened to avoid staff being punched, and escorted patient back to ward.	Staff sought to manage the escalating situation, gained support from PMVA team and returned patient to ward.	None (no harm caused by the incident)	Closed
DATIX3921	04/08/2024	04/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient was observed to be low level head banging in their shower. Staff called a Medical emergency as there was a lot of blood coming from the patients head.	Care manager to remain patient with her whilst others went to get PMVA holds on standby. Staff to remain in holding position until patient then let go for staff to then with	Care plan followed along with self injury policy with being reviewed by medics	n/a		Closed
DATIX3928	04/08/2024	04/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient tried to barge in to the office. Patient was escalating in his behaviour. Staff had to place patient on PMVA holds. Patient was then moved to his bedroom patient assisted further, attempting to kick staff, and has been very resistive. Staff moved to assist patient to his bedroom and place patient on seated holds in his bed. Patient was very resistive throughout, fighting staff. Staff administered 2 mg Lorazepam RT IM on right thigh. Patient was observed by staff member. At 14:30 staffs removed PMVA holds and left patient in his bedroom. As soon as staff disengaged patient came out in to the main corridor without wearing a top. Staff encouraged patient to wear a top. Patient then refused and went back in to his room and got into his central medic. Staff had to place patient again on PMVA holds. Patient was very resistive. Staff had to place patient on to PMVA holds to supine position.	Placed into supine restraint. PMVA team called. Patient removed to the ESA. PDS where he remained combative and very resistive. IM Medication administered.	Debrief to staff and patients. Information handed over. PBS care plan reviewed.	Discussion during MDT. Review of care plans. Review of treatment plan.	None (no harm caused by the incident)	Closed
DATIX3942	05/08/2024	05/08/2024	St Ingoberts, Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Non-standard hold	Other member of staff had to hold patient by both arms to restrict movement from pulling staffs hair and patient then let go for staff to then with	patient was pulling staffs hair and collar from behind so staff had to intervene to prevent any further harm to staff. patient did let go and staff withdrew from the unit.	This is a historical behaviour. all staff are trained in Physical interventions and breakaaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are mentioned and reviewed on a weekly basis. During PBM training staff are made aware of how to use harmless are discussed for working will all service users.	This is a historical behaviour. all staff are trained in Physical interventions and breakaaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are mentioned and reviewed on a weekly basis. During PBM training staff are made aware of how to use harmless are discussed for working will all service users.	None (no harm caused by the incident)	Closed
DATIX3945	05/08/2024	04/08/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self Harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient A was seen self harming at 22:22hrs when the staff went to take her medications to her bedroom. She was seen sat on the floor and cutting her neck on the left side. Informed the NIC and the staff on the ward. The staff went to her bedroom and tried to take the cutlery piece of her. Patient A was being very resistive. Patient A was cutting her neck with the head of the spoon. 1x pack was brought and put it on back of her neck. The staff managed to take the spoon head off her. Patient A was still resistive and was trying to pick the cutlery piece from the floor. Patient A didn't stop continued to be very resistive. She was targeting a staff nurse from the Saorsh that she ward did yesterday. The Nurse stepped out of the bedroom.	PMVA team called at 22:17hrs. PMVA team arrived. Rapid Tranquillisation - Oral RT was administrated to the Patient A at 22:20hrs. Patient A was administrated with another RT Promethazine IM 50mg at 22:18hrs. Called the Doctor. The Doctor came to review. Patient A was taken to A&E. Ex staff sat with her. She was offered to come to the communal area but refused at this point. She was a bit settled later and she was offered her regular medications which she took it. The staff went to check on her and did the dressings. Patient A was offered to come to the communal area which she did. She spent some time in the communal area with her peers and the staff at 23:30.	Mental state and associated risks reviewed Long term risk of self harm identified Care plans in place Self Harm Pathway available	n/a		None (no harm caused by the incident)	Closed
DATIX3950	05/08/2024	05/08/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Due PMVA team was called due to being very patient behaviour in bedroom exploding and throwing objects around room, smashing things around room and banging doors - destroyed PPE medication orally	PMVA team assembled when decision taken to give RT. Team entered, restrained and medication administered.	Mental state and risks reviewed Patient unable to identify trigger Restrictive practice required to maintain safety of patient and others. Treatment plan reviewed	n/a		None (no harm caused by the incident)	Closed
DATIX3952	05/08/2024	05/08/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		patient displayed signs of agitation and tried to leave the ward verbalising to staff that when she left the ward she would end her life. Staff stopped her from leaving and patient became aggressive, throwing objects around the room, smashing windows before walking up the corridor and kicking the fire doors and broke the glass before grabbing part of the broken glass in her hand. At this point two staff pased her in holds removing glass from	Nurse called Duty Doctor to advise on RT administration and Duty Doctor reinstated RT IM. Team called ready to place patient in holds. Nurse in charge informed patient that RT was due. Patient refused and tried to kick nurse. Team then placed her in holds and RT IM promethazine 50mg administered to left thigh.	none	none	None (no harm caused by the incident)	Closed
DATIX3966	05/08/2024	05/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient resistive to as prescribed NG feed being administered	Patient supported to seated PMVA holds in pod patient administered as prescribed NG feed in holds patient administered usual as prescribed morning medication out of holds patient facilitated assisted leave (walk) with nursing	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATIX3977	05/08/2024	05/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient heard to be head banging in own shower cubicle. Patient not responding to verbal de-escalation/distraction. Wound observed central to top of patient's head.	Patient supported from shower cubicle to seated PMVA holds in pod with use of PMVA cushion on laps. Patient resistive. IM Promethazine 25 mg IM administered to left thigh through clothing as clinically indicated to good effect. RT NEWS 2/Neuro observations commenced. SNAD informed and review of wound and post RT requested which was completed by SNAD. Patient supported to head wounds being cleaned and dressed. Patient handed over razor blade reporting had been in own possession for many weeks inside phone cover at back of phone. Debrief to follow.	wound from SH with razor not because of headbanging. sat head with razor	new (minor harm, e.g. taken up to 1 month to rectify)	Closed
DATIX3984	05/08/2024	05/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient A was in the communal area presenting as restless, chaotic and intimidating. He was offered oral medication proactively but he refused it. He was into the personal space of another female patient & Staff put firm boundaries in and explained that it is inappropriate behaviour. Patient A became very hot when staff intervened the situation. He was placed in PMVA holds where he was resistive. He was then placed in holds and dropped his weight in to the floor, offered oral medication again. He refused it and he was moved to the SCA. He was the aware of the		Debrief to staff and patients. Information handed over. PBS care plan reviewed.	Discussion during MDT. Review of care plans. Review of treatment plan.	None (no harm caused by the incident)	Closed
DATIX3986	05/08/2024	05/08/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		PBM held maintained to administer IM haloperidol injection	oral medications offered on multiple occasions, informed about IM raid PBM hold, patient responded they will be moving throughout, PBM hold maintained to allow safe administration of medication. MERT assessor on site. Physical obs done following: BP 135/86 respiration rate 16 RF 105/86 SATS 97	Correct actions taken at time of report.	None required.	None (no harm caused by the incident)	Closed
DATIX3998	05/08/2024	05/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for nasogastric feeding. Service user was resistive during the feed. Staff called PMVA staff to assist staff. Seated pod and weighted blanket were used for PMVA. Service user less resistive during the feed. Facilitated assisted walk with staff after the feed.	Service user on light PMVA holds for planned nasogastric feeding. Pad and cushion used. Tolerated the feed. Care plan followed past feed. Had her prescribed medications.	Care plan followed and facilitated walk/1:1 as per plan.	N/A		None (no harm caused by the incident)	Closed
DATIX4004	07/08/2024	06/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)	Cloncal hold (seated)	Headbanging heard from patient's bedroom Patient observed to be standing, hitting her head against the bedroom wall.	Female staff immediately tried to remove male HCA from bedroom, and tried to safely contain service user. A tried to headbutt male HCA. Staff managed to get service user into seated holds on pod, service user appeared scared, was screaming and to reject him as he believed The medication is going to erase his memory. Staff continued to reassure service user. Prescribed depot and RT 2 mg Lorazepam was administered at 13:55, Staff immediately released holds as it assured he wouldn't hurt staff and service user. Staff left the room and monitored him by CCTV. He started on own touch observation. Staff apologised for the incident and A accepted apology. Peer apologised to the male HCA staff. Service user was asleep afterwards. Debrief to be followed. Post RT Review completed by ward medics.	Mental state and associated risks reviewed Long term risk of self harm identified Care plans in place Self Harm Pathway available	n/a		None (no harm caused by the incident)	Closed
DATIX4006	06/08/2024	05/08/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self Harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing			2 staff managed to remove patient from the shower area and restrain them on the pad, using the pillow as their legs. Patient was given RT IM 2mg Promethazine in their right leg. Holds were kept applied. She slammed the door and threw the vase	Care plan followed along with self injury policy with being reviewed by medics This patient is for full review by Dr Kelly on her return on Monday the 12 th August.	n/a		None (no harm caused by the incident)	Closed
DATIX4008	06/08/2024	05/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self Harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Clinical hold (seated)	PMVA (physical intervention)	Clinical hold (seated)		At 22:35 patient was overheard and shortly later observed to be banging back of her head against bedroom wall. Low level banging. Staff immediately went to support her, two members of staff tried to verbally de-escalate see after the other however failed. Staff used grounding techniques such as crisis monitor , ice pack , relaxation , cue card, PRN medications all attempts has showed no positive outcome. Plan made to administer RT. She was informed about the RT plan prior to holds usage. Team was called , put her on clinical seated holds with leg cushion. She was slightly resistive , offered tablet which she refused. Administer RT IM promethazine at 23:02 in her left thigh. Shortly after the IM she became superficially settled. RT and neuro observations was started.		Care plan followed along with procedure	N/A		None (no harm caused by the incident)	Closed
DATIX4010	06/08/2024	06/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Clinical hold (seated)		02:30 - Patient overheard screaming and shouting in bedroom. De-escalation attempted. 02:45 - Continuous banging sound heard coming from patient's bedroom. Patient also overheard screaming and shouting. Upon arrival at patient's bedroom, it became apparent that she had barricaded herself into her bedroom. De-escalation attempted and PRN medication offered. 03:00 - 03:15 - Patient overheard screaming and shouting in her bedroom. Continuous banging sound also heard. Again, upon arrival at patient's bedroom, it became apparent that she had barricaded herself into her bedroom. De-escalation attempted and PRN medication offered. 03:15 - 03:25 - Patient overheard screaming "it's bleeding now, that's what I wanted". Decision made to call PMVA. Patient was in the process of self harming in bedroom. Banging sounds heard coming from her bedroom. Patient also barricaded herself in her bedroom. De-escalation attempted. 06:00 - 06:30 - Patient heard screaming and shouting in bedroom. Banging sounds heard coming from her bedroom. Patient also barricaded herself in her bedroom. De-escalation attempted. 06:30 - 07:00 - Patient heard screaming and shouting in bedroom. Banging sounds heard coming from her bedroom. Patient also barricaded herself in her bedroom. De-escalation attempted again. Due to prolonged period of disturbance, RT Promethazine 25mg administered intramuscularly through RM at right thigh. Thereafter, patient has appeared calm.		Risk as updated RT Alloy followed	N/A		None (no harm caused by the incident)	Closed
DATIX4012	06/08/2024	06/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Clinical hold (seated)				supported pt distress by AWI	N/A		None (no harm caused by the incident)	Closed
DATIX4023	06/08/2024	06/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user on light PMVA holds for planned nasogastric NG feeding.	Service user put on light PMVA holds seated on POD. Pad and cushion used. Tolerated the procedure. Provision of cleat through samsource. Administered regular medications following the feeding. Taken her out for walk following the feeding.	Care plan followed and facilitated walk/1:1 as per plan.	N/A		None (no harm caused by the incident)	Closed
DATIX4037	06/08/2024	06/08/2024	Other (if unlisted)	Other (if unlisted)	PICU	Other (if unlisted)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient for blood test as no less intense in proportion to the risk of serious if undetected medical condition is not treated.	Patient was explained to the ward carer how the procedure will take place and what monitoring would be used to safe guard the patient.	None required	None required	None (no harm caused by the incident)	Closed
DATIX4045	06/08/2024	06/08/2024	Gloucestershire Royal Hospital	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Escort		Planned standing clinical hold to allow xrays to be carried out, Due to patients learning disability he did not understand the need for the xray and was struggling to stay in position it was felt by staff that a clinical hold was the safest way to ensure the xray was completed safely. Three GHC staff implemented a standing clinical hold linked arm position while a third implemented a head hold in order to encourage the patients head into the		None required	None required	None (no harm caused by the incident)	Closed
DATIX4048	06/08/2024	06/08/2024	Other (if unlisted)	Other (if unlisted)	PICU	Other (if unlisted)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.	Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.	None required	None required	None (no harm caused by the incident)	Closed
DATIX4052	06/08/2024	06/08/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		The patient refused her oral medication even after attempted several times by different staff. So a STAT dose of Haloperidol injection was given according to the patient's weight and Promethazine was given as PRN holds. The patient was reluctant to take the medication and staff approached her in her room at 12:00 to say staff were ready and she came to the communal areas (which had been prepared with the PBM and relevants).	PBM holds by 4 staff,2 on the hand and 2 on the leg both x pad. She staff giving her injection according to prescription. Post injection post administration taken. NEWS 2 PLACE 55. Dr are aware of the incident and inform us that we can stop the physical observation. Not informing the family members as she doesn't give consent to share information to anyone.	The patient was fully discussed and supported by the MDT. Care plans reviewed according to this action. No other actions could have been taken. She wil be fully reviewed by dr Kelly at MDT on the 12th August	none	None (no harm caused by the incident)	Closed
DATIX4055	06/08/2024	05/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Harmful behaviour directed at others	Planned	PMVA (physical intervention)	Seated (POD used)		Patient self-harming through head banging	Staff de-escalated without good effect, patient restrained RT IM administered	Care plan followed	N/A		None (no harm caused by the incident)	Closed
DATIX4068	06/08/2024	06/08/2024	Other (if unlisted)	Other (if unlisted)	PICU	Other (if unlisted)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Phlebotomy PBM clinical seated hold on patient sitting on POD in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DATIX4072	08/08/2024	08/08/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Service user was seen to be sat in his bedroom. He told staff he was feeling suicidal and had taken an overdose in response to dope administration during last admission. Staff decided to inform service user first offering oral tabs and if refuses to administer depo. To maintain, safety and de-escalation techniques. Service user told staff from the ward was arranged on the site. Blinds and charge nurse went and spoke to A regarding the depo consideration, clearly providing rationale. A clearly stated he wouldn't have any oral tablets, A then came out to communal area, trying to go to ward garden, however the doors were closed prior to which A got very angry and started to kick the door to get meds on him he would kick off and push staff. A then retired to bedroom. Staff followed given how vital it was for A to have meds. When A saw staff he went in a defensive mode , started throwing punches , some punches were impacted before staff to back off.	Female staff immediately tried to remove male HCA from bedroom, and tried to safely contain service user. A tried to headbutt male HCA. Staff managed to get service user into seated holds on pod, service user appeared scared, was screaming and to reject him as he believed The medication is going to erase his memory. Staff continued to reassure service user. Prescribed depot and RT 2 mg Lorazepam was administered at 13:55, Staff immediately released holds as it assured he wouldn't hurt staff and service user. Staff left the room and monitored him by CCTV. He started on own touch observation. Staff apologised for the incident and A accepted apology. Peer apologised to the male HCA staff. Service user was asleep afterwards. Debrief to be followed. Post RT Review completed by ward medics.	Patient required depot medications as prescribed by consultant psychiatrist. Due to previous reactions to depot medication administrator staff pre-empted the need for additional precautions to maintain safety of patient and colleagues. Staff managed intervention with compassion and sought to use least restrictive method of administration. PMVA techniques implemented (seated holds), however released once administration completed and when patient was able to calm. Post RT observations commenced, owing to parent / headbutt sick out at staff members. Medics reviewed patient following this incident, post RT observations implemented as a means of ensuring patient safety.	Necessary to proceed with depot medication despite patients refusal and agitation, staff sought to work collaboratively with patient to avoid the need for this. Highly distressed and unable to engage in discussion. Staff had predicted this reaction and ensured safety of patient and staff through organising a PMVA team to assist in administration via seated holds. Holds were released as soon as patient had calmed sufficiently so as to avoid injury to staff members. Patient recovered well from the administration of medication and post following this incident. Staff completed debrief with patient, offered apologies and rationale for having to proceed against patient wishes. Apology and explanations accepted by patient.	None (no harm caused by the incident)	Closed
DATIX4175	08/08/2024	08/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated

DATIX4204	09/08/2024	09/08/2024	0-1 HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Pre-planned clinical hold for nail care - agreed as least restrictive approach in proportion to the risk of harm of failing to complete essential care. Agreed by all involved in th decision for patient lacking mental capacity to consent to nail care. Fingernails and toenails cut and filed during 3 person clinical hold using POD.	3 PBM sedation procedures by GP and administered by carers prior to procedure. Team attended home visit to complete nail care using clinical hold. Patient supported onto POD using PBM support by 2x staff. 3 person hold on POD. 6 staff held in total (staff on site duty safety swapped with another staff member midway through procedure to respond to patient incident). Nail care successfully completed. Patient appeared anxious but this was managed with reassurance and no evidence of lasting distress post procedure.	None required	none required	None (no harm caused by the incident)	Closed
DATIX4213	09/08/2024	09/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmvs required for administration of NG feed	POD and weighted blanket used.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4230	09/08/2024	09/08/2024	Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting dangerous behaviour	Unplanned	PMVA (physical intervention)	Seated (other)		The patient became restless and resistive to staff. Walked towards the dining room and pulled down staff utilisation board.	The patient was restricted and put on holds and taken to their room. They were further devastated when their PRN medication (2.5mg Lorazepam) were also administered with 2 mg of Droperidol.	Patient engaged in property damage due to acutely disturbed mental state. Care plans in place to support patient. Patient came to no physical harm.	Risks acknowledged, patients observations increased	None (no harm caused by the incident)	Closed
DATIX4236	10/08/2024	09/08/2024	Charlton Lane - Chestnut Ward	Charlton Lane - Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (floor up)		**no patient has been missing- no medication as discussed with the ward manager and MDT and ward consultant - nursing team - the use of PBM to** administer the depot. Intermuscular injection safety, the patient was already laying on the floor by the time the depot was prepared. Pre-emptive protocol supine floor restraint utilised to give the	PBM team utilised supine floor restraint implemented. ward manager informed doctor informed , datix completed entered on RIO RT physical observations commenced.	none	none	None (no harm caused by the incident)	Closed
DATIX4237	10/08/2024	10/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed in light holds 2x members of staff on pod to facilitate NG feed		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4243	10/08/2024	10/08/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient has declined his insulin. He had been asked on several occasions throughout the morning by different members of staff however has declined every time. This is the first time he has refused his insulin, however patient is unable to demonstrate any insight into safe diabetes management. Following his care plan, we called his daughter for her support however as she was unable to come to the ward this morning, PBM was utilised to administer insulin as a matter of patient continued to decline. PBM team was established. Patient independently walked to his bedroom however declined a further time when offered his insulin. PBM utilised and insulin	Once insulin was administered, PBM was safely disengaged. Patient was given space in his room. Patient's wellbeing was assessed however he said he wanted to leave and drink sure to talk. Wishes respected and staff left the room. Further PBM was not required immediately after. Non-touch observations completed, high resps of 26 - evidently distressed.	PBM utilised to administer insulin as per care plan	Managed appropriately	None (no harm caused by the incident)	Closed
DATIX4250	10/08/2024	10/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed.	She was put on light PMVA holds on the pod to facilitate the feed.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4266	11/08/2024	11/08/2024	Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient was agitated, and in high profile through out the shift. Patient was heavy kicking the doors, banging the windows, attempting to abscond from ward for cigarette. When staff attempted to redirect, patient was reluctant to engage and assaulted all staff.	Patient was put on holds and taken back to bed room several occasions.	Patient engaged in aggressive behaviour due to unsorted mental state and being unable to adhere to boundaries. Staff utilised interventions to ensure the safety of patients and staff.	Risk acknowledged, care plans in place to support patient.	None (no harm caused by the incident)	Closed
DATIX4271	11/08/2024	11/08/2024	Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Escort		Patient was escorted away from peephole after they was attempting to remove it from the wall.	Patient verbally redirected.	Patient engaged in property damage due to unsettled mental state and being unable to adhere to boundaries. Staff utilised interventions to ensure the safety of patients and staff.	Patient accepted redirection, care plans in place to support patient.	None (no harm caused by the incident)	Closed
DATIX4273	11/08/2024	11/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due her prescribed medication	patient was placed in light arm holds. She was interactive throughout the procedure. No resistance	Care plan followed	n.a	None (no harm caused by the incident)	Closed
DATIX4299	11/08/2024	11/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		light pmvs holds used for administration of NG feed	pod and weighted blanket used. c.s walk after	Care Plan followed as required	c/h	None (no harm caused by the incident)	Closed
DATIX4310	12/08/2024	12/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for her nasso gastric tube feeding	patient was held on light holds. Pod and weighted blanket was used. Briefly and chatty during the feed.	Care Plan followed as required.	c/h	None (no harm caused by the incident)	Closed
DATIX4320	12/08/2024	12/08/2024	0-1 HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent a patient causing serious intentional harm to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold for GP's surgery nurse to complete depot INJ as ordered for patient. The patient sat with the GP and the INJ was administered in the patient's left glute area. Held only implemented for the shortest amount of time possible using the least amount of		none required	none required	None (no harm caused by the incident)	Closed
DATIX4324	12/08/2024	12/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed in light holds with 2x members of staff on pod to facilitate NG feed as per care plan.		Care Plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4335	12/08/2024	12/08/2024	Wotton Lawn - Dean Ward	Wotton Lawn - Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Supine (floor up)		Patient was found headbanging in her bedroom with great force.	once mins put a poster between the wall and the raised head, patient then grabbed the pillow and tried to hit the staff with the pillow. PMVA team was called, staff put her on hold and stopped her from headbanging tried to extend in the bed which failed and staff managed to shift Patient to the pad and patient was fighting and managed to drag her self off the pad and was found on the floor in a prone position on floor, then patient was head banging in the floor which staff put a folded towels under the head. patient was offered oral RT which she refused and given RT IM Lorazepam 2mg was given. Patient was calmed down after giving IM Patient was given 4 injections and staff explained it was Lorazepam.Patient asked to be removed from restraints and staff quickly stepped away and left the room. Patient remained on the floor and was calm. At this point assuring staff of leaving her arms and standing on her feet As the final staff member left the room patient placed her hands on staff back and quickly pushed, staff asked her not to touch her, then	Mental state and assessment risks reviewed Long term risk of self harm identified Care plans in place Self Harm Pathway available	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	None (no harm caused by the incident)	Closed
DATIX4344	13/08/2024	13/08/2024	Wotton Lawn - Dean Ward	Wotton Lawn - Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	17 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient used blade to scrape previous wound on arm. Patient was in toilet and PMVA team called. Verbally devastated. Accepted RT lorazepam 2mg oral. Duty doctor informed. Patient refused to go to bed. Agreed to wear full length shift		Mental state and assessment risk reviewed Long term risk of self harm identified Care plans in place Self Harm Pathway available		None (no harm caused by the incident)	Closed
DATIX4366	13/08/2024	13/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		light pmvs holds for administration of NG feed.	POD and weighted blanket used. c.s walk.	Care Plan followed as required.	c/h	None (no harm caused by the incident)	Closed
DATIX4387	13/08/2024	13/08/2024	32 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		Staff when in to clean unit, patient attacked staff, alarm raised, supine restraint implemented.	Anti-ramt, patient reassured and comforted, visibly shocked for injury, none apparent	Patient engaged in aggressive behaviour due to unsettled mental state and being unable to adhere to boundaries. Staff utilised interventions to ensure the safety of patients and staff.	The correct actions were taken after full disussion with the medics and the patient was offered the alternative prior to using PBM For full review on Monday 12th August on Dr Kelly's return	None (no harm caused by the incident)	Closed
DATIX4392	13/08/2024	13/08/2024	Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was placed in PMVA holds after assaulting staff.	Patient taken to bedroom, staff disengaged and patient left to self soothe.	Patient engaged in aggressive behaviour due to unsettled mental state and being unable to adhere to boundaries. Staff utilised interventions to ensure the safety of patients and staff.	Risk acknowledged, care plans in place to support patient.	None (no harm caused by the incident)	Closed
DATIX4395	13/08/2024	13/08/2024	Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient attempting to leave the ward, placed in PMVA holds.	Patient redirected to bedroom.	Patient engaged in aggressive behaviour due to unsettled mental state and being unable to adhere to boundaries. Staff utilised interventions to ensure the safety of patients and staff.	Risk acknowledged, care plans in place to support patient.	None (no harm caused by the incident)	Closed
DATIX4412	13/08/2024	13/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for nasogastric feed. Patient was put on light PMVA holds with 2 members of staff. Seated pod and weighted blanket were used. Patient was not resistive during the feed. Patient was supported with verbal de-escalation during the feed and facilitated assisted feed after the feed.		Care Plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4418	13/08/2024	13/08/2024	Wotton Lawn - Greytharn PCU	Wotton Lawn - Greytharn PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PMVA (physical intervention)	Seated (other)		Greytharn ward. 4x female members of staff attended to support the patient to the ward. Due to extreme levels of distress, holds were implemented to administer RT 2mg Lorazepam medication in order to support a smooth transition to the ward and was, due to the patient presenting with extreme levels of distress and internal experiences. Patient was supported into a wheelchair due to reporting that she was unable to walk (patient was reporting to be a thalidomide despite being to walk). During the journey to PCU, patient attempted to stand up in the wheelchair so staff supported her to a seated position to avoid her causing accidental harm to herself. She was then wheeled onto the ward with		Patient was brought onto the ward and shown to her bedroom. Duty doctor made aware of new admission. Non-touch physical observations were commenced.	None identified.	None (no harm caused by the incident)	Closed
DATIX4420	13/08/2024	13/08/2024	Wotton Lawn - Dean Ward	Wotton Lawn - Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was very angry in mood , made judgements and accusations towards staff members and was in some unnecessarily in the communal area that triggered third person (patient) 2 in communal area. Both started commenting on each other , started an altercation. Staff intervened and asked both the patients to go back to their bedroom.Patient1 took herself back to the bedroom , patient1 stayed in communal area and started assuring staffs are supporting patient2 and did not stop Patient2. Staff tried to deescalate this situation , However, Patient1 was	TCA de-escalation techniques will be offered. Patient1 was in her room , Patient2 was escorted on electric wheel chair , staff stopped at the door . Turned the wheel chair off , Patient1 started screaming and shouting at staffs, drove the wheelchair back and trashed tables and chairs in the communal area. TCA Team called and arrived , cleared the communal area , turned off the wheel chair , put under hold and administered 10mg Promethazine intramuscularly. Debrief did not happen as patient refused to engage. Non touch RT obs carried out as refused physical	Mental state and risks reviewed Long term risk of self harm identified, engage with treatment plan and admission appropriately Staff to utilise restrictive interventions when clinically indicated to maintain safety of patient and others Detox status and treatment plan under review with allied professionals	N/A	None (no harm caused by the incident)	Closed
DATIX4429	14/08/2024	14/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient resistive to as prescribed NG feed - support required by nursing staff.	with use of weighted blanket (2 x nursing staff) as prescribed NG feed administered by 2 x GMN nursing staff while in holds. Once holds released. patient facilitated usual as prescribed morning medication and escorted walk	Care Plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4430	14/08/2024	13/08/2024	Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient was refusing to return from the ward following a period of leave out the front of the hospital.	Patient placed in holds in order to attempting to escort staff.	Patient redirected to bedroom in safeholds.	none	none	Closed
DATIX4433	14/08/2024	13/08/2024	Wotton Lawn - Abbey Ward	Wotton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient placed in holds due to attempting to assault staff.	Patient redirected to bedroom in safeholds.	none	none	None (no harm caused by the incident)	Closed
DATIX4435	14/08/2024	14/08/2024	0-1 HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold to take bloods to check ammonia levels. Patient held for the least amount of time possible using the least restrictive hold patient supported by staff who were known to her		none required	none required	None (no harm caused by the incident)	Closed
DATIX4436	14/08/2024	14/08/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		The patient was keep refusing his insulin after several attempts.	disarming, in the care plan, clinicians no longer, however she was unable to come to the ward this morning. PBN lorazepam 1 mg given to him, after 15 minutes offered his insulin again. but he t tried to hit staff with his walking stick. Staff had utilised to administer the insulin. He refused his latest his NEWS.	PBM utilised to administer insulin as per care plan	Managed appropriately	None (no harm caused by the incident)	Closed
DATIX4444	14/08/2024	13/08/2024	0-1 HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (floor up)		Planned clinical visit. Not following best interest decision to cut his finger and toe nails, take a blood sample, and some baseline physical observations. On arrival patient was resistive to the bed and he took appropriate prompts to get up to clinical safe hold.	Supine hold used on the bed to achieve nail cutting, done by trained care provider, and some physical observations were carried out which is above a blood sample from different sites which were unsuccessful.	none required	none required	None (no harm caused by the incident)	Closed
DATIX4471	14/08/2024	14/08/2024	Wotton Lawn - Greytharn PCU	Wotton Lawn - Greytharn PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient 1 approached Doctor 1 requesting leave. When this was declined they threw yoghurt over Doctor 1 and nearby staff. PMVA standing holds utilised to take Patient 1 to bedroom following continuation of assaultive behaviour. Following standing holds used to escort Patient 1 back to their bedroom. Patient remained in their bedroom upon leaving their bedroom and continuing to look for Doctor 1 over the following 15 minutes.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
DATIX4480	15/08/2024	14/08/2024	Wotton Lawn - Greytharn PCU	Wotton Lawn - Greytharn PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient became aware of relative 'issues' , argumentative and agitated. Patient made numerous attempts to assault staff, kicking staff, throwing items at staff, numerous attempts to assault peers, spitting at staff and peers, attempting to headbutt staff and peers. Incident leading to restrictive escort entailed patient attempt to punch peer in the face and had to be removed from the environment to bedroom, sealed restrictive escort used when Patient was in their bedroom. Patient was released from restraint utilised when patient attempted to slap staff member multiple times, when patient became verbally and racially abusive towards peer and staff. Further restrictive escort was not utilised due to patient dropping their weight and placing themselves on the floor, staff chose to disengage to avoid further	Patient was escorted to bedroom utilising restrictive escort and PRN medication was given.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DATIX4486	15/08/2024	14/08/2024	Wotton Lawn - Greytharn PCU	Wotton Lawn - Greytharn PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		patient was in communal areas demanding cereal when this wasn't facilitated quickly enough, patient then pushed staff member several times, staff intervened to reduce harm to staff and utilised PMVA restrictive escort to bedroom.	patient spent time in their bedroom.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DATIX4496	15/08/2024	15/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff in her bedroom.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4508	15/08/2024	15/08/2024	Wotton Lawn - Dean Ward	Wotton Lawn - Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PMVA (physical intervention)	Seated (other)		Patient was offered a 1:1 to discuss planning how she would like to have the depot today. Patient stated that she would like to have the depot in the left feeling fine and stable, she feels her illness before was caused by a UTI during Covid. Patient was adamant she would not receive the depot and did not wish to discuss how it could be managed in future. A room was utilised and we planned a seated restraint with a safety cushion Two ward members went down to offer the depot to patient, when patient refused the 2 staff members were escorted off the ward. Patient was calm but vocalised her objection to having the depot,stating she had met someone and wished to have a baby.It was her last chance.	The staff members sat on a light seated restraint,using holds mid forearm and the rest of the team entered the room and placed the cushion on her legs(due to the size restriction of the cushion no leg restraint was utilised). Patient was still verbally protesting the depot at this point but was not resistive When the depot was administered patient screamed that she did not want the depot and that she felt sick. The depot was then given in R thigh.Patient was extremely upset after having been given 2 injections and staff explained it was Lorazepam.Patient asked to be removed from restraints and staff quickly stepped away and left the room. Patient remained on the floor and was calm. At this point assuring staff of leaving her arms and standing on her feet As the final staff member left the room patient placed her hands on staff back and quickly pushed, staff asked her not to touch her, then	Restrictive practice required as per treatment plan Patient responded well to treatment. Use of restriction justified and proportionate	n/a	None (no harm caused by the incident)	Closed
DATIX4513	15/08/2024	15/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Supine (floor up)		Patient distressed and agitated with environmental damage, throwing things ripping books up evident. Unable to self manage these emotions. Had made numerous threats of suicide with letters left for staff and family. Had declined all oral medications and de-escalation attempts. Patient was laying on her side in her bed when the PBI came. It was clinically indicated to administer to reduce harm, reduce exhaustion and distress to	1 mg Lorazepam given in light holds. Patient was already laying in bed in a neutral position on bed. Verbal was advised to bed and stayt PBI de-escalated	P&P Followed	N/A	None (no harm caused by the incident)	Closed
DATIX4520	15/08/2024	15/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient resistive to as prescribed NG feed	Patient supported into seated PMVA 4 point with weighted blanket (2 x nursing staff). Patient administered as prescribed NG feed (2 x GMN nursing staff). Patient out of holds administered usual as prescribed medication.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4536	16/08/2024	15/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was resistive verbally abusive towards staff, then behaviour escalated and patient became physically assaultive towards numerous staff. Patient dropped his weight to the floor, upon standing patient lunged at staff member to the head, patient continued to kick out at staff, restrictive assist utilised to escort patient to bedroom. patient continued to be verbally abusive, attempting to kick staff when in the room. PRN medication was also offered (4g lorazepam which they declined, at this point it was felt RT administration was necessary and patient was unable and unwilling to accept oral medication. Patient continued to attempt to head butt staff when in the room. Patient was escorted to their bedroom. Staff re-entered bedroom and placed patient in seated holds on the bed, where RT IM was given. Patient has assaulted staff by punching and slapping on numerous occasions following RT being	Patient continued chaotic and elevated behaviour.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBI plan reviewed. Medication review.	The importance of PBI plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DATIX4629	16/08/2024	16/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was found to be verbally abusive towards staff, then behaviour escalated and patient became physically assaultive towards numerous staff. Patient dropped his weight to the floor, upon standing patient lunged at staff member to the head, patient continued to kick out at staff, restrictive assist utilised to escort patient to bedroom. patient continued to be verbally abusive, attempting to kick staff when in the room. PRN medication was also offered (4g lorazepam which they declined, at this point it was felt RT administration was necessary and patient was unable and unwilling to accept oral medication. Patient continued to attempt to head butt staff when in the room. Patient was escorted to their bedroom. Staff re-entered bedroom and placed patient in seated holds on the bed, where RT IM was given. Patient has assaulted staff by punching and slapping on numerous occasions following RT being	As a result of her escalating aggression, a planned PMVA intervention was activated. Patient was placed in a clinical seated position, and she was administered 5ml 50mg of Promethazine via im annuscle injection. The DMIC was promptly informed of the incident.	Managed well by staff RT Relay followed	N/A	None (no harm caused by the incident)	Closed
DATIX4634	16/08/2024	16/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Light PMVA holds. Engaged with the patient and distracted. c.s and dolorof after feeds. Escorted walk after feed.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4642	16/08/2024	16/08/2024	32 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient approached staff member who was sat on the sofa, attempting to grab, pinch and scratch them.	1x1 Intrusive escort used to maintain safety	Here's a service for individuals with Learning Disabilities, complex needs and challenging behaviour This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are monitored and reviewed on a weekly	Here's a service for individuals with Learning Disabilities, complex needs and challenging behaviour This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are monitored and reviewed on a weekly	None (no harm caused by the incident)	Closed
DATIX4650	16/08/2024	16/08/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Staff checked patients blood glucose, which was 7.2 mmol/l. Patient was informed of the result and was signalled the insulin pen from staff and refused to return it when asked.	PBM hold utilised to remove pen from patient and as per care plan was administered insulin via his abdomen. Pen returned after given the insulin. Doctor informed.	PBM utilised as per care plan to administer insulin as prescribed Managed appropriately to minimise risk	Managed appropriately to minimise risk	None (no harm caused by the incident)	Closed
DATIX4655	16/08/2024	16/08/2024	32 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient grabbed staffs clothing, not letting go and attempting to pull them to floor.		Here's a service for individuals with Learning Disabilities, complex needs and challenging behaviour This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are monitored and reviewed on a weekly	Here's a service for individuals with Learning Disabilities, complex needs and challenging behaviour This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All residents are monitored and reviewed on a weekly	None (no harm caused by the incident)	Closed
DATIX4664	16/08/2024	16/08/2024	0-1 HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		patient held in a clinical seated hold to enable her to receive her depo medication in the safest way.	secure hold in a seated clinical hold	none required	none required	None (no harm caused by the incident)	Closed
DATIX4668	16/08/2024	16/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		light hand holding for administration of NG feed	POD and weighted blanket used	Care plan followed	N/A	None (no harm caused by the incident)	Closed
DATIX4678	16/08/2024	16/08/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)		Planned	PBM (physical intervention)	Escort		male patient was physically and verbally aggressive towards family members and staffs.	staff intervened, escorted patient to his bedroom using PBM holds. no injuries sustained after PBM holds	Managed appropriately	N/A	None (no harm caused by the incident)	Closed
DATIX4682	17/08/2024	16/08/2024	Wotton Lawn - Priory Ward	Wotton Lawn - Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	12 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was heard banging in her bedroom, against the wall with back of head against the wall. Head banging was of moderate intensity.	Staff tried to verbally engage with her, with grounding techniques, with no effect. as per care plan one hood set was removed, provided with distraction techniques which seem not to be worked. PMVA team was called, She was held on seated holds on the bed, with 2 members of staff on care hol

GHC74720	19/08/2024	19/08/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient was demanding for going on a leave. Patient stopped staff 1's face all of a sudden. Patient then got up of the chair and attempted to assault other staff members. Staff intervened and patient was then escorted to bedroom. Staff attempted verbal de-escalation while in the bedroom. Patient was swearing at staff. Patient then accepted PRN medication when offered without any prompting.		Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	None identified.	None (no harm caused by the incident)	Closed
GHC74725	20/08/2024	19/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG Feed administered as per care plan	PMVA Holds implemented NG feed administered		CARE PLAN FOLLOWED	N/A	None (no harm caused by the incident)	Closed
GHC74726	20/08/2024	19/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	18 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		Patient supported at mobility- assessed and agitated for a long period of time. patient started shouting, screaming and crying in the communal area. patient slammed the door. PMVA was activated. Patient was given de-escalation, which was in effective. they unsettled the ward. Used all the grounding techniques, which was futile. Patient was put on PMVA holds with 2 members of staff. Oral RT was offered which she declined IM RT lorazepam was given on left thigh an seated position. Duty doctor was informed. Post PMVA debrief conducted with the staff members.	PMVA holds implemented Verbal de-escalation given, which was ineffective. Grounding techniques done, patient was not responding to it. offered oral RT, Which was declined. IM RT lorazepam 2mg was administered.		RT Policy followed	N/A	None (no harm caused by the incident)	Closed
GHC74727	20/08/2024	19/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious physical injury to themselves by	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was observed throughout the day to be presenting throughout the shift, no PRN or regular medication was to good affect. The Service user left her bedroom not long post previous incident, staff were unable to provide successful de-escalation for the service user to return in her room. The service then came into communal		staff intervened and escorted to female lounge were seated restrained on sofa was implemented. Service user remained agitated dysregulated and abusive throughout spitting and punching staff when opportunity came.		Risk updated Welfare check on staff	N/A	None (no harm caused by the incident)	Closed
GHC74731	20/08/2024	20/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Feed was given at right holds at 500. Used weighted blanket. Post feed care provided. Debrief provided.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC74748	20/08/2024	20/08/2024	Gloucestershire Royal Hospital	G HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated).		Planned Seated clinical hold implemented to allow phlebotomy tool. Holds implemented for the shortest amount of time possible using the least amount of force and the least restrictive hold possible.			none required	none required	None (no harm caused by the incident)	Closed
GHC74754	20/08/2024	20/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed		pad and weighted blanket used.	Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC74758	20/08/2024	20/08/2024	Patient's own home	G HOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated).		Planned clinical hold however patient took himself to the toilet. Holds implemented for the shortest time maintaining the clinical hold to allow phlebotomist to take blood. Clinical hold implemented for the least amount of time possible using proportionate force in order to maintain the safety of the hold.			none required	none required	None (no harm caused by the incident)	Closed
GHC74776	20/08/2024	20/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / Self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated).		20:15 - 20:25 - Patient overheard headbanging in bedroom. De-escalation, including grounding techniques, attempted, however, proved unsuccessful. 20:25 - 20:25 - PMVA holds utilised. Staff explained that medication may help them to feel less distressed. They were then offered the choice of oral or IM medication, which they declined. Patient remained, therefore the medication was administered. 20:35 onwards - PMVA holds were released, RT observations commenced. Duty Doctor reviewed and the patient was escorted to the front of the hospital and had a 1:1 with staff.			Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC74778	20/08/2024	20/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was attempting to enter the female area of the ward. A restrictive escort was used to move patient away from the area. Prior to holds being used, patient physically assaulted a member of staff (see separate datix). As the patient moved away from the area, they dropped their weight to the floor and staff disengaged.			Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC74780	21/08/2024	21/08/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient grabbing/scratching staff. Unsafe to walk patient to clinic room. Patient Grabbed area front of staff's shirt. Pulling staff towards to take him and escort.	Harms sounded, de-escalation techniques and removal from area staff to decrease arousal of patient.	Incident reviewed in weekly MDT, care plans and risk assessments up to date. Check in with staff, all okay.	That these behaviours persist despite continual formulation to identify alternatives for this patient.		Low (minor harm, e.g. Taken up to health to rectify)	Closed
GHC74789	21/08/2024	21/08/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		male patient has not had any personal care for a week. staff have been trying to encourage and deliver personal care. PBM initiated in order to do with minimal effect. patient was reluctant to accept any personal care.	staff had to PBM patient to the bathroom, holds released once in bathroom and patient recognised that personal care was required. Harms sent, RM continued to be verbally hostile towards staff and was attempting to splash water onto staff. staff managed to support patient with personal care and do a skin inspection. patient had few bruise marks on his right lower arm (which was already present and appears to be dry) and a small scratch marks on his buttocks.	Managed appropriately in line with policy	NA		None (no harm caused by the incident)	Closed
GHC74791	21/08/2024	21/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user on light PMVA holds, seated on pads for planned NG feeding	Service user on light PMVA holds, seated on pads for planned NG feeding. Reassurance provided. Continued to offer one to one. Explained each PMVA hold to the service user.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC74801	21/08/2024	21/08/2024	G HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated).		Planned clinical hold implemented by the HOT team to allow phlebotomy to take blood. Holds were proportionately for hold agreed with GP and interested parties prior to hold being implemented following a Best interest approach. Clinical hold implemented for the shortest amount of time possible using the least restrictive hold possible.			none required	none required	None (no harm caused by the incident)	Closed
GHC74815	21/08/2024	21/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed. Was restrained. Used pad and as per patient's requested used weighted blanket.	Given feeds on light holds. 1:1 after feed. Taken out for a walk and completed debrief with the patient.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC74817	21/08/2024	21/08/2024	G HOT	Pullman Place (c	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Phlebotomy PBM clinical hold on patient strong on POD in best interest, in proportion to the risk of serious harm if any unattested medical condition is present.			none required	none required	None (no harm caused by the incident)	Closed
GHC74818	21/08/2024	21/08/2024	G HOT	Pullman Place (2	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated).		Planned clinical hold to take bloods from patient while restrictive hold used for least amount of time. Patient came into the room and was supported by his carer and a member of the HOT team. Team then implemented the planned hold. patient became slightly distressed however calmed quickly following.			none required	none required	None (no harm caused by the incident)	Closed
GHC74820	21/08/2024	21/08/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated).		patient grabbed staff members clothes	slim removal attempted but failed so ended up in a restrained hold.	Incident reviewed, staff and patient okay. Incident dealt with appropriately and in line with this patient's care plans. All incidents reviewed in our weekly MDT.	That staff are aware of and able to use the techniques needed to de-escalate this patient and when unable to how to use physical interventions.		None (no harm caused by the incident)	Closed
GHC74840	22/08/2024	22/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for her Nasogastric tube feeding.	She had her feeds on light holds. Care plan followed. She had 1-1 walk after and remained on 1-1 for one hour.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC74841	22/08/2024	21/08/2024	Montpellier Low Secure Unit	Montpellier Low Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient became aggressive towards staff members, advised into his personal space, to the point where patient was up against staff member, and used abusive language.	Hands were put on patient, precautionary holds used and he was led back to his bedroom	Understanding triggers in the context of clinical formulation	No further lessons learnt		None (no harm caused by the incident)	Closed
GHC74842	22/08/2024	22/08/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Supine (face up)		Female became distressed whilst on the floor (had lowered self there), he was being verbally aggressive and violent towards staff who were trying to encourage him to get up from the floor (he had put himself on the floor and sat on his front).	Patient turn on back and supine PBM used on floor to give IM RT.	Managed appropriately	NA		None (no harm caused by the incident)	Closed
GHC74847	22/08/2024	22/08/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PBM (physical intervention)	Supine (face up)		Female was restrained on the floor (had lowered herself there already caused one skin tear). Patient voicing he needed the toilet, so staff used PBM to support him to use the Raizer chair, providing reassurance throughout. PBM used to then transfer patient to wheelchair from standing.	Patient supported to bedroom to use toilet and have personal care support. Patient now released in bed.	Managed appropriately	NA		None (no harm caused by the incident)	Closed
GHC74850	22/08/2024	22/08/2024	G HOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical hold on bed for cannula in his best interest in proportion to the risk of serious harm.	It was explained to nurse staff/carer, how the restrained would take place and what monitoring would be used to safe guard the patient.	none required	none required		None (no harm caused by the incident)	Closed
GHC74860	22/08/2024	21/08/2024	G HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		patient held in a seated clinical hold to allow bloods to be taken in the safest manner	distraction techniques used reassurance	none required	none required		None (no harm caused by the incident)	Closed
GHC74878	22/08/2024	22/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed. Feeds given on light holds. Used pad and weighted blanket. Patient was not resistive. Post feed observations after feed. Taken out for walk.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC74879	22/08/2024	22/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	AWOL, absconding and missing patients	Patient absconding from a lawful custody	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		Female was restrained on the floor (had lowered herself there) and was requested to use courtyard leave by herself. staff facilitated escorted leave which she refused. After 15 minutes patient ran off from the ward , two members of staff put her on holds and escorted her back to the ward. Offered medication which she accepted. Facilitated debrief but patient doesn't want to talk about it.			prosnis followed	N/A	None (no harm caused by the incident)	Closed
GHC74886	22/08/2024	22/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Escort		Patient was more screaming in corridor and staff tried to verbally de-escalte multiple times with no positive outcome ,she started to unsettled the wa s therefore used PMVA holds and escorted her back to her room. Attempted verbal de-escalation again with some effect.			managed distressed patient	n.a	None (no harm caused by the incident)	Closed
GHC74893	23/08/2024	23/08/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Supine (face up)		The patient went to the ward aggressively and spoke to the staff, requesting his medication. The staff explained to the patient to come to the communal area so the staff could safely administer the medication. The patient refused to come out and started to become aggressive towards staff, pushing past the ones away. The team was called to take the		Oral RT 2mg lorazepam was given.	none		none	Closed
GHC74897	23/08/2024	23/08/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient becoming increasingly hostile towards staff due to not having leave to smoke facilitated (sat off to the side of the communal area) however patient then began to hit out and kick staff. PMVA holds utilise to maintain safety. Patient headbutted a female member of staff with force. Also pulled staff members hair refusing to let go. Started PMVA holds utilised and RT given via IM into left thigh.			Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC74906	23/08/2024	23/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for nasa gastric tube feeding	patient was held on light holds. sats resistive. 2:1 arm holds applied. Pad and weighted blanket was used. Care plan followed.		Care plan followed	N/A	None (no harm caused by the incident)	Closed
GHC74914	23/08/2024	23/08/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was reminded they can not use a bunns in communal areas, patient then went to the kitchen in the garden, patient then hit out with a clenched fist and struck a staff members arm, patient then attempted to lash out at another staff member, but did not make contact. Patient continued to shout verbal abuse at staff members and therefore staff utilised a restrictive escort to return patient to bedroom.		Staff managed to get up from the floor and withdraw and the patient withdrew to his bedroom	Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	incident reviewed. Incident dealt with appropriately and proportionately to the level of risk being posed at the time.	That this patient can present with very challenging behaviours that pose risks to his environment and those around him.		None (no harm caused by the incident)	Closed
GHC74917	23/08/2024	23/08/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Escort		Staff were set in patient's lounge with patient. Staff nurse and doctor entered the unit. Patient grabbed staff's clothing not letting go.	Verbal redirection and distraction, staff removing themselves from the area.	Incident reviewed, patient and staff okay. Incident reviewed in MDT. Ongoing formulation of this patient to identify reasons for these behaviours.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments are reviewed and updated as incidents are mentioned and reviewed on a weekly	That staff are aware of and able to use prescribed techniques and interventions to minimise these behaviours.	None (no harm caused by the incident)	Closed
GHC74920	23/08/2024	23/08/2024	G HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		patient held in a seated clinical hold to allow bloods to be taken in the safest manner 4 gold bottle from the left elbow crease. x1 gold, x1 purple from the right elbow crease.	resourcesres through-out		none required	none required	None (no harm caused by the incident)	Closed
GHC74923	23/08/2024	23/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed in light holds 2x members of staff on pad to facilitate NG feed as per care plan.			Care plan and prosno followed	N/A	None (no harm caused by the incident)	Closed
GHC74929	23/08/2024	23/08/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		male patient was refusing to collect bloods for investigation. staff had to restrain using PBM holds. cushion pad was used behind whilst sat on his bed. Holds to prevent hitting his head on the wall.	staff restrained the patient using PBM holds to collect blood for investigation. patient initially got settled, but continued to be verbally hostile towards staff and was attempting to splash water onto staff.	nt, managed appropriately to support bloods to check for infection	Managed appropriately		None (no harm caused by the incident)	Closed
GHC74930	23/08/2024	23/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		The patient was observed defecating into his bed and smearing the windows, getting the toys that were on his table and throwing them towards his door. Patient was shouting that he was not harrassing himself. Staff attempted to redirect the patient to go to his room, so they could remove the toys from the table and pack them away in the tea cupboard. As they were considered potential danger items. Patient then left the bedroom and walked to staff's room in her internal lounge to unlock staff. PBM was attempted but the patient pulled himself to the floor forcing staff holding him to go down with him. No patient assisted staff in the process.		Staff managed to get up from the floor and withdraw and the patient withdrew to his bedroom	Incident reviewed. Incident dealt with appropriately and proportionately to the level of risk being posed at the time.	That this patient can present with very challenging behaviours that pose risks to his environment and those around him.	None (no harm caused by the incident)	Closed
GHC74957	23/08/2024	23/08/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PBM (physical intervention)	Escort		Patient was in patient's lounge with patient. Staff were in the bathroom and staff attempted to redirect. The patient began pulling the rim to the bathroom light fitting damaging it, staff attempted to redirect but the patient was not responding and staff applied PBM and escorted him back to his bedroom. The patient managed to scratch staff in the process.	Staff stood in the lounge and staff continued to redirect, validating the patient whilst waiting for the statutes who arrived within 30 mins	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments are reviewed and updated as incidents are mentioned and reviewed on a weekly	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaaway and are seen by a Qualified Nurse. Care plans and risk assessments are reviewed and updated as incidents are mentioned and reviewed on a weekly	None (no harm caused by the incident)	Closed
GHC74964	24/08/2024	24/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		At approximately 01:20 hrs, it was observed that Patient was headbanging in her bedroom. She was seated beside her bed and repeatedly striking the back of her head against the wall with low-to-medium intensity. Two staff members attempted verbal de-escalation, but patient was unresponsive and continued rocking, showing no engagement with staff.	At around 01:25 hrs, PMVA was activated, and Patient was placed in clinical holds. During the intervention, staff continued attempts to verbally de-escalate the situation, but Patient remained unresponsive. She resisted during the procedure and made attempts to dislocate her shoulder, prompting staff to tighten the holds. Patient was offered oral medication but continued to be non-compliant. Consequently, she was administered 50 mg of Promethazine via IM to her right thigh. Following the rapid tranquilisation, Patients behaviour notably stabilised and holds were released immediately. Two staff members remained with her in her bedroom, where she began to engage with them	Care plan and prosno followed	N/A	None (no harm caused by the incident)	Closed
GHC74966	24/08/2024	24/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by ED members of staff.			Care plan and prosno followed	N/A	None (no harm caused by the incident)	Closed
GHC74970	24/08/2024	24/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Standing		Staff, sat in the ward's communal area, observed the patient throwing a dining plate against the floor, resulting in the plate shattering into small fragments. The patient then picked up one of the small fragments and this resulted in a small skin tear forming on their finger. Staff attempted to remove the fragment from their hand and attempted to pick up a larger fragment. When they did not respond to redirection from staff, they were placed in PMVA Serpents holds. The patient responded well to de-escalation from staff and subsequently released the fragment. Following this, the patient's skin tear was attended to and they were administered PRN Lorazepam 2mg.			Care plan and prosno followed	N/A	None (no harm caused by the incident)	Closed
GHC74974	24/08/2024	24/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was restive to their NG feed	patient was restrained on the pad in a seated restraint with the weighted blanket. NG feed was given.	Care plan and prosno followed	N/A		None (no harm caused by the incident)	Closed
GHC74986	25/08/2024	24/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		At approximately 22:20 hrs, it was observed that Patient was headbanging in her bedroom. She was seated beside her bed and repeatedly striking the back of her head against the wall with low-to-medium intensity. Two staff members attempted verbal de-escalation, however it was futile. she stated to the staff that the trigger for her headbanging was she ceotents in 1:1 conversation with S/N which she does not wish to to disclose.	At around 22:30 hrs, PMVA was activated, and patient was placed in clinical holds. During the intervention, staff continued attempts to verbally de-escalate the situation, but she remained unresponsive. she was offered oral medication but declined. Consequently, she was administered 50 mg of Promethazine via IM to her right thigh. Following the rapid tranquilisation, Patient's behaviour notably stabilised. Holds were released soon after the IM.	Care plan and prosno followed	N/A		Low (minor harm, e.g. Taken up to health to rectify)	Closed
GHC74987	25/08/2024	25/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		An approximately 12:15 AM, Patient was brought to the front entrance of the hospital by the police. Two staff members were dispatched to meet her. Upon arrival, it was observed that Patient was unclothed from the waist down. The staff members requested for her to wear a dress, but she initially refused. After some reassurance, Christine eventually agreed to put on the dress. Patient then became agitated, shouting and demanding her compression stockings, which could not be located. She refused to exit the police vehicle, and despite efforts by multiple staff and police officers to deescalate the situation, Christine continued to refuse. Holds were then implemented to safely hold and escort her back to the ward. During this process, Patient attempted to drop to the ground, twice and made efforts to bite and kick the staff. She was safely returned to the ward, and the holds were			prosnis followed	N/A	None (no harm caused by the incident)	Closed
GHC74988	25/08/2024	25/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		light pmva holds/hand holding for administration of NG feed		Care plan and prosno followed	N/A		None (no harm caused by the incident)	Closed
GHC74994	25/08/2024	25/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient was in their bedroom shouting and screaming and banging the door. Staff entered the room and the patient threw two wet towels(soaked in water) at staff and then attempted to leave their room with only a t-shirt on.	staff tried to engage the patient to go back into their room and encouraged the patient to put underwear on, which they refused to do. The patient attempted to run off the ward, however was blocked by staff in their chairs at the staff members. Staff put the patient in holds and sat them on the pad in a seated restraint. The patient was verbally abusive towards staff and screamed about staff holding their arms tightly. The patient was then released from restraint on the pad in holds for several minutes as staff explained where the patient was and why they were here.The patient was verbally aggressive towards staff and was released to use the toilet which they used but did not pass urine. The patient was escorted back to their bedroom without incident and was in their bedroom for the remainder of the shift.	MANAGED	N.A	None (no harm caused by the incident)	Closed
GHC75005	25/08/2024	25/08/2024	Watton Lawn-Priory Ward	Public Place / Office / Staff working from home (WFH)	AWOL, absconding and missing patients	Patient ran from an escort whilst on leave	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		patient absconded through reception, ran towards train tracks, observed running and hiding behind a tree. then rolled themselves under a car	Police were informed, Pad used Restraints used PMVA holds utilised Patient declined RT offered	Care plan and prosno followed	N/A		None (no harm caused by the incident)	Closed
GHC75010	25/08/2024	25/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient presented with self harming degree - attempts of de-escalation and pm medication. patient continually self harming, by hitting themselves in the face and biting arms.	Clinic decision made to give her RT. PMVA team used seated pad to administer. After this there has been no change in presentation. Staff have utilised PMVA as staff as support to manage patient, their safety, the staff safety and the other patients.	Care plan and prosno followed	N/A		None (no harm caused by the incident)	Closed
GHC75011	25/08/2024	25/08/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Seated (other)		Service user was seen to hit herself on the side of her face using her hand. She was approached by staff in the communal area and was observed to be very sarcastic and shout towards staff. Service user was offered some pro-promethazine to help manage her escalating emotions. Medication accepted. 11:38 - Service came to the communal areas and walked into the kitchen. She opened the cupboard and proceeded to hurl plates across the kitchen and down onto the floor. The plates began to smash. There appeared to be no trigger at this point. It was then that two members of sta

