

Gym meeting notes 26.09

Kerry, Sarah, Kevin

Decant machine room and yoga/Pilates room

Options

- Machines in what is now the MH tribunal room
- Machines in ground floor staff room
- Need space for pilates yoga room?

Issues

- Need to check weight on first floor – need list
- New location for P Southam and team (1<sup>st</sup> floor staff room?)
- Ground floor staff room getting an outdoor area
- Storage for anything not being used – need detailed inventory

Longer term

- Potential that the machines will stay in decant location as delivery of service to change so that inpatient and outpatient provision is similar.
- Space in existing gym left for yoga/pilates
- No space for badminton court

On site review 1<sup>st</sup> Oct 2024