

Report Title
Report Date Range
Extract Date



FOI 036- 2025
Current caseload at the extract date
12/05/2025

Note

As diagnosis has been requested, we have only included cases where a diagnosis has been recorded as confirmed.
There may be other patients that have been referred and/or treated where the condition is apparent or suspected but has not been recorded as confirmed.
Patients can have more than one diagnosis recorded.
Numbers less than 5 have been masked to prevent deductive disclosure.

Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of Anorexia Nervosa or Atypical Anorexia Nervosa	15
Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of Bulimia Nervosa or Atypical Bulimia Nervosa	5
Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of eating disorder unspecified or other eating disorders	11
Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of Avoidant Restrictive Food Intake Disorder (ARFID)	0
Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of Binge Eating Disorder (BED)	0
Total number of therapists/psychologists	3.6 however 2.6 currently in recruitment phase.
Total number of psychiatrists/speciality grade doctors	0.8 But funded for 1.2
Total number of dieticians	1.6 funded for 2.0 but currently awaiting 1.0 so only 0.6 in post.
Types of therapy offered (e.g. CBTe, MANTRA)	CBTE, FBT
If the Community Eating Disorder Service cannot support with comorbidities, is another service available for support, such as the Community Mental Health Teams? OR are the psychiatric co-morbidities treated within the Community Eating Disorder Service?	Low level

Diagnostic Area	Confirmed diagnosis	Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of Anorexia Nervosa or Atypical Anorexia Nervosa	Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of Bulimia Nervosa or Atypical Bulimia Nervosa	Total number of patients on the current caseload of an eating disorder team as at 12 May 2025 with a recorded confirmed diagnosis of eating disorder unspecified or other eating disorders	Number of patients with	
					Avoidant Restrictive Food Intake Disorder (ARFID)	Binge Eating Disorder (BED)
Cluster A	Paranoid Personality Disorder	0	<5	0	N/A	N/A
	Schizoid Personality Disorder	0	0	0	N/A	N/A
	Schizotypal Personality Disorder	0	0	0	N/A	N/A
Cluster B	Antisocial Personality Disorder	0	0	0	N/A	N/A
	Borderline Personality Disorder/EUPD	<5	<5	<5	N/A	N/A
	Histrionic Personality Disorder	0	0	0	N/A	N/A
	Narcissistic Personality Disorder	0	0	0	N/A	N/A
	Avoidant Personality Disorder	0	0	0	N/A	N/A
Cluster C	Dependent Personality Disorder	0	0	0	N/A	N/A
	Obsessive-Compulsive Personality Disorder	0	0	0	N/A	N/A
Anxiety disorders	Anxiety (inc GAD)	0	0	0	N/A	N/A
	Social Anxiety	0	0	0	N/A	N/A
	Panic Disorder	0	0	0	N/A	N/A
	Phobic Disorders	0	<5	0	N/A	N/A
Affective Disorders	Depression	<5	<5	<5	N/A	N/A
	Bipolar Affecting Disorders (I-III)	<5	<5	<5	N/A	N/A
	Cyclothymia	0	0	0	N/A	N/A
Trauma Disorders	Post Traumatic Stress Disorder	<5	0	<5	N/A	N/A
	Complex Post Traumatic Stress Disorder	0	0	0	N/A	N/A
	E.g. Functional Vomiting Syndrome,	0	0	0	N/A	N/A
Somatoform disorders (excluding body dysmorphia)	Cyclical Vomiting Syndrome ,Somatic Symptom Disorder (SSD), conversion Disorder, Hypochondriasis,	0	0	0	N/A	N/A
	Pain Disorder,	0	0	0	N/A	N/A
	Undifferentiated, Somatoform Disorder	0	0	0	N/A	N/A
Obsessive disorders	Obsessive Compulsive Disorder (OCD)	0	0	0	N/A	N/A
Psychotic disorders	E.g. Paranoid Schizophrenia	0	<5	0	N/A	N/A
Neurodivergant disorders	Attention Deficit Hyperactivity Disorder (ADHD)	<5	0	<5	N/A	N/A
Risk	Autistic Spectrum Disorder (ASD)	0	0	0	N/A	N/A
	Self harm and/or suicidal ideation	<5	<5	<5	N/A	N/A
	Irritable Bowel Syndrome	0	0	0	N/A	N/A
	Inflammatory Bowel Syndrome	0	0	0	N/A	N/A
	Type 1 Diabetes	0	0	0	N/A	N/A
Physical health	Type 2 Diabetes	0	0	0	N/A	N/A
	Hypertension	0	0	0	N/A	N/A
	Hypercholesterolaemia	0	0	0	N/A	N/A
	Polycystic Ovary Syndrome (PCOS)	0	0	0	N/A	N/A
	Menstrual dysfunction	0	0	0	N/A	N/A
	Premenstrual dysphoric disorder (PMDD)	0	0	0	N/A	N/A
	Sleep problems	0	0	0	N/A	N/A
	Pain conditions	0	0	0	N/A	N/A