GHC75090	26/08/2024	26/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	20 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	supine (face up)		Female threw a cup and cigarettes were across the communal areas which hit several staff members and scared fellow patient. Patient A was placed into standing holds and escorted to their bedroom. Whilst being taken to his room they attempted to hit out and kick at staff. Patient A was throwing their weight around and trapped a staff member against the door/window in the communal area. Patient A proceeded to head butt staff to the head. Patient A punched Patient A in the back of the head. Patient A dropped their weight to the floor, they was in supine restraint for a minute or so whilst staff tried to verbally de-escalate. Neuro observations commenced, physical		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		Now (no harm caused by the incident)	Closed
GHC75103	27/08/2024	27/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		patient was due for her naso gastric tube feeding	patient was held on light arm holds 2:1 , pod and weighted blanket was used .care plan followed. 1:1 support for PBM and RT. Patient also complaining of left shoulder pain prior so requested review of shoulder also, RT observations commenced.	Care plan and prosss followed	N.A		Now (no harm caused by the incident)	Closed
GHC75111	27/08/2024	27/08/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PBM (physical intervention)	Seated (other)		Patient has been high profile throughout the morning throwing food, water, flooding her bedroom on multiple occasions and is increasing risk of harm to herself and others and not taking risk of swallow but does appear to benefit from 1-1 time to express how she is feeling. Patient has only accepted her water tablets this morning. Patient requested to be let into the garden however given the presence of rats she was let out in to the courtyard. Patient was unsupervised in the court yard as at this time she presented as settled in mental state, pleasant and polite and wanted fresh air. However patient began picking up plant pots to throw. Fortunately Chestnut staff observed this and prevented further harm. Patient continued to present with increased risk of harm to others and not taking oral medication as	Patient ran to her bedroom and barricaded the door. Staff entered and offered oral medications, patient threw this so staff held patient in seated restraint and administered IM Lorazepam 1mg in left thigh. Meds on the ward and informed that the patient has been PBM and RT. Patient also complaining of left shoulder pain prior so requested review of shoulder also, RT observations commenced.	Nursing team managed incident appropriately MDT aware Prompt medic review Post RT obs attempted but declined	Staff to use non-contact obs form rather than NEWS2 chart if patient declining		Now (no harm caused by the incident)	Closed
GHC75117	27/08/2024	27/08/2024	O- IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical seated hold in order to safely take bloods		None required, this was a routine planned intervention	N/A		Now (no harm caused by the incident)	Closed
GHC75120	27/08/2024	27/08/2024	O- IHOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in bed. Interest, in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		Now (no harm caused by the incident)	Closed
GHC75122	27/08/2024	27/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient resistive to administration of as prescribed NG feed	Patient supported in seated seated PMVA hold in pod with use of weighted blanket on knees. As prescribed NG feed facilitated by 2 x GRH nursing staff. Once out of holds, patient facilitated usual as prescribed and medication. Patient 1 hour 1:1 including facilitated escorted	Care plan and prosss followed	N.A		Now (no harm caused by the incident)	Closed
GHC75124	27/08/2024	27/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misadventure)	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient Headbanging attempted de-escalation and distraction but unsuccessful	arms, leg cushion used and oral RT physical and neuro obs Bmi reviewed	Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75125	27/08/2024	27/08/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlawfully administer medicines or other medical treatment	Unplanned	PBM (physical intervention)	Personal care (standing)		The patient was in front of the hatch between the dining area and the kitchen. He took his trousers round his knees and squatted down. Ward staff tried to encourage him to go to the nearest communal toilet, but he became highly agitated.	Ward staff decided it was in John's best interests to use PBM arm holds to escort him to the toilet. He was resistive, but staff eventually managed to escort him to the toilet. Holds were released as he urinated in the toilet bowl. He then became agitated and tried to get on down pad and trousers. PBM arm holds were reapplied to enable staff to change his clothes. Holds were released as soon as care was completed. John was given PRN 1 mg lorazepam and quickly seemed to regain the control of his behaviour.	PBM utilised to support personal care in patients best interests	Managed appropriately as per personal care /john care plan		Now (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75132	27/08/2024	27/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Standing		patient using phone to call police. was distressed, pressured in speech and expressing delusional and paranoid speech content	attempted de-escalation not successful standing arm holds used to removed phone. holds then disengaged.	VAMHIGED	N/A		Now (no harm caused by the incident)	Closed
GHC75144	28/08/2024	28/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		light hand holding for administration of NG feed	pod and weighted blanket used 1:1 after	Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75150	28/08/2024	28/08/2024	GP Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	20 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient ran at staff with his feet raised and grabbing at clothing	Verbal redirection tried and failed. Patient continued to grab at staff. PBM removal to safe then disengaged. Staff then left patient area. Patient settled	Incident reviewed, care plans and risk assessment recognise this behavioural as risk and appropriate management in place. All incidents are reviewed in our weekly MDT.	That staff are aware of the approaches and interventions to use with this patient when he is escalating.		Now (no harm caused by the incident)	Closed
GHC75164	28/08/2024	28/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Self harm / SIB (patient ingestion / misadventure)	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		The patient was overheard and then observed headbanging in her bedroom. Staff entered and attempted verbal de-escalation, however, the patient was at risk of harm from headbanging and therefore the PMVA became holds onto the PMVA POD. From here, staff recommenced verbal de-escalation and the patient's level of agitation slowly decreased. For example, there breathing rate decreased and they started to communicate verbally. With this reduction in agitation, PMVA holds were released and the patient was administered PRN Lorazepam 1mg		Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75166	28/08/2024	28/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75168	28/08/2024	28/08/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort (other)		Service user was due for Beds, called planned PMVA. Light holds utilised on both arms, service user was seated on a pod and a weighted blanket was used.		Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75169	31/08/2024	31/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient was at the front of the ward utilising assisted leave with 1-1 HCPC. Patient was due to return to the ward however they refused. Staff attempted to encourage patient to return to the ward, patient left the ward, patient refused and dropped their weight to the floor and continued to refuse to return to the ward. patient was supported by staff to stand, and staff utilised PMVA holds and restrictive escort to return patient to the ward.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	TO continually review periods of leave off the ward and balancing this with the patients dignity.		Now (no harm caused by the incident)	Closed
GHC75519	31/08/2024	31/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		At approximately 16:30, Patient was observed engaging headbanging in her behaviour. Two staff members attempted verbal de-escalation techniques, which were ultimately ineffective. Patient was seated against the wall, repeatedly striking the back of her head against the wall with low to medium force. She was disengaged throughout the incident and continued to rape.	PMVA was activated, and Patient was placed in clinical holds with the use of leg cushions for her safety. She was offered oral medication, which she declined. As a result, she was administered 25mg of Promethazine intramuscularly. The clinical holds were promptly released following the administration of rapid tranquilization.	Care plan and prosss followed	N/A		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75522	31/08/2024	31/08/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient came to the communal area, patient was apparent as irritable. Patient then started banging on the window and shouting at staff. Staff then asked to stop doing this and informed that this was criminal damage. Patient then went to the dinning area and started threatening staff members. Lorazepam 2mg was offered, however declined. Patient then proceeded to go to the front door and in to the office, locking himself out of staff and continued threatening. Staff called a Psychiatric emergency. Patient was placed in to PMVA holds and was seated on POD. Cushion was used on legs. Medication was offered again and patient accepted it orally on holds.		Depot administered into lateral aspect of thigh Debrief to be offered to patient Debrief taken place with staff attending PMVA	none		Now (no harm caused by the incident)	Closed
GHC75526	01/09/2024	31/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was headbanging. verbal deescalation was futile	patient supported in seated PMVA hold in pod with use of weighted blanket. staff struggled to maintain holds. She would not engage. IF Promethazine administered. Holds released and soon after team left resumed headbanging. Holds placed again. Verbal deescalation continued and willing to engage in distraction techniques. Neurological and RT Post observations started.	Care plan and prosss followed	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75530	01/09/2024	31/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Person 1 (patient) maintained high profile in the ward, drastic in presentation, invading personal space of staff, verbally and racially abusive, hitting, kicking and punching every staff present in the ward.	Verbal de-escalation Verbal Redirection Precautionary holds RT medication		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Patient spoken with around racial abuse and how this is unacceptable	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		Now (no harm caused by the incident)	Closed
GHC75531	01/09/2024	01/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (bed)		during personal care the patient became aggressive and was hitting out and swearing and was also attempting to scratch staff PBM bed based techniques implemented and was utilised. Patient calmed the staff and when opened the door to enquire patient stood in between the doors and did not willing to move and pushing the staff. Put patient on PBM arm holds to facilitate the escort to the communal holds Patient attempted to have the ward and	PBM bed based techniques implemented for personal care . nurse in charge informed dairo completed. the patient refused physical observations .	Patient was monitored after plan- no concerns	to monitor patient		Now (no harm caused by the incident)	Closed
GHC75537	01/09/2024	01/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient A targeted patient B with an intention of assaulting the latter. A was stopped by staffs.	Patient A was put on PMVA holds to prevent her from advancing further.	none	none		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75538	01/09/2024	01/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Service user was heard head banging in her bedroom. Staff immediately intervened, she was using forehead against the wall. Service user was using ear pods, has been removed, tried verbal de-escalation to no effect. Staff suggested grounding techniques, also she was using her hands to bang against the window, service user was not engaging. She continued to head bang, decision made to activate PMVA. Staff utilised clinical holds, she was seated on pod and a cushion was used for pack was used on back. Patient was quiet resistive while on holds, she has been offered with oral RT for which she refused. Rapid tranquilisation Lorazepam 1mg injection was administered at right thigh. Physical observation and non-touch has been done. Thereafter, service user appeared calm. Released on holds. Patient was debrief. Doctor on duty came to see her but patient was not cooperating.	Verbal de-escalation Suggested grounding techniques. PMVA activated, utilised clinical holds. Ice pack was applied on back Rapid tranquilisation medication was administered	Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75540	01/09/2024	01/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	20 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient throw cup towards staff, hitting the office and getting drink over them. Patient proceeded to attempt assaults on staff and was banging on the window. Patient was placed into PMVA holds (standing) and was redirected to their bedroom.	PMVA techniques. Patient redirected and given PRN.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		Now (no harm caused by the incident)	Closed
GHC75595	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due her prescribed NG feeds	Placed in light arm holds. No resistance and she engaged in conversation with staff throughout the procedure	Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75604	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Unplanned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75619	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Service user was found to have left the premises. RT informed and was utilised to find the service user. Service user was found in the garden of the neighbouring property and was escorted back to the ward.		Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75621	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Supine (face up)		Patient was assisted to have a bath and appeared settled initially but once in the bath he was offered a shave and patient became very aggressive and started trying to hit staff and splashing them with water. Staff had a razor in her hand which when	He was initially held in a seated position on his bed (with the large cushion behind). Holds were swapped as it was extremely physically demanding trying to maintain holds. It became unsafe to maintain holds in the bedroom due to the risk of damage to the neighbouring wards and the patient was lowered (as gently as possible) into it. Holds had to be released as despite swaps staff were exhausting themselves. The patient mobilised in the communal area. After some time, the patient presented as calm. As the risk of Lorazepam can be great, it was decided to prescribe the IM 50 mg promethazine. The patient remained angry, crying doors and shouting. The pod was utilised again and the patient was lowered into it. Holds were released and the medication was given. It was administered into his right thigh by another Nurse. He was helped up and eventually encouraged to have tea in his room as he talked to low staff. He	Managed appropriately	NA		Now (no harm caused by the incident)	Closed
GHC75290	30/08/2024	30/08/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Precautionary hold		Patient entered the office while following behind a staff member when she was targeting with fists	Staff immediately intervened with verbal de-escalation which was futile at the time Patient was put in PMVA safe holds and was safely escorted to her bedroom.	none	none		Now (no harm caused by the incident)	Closed
GHC75291	31/08/2024	30/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misadventure)	13 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was headbanging. Initial verbal escalation was successful however she resumed headbanging again. Declined Oral medication	Placed in PMVA holds and injection Lorazepam 2mg administered	Care plan and prosss followed	N/A		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75300	31/08/2024	31/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient to be administered as prescribed NG feed	Patient supported in seated seated PMVA hold in pod with use of weighted blanket (2 x nursing staff). As prescribed NG feed facilitated by 2 x GRH nursing staff while patient in holds. Once out of holds, patient as prescribed usual morning medication administered. Patient facilitated escorted leave with nursing staff.	Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75302	31/08/2024	30/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for Beds, called planned PMVA. Light holds utilised on both arms, service user was seated on a pod and a weighted blanket was used.		Care plan and prosss followed	n/a		Now (no harm caused by the incident)	Closed
GHC75309	31/08/2024	31/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient was at the front of the ward utilising assisted leave with 1-1 HCPC. Patient was due to return to the ward however they refused. Staff attempted to encourage patient to return to the ward, patient left the ward, patient refused and dropped their weight to the floor and continued to refuse to return to the ward. patient was supported by staff to stand, and staff utilised PMVA holds and restrictive escort to return patient to the ward.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	TO continually review periods of leave off the ward and balancing this with the patients dignity.		Now (no harm caused by the incident)	Closed
GHC75519	31/08/2024	31/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		At approximately 16:30, Patient was observed engaging headbanging in her behaviour. Two staff members attempted verbal de-escalation techniques, which were ultimately ineffective. Patient was seated against the wall, repeatedly striking the back of her head against the wall with low to medium force. She was disengaged throughout the incident and continued to rape.	PMVA was activated, and Patient was placed in clinical holds with the use of leg cushions for her safety. She was offered oral medication, which she declined. As a result, she was administered 25mg of Promethazine intramuscularly. The clinical holds were promptly released following the administration of rapid tranquilization.	Care plan and prosss followed	N/A		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75522	31/08/2024	31/08/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Unlawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient came to the communal area, patient was apparent as irritable. Patient then started banging on the window and shouting at staff. Staff then asked to stop doing this and informed that this was criminal damage. Patient then went to the dinning area and started threatening staff members. Lorazepam 2mg was offered, however declined. Patient then proceeded to go to the front door and in to the office, locking himself out of staff and continued threatening. Staff called a Psychiatric emergency. Patient was placed in to PMVA holds and was seated on POD. Cushion was used on legs. Medication was offered again and patient accepted it orally on holds.		Depot administered into lateral aspect of thigh Debrief to be offered to patient Debrief taken place with staff attending PMVA	none		Now (no harm caused by the incident)	Closed
GHC75526	01/09/2024	31/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was headbanging. verbal deescalation was futile	patient supported in seated PMVA hold in pod with use of weighted blanket. staff struggled to maintain holds. She would not engage. IF Promethazine administered. Holds released and soon after team left resumed headbanging. Holds placed again. Verbal deescalation continued and willing to engage in distraction techniques. Neurological and RT Post observations started.	Care plan and prosss followed	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75530	01/09/2024	31/08/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Person 1 (patient) maintained high profile in the ward, drastic in presentation, invading personal space of staff, verbally and racially abusive, hitting, kicking and punching every staff present in the ward.	Verbal de-escalation Verbal Redirection Precautionary holds RT medication		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Patient spoken with around racial abuse and how this is unacceptable	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.		Now (no harm caused by the incident)	Closed
GHC75531	01/09/2024	01/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (bed)		during personal care the patient became aggressive and was hitting out and swearing and was also attempting to scratch staff PBM bed based techniques implemented for personal care as the patient was resentment of urine . the pjjamas was assisted to	PBM bed based techniques implemented for personal care . nurse in charge informed dairo completed. the patient refused physical observations .	Patient was monitored after plan- no concerns	to monitor patient		Now (no harm caused by the incident)	Closed
GHC75537	01/09/2024	01/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient A targeted patient B with an intention of assaulting the latter. A was stopped by staffs.	Patient A was put on PMVA holds to prevent her from advancing further.	none	none		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC75538	01/09/2024	01/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Service user was heard head banging in her bedroom. Staff immediately intervened, she was using forehead against the wall. Service user was using ear pods, has been removed, tried verbal de-escalation to no effect. Staff suggested grounding techniques, also she was using her hands to bang against the window, service user was not engaging. She continued to head bang, decision made to activate PMVA. Staff utilised clinical holds, she was seated on pod and a cushion was used for pack was used on back. Patient was quiet resistive while on holds, she has been offered with oral RT for which she refused. Rapid tranquilisation Lorazepam 1mg injection was administered at right thigh. Physical observation and non-touch has been done. Thereafter, service user appeared calm. Released on holds. Patient was debrief. Doctor on duty came to see her but patient was not cooperating.	Verbal de-escalation Suggested grounding techniques. PMVA activated, utilised clinical holds. Ice pack was applied on back Rapid tranquilisation medication was administered	Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75540	01/09/2024	01/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	20 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient throw cup towards staff, hitting the office and getting drink over them. Patient proceeded to attempt assaults on staff and was banging on the window. Patient was placed into PMVA holds (standing) and was redirected to their bedroom.	PMVA techniques. Patient redirected and given PRN.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		Now (no harm caused by the incident)	Closed
GHC75595	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due her prescribed NG feeds	Placed in light arm holds. No resistance and she engaged in conversation with staff throughout the procedure	Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75604	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Unplanned	PMVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PMVA holds by 02 members of staff.		Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75619	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Service user was found to have left the premises. RT informed and was utilised to find the service user. Service user was found in the garden of the neighbouring property and was escorted back to the ward.		Care plan and prosss followed	N/A		Now (no harm caused by the incident)	Closed
GHC75621	29/08/2024	29/08/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Supine (face up)		Patient was assisted to have a bath and appeared settled initially but once in the bath he was offered a shave and patient became very aggressive and started trying to hit staff and splashing them with water. Staff had a razor in her hand which when	He was initially held in a seated position on his bed (with the large cushion behind). Holds were swapped as it was extremely physically demanding trying to maintain holds. It became unsafe to maintain holds in the bedroom due to the risk of damage to the neighbouring wards and the patient was lowered (as gently as possible) into it. Holds had to be released as despite swaps staff were exhausting themselves. The patient mobilised in the communal area. After some time, the patient presented as calm. As the risk of Lorazepam can be great, it was decided to prescribe the IM 50 mg promethazine. The patient remained angry, crying doors and shouting. The pod was utilised again and the patient was lowered into it. Holds were released and the medication was given. It was administered into his right thigh by another Nurse. He was helped up and eventually encouraged to have tea in his room as he talked to low staff. He	Managed appropriately	NA		Now (no harm caused by the incident)	Closed
GHC75290	30/08/2024	30/08/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Precautionary hold		Patient entered the office while following behind a staff member when she was targeting with fists	Staff immediately intervened with verbal de-escalation which was futile at the time Patient was put in PMVA safe holds and was safely escorted to her bedroom.	none	none		Now (no harm caused by the incident)	Closed
GHC75291	31/08/2024	30/

DATC7587	02/09/2024	02/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		communal area. The patient suddenly became aggressive and stopped the hand of the support worker as a staff member who was entering the ward through the main door. Following this, he swore at another staff member who was sitting in the communal area. Two more staff members approached the patient and offered him pro medications. The patient suddenly became aggressive and stopped the hand of the staff member who offered him the medication, tipping off the tablets on to the floor.	Embedded duty doctor. RT lorazepam 2mg was administered. Hold released following sedating and unsettled. Called a planned PMVA. Staff initially offered oral rt tablets which the patient refused and continued to swear at staff in an aggressive manner. Therefor, Patient was guided to seated clinical holds. PMVA was activated. Rapid tranquillisation RT lorazepam 2mg RT was administered in the thigh. Post RT non-touch observations commenced to reduce the likelihood of aggression. Duty doctor was informed for review.	Care plan and prosss followed	n/a		Closed
DATC7542	02/09/2024	02/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Service user was due for feeds, called planned PMVA. Staff utilised light holds on both arms, service user was sat on a pad and a weighted blanket was used on legs.		Care plan and prosss followed	n/a		Closed
DATC7541	02/09/2024	02/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- other inside	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Escort		Patient left the ward without an escort as per their section 17 leave. Patient was followed by ot staff members. Patient did not leave the hospital. They was encouraged back to the ward multiple times but was declining to and was beginning to show staff signs of business, stating they wanted to leave the hospital. Due to this, it is deemed that the patient will not respond better in the presence of the more staff.Patient was escorted back to the ward. No		Well raise missed debrief in staff meetings and discuss management of multiple incidents in teaching sessions)	none		Closed
DATC7511	02/09/2024	02/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Standing		Patient was in communal areas shouting to be let out, was informed that he was to remain settled in communal areas and was not engaging in 1:1 engaging. Cmo was asked to go in his room were he was escorted by HCA and HESP, as he was escorted he began calling HCA "Monkey Boy" several times, he was asked not to be racially abusive toward anyone whilst here but continued saying it toward HCA until his door closed.	Escorted to his room in holds.	PBM AUDIENCE REVIEWS Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	None identified.		Closed
DATC7417	02/09/2024	02/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient has been increasingly agitated throughout the shift, has declined use of PRN multiple times. Patient has been increasingly verbally aggressive to staff and invading the personal space of peers. Patient was observed to be pacing the corridor and was stopped by staff. The decision was made to administer RT as patient was refusing PRN despite recognising the potential benefits it provided on previous shifts. Patient was put in arm holds for 10 minutes. Patient		none	none		Closed
DATC7427	02/09/2024	02/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Service user remains chaotic, went out to communal areas shouting and screaming, she also stripped off her clothes. She was guided back in her bedroom however service user has been very reactive, hardly hanging her bedroom door for multiple times. Staff tried verbal de-escalation to no effect, service user has sat on staff's face. PMVA was activated, clinical holds were utilised. She was seated on a pad and a cushion was used. RT Olanzapine 5mg tablet was administered. Third incident of extreme emotional dysregulation and aggression. Immediately just after the PMVA staffs left the ward Service user again was shouting and screaming, flipped off the chairs in the communal areas. Verbal de-escalation was futile, she grabbed staff's shirt. PMVA was again activated clinical holds applied, service user was very resistive, tried to kick the staff.		Care plan and prosss followed	n/a		Closed
DATC7420	02/09/2024	02/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Service user was walking to ward manager outside their office. Patient started to become verbally aggressive in her demands and attempted to push their way into the office - staff attempted multiple times to verbally redirect patient out of office but became more demanding and attempted to raise hand to hit staff.	Staff members put patient into a restrictive holds to get to her bedroom where she was released and told staff to get out	none	none		Closed
DATC7422	02/09/2024	02/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient on ward pay phone to parent. Started shouting/screaming, ran to dining room, threw chairs, tried toss table 2-3 times, scratching, hitting and kicking staff. Following staff attempts physical sitting, made continually abusing has been badly initiated in this hospital.	Verbal de-escalation utilised to no effect. PMVA was activated, Standing PMVA holds x 2 (please see progress note) Patient taken into escorted PMVA holds + 1 nursing hold off to head. Patient taken into seated PMVA holds in pad with 1:1 support. Patient administered RT Lorazepam 2 mg IM to left thigh. EWO informed. RT Non-touch observations initiated with physical	arisons followed	n/a		Closed
DATC7444	02/09/2024	02/09/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (first up)		Service user grabbed the water bottle of a member of staff. he was resistant to return the bottle, and was trespassing staff. When staff was calling around the ward for help, he hit two staff.	Staff members sought to de-escalate patient, in line with behavioural support plan, however efforts proved ineffective and patient continued to escalate, becoming violent towards staff members and attempting to assault staff. Decision reached to assemble PMVA team, ultimately used as a means of preventing further assaults against staff. Once patient was able to ensure staff he would cease hitting staff side holds were released. Patient returned to bedroom area where he	Staff implemented PBS plan, used verbal de-escalation techniques, and reached decision to proceed with PMVA upWards as patient striking out at staff / assaulted x2.			Closed
DATC7450	02/09/2024	02/09/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient escalating in behaviours. Patient attempted to assault one member of staff, which staff were able to block. Patient did however rip staff members uniform. PBM holds commenced to escort to bedroom, however patient dropped weight to the floor in the	Staff damaged due to it being unsafe for staff and patient. Possession with Dr. agreed plan to offer regular 4pm dose of lorazepam early, if a being consider RT.	Incident managed appropriately by nursing team. Manager discussed incident with those involved in debrief. MDT aware, ongoing development of effective treatment plan.	No further actions identified		Closed
DATC7453	02/09/2024	02/09/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Seated (other)		Patient was offered regular medications early due to the patient being unsettled and refused to engage in the medications over staff, including liquids. Decision made to administer RT medications due to patient's presentation. Planned PBM, patient taken to the meeting room and given 0.5mg Lorazepam IM RT in the right thigh. Patient was then escorted to their bedroom by 4pp. When staff released and left the room, patient attempted to assault one staff member, but staff were able to block. Another staff member was able to verbally de-escalate the patient and move them	Planned PBM as patient still agitated. Staff released after incident. Staff spent time de-escalating patient.	Incident managed appropriately by nursing team MDT aware and ongoing development of appropriate treatment plan	No further actions identified		Closed
DATC7454	02/09/2024	02/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Escort		Patient was observed in the kitchen consuming multiple glasses of water. When staff intervened, Patient became aggressive and attempted to punch S/N in the face. Staff successfully utilised breakaway techniques to deflect the punch. Patient then became aggressive to staff members, leading to two staff members applying safe holds to guide her to her room. During the holds Patient jumped and brought herself to the floor, causing S/N and HCA to fall alongside her. Both	TUT to police to log the incidents that happened from the early and late shift.	Care plan and prosss followed	N/A		Closed
DATC7457	02/09/2024	02/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient placed in safe holds after attempting to assault staff.	Patient redirected to their bedroom.	none	none		Closed
DATC7459	03/09/2024	02/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient charging towards staff in an attempt to assault after continuous assaults, PMVA holds utilised to redirect patient to their bedroom, and seated PMVA used briefly for verbal de-escalation.		Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff members advised they would be supported to report this to the police, should they wish to do so.	None identified.		Closed
DATC7460	03/09/2024	02/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self Harm / Self Injurious Behaviour (SIB)	Self harm / SIB attempt (ligature / incidental)	17 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was headbanging. Declined to engage with staff	PMVA called and placed in holds. Very resistive. RT lorazepam administered.	Care plan and prosss followed	N/A		Closed
DATC7481	03/09/2024	03/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient slightly resistive to as prescribed NG feed.	PMVA holds utilised to staff. Patient supported into seated PMVA holds in pad with use of weighted blanket. As prescribed NG feed administered while in holds. As prescribed regular medication administered out of holds.	Care plan and prosss followed	N/A		Closed
DATC7446	03/09/2024	03/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient resistive to as prescribed NG feed.	Patient supported to stand PMVA holds to that with use of weighted blanket. NG feed facilitated in holds. Regular as prescribed medication administered out of holds.	Care plan and prosss followed	N/A		Closed
DATC7490	03/09/2024	03/09/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		patient appeared to be unsettled and staff was trying to provide verbal reassurance. patient tried to assault staffs and squeezed the fingers of staffs. PBS was given, however did not have any immediate		Staff had to utilise PBM holds and escort patient to his bedroom.	Managed appropriately		NA		Closed
DATC7498	04/09/2024	04/09/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)	Seated (other)	SERVICE USER WAS SAT IN THE COMMUNAL AREAS SHOUTING AT STAFF AND PEERS. SERVICE USER WAS START TO PUNCH 'IN THE' HEAD ON TWO OCCASIONS STAFF TRIED TO PLACE FIRM BOUNDARIES BUT USER CONTINUED TO ESCALATE.SERVICE WAS REDIRECTED BACK TO HIS BEDROOM WHERE USER WAS AGGRAVANT AND REFUSING TO ACCEPT REDIRECTION. PMVA TEAM WAS CALLED FOR SUPPORT IN ORDER TO ESCORT SERVICE USER BACK TO HIS BEDROOM WHERE USER THREW SPOON AT THE STAFF'S HEAD AND EXPLOSIVE GOT UP FROM THE SOFA IN ORDER TO ATTACK THE STAFF AND TRIED TO SWING HIS ARMS TO PUNCH THE STAFF.STAFF	SERVICE USER WAS PUT ON SEATED CLINICAL SAFE HOLDS AND ESCORTED BACK TO HIS BEDROOM WHERE USER WAS VERBALLY ABUSIVE AND REFUSED TO ACCEPT ORAL RT HENCE IM RT 10 MG OF PROMETHAZINE WAS ADMINISTERED.USER WAS RELEASED FROM THE SAFE HOLD AND OFFERED A DEMLATER WHICH USER WAS GUIDED TO THE BEDROOM.	Patient became aggressive and threatening violence towards staff members. Staff sought to implement de escalation, and implemented aspects of positive behaviour support plan, however proved ineffective and patient continued to make threats. PMVA team were called, and holds implemented as a means of reducing risk to others.	Staff followed care plan, PBS plan and administered medications		Closed
DATC7505	04/09/2024	04/09/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PDO used)		SERVICE USER WAS ESCORTED BY THE MEMBERS OF STAFF TO THE BEDROOM WITH THE BAG, TRYING TO LEAVE THE WARD AND STAFF INTERVENED, TRIED TO STOP THE SERVICE USER FROM LEAVING THE BEDROOM WHERE USER STARTED KICKING AND PUNCHING STAFF AT THE SAME TIME CONTINUED SHOUTING ,SWEARING.USER WAS PUT ON HOLDS IN SUPINE POSITION AND PMVA TEAM WAS CALLED FOR SUPPORT.USER WAS TRYING TO CROSS BOUNDARIES AND BEING PHYSICALLY AGGRESSIVE USER WAS PUT BACK IN SEATED HOLD USER WAS SHOUTING,SWEARING AND THREATENING TO ASSAULT THE STAFF WHEN HOLDS WERE RELEASED USER CONTINUED TO EXHIBIT AGGRESSION AND TRIED TO LEAVE THE WARD.USER WAS PUT IN SEATED HOLDS AGAIN WHERE USER CONTINUED TO VERBALLY DE-ESCALATE .USER REFUSED THE ORAL RT HENCE IM RT 2 MG OF LORAZEPAM WAS ADMINISTRED. STARTED ASKING THE STAFF WHEN TRIED TO RELEASE THE HOLDS. USER WAS ESCORTED BACK TO HIS BEDROOM.	Staff intervened to prevent patient leaving ward. Staff implemented safeholds as a means of reducing risk to others. PMVA team called. Medications administered. Post incident observations completed. Post incident PMVA audience reviewed. Referral to PICU completed. Food and drink prepared for patient post incident.	Staff asked to prevent patient absconding from ward. Patient referred to PICU Patient reviewed by medics.	Staff followed care plan, risk management plans and PBS plans in managing patient behaviours		Closed
DATC7514	04/09/2024	04/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient came to the communal area asking for leave. Staff informed her that she will have to wait a bit as other patients requested for leave first. Patient then started to become verbally aggressive towards staff demanding for cigarette and leave. Patient then went to staff 1 and invaded his personal space and started being abusing him verbally. Patient then called staff 1 a " Boss b******* . Patient was then escorted to her bedroom as PMVA holds		Patient was spoken to about racial abuse and how this is not acceptable and will not be tolerated. Staff member advised that they would be supported to report this to the police, should they wish to do so.	None identified.		Closed
DATC7526	04/09/2024	04/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was placed in light holds x members of staff to facilitate NG feed as paid.		Care plan and prosss followed	N/A		Closed
DATC7528	04/09/2024	04/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Staff went to inform patient A in their room of increase to their current medication. This discussion was initially calm, however patient became aware of their room screaming and invading the personal space of others. Patient A was encouraged back to their room to discuss his further. Patient A continued in their aggressive manner. Patient A was escorted back to their room in standing holds where staff tried to de-escalate them. Patient A said staff to f*** off as staff disengaged.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.		Closed
DATC7547	04/09/2024	04/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (PDO used)		Service user was due for feeds, called planned PMVA. Staff utilised light holds, she was seated on a pad and a weighted blanket was used.		Care plan and prosss followed	N/A		Closed
DATC7552	04/09/2024	04/09/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PBM (physical intervention)	Assisted support		Patient appeared distressed while holding on to another patients Zimmer frame and not wanting to let go.	Staff retrieved the Zimmer frame from the patient safely for wo.Lompara.ery held using PBM techniques.	Managed appropriately	NA		Closed
DATC7554	04/09/2024	04/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient was seen headbanging in her bedroom using back of her head against the wall. Staff intervened, tried verbal de-escalation to no effect. All grounding activities were suggested, also she was encouraged to go to communal areas however service user was not engaging with staff. Staff called PMVA team and patient was escorted to bedroom with holds in place. On release of holds patient charged at and punched a female staff member about her head. Staff intervened again and used safe holds to escort patient back to bedroom. Staff left bedroom, bedroom ran from bedroom and charged at staff, punches and a headbutt made contact with staff, verbal de-escalation did not prove effective. PMVA team called and paid cushion used with holds to maintain safety of patient and staff members. Medication was administered whilst patient was on pad. Patient remained seated during pad check. Staff	Patient was seen headbanging in her bedroom using back of her head against the wall. Staff intervened, tried verbal de-escalation to no effect. All grounding activities were suggested, also she was encouraged to go to communal areas however service user was not engaging with staff. She continued to head bang, decision made to activate PMVA. Staff applied holds at both arms, service user was very resistive. She was seated on pad, while on pad service user appeared calm. Cushion was not use. She was encouraged to go to communal area which she did. Neurological observation completed To be reviewed by the doctor She has returned to ward with her crutches.	Care plan and prosss followed	N/A		Closed
DATC7595	05/09/2024	05/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Second incident. Head banging inside bedroom service user was again heard headbanging inside her bedroom, staff went into the room. Service user was using back of her head against the wall in low level. Staff tried verbal de-escalation to no effect. All grounding activities were suggested, also she was encouraged to go to communal areas however service user was not engaging with staff.She continued to head bang, decision made to activate PMVA. Staff applied holds at both arms, she was sat on a pad and a cushion was used. Service user was very resistive. She was seated on pad, while on pad service user appeared calm. Cushion was not use. She was encouraged to go to communal area which she did. Neurological observation completed	Care plan and prosss followed	N/A		Closed
DATC7593	05/09/2024	05/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient was heard banging head against wall. Staff intervened and attempted to de-escalate. Patient was aggressive, and keeps on slapping her face and wanted to leave the ward. She was redirected to her bedroom. Whilst in the bedroom, patient was heard by staff to bang the bedroom door, she was not engaging to verbal de-escalation, stripped off her trouser and went out to female corridor. She was redirected back to her bedroom. Decision made to activate PMVA, staff applied holds on both arms and a cushion was used on legs. Rapid Tranquillisation IM Lorazepam 2mg tablet was administered for which she accepted without holds. Post RT physical observation and non touch has been started Neurological observation completed	Care plan and prosss followed	N/A		Closed
DATC7595	05/09/2024	05/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		The patient was due for their nasogastric feed.	The patient was put on light PMVA holds on the pad to facilitate the nasogastric feed.	Care plan and prosss followed	n/a		Closed
DATC7600	05/09/2024	05/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient became agitated at community areas, shouting, swearing and screaming. Patient was observed to smash drinks3. Became aggressive and hostile towards staff members and unresponsive to verbal boundaries. Staff utilised PMVA holds to return patient to bedroom, patient was able to selfsettle in bedroom. Patient then left bedroom and went out to communal area, shouting and swearing and made verbal threats towards staff members, and refused to return to bedroom. Staff placed in PMVA holds and escorted patient to bedroom, when in bedroom patient continued to threaten female staff and kicked door into the back of staff member, staff utilised breakaway techniques and de-escalation was offered. Patient isolated self and medication		None identified.		Closed
DATC7602	05/09/2024	05/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient observed raising their voice and verbally threatening staff in communal areas, continued to escalate in behaviour and increasingly hostile. Patient was asked to return to their room which they refused. patient escorted back to bedroom utilising restrictive escort.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		Closed
DATC7603	05/09/2024	05/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient A observed, in an unprovoked attack, to punch Patient B 4-5 times in the face before punching nursing staff once in the face when nursing staff attempted to intervene.	Patient taken into seated PMVA holds on bed. Patient taken into supine PMVA holds on bed due to risk of aggression and resistance. RT Lorazepam 2 mg IM administered as clinically indicated to good effect. EWO informed. RT Non Touch observations commenced and completed.	PROCESS FOLLOWED PATIENT ESCUSED TO INFORM POLICE REF TO PICU	N/A		Closed
DATC7608	05/09/2024	05/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		back of her head against the wall in her bedroom. Staff attempted to intervene but the patient did not respond to the crisis de-escalators. PMVA was called. The patient was guided to seated clinical holds on the bed along with the use of a leg cushion to prevent her from shuffling back to the wall. Patient continued to be resistive and did not engage with staff. Oral Rt tablets were offered to which the patient gave no response and became more resistive. Therefore, IM Rt promethazine 25 mg was administered on the right outer thigh. Patient continued to become less resistive and started to engage with staff right after the IM. As the patient became more settled, the PMVA holds were released.	Duty doctor reviewed. Post Rt physical and neurological observations were started. Debrief given.	Care plan and prosss followed	N/A		Closed
DATC7609	05/09/2024	05/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient started to confront female staff in communal areas and voiced 'you're marked, I'll fucking have you, you're marked' and proceeded to make threatening hand gestures and threatened to hung staff. Patient continued to posture towards staff, staff placed patient in holds and escorted patient to bedroom.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		Closed
DATC7611	05/09/2024	05/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Supine (face up)		patient appeared to be visited by family were they became very unsettled in mood were the patient became verbally aggressive pushing furniture and kicking, grabbing, swearing, spitting at staff. staff attempted to de-escalate the patient verbally by requesting them to stay seated to go home with them ,the family then left and the patient proceed to continued to show behaviour's as already stated and also becoming incontinent of urine and faeces and also taking their clothes off various times were staff had to change her using dignity with various breaks in	plan used several times, with breaks in between, which took four staff on each time for four separate occasions. nert assessor also present throughout. normal breathing with no other concerns on every clinical hold. 30 minutes of clinical hold on every occasion (4 times). 30 minutes in total with breaks during the take shift.	No further actions taken	How to approach and engage with a distressed patient and good communication.		Closed
DATC7614	06/09/2024	05/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		patient was headbanging. De-escalation techniques were futile as she would not engage.	PMVA activated and maybe holds were used as per RT Promethazine 50mg - administered. Hold released afterwards. Post RT and neuro observations started. Medic	Care plan and prosss followed	N/A		Closed
DATC7616	06/09/2024	05/09/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient was heard banging head against wall. Staff intervened and attempted to de-escalate. Patient was aggressive, and keeps on slapping her face and wanted to leave the ward. She was redirected to her bedroom. Whilst in the bedroom, patient was heard by staff to bang the bedroom door, she was not engaging to verbal de-escalation, stripped off her trouser and went out to female corridor. She was redirected back to her bedroom. Decision made to activate PMVA, staff applied holds on both arms and a cushion was used on legs. Rapid Tranquillisation IM Lorazepam 2mg tablet was administered for which she accepted without holds. Post RT physical observation and non touch has been started Neurological observation completed	Staff sought to wake a patient whom was sleeping in an awkward position on ward sofa. When touched the patient reacted with violence and aggression. Verbal de-escalation attempted, not effective, therefore PMVA team called and techniques used to keep situation safe. Staff hurt during the incident. Medication was administered and aided patient to sleep. Debrief took place with patient once calmed.	* where possible staff to avoid physically touching patient as much body is physical contact. * Staff sought to de-escalate with verbal techniques * PMVA team called to aide in maintaining safety. * Medication administered with good effect. * Staff debriefed with patient once calm enough to do so.	None (minor harm, e.g. takes up to 1 month to rectify)		Closed
DATC7619	06/09/2024	06/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Supine (face up)		Patient was planned for rapid tranquillisation, but keeps on slapping her face and wanted to leave the ward. She was redirected to her bedroom. Whilst in the bedroom, patient was heard by staff to bang the bedroom door, she was not engaging to verbal de-escalation, stripped off her trouser and went out to female corridor. She was redirected back to her bedroom. Decision made to activate PMVA, staff applied holds on both arms and a cushion was used on legs. Rapid Tranquillisation IM Lorazepam 2mg tablet was administered for which she accepted without holds. Post RT physical observation and non touch has been started Neurological observation completed	Patient was planned for rapid tranquillisation, but keeps on slapping her face and wanted to leave the ward. She was redirected to her bedroom. Whilst in the bedroom, patient was heard by staff to bang the bedroom door, she was not engaging to verbal de-escalation, stripped off her trouser and went out to female corridor. She was redirected back to her bedroom. Decision made to activate PMVA, staff applied holds on both arms and a cushion was used on legs. Rapid Tranquillisation IM Lorazepam 2mg tablet was administered for which she accepted without holds. Post RT physical observation and non touch has been started Neurological observation completed	Staff attempted to verbally de-escalate patient with minimal success. Rapid tranquillisation medication administered.	Care plan and prosss followed	N/A		Closed
DATC7622	06/09/2024	05/09/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Supine (face up)		Patient was planned for rapid tranquillisation, but keeps on slapping her face and wanted to leave the ward. She was redirected to her bedroom. Whilst in the bedroom, patient was heard by staff to bang the bedroom door, she was not engaging to verbal de-escalation, stripped off her trouser and went out to female corridor. She was redirected back to her bedroom. Decision made to activate PMVA, staff applied holds on both arms and a cushion was used on legs. Rapid Tranquillisation IM Lorazepam 2mg tablet was administered for which she accepted without holds. Post RT physical observation and non touch has been started Neurological observation completed	Patient was planned for rapid tranquillisation, but keeps on slapping her face and wanted to leave the ward. She was redirected to her bedroom. Whilst in the bedroom, patient was heard by staff to bang the bedroom door, she was not engaging to verbal de-escalation, stripped off her trouser and went out to female corridor. She was redirected back to her bedroom. Decision made to activate PMVA, staff applied holds on both arms and a cushion was used on legs. Rapid Tranquillisation IM Lorazepam 2mg tablet was administered for which she accepted without holds. Post RT physical observation and non touch has been started Neurological observation completed	Staff attempted to verbally de-escalate patient with minimal success. Rapid tranquillisation medication administered.	Care plan and prosss followed	N/A		Closed
DATC7635	06/09/2024

