

Note

Patients without a gender recorded have been excluded to avoid deductive disclosure.

We have grouped the age at referral to avoid deductive disclosure.

The clinical system does not have an option to record a patient's presenting complaint as IDC-10 code F41.9 anxiety disorder unspecified. Therefore, only patients presenting with and recorded as the presenting complaint of IDC-10 code F41.1 generalized anxiety disorder have been included.

Patients included may have been treated more than once if they have been referred to the Talking Therapies service more than once.

Completing treatment is defined as the discharge date from the Talking Therapies service with the patient having completed at least 2 sessions.

The number completing treatment each calendar year with the Talking Therapies service who are recorded as presenting with IDC-10 code F41.1 generalized anxiety disorder at referral and split by gender and age group at referral.

			Calendar year of completing treatment			
Presenting Complaint Lower Category	Gender	Age group at referral	2021	2022	2023	2024
F41.1 - Generalised Anxiety Disorder	Female	20 and under	149	104	91	62
		21 to 30	580	542	442	385
		31 to 40	521	510	474	469
		41 to 50	263	230	237	243
		51 to 64	234	202	226	214
		65 and over	103	93	114	116
	Male	20 and under	39	37	24	28
		21 to 30	205	131	155	96
		31 to 40	177	141	154	135
		41 to 50	127	116	119	109
		51 to 64	132	110	126	117
		65 and over	51	60	51	48