Report Title: FOI 355-2025

Report Date Range: January 2023 to December 2024

Extract Date: 19/03/2025



1. The number of children and young people (adolescents) who were referred to mental health services between January 2023 to December 2023 and January 2024 to December 2024.

Time period	Number of patients
1st January 2023 to 31st December 2023	4990
1st January 2024 to 31st December 2024	4666

Note: Teams excluded are CAMHS Parent Support Team, CAMHS Social Communication & Autism, CAMHS Over 11's Neurodiversity Team, CAMHS TACS and CAMHS G-MAT Adults.

Only external referrals included.

2. The number of children and young people (adolescents) who were referred to mental health services and are still waiting for first contact between January 2023 to December 2023 and January 2024 to December 2024.

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Time period	Number of patients
1st January 2023 to 31st December 2023	63
1st January 2024 to 31st December 2024	52

Note: Teams excluded are CAMHS Parent Support Team, CAMHS Social Communication & Autism, CAMHS Over 11's Neurodiversity Team, CAMHS TACS and CAMHS G-MAT Adults.

Only external referrals included.

3. The number of children and young people (adolescents) who were referred to mental health services and are still waiting for second contact between January 2023 to December 2023 and January 2024 to December 2024.

Time period	Number of patients
1st January 2023 to 31st December 2023	299
1st January 2024 to 31st December 2024	295

Note: The above number of children and young people had their first contacts and awaiting for their second contacts. These figures represent referrals between 1st January 2023 to 31st December 2024.

Only external referrals included.

Teams excluded are CAMHS Parent Support Team, CAMHS Social Communication & Autism, CAMHS Over 11's Neurodiversity Team, CAMHS TACS and CAMHS G-MAT Adults.

4. The number of children and young people (adolescents) had their referral closed before accessing support between January 2023 to December 2023 and January 2024 to December 2024.

Time period	Number of patients
1st January 2023 to 31st December 2023	2304
1st January 2024 to 31st December 2024	2162

Note: Teams excluded are CAMHS Parent Support Team, CAMHS Social Communication & Autism, CAMHS Over 11's Neurodiversity Team, CAMHS TACS and CAMHS G-MAT Adults.

Only external referrals are included in this process. All referrals for CYP are carefully screened by a group of experienced clinicians. Their expertise allows them to assess each case individually and determine the most appropriate support for the child. In some instances, they may conclude that another agency, such as TIC+ or Young Gloucestershire, is better equipped to provide the necessary support. Therefore, the referral is signposted to the most appropriate service to ensure the child receives the right support the first time. We believe this approach ensures that each child receives the most suitable care tailored to their specific needs.

5. The number of urgent contacts to CAMHS received due to an emergency situation while a child or adolescent is waiting for first contact from the service between January 2023 to December 2023 and January 2024 to December 2024.

While the urgency of these contacts are not recorded in the clinical system in a way we can count them, the appropriate information about the circumstances of the contact is recorded in the Patient Record.

6. The longest waiting time from referral to first appointment between January 2023 to December 2023 and January 2024 to December 2024.

			Number of days
F	1st January 2023 to 31st December 2	023	219
	1st January 2024 to 31st December 2	024	238

Note: The above referrals include all cases, regardless of when they were made, but only those where the first successful contact occurred between 1st January 2023 and 31st December 2024.

Only external referrals included.

Teams excluded are CAMHS Parent Support Team, CAMHS Social Communication & Autism, CAMHS Over 11's Neurodiversity Team, CAMHS TACS and CAMHS G-MAT Adults.

7. A breakdown of the numbers of those children and young people (adolescents) referred to the mental health services who identify as male, female, transgender or undisclosed gender between January 2023 to December 2023 and January 2024 to December 2024.

	Male	Female	Undisclosed
1st January 2023 to 31st December 2023	2188	2800	2
1st January 2024 to 31st December 2024	2086	2577	3

Note: While the number of children or young people who identify as transgender are not recorded in the clinical system in a way we can count them, the appropriate information is recorded in the Patient Record.

Undisclosed gender consists of categories 'Not specified' and 'Unknown'.

Only external referrals included.

Teams excluded are CAMHS Parent Support Team, CAMHS Social Communication & Autism, CAMHS Over 11's Neurodiversity Team, CAMHS TACS and CAMHS G-MAT Adults.

8. The number of children and young people (adolescents) referred to the mental health services for 'reaching crisis'

Time period	Number of patients
1st January 2023 to 31st December 2023	85
1st January 2024 to 31st December 2024	120

Note: Teams excluded are CAMHS Parent Support Team, CAMHS Social Communication & Autism, CAMHS Over 11's Neurodiversity Team, CAMHS TACS and CAMHS G-MAT Adults.