GHC75684	07/09/2024	07/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PAVA (physical intervention)	Seated (POD used)		Patient declined the medication as depot was due today - reassurance was given to prompted her but she refused. PAVA was planned.	Staff (RN) and HCA wanted to explained the effect of the medication verbally and she can report any other concern she felt for not taken it. She insisted not to accept the depot.	none		none	None (no harm caused by the incident)	Closed
GHC75685	07/09/2024	07/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PAVA (physical intervention)	Seated (POD used)		07:30: Patient was from the start was screaming and shouting in her bedroom. She was banging on her bedroom door. Staff tried to check how she is , but she jumped towards staff to the female corridors. She was escorted her back to her bedroom with light holds. 08:45 : 2 staff went into her bedroom to administer her morning medications. she jumped on to staff , Grabbed arm of staff and started kicking the other staff. She was tightening her holds on both staffs arms and legs. She was trying to bite staff arms from her. She was screaming and shouting at staff, her teeth and lips were stained with blood. She was continuously walking' rate to rapid and kit her. You don know what you are doing . Medications are made fly him to kit her.	09:00 - Consulted other wards for a planned PAVA in order to administer her medications in order to safety reasons. 09:20 : She was held on light holds with use of pad cushion. She was resisting, but considering her age and strength , lights holds were only applied. " RT IM lorazepam was administered . Holds were released. She stayed in her bedroom . She continued to bang on her window and door. 10:30 : Staff approached her to take out RT review. Had a long conversation with her . She was much more able to interact and articulate during review. But she was delusional in speech content and was paranoid about staff , people outside hospital . She thinks that staff are trying to poison her medications and this is why I refuse to kit her by medicating with poison . reassured her, but was not acknowledging. RT nas fourth physical observations started. debrief	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC75689	07/09/2024	07/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service user was due for Nasogastric feeding. Patient was put on light PAVA holds by 2 members of staff. Patient was administered with nasogastric feed and feed/rated walk after the feed.	Verbal deescalation given.	Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75700	07/09/2024	07/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Service user started screaming and shouting while sitting in the communal area. She was banging on bedroom doors. Banging on bedroom windows . She was agitated . Rude and was shouting at staff . She moved her bed and thrown her mattress. she was banging her arms and head against the wall and door.	PRN tablets offered . She had PRN Lorazepam , which she started to be loud . with no immediate affect . She was planning towards male staff telling to s*** her . When she was moving the bed and getting more aggressive towards staff , she was given PRN 2mg with use of cushion on her bed. She was making sexually inappropriate voice while she was on holds. She was asked to not make noises like that but she refused to listen . She was released from holds as she was not responding positively to verbal prompts from nurses and staff left her in her bedroom and observed through window . She spent time in communal area after the incident of agitation after intensive she	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC75704	07/09/2024	07/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Clinical hold (control)		12:10 – The patient was seen to headbanging with his head against the wall. Staff approached to verbally de-escalate the patient but she said 'I don't want to talk about it'. Staff continued to use crisis de-escalators and grounding techniques but they were futile. 12:20 – Verbally aggressive patient was removed from the wall and guided to seated dorsal holds on the bed along with the use of big cushion. The patient continued to be resistive and tried to bite her hand with her hands whilst on holds. As the patient was resistive, PRN medication was offered and IM tablets, but she refused and continued to be more resistive. Therefore, decision made to administer RT promethazine 25 mg IM. However, when the needle was inserted on the thigh and pushed, there was a high pressure on the syringe that prevented the medicine from going in. Therefore, the	The time the staff member returned back, the patient was sitting on the floor and PRN were released. Hence, the plan for RT was aborted. 12:30 – Following this, the patient came out to the communal areas on her wheel chair and sat there with a calm behaviour. Staff Asalee checked the syringe and confirmed that the syringe had the same amount of medicine before and after the attempt. This had been discussed with the on call duty doctor. Therefore, RT was not administered in this presentation. Debrief given to the patient. Duty doctor reviewed and the patient was reviewed about the incident. Post headbanging Physical and neurological observations were continued.	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC75708	07/09/2024	07/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Patient had NG feed with 2 members of staff		Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75714	07/09/2024	07/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		patient was heard headbanging in her room. Attempted engagement however unsuccessful.	Odds placed into seated arm holds with use of leg cushion. no pack used and removal of one headphone to encourage communication. Declined distraction techniques, declined change of environment. 1500- RT oral promethazine was offered, no response from patient so IM promethazine was administered. 1551- disengaged holds due to no resistance. Accepted physical observations to be taken.	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC75715	07/09/2024	07/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		patient was heard headbanging in her room. Attempted engagement however unsuccessful.	anna, seated with leg cushion de-escalation unsuccesful, disengaged due to ineffective communication.	Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75723	07/09/2024	07/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Standing		The service user tried to run off the ward, the staff attempted to get the user back to the ward, when the user grabbed the staffs hand and tried to push the staff on to the floor. The user then ran to the front of the ward and tried to open the entrance door. The user on hold and returned the user back to the ward. The user was kept on clinical hold, attempted de-escalation but the user was resistantive and tried assaulting the staff. The user was then re-directed	Staff sought to de-escalate the patient. Staff sought to prevent patient from leaving ward. PAVA team called to assist in diverting patient back to ward.	Staff implemented de-escalation techniques to reduce patient agitation. Staff sought to prevent patient leaving ward, called PAVA team to assist in returning patient. PAVA safeholds implemented to return patient to ward.	Patient has been agitated despite medications and verbal de-escalation techniques. Staff implemented safe holds as a means of returning patient to ward.	None (no harm caused by the incident)	Closed
GHC75737	08/09/2024	08/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service user is due for feeds, called plan PAVA. Staff advised light holds. She was sat on a pad and a weighted blanket has been used on legs.		Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75745	08/09/2024	08/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (POD used)		Service user tried to abscond from the ward. Staff tried to stop him and he became resistive, continuing to push past staff and attempting to open the doors. The service user began shouting, kicking and threw his hand at staff.	Staff called for PAVA assistance. With the support of PAVA team, the service user was put in holds and moved to the pad to prevent the service user from harming staff. The service user was then moved to the lying on the floor.	Staff sought to prevent patient leaving the ward. Staff acted to return patient.	Staff followed care plan and risk assessment.		None (no harm caused by the incident)	Closed
GHC75747	08/09/2024	08/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (POD used)		Service user attempted to the leave ward. Pushing against staff, kicking and shoving.	Staff were unable to redirect service user and he was becoming increasingly aggressive pushing and kicking staff. Staff put service user in holds and walked him to the pad and safe to release.	Staff sought to prevent patient leaving ward, patient returned with use of safe holds as reviewed fro the ward not return.	Staff followed care plan and risk management plan.		None (no harm caused by the incident)	Closed
GHC75749	08/09/2024	08/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (POD used)		Service user attempted to leave the ward. Pushed and shoving at staff to try and get past them to leave. Poked at one staff member's eye for a few seconds before staff were able to remove the her hand/arm.	Service user was put in holds and walked to the pad safe to remove holds. Service user accepted to regular medications at this time.	Staff intervened to prevent vulnerable patient leaving ward. Safe holds implemented to escort back to ward.	Staff followed care plan and risk assessment.		None (no harm caused by the incident)	Closed
GHC75754	08/09/2024	08/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PAVA holds by 02 members of staff.		Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75770	08/09/2024	08/09/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PAVA (physical intervention)	Seated (other)		Patient has been unsettled, chaotic and charging towards peers and staff in attempt to strangle and assault. Patient has not been responding well to boundaries.	Patient refused oral tablets and staff administered RT injection on holds in a seated position.	Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		None (no harm caused by the incident)	Closed
GHC75777	08/09/2024	08/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PAVA (physical intervention)	Seated (POD used)		Service user was unsettled for most of the shift. She was seen to be shouting and screaming in her room. She declined all her meds . Staff approached her multiple times for giving meds , but she was not ready to take . 20:10 : Staff approached her for giving her meds . She agreed to consent and tried to attack him.	Discussed made with doctor about RT , which he agreed.Decision made to activate PAVA and gave her RT as she is not ready to take any oral meds and continued screaming and shouting. 20:40 : Staff approached her in the room .She was seen to be naked . Staff helped her to put her clothe She was crying and shouting in the room. She was put in seated POD , leg cushion was also used	PROCESS FOLLOWED N/A PT UNWELL		None (no harm caused by the incident)	Closed
GHC75778	08/09/2024	08/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PAVA (physical intervention)	Seated (other)		12:00 – The patient attempted to walk off the ward without an authorised leave, he attended HCA who was sitting in the communal area who tried to stop him. He became very aggressive and dismissive of staff and started shouting loud in the communal area. Staff attempted to verbally de-escalate and asked him to go back to his bedroom. However, the patient became more agitated and refused to leave the communal area. Shortly after, he suddenly got up and charged towards another staff member to attack him, the patient was put on PAVA holds on the sofa on the communal area along with the use of a leg cushion. He continued to be aggressive and made abusive comments. PAVA was activated. However, by the time the team arrived, patient became more settled and agreed to accept oral RT tablets. Therefore, oral RT lorazepam 2mg was administered for which the holds were released. Patient become settled and sat in the communal area.	Patient was debriefed. Post RT physical observations were started. Duty doctor was informed for post RT review.	PROCESS FOLLOWED	N/A	None (no harm caused by the incident)	Closed
GHC75782	09/09/2024	09/09/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Precautionary hold		Patient sat in the communal areas and was provoking fellow patient. Patient was verbal abusive towards staff She was physical abusive towards staff by throwing a laundry basket towards staff.	She verbal de-escalated She was put on holds and moved to her bedroom.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		None (no harm caused by the incident)	Closed
GHC75789	09/09/2024	08/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Patient was seen by staff banging her head in her bedroom during checks (1:30). Low level banging using back of her head.	Verbal de-escalation to good effect. PRN offered - declined.	Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75790	09/09/2024	09/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (other)		Patient poured water on staff Patient slapped staff on head patient was racially abusive	Patient was put on holds and staff disengaged	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so. VIOT review. Patient was spoken to about racial abuse and how	None identified.		None (no harm caused by the incident)	Closed
GHC75796	09/09/2024	09/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		The patient was due for their nasogastric feed.	The patient was put on light holds on the pad to facilitate the nasogastric feed.	Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75798	09/09/2024	09/09/2024	Charlton Lane- Mulberry Ward	Charlton Lane- Mulberry Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PBM (physical intervention)	Non-standard hold	Placed hand against patient's head to prevent out of room	Patient shouting at staff in nursing office, asked to leave the office. Staff placed hand against back to guide out of office.	Patient responded by placing self on floor slowly. Staff offered reassurance and explained that they closed up abusing at staff and left office.	Appropriate action taken at time of event with least restrictive	Always keep the office door shut Ensure that a post PBM review has been completed as needs.		None (no harm caused by the incident)	Closed
GHC75813	09/09/2024	09/09/2024	10 HOT	Other (2) Unit- non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		PBM clinical hold on patient in their own bed, for the purpose of receiving medical reassessment by qualified practitioner, in their best interest and in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC75828	09/09/2024	09/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PAVA holds by 02 members of staff.		Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC75840	09/09/2024	09/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (POD used)		17:20 - Service user was seen to be headbanging in her room at low intensity with back of her head against the wall with earphones on .	Staff approached her. Attempted verbal de-escalation. Removed one earphone as per sarajton. Offered reassurance. When asked about the trigger she told me that "My brain is telling me to headbang" Reassurance given. She was not ready to engage with staff however ,she responded to questions . Used grounding techniques. 17:25 - PAVA team called. Decision made to activate PAVA . 17:25 -She was put on PAVA holds, seated POD and leg cushion was also used. She was very resistive. 17:30 - Offered oral medicines but she refused .IM lorazepam 2 mg administered through clothing under holds. 17:35 - Holds were released one by one .	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC75850	10/09/2024	09/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (POD used)		patient was observed to be head banging in their bedroom.	She came out in communal area after the resident patient left the area. Attempted verbal de-escalation techniques, which did not work. A PAVA was called and the patient was IM'd with RT 25mg promethazine with good effect. Patient was held on the pad and the	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC75866	10/09/2024	09/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PAVA (physical intervention)	Seated (POD used)		Patient undressed and naked in own bedroom, dancing in front of bedroom window. Not responding to verbal de-escalation and was resistive to staff holds. Clothes on. Grounded PRN medication and placed in pad out of staff nurse hand. Attempted to slap and hit staff nursing staff with hands. Stood in front of bedroom door and would not move, would not let staff out.	Discussed with doctor about RT , which he agreed.Decision made to activate PAVA and gave her RT as she is not ready to take any oral meds and continued screaming and shouting. 10:40 - Staff approached her in the room .She was seen to be naked . Staff helped her to put her clothe She was crying and shouting in the room. She was put in seated POD , leg cushion was also used 10:45- Encouraged her to take oral medicines several times but refused to take oral RT . therefore , RT Lorazepam 2 mg IM administered under holds. 11:00 - Holds were released one by one . She came out in communal area after the resident	process followed to support patient and dignity	N/A	None (no harm caused by the incident)	Closed
GHC75874	10/09/2024	10/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service user is due for feeds, called planned PAVA. Staff advised light holds on both arms, service user was sat on the pad and a weighted blanket was used.		CARE PLAN FOLLOWED	N/A		None (no harm caused by the incident)	Closed
GHC75886	10/09/2024	10/09/2024	10 HOT	Other (2) Unit- non-GHC	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (control)		Phlebotomy PBM clinical seated hold on patient in their own bed, for the purpose of receiving medical reassessment by qualified practitioner, in their best interest and in proportion to the risk of serious harm if any undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC75887	10/09/2024	10/09/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Escort		Patient was escorted over their ward room from the kitchen place. Began to invade the personal space of the charge nurse an responsible clinician. Patient's began shouting, expressing their staff was breaking their human rights.	Two staff members took the patient by their arms and escorted patient into their room. Staff sat with patient for a short while to allow for de-escalation. No harm came to staff or patient.	none	none		None (no harm caused by the incident)	Closed
GHC75893	10/09/2024	10/09/2024	Watton Lawn- other inside	Watton Lawn- other inside	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	supine (face up)		Transfer to another ward Staff then attempted to guide patient towards the lift when they hit out at staff. PAVA holds whilst standing patient was resistive, repeatedly hitting out at staff and attempting to bite staff hands. Made comment of "Am making this fucking worth it then shall we". Whilst trying to weave holds the team and patient fell to the floor in a scuffle, and landed in supine position. The team were in supine position for approx. 2 minutes, patient then agreed to get up off the floor, holds released and he walked down to			proxins followed	Staff sustained injuries -NODOR N/A	None (no harm caused by the incident)	Closed
GHC75896	10/09/2024	10/09/2024	Watton Lawn- other inside	Watton Lawn- other inside	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PAVA (physical intervention)	Escort		patient escorted into kingsholm ward after refusing to go into ward.		Hands on required	N/A		None (no harm caused by the incident)	Closed
GHC75899	10/09/2024	10/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		patient was heard headbanging in room, upon approach patient was observed to be banging the back of head against wall. Use headphone removed, attempted engagement however unsuccessful. PAVA called and patient was placed into seated holds on bed, using leg cushion and ice pack. RT oral promethazine offered, no response therefore IM promethazine 50mg given. Holds reduce very shortly after.	Physical observations taken as well as neurological. DMO informed via U1 and aware of need to review.	Care plan and process followed	N/A		None (no harm caused by the incident)	Closed
GHC75900	10/09/2024	10/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		light press holds/hand holding for administration of NG feed	pad and weighted blanket used 1:1 after for 1hour	Care plan followed	N/A		None (no harm caused by the incident)	Closed
GHC75923	11/09/2024	11/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Nasogastric feed administered using light PAVA holds by 02 members of staff.		Care plan followed along with proxins	N/A		None (no harm caused by the incident)	Closed
GHC75926	11/09/2024	11/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PAVA (physical intervention)	Seated (other)		Service user was unsettled from the start of the shift. She was seen to be pacing through the corridors , dancing in communal area . She appeared disengagable in mood. She was prescribed with depot injection flupentixol decanoate 20mg. Offered depot multiple times by 03 members of staff but she refused. She was seen to be following other patients and trying to whisper things to them	Decision made to administer depot injection and RT under holds as she was really unsettled . 10:55 : Staff indroduced her into bedroom with use of leg cushion . 10:20 : She was put into light PAVA holds in her bed .Identifying cushion was used for support by 04 members of staff. She was not resistive. 10:23 : Administered RT Lorazepam 1 mg on her left leg and depot injection on her right leg through clothing.	proxins followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC75931	11/09/2024	11/09/2024	Watton Lawn- Greyfriars PCU	Watton Lawn- Greyfriars PCU	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Standing		Patient A came into the communal areas and called staff a "Dickhead", staff did not engage in a response to the patient. Patient squared up to this staff member and patient placed their head against staff members chest. staff informed the patient to give staff space and remove their head from staff members chest, patient did not, then spat in the face of staff member, patient was escorted back to their room in PAVA holds. standing holds and escorted back their room.		Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	None identified.		None (no harm caused by the incident)	Closed
GHC75969	11/09/2024	11/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient distressed, needed prn medication PBM techniques implemented.	patient safety held- medication given as prn	to prevent harm to self and others.	We have learnt how to proactively use medication before the patient escalates so we reduce any restrictive interventions such as plan techniques.	None (no harm caused by the incident)	Closed
GHC75941	11/09/2024	11/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		patient agitated and escalating. Throwing things at staff and swearing. Highly distressed	clinical hold to administer prn medication after de-escalation techniques had failed. MERT assessor present-	no further action required	how to deescalate distress by offering 1:1 time, reassurance and prescribed medication.	None (no harm caused by the incident)	Closed
GHC75975	12/09/2024	12/09/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		as a staff member entered patient own, upstairs and into the corridor and then into the staff toilet. He was then put on the floor in a seated position for safety. He then sat on the floor initially hitting out at staff, PBM breakaway was utilised and then a BPM intervalidated hold. Patient then attempted to kick out, a PBM two person was implemented to escort	As described above, staff managed and managed the situation safely ensuring no harm to the patient or themselves.	Incident reviewed during our weekly MDT, staff acted appropriately and in line with this patient's PBS Plan.	That this patient's behaviour remains unpredictable but that staff are aware of the interventions required to manage him in these situations.	None (no harm caused by the incident)	Closed
GHC75977	12/09/2024	11/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (other)		Incident 1 Patient was very agitated, Attempted several times to leave the ward. Declined PRN medication. Patient was trying to run ward doors. He began following staff around communal areas in an intimidating manner. Planned PAVA was called to offer more staff support . Declined PRN offered repeatedly. Verbal de-escalation was futile as he continued to be resistive and aggressive. He was put in any provocation and was escorted in holds to his bedroom to his bedroom in holds. Incident 2 Holding released from holds, he was disruptive in communal areas. He ran out of the ward. He attempted to assault a patient on another ward and were brought back in holds. patient attempted to leave the ward multiple times.	Incident 1 RT Lorazepam 2mg and Haloperidol 5mg administered by injection with little effect. He was very resistive during and after medication administration Incident 2 PAVA Called DMO consulted again and advised to administer injection promethazine. Patient was contained in holds. Attempted to headbutt staff whilst in holds and was very resistive	Patient had become aggressive and agitated, staff implemented verbal de-escalation techniques, however minimal affect. Decision made to implement PAVA holds to maintain safety of staff, patients and aggressor. Patient referred to PICU following incident.	Staff followed care plan and risk management plan.	None (no harm caused by the incident)	Closed
GHC75978	12/09/2024	11/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (POD used)		Patient was still disruptive on the ward. He fitted a chair in communal areas and attempted to hit staff with this	PAVA team called and placed in holds. Verbal deescalation continued	Staff sought to verbally de-escalate patient. PAVA team called and techniques implemented to maintain safety of staff and patient. Patient referred to PICU	Staff followed care plan and risk management plan.	None (no harm caused by the incident)	Closed
GHC75979	12/09/2024	12/09/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PAVA (physical intervention)	Seated (POD used)		Patient was pacing in communal areas, and was agitated. He attempted to push staff, which was blocked. He then proceeded to kick staff on the shin and was PAVA'd by ward again. Attempted to use this as an opportunity to abscond.	PAVA team was called. He was very resistive . Medication informed of presentation. Approval for RT Lorazepam 2mg prescribed and administered.	Staff sought to de-escalate with verbal techniques. PAVA team called and techniques implemented to maintain safety of staff and patient. Patient referred to PICU	Staff followed care plan and risk management plan.	None (no harm caused by the incident)	Closed
GHC75980	12/09/2024	11/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / left injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PAVA (physical intervention)	Seated (other)		Service user was in the female lounge and spoke to staff informing to find that some one had spilt a drink on their paper. patient then went into the female lounge and sat on the window sill and start to head bang using the back of their head against the side of the window frame.	Staff went into the female lounge and spoke to the patient and attempted to de-escalate them but with no success. Patient continued on head banging. staff called PAVA team, and patient was given IM RI under restraint with good effect.	CARE PLAN FOLLOWED	N/A		None (no harm caused by the incident)	Closed
GHC75989	12/09/2024	12/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PAVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PAVA (physical intervention)	Seated (POD used)		Service user was due for Nasogastric feed. Patient was put on light PAVA holds with 2 members of staff using seated pod and weighted blanket. Patient was not resistive during the feed. Patient was calm and had good conversation with staff during the feed. Additional essential work with staff after the feed.	Verbal de-escalation given.	CARE PLAN FOLLOWED	N/A		None (no harm caused by the incident)	Closed
GHC75996	13/09/2024	12/09/2024	Watton Law

GHC74125	13/09/2024	13/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The Nurse in Charge enter the unit to administer to patients medication. The patient shared the nurse in charge and their clothing trying to drag them to the floor.	Staff A1 entered to help, with the staff member taking hold of the patients arm. However, they then proceeded to lift their feet off the floor and pulling the patient. The upward shift member assisted and managed to get the patient to the floor. Prone restraint to the patients chest but their feet did not want to sit down and began trying to scratch at staff and	This is a historical behaviour; all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis.	This is a historical behaviour; all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC74630	13/09/2024	13/09/2024	Wotton Lawn-Greyfriars PICU	Wotton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient was in the communal area exalating in his behaviour, shouting, swearing, threatening to unseen armed, talking loudly. Patient then saw patient 2 walking through the communal area and called him a "Talking Nigs". this was unprovoked and was witnessed by the staff. Staff informed patient that this is unacceptable and patient 1 became agit more unsettled and started to escalate further. PBS was offered whilst patient refused. Because of patients escalating behaviour staff suggested patient to spend some time in his bedroom. Patient refused, patient 1 was then taken to the communal area as bedroom on PMVA holds. Patient came to the communal area after 5 minutes, continued the same presentation. Offered oral medication again, however refused. RT AF medication was administered. Patient became more settled after this.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Patient was spoken to about racist abuse and how this is not acceptable and will not be tolerated. Staff member advised that they would be supported to report this to the police, should they wish to do so.	None identified.	None (no harm caused by the incident)	Closed
GHC74131	14/09/2024	15/09/2024	Wotton Lawn-Greyfriars PICU	Wotton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient attempted to hit staff	patient put in holds and escorted to bedroom.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC74135	14/09/2024	15/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		At 21:30hr patient walked off the ward. At 21:36hr patient demanded for cannabis roll , staff informed him that he can't have cannabis which escalated the patient, he tried to leave the ward. At 21:40hr patient made attempt to leave the ward	At 21:36hr staff team members of staff immediately followed him and found him in front of the hospital , he was encouraged to return which he did. At 21:36 and 21:40hr , staff used verbal de-escalation and redirection with no effect, patient appeared to be aggressive in demeanour therefore called psychiatric emergency to manage escalation, used PMVA holds with holds and provided oral RT at 21:44. 4 observations taken. Debrief completed with staffs and the patient involved.	safety and procedure followed	N.A	None (no harm caused by the incident)	Closed
GHC74138	14/09/2024	15/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		22:35 : Patient demanded for his cannabis roll , staff reiterated about the hospital policy and the patient's current assisted leave status which promptly escalated the patient. Patient quickly barged into the office and tried to snatch the cannabis roll during de-escalation with no effect. He started shouting at staff saying "that's my property , you have no right to keep them with you". All efforts to de-escalate became futile . Patient tried to use office door to leave the ward, therefore ,placed him on holds . moved the patient from the office to communal area.	verbal de-escalation Redirection Physical boundaries PMVA Debrief	POLICY AND PROCEDURE FOLLOWED	Pt assessed cannabis.	None (no harm caused by the incident)	Closed
GHC74165	14/09/2024	15/09/2024	Wotton Lawn-Greyfriars PICU	Wotton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient escalating throughout the shift. Hostile, aggressive, verbally abusive and physically assaultive towards staff and peers. * Tried to gain access to airlock when staff were leaving. Clung onto the door and refused to let go, which allowed another patient to run into the airlock. * Kicked HCA during relocation with force (kiRob). * Spat over without antecedent who was lying on the sofa. * Racially abusive towards sen who was shouting at her from Priory Ward bedroom overlooking PICU garden	Patient was placed into preassistmery holds multiple times and relocated to her bedroom. RT medication given.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Patient was spoken to about racist abuse and how this is not acceptable and will not be tolerated. Staff member advised that they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents	None (no harm caused by the incident)	Closed
GHC74152	14/09/2024	14/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PBM (physical intervention)	Assisted support		Nurse administering medication walked into the unit without notifying staff working with patient. Patient attacked nurse, pulling clothing.	This required staff supporting to intervene and support. Patient's arms holds enabling the nurse to see break away. Medication was administered and all staff left safely, without any issues for the patient.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	This is a service for individuals with Learning Disabilities, complex needs and challenging behaviour. This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	None (no harm caused by the incident)	Closed
GHC74158	14/09/2024	14/09/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient A recognised patient B as someone else and was calling them a different name, saying "I'm going to kick him out this house". Patient A was making threats towards patient B and then stood up and grabbed patient B's ears and pulled his head.	Staff intervened and were able to remove patient A's hands from patient B. Patient A continuing to escalate, shouting at patient B in staff-utilised PBM holds to escort patient A to the lobby lounge so the visual stimuli of patient B was not distressing him anymore. During the PBM escort, patient A dropped himself to the floor, requiring staff support to lift him up. Staff then utilised the floater chair to support patient to stand. Patient A is now in safes lounge and appears	Managed appropriately Staff to be mindful of communal area allocation Mid plan to be formulated	NA	None (no harm caused by the incident)	Closed
GHC74160	14/09/2024	14/09/2024	10 HOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlikely administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in patients best interest in order to safely take bloods		None required	None required	None (no harm caused by the incident)	Closed
GHC74162	14/09/2024	14/09/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Seated (other)		Patient being physically violent towards staff, putting others and himself at risk (separate data completed)	PBM holds utilised and RT given.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC74164	14/09/2024	14/09/2024	CHAMS Outreach	Patient's own home	Self Harm / self injurious behaviour (SIB)	Self harm / SIB patient (community)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	Other form of physical intervention	Seated (other)		YP ensured bathroom and locked herself in. Used ligature to unlock lock from outside. YP was stood in bath with her top looped over the shower rolled with her hands. Staff supported her to come down. YP was safe held to gain access to her pockets. 5 items were found on her person. During a safe hold by staff cuts was held at the neck and sheared sat 'get off my neck'.	Unlocked the door and support YP to come down. Stopped back to allow space for the safe hold. Removed items from flat. Verbal reassurance given. Call to on call service social worker and to private care provider owner sent re incident, see email attached in documents for DATIX	5M RT Lorazepam 2mg was administered on holds at 20:20. Patient became more settled after the RT, hence, the holds were released. Staff stayed with the patient to provide assurance and suggested her to come to the office when she is struggling. Post RT NI vitals observations were started. EMO reviewed.	Care plan followed along with process	N/A	None (no harm caused by the incident)	Closed
GHC74171	14/09/2024	14/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		18:00 - The patient was seen to head banging with her forehead against the mesh of the windows in her bedroom. Staff attempted to verbally de-escalate but the patient continued with the headbanging. Patient was offered PRN medication and declined, 5M on the PDO. Patient started to respond to verbal de-escalation and stopped being resistive. Therefore, holds were released. Offered prn medication but she refused them. Patient remained settled in her bedroom for the night. 19:45 - Patient started headbanging again with her forehead. Attempted verbal de-escalation for several minutes but it was futile. Therefore, activated PMVA. Guided to seated holds on the pod. Patient continued to be resistive and was shouting aggressively at staff. Staff attempted to verbally de-escalate her using different crisis de-escalation but she did not respond to this. Offered oral RT tablets but the patient said she		5M RT Lorazepam 2mg was administered on holds at 20:20. Patient became more settled after the RT, hence, the holds were released. Staff stayed with the patient to provide assurance and suggested her to come to the office when she is struggling. Post RT NI vitals observations were started. EMO reviewed.	Care plan followed along with process	N/A	None (no harm caused by the incident)	Closed
GHC74181	15/09/2024	15/09/2024	Wotton Lawn-Greyfriars PICU	Wotton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Prone (face down)		Patient slurping at staff making multiple attempts to verbally de-escalate the patient but she was not responding to any. Offered oral promethazine 25 mg, but the patient refused them and was unable to take her dose not reveal medication as she was aggressive and continued to be seen to be shouting at staff.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents	None (no harm caused by the incident)	Closed
GHC74182	15/09/2024	14/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Service user was head banging in her bedroom against window reels. Verbal de-escalation and care plan followed to no effect. PMVA Holds implemented onto POD from bed.	The holds were released after the administration of RT. Post RI physical observations and post headbanging neurological observations were initiated. EMO was informed for post RT and post headbanging NEWS. Staff provided reassurance and offered support. The patient was de-briefed after the incident.	Staff followed care plan and process	N/A	None (no harm caused by the incident)	Closed
GHC74212	15/09/2024	15/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Service user was due for prescribed dose of depot injection.User was sedated about the depot due today, User continued to explain that want accept prescribed treatment as user believe,,doesn't have any mental health issues. PMVA team was called for support and staff continued to explain the user the need for medication administration .User started swearing at staff,asked staff to leave the room and unable to accept any reassurances.hence user was put in seating sated PMVA holds to administer depot medication.User was administered depot injection plane with RT I'm my right deltoid muscle.	Patient was released from holds. Post physical observations commenced	Mental state reviewed Physical health compromised by mental state Risks assessed Restrictive practise currently required to prevent deterioration in mental state and physical health RT likely required daily until improvement evidenced Data to follow hospital policy and relevant legal frameworks	n/a	None (no harm caused by the incident)	Closed
GHC74222	15/09/2024	15/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		patient left the ward and led on the floor outside door with Staff were alerted to screem and shout and then Knocked a plant over and barged their way down the stairs.	Staff were informed by Police that Sagar Singh is the patient outside Kingsdown A team was assembled to stop the patient leaving the ward. Patient was observed to be pacing and throwing punches and swearing at staff. patient was brought back to the ward in holds and accepted PRN medication. Patient settled on the ward.	+IM Flu OOC Pou	N/A	None (no harm caused by the incident)	Closed
GHC74226	16/09/2024	16/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Clinical hold (seated).		als behaviour escalating:- becoming increasingly louder causing distress to others on ward, pt also becoming increasingly distressed. Reduced oral PRN therefore following consultation with on-call Dr and ward team DECIDED TO ADMINISTER AP LORAZEPAM	Pt placed in safe holds and Lorazepam administered.	Mental state reviewed Physical health compromised by mental state Risks assessed Restrictive practise currently required to prevent deterioration in mental state and physical health RT likely required daily until improvement evidenced Data to follow hospital policy and relevant legal frameworks	n/a	None (no harm caused by the incident)	Closed
GHC74228	16/09/2024	16/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent a patient causing serious intentional harm to themselves by [illegible]	Planned	PMVA (physical intervention)	Seated (other)		Patient was shouting and screaming in her bedroom. Staff planned PMVA to get RT IM Promethazine. Patient was standing beside the window, Staff put hold on seated. Injection was given to the patient and disengaged.	Patient was put on holds and given RT IM Promethazine on Right Thigh. Staff disengaged	Mental state reviewed Physical health compromised by mental state Risks assessed Restrictive practise currently required to prevent deterioration in mental state and physical health RT likely required daily until improvement evidenced Data to follow hospital policy and relevant legal frameworks	n/a	None (no harm caused by the incident)	Closed
GHC74248	16/09/2024	16/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		1. 0B.10 Hours- Patient pushed their way off the ward's door when he started becoming more roguelesss, staff observed to be sitting on sofa by locked door. When locked door opened for nursing staff to enter from Reception, patient pushed their way through the locked door. 2. 0B.30 Hours- Patient informed by nursing staff he would not be provided ILR to town as patient consistently ran off the ward and does not	1. Verbal de-escalation initially employed to no effect. Once patient was out of the locked door, patient taken into standing PMVA holds. Patient agreed to return to the ward and PMVA holds were released. Patient returned to the ward without further issue. 2. Verbal de-escalation utilised to good effect. Patient agreed to return to the ward.	process followed	n.a	None (no harm caused by the incident)	Closed
GHC74266	16/09/2024	16/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Service user left the ward and was sat outside nearby the sliding door with an intention to abscond from the hospital Staff approached user and tried to explain about current leave status ,but user was not willing to return back to the ward.Staff tried to guide user to the communal area but user was not willing to resist .PMVA team was called for support and user was resisting and fighting to be released form the holds .User was put on standing holds and brought back to the ward.User continued to be distress and resistive and was shouting at staff and other pts .A continued verbally calm down but user was distressed and not in the environment, was allowed into the	Staff encouraged to explain need to remain on ward. Attempts to escort patient back to ward. PMVA team assembled and techniques implemented to return patient to ward. Verbal de-escalation to reassure patient. Medication administered to aide in calming.	Staff sought to verbally de-escalate and return patient to ward. Ongoing efforts to verbally reassure patient. PMVA team assembled to aide in return of patient to ward. Risk & Medications administered to aide in calming patient.	Staff sought to resolve incident with verbal de-escalation techniques and reassurances, provided information to aide patient understanding. PMVA team assembled to aide in returning patient to ward. Medications administered to aide in calming patient.	None (no harm caused by the incident)	Closed
GHC74273	18/09/2024	18/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was in bedroom, staff entered the bedroom and attempted to engage with the patient. The patient remained in music and would not engage with staff, a PMVA team was called.	Staff entered the room and placed the patient on the pod, seated hold on the pod was used.	Care plan and process followed as documented below	N/A	None (no harm caused by the incident)	Closed
GHC74275	18/09/2024	18/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by incident	Planned	PMVA (physical intervention)	Supine (face up)		Patient has recently had a major physical operation and has not been cooperating with staff to clean his wound or undergo any physical examinations. She has refused a depot as she has been refusing medication. Team called, situation explained Went into patient's room, patient screaming and shouting and refusing to get out of bed. Moved patients bed away from the wall Patient placed on supine holds RT IM Lorazepam 2mg administered Physical health nurse changed wound dressings Bloods completed by physical health nurses and doctor Holds removed Remained with patient and allowed rest and sleep	Staff went to check, patient did not complain of the incident to staff, she accepted physical observations and food and fluids from staff	Mental state reviewed Physical health compromised by mental state Risks assessed Restrictive practise currently required to prevent deterioration in mental state and physical health RT likely required daily until improvement evidenced Data to follow hospital policy and relevant legal frameworks	n/a	None (no harm caused by the incident)	Closed
GHC74283	18/09/2024	18/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		Patient head to be head banging in bedroom, sitting on bed, against wall with back of head - low to moderate intensity.	Staff entered the room and placed the patient on the pod. Patient not responding to verbal intervention. Patient not responding to blue-cue cards. Patient supported to edge of bed and into seated PMVA holds with use of PMVA cushion on legs. Ice pack placed on patient's neck and then on NI site Patient encouraged to engage in breathing exercise, Patient did not acknowledge 2 x offer of oral RT medication from nursing staff. Patient administered IM RT Lorazepam 2 mg to left outer thigh through clothing. Post RT physical health observations commenced in line with RT protocol and there were concerns at the time	Care plan and process followed as documented below	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC74285	18/09/2024	18/09/2024	Wotton Lawn-Abbey Ward	Wotton Lawn-Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		The patient came out of the ward with their backpack and suitcase and attempted to leave the hospital. Staff A1 and A2 followed the patient into the grounds, and persuaded them to come back to the hospital. The patient insisted they would not come back to the ward, they were on their way to the American embassy because we did not have the right visas to enter the country. Staff A1 and A2 took the phones , the PMVA team was called, and the patient was brought back to the reception area and put in the	They were assured that would be escorted back to the ward, the PMVA team was called but was guided back to the ward by the ward staff. Outlined 1:1 with staff after the incident.	none	none	None (no harm caused by the incident)	Closed
GHC74298	17/09/2024	17/09/2024	Wotton Lawn-Greyfriars PICU	Wotton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		and place in underwear, patient refused to return to staff, and denied having the mobile phone on their person. Patient became hostile, and verbally aggressive towards staff. Patient made verbal threats towards staff and was heard to threaten to harm staff. Patient was encouraged to return to the communal area to escalate patient and request the phone back which		Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC74323	17/09/2024	16/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Supine (face up)		Patient A has been declining oral medications as the MC and the Team decided Patient A to have a RT. Patient A opposed quite hostile and loud on her presentation.	PMVA team called. Post RT physical observations. Informed the duty doctor for review. Planned Promethazine RT (IM) for good effect.	Mental state reviewed Physical health compromised by mental state Risks assessed Restrictive practise currently required to prevent deterioration in mental state and physical health RT likely required daily until improvement evidenced Data to follow hospital policy and relevant legal frameworks	n/a	None (no harm caused by the incident)	Closed
GHC74324	17/09/2024	17/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Patient A been declining oral medications as the MC and the Team decided Patient A to have a RT. Patient A opposed quite hostile and loud on her presentation.	PMVA team called. Staff attended. Informed the duty doctor for review. Planned Promethazine RT (IM) for good effect.	Restrictive practise required to deliver care and manage symptoms of psychosis Patient now discharged	n/a	None (no harm caused by the incident)	Closed
GHC74327	17/09/2024	17/09/2024	Wotton Lawn-Kingsdown Ward	Wotton Lawn-Kingsdown Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Precautionary hold		Service user was due for prescribed dose of depot injection.User was explained about the depot due today, User continued to explain that want accept treatment as user believe,,doesn't have any mental health issues. PMVA team was called for support and staff continued to explain the user the need for medication administration .User started swearing at staff,asked staff to leave the room and unable to accept any reassurances.hence user was put in seating sated PMVA holds to administer depot medication.User was administered depot injection plane with RT I'm my right deltoid muscle.	Negotiation and encouragement offered. Patient continued declining depot medication therefore PMVA team assembled as a means of escorting patient to have depot. Medications administered to patient.	Patient prescribed depot medication. Patient declining to accept despite verbal explanations and reassurances. Decision reached to proceed with depot with PMVA team to aide in administration.	Staff worked to resolve this situation and gain patients understanding and consent, however despite best efforts it became necessary to escort patient to bedroom to receive medications.	None (no harm caused by the incident)	Closed
GHC74360	17/09/2024	17/09/2024	Wotton Lawn-Kingsdown Ward	Wotton Lawn-Kingsdown Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Patient A been high profile - shouting, screaming. Patient A appeared quite hostile and loud on her presentation.	PMVA team called. Staff attended. Informed the duty doctor for review. 1mg Lorazepam RT (IM) for good effect.	Mental state reviewed Physical health compromised by mental state Risks assessed Restrictive practise currently required to prevent deterioration in mental state and physical health RT likely required daily until improvement evidenced Data to follow hospital policy and relevant legal frameworks	n/a	None (no harm caused by the incident)	Closed
GHC74331	17/09/2024	17/09/2024	Wotton Lawn-Greyfriars PICU	Wotton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		Patient A was in the communal area by the service doors when he started becoming more roguelesss, staff observed to be sitting on sofa by locked door. He wanted the doors to be opened so that they could leave, when spoken to by staff to say that this is not possible, patient began to become verbally aggressive towards staff members. Patient was asked to go to his bedroom to calm down but he was becoming more and more agitated and aggressive and PMVA assistance was required from other wards. Patient required standing PMVA holds back to their room. The patient refused any PRN and instead threw the medication. PMVA required to escort patient back to their room, PRN was offered to the patient, who refused. Patient required RT IM injection, placed in a seated hold on the bed with the leg cushion used	Patient was placed on standing holds and escorted to his bedroom. Patient was then placed on seated holds on the bed with the leg cushion used. Patient was then administered RT IM Lorazepam 2mg injection into the right deltoid muscle.	Debrief offered to all involved Review of risk assessment and observation level Information handed over	Review of care plans, including PBS plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC74340	18/09/2024	17/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Service user was head banging in her bedroom against window reels. Verbal de-escalation and care plan followed to no effect. PMVA Holds implemented onto POD from bed.	Patient was put on holds and given RT IM Promethazine on Right Thigh. Staff disengaged	Care plan and process followed as documented below	N/A	None (no harm caused by the incident)	Closed
GHC74345	18/09/2024	18/09/2024	Wotton Lawn-Kingsdown Ward	Wotton Lawn-Kingsdown Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (other)		Service user left the ward and was sat outside nearby the sliding door with an intention to abscond from the hospital Staff approached user and tried to explain about current leave status ,but user was not willing to return back to the ward.Staff tried to guide user to the communal area but user was not willing to resist .PMVA team was called for support and user was resisting and fighting to be released form the holds .User was put on standing holds and brought back to the ward.User continued to be distress and resistive and was shouting at staff and other pts .A continued verbally calm down but user was distressed and not in the environment, was allowed into the	Staff sought to explain need to remain on ward. Attempts to escort patient back to ward. PMVA team assembled and techniques implemented to return patient to ward. Verbal de-escalation to reassure patient. Medication administered to aide in calming.	Staff sought to verbally de-escalate and return patient to ward. Ongoing efforts to verbally reassure patient. PMVA team assembled to aide in return of patient to ward. Risk & Medications administered to aide in calming patient.	Staff sought to resolve incident with verbal de-escalation techniques and reassurances, provided information to aide patient understanding. PMVA team assembled to aide in returning patient to ward. Medications administered to aide in calming patient.	None (no harm caused by the incident)	Closed
GHC74373	18/09/2024	18/09/2024	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Staff entered the room and placed the patient on the pod, seated hold on the pod was used.	Care plan and process followed as documented below	N/A	None (no harm caused by the incident)	Closed
GHC74375	18/09/2024	18/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by incident	Planned	PMVA (physical intervention)	Supine (face up)		Patient has recently had a major physical operation and has not been cooperating with staff to clean his wound or undergo any physical examinations. She has refused a depot as she has been refusing medication. Team called, situation explained Went into patient's room, patient screaming and shouting and refusing to get out of bed. Moved patients bed away from the wall Patient placed on supine holds RT IM Lorazepam 2mg administered Physical health nurse changed wound dressings Bloods completed by physical health nurses and doctor Holds removed Remained with patient and allowed rest and sleep	Staff went to check, patient did not complain of the incident to staff, she accepted physical observations and food and fluids from staff	Mental state reviewed Physical health compromised by mental state Risks assessed Restrictive practise currently required to prevent deterioration in mental state and physical health RT likely required daily until improvement evidenced Data to follow hospital policy and relevant legal frameworks	n/a	None (no harm caused by the incident)	Closed
GHC74383	18/09/2024	18/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated).		Patient head to be head banging in bedroom, sitting on bed, against wall with back of head - low to moderate intensity.	Staff entered the room and placed the patient on the pod. Patient not responding to verbal intervention. Patient not responding to blue-cue cards. Patient supported to edge of bed and into seated PMVA holds with use of PMVA cushion on legs. Ice pack placed on patient's neck and then on NI site Patient encouraged to engage in breathing exercise, Patient did not acknowledge 2 x offer of oral RT medication from nursing staff. Patient administered IM RT Lorazepam 2 mg to left outer thigh through clothing. Post RT physical health observations commenced in line with RT protocol and there were concerns at the time	Care plan and process followed as documented below	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC74405	19/09/2024	18/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Unplanned	PMVA (physical intervention)	Supine (face up)		Service user was restoring 5ml and due to a cut she obtained from self harm. Due to the depth and severity of the cut staff were required to apply pressure to the wound. Service user was initially lying on the bed on her side whilst first aid was being administered and verbal de-escalation was occurring, the service user was distressed post cutting her self, banging her head against the mattress and declining treatment as GRA.	5M 2mg Lorazepam given in the hope this would help reduce distress so we could transfer to ED for emergency treatment in bed interest of the service user as (NAI) highlighted risks of internal bleeding.	Managed	changed from no harm to LOW harm	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC74409	19/09/2024	18/09/2024	10 HOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Unlikely administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated).		John Clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the yard

GHC7648|	20/09/2024	20/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	9B - Other (not listed)	Unplanned	PMVA (physical intervention)	Seated (other)		service user had been chaotic, paranoid, thought blocked, distressed PRN medication used and redirection to minimal effect. 45 normal medication and PRN promethazine was to no effect throughout the former part of the night. At 22:45 service user intervened to prevent distressed and restless manner so PRN 2 mg Lorazepam Oral was given and accepted. Around 04:05- The service user attempted to leave the ward in distressed and agitated states.	Restrictive escort to sofa was implemented in lounge area were we sat in holds for around 5 minutes. PMVA team called but not required After 5 minutes holds were released as no longer proportionate, no evidence of resisting. However due to presentation staff remained seated with service user to ensure PRN medication that was prior given would take effect. We sat on sofa around 20 mins with no further need of restraint and Service user comonitant with verbal request to remain with us for a period of time. Soon after the service user presented as tired so was encouraged to bed were she settled and managed to sleep for around 4 hours.	supported and managed following process	N.A	None (no harm caused by the incident)	Closed
GHC7649|	20/09/2024	20/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PCO used)		Patient making verbal and racist remarks towards staff. Escalated and proceeded to invade personal space, make threats to kill and spit at staff. Also kicking the doors with force.	Patient placed into standing restraint before being placed into seated restraint on the PICU. RT and medication administered.	Debrief offered to all involved Information handed over Review of risk assessment and care plans	Review PBS plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7650|	20/09/2024	20/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	9B - Other (not listed)	Unplanned	PMVA (physical intervention)	Escort		Following racist abuse and patient refusing to go to bed and becoming aggressive, 2 x holds were used to escort patient to their bedroom.		Debrief offered to all involved Information handed over Review of risk assessment and care plans Staff offered support to report to the police	Review PBS plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7651|	20/09/2024	20/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (PCO used)		Person 1 (patient) became agitated and ran to his room and barricaded himself in which holds were used to prevent patient from leaving his room and to prevent him from causing damage to his environment. It was then decided that PMVA was required to enter his room in order to assault them.	PMVA holds are applied by staff to prevent assault and further escalation. While in holds, staff tried verbal de-escalation as well.	RRA assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult residents.	None (no harm caused by the incident)	Closed
GHC7652|	20/09/2024	20/09/2024	32 Inpatients , Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Supine (face up)		Named patient was highly agitated requiring 4I PBM Supine Restraints. These restraints were after attempting de-escalation techniques and a variety of less of known interventions detailed in his PBS Plan including distraction, a change of Box, PRN medication. PBM was used when he attempted to arm himself with bricks that were on the site at Berkley House.	Despite a lengthy process of negotiation and de-escalation, the patient continued to arm himself. He became physically aggressive towards staff, pushing and striking out at them and attempting to arm himself with bricks which he would use as weapons against staff and its environment. It was proportionate to the level of risk he was presenting with at the time.	Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7653|	20/09/2024	20/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Unplanned	PMVA (physical intervention)	Escort		Patient was challenging in the lounge and in her bedroom following the ongoing incidents on the ward, patient became verbally hostile towards staff members and was refusing to leave communal areas. Patient was escorted to the PICU and was escorted to their bedroom. patient re-entered communal areas, continued to be verbally abusive to staff and threw drink over a staff members face and was escorted to		Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7617|	20/09/2024	20/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient came out room in t-shirt and underwear, and charged towards male member of staff, asking if staff member wanted to fight and making verbal threats to staff. Patient proceeded to punch staff member and placed hands in a put staff member in head lock, staff member was then headbutted by patient to the corner of the eye, both patient and staff member ended on the floor with the support of staff. Patient was then escorted to the PICU area with the support of staff. MDT and PMVA teams called due to patient failing hard on the floor backwards. Patient placed in seated holds in the POD when in the ECA. Patient then exited the ECA, continued to show extreme aggression and verbal threats towards staff members and was restrained in charge of staff members. Patient picked up a tub chair and threw this towards staff. restrictive escort and patient was escorted back to the ECA and PMVA.		Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7630|	20/09/2024	20/09/2024	32 Inpatients , Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient kicking out and attempting to hit staff	PBM removal to sofa so that staff could withdraw	There is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All residents are mentioned and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all	There is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All residents are mentioned and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all	None (no harm caused by the incident)	Closed
GHC7636|	21/09/2024	21/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient had previously been abusive towards staff, was redirected back to bedroom however continued to escalate. Patient was banging door against wall causing property damage and was making verbal attempts to kill and harm staff.	Patient placed in holds, given stat dose of RT. Estates called to remove door, patient refused to leave room therefore 2:1 team covered door areas.	RRA assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of firm boundaries and sticking together as a team when faced with difficult residents.	None (no harm caused by the incident)	Closed
GHC7638|	21/09/2024	21/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Escort		Patient was attempting assisted peer, refused to disengage and making threats	Patient escorted back to her bedroom, given PRN	Debrief offered to all involved Information handed over Review of risk assessment and care plans	Review PBS plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7642|	21/09/2024	21/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal area escalating in behaviour. Patient was attempting to wake another patient who was asleep. Patients was also racially and verbally abusive towards staff members. Patient was blowing her nose in to staff's face when staffs were trying to verbally redirect patient. Patient was then escorted to her bedroom on multiple occasions for the same. Patient kept coming to the communal area and presenting with with same behaviour. Patient then throwed a drink at a staff member when staffs were attempting to redirect her to bedroom.		RRA assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so. Patient was spoken to about racist abuse and how	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
GHC7653|	21/09/2024	21/09/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Supine (face up)		Patient was refusing medication after being offered several times- due to being agitated, paranoid, aggressive towards staff.	staff entered patients room and explained to patient that she would be taking medication via RT, patient refused Patient places in holds, led down on bed- minimal resistance from patients, light holds from staff involved. Medication administered, staff left room. Staff to	Restrictive interventions required to provide essential care and treatment Patient at risk of deterioration of mental and physical health Patient now discharged from hospital	Treatment given had positive outcome for patient.	None (no harm caused by the incident)	Closed
GHC7657|	21/09/2024	21/09/2024	32 Inpatients , Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient entered kitchen, grabbed staff collar and attempted to pull to floor. Grabbing/scratching staff arms and chest area.	Multi hold feed , asked patient to let go. Without success. Patient removed to chair . staff withdrew.	There is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All residents are mentioned and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all	There is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All residents are mentioned and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all	None (no harm caused by the incident)	Closed
GHC7666|	21/09/2024	21/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		16:20: Patient was observed sitting beside her bed engaging in headbanging behaviour , repeatedly striking the back of her head against the wall. Two staff members attempted verbal de-escalation and utilised grounding techniques, but Patient was unresponsive and reluctant to engage. She was coping while continuing the headbanging. Interventions: Staff consistently employed various distraction techniques and adhered to her care plan; however, Patient did not engage. PMVA Activation 16:35: Due to a lack of response, PMVA was activated. Despite further efforts by staff to de-escalate the situation, Patient remained unresponsive.	Patient was placed in a seated POD position, with leg cushions applied lightly to avoid aggravating the laceration on her left leg. Medication Administered: Patient was administered 50mg of Promethazine IM into her right thigh. Once RT was administered, all holds were released. Post-Incident: Patient chose to remain in her bedroom and was reluctant to join the communal area. 17:15: Patient was observed headbanging again in her bedroom. Two staff members attempted verbal de-escalation, but efforts were unsuccessful. Second PMVA Activation 17:31: PMVA was activated again, with staff continuing verbal de-escalation efforts. Patient ceased headbanging and agreed to join the communal area for the scheduled movie night. Patient participated in the movie night and remained in the communal area thereafter. Documents maintained. Post-breach observation was maintained following RT.	care plan and process followed	N.A	None (no harm caused by the incident)	Closed
GHC7668|	21/09/2024	21/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was explaining in communal area and walked toward a member of staff in an aggressive manner, making threats of violence and invading their personal space. It was felt that the patient was going to physically assault the member of staff therefore 2 x holds were used to escort patient back to his bedroom. Patient was in a seated restraint for roughly 4 minutes before being escorted off patient.		Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7671|	21/09/2024	21/09/2024	Chrl Curzon 1235 c136	Robert Maxwell 628 suite	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was attempting to leave the unit without staff. Team assisted with standing hold initially and went to the floor. Patient was agitated required oral medication declined this therefore team called to assist in giving RT . RT given and patient appeared to be less agitated	On call Dr informed to assess when able then touch Observation will be completed	Unfortunate incident that appeared to be handled well by team at the time of incident with good outcome	None, Correct processes followed to good effect	None (no harm caused by the incident)	Closed
GHC7674|	21/09/2024	21/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	9B - Other (not listed)	Planned	PMVA (physical intervention)	Seated (other)		Patient A manic, restless attempted to abscond	Escorted to room in simple hold, RT oral 2mg Lorazepam administered.	Lorazepam followed	N/A	None (no harm caused by the incident)	Closed
GHC7678|	21/09/2024	21/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was observed to be in breach of observation, she was pacing through out ward and trying to kick the fire door so she can leave the ward. staff tried to redirect her at numerous occasions and then she began to escalate further trying to leave the ward through the ward door. Patient was then trying to enter other peers bedroom and invading their personal space and touching their hands. staff offered her medication however she stated that she had intiumm 4 before as injection here there was no need for medication. she was guided to her bedroom on light holds by staff due to the concerns of Patient screaming and crying in the communal area. she was offered medication orally however she declined		Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7698|	21/09/2024	21/09/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		The patient became frustrated during lunchtime when staff were trying to encourage him to eat his dinner. when he started grabbing staff by the wrist and squeezing staff. Staff tried gently holding his hands to stop him from grabbing staff but he would not stop. He grabbed a staff members wrist and the staff member escaped using a Trust approved breakaway technique. He then tried to lash out at another	Ward staff decided to utilise PBM arm holds to escort the patient down to his room. The large cushion was placed on the floor and the holds were maintained while the patient was lowered. The patient was then escorted to his lounge. Holds were released about a minute afterwards and staff left the room. The patient then lay on his bed and appeared calmer.	Managed appropriately Case discussion completed, RAG plan being formulated from discussion - should be completed this week	NA	None (no harm caused by the incident)	Closed
GHC7660|	21/09/2024	21/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Seated (other)		The patient was trying to open doors in the female corridor. He was frustrated and aggressively attempting to open doors that were locked for his wayfarers hub. The patient was also constantly swearing and pushing furniture when he got close to it. He had recently had PRN 0.5 mg lorazepam, wh consulted with the Duty Dr if it was ok to give further lorazepam. She agreed that it would be a positive move.	Ward staff decided to utilise PBM arm holds to escort the patient down to his room. The large cushion was placed on the floor and the holds were maintained while the patient was lowered. The patient was then escorted to his lounge. Holds were released about a minute afterwards and staff left the room. The patient then lay on his bed and appeared calmer.	Managed appropriately RAG plan being formulated following case discussion	NA	None (no harm caused by the incident)	Closed
GHC7686|	21/09/2024	21/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		Patient was observed head banging in their room. Staff called a PMVA team	PMVA Team Called, used seated POD and cushion. Patient placed in RA holds. IM administered into Right Thigh. 0 OBS Commenced. NAS completed score of 15 / no concerns noted. RMO was informed. All routine neurological observations completed when patient declined to do physical observation. MDRT Assessor Present	care plan and process followed	N.A	None (no harm caused by the incident)	Closed
GHC7688|	21/09/2024	21/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Around 13:45 Patient was observed to be headbanging with back of her head to the bedroom wall. staff attempted verbal de-escalation and utilised grounding techniques, but Patient was unresponsive and adhered to her care plan; however, Patient did not engage. Around 14:00 PMVA was activated. Staff put her on seated PMVA holds on the edge of her bed. Patient was placed in a seated POD position, and she was given IM RT promethazine 50mg to her right thigh at 14:14. Around 14:17 Patient started headbanging again with back of her head towards the bedroom wall. Patient was placed in a seated POD position, with leg cushions applied lightly as Patient had wound on left leg. Staff tried to verbally deescalate her, offered her to go courtyard, encouraged to do grounding techniques.	PMVA Team Called, used seated POD and cushion. Patient placed in RA holds. IM administered into Right Thigh. 0 OBS Commenced. NAS completed score of 15 / no concerns noted. RMO was informed. All routine neurological observations completed when patient declined to do physical observation. MDRT Assessor Present	care plan and process followed	N.A	None (no harm caused by the incident)	Closed
GHC7689|	21/09/2024	21/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Standing		patient being verbally aggressive towards staff and patients, slamming doors, damaging property	Patient had to be put in holds and taken to her bedroom, PRN administered with little to no effect.	Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7693|	24/09/2024	25/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient declining intervention to nursing office Patient declined to move away after numerous requests. Patient was placed in PMVA holds to move out. Patient encouraged to move, offered regular medication including pin initially accepting, however began to throw the water around, spitting medication out, hitting out & shouting at staff. Patient was encouraged to move away from door to support patient away from the door in holds to both arms. Patient assisted into female lounge becoming increasingly agitated/restrictive while supported to sit on POD. Cushion placed over legs. Patient declined the offer of oral RT medication. Patient encouraged to take medication continued to refuse. Patient informed RT IM medication would be administered to right upper thigh. RT IM administered Cushion removed Holds to both arms released shortly after. Patient declined full set of physical observations. RT non touch obs commenced.	Patient assisted off the bed, supported to sit on the bed in holds to both arms. Cushion placed over legs. Patient encouraged to take oral RT medication, continued to decline. Patient informed RT IM medication would be administered to right upper thigh. RT IM administered. Cushion removed from legs. Holds to both arms released shortly after. Patient declined full set of physical observations. RT non touch obs commenced.	patient unwell managed well	N.A	None (no harm caused by the incident)	Closed
GHC7694|	24/09/2024	25/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated).		Patient on 1:1 observation is with staff member. Patient stood up from his bed and approach staff member, patient was attempting to walk passed staff but to staff, another staff member responded to call came to assist staff. Patient could not express his needs but was agitated kicking and trying to play staff. Contact was made to supporting HCA Nan.	PBM safe arm hold was used to stop patient from leaving the communal area, patient was escorted to his bedroom. PRN was offered but patient declined. Staff tried staying away to reduce stimulus to see if that was the cause of agitation but patient seems not to want staffs to leave.	All risks and care plans reviewed regularly. Due to current mental state	NA	None (no harm caused by the incident)	Closed
GHC7670|	24/09/2024	24/09/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		Patient became agitated and aggressive towards staff, punching and kicking staff. Patient was also racially abusive towards staff members. Patient was then escorted to his bedroom where he continued to be aggressive towards staff. Patient was then placed in seated holds to escort patient to the PICU. Patient was then placed in seated holds in the PICU area. Patient was then placed in standing holds to escort patient to the ECA. Patient was then placed in seated holds in the ECA.		Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7676|	24/09/2024	24/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient managed to hit member of staff in her hand/wrist as he was agitated and unable to deescalate with reassurance and redirection.	HCA has PBM assisted to escort patient to a low stimuli environment. Patient declined medical review at the time. Advised to escorted to her room to hand iPBM, etc) for the rest of the shift.	On high level observations due to current risk level	NA	None (no harm caused by the incident)	Closed
GHC7683|	24/09/2024	24/09/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient was observed pacing around the unit and becoming agitated and aggressive towards staff, pushing staff clothes and hit out at staff. redirection de-escalation to no avail. PBM implemented the patient	PBM removed two person removal- the patient was escorted to his room. nurse in charge informed and completed entry made on RiO.	All pro-active actions followed- Pt currently under investigation for a physical health deterioration which may be contributing to current behaviour	NA	None (no harm caused by the incident)	Closed
GHC7685|	24/09/2024	24/09/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person encouraged to sit on POD. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7619|	24/09/2024	24/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7641|	24/09/2024	24/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7642|	24/09/2024	24/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7644|	24/09/2024	24/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7648|	24/09/2024	24/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House, transitions are known to be difficult for them. Young person made way from acorn reception supported by LD CAMHS FSP/Nursing and parent. Young person dropped to the floor in narrow corridor outside family therapy room.	Multiple attempts to support young person to stand and walk to therapy room unsuccessful, young person took themselves to the floor again in corridor. Young person shuffled themselves across floor and refused to move from here. Due to exercise of appointment and apparent distress of young person discussion had between clinicians with regards to abandonment of appointment. Young persons parent requested the appointment to be kept. Supine clinical hold for bloods actioned.	Information handed over Debrief offered to all involved Review of risk and observation level	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC7645|	23/09/2024	20/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7656|	23/09/2024	23/09/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		Patient becoming physically aggressive towards staff, putting others at risk of harm. He was shouting, opposing to believe staff were going to hurt him.	PBM used to escort patient to bedroom. Staff stayed seated in holds with patient until safe to let go, and then patient remained in bedroom.	Managed appropriately Holds reviewed RAG plan being formulated	NA	None (no harm caused by the incident)	Closed
GHC7658|	23/09/2024	20/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7659|	23/09/2024	20/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (standing)		Planned clinical hold carried out in order to allow Asez Tess Nurse to take anxiolmission bloods from the patient. WOT staff carried out clinical holds on patients arms while a staff member from chatter care bridged over patients legs. Lorazepam was also given PRN prior to clinical hold being implemented Post completion hold, bloods from patient and staff were collected and sent to the lab.		None required	None required	None (no harm caused by the incident)	Closed
GHC7661|	23/09/2024	20/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7664|	23/09/2024	20/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist attended, achieving blood sample for analysis.	planned intervention	planned intervention	None (no harm caused by the incident)	Closed
GHC7665|	23/09/2024	23/09/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		Patient A attempted to assault another patient.	PBM holds were used to escort patient A to his bedroom. RT Oral Lorazepam given.	Managed appropriately Holds reviewed RAG plan	NA	None (no harm caused by the incident)	Closed
GHC7666|	23/09/2024	20/09/2024	CAMHS Learning Disability	Acorn House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Young person attended CAMHS LD Phlebotomy Clinic/Acorn House. Young person encouraged to sit on POD. All staff from physical intervention team supported young persons arms and legs in clinical hold for bloods.	Once young person was comfortable and secure @bedconsist att

