

1. The number of individual patients referred to our trusts mental health adult community teams on our RiO clinical system that received a first treatment between 1 April 2020 and 31 March 2025 split by the recorded confirmed diagnosis status.

Confirmed diagnosis grouped	Number of patients with a first treatment date between 1 April 2020 and 31 March 2025
Psychosis and schizophrenia	85
Depressive disorders	172
Bipolar	71
Eating disorders	57
EUPD or CEN	70
Other	3,549
Not recorded, or apparent or suspected conditions	24,060

Please note:

Patients are included if they are referred to an adult mental health community service, apart from the eating disorder service, where we have an all age service. Patients referred to our Talking Therapies service and childrens mental health services are not included.

There is no national definition of when treatment begins, except for eating disorders services patients who are under 19, and patients in the early intervention Service. Within other services, treatment could begin at the first contact and for others the second or third contact, dependent on need. Therefore, we have responded with those completing a second contact except for eating disorders, where the patient is under 19 and early intervention where we are able to identify that the patient has been treated.

Patients may be duplicated in the numbers split by diagnosis group if they have more than one diagnosis recorded.

As diagnosis has been requested, we have only included cases where a diagnosis has been recorded as confirmed and attached to the referral where the treatment was provided.

There may be other patients that have been referred and treated where the conditions from the diagnosis groupings are apparent or suspected but has not been recorded as confirmed.

Our trust uses the ICD 10 classification for recording diagnosis

Diagnosis codes recorded and grouped:		
Diagnosis group	ICD 10 diagnosis code	Diagnosis description
Psychosis and schizophrenia	F29	Unspecified nonorganic psychosis
	F06.2	Organic delusional [schizophrenia-like] disorder
	F20.0	Paranoid schizophrenia
	F20.6	Simple schizophrenia
	F20.9	Schizophrenia, unspecified
	F22.0	Delusional disorder
	F22.8	Other persistent delusional disorders
	F22.9	Persistent delusional disorder, unspecified
	F23.3	Other acute predominantly delusional psychotic disorders
	F23.9	Acute and transient psychotic disorder, unspecified
	F25.0	Schizoaffective disorder, manic type
	F25.2	Schizoaffective disorder, mixed type
	F25.9	Schizoaffective disorder, unspecified
	F32.3	Severe depressive episode with psychotic symptoms
Depressive disorders	F32.0	Mild depressive episode
	F32.1	Moderate depressive episode
	F32.2	Severe depressive episode without psychotic symptoms
	F32.9	Depressive episode, unspecified
	F33.0	Recurrent depressive disorder, current episode mild
	F33.1	Recurrent depressive disorder, current episode moderate
	F33.2	Recurrent depressive disorder, current episode severe without psychotic symptoms
	F33.3	Recurrent depressive disorder, current episode severe with psychotic symptoms
	F33.4	Recurrent depressive disorder, currently in remission
Bipolar	F33.9	Recurrent depressive disorder, unspecified
	F31.0	Bipolar affective disorder, current episode hypomanic
	F31.2	Bipolar affective disorder, current episode manic with psychotic symptoms
	F31.3	Bipolar affective disorder, current episode mild or moderate depression
	F31.4	Bipolar affective disorder, current episode severe depression without psychotic symptoms
	F31.5	Bipolar affective disorder, current episode severe depression with psychotic symptoms
	F31.6	Bipolar affective disorder, current episode mixed
	F31.7	Bipolar affective disorder, currently in remission
	F31.8	Other bipolar affective disorders
	F31.9	Bipolar affective disorder, unspecified
Eating disorders	F34.0	Cyclothymia
	F50.0	Anorexia nervosa
	F50.1	Atypical anorexia nervosa
	F50.2	Bulimia nervosa
	F50.8	Other eating disorders
EUPD or CEN	F50.9	Eating disorder, unspecified
	F60.3	Emotionally unstable personality disorder
	F60.8	Other specific personality disorders