

Referral to service/team	Number of first attended contacts during 2024	Proportion of first attended contacts in 2024 completed via non-face to face methods	Number of people on the caseload at the end of January 2025 with a first contact completed and without their first treatment	Average time in days between referral date and first attended contact date during 2024
Adults referred to our ADHD service	103	73%	See treatment note	869
Adults referred to our autism service	114	13%	See treatment note	733
Adults referred to our Learning disability services	686	43%	See treatment note	25
Adults aged 19 and over referred to our eating disorder service	528	77%	See treatment note	141
Children aged under 19 referred to our eating disorder service	313	65%	52	11
Adults referred to our Early Intervention in Psychosis service	104	6%	7	13

Children and young people (CYP) note - we don't categorise children into the conditions provided apart from children referred to the eating disorder service
Treatment note - there is currently no national definition for treatment for people referred for ADHD, autism, learning disabilities, adult eating disorders or any children & young people service apart from eating disorders patients aged under 19. However, progress toward defining meaningful help is being made.

Referral to service/team	Number of adults with their first therapy appointment during 2024	Proportion of first therapy appointments in 2024 completed via non-face to face methods	Number of people on the caseload at the end of January 2025 without their first therapy appointment	Average time in days between referral date and first therapy appointment during 2024
Adults referred to our talking therapies service	11417	94%	1466	17