GHC76753	25/09/2024	24/09/2024	Wotton Lawn-Greyfriars PCU	Wotton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	3 court		Patient became verbally hostile and verbally threatened members of staff in communal areas, patient started kicking and banging on doors. Patient was asked to return to their bedroom, he refused and continued to be verbally hostile to staff members and made threats to kill staff. Patient was then escorted to bedroom using PMVA restrictive escort		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC76754	25/09/2024	24/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	3 court		Cupboard door in patients flat had been unlocked due to risk to patient, staff and environment staff went in to lock the cupboard, Patient ran at staff, pushed into corridor and attempted to attack staff. Staff prevented patient from accessing corridor via PBM. Staff and patient were supported to remove risk	environment made safe, patient monitored during restraint	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC76755	25/09/2024	24/09/2024	Wotton Lawn-Greyfriars PCU	Wotton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Prone (face down)		Patient became verbally hostile and threatening towards staff members, staff were pulled to the floor. Additional staff intervened and patient was placed in PMVA holds in the prone position, then moved into seated position with support of additional staff. Staff then used a Pain Compliance to get staff free, support patient in holds to the safe. Patient when released from holds, continued to pace the communal areas, threw a bin at PMVA and then pushed a HCA in		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC76764	25/09/2024	25/09/2024	10 IHDT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (PDO used)		PBM clinical seated hold on a patient in his interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the yard carer, how the procedure will take place and what monitoring would be used to safe guard the patient. The MCA paperwork was reviewed and copies given to the	None required	None required	None (no harm caused by the incident)	Closed
GHC76766	25/09/2024	25/09/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		Patient was declining his medication and all diet and fluids. He was also very restless and hitting out at staff, PRN 0.5 Lorazepam IM was utilised mins with agreed management care plan. Seated holds utilised.		medical review and plan agreed due to risks to others	NA	None (no harm caused by the incident)	Closed
GHC76767	25/09/2024	25/09/2024	10 IHDT	Oliver 12 Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in his best interest, in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC76770	25/09/2024	25/09/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		patient highly distressed. Assaulted one of the nurses, separate dalts. Trying to kick and punch staff.	Clinical hold- prn lorazepam IM given as per care plan and best interest.	no further intervention	continue to review medication asked everyone involved if they were ok	None (no harm caused by the incident)	Closed
GHC76774	25/09/2024	25/09/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	3 court		Patient distressed in communal areas, trying to assault staff.	Patient had to be removed from communal areas to their bedroom PBM techniques utilised.	Continual review of treatment plan	NA	None (no harm caused by the incident)	Closed
GHC76794	25/09/2024	25/09/2024	10 IHDT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Seated (PDO used)		Planned clinical hold in family home patient sat on his bed he became slightly agitated but talked to staff throughout the held phlebotomist managed to take arm from left elbow cruse. Held implemented for the least amount of time possible using the least		None required	None required	None (no harm caused by the incident)	Closed
GHC76795	25/09/2024	25/09/2024	Oliver 12 Unit-non-GHC	10 IHDT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (PDO used)		PBM clinical seated hold on patient - on PDO - in bed interest in order to reserve finger and toe nail cutting from District Nurse - in proportion to the risk of harm if PBM was not utilised		None required	None required	None (no harm caused by the incident)	Closed
GHC76796	25/09/2024	19/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Seated (other)		Patient was in the communal area. He was verbally abusive towards staff and he was shouting. He was threatening staff and also made threats to kills the staff's family members. Patient A was not responding to verbal de-escalation and was not responding to any of staff intervention and was not responding to verbal redirection. Staff put firm boundaries in place and asked him to spend some time in his bedroom. He was not compliant with this so staff redirected him in. He has been targeting certain members of staff throughout the shift.	Patient refused oral medication Patient was shouting, swearing and screaming throughout. Due to mental health, patient was resistive Staff gave reassurance, patient calmed and remained calm in holds. Patient was then escorted to his bedroom and remained there for the rest of the night.	Non-contact observations initially completed as patient refused, then later accepted for physical observations.	Patients mental state and associated risks reviewed Treatment indicated, management plan in place Staff to use restrictive practice as required to ensure treatment is given. Patient at risk of further deterioration of mental state, and physical state without nursing intervention Patient now discharged	n/a	None (no harm caused by the incident)	Closed
GHC76798	25/09/2024	22/09/2024	10 IHDT	Fulmen Place 10	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (PDO used)		patient held in a clinical hold to enable bloods to be taken safely		None required	None required	None (no harm caused by the incident)	Closed
GHC76801	25/09/2024	25/09/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	3 court		PBM planned hold - grabbed a female member of staff around the neck PBM removed from behind implemented the patient was removed to his room to calm . the patient was wandering the corridor and entered a female patients bedroom staff had to utilise PBM removal and the patient was removed to	PBM implemented the patient was removed to his room to calm	reviewed risks LDSS currently helping	NA	None (no harm caused by the incident)	Closed
GHC76810	26/09/2024	25/09/2024	Wotton Lawn-Greyfriars PCU	Wotton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	3 court		Patient became increasingly hostile on interaction with staff, continued to raise their voice and shout at staff members, patient was unable to accept verbal boundaries and was trying to push past a number of staff on multiple occasions. Patient made verbal threats to assault and cause harm to staff. Stopped towards staff in an intimidating manner while making threats to harm. Patient refused to go to bedroom when requested by staff, due to this level of hostility and task theatre by with. Staff pointed out that they did not intend to harm and that PMVA holds were	PMVA Team Called. oxat assisted POD and cushion. Pt. Pt. Pt. Pt. Pt. Pt. Pt. Pt. Pt. IM administered into Right thigh. EO completed score of 15 and no other concerns noted. RMO was informed. RT physical observations completed. IMHT Assessor Present	Care plan and prosss followed	N.A	None (no harm caused by the incident)	Closed
GHC76815	26/09/2024	26/09/2024	Wotton Lawn-Greyfriars PCU	Wotton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Prescautionary hold		Patient 1 come out of bedroom antagonising patient 2 in the communal lounge and patient 2 started patering. Patient 1 was then escorted to their bedroom using PMVA holds.	Patient escorted to their bedroom using PMVA holds.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to both patients to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed for both patients. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC76822	26/09/2024	25/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	3 court		Patient was unsettled grabbed at staff. Staff implemented PBM removal, due to patients focus on both staff members, staff swapped and patient removed to lounge area.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC76832	26/09/2024	26/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Non-standard hold	Patient was lying on their left side	Patient was continuously moving their upper Medication, this was also causing an increasing in agitation and violence. Decision made by nursing staff to place patient in PMVA holds to administer. Patient agreed to sit down and was encouraged to lie	Depot administered	Depot administered	N/A	None (no harm caused by the incident)	Closed
GHC76840	26/09/2024	26/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		headbanging with forehead to the bedroom window. Staff attempted verbal de-escalation and utilised grounding techniques and adhered to her care plan. Patient refused to take her medication. Around 16:02 PMVA was activated Staff put her on Patient was placed in a seated POD position, with leg cushions applied tightly as Patient had wound on left leg.Staff offered her oral RT , which she declined and she was given IM RT promethazine 50mg in the right thigh at 16:58. Staff remained with patient whilst holds immediately after giving IM RT injection	PMVA Team Called. oxat assisted POD and cushion. Pt. Pt. Pt. Pt. Pt. Pt. Pt. Pt. Pt. IM administered into Right thigh. EO completed score of 15 and no other concerns noted. RMO was informed. RT physical observations completed. IMHT Assessor Present	Care plan and prosss followed	N.A	None (no harm caused by the incident)	Closed
GHC76871	26/09/2024	26/09/2024	Charlton Lane-Mulberry Ward	Charlton Lane-Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient continues to be on 1:1. She was in her bedroom with the staff when the Nurse went to give her medication. Patient became agitated, she was shouting and screaming. Staff's try to de-escalate her however no effect. Staff offered her medication and she declined it, she became more irritable and tried to grab staff's hand and ID tag. She tried to hit staff. Staff offered her oral RT which she refused. She had patient on PBM holds. Staff offered her oral RT however patient was not ready to accept. Therefore, RT lorazepam IM given on her right thigh. When she opened and left room staff release her from the holds.	Staff tried to redirect Patient however she ignored this. PMVA assistance required as Patient continued to escalate. Staff explained RT IM medication was going to be administered. Patient accepted this & sat on the bed with staff in holds to both arms, cushion to lower leg. RT IM administered. Holds released shortly afterwards.	Tried verbal de-escalation- No effect RT lorazepam IM given	Nursing team managed incident appropriately MDT aware and formulating appropriate treatment plan	No documentation that meds reviewed post PBM/RT Pt has been on 1:1 since incident, no debrief with her Document review, nursing team to clearly document, request to review - brought up in team meeting 06/10	None (no harm caused by the incident)	Closed
GHC76878	27/09/2024	26/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient became visibly distressed, cheeks in presentation, attempting to access more carnidor, pulling other patients doors open, attempting to enter other patients bedrooms, pacing the corridor behind staff. Became increasingly distressed, appeared confused and mute when staff attempted to engage in conversation. Patient continued to disturb other patients sleeping, attempting to open doors. Patient was then given multiple choices of time unoccupying of medication and patient had not slept in over 24 hours. Planned PMVA in order to	The wound was cleaned after the incident. Allowed the patient to use the bathroom to wash the head. Window mesh was wiped and cleaned. Post IM physical and post headbanging neurological observations were started. PMVA reviewed the patient. HCUH was de-briefed after the incident and allowed a 1:1 to ward/area.	Care plan and prosss followed	N.A	None (no harm caused by the incident)	Closed
GHC76881	27/09/2024	27/09/2024	Wotton Lawn-Greyfriars PCU	Wotton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Seated (other)		Patient became visibly distressed, cheeks in presentation, attempting to access more carnidor, pulling other patients doors open, attempting to enter other patients bedrooms, pacing the corridor behind staff. Became increasingly distressed, appeared confused and mute when staff attempted to engage in conversation. Patient continued to disturb other patients sleeping, attempting to open doors. Patient was then given multiple choices of time unoccupying of medication and patient had not slept in over 24 hours. Planned PMVA in order to		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.	None (no harm caused by the incident)	Closed
GHC76887	27/09/2024	26/09/2024	10 IHDT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC76896	27/09/2024	27/09/2024	Oliver 12 Unit-non-GHC	Fulmen Place 10	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Photobotmy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC76901	27/09/2024	27/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Named patient was presenting as unsettled in mood grabbed named staff scratching the staff member on the neck. PBM removal used to redirect to sit in their chair.		None required	None required	Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC76904	27/09/2024	27/09/2024	10 IHDT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical Safe Hold used to support administration of depot medication.		None required	None required	None (no harm caused by the incident)	Closed
GHC76913	27/09/2024	24/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Lunch spoon pusher on tapsty choice spreading and making wound with end of metal spoon Patient was resistive and not responding to verbal de-escalation Patient restrained and placed on holds Patient resistive and not de-escalating. Spoon removed from patient Patient was getting sweaty and hot and had stopped resisting as much Staff removed holds Patient was resistive to staff. At one point, patient had a hold of staff's hand and the spoon in a tight grip and did not release holds. Team called and placed on PMVA holds.	Staff continued to verbally de-escalate and give 1:1 support Patient de-escalated Patient reviewed by the duty doctor	Mental state, risk and management plan reviewed Long term risk of self harm identified Patient engaged in Self Harm Pathway Psychology groups available	n/a	Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC76922	27/09/2024	27/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient self-harming otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	3 court		Patient became increasingly hostile on interaction with staff, started banging the door aggressively immediately after handing over the plans, staff attempted to verbally de-escalate, with no effect, patient continued banging the door, using toys, and drinks bottles to bang against the door. Patient was distressed, attempted attacked staff, physical intention was used to prevent damage to the	physical intervention - 1 patient was place on figure of 4 holds and restrained to the floor.	This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.	This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patient's behaviour. All incidents are monitored and reviewed on a weekly basis. During PBM training staff are made aware of this and proxemics are discussed for working with all service users.	Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC76940	28/09/2024	28/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was distressed in communal areas, trying to assault staff. Staff attempted to intervene and scratched her arm, kicked her in teh groin and knee.	Place d in PMVA holds and was verbally deescalated	Care plan followed and supported	N.A	None (no harm caused by the incident)	Closed
GHC76944	28/09/2024	25/09/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	3 court		Patient was mobilising through the communal area initially, he put himself on the floor and laid down over there, when he was supported to get him to his become agitated, started to head bang with his feet Patient was given sometime to settle and staff tried to verbally reassure him. But he was not calming down for any reassurance or redirection, he started to become more and more agitated, started to bang a	He was directed to his room but he was not able follow the instructions. Therefore he was physically restrained to the male corridor. Hold was removed once he reached the corridor, he was supported to his room later. He was constantly observed by a staff member after the incident but was too distressed to accept physicals NEWS2	Managed appropriately Staff to utilise RAG plan Harm level updated to NONE	NA	None (no harm caused by the incident)	Closed
GHC76950	28/09/2024	27/09/2024	Wotton Lawn-Greyfriars PCU	Wotton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Patient was guided to her bedroom with staff and then a seated restraint was used to administer a depot medication.	Depot administered, 1:1 offered.	None identified. Staff offered debrief.	None identified.	None (no harm caused by the incident)	Closed
GHC76955	28/09/2024	28/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	3 court		Whilst walking to the vehicle to go for a drive, patient grabbed staff members clothing.	PBM standing restraint used along with verbal redirection. Patient let go of clothing and went when with their drive.	This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	This is a historical behaviour, all staff are trained in Physical interventions and breakaways and are over seen by a Qualified Nurse. Care plans and risk assessments reflect the patients behaviour. All incidents are monitored and reviewed on a weekly basis.	None (no harm caused by the incident)	Closed
GHC76958	28/09/2024	28/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient began headbanging	Verbal de-escalation attempted - little effect PMVA team, holds and RT implemented	care plan and prosss followed	N.A(pn eeceq)	None (no harm caused by the incident)	Closed
GHC76962	29/09/2024	28/09/2024	10 inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PBM (physical intervention)	3 court		Initial raising anxiety in the lounge, patient came out of dinning chair, banging on the ceiling light, presented irritable and heightened in mood, staffs attempted to verbally deescalate and redirect him several times, with no effect, patient throwing items of furniture. Patient moved the chair to the bathroom, climbed on the dinning chair, attempted to damage property in	Physical intervention (safehold techniques) was used to keep him a minute to redirect patient to his bedroom space due to his presenting increased risk to others. Patient was then escorted to his room and staff left to address from the flat, continued to observed patient via cctv.	Incident reviewed, dealt with appropriately by staff and in line with this patient's care plans and PBS plan	That staff are skilled in dealing with the complexities of this patient.	None (no harm caused by the incident)	Closed
GHC76966	29/09/2024	26/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	12 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	3 court		22:45: Service user was found on her bed with arms extended from bed by staff when doing observations. Service user was bleeding from a cut made with a piece of plate from fork arm. Wound was around 5-6 cm long and was bleeding from a cut on the inside of the same fore arm. Both cuts were not deep. 23:00: when DMO came to review the wound, she was found to be in her toilet floor with more cuts on same arm on extensor aspect of fore arm. Staff then escorted service user to lounge and bedroom floor. She started to shout at staff and removed the vizia towel. She Grabbed her breast and bite. She tried to attack staff. Lifted her bed upside down. She was making sexual comments and making inappropriate sounds.	22:45: Staff intervened her immediately. Enquired about the sharp. Bleeding was stopped by applying pressure. Wound was cleaned and applied dressing. Duty doctor was informed. She denied possession of any more sharps and told that she saved that piece of plate. 23:00: Staff applied pressure, immediately after cleaning the wounds stopped bleeding. All cuts were superficial. She was asked to hand over the sharp, which she did and asked for the rest of the pieces and she said that she has thrown them in the toilet. She handed were a pillow case of broken pieces of plate. Quick room search completed. Was unable to find any other sharp. 23:30: PMVA Team was called. She was held an arm by each staff member and escorted to her bed. She was made to sit on the bed, while the plan was discussed. Administered 2 mg of lorazepam in RT Qiut. She	safety and procedure followed	n/a	Low (minor harm, e.g. taken up to 1 month to rectify)	Closed
GHC76971	29/09/2024	28/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		Patient running out off the ward. Staff managed to get her from in front of the ward. Patient refused to return to ward and was fighting with staff.	Staff called PMVA team, utilised holds. Patient refused to return to ward and was shouting at staff. Staff tried de-escalation and PRN offered. Patient to be restrained for her own safety. Staff tried to redirect patient to her bedroom but she refused. Patient was then restrained for her own safety. Patient eventually calmed down, retired to ward without any holds. Had 1:1 time with staff. Accepted oxazepam tablet.	Mental state reviewed Absconding risk reviewed Patients leave restricted due to risk of harm to self Care plans in place.	n/a	None (no harm caused by the incident)	Closed
GHC76988	29/09/2024	29/09/2024	Wotton Lawn-Priory Ward	Wotton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was previously hiding their dose Staff found patient self-harming (cutting) her hand wrist with a broken spoon	Staff went in, tried to de- escalate and remove the sharp object. However, Patient was very resistive and fighting with staffs. Staff used PMVA to be involved , put patient on hold, removed the sharp object Staff tried grounding techniques with no effect. Offered PBR promethazine 50 mg , which patient accepted to take but spat it out fully. Staff then administered RT Promethazine 50 mg with consent. No brief given . Post RT observations taken (npo - 1hour)	Mental state and risks reviewed Ongoing risk of self harm, care plans in place Self harm Pathway available, patient engaging to an extent Patient CRD	N/A	None (no harm caused by the incident)	Closed
GHC76996	29/09/2024	25/09/2024	Wotton Lawn-Dean Ward	Wotton Lawn-Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Self- Injurious behaviour 1903 - Staff found patient self-harming (cutting) her hand wrist with a broken spoon .	Staff went in, tried to de- escalate and remove the sharp object . However , Patient was very resistive and fighting with staffs. PMVA team called and involved , put patient on hold, removed the sharp object Staff tried grounding techniques with no effect. Offered PBR promethazine 50 mg , which patient accepted to take but spat it out fully. Staff then administered RT Promethazine 50 mg with consent. No brief given . Post RT observations taken (npo - 1hour)	Mental state and risks reviewed Ongoing risk of self harm, care plans in place Self harm Pathway available, patient engaging to an extent Patient CRD	N/A	None (no harm caused by the incident)	Closed
GHC77006	30/09/2024	30/09/2024	Wotton Lawn-Greyfriars PCU	Wotton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	3 court		Patient was escorted back to bedroom after a potential attack on SN.	Patient escorted in holds to bedroom.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.	None (no harm caused by the incident)	Closed
GHC77010	30/09/2024	27/09/2024	CHAMS Outreach	Patient's own home	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (community)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	3 court		Two attempt's to jump from 3rd floor stairwell on leaving home. Police attempts to abscond. Five ligature attempts fixed and not fixed. Head banging. These incidents were due to FP needing to be taken to hospital for medical review and was distressed due to previous traumatic experiences of being in hospital/seizure transport's.	Dh two attempts of trying to jump from 3rd floor stairwell I placed my hands in a face hug position around her tummy whilst talking to her and reassuring her that this was what I was doing. In all other incidents staff intervened in the least restrictive way to support her and be safe. SP was given reassurance and support to settled throughout incidents. Child social worker informed of the above incident as visited young person after they had returned from	- PBR supervision session arranged 29/10/24 for CAMHS Outreach and CAMHS care team involved with caring for young person as this incident is part of several incidents over a short period of time.	Feedback following the incident from the Trust Behavioural support and training team confirmed that the restrictive practice was appropriate and necessary. Staff were put on PMVA holds and removed the lighter. Offered PRN which patient refused and RT IM lorazepam given to patient.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC77014	30/09/2024	30/09/2024	Wotton Lawn-Abbey Ward	Wotton Lawn-other inside	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	3 court		Patient left the ward, and was last outside another ward. Patient had a backpack on with all of their belongings in. Patient was declining to return to the ward for observations. Patient was given multiple choices to return to the ward before a PMVA team was	PMVA was called, and patient still declined to return to the ward. Patient was made to put hands on to escort him to the ward.	none	none	None (no harm caused by the incident)	Closed
GHC77015	30/09/2024	30/09/2024	Oakside House	Oakside House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on patient in her interest in order to receive sips of abdomen by Sonographer in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC77016	30/09/2024	30/09/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		Patient not accepting oral medication so IM lorazepam given as per chart and care plan. PBM techniques used to administer this.	PBM techniques used with 1:1 staff IM lorazepam given as prescribed	Current plan regularly reviewed - Requested LDSS involvement	NA	None (no harm caused by the incident)	Closed
GHC77019	30/09/2024	30/09/2024	Charlton Lane-Mulberry Ward	Charlton Lane-Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical int

DATIX7197	04/10/2024	05/10/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMV& (physical intervention)	Seated (other)		Patient was headbanging in her bedroom. De-escalation techniques used was failed.	Patrick Town-called. De-escalation techniques continued however she was still very resistive and would not engage therefore RT Lorazepam injection 5mg administered		Care plan followed along with process	N/A	None (no harm caused by the incident)	Closed
DATIX7204	04/10/2024	05/10/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMV& (physical intervention)	Escort		Person 1 (patient) presented as chaotic and agitated in communal areas. Person 1 forcefully entered to Person 2's bedroom. Person 2 then opened the door. Person 1 refused to come out for more corridor and started shouting there. Verbal de-escalations failed. As person 1 continued to shout, refused to leave main corridor and became aggressive towards staff ensuring PMV& holds and redirected back to her bedroom. While on PMV& holds Person 1 continued to be physically and verbally aggressive towards staff involved, like calling names, swearing at the and [illegible] and attempting to [illegible]		Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
DATIX7318	04/10/2024	04/10/2024	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMV& / RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical hold held on patient in their bedroom in order to receive Covid & Flu vaccinations injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated and as standard precautions against illness.		None required	None required	None (no harm caused by the incident)	Closed
DATIX7320	04/10/2024	04/10/2024	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMV& / RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)			PBM clinical hold held on patient in their bedroom in order to receive Covid & Flu vaccinations injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated and as standard precautions against illness.		None required	None required	None (no harm caused by the incident)	Closed
DATIX7321	04/10/2024	04/10/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMV& / RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient refusing to go to bed and attempting to leave the ward. Patient was guided into the corridor by staff using PMV& holds. Patient was then guided into the clinic room where PMV& holds were released. Patient then attempted to leave the clinic room and was guided back to the corridor where PMV& holds were applied. Patient was then guided back to her bedroom where PMV& holds were released. Patient then attempted to leave her bedroom

DHC77587	12/10/2024	12/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient 1 was in the communal area verbally provoking Patient 2. Patient 2 then stood up and walked up in to patient 1's personal space. Both patients then started to push each other with hands. Staff stood in between them, attempted verbal redirection. However patient 1 was not responding to redirection. Patient 1 then raised hands towards staff member (Did not made any contact). Staff members stated patient 1 on precautionary holds and escorted to the bedroom.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
DHC77592	12/10/2024	12/10/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Clinical hold (seated)		A male patient was assisting with personal care. He becomes agitated ,pushed staff away . Staff managed to check for incontinence and let patient free. Later, he followed staff and attempted to kick staff on leg. And pushed another staff member towards wall.		2 PBM restrictions were applied. PBM1 was utilised and holds him seated. He attempted to headbutt staff while he was on PBM holds. When staffs breakaway from him he was following staff. PBM2 utilised for the patient severity. Given him free space to walk around female corridor. He eventually calm	Managed appropriately as per PBM guidance	Staff to document escalating/aggressive behaviour as a log chart to identify triggers and possible solutions	None (no harm caused by the incident)	Closed
DHC77597	13/10/2024	13/10/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious emotional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		22:40 - The patient was found to be head banging on her bedroom against the wall with the back of her head. Staff attempted to verbally de-escalate the patient for around 10 minutes using breathing techniques, crisis de-escalators and grounding techniques but the patient did not respond. PMVA holds were slowly released right after the RT 22:53. Patient was removed from the wall by the planned PMVA staff and was guided to seated holds on the bed along with the use of a leg cushion. One person supported the head from the back. Patient remained very resistive and tried to bang her arms/ head on the wall by PMVA staff and was guided to seated holds on the bed along with the use of a leg cushion to stop from shuffling back to the wall

GHC78041	21/10/2024	21/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	supine (face up)		Patient became increasingly distressed in communal areas, declined regular medications, declined PRN, screaming in the face of staff, patient was asked to lower their voice or return to their bedroom. patient refused and continued to escalate behaviour. Staff placed patient in PMVA holds and attempted to escort to patients bedroom, patient then dropped their weight and renewed on the floor in a prone position. Staff asked patient to move due to becoming a risk to themselves and others, patient refused. Patient was placed in a supine position, further offered medication and declined oral but asked for injection, [illegible]		Debrief to all involved Review risk and observation level Discussion during handover	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC78051	21/10/2024	21/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was escorted to the clinic room by staff, patient made threats towards doctors and staff on the ward, stopped towards the doctor in an intimidatory manner and continued to make verbal threats, patient was holding a [illegible] which was seized by security. Via staff members (male), staff were necessary to exert further restriction to place in hold		Debrief to all involved. Review of risk and observation level, Review of PBS care plans.	Information handed over, Discussion during MDT,	None (no harm caused by the incident)	Closed
GHC78053	21/10/2024	21/10/2024	LD IHOT	Service Care (Watson House), Watton Lane, Gloucester, GL8 0ED	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		This is a Planned clinical hold at MCH and Best interests work completed by provider and uploaded to RIO. Service user was encouraged to come downstairs from his bedroom and sit With IHOT staff by his staff team. He was offered a cup of tea and encouraged to stay on the sofa for the least amount of time possible using only the force necessary to ensure the service user [illegible]		none required	none required	None (no harm caused by the incident)	Closed
GHC78055	21/10/2024	21/10/2024	LD IHOT	Other LD Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold to be completed in the service in order to receive Covid & Flu vaccinations injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated and as standard precautions against illness. MCA/BI and Proportionality paperwork previously completed prior to procedure.		none required	none required	None (no harm caused by the incident)	Closed
GHC78058	21/10/2024	21/10/2024	LD IHOT	Other LD Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold to be completed in the service in order to receive Covid & Flu vaccinations injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated and as standard precautions against illness. MCA/BI and Proportionality paperwork previously completed prior to procedure.		none required	none required	None (no harm caused by the incident)	Closed
GHC78060	21/10/2024	21/10/2024	LD IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated		None required	None required	None (no harm caused by the incident)	Closed
GHC78061	21/10/2024	21/10/2024	LD IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated		None required	None required	None (no harm caused by the incident)	Closed
GHC78067	21/10/2024	21/10/2024	Charlton Lane-Hope OT	Charlton Lane-other outside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Unplanned	PBM (physical intervention)	Escort		Patient attended the Therapy department requesting to use the gym. OTT TF answered door and requested that patient wait outside whilst they spoke to CARERs.Q. Patient declined to do this, walking past OTT into the department, proceeding to make her way down toward the gym. Further advised by PTA DA that she would need to return to the ward until CARERs had finished their session in the gym department and continued to attempt to gain access to the gym. Patient presented as confrontational and argumentative with therapy staff. PMVA team called further attempts to verbally deescalate without	A Manager of willow ward came to assist and took hold of patient arm. Patient was then escorted to the gym area with 2/1 approached and offered their hand to provide him to hold their thumb and HCA support/regulating at the back as patient has the tendency to pull/lean back when walking. Patient removed agitated and shouting majoritively out but didn't resist guiding back onto the ward safely.	Patient continues to be nursed on a 1:1 basis. Consideration for male staffing to support escorts outside of the hospital where appropriate in support staff to manage any need for PBM techniques and restrictive.	ongoing assessment - staff utilising radio and planning for escort continues to be considered and planned within positive risk assessment and management.	None (no harm caused by the incident)	Closed
GHC78077	21/10/2024	21/10/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		The patient started to become tense and was asking and looking for exits. She was also taking chairs towards windows with the legs level and facing the windows. A Nurse tried to give her PRN medication but she refused and threw it out of her hand and tried to attack her with a chair.	It was decided that it was in the patient's best interests to take her to an area with less stimulus, as it was busy in the communal areas as dinner was being served. She was taken to the quiet room to separate her other patients. PBM arm holds were applied and she was escorted to her room. She was assisted to sit on her bed then holds were released. Staff then left the room. In the next 20 minutes she started trying to [illegible] her bed sheets and pillow case and pulling the mattress pump (this has since been removed), but she did seem a little calmer. She was given PRN 25 mg promethazine, covertly, with her prescribed medication. She has since come back up to communal areas and seems relatively calm.	Missing patient details corrected	NA	None (no harm caused by the incident)	Closed
GHC78079	21/10/2024	21/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort (other)	Clinical hold (seated)	Patient attempted to punch staff in their room but missed, patient put their hand round staff's neck during the incident, patient was told that a female staff member was present and they were trying to encourage patient to remove their hands from staff neck. Staff called for help were another 2 staff came to assist. patient let go of staff's throat and staff were able to place patient in seated restraint. Patient kept being violent towards staff and was placed in prone restraint by left the room. Once staff were left in the room attempting to verbally deescalate patient. After some time, they were able to verbally deescalate patient and he was placed in seated restraint.		Debrief to all involved Review risk and observation level Discussion during handover	Review PBS care plan Discussion during MDT	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC78081	21/10/2024	21/10/2024	LD IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		The patient will require their COVID-19 and seasonal flu vaccinations to be given as the patient is vulnerable. MCA and BI documents uploaded to RIO- completed by care provider.	Reassurance given throughout	None required	None required	None (no harm caused by the incident)	Closed
GHC78087	21/10/2024	21/10/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Service user was head banging in moderate to severe intensity. She was not engaging with staff, when staff tried to verbally de-escalate her. She cries de-escalators and grounding techniques were used, She did not respond to any and continued to head bang with her eyes closed.	Staff in an effort to verbally de-escalate, applied no pain on her neck which was ineffective. As the intensity of the head banging increased staff applied PMVA holds to her head to protect as well by the PMVA staff and was guided to seated holds on the bed along with the use of a big cushion to prevent shuffling back to the wall and one person supported the head from the back. Her left arm was held on seated PMVA holds as she have a burn over- affected the RT tablets which she refused. RT IM lorazepam 2 mg was administered on left thigh. DMO aware about the incident. She had started head banging soon after the staff left her bedroom. Staff tried to intervene her , but was resistive. She was held on holds , RT promethazine 25 mg IM was administered on left thigh. DMO was informed about the incident of vomiting. Unable to finish the physical observations, as she stayed in her bedroom and was distressed.	care plan followed along with process	N/A	None (no harm caused by the incident)	Closed
GHC78092	21/10/2024	21/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold		Patient was assaultive towards staff multiple times across the early part of the night shift.	Verbal de-escalation Precautionary holds to prevent further assaults	Debrief to all involved. Review of risk and observation level, Review of PBS care plans.	Information handed over, Discussion during MDT,	None (no harm caused by the incident)	Closed
GHC78116	22/10/2024	22/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient has been hostile, threatening to staff using offensive language and threatening to staff. Patient reported he is going to turn their children, murder them whilst she is out of the hospital. She reported to be a nurse killer and wanting to stalk nursing staff when she is out of hospital and will murder them so that they can't be a nurse anymore. Patient has had boundaries being placed , she was asked to go and spend time in her bedroom. Patient declined and was escorted to her bedroom. During a seated restraint [illegible]	Patient declined oral medication and was administered 2mg lorazepam IM.	Debrief to all involved. Review risk and observation level Discussion during handover	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC78117	22/10/2024	22/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Prone (face down)		Patient was observed to be pacing in the communal area, laying on the floor , rolling around and communicating with the camera. She was making unrealistic statements about the police and how they should call police. Patient was presenting as unsettled and agitated. She was offered some oral prn in managing her distress levels. She escalated in making [illegible]	She was administered 5mg haloperidol RT IM after declining oral , three times.	Debrief to all involved Review risk and observation level Discussion during handover	Review PBS care plan Discussion during MDT	None (no harm caused by the incident)	Closed
GHC78121	22/10/2024	22/10/2024	Other LD Unit-non-GHC	Other LD Unit-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold to be completed in the service in order to receive Covid & Flu vaccinations injection from district nurse - in proportion to the risk of serious harm if any undetected medical condition is not treated and as standard precautions against illness. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required	None required	None (no harm caused by the incident)	Closed
GHC78124	22/10/2024	22/10/2024	LD IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical Hold used in best interest to support administration of Flu and Covid vaccinations by the practice nurse.		None required	None required	None (no harm caused by the incident)	Closed
GHC78125	22/10/2024	22/10/2024	LD IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC78129	22/10/2024	22/10/2024	LD IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated		None required	None required	None (no harm caused by the incident)	Closed
GHC78131	22/10/2024	22/10/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient being physically aggressive to staff, other staff around used PBM to escort patient away from the staff member	Holds released to support patient to sit in chair ABC chart started	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC78141	23/10/2024	23/10/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - (Other (not listed)	Planned	PMVA (physical intervention)	Standing		Patient was refusing to go to GPH and it was important that she does go. Patient sat in PMVA holds and take to GPH in hospital car.	Staff verbally communicated with patient in patient's best interests. Reassurance given and patient taken to hospital.	Patient required admission to GPH due to severe low BM and compromised physical state as a result of poor mental health and food restriction. Restrictive practice required to complete transfer for care.	n/a	None (no harm caused by the incident)	Closed
GHC78150	23/10/2024	23/10/2024	Watton Lawn-Patient Physio	Watton Lawn-Gym	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient attended the therapy department requesting to use the gym. OTT TF answered door and requested that patient wait outside whilst they spoke to CARERs.Q. Patient declined to do this, walking past OTT into the department, proceeding to make her way down toward the gym. Further advised by PTA DA that she would need to return to the ward until CARERs had finished their session in the gym department and continued to attempt to gain access to the gym. Patient presented as confrontational and argumentative with therapy staff. PMVA team called further attempts to verbally deescalate without	PMVA team called. Further attempts to verbally deescalate without success therefore patient was returned to the ward in base holds.	No new actions required.	No new lessons.	None (no harm caused by the incident)	Closed
GHC78160	23/10/2024	23/10/2024	LD IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Precautionary PBM clinical seated held on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		none required	none required	None (no harm caused by the incident)	Closed
GHC78164	23/10/2024	23/10/2024	LD IHOT	GP Surgery	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Seated (POD used)		Planned clinical hold MCA and Best interest paperwork completed prior to procedure. Procedure carried out in order to allow Dr to examine patients right arm pit and haid. Patient remained seated throughout procedure with support to patients head. IHOT confirmed with Dr he had completed his examination and then brake away from hold. IHOT staff used the least restrictive hold for the least		none required	none required	None (no harm caused by the incident)	Closed
GHC78188	23/10/2024	23/10/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient had taken another patient belongings, when staff asked the patient to return the other patients belongings, patient became verbally abusive and screaming to be out of staff, She was placed into holds and taken to her bedroom , where staff removed the staff that belonged to another patient. She was offered some PRN and she declined	She was placed into holds and taken to her bedroom where staff removed the staff that belonged to another patient. She was offered some PRN and she declined, RT injection was administered.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBI plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC78194	24/10/2024	23/10/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Undertake a search of the patient's clothing or property (e.g. for drugs or other items of risk)	Planned	PMVA (physical intervention)	Escort		Patient repeatedly use their supe in their room, setting the fire alarm off multiple times.	Patient was encouraged to use the garden for vaping but refused. Staff tried to reinforce boundaries. Patient was non receptive and carry on with their behaviour. PMVA team was called, search was conducted and vapes taken off patient.	none	none	None (no harm caused by the incident)	Closed
GHC78195	24/10/2024	23/10/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves by overdose	Planned	PMVA (physical intervention)	Seated (POD used)		Head Banging	PMVA was in place, Medication given to calm,1:1 given, Duty Doctor was call to informed. Physical observation was completed.	care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC78205	24/10/2024	23/10/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves by overdose	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was found headbanging in bedroom.	Tried de-escalation. Followed crisis escalator plan. Patient was not responding Duty doctor informed and RT lorazepam administered self harm Staff to review risks and management plan, and offer psychological intervention on return to Watton Lawn	Mental state and associated risks reviewed Plan to be formulated on return Transferred to GPH to manage physical health 2:1 staffing provided to maintain safety and prevent self harm Staff to review risks and management plan, and offer psychological intervention on return to Watton Lawn	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC78208	24/10/2024	24/10/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		on the floor on the corner of her bedroom. PMVA were called and applied seated restraint with arm and liger belts. She was de-escalated and patient requested for promethazine which was offered. Patient verbalised she was experiencing physical trauma. Staff prompted her to spark time in the communal area but she refused. 19.30 Staff found patient on floor of bedroom with a ligature using bra strap. She was conscious and responding. Ligature was cut off and staff offered her 1:1. She then came out to communal area and was engaged in activity. Duty doctor informed.	Neurological observation continued	Mental state, risks and management plan reviewed Patient currently at GPH on 2:1 observations On return to Watton Lawn staff will review risks again and offer psychological interventions Restrictive practice to be utilised if safety compromised	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC78211	24/10/2024	24/10/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient went to visit mum at their Gloucester house address and asked about toy from ebay. Mum explained that the toy was ordered online and will be arriving next week. After the visit, patient was told that they were returning back to Berkeley house. On driving away from Mum's house, about 200 metres away, patient grabbed the member of staff bag, set the bag on fire and threw it out of the car window. The staff then and proceeded to drive the vehicle back. Staff pulled over to a safe place. All attempts to deescalate proved abortive. Staff contacted the Duty house to request for help. Mum was contacted and the Duty manager decided to take the decision to take patient to Berkeley house in patient's vehicle while the other two returned with the staff from Berkeley house in her vehicle. On returning to Berkeley House, patient was encouraged to come down from the vehicle. Patient came down and ran to the garden. He made attempt	Staff managed to safe hold patient. However, as the ground was wet and with patient anxiously on their feet, patient fell forward pulling the staff to the ground with them. Patient continued to attack staff with kicks and punches. Staff maintained safe holds on the patient to stand. Staff then supported the patient to their flat. Patient was calm and safe in their flat afterwards.	Incident reviewed. This was a very difficult incident which started off on the Willow House. Staff dealt with the incident appropriately and proportionately showing good collaboration between two organisations tasked with providing care to this individual. Well-being of staff checked, care plans and risk assessment up to date. Patient's mother informed.	That staff are aware of the interventions to use when this patient behaves in this way. That this patient continues to present as a high risk to his environment and those tasked with providing care to him.	None (no harm caused by the incident)	Closed
GHC78215	24/10/2024	24/10/2024	Charlton Lane-Mulberry Ward	Charlton Lane-Mulberry Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Patient refusing oramorph tablet and has been offered sproal time but declined. Due to Patient currently lacking capacity and the team decided act in her best interest to restrain for oramorph administration.	PBM team called to support in taking blood, unfortunately blood taken was unsuccessful. declined oramorph administration. Patient was restrained for oramorph administration.	Incident managed appropriately and was in the patients best interests No further lessons identified	No further lessons identified	None (no harm caused by the incident)	Closed
GHC78253	24/10/2024	24/10/2024	LD Inpatients-Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Staff explained that Lee does not work here anymore. Patient responded 'why, no Jon pickure'. Patient was then escorted to communal area where he was then trying to redirect patient, patient struck staff	Patient was escorted back into his flat using safe holds. No staff injuries.	Incident reviewed: Staff acted appropriately and proportionately to the level of risk presented. Their actions were in line with this patient's care plan and risk assessment , both of which are up to date. For further review in weekly MDT.	1:1. That staff are aware of interventions to follow when this patient behaves in this way. 1:1. That despite our extensive knowledge and care plans for this patient he continues to present as a high risk to others and to his environment.	None (no harm caused by the incident)	Closed
GHC78258	24/10/2024	24/10/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was sitting in the communal area shouting at staff using derogatory language and accusing them of being rapist and wife beater. Patient had another altercation with patient B over a tv remote control. Patient B threw the tv remote on the floor, whereby patient A picked it up and threw it at patient B which is being verbally aggressive towards staff. Staff attempted to verbally de escalate, but she declined and carried on shouting and screaming. Patient herself on the floor and and hid the remote close to her body. She gave the remote control and left behind 1 battery. She started to smash, whereby staff tried to intervene, but she was resistive. She was then placed in PMVA holds and escorted to her bedroom. She was then left in the room attempting to verbally deescalate patient. After some time, they were able to verbally deescalate patient and he was placed in seated restraint. Patient kept having verbally abusive towards staff and making threats as they left the room. Once staff were

GHC79494	29/10/2024	29/10/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Jolt - Injurious behaviour (SIB)	Self harm / SIB - patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient headbanging in room	de-escalation arnica pod and weighted blanket used 1:1 Debrief	Care plan and process followed	escalation in behaviours as birthday approaching	None (no harm caused by the incident)	Closed
GHC79495	29/10/2024	29/10/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Jolt - Injurious behaviour (SIB)	Self harm / SIB - patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient headbanging in room	de-escalation arnica pod and bag cushion. 1:1 Debrief	care plan and process followed	birthday approaching escalation in behaviours	None (no harm caused by the incident)	Closed
GHC79496	29/10/2024	29/10/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		14:55 – The patient was seen to be head banging against the wall in her bedroom with low intensity. Staff attempted verbal de-escalation for about 5 minutes which was futile.	15:00 - Patient was observed to be head banging with the use of a bag cushion. Patient was very receptive at the start and engaged with the verbal de-escalation for around 15 minutes. 15:20 - Patient started responding to the verbal de-escalating and stopped resisting the staff. As the patient started to become more settled, staff released the holds slowly. The patient agreed to come out to the gym with a member of the staff. Remained settled afterwards.	care plan and process followed	birthday approaching	None (no harm caused by the incident)	Closed
GHC79504	30/10/2024	29/10/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Jolt - Injurious behaviour (SIB)	Self harm / SIB - patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient returned to the ward distressed. Patient supported down to bedroom. Patient commenced to hit forehead with knees, unable to verbally de-escalate started to hit head with fists. Patient put self to floor hitting forehead repeatedly. PMVA assistance required. Patient supported up off the floor in holds to both arms. Patient supported to sit on the pod in holds to both arms, cushion placed over legs. Decision to administered RT IM. Patient informed RT IM would be administered to upper right thigh. Verbal de-escalation continued Cushion removed from legs. Holds to both arms released shortly after. Physical observations taken. Duty doctor informed. RT observations commenced.	PMVA assistance required. Patient supported up off the floor in holds to both arms. Patient supported to sit on the pod in holds to both arms, cushion placed over legs. Decision to administered RT IM. Patient informed RT IM would be administered to upper right thigh. Verbal de-escalation continued Cushion removed from legs. Holds to both arms released shortly after. Physical observations taken. Duty doctor informed. RT observations commenced.	PATIENT DISTRESSED DUE TO TIMES OF FEED BEING CHANGED AND FEELING OVERWHELMED WITH THIS	ACCU BIO IS REQUIRED NOT INPATIENT SETTING	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC79505	30/10/2024	29/10/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		14:50 – The patient was seen to be head banging against the wall in her bedroom with low intensity. Staff attempted verbal de-escalation for about 5 minutes which was futile. 15:00 – The patient was observed to be head banging with the use of a bag cushion. Patient was very receptive at the start and engaged with the verbal de-escalation for around 15 minutes. 15:20 - Patient started responding to the verbal de-escalating and stopped resisting the staff. As the patient started to become more settled, staff released the holds slowly. The patient agreed to come out to the gym with a member of the staff. Remained settled afterwards. Patient returned to the ward distressed. Patient supported down to bedroom. Patient commenced to hit forehead with knees, unable to verbally de-escalate started to hit head with fists. Patient put self to floor hitting forehead repeatedly. PMVA assistance required. Patient supported up off the floor in holds to both arms. Patient supported to sit on the pod in holds to both arms, cushion placed over legs. Decision to administered RT IM. Patient informed RT IM would be administered to upper right thigh. Verbal de-escalation continued Cushion removed from legs. Holds to both arms released shortly after. Physical observations taken. Duty doctor informed. RT observations commenced.	Following this, PMVA was activated. Nursing staff observed RT soldiers which he refused and requested for an IM injection instead. IM RT lorazepam 2mg was administered on light forearm holds on both sides. The holds were released light after the administration of the RT. Post RT non-touch observations were initiated as the patient refused physical observations. Informed DMO for review. Attempts made to provide debrief which the patient refused.	MM Spoke with patients around mutual expectations, his conduct and how this is not acceptable. Patient apologies but MM advised to apologies to staff hurt. Patient to agree other action would be contacted should this happen again	N/A	None (no harm caused by the incident)	Closed
GHC79516	30/10/2024	30/10/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Non-standard hold	The patient had managed to pull the staff to the floor with one hand and the other staff had to hold all the weight of the door as I was holding one to allow the staff who was on the floor to come out of the room	The patient had flooded the unit, his bedroom and bedding were soaking wet which suggested that he might have left one of the taps running in his bathroom. Staff went to close and make it safe. As staff were drying his bedroom, he was asked to sit on the bed as their staff could work easily. The patient sat on the side of the bedroom and the patient attacked the staff member. He grabbed the staff member and pushed the staff with one hand out from down to the floor and scratched the staff on his face. These words appear to	Incident reviewed. Staff acted appropriately and proportionately to the risk presented by this patient at this time. Their interventions were in in line with this patient's PBS plan. For further review and discussion in weekly MDT.	1. That staff are aware of and able to follow the interventions described in this patient PBS Plans, care plans and risk assessment when behaving aggressively towards others and their environment. 2. That despite our extensive knowledge of this patient and our detailed risk assessments, care plans and PBS plans this patient remains a high risk to others and to his environment.	None (no harm caused by the incident)	Closed
GHC79519	30/10/2024	30/10/2024	10 IHOT	Pullman Place 10	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm. undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
GHC79528	30/10/2024	30/10/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		lorazepam which he threw the lorazepam in the floor and said sorry. Staff brought the lorazepam which repeated the same. Staff redirected to the bedroom, came out of bedroom shouting and agitated staff redirected to bedroom. Staff planned for PMVA and was due for depot which was also planned by the staff to administer under the holds.	Staff called the psychiatric emergency and was put on hold in seated position and administered RT lorazepam 2mg and Depot was also administered. When staff approached in the bedroom, patient was holding a pencil in hands which was removed by the staff. Medication was dispensed on patient's own name and was observed to consume the medication in front of staff. Patient was not willing to engage initially but later admitted to have overdose. Stated she took the medication box from GBH while being an inpatient there recently. Risk of suicide and self-harm was agreed. Patient was advised to transfer to GBH and was informed to her. Staff observed patient tied ligature using the cable of pedal for patient was taken to GBH.	Patients mental state, risks and treatment plan reviewed Antipsychotics medication reviewed Patient not yet able to understand treatment plan and engage Restrictive intervention utilised to administer treatment safely	n/a	None (no harm caused by the incident)	Closed
GHC79532	30/10/2024	30/10/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was in the communal area and was observed to accepted 1mg oral of the 2mg offered, she then was verbally encouraged to go to her room to de-escalate and spend time in a lower stimulus environment. Patient went to her room, however moments after entered communal areas in a state of undress, scantily clad with her breasts out. Due to risk of maintaining her dignity, patient was escorted round to her bedroom by staff. She became highly disturbed at this time, attempting to bite and assault staff. Placed in seated holds on her bed and when calm, escorted to the communal areas.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC79533	30/10/2024	30/10/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was in the communal area and was observed to accepted 1mg oral of the 2mg offered, she then was verbally encouraged to go to her room to de-escalate and spend time in a lower stimulus environment. Patient went to her room, however moments after entered communal areas in a state of undress, wrapped only in a sleeping bag. Its a means of maintaining her dignity, patient was escorted round to her bedroom by staff. She became highly disturbed at this time, attempting to bite and assault staff. Placed in seated holds on her bed and when calm, escorted to the communal areas.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC79542	30/10/2024	30/10/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / Jolt - Injurious behaviour (SIB)	Self harm / SIB - patient (inpatient / residential)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Staff found patient was headbanging in the room. Staff went in and tried to de-escalate, with no effect. Staff called PMVA team	Staff called PMVA team and put on holds. Tried to de-escalate with grounding techniques, which were ineffective. Offered pre-promethazine 25 mg , which was accepted.	Mental state, risks and care plans reviewed Treatment plan reviewed Patient now transferred to another ward	n/a	None (no harm caused by the incident)	Closed
GHC79547	30/10/2024	30/10/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Ward staff were concerned that a patient had been incontinent of urine. He had been sat in a lounge chair during the nearly hours of the morning and had not moved since. He was able to be woken from his sleep and was able to walk to the toilet with support. He was then clean so staff could offer him new and fresh clothes. He looked out and shivered at staff who tried to assist him from the chair	The Charge Nurse thought it was in the patient's best interest to have a bath to maintain personal hygiene as he then required assistance with personal care. The patient became agitated and attempted to hit staff so PBM holds were used to quickly check the patient's pad in the most discrete way as possible. Holds were released once it was clear that the patient's intentions to hit the pad was slightly damp, but this was unlikely to cause skin damage in the short term so it was decided to try and assist the patient to the bathroom after he had calmed. Around 40 minutes late, after a lot of encouragement from staff, he consented to be	Managed appropriately Support to be formulated with Psychologist/Case discussion	NA	None (no harm caused by the incident)	Closed
GHC79555	30/10/2024	29/10/2024	Watton Lawn- Priory Ward	Watton Lawn- other inside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate reasganistic (NC) feeding	Unplanned	PMVA (physical intervention)	Escort		Patient was in courtyard with HCA. Patient was asked to return to the ward by NS lead to be facilitated as per care plan. Patient refused to return to ward, HCA attempted verbal prompts and reassurance to no effect. DN arrived and attempted verbal prompts and reassurance, again to no effect.	Decision made to plate patient in light holds to return to ward, patient was resistive and patient dropped to the floor before full forearm holds could be implemented. staff allowed patient to drop to floor safely. DN and then escorted back to the front of the hospital and walked back to the ward without further holds. Upon return, he stated his intent to leave the ward when undeserved and exhibited hostility towards staff. A planned PMVA intervention intervention was then initiated. Jordan was guided to a seated hold with the use of light support, including a leg cushion. He was offered oral medication, which he declined, therefore, 50mg of Promethazine was administered as Holds were released immediately following medication administration. Shortly thereafter,	Care plan followed along with prosss	N/A	None (no harm caused by the incident)	Closed
GHC79568	30/10/2024	30/09/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient was sat on the floor, she was restrained on both of her arms as she was trying to harm herself. She was quickly restrained on the floor (supine) as staff needed to attend to a serious wound to her arm.	PMVA techniques were used.	Some missed obs required medical attendant to treat wounds Long term risk of self harm and accidental death Risk of AWOL Care plans formulated in collaboration with patient Engaging in all harm path way	n/a	None (no harm caused by the incident)	Closed
GHC79571	30/10/2024	30/10/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Patient attempted to kiss peer in communal area and when staff approached attempted to physically attack staff.	Staff put patient in PBM holds. Staff verbally de-escalated patient and spent time with patient in patient room.	Current risks and care plans reviewed. Staff reminded to be present in communal areas	N/A	None (no harm caused by the incident)	Closed
GHC79574	30/10/2024	30/10/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / Jolt - Injurious behaviour (SIB)	Self harm / SIB - patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient found in between observations self harming within bedroom. Patient observed laceration to inside of L upper arm roughly 7cm in length penetrating down to subcutaneous fat tissue. PMVA team called to support. Patient was sat on bathroom floor with piece of razor used still within hand. Patient supported to stand by staff members holding arms and patient sat on bed. Staff attempted to engage in verbal deescalation, distraction techniques, use of ice packs and offers of a hospital however did not prove successful. Patient offered PRN however not amenable to this at this time. Patient remained within arm holds sat on bed during this time due to continued attempts to worsen wound of left arm using fingers and patient kept sharp item in right hand. Patient was released due to level of agitation with use of "pillow" and support from head however holds were utilised to prevent arm holds only as attempted to	Dressing applied to wound. Patient continued to express they had no item in their possession. PMVA team left room due to presence appearing to further increase agitation. Staff remained in proximity with patient continuing to encourage patient to hand over item used to harm themselves and providing psychological support post incident. Staff member checked with patient that they were ok post restraint and patient denied any new injuries as result of restraint.	mental state, risk and management plan reviewed Long term risk of self harm identified Care plans in place Self harm Pathway and psychological interventions available	n/a	None (no harm caused by the incident)	Closed
GHC79577	31/10/2024	30/10/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / Jolt - Injurious behaviour (SIB)	Self harm / SIB - patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was supported in holds to remove hoody from head after having attempted to ligature with it around neck. Patient was then supported to sit on the floor with back of her head against bedroom wall with minimal force while raging and listening to music. Staff promptly went to support the patient. Used verbal de-escalation and followed crisis assistant which were unsuccessful. Offered 1:1 time ,paper and pen , ice pack , PRN medication with no positive result. Patient was non-verbal during the incident. Plan made to administer RT, patient was informed about the decision. - Psychiatric emergency was called , PMVA staffs. Patient made aware about the harms and cuts on her hands. Initially she was very resistive she wriggled backwards to hit her head , a member of staff held her head and used cushion. Administered RT promethazine 50 mg on her right thigh. She was given 1:1 time after the incident. Neuro and RT observations started.	Care plan and process followed	n.a	None (no harm caused by the incident)	Closed
GHC79580	31/10/2024	31/10/2024	10 IHOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		Planned clinical hold implemented MCA and Best interest paperwork completed prior to hold. IHOT staff on not-set clinical assist hold for the least restrictive time using the least restrictive holds available.		None required	None required	None (no harm caused by the incident)	Closed
GHC79591	31/10/2024	31/10/2024	10 IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical safe hold used in best interest to enable a blood sample to be taken		None required	None required	None (no harm caused by the incident)	Closed
GHC79599	31/10/2024	30/10/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Suicide attempts	Attempted suicide - inpatient who is unable to be safely cared for on a ward under Mha	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Escort		Staff were into patient's room to offer 1:1 time as she had engaged in headbanging on the previous shift. Patient sat on bed facing wall, and when staff ward was trying to hide something under the blanket Patient refused to show it at first but with prompts did so. Patient was hiding empty packet of trenbalone (25mg box which contain 3 empty strips (10 medication each strip) Medication box was dispensed on patient's own name and was observed to consume the medication in front of staff. Patient was not willing to engage initially but later admitted to have overdose. Stated she took the medication box from GBH while being an inpatient there recently. Risk of suicide and self-harm was agreed. Patient was advised to transfer to GBH and was informed to her. Staff observed patient tied ligature using the cable of pedal for patient was taken to GBH.	Claire ported to GHFT, including the AAR and the outstanding concerns listed.	No await updates from GHFT.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC79603	31/10/2024	31/10/2024	10 IHOT	Other LD Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PBM (physical intervention)	Clinical hold (seated)		IHOT staff at on-performed planned clinical hold MCA and BI decisions completed prior to intervention staff. completed the last restrictive hold possible unfortunately due to the complexity of getting the patient to the ward, patient hold lasted for 8 minutes. Patient was reassured throughout by staff who knew him well. After eight minutes decision made to stop		None required	None required	None (no harm caused by the incident)	Closed
GHC79610	31/10/2024	31/10/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / Jolt - Injurious behaviour (SIB)	Self harm / SIB - patient (inpatient / residential)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient was calm and settled following procedure in	PMVA - team present. Patient A was headbanging on the wall in her bedroom. NIC called the PMVA Team.	Mental state, risks and management plan reviewed Long term risk identified Patient engaging in crisis planning Care plans in place Psychological interventions available	n/a	None (no harm caused by the incident)	Closed
GHC79611	31/10/2024	31/10/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient A was found removing the grip socks of patient B. This was making patient B angry and a verbal altercation between the two patients took place. Nurse attached locks from patient B that were kept solely aimed at patient A. Patient A refused to give the socks back, claiming that they belonged to a relative of hers, and lashed out at staff.	The charge nurse made the decision to remove the socks from patient A's room, as this was not a room where she may more easily calm in less stimulating environment. Patient A was escorted to her room by staff, which were released as soon as she was in her room. The patient was initially frustrated, but seemed to calm as she started to make her bed. She came back to her room and seemed more relaxed	Managed appropriately	NA	None (no harm caused by the incident)	Closed
GHC79620	01/11/2024	01/11/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal area and presented as very distressed. Patient started shouting at staffs face, stating that they were trying to poison her and was in a resistive patient, however patient did not respond. Patient started making unmeetable demands and started to abuse staff verbally when needs are not met immediately. Patient was offered oral medication, which she declined and spat some time in her bedroom. Patient refused this. Patient was continuing the same presentation in the communal area. Staff placed patient on PMVA holds and escorted to bedroom. Patient was on seated holds on the bed when she was offered medication which patient refused. Patient was making several threats, patient was screaming at staff saying that patient is going to kill staff. Patient was given IM RT. After		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
GHC79627	01/11/2024	01/11/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		THE SERVICE USER WAS UNSETTLED FROM THE START OF THE SHIFT, LOUD AND SHOUTING, TRYING TO GO OFF THE WARD		Patient kept leaving a hospital or proper shower had attempted to leave the ward / hospital when unauthorised to do so. Staff intervened and sought to verbally encourage patient to return to ward environment. This was met with hostility and encouragement to return, therefore safe holds implemented to escort patient back to ward. Staff released safe holds as soon as patient was back	WAS BROUGHT BACK TO THE WARD ON HOLDS	Staff acted to prevent an abscond from the ward, following care plan and risk management plans.	None (no harm caused by the incident)	Closed
GHC79702	03/11/2024	03/11/2024	Watton Lawn- Priory Ward	Public Place / Office / Staff working from home (WFH)	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		patient ran through the doors when the opened at 0700, heading towards GBH and London Road. Consistently verbally abusive.	staff followed. longer incident involving assaults and restraint, eventually was brought back to the hospital.	PROCESS FOLLOWED	Patient now at OOC PICU	None (no harm caused by the incident)	Closed
GHC79703	03/11/2024	03/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (other)		patient absconded from the ward leading to activation of PMVA and seeking support from the police.	Patient was brought by staff and escorted by police back to the ward. Patient was placed on holds and RT was administered. patient was not resistive at the time of the RT due to the Presence of the police Holds released soon after DMO reviewed patient.	process followed	Patient now at OOC PICU	None (no harm caused by the incident)	Closed
GHC79704	03/11/2024	03/11/2024	Watton Lawn- Priory Ward	Public Place / Office / Staff working from home (WFH)	AWOL, absconding and missing patients	Patient attempted to abscond	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		patient hitting out at staff attempted to place holds to stop		patient brought back to hospital	N/A	None (no harm caused by the incident)	Closed
GHC79782	03/11/2024	03/11/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Staff were in the communal area however as they were trying to move the furniture and tried to touch patient (female) 2 legs . staff tried to redirect him . suddenly patient 1 grabbed patient 2 leg and hit her on right thigh area. patient 2 have a small red mark on right shin	Staff Alerted MDT . patient 1 wasn't releasing his hands from patient 2 leg. Therefore PBM clinical holding done and removed patient from the communal area to his bedroom. Patient 1 was given with PRN 0.5mg lorazepam orally with some effect.	Patient's current mental state- risks and care plans reviewed	NA	None (no harm caused by the incident)	Closed
GHC79797	04/11/2024	04/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient withdrawing otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was supported at chairs, opposite in the communal area, supported that dementia are keep coming in to her flat and make her feel threatened at time. Reassurance was given, with good effect but doesn't last for longer time. Later she pop out naked several times more than 7 to the communal area, appeared as naked (stripped at her clothes)(having difficulty to put clothes on) and shouting at staff (responding). He reporting that the demons telling her to strip the clothes otherwise they kill her. Went to both male and female fire doors and kicked it with force several times. Threatening staff verbally that demons telling her to kill staff members.	Called PMVA several occasion and given RT lorazepam5 1 mg on occasion.	none	none	None (no harm caused by the incident)	Closed
GHC79776	04/11/2024	04/11/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient stopped member of staff across the face in the sensory room	post techniques used 2nd incident Staff pressed the alarm he was escorted out of the sensory room and back on to the ward Pre-medication was given	Patient is on high level observations due to unpredictable behaviours	NA	None (no harm caused by the incident)	Closed
GHC79810	05/11/2024	04/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		23:55 - Patient was seen to be head banging in her bedroom against the wall with the back of her head and forehead. Staff attempted verbal de-escalation, breathing techniques, crisis de-escalations and grounding techniques, but Patient did not respond to any and continued to head bang. Staff attempted verbal de-escalation for 10 minutes. 00:05 - Patient's head banging was becoming increasingly Staff activated PMVA. Patient was removed from the ward by the PMVA staff and was guided to seated holds on the pad along with the use of a leg cushion to prevent shuffling back to the wall and one person was positioned behind the patient to support the head. Patient remained very resistive, trying to push the staff away and tried to shuffle back to the wall. Staff continued to make attempts to verbally de-escalate. Staff were cautious while using PMVA techniques considering she burn wound on the left	23:55 Due to continued self-injurious behaviour nursing staff offered oral RT promethazine 50 mg which was declined by the patient. Patient was very resistive and did not engage, IM RT promethazine 50 mg was administered on the right thigh after making sure that there were not lumps present. Patient continued to be resistive for a short period of time 00:05 - Patient's head banging was becoming increasingly and appeared to be calming down. Hence, the PMVA holds were slowly released. When the PMVA staff left patient again went back to the wall started to headbang with slow intensity. But the PMVA staff remained in the room and when one staff member sat with patient for a 1:1. Following this patient came out to the communal areas and remained in there doing odd 00:30 Went back to bed at around 01:00. Post RT physical and neurological observations were completed.	process followed	Patient now on OOC PICU	None (no harm caused by the incident)	Closed
GHC79713	03/11/2024	03/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		patient had absconded from the ward, staff had attempted to encourage the patient not to leave but he left the ward. Staff were able to safely escort the patient down towards the main entrance and called PMVA. Patient then went and vaped in the court yard. The team assembled in the main entrance as the patient had verbalised about wanting to leave the hospital and hey drugs.	patient came back into the area outside Kingsholm and started to shout and gesticulate towards staff. Staff attempted to encourage him to come back in through them. Staff requested verbally for the patient to stop, but they did not so staff put them in holds and attempted to restrain the patient. The patient struggled and used their weight to unbalance staff and the staff member on the right arm fell backwards and the patient fell on top of them. Staff then released the holds and the patient got up and the patient went and got up and started shouting and thumped the glass out of door that leads into the main reception area. The staff then called the police	process followed	Patient now OOC PICU	None (no harm caused by the incident)	Closed
GHC79727	03/11/2024	03/11/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		THE SERVICE USER WAS UNSETTLED FROM THE START OF THE SHIFT, LOUD AND SHOUTING, TRYING TO GO OFF THE WARD		Patient kept leaving a hospital or proper shower had attempted to leave the ward / hospital when unauthorised to do so. Staff intervened and sought to verbally encourage patient to return to ward environment. This was met with hostility and encouragement to return, therefore safe holds implemented to escort patient back to ward. Staff released safe holds as soon as patient was back	WAS BROUGHT BACK TO THE WARD ON HOLDS	Staff acted to prevent an abscond from the ward, following care plan and risk management plans.	None (no harm caused by the incident)	Closed
GHC79792	03/11/2024	03/11/2024	Watton Lawn- Priory Ward	Public Place / Office / Staff working from home (WFH)	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		patient ran through the doors when the opened at 0700, heading towards GBH and London Road. Consistently verbally abusive.	staff followed. longer incident involving assaults and restraint, eventually was brought back to the hospital.	PROCESS FOLLOWED	Patient now at OOC PICU	None (no harm caused by the incident)	Closed
GHC79793	03/11/2024	03/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (other)		patient absconded from the ward leading to activation of PMVA and seeking support from the police.	Patient was brought by staff and escorted by police back to the ward. Patient was placed on holds and RT was administered. patient was not resistive at the time of the RT due to the Presence of the police Holds released soon after DMO reviewed patient.	process followed	Patient now at OOC PICU	None (no harm caused by the incident)	Closed
GHC79794	03/11/2024	03/11/2024	Watton Lawn- Priory Ward	Public Place / Office / Staff working from home (WFH)	AWOL, absconding and missing patients	Patient attempted to abscond	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		patient hitting out at staff attempted to place holds to stop		patient brought back to hospital	N/A	None (no harm caused by the incident)	Closed
GHC79792	03/11/2024	03/11/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		In the communal area Patient 2 was also trying to move the furniture and tried to touch patient (female) 2 legs . staff tried to redirect him . suddenly patient 1 grabbed patient 2 leg and hit her on right thigh area. patient 2 have a small red mark on right shin	Staff Alerted MDT . patient 1 wasn't releasing his hands from patient 2 leg. Therefore PBM clinical holding done and removed patient from the communal area to his bedroom. Patient 1 was given with PRN 0.5mg lorazepam orally with some effect.	Patient's current mental state- risks and care plans reviewed	NA	None (no harm caused by the incident)	Closed
GHC79797	04/11/2024	04/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient withdrawing otherwise dangerous behaviour	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was supported at chairs, opposite in the communal area, reassured that dementia are keep coming in to her flat and make her feel threatened at time. Reassurance was given, with good effect but doesn't last for longer time. Later she pop out naked several times more than 7 to the communal area, appeared as naked (stripped at her clothes)(having difficulty to put clothes on) and shouting at staff (responding). He re

DATIX8810	05/11/2024	05/11/2024	10	IHDT	Other (2+ Unit non-DHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		1 year clinical review held re patient at last review/ IM in order to review depot injection - in proportion to the risk of serious harm/illness if any undetected medical condition or known psychotic symptoms are not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		none required	none required	None (no harm caused by the incident)	Closed
DATIX8842	05/11/2024	05/11/2024	10	IHDT	Other (2+ Unit non-DHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		none required	none required	None (no harm caused by the incident)	Closed
DATIX8844	05/11/2024	05/11/2024	10	IHDT	Other (2+ Unit non-DHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Phlebotomy PBM clinical seated hold on patient in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required	None required	None (no harm caused by the incident)	Closed
DATIX8846	05/11/2024	05/11/2024	Watton Lawn-Kingsholm Ward	Watton Lawn-Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Staff offered service user K his bar depot at the tv lounge. Service user A was argumentative towards staff regarding the dose that he will be receiving. Staff explained that it has been prescribed by the doctor that is the correct dose to be administered. Service user A went off to his bedroom, again, Staff offered service user A his depot and service user A will not accept it. Service user A threatens us writ that he will fight the staff then throw a punch to	PMVA holds been implemented. Risperdal Consumaster Depot injection administered along will olanzapine 2 mg IM RT.	Patient was not willing to accept prescribed medication in form of depot. Much negotiation and encouragement offered, However patient remained firm in his view that he would not accept his depot medication. Staff proceeded with assistance from PMVA team as patient had threatened violence towards staff. Safeholds implemented and medications successfully administered.	Staff sought to encourage patient to accept depot, remained firm in view that he would not accept Therefore decision made to proceed with PMVA team to administer the required medications.	None (no harm caused by the incident)	Closed
DATIX8848	05/11/2024	05/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		The patient was heard on two different occasions, threatening to kill two patients on the ward while talking to someone on their phone.		On first occasion the patient was approached and was advised not to talk about other patients on the ward as this is confidential information and that it is a breach of privacy to talk about other patients without their consents. Furthermore, the patient was reminded that threatening to kill someone was a safeguarding issue and that the police would be informed. The patient was then heard threatening to kill the same patient whilst talking to someone on their phone. It was agreed that the patient's phone being removed from them. The patient was approached by staff and was requested to hand over the phone. This was after it was explained to them why they had to surrender the phone to staff. However, the patient refused with the phone and threatened to assault staff. PMVA team was called, and the patient was put on PMVA holds	Phone was removed for 24 hours. Appropriate phone use was discussed with the patient following this to avoid this incident from reoccurring. Patient was given their phone back after 24 hours, with an explanation of expectations around phone use while in hospital, which the patient understood and agreed with.	None identified.	None (no harm caused by the incident)	Closed
DATIX8860	06/11/2024	05/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self Harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		At 22:35 staff overheard banging sound coming from from patient's room. Two members of staff went to support the patient, found patient banging forehead against window grate while standing on ar bed. Moderate level head banging , staff made attempts to engage and to de-escalate the patient which went futile , put her on anti holds due to the intensity of head banging however she became resistive therefore released holds and activated psychiatric emergency. Team was called , reinstated holds and moved her onto pod ,staff tried to de-escalate whilst she was on pod , however she became resistive and aggressive to be dismed she was offered RT tablets which she refused therefore administered IM RT lorazepam 2mg in her right thigh at 23:53 with some effect. Staff observed her wounds, superficial abrasions noted on her forehead which has been covered with salt pore . DMO reviewed the patient.		Care plan and process followed	N-A	None (no harm caused by the incident)	Closed
DATIX8864	06/11/2024	06/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Monitored by PMVA team as patient strong in PBM in best interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required	None required	None (no harm caused by the incident)	Closed
DATIX8880	06/11/2024	06/11/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient distressed needing staff to hold his arms shooting	given food and staff sat with him	perhaps we could have taken him somewhere else where he is safe and not needing safe holds.	we have his routine in plan- seems calmer	None (no harm caused by the incident)	Closed
DATIX8886	06/11/2024	06/11/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient refused morning medication. Was agitated and angry heard to be shouting in his room mostly of a psychotic nature. Decision made to offer PRN - which was refused orally so IM administered with PBM we	to be discussed with nurses	If patient was distressed and escalating in his behaviour it should be given as RT unless there is a care plan specifying pro - I have checked the medication chart and it was given as RT	discussion with nurses about rt/prn	None (no harm caused by the incident)	Closed
DATIX8911	07/11/2024	06/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Patient was in the communal areas shouting and swearing at staff. Patient was asked to calm down as was going to sleep until she gets arrested by the police. Patient was also shouting that she was going to kill someone and wanted to be injected	Verbal de-escalation attempted with little affect Patient was encouraged to go her room, however , she declined and continued shouting and upsetting others As a last resort, patient was put in holds and escorted to her room. Verbal de-escalation was continued in patient communal area. In the end, Lorazepam 1mg IM was administered with good effect after a short while Patient continued to yell at the then behaviour and was heard saying that she will kill herself.	none	none	None (no harm caused by the incident)	Closed
DATIX8915	07/11/2024	06/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		22:25 – The patient was headbanging with low intensity in her bedroom against the window ward using the forehead. Furehead was bleeding. Staff entered the room, and the patient was approached but patient tried to pull the name tag, and stay tried to stop the same staff, but staff moved away. Patient then tried to push another fellow patient who was sat on a chair, but staff intervened and moved PBM holds to ease patient's risk to others, as patient was also trying to push the chair into the ward area busy as it was lunch time.	Verbal de-escalation attempted with little effect Patient was encouraged to go her room, however , she declined and continued shouting and upsetting others As a last resort, patient was put in holds and escorted to her room. Verbal de-escalation was continued in patient communal area. In the end, Lorazepam 1mg IM was administered with good effect after a short while Patient continued to yell at the then behaviour and was heard saying that she will kill herself. Nursing team decided to administer IM RT olanzapine 10 mg on right thigh. Although care was taken to check for scar tissues, there was high resistance on the syringe when the needle was inserted, and the needle was consequently bent going in. Thus, the needle was removed and changed to a new one and the RT was administered on a different site on the right thigh itself through the cloth. Patient continued to be resistive for a short while, but then calmed down and accepted the	care plan and process followed	N-A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATIX8918	08/11/2024	08/11/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by resident	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold on sofa. MCA and Best interest paperwork completed. HOT staff completed clinical hold using the least restrictive interventions possible however extended time in hold due to Phlebotomist struggling to take bloods. After several attempts decision made to break hold as no longer felt appropriate to continue hold.		None required	None required	None (no harm caused by the incident)	Closed
DATIX8942	09/11/2024	09/11/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Non-standard hold	patient encouraged to sit on floor during PBM holds for short period of time	Patient escalated attempted to assault others, staff were redirecting verbally and standing in the way trying to slow doors, patient assalted further and pushed staff member against the wall, approached her patient tried to pull the name tag, and stay tried to stop the same staff, but staff moved away. Patient then tried to push another fellow patient who was sat on a chair, but staff intervened and moved PBM holds to ease patient's risk to others, as patient was also trying to push the chair into the ward area busy as it was lunch time.	verbal redirection, non standard holds and non standard prone led down on the pad.	resident reviewed. resident dealt with appropriately and proportionately. No staff in line with this patient's care plans and the level of risk he was presenting with at the time.	Staff-managed situation with care and compassion taught to verbally de-escalate, however decision made to escalate to PBM holds and administer medication as a means of restricting safety and reduce agitation of patient.	None (no harm caused by the incident)	Closed
DATIX9069	09/11/2024	07/11/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient entered another patients bedroom whilst distressed, RN10 and TCAP removed patient to his bedroom.	Two person removal utilised to maintain safety of both patients, RN10 on left arm, TCAP on right arm.	care plan and risk assessment reviewed	Patient is unwell and can at times become distressed	None (no harm caused by the incident)	Closed
DATIX9152	08/11/2024	08/11/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM seated clinical hold on patient in their Best interest, in proportion to the risk of serious harm if essential medical procedure is not completed - depot medication administration to treat ongoing health condition.	Carers aware of how the procedure would take place and what monitoring would be used to safe guard the patient. MCA and BI documents previously completed Clinical hold implemented in a controlled manner following risk assessment in order for the medical procedure to take place - 3 person PBM seated clinical hold was safe to do so in patient's home environment. No adverse effects of IM medication in right thigh. Monitoring of physical and emotional wellbeing.	None required	None required	None (no harm caused by the incident)	Closed
DATIX9218	08/11/2024	08/11/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by resident	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold on sofa. MCA and Best interest paperwork completed. HOT staff completed clinical hold using the least restrictive interventions possible however extended time in hold due to Phlebotomist struggling to take bloods. After several attempts decision made to break hold as no longer felt appropriate to continue hold.		None required	None required	None (no harm caused by the incident)	Closed
DATIX9242	09/11/2024	09/11/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Non-standard hold	patient encouraged to sit on floor during PBM holds for short period of time	Patient escalated attempted to assault others, staff were redirecting verbally and standing in the way trying to slow doors, patient assalted further and pushed staff member against the wall, approached her patient tried to pull the name tag, and stay tried to stop the same staff, but staff moved away. Patient then tried to push another fellow patient who was sat on a chair, but staff intervened and moved PBM holds to ease patient's risk to others, as patient was also trying to push the chair into the ward area busy as it was lunch time.	verbal redirection, non standard holds and non standard prone led down on the pad.	resident reviewed. resident dealt with appropriately and proportionately. No staff in line with this patient's care plans and the level of risk he was presenting with at the time.	Staff-managed situation with care and compassion taught to verbally de-escalate, however decision made to escalate to PBM holds and administer medication as a means of restricting safety and reduce agitation of patient.	None (no harm caused by the incident)	Closed
DATIX9069	09/11/2024	07/11/2024	Watton Lawn-Kingsholm Ward	Watton Lawn-Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Service user remains in communal area shouting, demanding for cigarettes, swearing , verbally hostile towards staff, not accepting any type redirection or reassurance as well as making call to police from the payphone.	Staff tried to provide lot of reassurance and redirection, but service user was not at all accepting any . In order to manage the situation requested for PMVA support and administered RT.	Patient escalating and becoming aggressive towards staff and other patients/visitors, reassurance and redirection unable to respond. As risks were increasing decision reached to call PMVA team, staff implemented safeholds and administered medication to aide patient to calm and regain control.	Staff followed care plan and risk management plan.	None (no harm caused by the incident)	Closed
DATIX9075	10/11/2024	10/11/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Seated (POD used)		Patient was becoming more heightened in mood and grabbed and assaulted 2 members of staff causing bruising to their arms (photographs taken by Ward Staff nurse's Lanyard (Double snap points on it). Staff (PCA) tried to de-escalate. However, unable to do so in patient thought that the HCA had attacked her in the past and that the staff member was hurting her daughter.	Patient was initially in the communal area shouting and swearing at staff. Staff attempted verbal de-escalation and grounding techniques but PMVA team was already in the ward for another patient 17:15 - She was put in holds. Seated POD and leg cushion was also used. 17:20 - PMVA tablets however she refused. STAT IM Promethazine 50 mg was administered under holds. 17:25 - Holds were released one by one.	Mental state, risks and management plan reviewed Long term risk of self harm Trigger for incident identified Care plans in place Self Harm Pathway and psychological interventions available	Staff to ensure escalating/aggressive behaviours are documented to devise a MG plan	None (no harm caused by the incident)	Closed
DATIX9076	10/11/2024	10/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		17:15 - While staff was dealing with another emergency situation on ward , staff overheard headbanging sound from her room . Service user was seen to be headbanging in her room with back of her head with earphones and vapes at low intensity.	Attempted verbal de-escalation and grounding techniques but PMVA team was already in the ward for another patient 17:20 - She was put in holds. Seated POD and leg cushion was also used. 17:25 - PMVA tablets however she refused. STAT IM Promethazine 50 mg was administered under holds. 17:35 - Holds were released one by one.	care plan and process followed	N-A	None (no harm caused by the incident)	Closed
DATIX9095	10/11/2024	10/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient heard to be headbanging in her room on the floor	Attempted to engage verbally but unsuccessful - Patient moved to bed and sat in seated holds PMVA team called Patient was extremely resistive and was attempting to turn back on the bed to hit the wall Patient was attempting to lower herself to the floor Patient was trying to hit her head on her knee Patient was trying to tighten her t shirt around her neck IN cushion used Oral Promethazine offered but declined twice Verbal de-escalation and prompt cycle followed Right Sarm used STAT IM given 10mg Lorex RT IM administered in L thigh under holds, be bath used to better effect verbal deescalation and support continued Patient could independtly use toe bath Holds released team released verbal support continues PRN promethzine requested debrief given Bed low RT and Neuro obs commenced painkillers offered ok reviewed debrief given, patient left on the bed, monitored by	Risks and management plan reviewed Care plan to be reviewed with patient Trigger for incident identified Psychological therapies available	N/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATIX9096	10/11/2024	10/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Escort		At approximately 16:40, Patient began exhibiting escalating behaviour. She entered the communal area dressed inappropriately. Staff redirected her back to her bedroom; however, she remained the same. Upon seeing another resident, Patient directed inappropriate verbal remarks of a sexual nature towards the peer, escalating tensions in the ward. She subsequently moved to the female corridor, where she attempted to barricade herself and obstruct the passageway. Staff utilized verbal de-escalation techniques, encouraging Patient to return to her bedroom. DMO was notified, and he advised that he would conduct a review of the situation. During the review, conducted in the presence of S/N, patient began to further escalate threatening the DMO and raising a fist. Other staff came to check and patient barricaded the door not letting anyone in or out.	Attempted verbal de-escalation and grounding techniques but she was not ready to stop Used support PMVA team called. PMVA team was called and she was put in holds. Seated POD and leg cushion was also used.Holds were released one by one waiting for doctor to prescribe RT inorder to prevent further harm. As soon as holds were released , she again went to bed started to headbang. 16:50 - She was again put in holds(seated clinical hold) She was very resistive trying to twitch her arms . 16:55 - Offered oral tablets but she didn't responded to it. Administered RT lorazepam 2mg with holds.	Risks and management plan reviewed Care plan to be reviewed with patient Trigger for incident identified Psychological therapies available	N/A unwell	None (no harm caused by the incident)	Closed
DATIX9097	10/11/2024	10/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Service user was seen to be headbanging in her room with back of her head at moderate intensity with vapes and earphones on.	Attempted verbal de-escalation and grounding techniques but she was not ready to stop Used support PMVA team called. PMVA team was called and she was put in holds. Seated POD and leg cushion was also used.Holds were released one by one waiting for doctor to prescribe RT inorder to prevent further harm. As soon as holds were released , she again went to bed started to headbang. 16:50 - She was again put in holds(seated clinical hold) She was very resistive trying to twitch her arms . 16:55 - Offered oral tablets but she didn't responded to it. Administered RT lorazepam 2mg with holds.	care plan and process followed	N-A	None (no harm caused by the incident)	Closed
DATIX9100	10/11/2024	10/11/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Seated (other)		Attempts for personal care for patient after each instalment of urine on the slurry shift, several attempts were made by NIC and HCAs to encourage for a wash or shower which he didn't accept After several attempts, nursing decision agreed to utilise PBM holds to support him on to the shower.	Staffs stands off from patient after patient was settled on the shower chair to give personal care.	Managed appropriately as per PBM personal care plan	Managed appropriately	None (no harm caused by the incident)	Closed
DATIX9110	11/11/2024	11/11/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		patient was incontinent of urine soaking wet .patient assisted to the shower personal care .	staffs assisted was and change followed safe holding	all actions followed risks reviewed	NA	None (no harm caused by the incident)	Closed
DATIX9124	11/11/2024	11/11/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		Supine hold on the bed in order to safely take bloods, rn patients best interest		None required	None required	None (no harm caused by the incident)	Closed
DATIX9125	11/11/2024	11/11/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on rn patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DATIX9130	11/11/2024	11/11/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		Patient was mobilising in the communal area, approached her patient tried to pull the name tag, and stay tried to stop the same staff, but staff moved away. Patient then tried to push another fellow patient who was sat on a chair, but staff intervened and moved PBM holds to ease patient's risk to others, as patient was also trying to push the chair into the ward area busy as it was lunch time.	PBM holds used on patient's arm to escort to her room. Holds released when reached in the room. Patient given time to settle down. Had 1:1 time with the nurse. Once patient settled offered her lunch which she accepted.	Managed appropriately	NA	None (no harm caused by the incident)	Closed
DATIX9137	11/11/2024	11/11/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from ward/ custody	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Patient had locked the door open to get into the courtyard garden, staff gave him space to de-escalate, patient then attempted to break through courtyard doors, patient refusing to come in and continued to try to open locked doors.	Two colleagues used to escort patient back into the ward and to his bedroom. Patient continued to attempt to destabilise staff, acting against tables and doorways. Rapid tranquilisation drawn up and administered Staff broke away and gave patient time to de-escalate.	All correct actioned followed patient medication reviewed and reviewed	NA	None (no harm caused by the incident)	Closed
DATIX9148	11/11/2024	11/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	AWOL, Absconding and missing patients	Patient returned to ward/unit	13 - Lawfully administer medicines or other medical treatment	Unplanned	PMVA (physical intervention)	Standing		Patient was seen to go to fence on corridor next to activate a payment card at the cash point. Patient appeared settled and polite on interaction on the ward. Patient was observed using the card at the cashpoint Patient decided to run. Patient sprinted along London road, down towards the train station. Staff 1 and Staff 2 followed, Staff 1 was unable to keep up with patient and was left behind. Staff 2 & 3 in the train station car park with Staff 2 and kept in the car park until help from the unit arrived. PMVA holds were not used, however patient was given a reassuring hand. Upon arrival of the PMVA team, patient walked into the car and taken back to the unit by staff. Patient arrived back to the ward. Patient was irritable and was argumentative. Staff offered oral medication, however patient refused. Patients Depo medication was due and patient was refusing to take it saying that it is poison. Patient		Risk assessment reviewed. Patients escorted leave was suspended, pending review. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.	None (no harm caused by the incident)	Closed
DATIX9160	12/11/2024	11/11/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Personal care (standing)		A female patient was incontinent of urine and staff were supporting with personal care. Patient became disoriented and attempted to assault staff members. Patient attempted to hit staff using shower chair.		Managed appropriately Mdt plan to be formulated/case discussion	NA	None (no harm caused by the incident)	Closed
DATIX9161	12/11/2024	12/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Escort		Service user was unsettled from the start of the shift. At around 00:15 , She was seen to be shouting , banning and screaming through the corridor . She was knocking other patients room and tried to enter another room.	stated that she won't move from there , ust refrain of [redacted] constantly saying name of another fellow peer [redacted] She was encouraged to get inside her room but she refused. Decision made to activate PMVA. 00:25 PMVA team was called and she was moved	calmly and process followed to support patient	N-A	None (no harm caused by the incident)	Closed
DATIX9164	12/11/2024	11/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Patient being verbally and physically aggressive to staff (see DATIX10). Ironwalking in their personal space and when asked to step back lunged forward and tried to push them. Staff intervened by placing	Staff intervened and assisted patient back to their room - patient compliant	none	none	None (no harm caused by the incident)	Closed
DATIX9167	12/11/2024	12/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal areas shouting and swearing at staff. Patient was asked to calm down as was going to sleep until she gets arrested by the police. Patient was also shouting that she was going to kill someone and wanted to be injected	Attempted verbal de-escalation but she was not ready to engage . PMVA team was called and she was put in holds (seated) from communal area back to her room.	RT policy supported along with patient	Just been started on Olanzapine, with the aim to reduce the amount of RT this lady is receiving	None (no harm caused by the incident)	Closed
DATIX9172	12/11/2024	11/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self Injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Standing		Patient found self-harming in the shower	Encouraged to handover x2 razor blades. Duty Dr reviewed. Ambulance was called, arrived at 23:00hrs At 23:15 patient restrained into chair for transfer by ambulance to QAH	patient no long required PMVA when in the vehicle	Mechanical restraint is not advised, this was not for a limb.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATIX9175	12/11/2024	11/11/2024	Patient's own home	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		Patient was in communal area and was assisted to bed/ interest. Clinical hold required. POD utilised. Patient encouraged to sit on POD by home staff patient declined and attempted to leave. Assisted support to take patient to the POD by HCA and DML. Patient was initially in the communal area and was in push POD under patient, but the slide of POD came floor. Seated hold utilised on the floor and patient		None required	None required	None (no harm caused by the incident)	Closed
DATIX9212	12/11/2024	12/11/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		patient hitting out at staff resulting in plan blocks. for patients safety staff implemented plan removal from toilet to patients flat	Staff used PBM removal from toilet to patient's own flat .	Staff involved contacted and asked to provide a statement outlining the events leading up to and including the PBM removal of this patient from an area he should not have had access to. Staff to be reminded/supported in the seriousness of not adhering to local procedures that are in place to keep everyone safe. For discussion in Safety Huddle today 13th November 2024. Agenda item for next staff meeting 25th November 2024.	That pre and post trips checks for this patient may have not been completed leading to this incident. Lead to all staff to remind them of the seriousness of not adhering to local procedures that are in place to keep everyone safe.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATIX9224	13/11/2024	12/11/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was in the communal area trying to leave ward. Grabbing staff arms and lanyards High profile in communal area , grabbing other patients Unsettled in mental state - escorted to room , put self to floor .	IM RT lorazepam 1mg	Patient required restrictive practice to maintain their safety. Patient no longer an inpatient	n/a	None (no harm caused by the incident)	Closed

DATIX7930	13/11/2024	13/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	27 - Prevent the patient exhibiting otherwise dangerous	Planned	PMVA (physical intervention)	Supine (face up)		Patient was agitated and displaying aggressive behaviour in the communal areas. Their speech was pressured and behaviour irrational. Patient was difficult to redirect and was not responding to verbal de-escalation from Staff.	Staff attempted to verbally deescalate them but patient was irrational in behaviour, they were shouting and difficult to engage with. PMVA team was called and patient was supported back to their room. Rapid tranquiliser was administered	none		none		None (no harm caused by the incident)	Closed
DATIX7931	13/11/2024	13/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		keep pushing the doors and coming in to the handover room. Patient verbalised that " Patient believes that her family is in danger". Staff reassured patient that they will be contacting her family and family soon after the handover. Patient was observed to understanding the the redirection but was high in mood and unmet stay calm. Patient also stripped her clothes in the communal area, and shouting loudly at the others. Patient was taken back to room in halls but observed as keep coming out and chants, shouting.	Pat in halls and returned back to room. Already Timed out of PMV and RT.	none		none		None (no harm caused by the incident)	Closed
DATIX7934	13/11/2024	13/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient was agitated and attempted to abscond from the ward, was unable to say the reason why, need holds to return.	Taken back to room.	none		none		None (no harm caused by the incident)	Closed
DATIX7976	13/11/2024	13/11/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self Harm / Sift injuries Behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was in her bedroom , staff heard her headbanging from her bedroom	Female staff obtained and external room patient was sitting on the floor, banging her head against the wall. Attempted to verbally deescalate. She started banging her head on the floor . 2 Staff managed to take her to the bed and sit in holds She started banging her head on her Knee. Ice bowl and Eiger Balm arrived in room and offered to the effect Team called and AL Cushion used De-escalation and grounding techniques tried but no effect. De-escalation and grounding techniques carried on while using ice bowl and ice pack She requested for promethazine staff administered 25 mg orally. (PRN) Staff offered grounding techniques and reassurance, ice bowl used Patient began to engage and started to discuss	Mental state, risks and management plan reviewed Self harm risk identified, offered self harm pathway Self harm care plan to be reviewed Psychological interventions available to patient	n/a				Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATIX7979	13/11/2024	13/11/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient exhibiting otherwise dangerous	Planned	PBM (physical intervention)	Personal care (standing)		patient very unsettled banging onto patients and staff. Repetitive and distressed. other patients becoming agitated as a result of this too	patient taken to their bedroom to devastate situation	placed on enhanced observation when having vacant moments		NA		None (no harm caused by the incident)	Closed
DATIX7930	14/11/2024	14/11/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Self harm / Sift injuries Behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient squatted and was head banging on the wall in the room	Patient was reassured and redirected while on single to bed. Meanwhile ice water bowl was offered to dip face	Mental state, risks and management plan reviewed Self harm care plan to be reviewed with patient Self harm pathway and psychological interventions available		n/a		None (no harm caused by the incident)	Closed
DATIX7935	14/11/2024	14/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Escort		1st incident @2:30p service user began to escalate, started shouting in communal area , rude towards staff and challenging staff. 2nd incident @2:50p she again came into communal area shouting and screaming , dancing , dressing inappropriately,	ready to engage. Staff encouraged her to go back to her room but she declined , started to shout in communal area, stood infront of the kitchen.She stated that she won't stop and will not go back to her room. She was in the PMVA holds and was moved from communal area to her room. Staff tried to verbally de-escalate her .She asked for supper and get which was given . 2nd incident She was again put in holds and was moved from communal area to female TV lounge . She was in the PMVA holds for sometime and then returned back to her room .	SUPPORTED PATIENT FOR DIGNITY	PATIENT VERY UNWELL			None (no harm caused by the incident)	Closed
DATIX7937	14/11/2024	07/11/2024	Watton Lawn-Dean Ward	Watton Lawn-Dean Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient exhibiting otherwise dangerous	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was banging the window in the bedroom with intention to break the glass. Staff tried to stop her from doing so but patient was unable to be held and IM promethazine 50 mg administered		Mental state and management plan reviewed Trigger for incident identified Care plans in place Patient reminded criminal damage will be reported		n/a		None (no harm caused by the incident)	Closed
DATIX7939	14/11/2024	13/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient had been verbally and racially abusive towards staff. This happened to have started during the handover. Patient was demanding that staff should order XYZ for him which was facilitated. Patient ate the food, once he finished, he started shouting racial slurs towards staff and was verbally detained and is an informal patient. Patient began to bang windows, charging towards staff in attempt to assault. Patient was swinging his arms on several occasions. He threw his high-vis jacket, shoes and cup at staff. He also attempted to throw a chair at staff which resulted in a restraint. Patient carried on with the same presentation from 10pm-1am. He continued charging towards staff in attempt to assault, verbally abusive staff. Patient was also rolling in the floor,	Patient was placed in holds, he had already had pro-pium.	Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.			None (no harm caused by the incident)	Closed
DATIX7935	14/11/2024	14/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient began headbanging	Verbal de-escalation attempted PMVA called and RT administered	care plan and process followed		N.A		None (no harm caused by the incident)	Closed
DATIX7933	15/11/2024	14/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		THE SERVICE USER WAS AGGRESSIVE AND TRYING TO ASSAULT STAFF AS THE WARD. A PMVA TEAM WAS CALLED IN ORDER TO RESTRAIN HIM, BUT WAS UNSUCCESSFUL AS HE BECAME VERY VIOLENT TO STAFF. HE WAS GIVEN PF HALOPERIDOL DATE, INJECTION ON HIS RIGHT THIGH AND THEN ESCORTED TO THE TV LOUNGE	Verbal de-escalation attempted PMVA called and RT administered Paced boundaries. Activated psychiatric emergency. Attempted verbal de-escalation. PMVA called. Used PMVA holds. RT given. Observation started. Debrief completed.	Patient has become aggressive towards staff, with efforts to strike staff members and non-response to verbal de-escalation. PMVA called from the team as a means of managing situation. Safe holds implemented to reduce risk of patient hurting others, medication administered, with debrief, observations completed following.	Staff asked to maintain safety. Verbal de-escalation delivered reflective, staff followed care plan and risk management plan.			None (no harm caused by the incident)	Closed
DATIX7934	15/11/2024	15/11/2024	Watton Lawn-other inside	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was in the communal area, near to the front entrance. Patient was asked by staff to leave as staff explained the current situation that she is under a section and no leave in place. She also assaulted several staff in near-time. Patient was not receptive of the information and keep shouting and demanding to leave. Started to verbally abuse staff, invade the personal space in an attempt to threaten and assault staff. PMVA team was called and on arrival PMs started verbal de-esc, which declined.	Verbal de-escalation attempted PMVA called and RT administered Patient placed in clinical holds. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to report this to the police, should they wish to do so.	None identified.			None (no harm caused by the incident)	Closed
DATIX7931	15/11/2024	14/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was asaulting and further attempting to assault staff. Patient was placed in PMVA holds and held using PMVA techniques on both arms. Patient dropped himself to the floor where he continues to attempt to assault. Staff then restrained his arms and legs to avoid any further assaults.						None (no harm caused by the incident)	Closed
DATIX7932	14/11/2024	14/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal area, appeared to have a chat with staff. Suddenly became agitated and went to the kitchen where he took a knife and started to throw them again started to shout and bang the door. Put patient on safe holds to redirect back room.	Redirected	none		none		None (no harm caused by the incident)	Closed
DATIX7917	14/11/2024	14/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	30 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (POD used)		patient was very disruptive and chaotic, was severely disinhibited, in communal areas. Repeatedly coming out and invading personal space of others. Redirection was futile	She was escorted to her bedroom in arm holds. Placed on the pad to facilitate IM administration IM lorazepam injection 2mg administered due to escalating presentation	to support patient in protecting dignity and thoughts	n/a patient very unwell			None (no harm caused by the incident)	Closed
DATIX7924	14/11/2024	14/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		interest in order to receive vaccination injections. Patient was in the PDO in order to receive the serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure. And, at the same time: PBM clinical assist held on patient on POD in bed interest in order to receive dental check up from serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7925	14/11/2024	14/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Seated clinical held on the POD in order to receive Covid19 and Flu vaccinations and a dental check up in patients best interest.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7928	14/11/2024	14/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7931	14/11/2024	14/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated held on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7939	14/11/2024	14/11/2024	ID inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient was in her bedroom and was observed entering the kitchen the named patient attempted to grab staff member, one person PBM assisted support implemented to redirect out of the kitchen into the lounge area.	As above, staff used PBM technique to ensure their safety and the patient's safety .	Incident reviewed. Incident dealt with appropriately and in line with this Care plan in place Further discussion and review in weekly MDT.	Staff acted in aware of and able to use the correct planned interventions from this patient's care plan, including her PBS Plan. 1. That this patient's unpredictability means she remains a risk to others.			None (no harm caused by the incident)	Closed
DATIX7941	14/11/2024	14/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated held on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7942	14/11/2024	14/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal area high profile and chaotic. Patient was demanding for certain things and was shouting aggressively towards staff and was short fitting out at staff. Patient got in to staffs personal space and stated shooting. Patient swinged a punch towards staff member, which did not made any contact as staff moved quickly. Patient continued to swing his arms at who ever is in front of him. Patient managed to kick staff in there groin area. Patient was placed on PMVA holds. Patient was taken to bedroom on PMVA holds. Patient was quite resistive on holds attempting to hit staff. Patient was placed on seated holds on his bed. IM RT medication was administered.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised that they would be supported to report this to the police, should they wish to do so.	None identified.			None (no harm caused by the incident)	Closed
DATIX7945	14/11/2024	14/11/2024	ID inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Named patient was presenting as unsettled in mood, grabbed at staff member PBM triple person Assisted Clothes grab used, then two person assisted support	As above, PBM techniques implemented to ensure the safety of the patient and those staff working with her.	Incident reviewed. Staff acted appropriately and proportionately to the risk presented. They followed care planned interventions. Risk assessment, discussion and review at weekly MDT.	1. That staff are aware of and able to use the appropriate and proportionate responses to risky situations. 2. That this patient remains a risk to others.			None (no harm caused by the incident)	Closed
DATIX7938	14/11/2024	14/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Person 1 (patient) continued to present as extremely chaotic, restless, verbally abusive, swearing at staff and RT charged towards staff attempting to assault staff. PMVA techniques required, followed by RT administration.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.			None (no harm caused by the incident)	Closed
DATIX7933	14/11/2024	14/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Person 1 (patient) has been chaotic and maintained a high profile in the ward. While in communal areas, Person 1 charged towards staff being verbally abusive and with intentions to assault staff members. PMVA holds was applied to redirect Person 1 to his room. Person 1 required PMVA holds in seated position in his bedroom.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.			None (no harm caused by the incident)	Closed
DATIX7958	15/11/2024	14/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Patient exploded, shouting, stripping clothes and spitting in communal areas, staff attempted to de-escalated without success. Patient has earlier offered oral RT around 05:00hrs and spat out.	PMVA called, restrained IM RT administered.	SUPPORTED PATIENT DIGNITY	n.a			None (no harm caused by the incident)	Closed
DATIX7981	15/11/2024	14/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self Harm / Sift injuries Behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was observed head hanging.	Staff attempted to evaisite without sussess. PMVA team called and RT administered with good effect.	care plan and process followed		N.A		None (no harm caused by the incident)	Closed
DATIX7963	15/11/2024	14/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient was in the communal areas banging on the nursing station windows. Dr Joseph was leaving where he approached him asking for money from his safe. Staff responded that they didn't have access to the safe as they were leaving to go home. Patient then attempted to leave the ward and was unable to throw a punch. During this patient was verbally abusive towards and using derogatory language. Staff tried to verbal deescalate, placing firm boundaries, he dropped his weight on the floor and attempted to kick staff. Staff removed shoes due to him kicking.	Patient placed in clinical holds.	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised they would be supported to	None identified.			None (no harm caused by the incident)	Closed
DATIX7967	15/11/2024	14/11/2024	Watton Lawn-other inside	Watton Lawn-Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Standing		Patient attempted to leave the ward staff tried verbal deescalation patient continued with the same verbally abusive towards staff ,started to push the door	Staff utilised PMVA holds and took the patient to bedroom .Verbal de-escalation continued .Offered PRN but patient declined.	none		none		None (no harm caused by the incident)	Closed
DATIX7984	15/11/2024	15/11/2024	Watton Lawn-other inside	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was trying to touch male peer all the while saying they wanted to marry them while male peer was trying to avoid the unwanted attention. Patient then distracted by female HCA walking to male corridor watch chair and once there called another female HCA "you Polish bitch". Patient not accepting of verbal de-escalation, taunting, swearing and threatening staff. Patient taken into escorted PMVA holds back to their room when HCA tripped over a chair causing patient and HCA in holds to fall to the floor. Patient dragged HCA over floor and kicked HCA in right leg while on floor. Patient then "bum shuffled" to female bedroom where they remained on floor while shouting "I have" glaaring at staff pubic area) "the I did to you last night". Patient got up unaided and held on to corridor fire door handles, refusing calls de-escalation.	Verbal de-escalation utilised to no effect. Patient in escorted to 2:1 PMVA holds and then seated PMVA holds (on bed) with use of PMVA cushion. Patient administered RT lorazepam 1 mg IM to outer right thigh as clinically indicated and to some effect. PMVA team called (unplanned) - self attempt at 1845 2 when patient were settled. MHO requested to complete review.	HIC checked on HCA welfare and HCA okay Policy followed with RT Debrief and supported		N/A patient unwell		None (no harm caused by the incident)	Closed
DATIX7985	15/11/2024	15/11/2024	ID inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Named patient was presenting as unsettled in mood, grabbed at staff member PBM single person Assisted Support used to redirect patient out of kitchen area.		Incident reviewed. Staff acted appropriately and proportionately to the risk presented. They followed care planned interventions.	1. That staff are aware of and able to use the correct planned interventions from this patient's care plan, including her PBS Plan. 2. That this patient remains a risk to others.			None (no harm caused by the incident)	Closed
DATIX7987	15/11/2024	15/11/2024	Ch HOT	Gloucestershire Royal Hospital	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		NONE REQUIRED	NONE REQUIRED			None (no harm caused by the incident)	Closed
DATIX7968	16/11/2024	15/11/2024	Watton Lawn-Priory Ward	Watton Lawn-other inside	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		Patient Hard to be head banging - low level and rhythmic. Nursing staff attempted an intervention, patient was not receptive and continued to bang. Patient in verbal de-escalation and was all her use hands to re-direct. PMVA team was called. Due to Patient continuing to not engage, being verbally aggressive towards staff and refusing to be leading staff away from staff, Patient was taken into seated PMVA holds as care planned (nursing staff attempted other calming techniques of soft drink,	NEWS 2 taken and recorded x 3 due to low BP - please refer to NEWS 2 chart. PMVA team and observations commenced and handed over to Night shift to complete. MHO informed of incident and Review requested	Care plan and process followed.	N/A			Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DATIX7967	17/11/2024	16/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self Harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was headbanging. Efforts to engage her was futile.	Verbal de-escalation and redirection. Placed boundaries. Activated psychiatric emergency. Attempted verbal de-escalation. PMVA called. Used PMVA holds. RT given. Observation started. Debrief completed.	MANAGED WELL	N.A			None (no harm caused by the incident)	Closed
DATIX7974	17/11/2024	16/11/2024	Charlton Lane-Willow Ward	Charlton Lane-Willow Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Patient had been off baseline, becoming suspicious of staff, seeking exits and making verbal threats towards staff. Several staff attempted PBN medications throughout the afternoon but having no effect. Due to the escalation of behaviour displayed by patient, it was decided a best interest to utilise RT on.	Risk assessment reviewed. PBM was disengaged. Whilst staff were still sitting next to her, Patient began bleeding from her injection site. Staff applied pressure and requested help. The patient then assaulted the nurse (see separate datix) Duty Dr has been called. Non touch obs have been	RT Non-contact physical obs Discussed with duty Dr	Managed appropriately Staff to record escalating/aggressive behaviour on RMS chart			None (no harm caused by the incident)	Closed
DATIX7969	17/11/2024	16/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal area, appeared to have a chat with staff. Suddenly became agitated and went to the kitchen where he took a knife and started to throw them again started to shout and bang the door. Put patient on safe holds to redirect back room. Patient was asaulting and further attempting to assault staff. Patient was placed in PMVA holds and held using PMVA techniques on both arms. Patient dropped himself to the floor where he continues to attempt to assault. Staff then restrained his arms and legs to avoid any further assaults.	Redirected	none		none		None (no harm caused by the incident)	Closed
DATIX7970	17/11/2024	16/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	30 - Prevent the patient absconding from lawful custody	Planned	PMVA (physical intervention)	Seated (POD used)		patient was very disruptive and chaotic, was severely disinhibited, in communal areas. Repeatedly coming out and invading personal space of others. Redirection was futile	She was escorted to her bedroom in arm holds. Placed on the pad to facilitate IM administration IM lorazepam injection 2mg administered due to escalating presentation	to support patient in protecting dignity and thoughts	n/a patient very unwell			None (no harm caused by the incident)	Closed
DATIX7924	16/11/2024	16/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		interest in order to receive vaccination injections. Patient was in the PDO in order to receive the serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure. And, at the same time: PBM clinical assist held on patient on POD in bed interest in order to receive dental check up from serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7925	16/11/2024	16/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Seated clinical held on the POD in order to receive Covid19 and Flu vaccinations and a dental check up in patients best interest.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7928	16/11/2024	16/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated held on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7931	16/11/2024	16/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated held on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7939	16/11/2024	16/11/2024	ID inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Patient was in her bedroom and was observed entering the kitchen the named patient attempted to grab staff member, one person PBM assisted support implemented to redirect out of the kitchen into the lounge area.	As above, staff used PBM technique to ensure their safety and the patient's safety .	Incident reviewed. Incident dealt with appropriately and in line with this Care plan in place Further discussion and review in weekly MDT.	Staff acted in aware of and able to use the correct planned interventions from this patient's care plan, including her PBS Plan. 1. That this patient's unpredictability means she remains a risk to others.			None (no harm caused by the incident)	Closed
DATIX7941	16/11/2024	16/11/2024	Ch HOT	Residential care home	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated held on a patient in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required		None required		None (no harm caused by the incident)	Closed
DATIX7942	16/11/2024	16/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient was in the communal area high profile and chaotic. Patient was demanding for certain things and was shouting aggressively towards staff and was short fitting out at staff. Patient got in to staffs personal space and stated shooting. Patient swinged a punch towards staff member, which did not made any contact as staff moved quickly. Patient continued to swing his arms at who ever is in front of him. Patient managed to kick staff in there groin area. Patient was placed on PMVA holds. Patient was taken to bedroom on PMVA holds. Patient was quite resistive on holds attempting to hit staff. Patient was placed on seated holds on his bed. IM RT medication was administered.		Risk assessment reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Staff member advised that they would be supported to report this to the police, should they wish to do so.	None identified.			None (no harm caused by the incident)	Closed
DATIX7945	16/11/2024	16/11/2024	ID inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Assisted support		Named patient was presenting as unsettled in mood, grabbed at staff member PBM single person Assisted Clothes grab used, then two person assisted support	As above, PBM techniques implemented to ensure the safety of the patient and those staff working with her.	Incident reviewed. Staff acted appropriately and proportionately to the risk presented. They followed care planned interventions. Risk assessment, discussion and review at weekly MDT.	1. That staff are aware of and able to use the appropriate and proportionate responses to risky situations. 2. That this patient remains a risk to others.			None (no harm caused by the incident)	Closed
DATIX7938	16/11/2024	16/11/2024	Watton Lawn-Greyfriars PCU	Watton Lawn-Greyfriars PCU	Restrictive interventions, inc. PBM / PHVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Person 1 (patient) continued to present as extremely chaotic, restless, verbally abusive, swearing at staff and RT charged towards staff attempting to assault staff.

												2 PIR incident 16:03, Service user appeared quiet unsettled in the communal areas, shouting and screaming. She was verbally abusive towards staff, has threatened to hit staff and has been observed to have clothes removed her top. Staff has tried to redirect her and verbal de-escalation has been done to no effect. Staff utilised restricted escort back to her bedroom. PMVA was activated Rapid Tranquilisation Offered oral RT promethazine 50mg tablets but she again it was, RT promethazine 50mg injection was administered intramuscularly at right lateral thigh, Non-touch observation started. Reviewed by DMO Second incident - fourth incident = PMVA restricted holds, 16:30, 18:15, 18:25, Service user has constantly coming back to the communal areas, very chaotic, shouting and screaming, verbally abusive towards staff, sexually disinhibited. Went down to male lounge and was sexually disinhibited towards male	PMVA activated Restricted escort utilised Rapid tranquilisation administered	process followed to support patient	N/A	None (no harm caused by the incident)	Closed
DHC79527	18/11/2024	18/11/2024	Watton Lawn- Priory Ward	Watton Lawn- other inside	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Unlawful restrictive intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		PT stared to head bang outside the front doors of Priory ward.	De-escalation techniques used verbally. No effect. PMVA teams called and RT IM promethazine administered.	Care plan and prosss followed	N A	None (no harm caused by the incident)	Closed
DHC79530	18/11/2024	17/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- other inside	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Unlawful restrictive intentional harm to themselves	Unplanned	PMVA (physical intervention)	Escort		Patient poured shower solution into a cup and tried to drink, though she was advised not to repeat such activity she tried to do the same by grabbing another cup and added vaping solution also with shower solution.	PMVA and HCA intervened and refrained her from the activity, put holds and moved her to another room which was empty.	none	none	None (no harm caused by the incident)	Closed
DHC79533	18/11/2024	18/11/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient become increasingly volatile, chaotic, and attempted to assault staff on numerous occasions. Staff had to intervene physically and put the patient in seated holds in short in communal areas, and shortly released. Patient then continued to attempt and charge at staff, placed in holds and dropped weight to the floor and remained in holds while RT IM could be administered.	Risk assessments reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DHC79569	18/11/2024	18/11/2024	Cranford Health Centre (community physical health)	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			Unnecessary new clinical harm to the patient in the form of unwanted medical interventions, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure. AND PBM clinical seated hold on patient in best interest in order to receive Flu vaccinations injection from practitioner, in proportion to the risk of serious harm if any undetected medical condition is not treated and in standard precautions against illness. MCA/BI and Proportionality paperwork previously completed prior to procedure. Both above administered at same time.		None required	None required	None required	None (no harm caused by the incident)	Closed
DHC79577	18/11/2024	18/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		patient was in communal areas where she kept attempting to get out the ward through the main doors, staff were blocking the exit. Knocking on the office door very aggressively, patient then began to target a HCA 1. Calling the HCA 1 fat bruiter, becoming quiet threatening and accusatory towards the HCA 1 and staff. Patient then began to use a separate task patient attempted to grab HCA 1 by reaching for his tshirt, staff intervened and placed in stationary holds, patient began to hit and kick out at staff, contact was made by her grabbing HCA 2s hair, patient then attempted to grab HCA 2 however grabbed a hold of HCA 2's groin area whilst also hitting out at CN. patient was escorted to bedroom, and staff disengaged. patient was in bedroom throwing the furniture around, patient attempted to jump out of and through the window. patient was screaming and shouting about wanting a cigarette and mobile phone, some other items were mentioned however cannot recall	De-escalation was attempted however patient was verbally abusive to staff, swearing at them. RT remained long and offered and accepted. Non-touch physical observations commenced.	prosns followed to support patient	N/A Very unwell	None (no harm caused by the incident)	Closed
DHC79593	19/11/2024	18/11/2024	Watton Lawn- Priory Ward	Watton Lawn- other inside	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Unlawful restrictive intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		patient head banging, not cooperating or engaging with staff, staff tried to de-escalate verbally and offered prn	staff tried to de-escalate. however patient continued with head banging and a PMVA was called. PMVA team made decision to call psychiatric emergency . given rx using pinva	CARE PLAN AND PROCESS FOLLOWED	N/A	None (no harm caused by the incident)	Closed
DHC79596	19/11/2024	19/11/2024	Watton Lawn- Oxen Ward	Watton Lawn- Oxen Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		4.48 am - Heard to be headbanging in room	attempted to verbally deescalate - no effect Psychiatric Emergency called Staff sat in seated holds on bed using POD Patient resistive, attempting to hit head on wall Patient then on her knees, on the floor Intervention given ice bowl for face dipping utilised ice pack on hands/legs, both to good effect, staff removed POD and sat in light holds patient began to breath more steadily, stated her body doesn't feel safe Rapid tranquilisation given PRN Promethazine 25mg offered and accepted as per patients safety plan verbal reassurance continued Patient was ready to sit in communal area, playing Scrabble with staff member Hugs and kisses ally commenced	Mental state assessed and trigger identified Risk of self harm identified, self harm path way available Care plans to be implemented with patient	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC79602	19/11/2024	19/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient had been insistent and was unable to weigh up the information given by staff. PBM was used for 30 seconds and patient sat down and accepted support. PBM holds were released. Patient was then able to de-escalate and accepted the alternative interventions like ice packs, tiger bam as well as dipping the face in cold tray. Later, agreed to come and join in the communal area with staff which make	PBM was used for 30 seconds and patient sat down and accepted support. PBM holds were released. Patient was then able to de-escalate and accepted the alternative interventions like ice packs, tiger bam as well as dipping the face in cold tray. Later, agreed to come and join in the communal area with staff which make	PBM utilised as per care plan to support personal care	N/A	None (no harm caused by the incident)	Closed
DHC79617	19/11/2024	19/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient threw a bag of dried wipes at peer, touching the peer. They have been removing clothes and shouting/thrusting towards staff and peers Patient threw a bag of dried wipes at peer, touching the peer. They have been removing clothes and shouting/thrusting towards staff and peers	Patient has been put in anti holds and guided to bedroom. Patient has been verbally redirected at this point, as has been done other times. Oral medication offered and accepted.	prosns followed	N/A	None (no harm caused by the incident)	Closed
DHC79619	19/11/2024	19/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Named patient was presenting as unsettled in mood and was observed to be pacing the communal area being verbally aggressive towards staff present, patient would not respond to verbal redirection. Patient remained aggressive was escalating in presentation, shouting at making aggressive gestures, and invading	Decision made to place patient in assisted holds to be in the communal area with staff which make	prosns followed	N/A	None (no harm caused by the incident)	Closed
DHC79620	19/11/2024	19/11/2024	Weavers Croft	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Clinical Safe Hold used in the patient's best interest to obtain a blood sample and administer Covid and Flu vaccinations.		None required	None required	None (no harm caused by the incident)	Closed
DHC79621	19/11/2024	19/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79624	19/11/2024	19/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79627	19/11/2024	19/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Supine (face up)		PMB clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79630	20/11/2024	19/11/2024	Watton Lawn- Oxen Ward	Watton Lawn- Oxen Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient found to be headbanging in room Team called, seated holds on bed 4L cushion used Patient was trying to hit head on the wall, the floor and on knees Extremely distressed and appeared to be having physical flashbacks reassurance given, ice bowl used, tiger balm, ice pack given Promethazine offered but wasn't able to accept it Lorazepam 1mg IM RT IM administered in holds L Thigh ice bowl continued to be used 'my body isn't safe' 'I can't get out' continued reassurance Requested promethazine 25mg oral - given as PRN Patient became more settled and then came to the communal area	ice dive , ice glove IM Lorazepam 1mg Promethazine 25mg oral later when requested 1:1 time Engaged in jigsaw puzzle, listened to music on her phone, chatting with peers.	Risks, observations and management plan reviewed Care plans in place self harm risk long term Psychological support available	n/a	None (no harm caused by the incident)	Closed
DHC79631	20/11/2024	19/11/2024	Watton Lawn- Oxen Ward	Watton Lawn- Oxen Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		During night handover Patient was found to be in bathroom opening wound on left inner elbow. PMVA team called, R.2S Lorazepam given in holds IM RT 2mg Verbally de escalated, part of broken spoon given to patient, wound dressed and 1 staff remained east with Patient. Patient appeared to be feeling more stable, the staff left Patient's room. Staff returned 2 minutes later to check back on and patient had reopened the wound further with the head of a spoon. blood loss observed on the bed Patient was observed to be resistive to staff trying to prevent from harming self Sat in holds on the bed - staff applied pressure to the wound to stop it from bleeding patient was argumentative and shouting at staff. PMVA team called team attended ward and sat with patient in holds	spent time with staff and accepted verbal reassurance Wound dressed with steri strips and soft pare, stopped bleeding . 6cm, unsure of depth Lorazepam given in holds IM RT 2mg	Mental state and risks reviewed Management plan reviewed Risk of self harm is long term Care plans in place Self Harm Pathway available	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC79653	20/11/2024	19/11/2024	Weavers Croft	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold for covid19s vax on a patient in his best interest in proportion to the risk of serious harm.	It was explained to the pedi carer how the procedure will take place and what monitoring would be used to safe guard the patient. MCA paper work was reviewed and copies given to carers.	None required	None required	None (no harm caused by the incident)	Closed
DHC79654	20/11/2024	19/11/2024	Weavers Croft	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold on a patient for covid19s vax in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the pedi carer, how the procedure will take place and what monitoring would be used to safe guard the patient.	None required	None required	None (no harm caused by the incident)	Closed
DHC79655	20/11/2024	19/11/2024	Weavers Croft	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold for covid19s vax on a patient in her best interest in proportion to the risk of serious harm.	It was explained to the pedi carer, how the procedure will take place and what monitoring would be used to safe guard the patient.	None required	None required	None (no harm caused by the incident)	Closed
DHC79679	20/11/2024	20/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Clinical Safe Hold used in patient's best interest to administer blood sample and administer Flu and Covid vaccines		None required	None required	None (no harm caused by the incident)	Closed
DHC79682	20/11/2024	20/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79684	20/11/2024	20/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79685	20/11/2024	20/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Clinical Safe Hold used in patient best interest to administer Flu and Covid vaccinations	Staff placed dining chairs next to patient's armchair to apply holds.	None required	None required	None (no harm caused by the incident)	Closed
DHC79688	20/11/2024	20/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Clinical Safe Hold used to support practice nurse to administer Covid and Flu vaccinations.		None required	None required	None (no harm caused by the incident)	Closed
DHC79699	20/11/2024	20/11/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		The patient had been distressed and agitated for several minutes. She wanted to leave the ward. Verbal de-escalation techniques were not working, so the patient was escorted to her room. She was very quiet her anger and frustration seemed to calm and when told she could not leave that ward at that time she threw a basket of orange squash over the room she was talking to.	The nurse in charge of the shift felt that it was in the patients' best interests to be escorted to her room. This was done via PBM arm holds. The holds were stopped about 20 seconds later when the patient stopped struggling and became calm and quiet. She then slowly and gently. The patient stood up via using the guard rail and the assistance of staff. Holds were not replied. She mediated in and of her room, but eventually sat in her room with an HCA sorting	Managed appropriately MAI plan to be formulated Care discussion planned	NA	None (no harm caused by the incident)	Closed
DHC79700	20/11/2024	20/11/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		12:40 - Patient was seen to be headbanging with the back of head. Staff immediately intervened and attempted to verbally de-escalate using grounding techniques and crisis escalators, which was futile. 12:50 - Activated PMVA. Patient was moved form the ward and guided to Seated holds on the pod along with the use of a leg cushion. Patient was observed for approximation for 15 minutes but the patient did not respond to it. 13:00 - Offered oral RT tablets which she refused. Therefore, IM RT promethazine 50mg was administered on the left thigh. Holds were released after few minutes. Then the patient went back to the wall and started to headbang. PMVA holds were reinstated for 5 minutes	Post IM, physical and neurological observations were started. Duty doctor reviewed the patient. Debrief given.	Care plan and prosss followed to support patient	N/A	None (no harm caused by the incident)	Closed
DHC79698	20/11/2024	20/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	13 - Unlawful restrictive medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (POD used)		patient was found to be absconding from the ward and packed a an intention to leave the ward. stopped by staffs. The attempt continued for more than 30 minutes, returned again though redirected to ward by staffs. Patient was observed to be out of breath and hunger. She returned to communal area and continued	She was put on holds with an RT plan to manage the prolonged activity.	none	none	None (no harm caused by the incident)	Closed
DHC79697	23/11/2024	19/11/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was distressed and became physically threatening to female staff member an administered medication to him.	PBM holds utilised to prevent assault on her, and supported to sit on sofa. Removed in heightened state, shouting at staff during holds. Staff used de-escalation techniques, by remaining quiet as verbal interaction upset him. We then loosed holds and left him on sofa calmly but still in accused holds. Patient then began to calm down and was offered N.T. written up for future use should it be required	Managed appropriately	NA	None (no harm caused by the incident)	Closed
DHC79681	24/11/2024	24/11/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient 1 went in to the dayroom in an attempt to get to the kitchen. Patient 2 followed patient 1 in to the dayroom. Patient 1 sat in the bean bag. Patient 1 was verbally abusive towards staff members, showing gesture for attacking staff. Patient 1 then suddenly kicked staff member in her face. Patient was placed on precautionary holds and taken to the pod, into a seated restraint for a period of time. Refused oral medications first, however took it orally with little encouragement from staff. Patient continued to be verbally abusive	Risk assessments reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DHC79683	24/11/2024	24/11/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Seated (other)		patient had been asleep during majority of shift noted not to have moved position eaten or drank.	staff approached to deliver personal care Patient hostile and combative PBM holds utilised to delivery care	Managed appropriately Updated to seated hold	NA	None (no harm caused by the incident)	Closed
DHC79695	24/11/2024	24/11/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient become hostile and argumentative with staff when asked to go to the dayroom. Patient was displaying threatening towards peer, entering the personal space of peers and staff. Increasingly hostile and argumentative. Patient was asked to return to their bedroom, they refused and attempted to barge past staff in order to get in the personal space of another peer. Patient was placed in PMVA holds and escorted to his bedroom.	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.	None (no harm caused by the incident)	Closed
DHC79651	24/11/2024	24/11/2024	Watton Lawn- Oxen Ward	Watton Lawn- Oxen Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		While carrying out routine observations staff noticed that patient was in her toilet sitting on the floor. Staff went in and noticed a pool of blood on the floor and patient had a pieced of broken cutlery in her hand and was actively causing harm to herself.	Staff attempted to verbally talk to patient to calm her down, she refused and continued to cut her arm. Staff removed item and put patient in light holds whilst	Mental state, associated risks, and management plan reviewed Self harm care plans in place Self harm Pathway available	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC79653	24/11/2024	24/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was found during hourly observations head banging against the wall. Patient was put on physical holds whilst seated and verbally de-escalated. Offered Social dip at cold water and tiger balm soothing. Offered pharmaceutical intervention to good effect. Patient was reassured and supported accordingly.	Verbal de-escalation was attempted with no effect Patient was put in physical holds and assisted to sit on the bed whilst continuing with verbal de-escalation Offered Social dip of cold water and tiger balms for soothing according to care plan with good effect. Patient was reassured and supported accordingly. Pharmacological intervention (Zomig oral wafer) was administered with good effect.	Care plan for SIB in place and implemented	none	None (no harm caused by the incident)	Closed
DHC79656	25/11/2024	24/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was observed to head banging with a metal bed frame SUBB sheets. Staff went there to verbally de-escalate. Patient was struggling more and was not able to de-escalate verbally. Tried various things patient like as ice pack and smelling the tiger balm. Patient was not able to de-escalate. Made a team decision to call a planned PMVA to give	Verbal de-escalation was attempted with no effect Patient was put in physical holds and assisted to sit on the bed whilst continuing with verbal de-escalation Given RT olanzapine 5 mg sl safe holds. Patient was then able to de-escalate and accepted the alternative interventions like ice packs, tiger bam as well as dipping the face in cold tray. Later, agreed to come and join in the communal area with staff which make	Care plan for SIB in place and implemented	none	None (no harm caused by the incident)	Closed
DHC79692	25/11/2024	24/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Medication incidents	Medication incident involving controlled drugs	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Whilst staff were doing the 2 hr drug checks, patient was observed to head banging against the wall by sat down on floor. Staff went there to verbally de-escalate. Patient was struggling to use de-escalation techniques but appeared as she was unable to engage with staff at that moment. Observed as struggling more and was not able to de-escalate verbally. Tried various things patient like as ice pack and smelling the tiger bam. Patient was not able to de-escalate. In line with her best interest staff made a team decision to call a planned PMVA to give her some medications. Called a planned PMVA with only female staff, and some	Reflected and informed the doctor. Changed the prescription.	Line manager of nurse involved informed of med error highlighted with RT trainer this has happened several times and may need introducing into training	none	None (no harm caused by the incident)	Closed
DHC79693	25/11/2024	25/11/2024	10 Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		observed after smearing the flat with faeces. patient in lounge watching TV, whilst staff were cleaning his bedroom. Patient then became verbally abusive and resourceful and PRN to Lorazepam 1 mg was administered to few minutes later) which helped him to calm down. Patient he was in his lounge and again without obvious trigger, tried to attack another HCA with a plate.	physical intervention was used to redirect patient away to his bed and staff quickly withdrew closing the door behind them.	Incident reviewed and discussed during our weekly MDT, check in with staff to ensure their well-being. Patient's mother informed. Care plans and risk assessments are up to date.	L: That staff are aware of this patient's PBS plan and how to respond to his behaviours when all baseline. M: Staff to continue monitoring patient and implement planned strategies to respond to this patient he remains a high risk to others and to his environment.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC79662	25/11/2024	25/11/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient was being increasingly agitated and verbally aggressive towards staff, including making racist comments. Regular medication was offered multiple times which included lorazepam however, patient refused. Staff Members hand and three	Clinical decision was to RT patient. Nursing team was trying to prevent this in lieu of least restrictive practice however, behaviour was continuing to escalate.	Risks mitigated by support given by staff. RT policy followed.	Risk towards staff acknowledged. Care plans in place to support patient and mitigate risk posed to staff.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
DHC79672	25/11/2024	20/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79674	25/11/2024	25/11/2024	Gloucestershire Royal Hospital	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		Unnecessary new clinical harm to the patient in the form of unwanted medical interventions, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required	None required	None (no harm caused by the incident)	Closed
DHC79675	25/11/2024	20/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79676	25/11/2024	25/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79678	25/11/2024	25/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required	None (no harm caused by the incident)	Closed
DHC79680	25/11/2024	25/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical hold on the sofa in order to safely administer vaccines in patients best interest		None required	None required	None (no harm caused by the incident)	Closed
DHC79681	25/11/2024	25/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Non-standard hold	Clinical hold applied to left arm while patient was hot supine on his side, second member of staff bridged over the right arm.	Clinical Safe Hold used in his best interest to obtain blood sample and administer vaccinations.	Planned to use Safety Pod but patient was drowsy following a seizure earlier in the day and reluctant to get off the sofa. We therefore held him briefly where he was lying on the sofa in a non-standard hold.	None required	None required	None (no harm caused by the incident)	Closed
DHC79685	25/11/2024	25/11/2024	Residential care home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition.		None required	None required	None (no harm caused by the incident)	Closed
DHC79687	25/11/2024	25/11/2024	Patient's own home	13 IHOT	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	13 - Unlawful restrictive medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order for vaccinations to be safely administered		None required	None required	None (no harm caused by the incident)	Closed
DHC79693	25/11/2024	25/11/2024	Watton Lawn- Kingsdale Ward	Watton Lawn- Kingsdale Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Service user is was in the communal area and was observed to be verbally abusive to another service user, some time,HCA advised it to consider one at a time.It became verbally abusive to HCA, started shouting, and it was felt that it was targeting same HCA, who he assaulted recently. Hence other staff's got involved to support the HCA and the service user resisted, it slapped on WHF s hand thrice while redirecting.WHF explained firm boundaries and suggested the expected behaviour. With firm boundaries, it backed off, continued to shout and swear at staff and left the communal area towards the seating area and went for a staff nurse who happened to be the smallest in physique among the staff members. He forcely hit her on the face, hitting near jaw. It was felt that it had zapassty over the incident. Service user was taken to his bedroom and holds

GHC30031	25/11/2024	25/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was found to be self-harming with a razor. Staff attempted to verbally de-escalate to no effect PMVA team called, razors were removed. Patient then began headbanging and holds were applied to prevent this.		Care plan and prosss followed to support patient	N/A		None (no harm caused by the incident)	Closed
GHC30034	25/11/2024	24/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		At 20.05 staff overheard banging sound coming from patient's room. -Found patient banging back of her head with minimal force against bedroom wall whilst saying listening to music. -At 20:50 patient resumed low level head banging using back of head against bedroom wall.	Verbal de-escalation. Patient to remain in room. Breathing techniques. 1:1 PMVA holds. Rapid tranquilliser injection given. RT PPE removed. Started RT and neuro observations. Attempted to complete debrief however patient did	Observed as struggling more and was not able to de-escalate verbally. Tried various things patient like a ice pack, ice water and smelling the tiger balm to prevent the further injuries.sated unplanned PMVA.	Care plan and prosss followed to support patient	N/A		None (no harm caused by the incident)	Closed
GHC30036	26/11/2024	26/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	12 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient admitted to ward from A&E following hanging attempt. Pat was found by carer and brought down to floor. Staff were likely to verbally de-escalate but patient was resistive and struggling more. Tried all the techniques but was difficult to engage with.		Care plan for SIB in place and implemented	none		None (no harm caused by the incident)	Closed
GHC30030	26/11/2024	26/11/2024	Dr IHOT	Other (2-3 min non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was admitted to ward for planned Pneumonia vaccine. Patient was seated in the communal area in order to receive Flu & Covid vaccination injections from Practice Nurse and also have bloods taken by IHOT phlebotomist - in proportion to the risk of serious harm if any undetected medical condition is not treated, and as standard precaution against illness. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required	None required		None (no harm caused by the incident)	Closed
GHC30032	26/11/2024	26/11/2024	Dr IHOT	Other (2-3 min non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Personal care (bed)		Patient was admitted to ward for planned Pneumonia vaccine. Patient was seated in the communal area in order to receive Flu & Covid vaccination injections from Practice Nurse and also have bloods taken by IHOT phlebotomist - in proportion to the risk of serious harm if any undetected medical condition is not treated, and as standard precaution against illness. MCA/BI and Proportionality paperwork previously completed prior to procedure.		None required	None required		None (no harm caused by the incident)	Closed
GHC30034	26/11/2024	26/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC30038	26/11/2024	26/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC30044	26/11/2024	26/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to safely take bloods and administer vaccines in patients best interest.		None required	None required		None (no harm caused by the incident)	Closed
GHC30048	26/11/2024	26/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to safely administer vaccines.		None required	None required		None (no harm caused by the incident)	Closed
GHC30055	26/11/2024	26/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Staff member was doing the hourly observations and observed patient to be headbanging against the wall	Herrod female staff members as patient is preferably female led in periods of crisis. Staff member went to support patient, staff tried to verbally de-escalate.	Care plan for SIB in place and implemented	none		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30060	26/11/2024	26/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		attempted verbal de-escalation which was futile. Activated PMVA. Supported to move from the wall and guided to seated holds on the pod along with the use of PPE. Patient was resistive throughout the de-escalation. Patient did not respond. IM RT lorazepam 2mg was administered as oral tablets were refused by the patient. Released holds when the patient started to become settled. Allowed patient to get up and return back to the wall, sat on the floor and started to headbang. Staff continued to attempt verbal de-escalation which was ineffective. Patient was supported to get away from the wall and guided to seated holds on the pod. Continued to provide verbal de-escalations. Patient appeared to settle down after a while. Hence, released holds. When staff left the room patient started to head bang again. This time patient responded to verbal de-escalation and stopped and agreed to come out of her bedroom.	Post RT non-touch observations were initiated as the patient remained unsettled after RT. Provided 1:1 and de-brief. PMVA referred for review.	process followed along with care plan	patient needs to be discharged		None (no harm caused by the incident)	Closed
GHC30061	26/11/2024	26/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		talking loudly at nursing staff, banging spoons together when OT trying to speak with a patient in communal area, patient then left the area, approached unlisted, and rubbing their fingers into HCPs hair, posturing towards HCA in an aggressive fashion pushing HCA towards glass window of MTH1. 2mins later, tried to intervene, patient started heavy breathing with an open mouth into his face.	Patient not responding to verbal intervention. Patient taken into assorted and then seated PMVA holds beaming resistive on entry into bedroom. Patient administered RT Lorazepam 1 mg via outer left thigh as clinically indicated to good effect. At 1500 PMVA team stood down. PMO informed and post RT review requested. Patient did not engage when debrief offered due to	PROCESS FOLLOWED	N/A		None (no harm caused by the incident)	Closed
GHC30065	27/11/2024	26/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		Person 1 (patient) presented as extremely agitated and abusive towards staff members in the communal areas. Person 1 invaded personal spaces and spat towards staff. Staff escorted person 1 to his bedroom, offered prn medications. Person 1 continued to be verbally abuse staff and threw banana peel at staff's face. Nursing team considered RT administration in order to reduce Person 1's aggression and agitation. Person 1 has been administered with injections with the help of planned PMVA.	Verbal de-escalation Escort to bedroom Offered PRN Offered oral tablets Planned PMVA RT administration	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.			None (no harm caused by the incident)	Closed
GHC30074	27/11/2024	27/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient heard to be headbanging in their room. Verbal de-escalation attempted but with no success. PMVA team called and Patient placed in PMVA holds and RT medication administered via IM.	Verbal de-escalation attempted and distraction techniques including ice pack, and grounding techniques. PMVA team called, PMVA holds and RT PMVA review.	Care plan and prosss followed to support patient	N/A		None (no harm caused by the incident)	Closed
GHC30092	27/11/2024	27/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was already in NJT noticed on the PMVA POD, after an incident of headbanging, which resulted in the patient needing IM RT lorazepam 1mg (dorsi gluteal) administered via outer left thigh as clinically indicated. Patient's nasogastric feed was then administered, whilst in restraint on the PMVA POD. Patient presented as acutely distressed and agitated throughout and she was very resistive to PMVA holds. Post RT observations were then commenced as the patient's level of agitation slowly decreased as a result of this. PMVA holds were then released gradually and a member of staff stayed with the patient to support them with their NJ feed.		CARE PLAN AND PROCESS FOLLOWED	N/A		None (no harm caused by the incident)	Closed
GHC30098	27/11/2024	27/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was restrained to insert tube and administer NG feed		care plan followed long pmva due to reinstruction of NG	patient pulled tube out		None (no harm caused by the incident)	Closed
GHC30100	27/11/2024	27/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient lying in bed, tearful, misheverd and presented as highly dysregulated and emotionally distressed. Nursing staff pulled bed covers back to support patient to get out of bed, patient refused medication and observed NEO take food basket pulled out. Nursing staff went back to clinic, in agreement with Dr, begun drawing up RT Lorazepam 1 mg for the administration at which time nursing staff advised that patient now head banging. Patient observed to be combative and resistive, calling out to please be left alone.	Use of PMVA cushion Patient administered RT Lorazepam 1 mg IM to outer right thigh as clinically indicated. Patient then administered as prescribed NJ feed Bolus Use(28/05/2). Post RT observations commenced and completed. NEWS 2 recorded x 2 Good post RT and Head banging incident review requested and completed. Patient provided escorted 1:1 walk to good effect as care planned. Debrief opportunity provided.	patient supported for IM and reinsertion of tube which is temp	patient distressed due to increased and feed The holds were prolonged due to patient resisting NJ feed and having to replace this		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30108	27/11/2024	27/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		patient was supported on headbanging against the floor by pat down on the floor. Staff were there to verbally de-escalate but patient was resistive and observed as struggling more. Tried all the techniques but was difficult to engage with.	Made a team decision to call a female PMVA team to given some medications to help with. Offered oral but declined. Gave IM Promethazine with good effect.	Care plan for SIB in place and implemented	none		None (no harm caused by the incident)	Closed
GHC30110	28/11/2024	27/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		Patient became hostile and aggressive towards staff members. Patient was observed having a conversation regarding personal matters. Patient A entering other patients personal space in an intimidating manner. Staff needed to place hands on patient A due to his hostile and aggressive behaviour towards staff. Patient A attempted to barge at other patient however staff were able to place hands on and remove patient A to their bedroom to verbally de-escalate them and administer medication.		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC30124	28/11/2024	28/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	supine (face up)		Patient came out of their bedroom, saw staff and asked if they were a staff member, staff said yes and patient pushed staff member, making contact with their ribs. Patient asserted to their room, moments later they came back out of their room and proceeded to headbang against the bedroom door. Attempts were made to de-escalate patient verbally to no avail. Patient was given options to patient however did not want any of these options. The conversation became quite circular around food. Patient was observed to be responding to his AVH and delusions whilst presenting as hostile towards staff. Patient charged towards staff, knocking staff off their feet, staff were able to put hands on however patient was putting himself to the floor so staff guided him down to the floor and applied holds to the floor. Patient remained hostile and verbally abusive towards staff, making threats to kill staff members. PMVA Team was called for further assistance.	Verbal de-escalation Offered PRN Offered oral tablets Planned PMVA RT administration	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC30137	28/11/2024	28/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		Staff member was doing the hourly observations and observed patient to be headbanging against the wall.	Staff attempted to offer oral medication but the patient would not engage as staff. Staff restrained to the pod and administered IM Promethazine 50mg RT IM Physical observations commenced and completed.	POLICY FOR RT FOLLOWED	N/A		None (no harm caused by the incident)	Closed
GHC30141	28/11/2024	28/11/2024	Dr IHOT	Pullman Place (0-2 hrs)	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient on her best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC30153	28/11/2024	28/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was observed to be responding to hallucinations in communal areas, following him being told his items in laundry couldn't be found, patient became verbally abusive towards staff after being told several times that items couldn't be found. Patient was also upset for his clothes but when they are continuing with verbal abuse. Patient then raised hands and stepped towards staff member in an intimidating manner, patient raised hands and staff placed in PMVA holds and escorted patient to bedroom. Patient was slightly resistive in holds, once in bedroom patient spat in the face of staff member and continued to be verbally abusive towards staff and then spat in the face of another staff member when in seated hold and continued to make derogatory comments towards staff. Debrief and medication, RT IM medication		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Non touch physical observations completed.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC30165	28/11/2024	28/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)			PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.	None required	None required		None (no harm caused by the incident)	Closed
GHC30169	28/11/2024	28/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Non-standard hold	Clinical hold used on right arm while patient sucks on bed left arm/legs not held	Minimal Clinical Safe hold used to enable a blood sample to be safely obtained and used and fo vaccinations to be administered.	As patient was happy and compliant, apart from a short period when he moved his arm while bloods were taken, only right arm was secured while blood sample taken. A second staff member offered	None required	None required		None (no harm caused by the incident)	Closed
GHC30172	28/11/2024	28/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC30173	28/11/2024	28/11/2024	Dr IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated Clinical hold in order for Bloods to be taken and vaccines administered safely, in patients best interest		None required	None required		None (no harm caused by the incident)	Closed
GHC30175	28/11/2024	28/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)		Clinical hold on the POD in order to safely take patients blood and administer vaccines in patients best interest		None required	None required		None (no harm caused by the incident)	Closed
GHC30177	28/11/2024	28/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was restrained to insert NG tube and for feed Patient was distressed during this		Care plan and prosss followed	N/A		None (no harm caused by the incident)	Closed
GHC30182	28/11/2024	28/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was standing, verbally abusive and using staff as kick boards, staff were ended up by pulling herself on the floor. when staff went to encourage her to get up with assistance, she continued kicking, shouting, pushing staff. In the process she grabbed and broke staff glasses, she kicked one staff member in the face and also kicked another staff in the stomach as she tried and pulled staff her.	Staff tried verbal redirection but no effect then used Wrexyn cushion and she refused sit on. then finally PMVA were called and patient was put in the pod and calmed down with lots of struggles and administered IM 1mg lorazepam.	Risk of harm to others acknowledged. Staff supported patient to mitigate risks.	Risk acknowledged, care plans in place to support patient and throughout the process staff. Patient supported throughout.		None (no harm caused by the incident)	Closed
GHC30192	29/11/2024	27/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	14 - Prevent the patient exhibiting self-neglect or prolonged exan	Planned	PMVA (physical intervention)	Precautionary hold		Patient very unwell barricaded staff member in clinic room.	Several attempts de-escalating failed Police assistance sent and removed	CLINIC ROOM DOOR CHANGED TO GO INWARDS NOT OUT	N/A		None (no harm caused by the incident)	Closed
GHC30193	29/11/2024	28/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		-At 21.00 whilst staff's where doing wetaround, found patient banging back of her head against bedroom wall whilst vaping and listening to music. -Low level head banging using back of her head.	Deep breathing exercises. Offered PRN Offered distraction care plan Distraction technique Use ice pack on her shoulder Offered pen and paper to write down her feelings. PMVA restrain and RT administered. Post RT observation taken. Debrief completed. OMO reviewed.	Care plan and prosss followed	N/A		None (no harm caused by the incident)	Closed
GHC30195	29/11/2024	28/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was placed on the seated POD for the facilitation of NG feeds.	-IC Staff supported the patient with the support of leg cushion. - Patient was resistive at the time of the feed. -Holds were disengaged soon after the feeds. -Patient was escorted by the staff member for a walk post feed.	Care plan and prosss followed	N/A		None (no harm caused by the incident)	Closed
GHC30202	29/11/2024	29/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The patient was put on PMVA hold on the pod to facilitate nasogastric feeds. A leg cushion was also utilised. Patient was very resistive during the procedure. NG tube was inserted and was removed after feed administration was noticed	Staff involved in the PMVA talked about different topics during the procedure to divert her from negative thoughts.	Care plan and prosss followed	N/A		None (no harm caused by the incident)	Closed
GHC30204	29/11/2024	29/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC30213	29/11/2024	29/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Supine (face up)		-At 10.50 whilst staff's where doing wetaround, found patient banging back of her head against bedroom wall whilst vaping and listening to music. -Low level head banging using back of her head.	Administered IM RT after refusing orals.	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable.		None (no harm caused by the incident)	Closed
GHC30214	29/11/2024	29/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC30216	29/11/2024	29/11/2024	Watton Lawn-Abbey Ward	Watton Lawn-Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		The patient was in a high level of distress and took another patient's zimmer frame and tried to break a fitting on a window, with the intent of escaping through it.	Verbal reassurance and distraction techniques used	None required	None required		None (no harm caused by the incident)	Closed
GHC30218	29/11/2024	29/11/2024	Watton Lawn-Kingshaln Ward	Watton Lawn-Kingshaln Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Service user was aggressive, verbally abusive and stating racial comment towards the staff at the point of entering the communal area. As the service user escorted. Throwing his slippers and become more physically aggressive towards staff. Staff tried to offer oral medications to service user but refuses.	PMVA team was called. Service user was put on PMVA holds. IM Promethazine 50 mg injection given at 4pm. Post RT observations completed.	Patients with learning difficulties and deterioration in mental health had become aroused by the ward environment, unable to accept verbal de-escalation and staff boundaries around racism towards others, therefore situation managed through implementation of PMVA safe restraint and administration of medication to allow patient to calm. Clear message to patient that racism will not be tolerated.	Staff followed care plan and risk management plan through attempting least restrictive methods of de-escalating, however patient not responsive to this therefore decision reached to proceed with PMVA holds and the administration of IM medications to provide patient to calm.		None (no harm caused by the incident)	Closed
GHC30230	29/11/2024	29/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical seated hold on a patient in his best interest in proportion to the risk of serious harm if undetected medical condition is not treated.		None required	None required		None (no harm caused by the incident)	Closed
GHC30232	29/11/2024	29/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Standing		Planned PMVA to administer depot medication that was prescribed for today, patient was spoken to in communal areas and suggested to have depot administered in the ICA for privacy, patient reluctantly walked into the ICA without PMVA holds being placed on. When in the ICA patient became verbally hostile and made verbally aggressive statements towards staff stating that he will stab staff while standing in order to administer Depot and RT IM in buttocks. Depot given, staff then released holds and left the room, and patient had time to re-		Debrief was offered to the patient, following the administration of medication however he declined. He was advised that should he require support or questions answered, nursing staff would be more than happy to sit and talk this through with him.	None identified.		None (no harm caused by the incident)	Closed
GHC30234	29/11/2024	29/11/2024	Dr IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Clinical Safe Hold used in patients best interest to support safe administration of Covid and Flu vaccinations		None required	None required		None (no harm caused by the incident)	Closed
GHC30241	29/11/2024	29/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was restrained in pod for insertion of NG tube and feed		Care plan and prosss followed	N/A		None (no harm caused by the incident)	Closed
GHC30248	29/11/2024	29/11/2024	Charlton Lane-Chestnut Ward	Charlton Lane-Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Escort		patient was in his room corridor with 2:1 staff. patient started getting aggressive without any provocation towards staff members. As staff went to help, patient wasn't responding to verbal redirection, staff implemented PBM holding technique to remove patient from corridor and redirected to his bedroom.	Patient wasn't responding to verbal redirection and implemented PBM Shields and removal to redirect patient to keep safe PRN tablet lorazepam 1mg given	Patient is on enhanced observation due to risks Working closely with the LDSS team	NA		None (no harm caused by the incident)	Closed
GHC30249	30/11/2024	29/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		At 21:10 Staff overheard head banging, and found patient banging head against bedroom wall. Staff went to support patient, staff tried to verbally de-escalate. However, patient did not engage with staff. Staff followed patientsare plan to manage the situation, encouraged patient to utilise grounding techniques, offered ice pack, encouraged ice pack on shoulder and tried distraction techniques were utilised. Staff offered PRN medications, which she declined. PMVA was called at 21:35 , she was moved to the communal area and was placed in seated holds due to she left thigh after she denied an RT tablets. After RT a member of staff continued to de-escalate her with some good effect. She was encouraged to come out to communal area, which she accepted	Initial verbal de-escalate and provided ice water, ice pack and tiger balm as per the care plan. but she was struggling to cope up and then later with team decision called unplanned PMVA to prevent further injuries. RT administered	Care plan for SIB in place and implemented	none		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30257	30/11/2024	30/11/2024	Watton Lawn-Greyfriars PICU	Watton Lawn-Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient barricaded themselves in ECA, did not respond to verbal de-escalation. Team called Psych emergency, had to push in ECA bedroom.	Patient placed in holds, RT IM given.	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult residents.		None (no harm caused by the incident)	Closed
GHC30258	30/11/2024	30/11/2024	Watton Lawn-Priory Ward	Watton Lawn-Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails.	Physical intervention and/or rapid tranquilisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		During hourly checks, service user was observed to be self-harming with a razor blade in her room that was found in her possession. Staff went to speak to over the blade, she was asked on multiple occasions by the two nurses. Service user became hostile and said "no you don't get it I am not done". Utilised restricted escort from toilet to seated holds to bed Whilst in holds service user was very resistive, she was trying to stand that require to hold the head. Eventually, staff was able to removed the blade, however immediately after field have been released, service user went back to the toilet and get another blade from under her bra and was trying to self harm again. Restricted escort from toilet to seated holds to bed reinstated. Service user squeezed the blade on her hand that resul

GHC36909	01/12/2004	30/11/2004	Watton Lawn- Fitzyfrars PICU	Watton Lawn- Fitzyfrars PICU	Self Harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)			Arrested (CPR) Patient was observed to be headbanging with back of her head to the bedroom wall. staff attempted verbal de-escalation and utilised grounding techniques, various distraction techniques and PMVA Team Called but patient was unable to be fully restrained and did not engage. Around 22:00 PMVA was activated. Staff put her on seated PMVA holds on the edge of the bed. Staff offered her oral RT , which she declined and she was given IM RT promethazine 50mg to the left thigh. 22:15 PMVA team arrived and attempted to de-escalate her with some good effect. Staff encouraged her to do some breathing techniques. She was encouraged to come out to communal area, which she accepted. Post RT observation started. DMO reviewed her. which she responded well and she was	PMVA Team Called. Distressed oral RT medications, IM administered into thigh (left). RT OBS Commenced. ECI completed score of 15 / no concerns noted. DMO reviewed her. RT non touch physical observations completed when patient declined to do physical observation. MERIT Assessor Present	care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36911	01/12/2004	01/12/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	supine (face up)			Patient observed to be punching the wall after barricading himself in the ECA using injured arm. Refused to talk to staff and was shouting and threatening to punch staff.	Staff attempted to verbally de-escalate patient but this had an adverse effect. He became agitated and began to shout on top of his voice. PMVA team called and managed to gain access to the ECA.		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy.	None identified.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36919	01/12/2004	01/12/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	supine (face up)			Patient was in the visitors room when staff entered to talk with the patient about visiting GRH regarding his hand injury prior to admission). Patient instantly became agitated as staff disengaged. Patient was observed to be pacing the room. Upon leaving the room he was verbally aggressive. PMVA team called proactively. Patient then entered the dining area shouting to staff "fucking come on then". Patient then proceeded to spread butter over the floor before throwing the table, chairs and cutlery at staff. Staff utilised PMVA to restrain and escort patient to the ECA and utilised the POD. 10041 Promethazine administered via IM at 11:39. When patient appeared settled, staff released holds and disengaged.	Patient then became hostile again demanding to use the phone in the visitors room however nursing staff deemed this wasn't appropriate as the phone calls had been made previously. Patient was informed that he may would not let him in he began to kick at staff making contact. PMVA holds utilised however patient extremely combative and placed himself to the floor so supine utilised before transferring patient to the ECA and PDD utilised.		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy. Staff member advised they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC36938	01/12/2004	01/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)			Depot administered under PMVA intervention.	All staff assisted with depot intervention with PMVA holds. Depot was due today. (Test dose of Zuclopenthixol Decanoate) staff checked the notes- 100mg administered as per			No lessons identified. Patient returned to baseline, no concerns raised.	None (no harm caused by the incident)	Closed
GHC36944	01/12/2004	01/12/2004	Montpellier Low Secure Unit	Montpellier Low Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Precautionary hold			Patient attempted to enter the cr kitchen and was told by staff not to. Patient then barged his way into the Patients' kitchen and tried to shut the door. He was restrained by staff the leave but refused. Staff utilised PMVA holds to escort patient to the seclusion suite assistance. In order to stop patient from locking out, Staff took patient by the arm and he was led to his			None. Behaviour management care plan already in place	None	None (no harm caused by the incident)	Closed
GHC36952	01/12/2004	01/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)			PR given under PMVA restraints due to prolonged over activity and agitation.	PMVA and RT given.			none	none	None (no harm caused by the incident)	Closed
GHC36954	01/12/2004	01/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)			Restrictive practice was used to facilitate NG feed	Patient was guided to seated feed position. NG tubes was inserted by the GRH Nurses. Patient was resistive and was trying to induce vomiting at the time of feeds. Patient was constantly resistive and was trying to bite the tube in an attempt to sabotage the feeding process. patient then was verbally abusive towards staff when the NG feeds were completed. As per the plan the NG tube to be returned as long as the patient didn't bite the tube. Patient was given the amusement to the NG tube to keep it in place. the patient verbalised to staff to fuck off and take the tube out	Care plan and process followed	SEDU bed is required	None (no harm caused by the incident)	Closed
GHC36956	01/12/2004	01/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDD used)			Patient was placed on holds for the facilitation of NG feeding.	All staff present for the PMVA intervention. As per plan, patient was placed on seated PDD position however she was trying to grid when she was placed in the PDD. due to the resistance exhibited by Izzy and the absence of gastric contents she was placed on a chair with the support of leg cushions. - she was crying and inducing gag reflex to spit the tube out in an attempt to sabotage the feeding process. - she then stated that she wants die and does not wish to have the feeding done to which staff provided reassurance and Izzy swearing at the staff. - Izzy was then trying to bite and grab the tube while at the time of the holds. - staff reiterated that it was her wish not to reattach the bridle for the NG tube to which she responded " I dug my own grave".	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36965	02/12/2004	01/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	13 - Prevent a patient causing serious intentional harm	Unplanned	PMVA (physical intervention)	Clinical hold (seated)			Patient was observed headbanging when staff went for walk around, appeared on the floor against wall and headbanging	staff attempted to verbally de-escalate which doesn't seems helping therefore, called PMVA just her on safe holds to prevent further injuries. staff used de-escalation techniques like ice pack, tiger balm and	Care plan for SIB in place and implemented	none	None (no harm caused by the incident)	Closed
GHC36969	02/12/2004	01/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)			Patient observed headbanging when staff went for walk around, appeared on the floor against wall and headbanging. Patient did not engage. Around 22:00 PMVA was activated. Staff put her on seated PMVA holds on the edge of the bed. Staff offered her oral RT , which she declined and she was given IM RT promethazine 50mg to the left thigh. 22:15 PMVA team arrived and attempted to de-escalate her with some good effect. Staff encouraged her to do some breathing techniques. She was encouraged to come out to communal area, which she accepted. Post RT observation started. DMO reviewed her. which she responded well and she was	Accompanied distraction techniques as per patients care plan PMVA Team Called Administered RT IM promethazine into left thigh. RT OBS Commenced. ECI completed score of 15 / no concerns noted. DMO reviewed her. RT non touch physical observations completed when patient declined to do physical observation. MERIT Assessor Present	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36975	02/12/2004	01/12/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing			Patient A was sleeping on the couch in communal areas when he was suddenly approached by patient B. Patient A woke up and realised that he was being antagonised by patient B. Immediately an argument ensued. Both parents were threatening to assault each other. Patient B suddenly punched patient A in the chest. Patient A did not retaliate but was just shouting.	Staff quickly approached both patients and separated them. Verbal de-escalation was instituted but both patients continued to be antagonistic. Eventually patient B was put on PMVA holds and patient A was escorted to his room. Patient B was released from PMVA holds but he became agitated again and was put back on PMVA holds to prevent him from harming Patient A.		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy. Staff member advised they would be supported to report this to the police, should they wish to do so.	None identified.	None (no harm caused by the incident)	Closed
GHC36978	02/12/2004	30/11/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	supine (face up)			Patient started exsolating in the communal areas and was making extreme threats of violence. Staff tried to implement boundaries and verbal de-escalation was commenced with good effect. However, patient B used used derogatory language against the staff. A team was called in to support the exsolating situation and staff members managed to escort him to his room without putting hands on him. Patient A then proceeded to enter his room he dropped the belonging he had in his hand and charged at staff. He punched staff A in his stomach leading to restraining the patient in his room on the bed. He kneed another staff member on his face. He was making extreme threats of violence during the PMVA.			Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy. Staff member advised they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC36980	02/12/2004	29/11/2004	Q1 IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical seated hold on a patient in his bed interest in proportion to the risk of serious harm if undetected medical condition is not treated.			Risk assessment reviewed. None required	None required	None (no harm caused by the incident)	Closed
GHC36982	02/12/2004	29/11/2004	Q1 IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical seated hold on a patient in his bed interest in proportion to the risk of serious harm if undetected medical condition is not treated.			Risk assessment reviewed. None required	None required	None (no harm caused by the incident)	Closed
GHC36985	02/12/2004	29/11/2004	Q1 IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical seated hold on a patient in his bed interest in proportion to the risk of serious harm if undetected medical condition is not treated.			Risk assessment reviewed. None required	None required	None (no harm caused by the incident)	Closed
GHC36986	02/12/2004	29/11/2004	Q1 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			PBM clinical seated hold on a patient in his bed interest in proportion to the risk of serious harm if undetected medical condition is not treated.			Risk assessment reviewed. None required	None required	None (no harm caused by the incident)	Closed
GHC36992	02/12/2004	01/12/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)			Patient was escalating in the communal area threatening another patient to punch him and calling him derogatory terms like "pussy". Staff attempted verbal de-escalation but this failed to respond to. Staff disengaged and as he was leaving, Joel was attempting to throw chairs in the communal areas. Then he pushed one of the chairs in face area where it holds, a team was called in to support the PMVA. He was taken in holds to ECA to the pad where he remained combative and resistive. As he was transported to the ECA he was kicking staff. He attended was hurt on his left wrist and right wrist.			Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36996	02/12/2004	01/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Planned PMVA to administer NG feed for patient	Patient was taken to the pod to administer planned NG feed and insert NG tube Patient supported by x2 staff Entonox support and reassurance provided		Risk assessment reviewed. Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36965	02/12/2004	01/12/2004	Q1 IHOT	Other Q1 (non-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)			Patient was placed on seated POD for the facilitation of NG feeding as per clinical need as patient was resistive to PDD in bed interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.			None required	None required	None (no harm caused by the incident)	Closed
GHC36967	02/12/2004	01/12/2004	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)			Patient had assaulted another patient and staff member, continuing to become increasingly distressed. PBM holds utilised to prevent harm to self or others.	Assisted staff members to sit on sofa, then supported to bedroom for lower stimulus and sat on bed in situation, accepted PRN medication from staff in lower holds - holds released after and patient was jovial and		Managed well, avoiding use of RT Staff to demonstrate successful techniques in case diversion.	NA	None (no harm caused by the incident)	Closed
GHC36919	02/12/2004	01/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			pmva required for administration of NG feed	pmt and weighted blanket used		Cre plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36421	02/12/2004	01/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient absconding from extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Escort			Patient was escalating and started to enter staff's and other patient's personnel spaces. Patient was escorted back to her bedroom on Kevan's holds. When she entered the bedroom she started slamming the door of the toilet in her bedroom and ripped it off	Separate daily dane for property damage.		prisons followed	N/A	None (no harm caused by the incident)	Closed
GHC36421	02/12/2004	01/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort			Patient asked to go on leave, but due to their presentation, was declined to go. Patient got increasingly agitated and attempted to leave the ward.	Patient was put in restrictive holds and was escorted back to a quiet room. Patient was given time to calm down. Patient was given PRN.		Staff followed policy and procedures, clinical documentation updated		None (no harm caused by the incident)	Closed
GHC36427	02/12/2004	01/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)			RT headbanging in her room at hand over time. PMVA teams called and Duty dec to been to KD.	De-escalation techniques used as per her care plan. RT used and used and signed for as the STRAIL		Care plan for SIB in place and implemented	none	None (no harm caused by the incident)	Closed
GHC36430	02/12/2004	01/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	18 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Seated (other)			At approximately 4.15pm, the patient was observed by staff arguing with a peer due to their racist comments. The charge nurse overheard from the managers office so attended and spoke with the patient, subsequently redirecting him back to his visitors in the female lounge. The patient asked the charge nurse to come in and speak with him, where he was informed that he will not be allowed to go on leave to buy CBD, and that if he do he would just run. The charge nurse clearly stated to the patient that he would not be escorted if he continued to demand and make threats to abscond. The patient then decided to run out of the room, charge nurse following.	The patient reached the ward front door and at that time was intercepted by an RMN and HCA. The charge nurse and another HCA were just behind and noted that the patient was not yet in full holds. The RMN and HCA then placed the patient into holds and brought him back to the ward. The charge nurse and seated HCA then placed the patient into holds and brought him back away from the door, ultimately walking him to the female lounge where he had been with his visitors. (They were asked to leave the room.) Patient was placed on the sofa in holds for approximately two minutes. Patient demanded the staff ease their hold, but charge nurse made clear that this would not occur until he was calm enough. Safety seeing the hold to be continued to prevent as hostile. After easing holds, patient continued to demand to be let go, and was told to wait a further 1 minute of calm behaviour. Boundaries about behaviour were shared by each	PMVA implemented to prevent abscond and to return to ward	none	None (no harm caused by the incident)	Closed
GHC36432	02/12/2004	01/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	supine (face up)			12:42 - patient had been seeking conflict with staff member throughout the shift, attempting to provoke staff being verbally abusive towards them and refusing to follow staff instruction. At this point, patient walked behind the staff member, and attempted to punch staff making contact with their back. patient continue to attempt to hit staff member, staff placed patient in holds as he took himself to the floor. Patient was then taken over to restraint with staff and RT medication was administered. 14:01 - patient kneeled on the nursing station door, they attempted to enter the nursing station barging staff. staff placed the patient in holds, patient began to hit out at staff. Staff were able to place the patient in the ECA where he was restrained. 15:13 - patient was parading around the communal areas, earlier in the shift, patient had make reference to staff that they were "mad". Patient punched staff in the eye unprovoked. PMVA side were		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy. Staff member advised they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC36438	02/12/2004	01/12/2004	Q1 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	supine (face up)			Patient was held in a seated clinical hold to enable bloods, COVID-19, and seasonal flu vaccinations, as needles were present. All paperwork MCA,BI, proportionality uploaded to NO	distraction techniques	None required	None required	None (no harm caused by the incident)	Closed
GHC36441	02/12/2004	01/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Non-standard hold	pulled away from wall using similar techniques to restrictive escort		Patient was heard to be headbanging.	Staff gain restrictive holds to just position away from wall. Verbal de-escalation techniques were then carried. Staff used grounding statements to help the patient. Staff sat with the patient while they	Care plan in place for SIB and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36460	02/12/2004	02/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	supine (face up)			Patient heard banging (low intensity) on bedroom wall. Not responding to usual oasis/ verbal de-escalation.	requested a safety monitor. Patient was placed in PMVA holds on bed. Patient slid to floor taking nursing staff with them - holds released. Patient continued to head bang low intensity on floor. Patient supported through LIA 1am to supine. RT Promethazine 50 mg administered as clinically indicated and to good effect. Breathing / Grounding techniques administered to good effect. DMO review completed immediately post RT. 6am Touch RT Observations commenced + NEWS 2.	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36953	03/12/2004	03/12/2004	Watton Lawn- Kidsley Ward	Watton Lawn- Kidsley Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Planned	PMVA (physical intervention)	Supine (face up)			Patient came to the communal area, put herself on the floor and decided to stay in the floor. Patient was encouraged to stay up which she declined and started to strip her clothes and become naked. Staff offered her clothes which she refused. Staff encouraged her to get dressed and she refused. Staff managed to get clothes on and changed her positions in between as per care plan. She was on the floor for 20 minutes and after that team decision made to take her to the bed room. Patient was resistive at first. Used a Mongo cushion and was taken safely to bedroom. Patient was found to have self harmed in bathroom. Informed DMO. Cleaned wound and waiting review from DMO before dressing. 22:52 - When staff went back in with DMO patient was eating her arm again and refusing to stop. PMVA team called. Attempted de-escalation to try and get patient to stop eating herself and drop the razor All efforts were unsuccessful. patient started to shred with the razor. Staff attempted to get her into a PMVA hold when she twisted her hand and [illegible] the razor across her throat. PMVA holds were implemented successfully. seated on the bed. De-escalation used. Holds released.	Supported pt with MHA due to risk now regraded to informal	N/A	None (no harm caused by the incident)	Closed
GHC36940	03/12/2004	03/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			Patient was placed in a seated clinical hold to enable bloods, COVID-19, and seasonal flu vaccinations, as needles were present. Proportionality agreed by GP MCA and BI documents completed and uploaded to	The holds were released immediately after administering the hold. Provided de-brief after the incident. DMO reviewed after the incident Post RT non touch observations were initiated. Post headbanging neuro observations were commenced.	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36943	03/12/2004	03/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			The patient was put on PMVA holds on the pad along with the use of a leg cushion to facilitate the NG feed. She was very resistive throughout the feed and tried to pull out the NG tube many times during the feed. Patient pulled out the tube after the feed administration.	Staff interacted and talked about different topics to divert the patient from negative thoughts. Staff kept the patient on holds and supported the patient to help her get settled before releasing the holds. Patient was on 1:1 for an hour while the feed administration. Assisted for a walk afterwards.	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC36473	03/12/2004	03/12/2004	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)			patient not accepting depot medication patient had to be given his depot under restraint. pmt used.	patient not physically resistive, however distressed and not consenting		review dose of medication	NA	None (no harm caused by the incident)	Closed
GHC36482	03/12/2004	03/12/2004	Q1 IHOT	Other Q1 (non-non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (POD used)			Patient was placed on seated POD clinical need as patient being re-PDD in bed interest, in proportion to the risk of serious harm if any undetected medical condition is not treated. MCA/BI and Proportionality paperwork previously completed prior to procedure.			None required	None required	None (no harm caused by the incident)	Closed
GHC36500	03/12/2004	03/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)			Patient was placed on holds for the facilitation of NG Feeding.	Patient was placed on seated POD for the facilitation of NG feeding. - patient was really resistive at the time of the feeding process. she was trying to bite the tube and once tried to induce gag reflex at the time of the tube insertion. -She was constantly trying to slide down through the POD and Pull the Ng tube in an attempt to sabotage the feeding process. - After the feeding the tube was kept in place along with the implementation of holds to see whether the patient can keep the Ng tube with out the bridal however the patient was resistive constant and was trying to pull and bite the tube. Pad dog was near the the patient to support her however none of the techniques was effective. -The patient was placed on holds nearly 45 minutes to make sure that she tolerates the tube however she was resistive.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC36515	04/12/2004	03/12/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)			service user was self-harming in the communal area's razor blade, attempted verbal de-escalation to no effect, she declined to give the blade to staff. Service user was informed however due to the risk she is posing to herself and potentially others, we would be unable to allow her to keep the blade in her room. The Decision made to utilise restricted escort from the courtyard to her bedroom. Whilst in holds, service user was quiet combative. PMVA activated, service user put the blade in her mouth PMVA staff arrived, was able to sat her on bed and cushion was used on legs. She remained resistive, trying to stand up. Verbal devacalation was futile, service user was chewing the blade and acting like she was swallowing it. Service user was not engaging with the devacalation, has also offered pro bar she declined. Holds was released, one staff stayed with her for 1:1, she was asked to confirm if she swallowed the blade she said it does not matter.	PMVA activated Verbal de-escalation 1:1 with staff Doctor has been informed Doctor has advised to closely monitor service user as sending her to A&E would escalate the situation Because service user wanted to leave the ward.	process followed	None (no harm caused by the incident)	Closed
GHC36521	04/12/2004	03/12/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	supine (face up)			Patient was being aggressive, derogatory and abusive towards staff and patients in communal areas, staring at peers intimidating and demanding they ate a certain way.	Verbal de-escalation utilised, oral medication offered and accepted, patient continued, PMVA team called, PMVA holds implemented, patient was then moved backward to bedroom holds, became combative and patient moved to the floor for safety.		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Post RT observations completed, as per policy. Staff member advised they would be supported to report this to the police, should they wish to do so.	The importance of PBS plans to identify early warning signs and avoid an escalation, thus preventing further incidents of violence and aggression towards staff. However, it is acknowledged that these incidents are often unexpected and therefore unavoidable. The importance of firm boundaries and sticking together as a team when faced with difficult incidents.	None (no harm caused by the incident)	Closed
GHC36525	04/12/2004	03/12/2004	Q1 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			The patient was held in a seated clinical hold to enable bloods, COVID-19, and seasonal flu vaccinations, as needles were present.	The patient was given both vaccinations.		None required	None required	None (no harm caused by the incident)	Closed
GHC36526	04/12/2004	03/12/2004	Q1 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			The patient was held in a seated clinical hold to enable bloods, COVID-19, and seasonal flu vaccinations, as needles were present. Proportionality agreed by GP MCA and BI documents completed and uploaded to	distraction techniques	None required	None required	None (no harm caused by the incident)	Closed
GHC36531	04/12/2004	03/12/2004	Q1 IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)			The patient was held in a seated clinical hold to enable bloods, COVID-19, and seasonal flu vaccinations, as needles were present. Proportionality agreed by GP MCA and BI documents completed and uploaded to	distraction techniques, verbal de-escalation	None required	None required	None (no harm caused by the incident)	Closed
GHC36532	04/12/2004	04/12/2004	Watton Lawn- Greyfrars PICU	Watton Lawn- Greyfrars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)			Patient being disruptive and aggressive towards peers he then lunged at peer and attempted to assault him.	PMVA holds implemented to move away from the area.		Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to

GHC36568	05/12/2024	04/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Dithen staff went for the hourly observations, patient found as headbanging by sat on floor against the wall. Staff went there to certatly de-escalate patient which was failed. Patient appeared as more distressed and was hitting head against wall. Unplanned PMVA was called as team decision. to prevent patient from seriously harming themselves. Attempted verbal de-escalation and the sym plan techniques like holding tar pack, smelling tiger balm, holding a pillow were used. Patient was supported to release the holds as patient was appeared as relaxed - soon after the holds released patient started to head bang again. Offered medications orally which patient declined and cause RT IM in comparison. Like wi	After medication patient appeared as more settled and went to the communal area and spent time with others.	Care plan in place for SIB and implemented RT protocol implemented	none		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36569	05/12/2024	05/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	66 - Other (not listed)	Unplanned	PMVA (physical intervention)	Supine (face up)		through out the shift. Appeared as high in mood while patient coming to the communal area. Blocked the toilet with pads and flooded her whole room. Kind while patient was in the communal area, stripping naked, shouting, swearing and throwing objects and parts. Observed as shouting, screaming disturbed other peers sleeping in the room. Peers also joined the communal area and asking for PRN as peers cannot be able to sleep because of the shouting. Offered PRN which patient said at his her private area	Made a team decision to call a team, and moved patient to her room safety. Offered oral medication which patient declined, therefore given RT 2 mg Lorazepam IM.	none	none		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36570	05/12/2024	03/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Service user was heard headbanging lightly using back of head against the wall, staff used verbal de-escalation, grounding techniques however she was quite dismissive and unsupportive. She was offered some pm medication however she ignored staff and continued to bang her head against the wall. Due to low with her best interest staff made a team decision to call a planned PMVA only females to give her some PRN medication. Service user was offered the PRN - holding ice pack, smelling tiger balm, Sipping tea in the up water which patient agreed and for	PMVA activated, holds were utilised RT promethazine 50mg administered intramuscularly. Physical observation and non-touch started Neurological observation checked with GCS 15 Reviewed by DWO	care plan followed N.A			Low (minor harm, caused by the incident)	Closed
GHC36569	06/12/2024	05/12/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		Patient increasingly distressed and being physically violent to staff on multiple occasions (separate dates completed)	PBM holds used to prevent further harm to others or self, patient supported using holds to bedroom. RT IM given to 6 Kings. Staff disengaged holds and left patient in room to de-escalate, as still distressed by staff (able to observe through door window). Patient then came out of room and was physically violent again, so further PBM used to support back to bedroom. Staff sat with patient on bed and used verbal reassurance which worked intermittently. When patient had de-escalated, staff disengaged and left. Observers were settled now - allowing staff to support	Managed appropriately	N/A		Low (minor harm, caused by the incident)	Closed
GHC36590	05/12/2024	05/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		administer to patient as prescribed NG feed	NG feed administered as prescribed via NG tube positioned and re-confirmed prior to use. Patient was in a seated position in a PMVA cushion. NG Tube positioned and as prescribed NG feed administered in seated PMVA holds. Patient had regular medication facilitated out of PMVA holds. Escorted 1:1 walk and return on to ward facilitated	care plan followed	N.A		Low (minor harm, caused by the incident)	Closed
GHC36595	05/12/2024	05/12/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		10AM - heard to be headbanging in room, sat on bedroom bathroom floor hitting top of head on door frame	staff offered verbal deescalation n holds to prevent further headbanging Lauren stood and walked to bed whilst in holds sat on bed and verbalised thoughts and feelings 1:1 with staff to discuss this - there is no point to self- harm given and her coffee given identified yesterday was a triggering day after speaking to consultant in ward round, nothing is changing Requested to see social worker to discuss panel/care providers but didn't come to ward Had good sleep but woke up in the same mood as yesterday regular morning meds given + PRN paracetamol ECG - Nurse has completed NEWS2 = 1 for pulse 104 and ECG 15/15 Taken for cigarette, encouraged to spend time in communal are and have planned 1:1 with Mr encouraged to attend appts today - psychology and occupation	Mental state, associated risks, and management plan reviewed Safeforn care plans in place Selfharm Pathway available	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36602	05/12/2024	05/12/2024	Watton Lawn- Dorothers PICU	Watton Lawn- Dorothers PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		The patient was in the dining area with other patients and staff queuing for lunch from the trolley. Patient made requests for several portions of food to be kept by for him, at which time staff requested that he wait his turn and he became verbally aggressive. The patient used then have another serving. At this time the patient became verbally aggressive and threatening towards female staff members who were stood nearby. Patient threatened to throw his plate and cup at staff members and was then seen in his bay attempts to demonstrate a headbutt to staff unsuccessful. At this time 2 x staff members placed the	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.		Low (minor harm, caused by the incident)	Closed
GHC36610	05/12/2024	05/12/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		Given RT medication with holding technique	PBM given using PBM	medication is currently being reviewed	NA		Low (minor harm, caused by the incident)	Closed
GHC36616	05/12/2024	05/12/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was headbanging in her bathroom. Sat on floor and was banging head on the side of the door to door	Patient was very resistive, PMVA called Administered Promethazine IM RT on hold Offered ice pack and lavender oil Patient was offered 1:1 Neuro obs commenced Duty dr informed	Mental state, associated risks, and management plan reviewed Safeforn care plans in place Selfharm Pathway available Patient reminded of risks associated with head injury	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36630	05/12/2024	04/12/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Service user was found in her bedroom at 12:45 pm in the bathroom Staffs went in , tried to de-escalate with grounding techniques along with tai-dig, tai-pack and lavender, of which didn't work Staff initiated PMVA on holds with cushion. Staff managed to stop banging, but the patient was trying to de-that again.	RT IM Lorazepam 2mg was given on holds Hot water was offered dipped the face in it several times, offered lavender oil and ice pack, Staff stayed with the patient, later came to communal area	Mental state, associated risks, and management plan reviewed Safeforn care plans in place Selfharm Pathway available	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36637	05/12/2024	05/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was restrained for administration of NG feed		care plan followed	N.A		Low (minor harm, caused by the incident)	Closed
GHC36639	05/12/2024	04/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Patient was informed about slot depot administration, the patient seemed nervous and anxious about the depot injection. When staff members approached the patient to administer medication, the patient was reluctant, but patient was reassured and staff members offered to sit next to them. Staff had to plan the patient on physical holds on both arms while seated due to patient was resistive despite multiple attempts to administer oral. Staff had to plan the patient on physical holding due to pull. Depot administration administer		Staff followed policy and procedures, clinical documentation updated			Low (minor harm, caused by the incident)	Closed
GHC36643	05/12/2024	05/12/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		patient assisted to his bedroom di staff one on one side due to escalating behaviour	seated restraint used on patient one staff each side. Staff set up, fed administer an right thigh. staff brake away patient left to de-escalate in his bedroom.	medication reviewed as on weekly depot increase potentially needed	NA		Low (minor harm, caused by the incident)	Closed
GHC36644	05/12/2024	03/12/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Supine (face up)		Patient was due for depo. Staff had a conversation with patient regarding the depo. Patient refused to have it . Observed patient getting agitated and argumentative with staffs. Patient lacks capacity to understand current mental and physical health needs.	Patient was resistive, PMVA called Team. Team arrived , entered in bedroom. Patient was lying down on the bed . Patient started shouting and screaming at staffs , became agitated and resistive. Restraint used while lying down on bed (on back). Once the team held the legs and left hand , patient calmed and staff managed to give the depo . RT IM Lorazepam 2 mg administered to avoid further more aggression and escalation . Patient de-escalated by herself after RT.	Psychological harm identified as patient not happy with depot administration PBS Care plan to be reviewed Risks reviewed, trigger for aggression identified Subsequent depot administered without restraint	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36646	06/12/2024	06/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		When staff went to the female corridor, observed that patient was head banging against the wall by using back of her head. Staff went there to de-escalate and attempted to use the de-escalation techniques but appeared as she was unable to engage with staff at that moment. Observed as struggling more, therefore to prevent her injuring herself and in line with her best interest staff made a team decision to call a planned PMVA only females to give her some PRN medication. Service user was offered the PRN - holding ice pack, smelling tiger balm, Sipping tea in the up water which patient agreed and for	PMVA activated, holds were utilised Patient was able to de-escalate and accepted the alternative interventions like ice packs, tiger balm as well as sipping the tea in cold tray. Also accepted paracetamol orally. Later, agreed to come and join in the communal area with staff which make patient feel more secure.	Care plan in place for SIB and implemented	none		Low (minor harm, caused by the incident)	Closed
GHC36649	06/12/2024	06/12/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Seated (other)		patient woke up agitated due to urine incontinence, had to be held by staff due to aggression in order to change him. Patient woke up again at 02:00 very very agitated and violent towards staff required at staff attempting to his out and tracking during personal care.	placed in hold in order to change and then assisted back to bed. King Lorazepam given at 02:00 second time round	PBM used during personal care- pt known to be agitated at times due to current MH and learning disability - supported by OOO.	NA		Low (minor harm, caused by the incident)	Closed
GHC36651	06/12/2024	05/12/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Supine (face up)		Patient was heard to be banging in their bedroom and entering the bed the patient was found to be banging their head on the wall. Staff attempted to de-escalate the patient , unfortunately the patient was unable to de escalate	PMVA team were called and restraint hold were used to protect the patient. Staff carried using vocal de-escalation techniques and the patient relaxed after 10 minutes . Oral PRN was given	Using NEWS risk of self-harm identified. Mental state reviewed, trigger identified Care plans reviewed Self harm pathway available Debrief held and action advised when patient is unable to	n/a		Low (minor harm, caused by the incident)	Closed
GHC36664	06/12/2024	06/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient to be facilitated as prescribed NG feed	Patient supported into seated PMVA holds in Pod 1:1 with staff member. NG tube positioned by CBH nursing staff in holds. Patient administered as prescribed NG feed in holds. Patient released from holds. Patient facilitated as prescribed regular medication, then escorted back to bay with staff member.	Care plan and prosess followed to support patient	N/A		Low (minor harm, caused by the incident)	Closed
GHC36666	06/12/2024	06/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Service user left the ward without writing on the board .When staff asked where she is going she has that "I'm going somewhere".	Service user was found to be banging in their bedroom and in her best interest to attempt blood test, in her best interest in proportion to the risk of serious harm if undetected medical condition is not treated. Her consent was declined and planned PMVA was initiated. PMVA team was called and she was put in holds by 12 staff. Nicola was calm and relaxed in the wheelchair and was not resistive to the PMVA holds. PMVA cushion utilised. She tried to block moving wheelchair by putting her leg across the wheels. Staff then disengaged her leg from the wheels. Holds with use of PMVA cushion and 1:1 nursing staff holding left leg up to prevent Nicola using her leg to stop the wheels of the wheelchair with her feet.	POLICY AND PROCEDURE FOLLOWED	N/A		Low (minor harm, caused by the incident)	Closed
GHC36667	06/12/2024	06/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		At around 11, she started headbanging in her room with back of her head at low intensity .(1st incident) Staff went in , tried to de-escalate with grounding techniques along with tai-dig, tai-pack and lavender, of which didn't work .(2nd incident)	1st incident - Attempted verbal de-escalation, offered distraction techniques however she was not ready to engage with PMVA on back on back of her head PMVA team was called. She stopped headbanging when the team came , deemed used any holds , she started crying 2nd incident - Staff immediately used the ligature cutter to cut off the ligature . She was very resistive trying to harm herself with the ligature PMVA team was called and she was put in holds by 12 staff. She then started to cry. Verbal de-escalation was	Care plan and prosess followed to support patient	N/A		Low (minor harm, caused by the incident)	Closed
GHC36656	06/12/2024	06/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was restrained for administration of NG feed		Care plan and prosess followed to support patient	n/a		Low (minor harm, caused by the incident)	Closed
GHC36657	06/12/2024	06/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient heard headbanging on hourly checks by staff	staff offered verbal deescalation Staff attempted verbal de-escalation but was unsuccessful. Staff offered PRN but patient declined. Patient was offered RT but declined the face in it several times, offered lavender oil and ice pack, Staff stayed with the patient, later came to communal area	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed.	None identified.		Low (minor harm, caused by the incident)	Closed
GHC36658	07/12/2024	07/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		During hourly checks patient was found headbanging on the wall whilst seated on the floor at about 05:00hrs. PMVA holds done. Verbally de-escalated and offered other therapeutic intervention as part of sym action plan. Reassured and supported accordingly. Supported accordingly to good effect. Encouraged to sat in communal area with staff. Offered pm promethazine 25mg, accepted.		Care plan in place for SIB and implemented	none		Low (minor harm, caused by the incident)	Closed
GHC36708	07/12/2024	07/12/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient was very unsettled in the communal area , started to escalate very repetitive and banging on the others with her walker .	Patient was resistive and refused to be planned on the holds, Staff managed to stop banging, but the patient was unprovoked - no harm or injury caused. patient then began to shout in another peers face, and was presenting as hostile and aggressive . patient did not respond to any redirection or	was not responding , very repetitive and aspert refused to take oral medications , therefore PBM, lorazepam 1mg given as IM on left thigh with the side of the chest holding	behaviours are due to current mental health		Low (minor harm, caused by the incident)	Closed
GHC36716	07/12/2024	07/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort			Staff decided to escort patient away from the communal areas in attempt to change the environment and move patient to a less stimulating environment.	SUPPORTED BY STAFF	N.A		Low (minor harm, caused by the incident)	Closed
GHC36720	07/12/2024	07/12/2024	Watton Lawn- Dorothers PICU	Watton Lawn- Dorothers PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Standing		Pt (name removed) came from the visitors room where he had been calling his bank. He approached PMVA and HCA who were seated in communal areas where he was demanding leave to buy a phone. He was told that he could not leave and was asked by staff as he could transfer money into their account and they buy the phone for him. All of this was denied and explained to him how he jeopardised his own home by not using what he had appropriately. He then shrouded their personal spaces with his middle finger up on both hands and thrusting this into their faces. Pt was then asked to remove his hands from their faces. Pt who by this time was throwing gazebos towards HCA and trying to headbutt him. Other staff assisted but Pt pushed HCA onto CD who was asleep on the sofa and had him pinned against the wall where he was trying to headbutt him. Pt was then taken to the visitors room (LHB 3). Staff were able to take hold of Pt who	PMVA team were called. He was eventually restrained by staff and was continued to show threats at HCA. He was administered 5mg lorazepridal and 2mg lorazepridal orally in the presence of the PMVA team.				Awaiting Reviewed	
GHC36725	07/12/2024	07/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Restrictive intervention was used for the facilitation of the NG feeding.	PATIENT WAS GUIDED TO SEATED POD POSITION FOR THE FACILITATION OF THE NG TUBE FEEDING PATIENT WAS RESISTIVE AT THE TIME OF THE FEEDING PATINET BITTED AT THE TUBE ONCE. AS SOON AS THE FEEDING WAS DONE THE PATENT STATED THAT SHE WILL TRY TO KEEP THE TUBE WITHOUT THE BRIDLE HOWEVER WHEN THE HOUSE-NEW REJLEASED THE PATINET PULLED THE NG TUBE	Care plan and prosess followed to support patient	N/A		Low (minor harm, caused by the incident)	Closed
GHC36708	07/12/2024	07/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (PDO used)		Patient was headbanging. Verbal de-exalation was failde . She declined to engage with staff.	Patient was resistive and refused to engage with staff, PMVA team was called, RT promethazine injection 50mg administered. Still declined to engage with staff. She stopped being resistive therefore released from holds. Neuro and RT observations commenced.	Care plan and prosess followed to support patient	N/A		Low (minor harm, caused by the incident)	Closed
GHC36710	07/12/2024	07/12/2024	Watton Lawn- Dorothers PICU	Watton Lawn- Dorothers PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was standing in the communal areas being rude to staff, shouting swearing and being intimidating, this is following an incident where he spat at staff (separate date completed for this) Patient was guided back to his room using a non-hold shepherding technique. Patient become argumentative with staff and then went to physically attack them. Staff initiated Red holds and walked patient into his bedroom. Staff sat with patient on his bed in holds whilst	Verbal de-exalation PMBI (PMVA) techniques implemented to make the situation safe.	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the trigger and see whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review.	None identified.		Low (minor harm, caused by the incident)	Closed
GHC36712	07/12/2024	07/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB (patient ingestion / misdemtal)	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient MW started head banging while alone in room.	Staffs intervened, offered oral medication, as de-escalation was not successful staffs put her on holds and administered RT injection.	Care plan in SIB in place and implemented RT protocol implemented	none		Low (minor harm, caused by the incident)	Closed
GHC36713	08/12/2024	07/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Patient was found headbanging on the wall whilst seated on the floor. PMVA called and was put on physical holds Leg cushion applied. Verbally de-escalated. Offered with other therapeutic intervention a part of their sym action plan. Reassured and supported accordingly. No pharmaceutical intervention given as patient had		Care plan around SIB in place and implemented	none		Low (minor harm, caused by the incident)	Closed
GHC36712	08/12/2024	08/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient was restrained for administration of NG feed Patient became distressed and then physically violent to staff members who were trying to administer her arms. Patient supported to sit on the pod in holds to both arms, cushion placed over legs.. Patient head supported by staff. NG feed administered. Holds to both arms released a short while after patient presented as calm. Cushion removed from legs.	Patient assisted to sit on the pod in holds to both arms. Patient supported to sit on the pod in holds to both arms, cushion placed over legs.. Patient head supported by staff. NG feed administered Holds released from both legs Holds to both arms released a short while after patient presented as calm.	Care plan and prosess followed to support patient	N/A		Low (minor harm, caused by the incident)	Closed
GHC36700	08/12/2024	08/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient displayed signs of restlessness and thought blocking, presenting as disorganised and chaotic. Entered communal areas dressed inappropriately. She requested an intramuscular injection; however, staff explained that this was not necessary at the time and offered oral 5mg of PRN haloperidol 5mg and promethazine 50mg Her behaviour escalated, increasingly confrontational,	DWO was informed and lorazepam IM 2mg administered in holds. Post RT physical observations started.	PROCESS FOLLOWED	N/A		Low (minor harm, caused by the incident)	Closed
GHC36702	08/12/2024	08/12/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (PDO used)		Service user was throwing chocolates towards other service user as well towards staff when trying to redirect . Service user was not able accept any redirection received invading other service user and personal space.	Staff tried to redirect multiple times to redirect the service user however was not able to accept any redirection. Required planned PMVA support to safely support the service user and administered RT IM medication.	PMVA team were called, Using de-escalation techniques others, Staff sought to de-escalate, however decision reached to call a PMVA team to assist as aforementioned RT IM medication was given.	Staff implemented de-escalation strategies, however escalated to a PMVA team when difficult behaviours towards others continued. Situation managed effectively by staff involved.		Low (minor harm, caused by the incident)	Closed
GHC36707	08/12/2024	08/12/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		Patient was supported for his personal care as PBM HOLD	Patient was not able accept reassurance and re direction for his personal care due to confusion and he was supported for it, as PBM HOLD	Managed appropriately as per PBM care plan to support personal care	N/A		Low (minor harm, caused by the incident)	Closed
GHC36708	08/12/2024	08/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		Patient resistive and requiring support for administration of as prescribed NG feed.	Patient supported into seated PMVA holds in Pod 1:1 with staff member. NG Tube positioned and NG feed facilitated by CBH nursing staff in holds. Patient released from holds. As prescribed regular medication facilitated, post NG feed 1:1 for one hour facilitated including escorted walk.	Care plan and prosess followed to support patient	N/A		Low (minor harm, caused by the incident)	Closed
GHC36770	09/12/2024	08/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Prevent a patient causing serious physical injury to themselves by accident	Unplanned	PMVA (physical intervention)	Seated (other)		Patient expressed that they are having flashbacks. Staff supported accordingly but fatite started to headbang on the floor, used their knees and trying to hit the back of their head on the wall. PMVA called. Physical holds done. tag cushion applied. Verbally de-escalated and offered other therapeutic intervention to no avail. RT promethazine 25mg IM given. Patient was continuously verbally de-escalated and re-assured and supported. Post RT non-touch physical observation and physical observations done. Debrief done.		RT protocol implemented	none		Low (minor harm, caused by the incident)	Closed
GHC36794	09/12/2024	09/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (PDO used)		pmva required for administration of NG feed.	pmvd and tag cushion used. Co-members of staff.	Care plan and prosess followed to support patient	n/a		Low (minor harm, caused by the incident)	Closed
GHC36801	09/12/2024	09/12/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting extreme and otherwise dangerous behaviour	Planned	PMVA (physical intervention)	Supine (face up)		RT approached staff in the area in request for cigarette, PT was informed to wait for his next round of cigarette, PT was informed that he can have 2 more times, but continued to ask. PT tried to walk away from the ward-n-directed back. Went through the garden door where PT started to slam the garden	Staff offered PT oral medication couple of times, PT refused and state "I don't take medication". As a team it was agreed to give RT 50mg promethazine.	Patients unwell patient demonstrating difficult behaviours towards wards were not risk assessed. Unwell one, Staff sought to de-escalate, and decision reached to administer medication to aide patient to calm.	Staff-managed situation and successfully administered medication to aide patient to calm.		Low (minor harm, caused by the incident)	Closed
GHC36803	09/12/2024	09/12/2024	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient held along PBM holds to support her have PRN Lorazepam as per her treatment plan.	Staff reassured patient and talked to patient throughout the experience.	reviewed care plan	NA		Low (minor harm, caused by the incident)	Closed
GHC36818	09/12/2024	09/12/2024	Parent's own home	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PBM (physical intervention)	Seated (other)		Patient continue headbanging, kicking the kitchen door non stop, staff had to enter his unit to redirect him and also support him to calm and sit down to have a drink	Redirection, verbally and with pictures, then staff presence. Non-contact observations completed.	Incident dealt with appropriately by staff and in line with this patient's care planned interventions. For further review and discussion at weekly MDT.			Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC36825	09/12/2024	09/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (other)		Patient was resistive to the PMVA holds and was therefore restrained were facilitated with 5 PMVA staff on holds, service user was sat on a pod and cushion was used. During the procedure, service user was quiet resistive she was trying to move her head from side to side was repositioned and eventually food has been administered. At this time 2 x staff members placed the	Agreed PMVA with 5 staff on holds utilised.	Care plan and prosess followed to support patient	n/a		Low (minor harm, caused by the incident)	Closed
GHC36827	09/12/2024	09/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Standing		patient was given depot in the knee whilst she requested. Patient was appeared as a bit struggling therefore given PRN Promethazine before patient went. Patient was in the communal area and patient was not responding well to staff. They went to Royal hospital first and then went through the London road - and when patient re

GHC30315	12/12/2024	12/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	3 cort		Prior using have , staff enquired about the safety of the patient she said she want to leave the ward, does not wish to come back also added she wants to hurt herself	Pat on the shoulder PRN Offered ice pack. 1/1 time. Suggested distraction technique with no effect. Put her on section 5(4). Used arm holds to move her back to room. Debrief completed.	PROCESS FOLLOWED	N/A	None (no harm caused by the incident)	Closed
GHC30316	12/12/2024	12/12/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	3 cort		Patient was observed to get out of her bed and walk to the charge nurse and started to slap her. Nurse informed her that this was unacceptable and asked is there anything we come do for apart from open the door. Patient walked off down the male corridor where she spat in the face of a SN. Staff attempted to talk to patient but she ran to the male bay. She then patient dropped herself to the floor. 1x PBM used	Managed appropriately	N/A	None (no harm caused by the incident)	Closed
GHC30319	12/12/2024	12/12/2024	DMT West (Gio	Robert Maxwell 1128 suite	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious physical injury to themselves by violence	Unplanned	PMVA (physical intervention)	3 cort (other)		Patient Kicking doors Verbally aggressive demanding to leave the suite, managed to kick open first or two door. Unable to verbally deescalate - concern of further damage to property or persons if intervention not taken to stop risky behaviours.	Attempted to verbally deescalate Pulled alarms Psychiatric emergency called.	Unfortunate incident that appears to have been handled well at the time of incident. Staff operated per Maxwell Suite procedures and PMVA team were able to manage situation to get effect. Damage to Fresnell Suite reported to and resolved by Estates.	None, staff managed situation well at time of incident.	None (no harm caused by the incident)	Closed
GHC30320	12/12/2024	12/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was not at risk of severe acute ward / transfers of staff Service user was due for nasogastric feed. Service user was resistive during the feed. Staff utilised verbal de-escalation throughout the feed.	Verbal de-escalation Seated pad and cushion were used. Utilised distraction techniques. Offered pro medication. Care plan followed.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30321	12/12/2024	12/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient became unsettled in the vehicle whilst currently quite from a Dementia Chair, Self mobilisations, kicking feet. Started to slide down the seat in the back of vehicle and into the footwell. Vehicle had to be pulled over due to patient in footwell. After patient had calmed, journey re-commenced, however due to unsettled presentation the PMVA were called to assist with the RT. Due to control of right arm and leg implementing a seated hold to ensure safety in the vehicle.	Verbal de-escalation Seated pad and cushion were used. Utilised distraction techniques. Offered pro medication. 1:1 was offered. Went for walk after the feed. Care plan followed Debrief done.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30325	12/12/2024	12/12/2024	Morton Lawn - Kingsholm Ward	Morton Lawn - Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (POD used)		THE SERVICE USER WHO WAS BROUGHT TO THE SUITE, TESTED ON HIS WILL BANG OUT OF HIS ROOM, RESPONDS STRAIGHT TO THE FRONT DOOR, HE MANAGED TO QUI OFF THE SLIDING DOOR AS A STAFF WAS COMING IN OPENED THE DOORS, STAFF FOLLOWED HIM, TOWARDS THE ROAD NEARBY. A TEAM WAS CALLED. WHEN ON THE ROAD HE WAS ATTEMPTING TO RUN ACROSS THE ROAD, IN AN ATTEMPT TO TOUCH. STAFF MANAGED TO PUT HIM ON HODS ON THE MIDDLE OF THE ROAD AND TAKEN BACK TO THE WARD.	ADMINISTERED STAT DOSE OF PROMETHAZINE 50MG. DISBRIEF DONE	New admission now and caught to leave ward, managed to get through doors by tailgating a staff member. Patient was placing self in danger, running between cars, however seemed able to avoid being hit, suggesting this was not a suicide bid but driven through other pressure. Was brought back through gaining assistance from PMVA team, patient was safety returned to ward without injury.	Staff managed incident professionally and were able to safely return patient to ward. Medications administered and debrief completed.	None (no harm caused by the incident)	Closed
GHC30329	12/12/2024	12/12/2024	Morton Lawn - Dean Ward	Morton Lawn - Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	3 spine (face up)		Staff were made aware of loud banging noise coming from a bedroom On entering the bedroom staff found a patient repeatedly banging their head on the wall.	Staff attempted to de escalate the patient using verbal techniques, however this failed, as a pillow was put in front of the patient and a PMVA team were called.	Clinical holds, distraction tool, and management plan reviewed Self harm care plans in place Patient often regulates herself. least restrictive practice not always effective, RT required on these	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30356	13/12/2024	13/12/2024	Morton Lawn - Kingsholm Ward	Morton Lawn - Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		SERVICE USER WAS DISCHARGING THE WARD, HE WAS ALSO accept any redirection walking towards other wards, kicking and banging harshly on other department door as well as sliding door, not responding to any type redirections , Assaulted staff members when they approached him, attempted to kick staff, throwing punches towards staff leading to restrain, service user in PMVA hold within supine position for 3min. Staff checked physical observations while on holds , and tried to deescalate .Service user remained resistive, continuously threatening staff, unable to therefore he was put on holds administered with RT medication at 23:00. Service user was redirected to his bedroom ,however he has continued remained in unsettled, damaged his bedside cupboard as soon as he left the room was redirected to his bedroom	Tried To redirect and deescalate the service user verbally. PMVA support been called for assistance, Administered RT Medication.	Acutely unwell patient becoming aggressive whilst trying to flee ward, staff worked to prevent patient leaving and utilised PMVA team and medications to gain control of the incident. Staff members acted to maintain safety of whom and others whilst maintaining safety of patient.	Staff managed this difficult incident with compassion and professionalism, were able to maintain safety of patient and medications administered in efforts to aide the patient to calm.	None (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30358	13/12/2024	13/12/2024	Morton Lawn - Kingsholm Ward	Morton Lawn - Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (POD used)		SERVICE USER WAS DISCHARGING THE WARD, HE WAS ALSO accept any redirection walking towards other wards, kicking and banging harshly on other department door as well as sliding door, not responding to any type redirections, it was continuously threatening staff, unable to manage physically even after called for further assistance. Therefore informed police for PBM, Service user was in PMVA hold within supine position for 3min. Staff checked physical observations while on holds , and tried to deescalate .Service user remained resistive, continuously threatening staff, unable to manage physically even after called for further assistance. Therefore informed police for PBM, Service user was in PMVA hold within supine position for 3min. Staff checked physical observations while on holds , and tried to deescalate .Service user remained resistive, continuously threatening staff, unable to therefore he was put on holds administered with RT medication at 23:00. Service user was redirected to his bedroom ,however he has continued remained in unsettled, damaged his bedside cupboard as soon as he left the room was redirected to his bedroom	PMVA Support has been called. Tried to deescalate.	Acutely unwell patient seeking to flee from ward, staff worked to prevent patient fleeing, summoned a PMVA team to assist. Situation escalated and patient armed self with a weapon, therefore police contacted and attended to assist in disarming patient. Medication administered in efforts to aide patient to calm.	Staff acted to prevent patient fleeing hospital, managed to successfully disarm patient of a weapon from broken furniture he had damaged. Police existed in disarming patient and patient was able to have medications administered to aide him to calm.	None (no harm caused by the incident)	Closed
GHC30340	13/12/2024	12/12/2024	ID IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Liaise/Mix administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		the patient was held in a clinical hold to administer both covid-19 and seasonal flu vaccinations safely. The patient also had his bloods taken x 4 bottles taken from the left elbow	Verbal reassurance and distraction techniques	None required	None required	None (no harm caused by the incident)	Closed
GHC30342	13/12/2024	13/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed	pad and leg cushion used 1:1 offered	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30343	13/12/2024	13/12/2024	ID IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	3 spine (face up)		PBM supine clinical hold on the bed, on patient in their Best Interest, in proportion to the risk of serious harm to the patient and others, to administer covid-19 immunisation to protect against risk of serious harm from illness due to health vulnerabilities.	Explained to family how the procedure would take place and what monitoring would be used to safeguard the patient. Collaborative MCA and BI process, documentation completed. Clinical hold implemented in a controlled manner with PMVA support, consent gained for the clinical procedure to take place. 1 person supine clinical hold on the bed in the patient's home environment for administration of IM vaccinations in left deltoid muscle. Monitoring of physical and emotional wellbeing by	None required	None required	None (no harm caused by the incident)	Closed
GHC30344	13/12/2024	13/12/2024	ID Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PBM (physical intervention)	Personal care (standing)		Due to intensity of patient headbanging, PBM restrictive hold was done using pad.	Verbal de-escalation. PMVA holds. Debrief completed.	POLICY AND PROCEDURE FOLLOWED	N/A	None (no harm caused by the incident)	Closed
GHC30345	13/12/2024	13/12/2024	ID IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Liaise/Mix administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		The patient was held in a clinical hold to administer flu vaccination safely. The patient was held in a clinical hold to administer flu vaccination safely. Proportionality given by GP MCA and BI uploaded to RIO	Bloods were unsuccessful during the hold The patient assented after the hold was unsuccessful	None required	None required	None (no harm caused by the incident)	Closed
GHC30346	13/12/2024	13/12/2024	ID IHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Liaise/Mix administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in patients best interest in order to safely complete a blood test		None required	None required	None (no harm caused by the incident)	Closed
GHC30362	13/12/2024	13/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	17 - Prevent the patient exhibiting self-neglecting behaviour	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		Spoke to service user, offering 1:1 also in a view to complete NISE and admission paper works. A discussion was held with the service user, nurses and others. When asked if there would be anything we could do to help him. A suggested Pro A had 5 mg Haloperidol as per consultants advice. However, ,h was still struggling. A was observed to almost continuously pace the corridor, attempting to open door and staff were on door watch, had stressful fist, and an occasion managed to go off ward- staff redirected. A appeared frustrated, many of attempts pacing in the corridor. He kicked doors on the corridor and was observed to punch the wall on one occasion in the area. He was observed to kick fire exit door down the corridor. Charge Nurse and HCA approached A and acknowledged how he might be feeling and how his frustration is valid. But requested to not kick/punch doors. A was calm,and appeared to respond well to verbal de-escalation. Reassured that we are here to support him and to contact us if he needs us.	When asked what he usually find helpful, A informed staff that Pro are not working. Listening to music was one thing that A found helpful. A was also found of playing to quiet space or using distraction as helpful. Although A reported 1:1 conversation not helping, responded really well to verbal de-escalation. Ch informed A that he would be helpful if having more pro. A was also offered PRN medication, however declined. Staff putting on light precautionary holds as these process can be scary and people could resist in reflection. A was happy with this. Guided A to TV lounge and he had 50 Mg Promethazine IM, on precautionary holds. A was not resistive, and holds were released immediately. Non Touch 5ks.	Staff worked towards helping patient understand their feelings and emotions and were present to support managing thoughts and feelings. Patient responded well to this, however continued to present as a danger to self and others. Medications administered with some effect, staff were able to return patient to ward.	Staff acted in a professional and compassionate manner towards highly agitated patient, sought to gain an understanding of his concerns and promoted strategies aimed at helping patient cope with being in hospital.	None (no harm caused by the incident)	Closed
GHC30364	13/12/2024	13/12/2024	Residential care home	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Liaise/Mix administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Proportionality received for hold to be used prior to this from the GP. Completed in the best interest of the patient and is used as the least restrictive option.		None required	None required	None (no harm caused by the incident)	Closed
GHC30375	13/12/2024	13/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for nasogastric feed. Service user was put on PMVA holds by 5 members of staff. Service user was very resistive during the feed. Staff utilised verbal de-escalation during the feed.	Verbal de-escalation Seated pad and cushion were used. Utilised distraction techniques. 1/1 was offered. Went for walk after the feed. Care plan followed Debrief done.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30376	13/12/2024	13/12/2024	LDSS	LD transport / GHC car	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		Patient became unsettled in the vehicle whilst currently quite from a Dementia Chair, Self mobilisations, kicking feet. Started to slide down the seat in the back of vehicle and into the footwell. Vehicle had to be pulled over due to patient in footwell. After patient had calmed, journey re-commenced, however due to unsettled presentation the PMVA were called to assist with the RT. Due to control of right arm and leg implementing a seated hold to ensure safety in the vehicle.	Due to unsettled presentation HCA 1 took control of left arm and leg and HCA 2 took control of right arm and leg implementing a seated hold to ensure safety in the vehicle. Verbal de-escalation throughout was successful and then attempts to disengage were, however re-escalation and re-engagement of hold required.	review of care plans and risk assessments	LDSS staff to continue monitoring presentation during visits.	None (no harm caused by the incident)	Closed
GHC30381	13/12/2024	11/12/2024	ID IHOT	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Liaise/Mix administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM clinical hold administered to be able to support with phlebotomy, flu and covid vaccinations.		None required	None required	None (no harm caused by the incident)	Closed
GHC30382	13/12/2024	13/12/2024	Morton Lawn - Abbey Ward	Morton Lawn - Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		During the checks patient was headbanging in the bedroom.	Post trust re-assessment patient remains under de-escalation technique as per patient specific care plan patient continued the same presentation. To maintain safety and prevent harm to self PMVA support was called. Patient refused to take oral medication ,IM promethazine 25 mg administered with good effect. Staff continued the verbal de-escalation .Advised patient to come to a low stimuli environment which	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30383	13/12/2024	13/12/2024	Morton Lawn - Abbey Ward	Morton Lawn - Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Unplanned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Feeds given on holds. Verbal de-escalation and distraction techniques used. Engaged in conversations whilst she was on holds. Offered pro medication. Followed care plan.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30173	15/12/2024	10/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Patient stirring in communal areas shouting abusive and inappropriate comments at nursing staff, supported unable to accept verbal direction to stop being verbally abusive becoming vocally louder and more abusive in response. Once in holds patient became increasingly verbally hostile and abusive towards nursing staff, physically resistive and combative pushing nursing staff into the wall, kicking out at staff and attempting to bite other staff. Continued to be hostile and abusive towards staff.	Patient resistive to verbal redirection / verbal de-escalation. Patient taken into standing and then escorted PMVA style to the Communal areas to own bedroom. Patient was seated PMVA holds on bed with use of PMVA cushion due to kicking, spitting, and being physically combative and resistive. PMVA holds released - patient remained in own bedroom. Patient administered and accepted as required Oral Promethazine 25 mg as promptly refused to take	process followed	N/A	None (no harm caused by the incident)	Closed
GHC30180	15/12/2024	15/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the service absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		and worked off the ward , staff tried verbal de-escalation and redirection with no avail patient continued to walk therefore put her on holds stopped her from leaving the ward. Patient was informed that patients has to request for escorted leave as she did not mention about leave, edorsated to request for leave rather than walking off from the ward.		PROCESS FOLLOWED AND PATIENT REMINDED OF LEAVE	N/A	None (no harm caused by the incident)	Closed
GHC30182	15/12/2024	15/12/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Clinical hold (seated)		a female patient was agitated, restless, pushing patient and staff away. Assaulted staffs and attempted to attack peers. She shouted and screamed out.	Patient was reassured. PRN was already utilised one hour before with no effect . Therefore patient was offered Lorazepam 1mg which she refused to take via Rpo. Patient was left for short time ,however didn't settle. Therefore she was given 0.5 mg RT on the right thigh. Post RT non touch observation carried out. Later got to sleep. Patient was left in the bedroom and was monitored 5 mins interval. Patient was found to be asleep.	Managed appropriately Had RT policy followed	NA	None (no harm caused by the incident)	Closed
GHC30185	15/12/2024	15/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Patient was due for NG feed.	Feeds given on holds. Verbal de-escalation and distraction techniques used. Engaged in conversations whilst she was on holds. Offered pro medication. Followed care plan.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30195	15/12/2024	15/12/2024	Morton Lawn - Deer outside	Morton Lawn - Deer outside	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Escort		Patient was taken out for cigarette. Patient started responding to voices saying it is going to kill her family and the need to leave. Patient refused to come back to the ward	Patient put on escorted hold to ward. De-escalated and offered 1:1	Mental state and risks reviewed Patient distressed at time of incident, no evidence of psychosis, likely trauma reaction Time spent with staff identifying coping strategies	n/a	None (no harm caused by the incident)	Closed
GHC30194	15/12/2024	15/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Service user was heard headbanging inside her bedroom using back of her head in low level. Verbal de-escalation was done but service user was not engaging. PMVA activated, guided to seated holds at the edge of the bed. Service user was resistive at first whilst on holds, service user was very resistive, combative, twitching her right arm. RT lorazepam tablet was offered for which she declined. RT lorazepam 2mg administered intramuscularly. Service user was resistive, twitching and combative immediately after the PMVA team left the ward, service user again was headbanging with the back of his head in low level, verbal de-escalation was not effective, staff stayed in her room for 1:1 but she was not engaging with staff. Decision made to activate again the PMVA. She was guided to the edge of the bed, cushion was used. She was very resistive, twitching her arms.	PMVA activated, holds utilised RT lorazepam 2mg administered intramuscularly.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30192	16/12/2024	15/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Standing		the shower room door in her bedroom. Staff attempted verbal de-escalation from 22:00 to 22:20. As the patient continued to resistive and did not respond to any verbal de-escalation, PMVA was activated. Patient was guided to PMVA seated holds on the pad. Patient was guided to a big cushion. Head was supported from the back. Staff continued to attempt verbal de-escalation and grounding techniques and breathing techniques but patient was not responding to verbal prompts. Offered oral RT tablets but the patient refused it. Due to prolonged self injurious behaviour, IM RT promethazine 50 mg was administered on the left outer thigh. The PMVA holds were released after 5 minutes when the patient started to calm down.	Provided 1:1 and debrief after the incident. DNAR was informed for review. Post Rt physical and post headbanging neurological observations were continued.	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC30208	16/12/2024	16/12/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Seated (other)		Patient was in bath chair and became distressed and then was attempting to hit and kick staff.	another member of staff was called to support with personal care. Patient had not been incontinent, so clean around groin given with wipes and clean clothes put on. Seated whilst supported with fresh clothes, and then was transferred back to bed with use of hoist. 2 staff members held arms whilst other staff member supported with personal care. Patient was kicking staff and attempting to hit them, and also verbally insulting staff. Restrictive escort then used to support patient to bedroom Once settled and no staff on other wards able to	PBM utilised appropriately to support personal care as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC30211	16/12/2024	16/12/2024	Morton Lawn - Dean Ward	Morton Lawn - Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was found headbanging around 1640hrs , staff intervened Patient was put on tight holds , was resistive , offered oral tablets , refused Tried verbal de-escalation, which seem no effect , IM RT lorazepam 2mg given, which seem good effect Patient started communicating with staff , verbalised the triggers , some to communal area later	IM lorazepam 2mg 1:1 time Duty doctor informed , plan to gor reviewed in A&E due to worsening of headache.	Mental state, associated risks, and management plan reviewed Self harm care plans in place Self harm Pathway available	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30212	16/12/2024	16/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		pmva required for administration of NG feed	pad and leg cushion used 1:1 offered	Care plan and process followed	N/A	None (no harm caused by the incident)	Closed
GHC30218	16/12/2024	16/12/2024	Charlton Lane - Chestnut Ward	Charlton Lane - Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Seated (other)		the patient was vacant and was not able to have the medication . so as discussed at MDT and with ward consultant, ward manager and nursing team and the patients care plan for the use of PBM seated restraint for the safe giving of the intermuscular injection Patient was in a seated holding box supported with planned PMVA. 4 holds were used and patient was placed to the pad and a cushion was used on legs. Service user was quiet resistive sliding down to the floor, however NG tube insertion and feeding was	PBM team utilised and implemented the use of seated restraint to give the intermuscular injection safely and manager informed nurse in charge informed Tpiru completed . entry made on RIO. RT observations commenced	medication reviewed and associated risks.	NA	None (no harm caused by the incident)	Closed
GHC30244	16/12/2024	16/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (other)		Patient was due for NG feed.	Verbal de-escalation Seated planned PMVA, holds utilised.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30250	16/12/2024	16/12/2024	Morton Lawn - Abbey Ward	Morton Lawn - Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient overheard headbanging in between observations. Staff attended - staff attempted to utilise range of verbal de-escalation grounding techniques and TIPP skills as per care plan. Patient continued to headbang intermittently against wall/ground with centre of forehead and due to history of distress was unable to accept oral medication of meaningfully engage in therapeutic interventions.	PMVA safe holds utilised to maintain safety. IM promethazine administered into right thigh Post physical and neurological observations started. Duty doctor contacted - advised them of current management plan Continuous non-touch observations to be carried out for 4 hours and ongoing assessment for decline in neurological functioning.	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30158	17/12/2024	16/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was found headbanging around 1640hrs , staff intervened Patient was put on tight holds , was resistive , offered oral tablets , refused Tried verbal de-escalation, which seem no effect , IM RT lorazepam 2mg given, which seem good effect Patient started communicating with staff , verbalised the triggers , some to communal area later Patient was found headbanging in the female lounge wall, Staff intervened and attempted verbal de-escalation and utilised grounding techniques and adhered to her care plan. However, she did not engage. PMVA was activated and team attended promptly. The team put her on seated holds while comfortably seated on the floor in the female lounge. The team again attempted verbal de-escalation and partially engaged by responding but initially was resistive. Nursing staff offered her oral PRN medication, but she refused to take the medication. IM RT lorazepam 2mg to the right thigh at 2311 Patient was released from holds immediately after giving IM RT injection.	When Patient was released from holds she was encouraged to move to communal areas where she had her self busy doing Art work. DNAR was informed and attended.See separate entry. RT physical and neurological observations started. Nicola later reported feeling pain and requested PRN tramadol 100mg and she was given.	Care plan and process followed to support patient	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30159	17/12/2024	17/12/2024	Morton Lawn - Abbey Ward	Morton Lawn - Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (POD used)		At about 01:00, during the hourly checks, patient was found in their room distressed and headbanging on the wall.	Staff tried to verbally deescalate patient but they were not responding to verbal escalation. Patient was then encouraged to sit on the bed to reduce the intensity. Patient was put in PMVA holds while staff continue to offer support to them as per their care plan. Patient accepted prescribed oral promethazine as PRN and gradually settled and begin to engage with staff. Physical observations were carried out and values were within patient's usual ranges. Duty doctor attended the ward and patient was reviewed post headbanging by them.	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30178	17/12/2024	17/12/2024	Charlton Lane - Willow Ward	Charlton Lane - Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Personal care (standing)		Patient had been heavily incontinent and was becoming distressed when staff were offering to support with personal care. He was spitting at staff and attempting to hit them.	Standing PBM held used by 2x staff to support patient whilst another member of staff completed personal care. Holds released after personal care completed	PBM utilised to reduce risk of harm to others and support with personal care as per care plan	N/A	None (no harm caused by the incident)	Closed
GHC30191	17/12/2024	17/12/2024	Charlton Lane - Chestnut Ward	Charlton Lane - Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Patient were take their depot who had refused at home. Patient was in the bathroom and was standing in a threatening stance very suspicious and refused on multiple occasion with explanation.	PBM team proposed and a safe and effective PBM held restrain to allow depot administration. Unable to get a physical observation immediately but non touch / overt physical physical obs will be	Depot PA and administered due to current mental health was given under PBM	NA	None (no harm caused by the incident)	Closed
GHC30197	17/12/2024	17/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (other)		Pat resisted and had administration were facilitated with planned PMVA, 5 staff utilised holds. Service user was resistive during the feed. Staff utilised the use of the cushion on legs. Service user was very resistive during the number	Planned PMVA with 5 staff on holds utilised.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC30199	18/12/2024	17/12/2024	Morton Lawn - Priory Ward	Morton Lawn - Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was headbanging. Verbal de-escalation was attempted by two staff however this was futile.	PMVA team called. She declined oral medication. She was very resistive and could not be transferred onto the pad. She was therefore placed in seated holds on her bed. leg cushion used. 1M Promethazine 50mg administered. She started to engage in deep breathing exercises with staff and was less resistive. Released from holds. She was reviewed by the medic for physical clearance.	Care plan and process followed to support patient	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC30111	18/12/2024	18/12/2024	Morton Lawn - Abbey Ward	Morton Lawn - Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient found in bedspace head banging	attempted to verbally de-escalate, using grounding techni

GHC81345	18/12/2024	18/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (FOD used)		Service user was due for nasogastric feed, Service user was resistive during the feed. Staff utilised verbal de-escalation throughout the feed.	Calmed pad and cushion were used. Utilised distraction techniques. Offered prn medication. Care plan followed and debrief done. Fluids offered. Assist for walk after the feed.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81363	18/12/2024	18/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (FOD used)		Service user was heard headbanging in bedroom	Staff attempted de-escalation as well physically trying to stop headbanging, whilst awaiting PMVA team arrival. Team arrived- service user transferred to bed to pad. PRN Offered - declined. RT IM Promethazine given IM through clothing in left thigh. EMO contacted for post headbanging and RT review. Neuro and RT OBC Completed. Patient felt sick so antiemetic requested.	Care plan and process followed to support patient	N/A	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81381	19/12/2024	19/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was due to NG feed.	Feeds given on holds. Distraction techniques and distraction techniques used. Engaged in conversations whilst she was on holds. Debrief provided. Followed care plan.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81394	19/12/2024	19/12/2024	Watton Lawn- Greyfriars PICU	Watton Lawn- Greyfriars PICU	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Clinical hold (seated)		As the patient entered the ward (after being AWOL), his level of agitation increased and he started to shout and scream at staff. For example, he shouted "I'm not coming in" and "let me go". PMVA forearms holds were implemented by two members of staff and the patient made an attempt to headbutt and kick staff. The PMVA was terminated and the patient moved to a PMVA holds and staff explained to him that they would need to carry out a search. The patient consented to this, however, as staff were beginning to release the forearm holds, the patient started to headbutt staff, kicking around. Service user was struggling to write down, unable to articulate , looking around, he was asked if he was ok and he responded with "I know where your daughter lives". PMVA holds were re-implemented. Staff began verbal de-escalation and patient explained, in his words, that he "went to get a friend last night, smoked a spliff, took a shot of vodka and then did a bit of bagging in Cheltenham this morning". As his agitation calmed, he	PMVA holds implemented, RT given, search completed. Debrief for KHOS. Incident also completed.	Risk assessment reviewed. Nursing observations reviewed. Debrief for staff involved. Debrief offered to patient to try and identify the triggers to where whether staff might be able to identify early warning signs, to prevent this from reoccurring. PBS plan reviewed. Medication review. Had RT observations completed, as per policy.	None identified.	None (no harm caused by the incident)	Closed
GHC81416	19/12/2024	17/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		NG feed administered as per care plan		Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81424	19/12/2024	19/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (other)		Level observed PMVA for NG feed interrupted and feeding. S staff utilised holds. She was guided from her bed to the pad and a cushion was used on her legs. Service user was quiet resistive, moving her head away from the staff giving the feed, however it was fully completed.	Called planned PMVA. Holds utilised	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81428	19/12/2024	19/12/2024	RT Inpatients - Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient causing serious intentional harm to themselves	Planned	PBM (physical intervention)	Escort		Patient was not cooperating to her NG feed as per treatment plan, she was put on holds to carry out the procedure.	The patient was restrained as the only way to get them out in the bed managed to pull the tights out of the sitting and the wires were hanging. Once the patient was in the cuddlecot was closed and locked and the damage was reported to estates	Incident reviewed. Check in with staff, all okay. Care plans and risk assessments are up to date and detail behaviours like these as an ongoing high risk	1. That staff are aware of and able to use interventions described in this patient's care plans. 2. That staff acted appropriately and proportionately to the level of risk posed. 3. That despite our extensive knowledge of this patient he continues to present as phigh risk to his environment and to others.	None (no harm caused by the incident)	Closed
GHC81430	19/12/2024	18/12/2024	Montpellier Law Secure Unit	Montpellier Law Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Clinical hold (seated)		Patient A became verbally aggressive toward staff, spitting at staff which escalated. Patient A became distressed, responding to unseen stimuli.	Staff attempted to a clear de-escalate the situation staff to re-acct. Oral medication offered but declined. PMVA team was called, moved patient from the room. The decision was made by the team to administer Depot tranquillisation in order to de-escalate the	No further action. Treatment regime started and progress being maintained	None	None (no harm caused by the incident)	Closed
GHC81434	19/12/2024	19/12/2024	Watton Lawn- Oxon Ward	Watton Lawn- Oxon Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		During routine toilets round patient was found using a cutlery to make cuts on her arm. Staff intervened and removed cutlery. Patient was observed to be picking/digging the wound deeper. Patient refused to handover the piece of cutlery. Staff tried de-escalation but patient was not engaging. PMVA called. Patient put on hold. Removed cutlery. Offered RT IM Lorazepam and Promethazine. Disengaged with		Patient identified as long term risk of self harm Care plans in place Self harm pathway available Management plan reviewed	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81435	19/12/2024	19/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Service user was heard headbanging inside her bedroom using back of her head in low level. Verbal de-escalation was done, distraction techniques initiated, and was encouraged to go to communal area but service user was not engaging. PMVA activated, guided to seated holds at the edge of the bed and a cushion was used on legs. Whilst on holds, service user was very resistive, combative, twitching her right arm. RT promethazine tablet was offered for which she declined. RT promethazine 50mg administered intramuscularly. Thereafter, patient appeared calm. Holds released. Immediately after the PMVA team left the ward, service user again was headbanging with the back of her head in low level, verbal de-escalation was not effective. Decision made to activate again the PMVA. She was guided to the edge of the bed, cushion was	PMVA activated Utilised Holds Verbal De-escalation Depot promethazine 50mg IM	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81438	20/12/2024	20/12/2024	Montpellier Law Secure Unit	Montpellier Law Secure Unit	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Patient came into service smelling and wearing mixed in his room and had taken the soap dispenser from the bathroom and consumed the contents. Staff entered in order to give PRN medication. Patient came towards staff as to if to hit them and placed in holds and then into a seated on the bed and again offered medication.	team called proactively so to give PRN medication	MDT meeting to discuss proactive use of PRN and potential triggers. Discussion around difference between PRN and RT	Understanding of patient triggers	None (no harm caused by the incident)	Closed
GHC81439	20/12/2024	19/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (FOD used)		During the handover, patient was observed on head banging against the wall by sat down on floor. Staff went there to verbally de-escalate and attempted to use the de-escalation techniques but appeared as she was unable to engage with staff at that moment. Staff then attempted to use distraction in order to de-escalate verbally. To prevent her injuring herself more in line with her best interest staff made a team decision to call a planned PMVA to give her some medication.	Called a planned PMVA with only female staff. Patient was then able to de-escalate and accepted the alternative interventions like - holding on pack, planting legs- bum, Dipping face in the ice water. Accepted PRN Promethazine orally 25 Mg. Later, agreed to come and join in the communal area with staff which make patient feel more secure. Joined in with peers and played game. Also engaged with staff in conversations as well.	Care plan and process followed to support patient	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81440	20/12/2024	20/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (other)		Patient was found headbanging in the shower room of her bedroom. Staff attempted verbal de-escalation which was futile. Therefore, activated PMVA and moved the patient from the wall and guided to seated holds on the pad along with the use of a leg cushion and one cushion was used on her back. Staff attempt verbal de-escalation using different techniques, but the patient responded to none. After 10 minutes of holding, the patient started to calm down and settle down. Holds were released. Patient was then guided to the seated area. Soon after the PMVA staff left the room patient took herself to the wall and started to headbanging again. Reinstated PMVA holds on the bed along with the use of the leg cushion. Offered oral RT tablets but the patient refused it. IM RL lorazepam 2mg was administered on the left thigh. Holds were released after 5 minutes when the	Plan IR, physical and neurological observations started. EMO reviewed. Provided 1:1 and debrief after the incident.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81443	20/12/2024	20/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient had NG feed		Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81482	20/12/2024	20/12/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Seated (other)		Service user A got admitted to ward around 12.30- 13.00 hrs. Service user was brought in by Police and Medics. A was brought in ward by Police and Medics and there was an interpreter. Staff tried to speak to service user , reassuring through interpreter that he is on a safe place and staff are trying to help him. Service user A was very agitated, he was pacing around, then effort to communicate with service user. Service user appeared frightened, scared trying to lean away from staff, looking around. Service user was struggling to write down, unable to articulate , looking around, he was asked if he was ok and he responded with "yes". Decision made to administer lorazepam. As per information from admission service user is able to understand some English. Staff tried to communicate with A explaining that we are going to administer medication. However service user appeared to be scared, struggling to follow instructions.	Staff supported service user to sit down in bed and did an precautionary holds. Service user started shouting and swearing at staff saying that he does not to have scared it. Staff continued to offer reassurance that service user was safe on ward and the medication was to help him. Service user was holding Charge Nurse's hand while continued to offer reassurance. Staff remained calm and reassured AA that her principles and holds were released immediately. Staff reassured service user that he was safe. Commenced on non-touch observation. Service user appeared to have relaxed and slept after the administration. Debrief to be followed, when more settled, able to communicate and with interpretor present.	Patient distressed and agitated, not English speaker therefore communication was difficult, adding to level of distress. Care plan with patient best interests in mind, administered medications to aide in calming. Translators arranged for further interactions with patient.	Staff worked in best interests of patient, administered medication as a means of aiding patient to calm. Patient was cared throughout the incident and staff sought to reassure. Future meetings to be held with interpreter to aid communications.	None (no harm caused by the incident)	Closed
GHC81487	20/12/2024	20/12/2024	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (FOD used)		Staff found patient banging her head against wall in the ensuite.	Staff intervened, offered ice pack and PRN medication which was not helpful. Patient continue to head bang. PMVA team was called. Moved her near from the wall. Pad and cushion are used. Gave RT IM lorazepam. Offered de-escalation techniques. Patient was not engaging. Neuro observations were done. Debrief completed after the incident. Observation completed and informed the doctor.	Mental state and risks reviewed Trigger for incident identified Care plans in place Self harm risk long term Psychological interventions available	n/a	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81493	20/12/2024	18/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient WAI started head banging @10:20 hours to our room, staffs tried all de-escalation techniques but failed.	Staffs carried out an RT administration to maintain the safety.	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81495	20/12/2024	20/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Planned	PMVA (physical intervention)	Seated (FOD used)		As patient was not cooperating to her NG feed as per treatment plan, she was put on holds to carry out the procedure.	A PMVA's team was called and restrained her to immediately administer the feed.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81499	21/12/2024	21/12/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Planned	PBM (physical intervention)	Clinical hold (seated)		The patient was found to be incontinent of urine, but refused to allow staff to support her with her personal care. It was decided that it was in his best interests to use PBM holds to assist him with personal care due to the risk of infection and skin damage if left with a wet pad on.	Verbal intervention was used by staff to stop her from continuing with headbanging but didn't work. Oral PRN medication 1mg lorazepam was offered but patient declined it. PMVA team was called to support with administration of the RT medication PMVA seated holds on pad were applied to stop patient from headbanging RT IM injection 1mg Lorazepam was administered in the left upper outer muscle at 1530hrs under the work.	Managed appropriately as per PBM personal care plan	N/A	None (no harm caused by the incident)	Closed
GHC81502	21/12/2024	12/12/2024	GI JHOT	Ovalhgate Moorings (dental service)	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		He patient was held in a clinical position held in his best interest to allow the dentist to provide treatment. proportionality, MCA and BI paperwork completed by	He patient had the treatment required	None required	None required	None (no harm caused by the incident)	Closed
GHC81505	21/12/2024	21/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was due her Fortisip through an NG tube	She was placed in PMVA holds on a pad and leg cushion used. She was too resistive and engaged in numerous conversation with staff.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81515	21/12/2024	21/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (other)		Service user was guided from her bed to the pad. Feeding were facilitated with 5 PMVA staff in holds. Service user was guided from her bed to the pad. Service user was resistive, moving her head from the staff administering the feed. Following feed care plan followed. She was mentioned on 1:1 for one hour, she was escorted for a walk.	Called planned PMVA. Utilised holds	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81516	21/12/2024	20/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Around 22:30 Patient was observed to be headbanging with back of head to the bedroom wall. Staff intervened and attempted verbal de-escalation and adhered to Patient's care plan, however, Patient did not engage. PMVA was activated. Staff put patient on seated holds on the edge of bed. Staff offered patient oral RT , which declined and was given IM RT lorazepam 2mg to the left thigh. Patient was released from holds immediately after RT was administered. Staff put patient on seated holds on the edge of bed. Staff offered patient oral RT , which declined and was given IM RT lorazepam 2mg to the left thigh. Patient was released from holds immediately after RT was administered. AQ1 completed score of 15 and no other concerns raised. EMO was informed RT physical and neurological observations started.	PMVA Team called. Verbal de-escalation techniques. Declined Oral RT , 2ml RT administered to left thigh. Post RT observations and neuro-observations commenced. GCS Commenced with score of 15. EMO was informed. MDHT assessor present.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81520	21/12/2024	21/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (FOD used)		Service user was heard headbanging in her bedroom. Staff intervened, she was sat on the floor in front of the door using back of her head in low intensity. As she was waning in front of the door, staff was unable to open, used the barricade key. Removed her ear pad for communication.	Staff attempted verbal de-escalation which service user has not engaged. Activated PMVA, she was guided from the floor to the pad along with the used of the cushion on legs. She was quasi- resistive and combative whilst in holds. She was twitching her arms and tried to punched her head. RT tablet was offered but she declined. RT lorazepam 2mg injection was administered through IM. Thereafter, Service user appeared more calmer.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81524	21/12/2024	21/12/2024	GI Inpatients - Berkeley House	Berkeley House	Clinical policy breached or inadequate to situation	10 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Personal care (standing)			At 00:40hrs, Patient was heightened after being told by staff that there was no ice cream. The patient started to use his keys as weapons to hit the lights, the lounge aiming to break it. The incident took for 5 minutes.	Patient was verbally de-escalated but with no effect, Staff had to put the patient on safe hold The all toys were removed to maintain the safety of the patient and staff. When the patient got released, went straight to the bedroom and	Incident reviewed. Check in with staff Care plans and risk assessments are up to date and detail behaviours like these as an ongoing high risk	1. That staff are aware of and able to use the care planned interventions for this patient when behaving in this way. 2. That despite our extensive knowledge of this patient and detailed care plans with mitigations and interventions in place this patient remains a high risk to others and to his environment.	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81536	21/12/2024	21/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (FOD used)		Staff found service user head banging with the back of her head in her bedroom at the intensity.	Staff attempted de-escalation and service user has not engaged. Activated PMVA. Moved patient form the wall and guided to seated holds on the bed along with the use of a leg cushion. Service user started to become very resistive and lashed the staff once. She was also trying to punch her head with her hand. She was transferred to the pad and used the cushion to support the legs as she was more resistive. Offered oral RT tablet but she refused. Considering the prolonged selfinjurious behaviour and the risk presented, RT IM lorazepam 2mg in the right thigh after making sure that there were no	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81541	22/12/2024	22/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was due her prescribed fortisip through an NG tube	She was placed in holds. She was resistive. Minimal engagement with staff during the procedure. Pad and cushion used. She had 1:1 with staff afterwards.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81552	22/12/2024	22/12/2024	Charlton Lane- Willow Ward	Charlton Lane- Willow Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	14 - Facilitate personal care	Unplanned	PBM (physical intervention)	Seated (other)		Patient was very agitated this morning , Patient was trying to kick, punch and shouting, swearing to staff when trying to support him. Patient was deality refusing to engage in personal care and was resistive. Patient was given time to settle down, when no success but level of agitation increased, therefore PBM holds were utilised to do personal care for patient. Patient was held in a sitting position on his bed ,holds were released after personal care. Patient was supported to communal area , but still appeared to be agitated , duty doctor and family	Offered medications both overtly and covertly but refused and tried to push staff, given time to settle down, given reassurance but nothing worked. After personal care patient supported to communal area, patient remains agitated , cherokee given time to settle down. Assisted with lunch later on.	Managed appropriately as per PBM personal care plan	N/A	None (no harm caused by the incident)	Closed
GHC81558	22/12/2024	22/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		pmva required for administration of NG feed.	pad and leg cushion used.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81571	22/12/2024	22/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Escort		agitated and hostile. patient began to shout at JMAs saying "you stole my swap you for". "If you took it I'll knock your fucking head off". Staff attempted redirection, patient continue to be aggressive and threatening. patient then proceeded to move towards JMAs with her fist clenched shouting "I'll fucking knock you out". Staff intervened and PMVA holds used to escort AAJ to her bedroom.	Staff followed time for patient to self de-escalate.	PROCESS FOLLOWED BOTH PATIENTS SUPPORTED	N/A	None (no harm caused by the incident)	Closed
GHC81578	23/12/2024	22/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Unplanned	PMVA (physical intervention)	Prone (face down)		The patient was very unsettled and attacked another patient in the communal areas. Escorted back to her bedroom. Staff were not available to staff-ratio there are two staff members busy. Following this, the patient again came to the communal areas and started shouting at other patients. Also made attempt to punch a patient in the communal areas.	Escorted back to her bedroom on forearm holds. Attempted verbal de-escalation which was unsuccessful. Offered oral rt tablets. Patient refused. Moved to prone position on PMVA holds. IM RT promethazine 25 mg administered on the left outer quadrant of the buttocks on prone position as the patient made attempts to spit on the staff. Released the holds after administering the RT. Provided debrief after the incident. EMO informed for post RT review.	process followed	N/A	None (no harm caused by the incident)	Closed
GHC81588	23/12/2024	23/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was due to NG feed.	Feeds given on holds. Verbal de-escalation and distraction techniques used. Engaged in conversations whilst she was on holds. Debrief provided. Followed care plan.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81617	23/12/2024	23/12/2024	GI JHOT	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical Held in order for bloods to be safely taken in patients bed interest		None required	None required	None (no harm caused by the incident)	Closed
GHC81625	23/12/2024	23/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient's mood was low and had deteriorated due to having her stoma leaking and due to other reasons, she started to head headbanging against the wall on her bedroomcausing re-opening and bleeding of the wound in her forehead. Verbal intervention was used by the staff to stop her from continuing with headbanging but didn't work. Oral PRN medication 1mg lorazepam was offered but patient declined it. PMVA team was called to support with administration of the RT medication. PMVA seated holds on pad were applied and eventually RT injection administered at 1530hrs Inj-GCI3226: IOY-A 2260Oral 1mg Lorazepam IM Lorazepam was administered in the upper outer muscle of the left thigh.	Verbal intervention was used by staff to stop her from continuing with headbanging but didn't work. Oral PRN medication 1mg lorazepam was offered but patient declined it. PMVA team was called to support with administration of the RT medication PMVA seated holds on pad were applied to stop patient from headbanging RT IM injection 1mg Lorazepam was administered in the upper outer muscle at 1530hrs under the work. RT physical health Observations completed in line with RT protocol	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81749	26/12/2024	26/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient observed on hourly checks headbanging against wall by sat on the floor.	Staffs attempted to a clear de-escalate the situation staff to re-acct. Oral medication offered but declined. PMVA team was called, moved patient from the room. The decision was made by the team to administer Depot tranquillisation in order to de-escalate the	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81749	26/12/2024	26/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		patient found on checks headbanging against wall by sat on the floor.	Staff intervened, offered ice pack and PRN medication which was not helpful. Patient continue to head bang. PMVA team was called. Moved her near from the wall. Pad and cushion are used. Gave RT IM lorazepam. Offered de-escalation techniques. Patient was not engaging. Neuro observations were done. Debrief completed after the incident. Observation completed and informed the doctor.	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81752	26/12/2024	26/12/2024	Watton Lawn- Kingsholm Ward	Watton Lawn- Kingsholm Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	16 - Prevent the patient exhibiting extreme and prolonged over-activity	Planned	PMVA (physical intervention)	Seated (other)		Service user R elevated in mood throughout the day. Drinking and eating — and was sick. Wanted to continue drinking after this despite vomiting and being on fluid restriction. Enal exceeded 625ml3 goes over fluid restriction. Became aggressive towards staff, swore shouting at staff. Staff tried to explain however, he continued being agitated and hostile to staff disengaged. He then started shouting loudly and insulting staff fell down in communal areas screaming and shouting across users who were asleep and raising alert of staff. Moved out on PRN	PMVA Team Called. Declined oral RT medications, he administered into the left thigh. RT OBC Commenced. GCS completed score of 15 / no concerns noted. EMO reviewed her. RT non touch physical observations completed when RT were applied to do physical observation. MDHT Assessor Present	Staff followed care plan, behavioural support plan and risk management plan.	Staff implemented actions in line with plans made, managed situation appropriately.	None (no harm caused by the incident)	Closed
GHC81754	26/12/2024	26/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was due to NG feed, called planned PMVA, utilised holds. Service user was set on a pad and a cushion was used on her legs. Service user was resistive during the feed however feed was successfully	Called planned PMVA. Utilised holds Care plan followed following feed.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81771	26/12/2024	26/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	12 - Prevent a patient causing serious physical injury to themselves by resident	Planned	PMVA (physical intervention)	Seated (other)		Patient was heard by staff headbanging in her room.	Staff verbally de-escalated patient and took her out for leave.	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81779	26/12/2024	26/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Staff supported patient for food to be administered safely. Patient was resistive.	Staff verbally de-escalated patient and took her out for leave.	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81789	26/12/2024	26/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (FOD used)		Patient was headbanging. Attempt to verbally deescalate her was unsuccesful	PMVA Team called. She was resistive Declined oral medication therefore IM promethazine 50mg administered. Engaged in grounding techniques. Post RT and neurological observations started. EMOs reviewed	Care plan and process followed to support patient	N/A	None (no harm caused by the incident)	Closed
GHC81790	26/12/2024	26/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was found headbanging against the wall by sat on floor.	Staff verbally de-escalated patient and took her out for leave. Staff intervened, she was sat on the floor in front of the door using back of her head in low intensity. Staff attempted verbal de-escalation which was futile. Therefore, activated PMVA and moved the patient from the wall and guided to seated holds on the pad along with the use of a leg cushion and one cushion was used on her back. Staff attempt verbal de-escalation using different techniques, but the patient responded to none. After 10 minutes of holding, the patient started to calm down and settle down. Holds were released. Patient was then guided to the seated area. Soon after the PMVA staff left the room patient took herself to the wall and started to headbanging again. Reinstated PMVA holds on the bed along with the use of the leg cushion. Offered oral RT tablets but the patient refused it. IM RL lorazepam 2mg was administered on the left	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81792	26/12/2024	26/12/2024	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		patient found on checks headbanging against wall by sat on the floor.	Staff tried to verbally deescalate, team decision to call planned female PMVA. staff tried to give ice dip and tiger balm and ice pack to squeeze with good effect. staff offered and therapeutic techniques like the walk. patient requested for prn prometheazine 25mg which was given. patient began to engage and started to discuss about gifts and dishes which she had it today. staff encouraged her to come communal space which she accepted. approved with smile on	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81793	26/12/2024	26/12/2024	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	15 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (FOD used)		Service user R elevated in mood throughout the day. Drinking and eating — and was sick. Wanted to continue drinking after this despite vomiting and being on fluid restri

GHC91781	26/12/2004	26/12/2004	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PMVA (physical intervention)	Clinical hold (seated)		Staff member administering medications had approached patient several times offering depot.. 2x staff members approached patient Real time before requesting support from team, rationale for depot. Patient was informed of consequences of late however patient continued to decline. Third staff member who was waiting outside room attended and same into bedroom. Patient sat on side of bed and was supported in keep fig 4 seated hold, as precaution due to patients reluctance to accept depot.	Patient expressed wish to be prescribed aripiprazole not zuclopenthixol. Staff member explained that this preference would be documented and highlighted to MDT however Zuclopenthixol was the most appropriate medical treatment as well as the rationale for this. Zuclopenthixol depot administered. Debrief taken place with patient, difficult to ascertain patients level of understanding due to nonsensical speech content however patient able to later engage with staff member. Staff members involved in incident debriefed.	none		none	Now (no harm caused by the incident)	Closed
GHC91782	27/12/2004	26/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was observed banging head against bedroom wall while saying and kicking to door. Low level head banging with minimal force.	Patient was assessed by the MDT. Patient was offered PRN medications. PMVA and RT IM administered after declining oral PO. Hours and RT observation completed. Debrief completed.	care plan and process followed to support patient	N/A		Now (no harm caused by the incident)	Closed
GHC91790	27/12/2004	27/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		The service was guided to seated PMVA hold in the bed using with the use of bio leg cushion to facilitate NG tube insertion and to administer feed. Patient had slightly resistive during the feed. One person supported the head to assist the nurses to insert the NG tube. NG tube removed after the feed.	The staff monitored with the patient throughout the feed. Staff offered distraction and positive thoughts. Supported for a walk after the feed. Remained on 1:1 post feed for an hour.	care plan and process followed to support patient	N/A		Now (no harm caused by the incident)	Closed
GHC91796	27/12/2004	16/12/2004	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was observed by a HCA to be self harming of her right arm with a broken spoon. HCA alerted other members of staff.	Staff attempted to verbally deescalate the patient but this had no effect. Staff intervened with PMVA techniques and the object was removed from patient. Patient did not respond when offered oral medications or IM medications. Care plans in place Once safety had been reinstated, PMVA holds were	Mental state and risks reviewed Long term risk of self injury identified Restrictive practice utilised to minimise harm to patient Care plans in place Self Harm Pathway available	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC91797	27/12/2004	27/12/2004	Southgate Hearings (Bethan service)	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Appt clinical seated hold on patient in her bedroom in order to receive dental check up from community dentist. - in proportion to the risk of serious harm if undetected medical condition is not treated. MCA/DI and Proportionality paperwork previously completed prior to procedure.		None required	None required		Now (no harm caused by the incident)	Closed
GHC81804	27/12/2004	27/12/2004	Other (2 Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Photobomy PBM clinical seated hold on patient in her bedroom to facilitate examination of her teeth by the Community dentist - in proportion to the risk of serious harm if any undetected medical conditions is not treated. MCA/DI and Proportionality paperwork previously completed prior to procedure.		None required	None required		Now (no harm caused by the incident)	Closed
GHC81810	27/12/2004	27/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment 13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Service user was due for NG tube planned PMVA - staff utilised holds. Service user was guided from the bed and sat on a pod. Leg cushion was used on legs. Staff used distraction during the administration of feed however feed was successfully given. Care plan followed following feed.	Called planned PMVA Utilised holds. Leg cushion	care plan and process followed to support patient	N/A		Now (no harm caused by the incident)	Closed
GHC81815	27/12/2004	27/12/2004	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Seated clinical hold in order to safely take bloods in patients bed -interest		None required	None required		Now (no harm caused by the incident)	Closed
GHC81816	27/12/2004	27/12/2004	Patient's own home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		the patient was held in a seated clinical hold to enable bloods to be taken in the safest manner.	distraction and verbal reassurance	None required	None required		Now (no harm caused by the incident)	Closed
GHC81825	27/12/2004	27/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		service user was head banging Staff attempted de-escalation - no effect. PMVA hold implemented on limbs that were not injured. Unable to transfer to pod due to shoulder injury. Managed to ostrom Left arm and head on bed in seated position. Through out safe holds service user was attempting to cause injury to her left shoulder / arm by attempting to turn it. Consistently advised not to and sent to bed stabilised.	RT OBS Commenced. OCS 15 / Hours de-completed. PMVA team and Physio team emailed for support around future PMVA's to mitigate risk to existing injures	care plan and process followed to support patient	N/A		Now (no harm caused by the incident)	Closed
GHC81827	28/12/2004	27/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		During 22:00hrs checks found patient banging back of her head against bedroom wall while saying and listening to music. Low level head banging with minimal force.	Staff de-escalated. Followed crisis plan. Offered PRN medications. PMVA team was called RT IM Lorazepam administered Debrief completed Hours recovered	care plan and process followed to support patient	N/A		Now (no harm caused by the incident)	Closed
GHC81829	28/12/2004	28/12/2004	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	12 - Prevent a patient being violent to others	Unplanned	PBM (physical intervention)	Seated (other)		Patient woke up from sleep at 02:55 he became very vocal came out from his room and banging the main door. Patient was shouting and swearing at staff. Trigger he was getting agitated very rare.. and become aggressive to wards staff. staff did safe hold (PBM)	Patient was offered PRN lorazepam 1 mg Use the distraction technique like offer some biscuits and drinks . verbal reassurance. Physical obs monitored and recorded NEWS1 Pulse Bp	Patient on high level observation @ 1take to unpredictable behaviours	NA		Now (no harm caused by the incident)	Closed
GHC81834	28/12/2004	28/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		Nasogastric tube inserted and feed administered by 2X members of staff with PMVA holds.(leg seated POD)	Re-assurance and distraction The service was guided on seated pod , weighted blanket was also used to support her legs. Care plan followed.	care plan and process followed to support patient	N/A		Now (no harm caused by the incident)	Closed
GHC81845	28/12/2004	28/12/2004	Charlton Lane- Chestnut Ward	Charlton Lane- Chestnut Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	98 - Other (not listed)	Planned	PBM (physical intervention)	Clinical hold (seated)		Pre assessed - reason and scheduling - wrong plan with walking frame. Pt 'sat my bedroom (ex restrictive intervention needed to go into bedroom) Pt sat on edge of bed 2 members of staff held arms - 1		patient has care plan when in vacant periods and or increased observations	N/A		Now (no harm caused by the incident)	Closed
GHC81856	28/12/2004	28/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG feed administered as per treatment plan		care plan and process followed to support patient	N/A		Now (no harm caused by the incident)	Closed
GHC81857	28/12/2004	26/12/2004	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Planned	PMVA (physical intervention)	Seated (other)		Patient was supported in the main seclusion suite in low in mood. While staff doing the 15:00 checks, when domestic entered the room patient was observed to be banging head against the wall by cot down on floor. Staff went there to verbally de-escalate and attempted to use the de-escalation techniques but appeared as she was unable to engage with staff at this time. Patient was observed to be screaming and was not able to de-escalate verbally. Tried various things, patient like as ear pack and smelling the tiger balm. To prevent her injuring herself more in line with her best interest staff made a team decision to put her on safe holds to prevent her from causing harm to herself. The patient was then able to de-escalate and accepted the alternative interventions like ice packs, tiger balm as well as doping the face in cold t=y. Gave PRN	PMVA team was called and PMVA team attended. Staff tried to de-escalate her but was unsuccessful. Staff supported Patient to move her to bed - she went on her knees and the staff part of held her arms to get her on bed. Staff were still trying to interact with her to de-escalate her. Patient were given to her and put 4 on back of the neck. Refused Oral medication. 2mg Lorazepam IM (IM) was administered on her Right Thigh by the Nurse. Patient appeared a bit settled and less resistive. Staff offered Patient if she would like to go out for smoke / fresh air and patient was happy to accept this.	Low harm identified as a result of headbanging Risks and management plan reviewed Triggers identified Long term risk of self injury identified Care plans in place Self harm pathway available	n/a		Now (no harm caused by the incident)	Closed
GHC81970	31/12/2004	31/12/2004	St Hpatients, Berkeley House	Berkeley House	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PBM (physical intervention)	Seated (POD used)		Patient was banging head on kitchen door good effect deep breaths and good eye contact and calmed in last 2 mins of hold	Incident reviewed Clinical discussion 16/12/2024 to review increase in headbanging Actions agreed: 1. To update communication strategy for this patient 2. To ensure communication strategy is shared with all staff in this patient's flat. 3. Staff to be reminded of his escalating behaviours in order that he can be offered PRN medication to calm his behaviour in the hope this will reduce his headbanging. 4. Registered Nurses to monitor adherence to the above 3 actions by all staff.	De-escalated eventually and was able to open her door. Staff were able to talk to her and move to communal area, remained in her room. Accepted oral/asmed for pain relief.	Care plan for SIB in place and implemented	none	Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC81975	31/12/2004	31/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Facilitate nasogastric (NG) feeding	Planned	PMVA (physical intervention)	Seated (POD used)		NG Feed given as per care plan.	N/A	Care plan and process followed	N/A		Now (no harm caused by the incident)	Closed
GHC81984	31/12/2004	31/12/2004	Watton Lawn- Priory Ward	Watton Lawn- Priory Ward	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	10 - Prevent a patient being violent to others	Unplanned	PMVA (physical intervention)	Seated (other)		Staff member come back onto the ward and approached another staff member in the dining room. Pt was sitting in the communal area alone listening to the radio Pt began to shout at staff member who had returned to the ward, accusing her of abusing another patient who was sitting in the dining area. Staff attempted to verbally de-escalate pt who then threw the contents of her cup of coffee in the direction of staff. Pt stood to move towards staff member with her fists clenched continuing to shout Other staff in communal areas intervened and place	Pt taken to seated holds on the sofa Familiar staff de-escalation RT medication administered	Managed and supported	N-A Patient unwell		Now (no harm caused by the incident)	Closed
GHC81986	31/12/2004	31/12/2004	Other (2 Unit- non-GHC	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		Plan clinical seated hold on a patient for constiffa vax 19 - in proportion to the risk of serious harm if undetected medical condition is not treated.	It was explained to the paid carers how the procedure will take place and what monitoring would be used to safe guard the patient.	none required	none required		Now (no harm caused by the incident)	Closed
GHC81999	31/12/2004	31/12/2004	Residential care home	Restrictive interventions, inc. PBM / PMVA, RT and bedrails	Physical intervention and/or rapid tranquillisation (RT)	13 - Lawfully administer medicines or other medical treatment	Planned	PBM (physical intervention)	Clinical hold (seated)		PBM Clinical seated hold on a patient in his best interest to take his bloods and get his Flue and Covid vaccines in proportion to the risk of serious harm if undetected medical condition is not treated.		none required	none required		Now (no harm caused by the incident)	Closed
GHC82000	31/12/2004	31/12/2004	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	AWOL, absconding and missing patients	Patient attempted to abscond	19 - Prevent the patient absconding from lawful custody	Unplanned	PMVA (physical intervention)	Standing		Patient utilised escorted leave to front of hospital. Patient was observed to be pacing and stated that he want to return but instead needed to walk. Patient continued to walk away from staff member who alerted three other staff members who proceeded to get vehicle to offer support.	Staff member remained in contact via radio and staff members in vehicle caught up to staff member and patient near Gloucester town centre. Patient resistive to return to vehicle - standing holds utilised to escort few feet into vehicle. No restrictive holds during journey or upon immediate return to hospital. Patient stood outside talking with staff members using rope outside front of hospital continuing to vocalise that they "just need to walk" - reminded of MHA and encouraged to remain calm and de-escalate throughout and encouragement to engage in alternative coping strategies. Standing fig 4 holds utilised to enter into hospital grounds however holds released upon walking down corridor toward ward. Patient calmed PRN however declined. Debrief taken place with patient upon return to the ward and agreed to create a plan together following	Staff followed policy and procedures, clinical documentation updated		Now (no harm caused by the incident)	Closed
GHC82009	31/12/2004	30/12/2004	Watton Lawn- Dean Ward	Watton Lawn- Dean Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Staff found patient was sat on the floor and headbanging in the bed frame. Staff went in, tried to de-escalate with tasseds and grounding techniques, which doesn't work. Offered prn medication , which patient refused. Staff called PMVA , put on hold.	Staff offered oral RT Lorazepam 2mg , which was accepted Staff stayed with the patient and took the patient for a walk an	Mental state, risks and observations reviewed Long term risk of self injury identified Care plans in place, and followed by staff Self Harm Pathway available	n/a		Low (minor harm, e.g. takes up to 1 month to rectify)	Closed
GHC82051	31/12/2004	31/12/2004	Watton Lawn- Abbey Ward	Watton Lawn- Abbey Ward	Self harm / self injurious behaviour (SIB)	Self harm / SIB patient (inpatient / residential)	11 - Prevent a patient causing serious intentional harm to themselves	Unplanned	PMVA (physical intervention)	Seated (other)		Patient was found head bagging against the wall in sat on bed.	The staff team were the team leader (registered nurse), PMVA, conducted verbal de-escalation as well as other techniques like sit dip, ice pack and tiger balm. Staff were able to engage patient in the use of attention while talking about the doll she is keep and her new year plans, after that, she enthusiastically engaged in the conversation with	Patient started headbanging as a form of self-harm, patient engaged in behaviour during the hours. Staff were able to support patient to de-escalate independent when engaging in this behaviour. Care plans sustainfully followed through with patient and they were able to support patient to baseline.	Risk of self-harm acknowledged. Care plans in place support patient.		Now (no harm caused by the incident)	Closed